

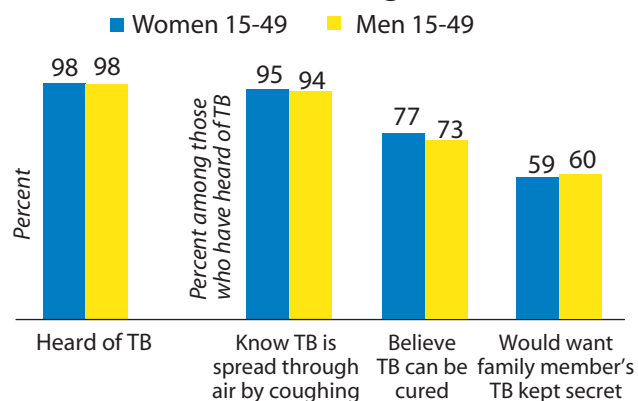
## Key Findings on Adult Health from the 2007 Ukraine Demographic and Health Survey (2007 UDHS)

The 2007 Ukraine Demographic and Health Survey provides up-to-date information on the population and health situation in Ukraine. The 2007 UDHS is the first national demographic and health survey conducted here. The UDHS includes information on fertility and family planning, maternal and child health, HIV knowledge, women's status, spousal violence, and other adult health issues, such as tuberculosis, hypertension, smoking, and alcohol consumption.

The survey is based on a nationally representative sample. It provides estimates for the rural and urban areas of the country and for each of the 5 regions. 6,841 women and 3,178 men age 15-49 were interviewed for the UDHS.

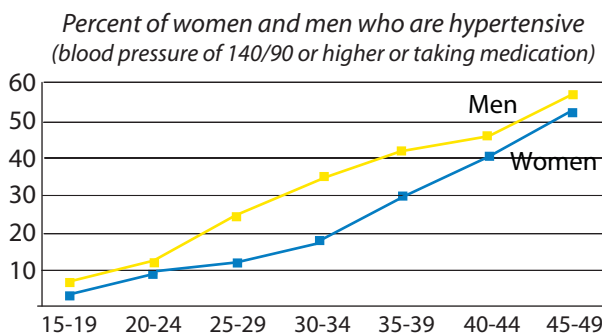
### Findings on Adult Health

#### Tuberculosis (TB) Knowledge and Attitudes



Almost all adults have heard of TB and know that TB is spread through the air by coughing. Fewer know that TB can be cured. More than half would want a family member's TB to be kept a secret.

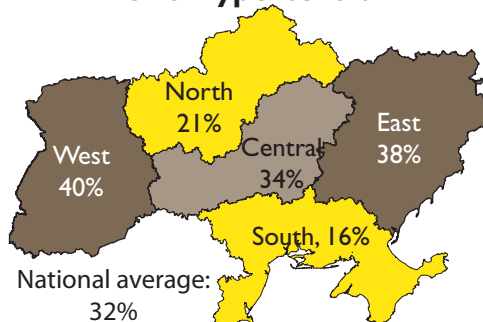
#### Hypertension by Age



Overall, one quarter of women and almost one-third of men have high blood pressure or are currently taking antihypertensive medication. Hypertension increases dramatically with age.

Among those with hypertension, half of women and three-quarters of men were unaware of their hypertensive status.

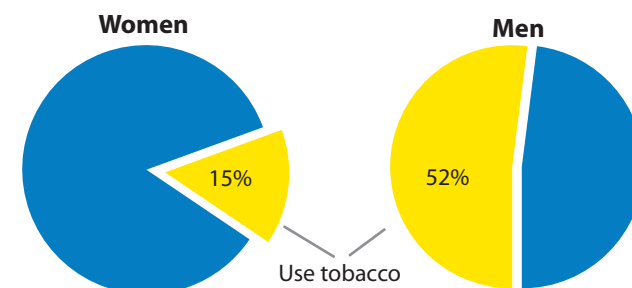
#### Men's Hypertension



Among men, hypertension is highest in West Region and lowest in South Region. Among women, hypertension ranges from 19 percent in Central Region to 30 percent in West Region (not shown).

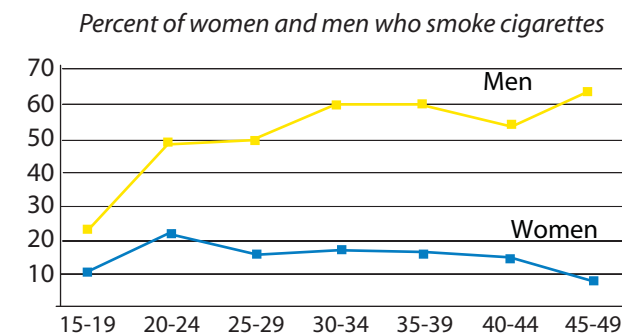
#### Use of Tobacco

Percent of women and men 15-49 who smoke cigarettes or a pipe or use other tobacco products



More than half of men and 15 percent of women use tobacco, usually through smoking cigarettes.

#### Cigarette Smoking by Age



Smoking is less common among older women, while smoking rates rise as men age. More than 60 percent of men age 45-49 smoke cigarettes.

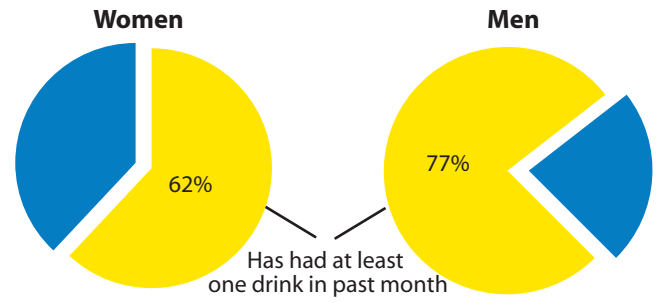
**78% of women and 56% of men think that smoking should be banned from public places.**



# 2007 Ukraine Demographic and Health Survey (2007 UDHS)

## Use of Alcohol

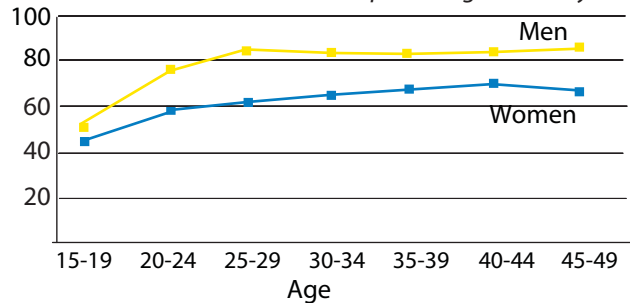
Percent of women and men 15-49 who had at least one alcoholic drink in the month preceding the survey



Sixty-two percent of women and 77 percent of men had at least one alcoholic drink in the month before the survey. Women drink less often than men: only 9 percent of women reported that they drink once or twice a week compared to 29 percent of men who drink once or twice a week.

## Drinking by Age

Percent of women and men who had at least one alcoholic drink in the month preceding the survey



Drinking increases with age, but plateaus by age 25-29. It is important to note, however, that drinking starts early: half of 15-19 year-olds had an alcoholic drink in the month before the survey. More than 60 percent of 15-19 year-olds have ever had a drink (not shown).

For additional information on the results of the 2007 Ukraine Demographic and Health Survey, please contact:

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# Adult Health

