2015-16 Demographic and Health Survey

Family Planning
58% of married women use a modern method of family planning. Modern method use is lowest in Mangochi (31%) and highest in Chiradzulu (68%).

Fertility
Women in Malawi have an average of 4.4 children. Fertility has declined from 6.7 children per women in 1992.

Current Use of Modern Methods by District
Percent of married women age 15-49 using a modern method of family planning

HIV Prevalence
8.8% of Malawians are HIV positive. HIV prevalence is higher among women (10.8%) than among men (6.4%).

Childhood Mortality
Childhood mortality rates have declined since 1992. Infant mortality has decreased from 135 to 42 deaths per 1,000 live births. Under-5 mortality has markedly declined from 234 to 63 deaths per 1,000 live births.

Nutrition
37% of children under 5 are stunted. Stunting is more common among children from rural areas than urban areas. Only 3% of children under 5 are wasted, while 12% are underweight.