

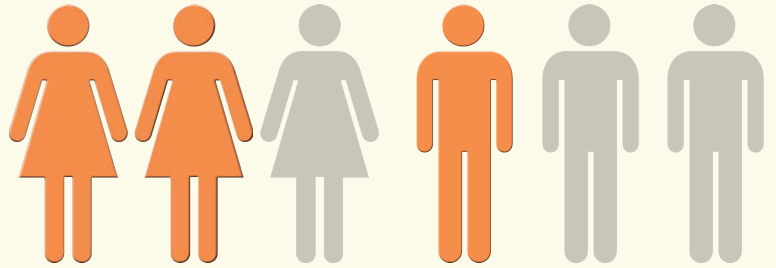
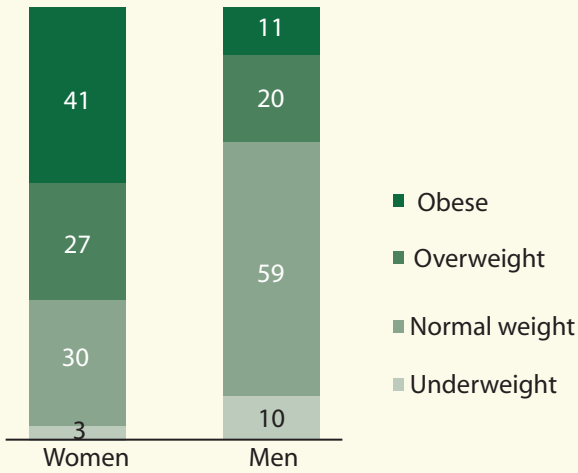
South Africa

FAST FACTS FROM THE 2016 SOUTH AFRICA DHS

The 2016 South Africa Demographic and Health Survey (SADHS) is designed to provide data for monitoring the population and health situation in South Africa. The first SADHS was conducted in 1998.

ADULT NUTRITIONAL STATUS

Nutritional Status of Adults
Percent of women and men 15+

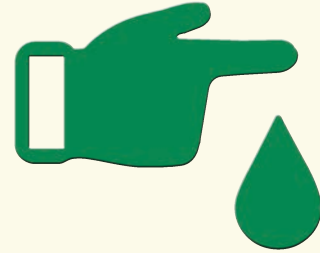


2/3 of women and **1/3** of men age 15+ are **overweight or obese**.

CHRONIC DISEASES



Almost **half** of women and men age 15+ have **high blood pressure**.



13% of women and **8%** of men age 15+ are **diabetic**.

TOBACCO AND ALCOHOL USE



More than **1/3** of men age 15+ **smoke cigarettes**.



5% of women and **28%** of men age 15+ **drank 5+ drinks on one occasion** in the month before the survey.