The 2016 South Africa Demographic and Health Survey (SADHS) is designed to provide data for monitoring the population and health situation in South Africa. The first SADHS was conducted in 1998.

**FAST FACTS FROM THE 2016 SOUTH AFRICA DHS**

- **13%** of women and **8%** of men age 15+ are diabetic.
- More than **1/3** of men age 15+ smoke cigarettes.
- **2/3** of women and **1/3** of men age 15+ are overweight or obese.
- **Almost half** of women and men age 15+ have high blood pressure.
- **13%** of women and **8%** of men age 15+ are diabetic.
- **5%** of women and **28%** of men age 15+ drank 5+ drinks on one occasion in the month before the survey.