## Lesotho



Demographic and
Health Survey
2014

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# Demographic and Health Survey 2014 

Ministry of Health<br>Maseru, Lesotho

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## FOREWORD

TThe 2014 Lesotho Demographic and Health Survey (LDHS) was implemented by the Ministry of Health (MOH). The 2014 LDHS was the third DHS survey to be conducted in Lesotho in collaboration with the worldwide Demographic and Health Surveys Program. It provides updated estimates of basic demographic and health indicators, including fertility rates and preferences, maternal and child mortality rates, maternal and child health indicators, knowledge and attitudes of women and men about HIV/AIDS and other sexually transmitted diseases, patterns of recent behaviour regarding the use of condoms and other contraceptive methods, and the incidence and prevalence of HIV infection.

The MOH wishes to acknowledge the efforts of a number of organisations and individuals who contributed substantially to the success of the survey. First, we would like to acknowledge the financial assistance from the government of Lesotho, the Global Fund to Fight AIDS, Tuberculosis and Malaria (Global Fund), the U.S. President's Emergency Plan for AIDS Relief (PEPFAR), the United Nations Population Fund (UNFPA), the United Nations Children’s Fund (UNICEF), the United States Agency for International Development (USAID), the World Health Organization (WHO), and the World Bank. We thank the Bureau of Statistics (BOS) for providing the sample frame, GIS shapefiles corresponding to the LDHS sample points, and the training of enumerators on conducting the household listing. We would like to thank ICF International for technical backstopping throughout the survey. The survey also could not have been carried out successfully without the dedication of the staff of the MOH who planned, participated in, and oversaw the entire LDHS.

Finally, we are grateful to the survey respondents who generously gave their time to provide the information that forms the basis of this and future reports.


Mr. T.J. Lebakae
Principal Secretary
Ministry of Health

## READING AND UNDERSTANDING TABLES FROM THE 2014 LDHS

## Example 1: Exposure to Mass Media

A Question Asked of All Survey Respondents

| Table 3.4.1 Exposure to mass media: Women |  |  |  |  |  | istics, Lesotho 2014 | Number of women |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Background characteristic | $2$ | Reads a newspaper at least once a week | Watches television at least once a week | Listens to the radio at least once a week | Accesses all three media at least once a week | Accesses none of the three media at least once a week |  |
| Age |  |  |  |  |  |  |  |
| 15-19 |  | 18.9 | 27.7 | 54.7 | 7.2 | 34.5 | 1,440 |
| 20-24 |  | 18.2 | 27.8 | 58.2 | 7.4 | 32.5 | 1,325 |
| 25-29 |  | 15.9 | 28.8 | 64.3 | 7.2 | 30.2 | 1,094 |
| 30-34 |  | 15.3 | 32.3 | 63.8 | 7.8 | 28.4 | 957 |
| 35-39 |  | 14.5 | 34.5 | 64.1 | 9.1 | 29.6 | 744 |
| 40-44 |  | 11.6 | 28.1 | 59.9 | 5.7 | 33.4 | 562 |
| 45-49 |  | 10.9 | 28.2 | 61.6 | 5.9 | 32.9 | 499 |
| Residence |  |  |  |  |  |  |  |
| Urban |  | 25.5 | 53.7 | 73.4 | 14.2 | 13.8 | 2,419 |
| Rural |  | 10.6 | 15.4 | 52.8 | 3.3 | 42.1 | 4,202 |
| Ecological zone |  |  |  |  |  |  |  |
| Lowlands |  | 21.4 | 40.8 | 70.7 | 10.6 | 19.6 | 4,184 |
| Foothills |  | 8.1 | 7.9 | 49.0 | 0.7 | 45.7 | 688 |
| Mountains |  | 5.9 | 9.2 | 36.6 | 1.6 | 58.9 | 1,288 |
| Senqu River Valley |  | 7.6 | 14.5 | 49.6 | 3.1 | 44.9 | 461 |
| District |  |  |  |  |  |  |  |
| Butha-Buthe |  | 10.4 | 21.6 | 38.6 | 3.5 | 51.9 | 385 |
| Leribe |  | 12.3 | 26.4 | 62.9 | 4.4 | 30.1 | 1,064 |
| Berea |  | 18.9 | 36.5 | 69.5 | 8.3 | 21.6 | 892 |
| Maseru |  | 24.5 | 42.9 | 70.1 | 12.5 | 19.2 | 1,864 |
| Mafeteng |  | 18.7 | 31.3 | 70.6 | 9.7 | 22.7 | 576 |
| Mohale's Hoek |  | 12.2 | 21.8 | 59.6 | 5.6 | 35.2 | 519 |
| Quthing |  | 8.8 | 17.2 | 55.3 | 3.3 | 40.0 | 315 |
| Qacha's Nek |  | 11.0 | 20.8 | 35.5 | 4.1 | 52.5 | 204 |
| Mokhotlong |  | 4.4 | 7.2 | 37.2 | 1.0 | 59.7 | 349 |
| Thaba-Tseka |  | 6.5 | 9.2 | 34.9 | 2.3 | 61.1 | 452 |
| Education |  |  |  |  |  |  |  |
| No education |  | 1.2 | 14.4 | 36.8 | 0.0 | 61.8 | 68 |
| Primary incomplete |  | 4.0 | 12.0 | 41.2 | 1.2 | 53.8 | 1,178 |
| Primary complete |  | 5.3 | 18.5 | 53.8 | 1.6 | 41.6 | 1,375 |
| Secondary |  | 19.8 | 34.0 | 67.6 | 8.3 | L 23.6 | 3,418 |
| More than secondary |  | 45.6 | 64.7 | 74.6 | 28.5 | - 8.2 | 581 |
| Wealth quintile |  |  |  |  |  |  |  |
| Lowest |  | 3.0 | 1.7 | 24.8 | 0.4 | 73.5 | 960 |
| Second |  | 6.4 | 4.1 | 44.5 | 0.9 | 52.0 | 1,033 |
| Middle |  | 11.4 | 8.4 | 59.2 | 1.1 | 35.8 | 1,244 |
| Fourth |  | 17.6 | 27.3 | 73.6 | 5.3 | 18.6 | 1,605 |
| Highest |  | 30.5 | 75.6 | 77.5 | 20.9 | 6.5 | 1,778 |
| Total | 4 | 16.0 | 29.4 | 60.3 | 7.3 | 31.7 | 6,621 |

Step 1: Read the title and subtitle. They tell you the topic and the specific population group being described. In this case, the table is about women age 15-49 and their exposure to different types of media. All eligible female respondents age 15-49 were asked these questions.

Step 2: Scan the column headings-highlighted in green in Example 1. They describe how the information is categorized. In this table, the first three columns of data show different types of media that women access at least once a week. The fourth column shows women who access all three media, while the fifth column is women who do not access any of the three types of media at least once a week. The last column lists the number of women interviewed in the survey.

Step 3: Scan the row headings-the first vertical column highlighted in blue in Example 1. These show the different ways the data are divided into categories based on population characteristics. In this case, the table presents women's exposure to media by age, urban-rural residence, ecological zone, district, educational level, and wealth quintile. Most of the tables in the LDHS report will be divided into these same categories.
Step 4: Look at the row at the bottom of the table highlighted in red. These percentages represent the totals of all women age 15-49 and their access to different types of media. In this case, $16.0 \%$ of women age 15-49 read a newspaper at least once a week, $29.4 \%$ watch television weekly, and $60.3 \%$ listen to the radio weekly.
Step 5: To find out what percentage of women with more than secondary education access all three media weekly, draw two imaginary lines, as shown on the table. This shows that $28.5 \%$ of women age $15-49$ with more than secondary education access all three types of media weekly.

Practice: Use the table in Example 1 to answer the following questions:
a) What percentage of women in Lesotho do not access any of the three media at least once a week?
b) What age group of women are most likely to watch television weekly?
c) Compare women in urban areas to women in rural areas-which group is more likely to listen to the radio weekly?



Example 2: Prevalence of Anaemia in Men
Comparing and Understanding Patterns

| Table 11.11.2 Prevalence of anaemia in men |  |  |
| :---: | :---: | :---: |
| Percentage of men age 15-49 with anaemia, by background characteristics, Lesotho 2014 |  |  |
| Background characteristic | $\begin{gathered} \text { Anaemia } \\ \text { haemogl } \\ \text { Any } \\ \text { anaemia } \\ <13.0 \mathrm{~g} / \mathrm{dl} \\ \hline \end{gathered}$ | status by bin level <br> Number of men |
| Age |  |  |
| 15-19 | 16.6 | 672 |
| 20-29 | 9.8 | 918 |
| 30-39 | 14.2 | 566 |
| 40-49 | 20.1 | 364 |
| Smoking status |  |  |
| Smokes cigarettes/tobacco | 13.5 | 1,052 |
| Does not smoke | 14.5 | 1,467 |
| Residence |  |  |
| Urban | 14.8 | 862 |
| Rural | 13.7 | 1,658 |
| Ecological zone |  |  |
| Lowlands | 13.2 | 1,614 |
| Foothills | 19.7 | 239 |
| Mountains | 15.9 | 503 |
| Senqu River Valley | 9.3 | 164 |
| District |  |  |
| Butha-Buthe | 21.9 | 140 |
| Leribe | 12.0 | 365 |
| Berea | 9.7 | 360 |
| Maseru | 15.1 | 764 |
| Mafeteng | 11.6 | 229 |
| Mohale's Hoek | 17.0 | 194 |
| Quthing | 6.1 | 99 |
| Qacha's Nek | 19.9 | 73 |
| Mokhotlong | 20.2 | 137 |
| Thaba-Tseka | 14.1 | 159 |
| Education |  |  |
| No education | 18.4 | 201 |
| Primary incomplete | 17.3 | 844 |
| Primary complete | 14.9 | 294 |
| Secondary | 11.1 | 985 |
| More than secondary | 9.8 | 197 |
| Wealth quintile |  |  |
| Lowest | 18.8 | 359 |
| Second | 16.1 | 457 |
| Middle | 13.1 | 511 |
| Fourth | 13.9 | 591 |
| Highest | 10.8 | 601 |
| Total 15-49 | 414.1 | 2,520 |
| 50-59 | 23.0 | 266 |
| Total 15-59 | 514.9 | 2,786 |
| Note: Prevalence is adjusted for altitude and for smoking status, if known, using formulas in CDC, 1998. |  |  |

Step 1: Read the title and subtitle. In this case, the table presents anaemia among men age 15-49.
Step 2: Identify the information presented in the table- highlighted in green in the table to the right. In this table there is only one indicator-anaemia.

Step 3: Look at the row headings to identify the background characteristics. In this table, anaemia is presented by age, smoking status, urban-rural residence, ecological zone, district, education level, and wealth quintile.

Step 4: Look at the rows at the bottom of the table to determine the total proportion of men with anaemia. This shows that $14.1 \%$ of men age 15-49 in Lesotho are anaemic.
Step 5: However, the 2014 LDHS interviewed men age 15-59. Find the row for men age 50-59: what proportion of these men are anaemic? It's $23.0 \%$. The final row above the footnotes shows that $14.9 \%$ of men age $15-59$ are anaemic. It is important to note that all of the background characteristics in this table are shown only for men age 15-49. For example, $14.5 \%$ of men age $15-49$ who do not smoke are anaemic.

Practice: By looking at patterns by background characteristics, we can see which groups are more in need of interventions to address anaemia. Resources are often limited; looking for patterns can help programme planners and policy makers determine how to most effectively use resources. To gain a better understanding of differences in the prevalence of anaemia, use the table in Example 2 to consider the following questions:

1. Is anaemia more common in urban or rural areas?
2. What are the lowest and the highest percentages (range) of anaemia by ecological zone?
3. What are the lowest and the highest percentages (range) of anaemia by district?
4. How does the prevalence of anaemia vary by age?
5. Is there a clear pattern of anaemia by education level?
6. Is there a clear pattern of anaemia by wealth quintile?
-ә!̣u!̣̆ чгрәәм



> ‘ио!̣еכпрә Кıериоэәs шецң




-ITPUS S!


## Example 3: Prevalence and Treatment of Symptoms of ARI <br> A Question Asked of a Subgroup of Survey Respondents

| Table 10.5 Prevalence and treatment of symptoms of ARI |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Among children under age five, the percentage who had symptoms of acute respiratory infection (ARI) in the two weeks preceding the survey and among children with symptoms of ARI, the percentage for whom advice or treatment was sought from a health facility or provider and the percentage who received antibiotics as treatment, according to background characteristics, Lesotho 2014 |  |  |  |  |  |
|  | $2$ <br> Among children under age five: |  | Among children under age five with symptoms of ARI: |  |  |
|  |  |  | Percentage for whom advice or treatment was sought from a <br> Percentage who health facility or received provider ${ }^{2}$ antibiotics |  | Number of children |
| Background characteristic | Percentage with symptoms of ARI ${ }^{1}$ | Number of children |  |  |  |
| Age in months |  |  |  |  |  |
| <6 | 2.7 | 328 | * | * | 9 |
| 6-11 | 4.2 | 342 | * | ${ }^{*}$ | 14 |
| 12-23 | 5.8 | 655 | (68.8) | (23.7) | 38 |
| 24-35 | 5.1 | 572 | (57.3) | 4 (15.8) | 29 |
| 36-47 | 5.2 | 501 | (76.3) | (9.8) | 26 |
| 48-59 | 3.7 | 498 | * | * | 18 |
| Sex |  |  |  |  |  |
| Male | 4.6 | 1,432 | 60.5 | 10.3 | 65 |
| Female | 4.7 | 1,464 | 65.7 | 20.8 | 69 |
| Cooking fuel |  |  |  |  |  |
| Electricity or gas | 4.2 | 952 | (71.9) | (8.0) | 40 |
| Paraffin | 5.6 | 134 | * | * | 8 |
| Coal/lignite | * | 4 | * | * | 0 |
| Wood/straw ${ }^{3}$ | 5.0 | 1,567 | 61.8 | 20.6 | 78 |
| Animal dung | 3.8 | 238 | * | * | 9 |
| Residence |  |  |  |  |  |
| Urban | 3.7 | 841 | * | * | 31 |
| Rural | 5.0 | 2,055 | 63.0 | 19.9 | 103 |
| Ecological zone |  |  |  |  |  |
| Lowlands | 4.4 | 1,617 | 64.4 | 9.5 | 72 |
| Foothills | 8.1 | 348 | (55.1) | (35.9) | 28 |
| Mountains | 3.8 | 703 | (74.3) | (10.8) | 27 |
| Senqu River Valley | 3.4 | 228 | * | * | 8 |
| Mother's education |  |  |  |  |  |
| No education | (10.7) | 26 | * | * | 3 |
| Primary incomplete | 7.0 | 580 | (45.9) | (12.5) | 41 |
| Primary complete | 4.0 | 748 | (77.8) | (8.5) | 30 |
| Secondary | 3.9 | 1,324 | (70.1) | (22.9) | 52 |
| More than secondary | 4.1 | 217 | * | * | 9 |
| Wealth quintile |  |  |  |  |  |
| Lowest | 4.7 | 623 | (59.9) | (15.4) | 29 |
| Second | 5.2 | 583 | (66.5) | (17.8) | 31 |
| Middle | 4.3 | 571 | (63.4) | (18.4) | 25 |
| Fourth | 5.0 | 577 | * | * | 29 |
| Highest | 4.0 | 542 | * | * | 21 |
| Total | $4.7$ | 2,896 | 63.1 | 15.7 | $135$ |
| Note: Figures in parentheses are based on 25-49 unweighted cases. An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed. <br> ${ }^{1}$ Symptoms of ARI consist of cough accompanied by short, rapid breathing that was chest-related and/or by difficult breathing that was chest-related. <br> ${ }^{2}$ Excludes pharmacy, shop, and traditional practitioner <br> ${ }^{3}$ Includes grass, shrubs, crop residues |  |  |  |  |  |

Step 1: Read the title and subtitle. In this case, the table is about two separate groups of children: all children under age 5 (a) and children under age 5 who had symptoms of acute respiratory infection (ARI) in the two weeks before the survey (b).

Step 2: Identify the two panels. First, identify the columns that refer to all children under age 5 (a), and then isolate the columns that refer only to those children under age 5 who had symptoms of ARI in the two weeks before the survey (b).

Step 3: Look at the first panel. What percentage of children under age 5 had symptoms of ARI in the two weeks before the survey? It's $4.7 \%$. Now look at the second panel. How many children under age 5 are there who had symptoms of ARI in the two weeks before the survey? It's 135 children or $4.7 \%$ of the 2,896 children under age 5 (with rounding). The second panel is a subset of the first panel.

Step 4: Only 4.7\% of children under age 5 who had symptoms of ARI in the two weeks before the survey. Once these children are further divided into the background characteristic categories, there may be too few cases for the percentages to be reliable.

- What percentage of children age 36-47 months who had symptoms of ARI in the two weeks before the survey received antibiotics? $9.8 \%$. This percentage is in parentheses because there are between 25 and 49 children (unweighted) in this category. Readers should use this number with caution-it may not be reliable. (For more information on weighted and unweighted numbers, see Example 4.)
- What percentage of children age 6-11 months who had symptoms of ARI in the two weeks before the survey received antibiotics? There is no number in this cell-only an asterisk. This is because fewer than 25 children age 6-11 months (unweighted) had symptoms of ARI in the two weeks before the survey. Results for this group are not reported. The subgroup is too small, and therefore the data are not reliable.

Note: When parentheses or asterisks are used in a table, the explanation will be noted under the table. If there are no parentheses or asterisks in a table, you can proceed with confidence that enough cases were included in all categories that the data are reliable.

## Example 4: Understanding Sampling Weights in LDHS Tables

A sample is a group of people who have been selected for a survey. In LDHS surveys, the sample is designed to represent the national population of age 15-49. In addition to national data, most countries want to collect and report data on smaller geographical or administrative areas. However, doing so requires a minimum sample size per area. For the 2014 LDHS, the survey sample is representative of the country as a whole, for urban and rural areas, for four ecological zones, and for each of Lesotho's 10 districts.

To generate statistics that are representative of the country as a whole and the 10 districts, the number of women surveyed in each district should contribute to the size of the total (national) sample in proportion to the size of the district. However, if some districts have small populations, then a

| Percent distribution of women age $15-49$ by selected background characteristics, Lesotho 2014 |  |  |  |
| :---: | :---: | :---: | :---: |
|  |  | Women |  |
| Background characteristic | Weighted percent | Weighted number | Unweighte number |
| District |  | $\square$ |  |
| Butha-Buthe | 5.8 | - 385 | 593 |
| Leribe | 16.1 | 1,064 | 785 |
| Berea | 13.5 | 892 | 760 |
| Maseru | 28.2 | 1,864 | 930 |
| Mafeteng | 8.7 | 576 | 624 |
| Mohale's Hoek | 7.8 | 519 | 621 |
| Quthing | 4.8 | 315 | 556 |
| Qacha's Nek | 3.1 | 204 | 558 |
| Mokhotlong | 5.3 | 349 | 605 |
| Thaba-Tseka | 6.8 | 452 | 589 |
| Total 15-49 | 100.0 | 6,621 | 6,621 | sample allocated in proportion to each district's population may not include sufficient women from each district for analysis. To solve this problem, districts with small populations are oversampled. For example, let's say that you have enough money to interview 6,621 women and want to produce results that are representative of Lesotho as a whole and its districts (as in Table 3.1). However, the total population of Lesotho is not evenly distributed among the districts: some districts, such as Leribe, are heavily populated while others, such as Qacha's Nek are not. Thus, Qacha's Nek must be oversampled.

A sampling statistician determines how many women should be interviewed in each district in order to get reliable statistics. The blue column (1) in the table above shows the actual number of women interviewed in each district. Within the districts, the number of women interviewed ranges from 556 in Quthing to 930 in Maseru. The number of interviews is sufficient to get reliable results in each district.

With this distribution of interviews, some districts are overrepresented and some districts are underrepresented. For example, the population in the Qacha's Nek district is about 3\% of the population in Lesotho, while Leribe is about $16 \%$ of the population in Lesotho. But as the blue column shows, the number of women interviewed in Qacha's Nek accounts for about $8 \%$ of the total sample of women interviewed $(558 / 6,621)$ and the number of women interviewed in Leribe accounts for $12 \%$ of the total sample of women interviewed $(785 / 6,621)$. This unweighted distribution of Basotho women does not accurately represent the population.
In order to get statistics that are representative of Lesotho, the distribution of the women in the sample needs to be weighted (or mathematically adjusted) such that it resembles the true distribution in the country. Women from a small district, like Qacha’s Nek, should only contribute a small amount to the national total. Women from a large district, like Leribe should contribute much more. Therefore, DHS statisticians mathematically calculate a "weight" which is used to adjust the number of women from each district so that each district's contribution to the total is proportional to the actual population of the district. The numbers in the purple column (2) represent the "weighted" values. The weighted values can be smaller or larger than the unweighted values at the district level. The total national sample size of 6,621 women has not changed after weighting, but the distribution of the women in the districts has been changed to represent their contribution to the total population size.

How do statisticians weight each category? They take into account the probability that a woman was selected in the sample. If you were to compare the red column (3) to the actual population distribution of Lesotho, you would see that women in each district are contributing to the total sample with the same weight that they contribute to the population of Lesotho. The weighted number of women in the survey now accurately represents the proportion of women who live in Qacha’s Nek and the proportion of women who live in Leribe.

With sampling and weighting, it is possible to interview enough women to provide reliable statistics at the national and district levels. In general, only the weighted numbers are shown in each of the LDHS tables, so don't be surprised if these numbers seem low in some cases: they may actually represent a larger number of women interviewed.

## ADDITIONAL DHS PROGRAM RESOURCES

| The DHS Program Website - Download free DHS |
| :--- |
| reports, standard documentation, key indicator data, |
| and training tools, and view announcements. |
| STATcompiler - Build custom tables, graphs, and |
| maps with data from 90 countries and thousands of |
| indicators. |

DHS Program User Forum - Post questions about
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| Tutorial Videos - Watch interviews with experts and | www.youtube.com/DHSProgram |
| :--- | :--- |
| learn DHS basics, such as sampling and weighting, |  |
| downloading datasets, and How to Read DHS Tables. |  |
| Datasets - Download DHS datasets for analysis. | DHSprogram.com/Data |
| Spatial Data Repository - Download geographically spatialdata.DHSprogram.com <br> linked health and demographic data for mapping in a  <br> geographic information system (GIS).  |  |

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| $\begin{gathered} \text { You } \\ \text { Tuhte } \end{gathered}$ | YouTube <br> www.youtube.com/DHSprogram |  | Blog <br> Blog.DHSprogram.com |  |

## ACRONYMS AND ABBREVIATIONS

| AIDS | acquired immunodeficiency syndrome |
| :---: | :---: |
| ANC | antenatal care |
| ARI | acute respiratory infection |
| ART | antiretroviral therapy |
| BMI | body mass index |
| BOS | Bureau of Statistics |
| CAPI | computer-assisted personal interviewing |
| CBD | community-based distributor |
| CBR | crude birth rate |
| CDC | Centers for Diseases Control and Prevention |
| CHAL | Christian Health Association of Lesotho |
| CPR | contraceptive prevalence rate |
| DBS | dried blood spots |
| DEFT | design effect |
| DHS | Demographic and Health Surveys |
| EA | enumeration area |
| ELISA | enzyme-linked immunosorbent assay |
| EPI | Expanded Programme on Immunization |
| FNCO | Food and Nutrition Coordinating Office |
| FRR | False Recent Rate |
| GAR | gross attendance ratio |
| GFR | general fertility rate |
| GIS | geographic information system |
| GPI | gender parity index |
| HIV | human immunodeficiency virus |
| HTS | HIV Testing and Counselling Services |
| ICD | International Classification of Diseases |
| IFSS | internet file streaming system |
| IMPAC | integrated management of pregnancy and childbirth |
| IUCD | intrauterine contraceptive device |
| IYCF | infant and young child feeding |
| LDHS | Lesotho Demographic and Health Survey |
| LPG | liquid petroleum gas |
| MAD | minimum acceptable diet |
| MDG | Millennium Development Goal |
| MOH | Ministry of Health |
| MMR | maternal mortality ratio |
| MTCT | mother-to-child transmission |
| MUAC | mid-upper-arm circumference |


| NAR | net attendance ratio |
| :---: | :---: |
| NCD | noncommunicable disease |
| NCHS | National Center for Health Statistics |
| NICD | National Institute for Communicable Diseases |
| NRL | National Reference Laboratory |
| ORS | oral rehydration salts |
| ORT | oral rehydration therapy |
| PDA | personal digital assistant |
| PEPFAR | U.S. President's Emergency Plan for AIDS Relief |
| PHC | Population and Housing Census |
| PMTCT | prevention of mother-to-child transmission |
| PY | person-years |
| RHF | recommended homemade fluids |
| RSA | Republic of South Africa |
| SD | standard deviation |
| SE | standard error |
| STI | sexually transmitted infection |
| TB | tuberculosis |
| TFR | total fertility rate |
| UNFPA | United Nations Population Fund |
| UNICEF | United Nations Children's Fund |
| USAID | United States Agency for International Development |
| VAD | vitamin A deficiency |
| VIP | ventilated improved pit |
| VMMC | voluntary male medical circumcision |
| WHO | World Health Organization |

## MILLENNIUM DEVELOPMENT GOAL INDICATORS

| Millennium Development Goal Indicators |  |  |  |
| :---: | :---: | :---: | :---: |
| Lesotho 2014 |  |  |  |
|  | Sex |  | Total |
| Indicator | Female | Male |  |
| 1. Eradicate extreme poverty and hunger |  |  |  |
| 1.8 Prevalence of underweight children under age 5 | 8.3 | 12.5 | 10.3 |
| 2. Achieve universal primary education |  |  |  |
| 2.1 Net attendance ratio in primary education ${ }^{1}$ | 97.5 | 93.0 | 95.3 |
| 2.3 Literacy rate of 15 - to 24 -year-olds ${ }^{2}$ | 98.6 | $90.6{ }^{\text {a }}$ | $94.6{ }^{\text {b }}$ |
| 3. Promote gender equality and empower women |  |  |  |
| 3.1 Ratio of girls to boys in primary, secondary, and tertiary education |  |  |  |
| 3.1a Ratio of girls to boys in primary education ${ }^{3}$ | na | na | 1.0 |
| 3.1b Ratio of girls to boys in secondary education ${ }^{3}$ | na | na | 1.5 |
| 3.1c Ratio of girls to boys in tertiary education ${ }^{3}$ | na | na | 1.0 |
| 4. Reduce child mortality |  |  |  |
| 4.1 Under-5 mortality rate ${ }^{4}$ | 82 | 102 | 85 |
| 4.2 Infant mortality rate ${ }^{4}$ | 60 | 78 | 59 |
| 4.3 Proportion of 1-year-old children immunised against measles | 92.8 | 87.6 | 90.1 |
| 5. Improve maternal health |  |  |  |
| 5.1 Maternal mortality ratio ${ }^{5}$ | na | na | 1024 |
| 5.2 Percentage of births attended by skilled health personnel ${ }^{6}$ | na | na | 77.9 |
| 5.3 Contraceptive prevalence rate ${ }^{7}$ | 60.2 | na | na |
| 5.4 Adolescent birth rate ${ }^{8}$ | 94.3 | na | na |
| 5.5 Antenatal care coverage |  |  |  |
| 5.5a Antenatal care coverage: at least one visit ${ }^{9}$ | 95.2 | na | na |
| 5.5b Antenatal care coverage: four or more visits ${ }^{10}$ | 74.4 | na | na |
| 5.6 Unmet need for family planning | 18.4 | na | na |
| 6. Combat HIVIAIDS, malaria, and other diseases |  |  |  |
| 6.1 HIV prevalence among the population age 15-24 | 13.1 | 6.0 | 9.6 |
| 6.2 Condom use at last high-risk sex ${ }^{11}$ | 81.9 | $78.7^{\text {a }}$ | $80.3^{\text {b }}$ |
| 6.3 Percentage of the population age 15-24 with comprehensive correct knowledge of HIV/AIDS ${ }^{12}$ | 37.6 | $30.9^{\text {a }}$ | $34.3{ }^{\text {b }}$ |
| 6.4 Ratio of school attendance of orphans to school attendance of non-orphans age 10-14 | 0.95 | 0.90 | 0.92 |
|  | Urban | Rural | Total |
| 7. Ensure environmental sustainability |  |  |  |
| 7.8 Percentage of population using an improved drinking water source ${ }^{13}$ | 96.3 | 76.9 | 82.2 |
| 7.9 Percentage of population with access to improved sanitation ${ }^{14}$ | 49.0 | 51.6 | 50.9 |

## na $=$ Not applicable

${ }^{1}$ The ratio is based on reported attendance, not enrolment, in primary education among primary school age children (age 6-12). The rate also includes children of primary school age enrolled in secondary education. This is a proxy for MDG indicator 2.1, net enrolment ratio.
${ }^{2}$ Refers to respondents who attended secondary school or higher or who could read a whole sentence or part of a sentence
${ }^{3}$ Based on reported net attendance, not gross enrolment, among 6- to 12-year-olds for primary, 13- to 17-year-olds for secondary, and 18- to 24-yearolds for tertiary education
${ }^{4}$ Expressed in terms of deaths per 1,000 live births. Mortality by sex refers to a 10-year reference period preceding the survey. Mortality rates for males and females combined refer to the 5 -year period preceding the survey.
${ }^{5}$ Expressed in terms of maternal deaths per 100,000 live births in the 7-year period preceding the survey
${ }^{6}$ Among births in the 5 years preceding the survey
${ }^{7}$ Percentage of currently married women age 15-49 using any method of contraception
${ }^{8}$ Equivalent to the age-specific fertility rate for women age 15-19 for the 3 -year period preceding the survey, expressed in terms of births per 1,000 women age 15-19
${ }^{9}$ With a skilled provider
${ }^{10}$ With any health care provider
${ }^{11}$ Higher-risk sex refers to sexual intercourse with a non-marital, non-cohabitating partner. Expressed as a percentage of men and women age 15-24 who had higher-risk sex in the past 12 months.
${ }^{12}$ Comprehensive knowledge means knowing that consistent use of a condom during sexual intercourse and having just one uninfected faithful partner can reduce the chance of getting HIV, knowing a healthy-looking person can have HIV, and rejecting the two most common local misconceptions about transmission or prevention of HIV.
${ }^{13}$ Percentage of de jure population whose main source of drinking water is a household connection (piped), public tap or standpipe, tube well or borehole, protected dug well or spring, rainwater collection, or bottled water
${ }^{14}$ Percentage of de jure population whose household has a flush toilet, ventilated improved pit latrine, ordinary pit latrine/pit latrine with a slab, or composting toilet and does not share this facility with other households
${ }^{\text {a }}$ Restricted to men in the subsample of households selected for the male interview
${ }^{\mathrm{b}}$ The total is calculated as the simple arithmetic mean of the percentages in the columns for male and females.

## LESOTHO



Ecological Zones

|  | Foothills |
| :--- | :--- |
|  | Lowlands |
|  | Mountains |
|  | Senqu River Valley |

## INTRODUCTION AND SURVEY METHODOLOGY

TThe 2014 Lesotho Demographic and Health Survey (LDHS) was implemented by the Lesotho Ministry of Health (MOH). Data collection took place from 22 September to 7 December 2014. ICF International provided technical assistance through The DHS Program, which is funded by the United States Agency for International Development (USAID) and offers financial support and technical assistance for population and health surveys in countries worldwide. Other agencies and organisations that facilitated the successful implementation of the survey through technical or financial support were the U.S. President's Emergency Plan for AIDS Relief (PEPFAR), the Global Fund to Fight AIDS, Tuberculosis and Malaria (Global Fund), the United Nations Children's Fund (UNICEF), the United Nations Population Fund (UNFPA), the World Bank, the World Health Organization (WHO), the Christian Health Association of Lesotho (CHAL), the National University of Lesotho, the Bureau of Statistics (BOS) of the Ministry of Development Planning, and the Food and Nutrition Coordinating Office (FNCO) of the Prime Minister's Office.

### 1.1 Survey Objectives

The primary objective of the 2014 LDHS project is to provide up-to-date estimates of basic demographic and health indicators. Specifically, the LDHS collected information on fertility levels, marriage, sexual activity, fertility preferences, awareness and use of family planning methods, breastfeeding practices, nutrition, childhood and maternal mortality, maternal and child health, awareness and behaviour regarding HIV/AIDS and other sexually transmitted infections (STIs), and other health issues such as smoking, knowledge of breast cancer, and male circumcision. In addition, the 2014 LDHS provides estimates of anaemia prevalence among children age 6-59 months and adults, and gives estimates of hypertension, HIV prevalence and HIV incidence among adults. The 2014 LDHS is a follow-up to the 2004 and 2009 LDHS surveys.

The information collected through the LDHS is intended to assist policy makers and programme managers in evaluating and designing programmes and strategies for improving the health of the country's population.

### 1.2 Sample Design

The sampling frame used for the 2014 LDHS is an updated frame from the 2006 Lesotho Population and Housing Census (PHC) provided by the Lesotho Bureau of Statistics (BOS). The sampling frame excluded nomadic and institutional populations such as persons in hotels, barracks, and prisons.

The 2014 LDHS followed a two-stage sample design and was intended to allow estimates of key indicators at the national level as well as in urban and rural areas, four ecological zones, ${ }^{1}$ and each of Lesotho's 10 districts. ${ }^{2}$ The first stage involved selecting sample points (clusters) consisting of enumeration areas (EAs) delineated for the 2006 PHC. A total of 400 clusters were selected, 118 in urban areas and 282 in rural areas. ${ }^{3}$

The second stage involved systematic sampling of households. A household listing operation was undertaken in all of the selected EAs in July 2014, and households to be included in the survey were randomly selected from these lists. About 25 households were selected from each sample point, for a total sample size of 9,942

[^0]households. Because of the approximately equal sample sizes in each district, the sample is not self-weighting at the national level, and weighting factors have been added to the data file so that the results will be proportional at the national level.

All women age 15-49 who were either permanent residents of the selected households or visitors who stayed in the household the night before the survey were eligible to be interviewed. In half of the households, all men age 15-59 who were either permanent residents of the selected households or visitors who stayed in the household the night before the survey were eligible to be interviewed. In the subsample of households selected for the male survey, blood pressure measurements and anaemia testing were performed among eligible women and men who consented to being tested. With the parent's or guardian's consent, children age 6-59 months were also tested for anaemia. In the same subsample of households, blood specimens were collected for laboratory testing of HIV from eligible women and men who consented; height and weight were measured for eligible women, men, and children age 0-59 months; and mid-upper-arm circumference (MUAC) measurements were collected for children age 6-59 months.

### 1.3 QUESTIONNAIRES

Three questionnaires were used for the 2014 LDHS: the Household Questionnaire, the Woman's Questionnaire, and the Man's Questionnaire. These questionnaires, based on The DHS Program’s standard Demographic and Health Survey questionnaires, were adapted to reflect the population and health issues relevant to Lesotho. Input was solicited from various stakeholders representing government ministries and agencies, nongovernmental organisations, and international donors. After the preparation of the definitive questionnaires in English, the questionnaires were translated into Sesotho.

The Household Questionnaire was used to list all members of and visitors to selected households. Basic demographic information was collected on the characteristics of each person listed, including his or her age, sex, marital status, education, and relationship to the head of the household. For children under age 18, the parents' survival status was determined. The data on age and sex of household members, obtained in the Household Questionnaire, were used to identify women and men eligible for individual interviews. The Household Questionnaire also collected information on characteristics of the household's dwelling unit, such as source of water, type of toilet facilities, materials used for the floor of the dwelling unit, and ownership of various durable goods.

The Woman's Questionnaire was used to collect information from all eligible women age 15-49. These women were asked questions on the following topics:

- Background characteristics (age, education, media exposure, and so on)
- Birth history and child mortality
- Knowledge and use of family planning methods
- Fertility preferences
- Antenatal, delivery, and postnatal care
- Breastfeeding and infant feeding practices
- Vaccinations and childhood illnesses
- Marriage and sexual activity
- Women's work and husbands' background characteristics
* Knowledge, awareness, and behaviour regarding HIV/AIDS and other sexually transmitted infections (STIs)
- Adult mortality, including maternal mortality
- Knowledge, attitudes, and behaviour related to other health issues (for example, tuberculosis, diabetes, breast and cervical cancer)

The Man's Questionnaire was administered to all men age 15-59 in the subsample of households selected for the male survey. The Man's Questionnaire collected much of the same information as the Woman's Questionnaire but was shorter because it did not contain questions to elicit a detailed reproductive history or questions on maternal and child health.

In this survey, instead of using paper questionnaires, interviewers used personal digital assistants (PDAs) to record responses during interviews, and team supervisors managed the data using tablet computers. The PDAs and tablets were equipped with Bluetooth technology to enable remote electronic transfer of files (e.g., transfer of assignment sheets from team supervisors to interviewers and transfer of completed questionnaires from interviewers to supervisors). The computer-assisted personal interviewing (CAPI) data collection system employed in the 2014 LDHS was developed by The DHS Program using the mobile version of CSPro. The CSPro software was developed jointly by the U.S. Census Bureau, The DHS Program, and Serpro S. A.

### 1.4 Blood Pressure Measurement, Anthropometry, Anaemia Testing, and HiV Testing

In the half of the households selected for the male survey, the 2014 LDHS incorporated several "biomarkers": blood pressure measurement, anthropometry, anaemia testing, and HIV testing. In contrast with the data collection procedure for the household and individual interviews, data related to all biomarkers except blood pressure were initially recorded on a paper form (the Biomarker Data Collection Form) and subsequently entered into the team supervisor's tablet computer. The survey protocol, including biomarker collection, was reviewed and approved by the Lesotho Ministry of Health Research and Ethics Committee and the Institutional Review Board of ICF International.

Blood pressure. During the individual interview, three blood pressure measurements were taken from consenting women age 15-49 and men age 15-59 using Omron M3W blood pressure monitors. Measurements were taken at intervals of 10 minutes or more. The average of the second and third measurements was used to classify the respondent with respect to hypertension, according to internationally recommended categories (WHO 1999; NIH 1997). The results, as well as information about the symptoms of high blood pressure and ways in which it can be prevented, were provided to the respondent via the Blood Pressure Findings Report Form and Brochure.

Anthropometry. Height and weight measurements were recorded for children age 0-59 months, women age 15-49, and men age 15-59. In addition, mid-upper-arm circumference (MUAC) was recorded for children age 6-59 months.

Anaemia testing. Blood specimens for anaemia testing were collected from women age 15-49 and men age 15-59 who voluntarily consented to be tested and from all children age 6-59 months for whom consent was obtained from their parents or the adult responsible for the children. Blood samples were drawn from a drop of blood taken from a finger prick (or a heel prick in the case of children age 6-11 months) and collected in a microcuvette. Haemoglobin analysis was carried out on-site using a battery-operated portable HemoCue analyser. Results were provided verbally and in writing. Parents/guardians of children with a haemoglobin level under $7 \mathrm{~g} / \mathrm{dl}$ were instructed to take the child to a health facility for follow-up care. Likewise, non-
pregnant women, pregnant women, and men were referred for follow-up care if their haemoglobin levels were below $7 \mathrm{~g} / \mathrm{dl}, 9 \mathrm{~g} / \mathrm{dl}$, and $9 \mathrm{~g} / \mathrm{dl}$, respectively. All households in which anthropometry and/or anaemia testing was conducted were given a brochure explaining the causes and prevention of anaemia.

HIV testing. Interviewers collected blood specimens via finger-prick for laboratory testing for HIV from women age 15-49 and men age 15-59 who consented to be tested. The protocol for blood specimen collection and analysis was based on the anonymous linked protocol developed by The DHS Program. This protocol allows for merging of HIV test results with the sociodemographic data collected in the individual questionnaires after removal of all information that could potentially identify an individual.

Interviewers explained the procedure, the confidentiality of the data, and the fact that the test results would not be made available to the respondent. If a respondent consented to HIV testing, five blood spots from the finger prick were collected on a filter paper card to which a barcode label unique to the respondent was affixed. A duplicate label was attached to the Biomarker Data Collection Form. A third copy of the same barcode was affixed to the Dried Blood Spot Transmittal Sheet to track the blood samples from the field to the laboratory.

Respondents were asked whether they would consent to having the laboratory store their blood sample for future unspecified testing. If respondents did not consent to additional testing using their sample, it was indicated on the Biomarker Data Collection Form that they refused additional tests using their specimen, and the words "no additional testing" were written on the filter paper card. Each respondent, whether providing consent or not, was given an informational brochure on HIV and a list of nearby sites providing HIV testing and counselling services (HTS).

Blood samples were dried overnight and packaged for storage the following morning. Samples were periodically collected from the field and transported to the National Reference Laboratory (NRL) in Maseru. Upon arrival at the NRL, each blood sample was logged into the CSPro HIV Test Tracking System database, given a laboratory number, and stored at $-20^{\circ} \mathrm{C}$ until tested.

The HIV testing protocol stipulated that blood could be tested only after questionnaire data collection had been completed, data had been verified and cleaned, and all unique identifiers other than the anonymous barcode number had been removed from the data file. Testing was performed to estimate HIV prevalence and HIV incidence. The details of the testing algorithm are shown in Appendix C.

### 1.5 PRETEST

Ten women and five men participated in a training to pretest the LDHS survey protocol over a three-week period in June 2014. The majority of participants had worked in various LDHS survey activities previously, including the 2009 LDHS. Participants were employed by the MOH, the BOS, or the Lesotho Planned Parenthood Association. Ten days of classroom instruction were provided. Trainers were from The DHS Program. Pretest field practice took place over four days in both rural and urban locations. Following field practice, a debriefing session was held with the pretest field staff, and modifications to the questionnaires were made based on lessons drawn from the exercise.

### 1.6 Training OF Field Staff

The MOH recruited and trained 100 people for the main fieldwork to serve as supervisors, interviewers, secondary editors, and reserve interviewers. The field staff main training took place over four weeks (6-29 August 2014) at the Khotsong Lodge in Thaba-Bosiu, Lesotho. The training course consisted of instruction regarding interviewing techniques and field procedures, a detailed review of questionnaire content, instruction on how to administer the paper and electronic questionnaires, instruction in weighing and measuring children
and adults, mock interviews between participants in the classroom, practice biomarker collection between participants, and practice interviews with real respondents in areas outside the 2014 sample points. In addition, participants completed limited field practice in blood pressure measurement, anthropometry, anaemia testing, and blood collection for HIV testing. ${ }^{4}$

Participants were evaluated through homework, in-class exercises, quizzes, and observations made during field practice. Ultimately, 75 participants were selected to serve as interviewers and 15 as team supervisors. The latter received additional training in data quality control procedures, fieldwork coordination, and use of special programmes for the tablet computers.

A major challenge was faced by all who attended the main training. During the second week of the training, an interviewer candidate, Ms. Mathebane Ramataboee, was brutally murdered along with a friend. The killings were unrelated to the LDHS. Ms. Ramataboee was a public health nurse working with the EPI Programme at the MOH, and had served as an interviewer in the 2009 LDHS and in the 2014 LDHS pretest. As a well-liked and respected member of the community, her loss was felt keenly by main training participants.

### 1.7 FieLDWORK

Data collection was carried out by 15 field teams, each consisting of one team supervisor, two or three female interviewers, two or three male interviewers, and one driver. All interviewers on each team also served as biomarker technicians. Electronic data files containing interview results were transferred from each interviewer's PDA to the team supervisor's tablet each day. Six senior staff members from the MOH coordinated and supervised fieldwork activities. Electronic data files were transferred to the central office every few days via the secured Internet File Streaming System (IFSS). Participants in fieldwork monitoring also included two survey technical specialists from The DHS Program.

Data collection took place over a 2.5-month period, from 22 September 2014 through 7 December 2014. The substantial gap between the end of the main training and the start of fieldwork was due to concerns about team safety following political disturbances on 30 August 2014. Immediately prior to the launch, the MOH conducted a two-day refresher training course for interviewers and supervisors at MOH headquarters.

### 1.8 Data Processing

All electronic data files for the 2014 LDHS were transferred via IFSS to the MOH central office in Maseru, where they were stored on a password-protected computer. The data processing operation included secondary editing, which involved resolution of computer-identified inconsistencies and coding of open-ended questions. The data were processed by one person who took part in the main fieldwork training. Data editing was accomplished using CSPro software. Secondary editing and data processing were initiated in October 2014 and completed in February 2015.

### 1.9 Response Rates

Table 1.1 shows response rates for the 2014 LDHS. A total of 9,942 households were selected for the sample, of which 9,543 were occupied. Of the occupied households, 9,402 were successfully interviewed, yielding a response rate of $99 \%$. This compares favourably to the 2009 LDHS response rate ( $98 \%$ ).

[^1]In the interviewed households, 6,818 eligible women were identified for individual interviews; interviews were completed with 6,621 women, yielding a response rate of $97 \%$. In the subsample of households selected for the male survey, 3,133 eligible men were identified and 2,931 were successfully interviewed, yielding a response rate of $94 \%$. The lower response rate for men was likely due to their more frequent and longer absences from the household.

The response rates for both women and men were slightly lower in the 2014 LDHS than in the 2009 LDHS (in which response rates were $98 \%$ for women and $95 \%$ for men). Strikingly, however, the numbers of eligible women and men identified in households in the 2014 LDHS were substantially lower than in the 2009 LDHS. Whereas there was an average of 0.83 eligible women and 0.72 eligible men per household in the 2009 LDHS, the corresponding averages in 2014 were 0.73 and 0.67 (data not shown).

The reason for the difference in the average number of eligible women and men between the 2009 and 2014 LDHS surveys is unknown. Possibilities range from a demographic shift in the population of Lesotho to data quality issues such as age displacement or omission of household members (or a combination of both).

Table 1.1 Results of the household and individual interviews
Number of households, number of interviews, and response rates, according to residence (unweighted), Lesotho 2014

|  | Residence |  |  |
| :--- | ---: | ---: | ---: |
| Result | Urban | Rural | Total |
| Household interviews |  |  |  |
| $\quad$ Households selected | 2,934 | 7,008 | 9,942 |
| Households occupied | 2,843 | 6,700 | 9,543 |
| Households interviewed | 2,798 | 6,604 | 9,402 |
| Household response rate ${ }^{1}$ | 98.4 | 98.6 | 98.5 |
| Interviews with women age 15-49 |  |  |  |
| $\quad$ Number of eligible women | 2,282 | 4,536 | 6,818 |
| $\quad$ Number of eligible women interviewed | 2,202 | 4,419 | 6,621 |
| Eligible women response rate ${ }^{2}$ | 96.5 | 97.4 | 97.1 |
| Interviews with men age 15-59 |  |  |  |
| $\quad$ Number of eligible men | 960 | 2,173 | 3,133 |
| $\quad$ Number of eligible men interviewed | 903 | 2,028 | 2,931 |
| Eligible men response rate ${ }^{2}$ | 94.1 | 93.3 | 93.6 |

${ }^{1}$ Households interviewed/households occupied
${ }^{2}$ Respondents interviewed/eligible respondents

- Drinking water: Only $77 \%$ of rural households have access to an improved source of drinking water, compared with $97 \%$ of urban households.
- Sanitation: Although the proportion of rural households without a toilet facility is dropping, $38 \%$ of households still have none.
- Household population and composition: The population of Lesotho is young, with $39 \%$ of the population under age 15.
- Birth registration: The proportion of children under age 5 whose births are registered with the government has declined slightly since 2009 (from 45\% in 2009 to $43 \%$ in 2014).
- Orphans: Among children under age 18, more than onequarter are orphans (one or both parents are dead) and over one-third do not live with either parent.
- School attendance: The net attendance ratio falls from $94 \%$ in primary school to $42 \%$ in secondary school. Girls and boys are about equally likely to attend primary school, but girls are much more likely than boys to attend secondary school.

Information on the socioeconomic characteristics of the household population in the LDHS provides context to interpret demographic and health indicators and can furnish an approximate indication of the representativeness of the survey. In addition, this information sheds light on the living conditions of the population.

This chapter presents information on source of drinking water, sanitation, exposure to smoke inside the home, wealth, hand washing, household population composition, educational attainment, school attendance, birth registration, and family living arrangements.

### 2.1 Drinking Water Sources and Treatment

## Improved sources of drinking water

Include piped water, public taps, standpipes, tube wells, boreholes, protected dug wells and springs, rainwater, and bottled water
Sample: Households

In Lesotho, almost all urban households (97\%), but only $77 \%$ of rural households, have access to an improved source of drinking water (Table 2.1). Improved sources protect against outside contamination so that water is more likely to be safe to drink.

Urban and rural households rely on different sources of drinking water. Most urban households (70\%) have piped water in their dwelling or yard (Figure 2.1). In contrast, rural households mainly rely on public taps ( $56 \%$ ), followed by unimproved sources ( $23 \%$ ). Only $5 \%$ of rural households have piped water on their premises; $37 \%$ travel 30 minutes or longer round trip to fetch drinking water (Table 2.1).

Clean water is a basic need for human life. Most households (87\%) report that they do no treat their water prior to drinking (Table 2.1). One in ten households boils their drinking water, making it the most commonly used water treatment. Despite the fact that a higher proportion of households in rural areas obtains water from unimproved sources compared with urban areas, water treatment is more common in urban areas. Twenty-one percent of households in the urban areas boil their drinking water compared with $7 \%$ in the rural areas.

Trends: The proportion of households obtaining water from improved sources increased from $79 \%$ in 2009 to $84 \%$ in 2014. Gains were concentrated in urban households; the proportion of urban households with access to improved drinking water sources increased from $91 \%$ to $97 \%$, while the proportion of rural households with access to improved drinking water sources shifted from $74 \%$ in 2009 to $77 \%$ in 2014.

### 2.2 SANITATION

Improved toilet facilities
Include any non-shared toilet of the following types: flush/pour flush toilets to piped sewer systems, septic tanks, and pit latrines; ventilated improved pit (VIP) latrines; and pit latrines with slabs
Sample: Households

Nearly 5 in 10 households in Lesotho usually use improved toilet facilities, which are defined as non-shared facilities that prevent people from coming into contact with human waste and thus reduce the transmission of cholera, typhoid, and other diseases. Shared toilet facilities of an otherwise acceptable type are especially common in urban areas (Figure 2.2). Twenty-seven percent of households do not use any toilet facility.

The most commonly used improved toilet facility in both urban and rural areas is a pit latrine with slab (referred to in Lesotho as an ordinary pit latrine) (Table 2.2). The proportion of households with an improved toilet facility is higher in rural areas than in the urban areas. Thirty-nine percent of rural households have unimproved toilet facilities or no toilet facilities at all, which increases the risk of disease transmission. Only $6 \%$ of households in urban areas lack toilet facilities or have an unimproved facility.

Figure 2.2 Household toilet facilities by residence
Percent distribution of households by type of toilet facilities


Trends: The proportion of urban households with improved toilet facilities has increased since 2009 , rising from $26 \%$ to $41 \%$. In rural households, the proportion has more than doubled (rising from $22 \%$ to $50 \%$ ). During this same period, the proportion of rural households without any toilet facilities dropped from $45 \%$ to $38 \%$.

### 2.3 Exposure to Smoke inside the Home

Exposure to smoke inside the home, either from cooking with solid fuels or from smoking tobacco, has potentially harmful health effects. Fifty-seven percent of households in Lesotho use some type of solid fuel for cooking, virtually all of it wood (Table 2.3), a figure unchanged since 2009 (58\%). Exposure to cooking smoke is greater when cooking takes place inside the house rather than in a separate building or outdoors. In Lesotho, cooking is done inside the house in slightly more than a half of households (53\%), a figure identical to 2009. Additionally, in $16 \%$ of households someone smokes inside the house daily.

## Other Housing Characteristics

The survey also collected data on access to electricity, flooring materials, and the number of rooms used for sleeping. Sixty-two percent of urban households and $12 \%$ of rural households have access to electricity. Nationally, the proportion of households with access to electricity has increased four-fold over the last decade: $7 \%$ of households had access to electricity in 2004, 17\% in 2009, and $28 \%$ in 2014.

At $33 \%$ each, cement and earth $/ \mathrm{mud} /$ dung are the most common flooring materials used in Lesotho. By residence, however, differences in flooring material exist. The most common flooring material in rural areas is earth $/ \mathrm{mud} /$ dung ( $46 \%$ ); the most common flooring material in urban areas is cement ( $50 \%$ ). Table 2.3 provides complete information on housing characteristics.

### 2.4 Household Wealth


#### Abstract

Wealth index Households are given scores based on the number and kinds of consumer goods they own, ranging from a television to a bicycle or car, plus housing characteristics such as source of drinking water, toilet facilities, and flooring materials. These scores are derived using principal component analysis. National wealth quintiles are compiled by assigning the household score to each usual (de jure) household member, ranking each person in the household population by their score, and then dividing the distribution into five equal categories, each with $20 \%$ of the population. Sample: Households


In Lesotho, the wealthiest households are concentrated in urban areas. Eighty-five percent of the urban population belongs to the two highest wealth quintiles. More than half ( $54 \%$ ) of the rural population falls in the two lowest wealth quintiles (Figure 2.3).Two districts in the Mountains ecological zone of Lesotho have extreme concentrations of poverty; the majority of the population in Mokhotlong and in Thaba-Tseka is in the lowest wealth quintile ( $53 \%$ and $55 \%$, respectively) (Table 2.4).

## Household Durable Goods

The survey also collected information on household effects, means of transportation, agricultural land, and farm animals. Urban households are more likely than rural households are to own a radio ( $72 \%$ versus $51 \%$ ), television ( $53 \%$ versus $16 \%$ ), or mobile telephone ( $96 \%$ versus $78 \%$ ). In contrast, rural households are more likely than urban households are to own agricultural land ( $61 \%$ versus $17 \%$ ) or farm animals ( $64 \%$ versus $28 \%$ ). For complete information on household durable goods, see Table 2.5.

### 2.5 Hand Washing

To obtain hand-washing information, interviewers asked to see the place where members of the household most often wash their hands. Soap and water-the ideal hand washing agent-was seen in $46 \%$ of the handwashing locations that were observed; another $34 \%$ had water only (Table 2.6). No water, soap, or other cleaning agent was observed in $18 \%$ of handwashing locations. The representativeness of these data is unclear because a place for hand washing was observed in only a small percentage of households (5\%). The most common reason interviewers were unable to observe the place where household members usually wash their hands was because there was no designated place for hand washing.

### 2.6 Household Population and Composition

## Household

A person or group of related or unrelated persons who live together in the same dwelling unit(s), who acknowledge one adult male or female as the head of the household, who share the same housekeeping arrangements, and who are considered a single unit.

## De facto population

All persons who stayed in the selected households the night before the interview (whether usual residents or visitors)

## De jure population

All persons who are usual residents of the selected households, whether or not they stayed in the household the night before the interview

A total of 31,406 individuals stayed overnight in 9,402 sample households in the 2014 LDHS. Fifty-three percent of them $(16,727)$ were female, and $47 \%$ $(14,679)$ were male (Table 2.7). The population pyramid in Figure 2.4 shows their distribution by 5-year age groups and sex. The broad base of the pyramid shows that Lesotho's population is young, which is typical of developing countries with low life expectancy. The proportion of children under age 15 was $39 \%$ in 2014 , while the proportion of individuals age 65 and older was $8 \%$ (Table 2.7).

On average, households in Lesotho comprise 3.3 persons (Table 2.8).

Figure 2.4 Population pyramid
Percent distribution of the household population


Urban households are smaller than rural households ( 2.8 persons versus 3.6 persons). Women head $36 \%$ of all households.

The 2014 LDHS also captured information on residency status. In Lesotho, many individuals reside away from their home communities and/or apart from their families for extended periods to pursue work or educational opportunities. Such persons were listed in the household schedule section of the Household Questionnaire, but were not classified as usual residents of their family's household; instead, they were classified as residing elsewhere, either in Lesotho, in South Africa, or in some other country. As shown in Table 2.9, among males listed in the household schedule, $77 \%$ live in the household, $14 \%$ live elsewhere in Lesotho, and $9 \%$ live in South Africa. Among females listed in the household schedule, $82 \%$ live in the household, $14 \%$ live elsewhere in Lesotho, and 5\% live in South Africa.

Trends: The population pyramid is comparable to 2009, when children under age 15 made up $40 \%$ of the population and individuals age 65 and older made up $7 \%$. Average household size has decreased since 2009, from 3.6 to 3.3 persons, while the proportion of female-headed households has remained unchanged since 2009. The residency status of individuals listed in the household schedule of the Household Questionnaire is comparable to 2009 .

### 2.7 Birth Registration

## Registered birth

Child has a birth certificate or his/her birth has been registered with the civil authority.
Sample: De jure children under age 5

The births of $43 \%$ of children under age 5 had been registered with the civil authority at the time of the survey. These births included $18 \%$ of children under age 5 with a birth certificate (Table 2.10). Boys and girls are equally likely to be registered. The registration of births varies widely across districts, with children most likely to be registered in Berea and Maseru (Figure 2.5). The percentage of registered children increases with the household's wealth quintile, from $34 \%$ in the lowest wealth quintile to $63 \%$ in the highest wealth quintile (Table 2.10).

Trends: Registration of children's births has changed little between 2009 ( $45 \%$ ) and 2014 ( $43 \%$ ).

### 2.8 Children's Living Arrangements and Parental Survival

## Orphan

A child with one or both parents dead
Sample: Children under age 18

Twenty-seven percent of Lesotho children under age 18 are orphans, meaning that one or both of their parents are dead (Table 2.11). The proportion of orphaned children increases rapidly with age, rising from $6 \%$ of children under age 2 to $48 \%$ of children age 15-17
(Figure 2.6). Orphanhood varies little by residence or district. Only $22 \%$ of children under age 18 live with both of their parents; $35 \%$ do not live with a biological parent.

For information on school attendance by survivorship of parents, see Table 2.12.

Figure 2.5 Birth registration by district


Trends: Since the 2009 LDHS, the proportion of children under age 18 who are orphaned has changed little ( $28 \%$ versus $27 \%$ ).

### 2.9 EdUCATION

### 2.9.1 Educational Attainment

```
Median educational attainment
Number of years of schooling completed by half of the population
Sample: De facto household population age 6 and older
```

Overall, $86 \%$ of males age 6 and over in Lesotho have ever attended school, compared with $95 \%$ of females (Tables 2.13.1 and 2.13.2). The proportions of women and men who have completed secondary school or gone beyond secondary school are identical (10\%). Median educational attainment is slightly higher for females (5.7 years) than for males (4.0 years).

Trends: Educational attainment at the household level continues to increase. In 2004, $8 \%$ of women and $19 \%$ of men in surveyed households had no education at all compared with $5 \%$ of women and $15 \%$ of men in 2009 , and $5 \%$ of women and $13 \%$ of men in 2014. Secondary education has increased from $5 \%$ of women and $5 \%$ of men completing secondary school in 2004 to $8 \%$ of women and $7 \%$ of men in 2009 , and $10 \%$ of women and $10 \%$ of men in 2014.

## Patterns by background characteristics

- Urban residents are much more likely to have completed secondary school than rural residents. Among women in urban households, $22 \%$ have completed secondary school or beyond compared with $5 \%$ of women in rural households. A similar pattern holds for men; $25 \%$ of urban men completed secondary school compared with $4 \%$ of rural men.
- Educational attainment varies by district. Fewer than 1 in 10 women in Quthing, Qacha’s Nek, Mokhotlong, and Thaba-Tseka has no education. Twenty-seven percent of men in Thaba-Tseka have no education.
- Educational attainment increases with household wealth among women and men. Thirty percent of women in the wealthiest households have completed secondary school or beyond compared with less than $1 \%$ of women in the poorest households.


### 2.9.2 School Attendance

## Net attendance ratio (NAR)

Percentage of the school-age population that attends primary or secondary school
Sample: Children age 6-12 for primary school NAR and children age 13-17 for secondary school NAR

## Gross attendance ratio (GAR)

The total number of primary and secondary school students expressed as a percentage of the official primary and secondary school-age population
Sample: Children age 6-12 for primary school GAR and children age 13-17 for secondary school GAR

Ninety-five percent of girls age 6-12 attend primary school compared with $92 \%$ of boys (Table 2.14). The net attendance ratio drops in secondary school: only $51 \%$ of girls and $35 \%$ of boys age $13-17$ attend secondary school.

## Patterns by background characteristics

- Urban children age 13-17 are more likely than their rural counterparts are to attend secondary school (65\% versus $34 \%$ ).
- Girls are more likely than boys are to attend secondary school in all the districts of Lesotho. Attendance ranges from a low of $11 \%$ in Thaba-Tseka to a high of $46 \%$ in Maseru for boys and from a low of $32 \%$ in Thaba-Tseka to $60 \%$ in both Berea and Leribe for girls.
- Girls and boys in the highest wealth quintile are 3 and 10 times more likely to attend secondary school, respectively, than those in the lowest wealth quintile (Figure 2.7).


## Other Measures of School Attendance

The survey also collected data on two other indicators. The gross attendance ratio (GAR), which measures participation at each level of schooling among all those age $5-24$, is $122 \%$ at the primary school level and $61 \%$ at the secondary school level. These figures indicate that children outside the official school age population for that level are attending primary school, and not all who should be attending secondary school are doing so. The gender parity index (GPI), which is the

Figure 2.7 Secondary school attendance by wealth quintile

Net attendance ratio for secondary school among children age 13-17 Girls ■ Boys
 ratio of female to male attendance rates, is close to 1 at primary school level and exceeds 1 at secondary school level. This confirms that there is relatively little difference in overall school attendance by boys and girls at the primary level, but by secondary school, female school attendance is much greater than male attendance. For complete information on these indicators, see Table 2.14.

### 2.10 Distance to a Health Facility

In the 2014 LDHS, interviewers asked about the means of transport used by households to get to the nearest health facility, and the time required getting to the facility. Overall, in $72 \%$ of households members walk to the nearest health facility; in $22 \%$ of households they travel by car, truck, bus, or taxi, and in $6 \%$ they use a combination of walking and bus or taxi (Table 2.15). Among households in which members travel to the nearest health facility by walking, $27 \%$ require more than 120 minutes of travel time (Table 2.16).

For detailed information on household population and housing characteristics, see the following tables:

- Table 2.1 Household drinking water
- Table 2.2 Household sanitation facilities
- Table 2.3 Household characteristics
- Table 2.4 Wealth quintiles
- Table 2.5 Household possessions
- Table 2.6 Hand washing
- Table 2.7 Household population by age, sex, and residence
- Table 2.8 Household composition
- Table 2.9 Residency status
- Table 2.10 Birth registration of children under age 5
- Table 2.11 Children's living arrangements and orphanhood
- Table 2.12 School attendance by survivorship of parents
- Table 2.13.1 Educational attainment of the female household population
- Table 2.13.2 Educational attainment of the male household population
- Table 2.14 School attendance ratios
- Table 2.15 Method of travel and travel time to nearest health facility
- Table 2.16 Travel time to health facility by walking

Table 2.1 Household drinking water
Percent distribution of households and de jure population by source of drinking water, time to obtain drinking water, and treatment of drinking water, according to residence, Lesotho 2014

| Characteristic | Households |  |  | Population |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Urban | Rural | Total | Urban | Rural | Total |
| Source of drinking water |  |  |  |  |  |  |
| Improved source | 96.9 | 77.2 | 83.6 | 96.3 | 76.9 | 82.2 |
| Piped into dwelling/yard/plot | 69.5 | 4.8 | 25.6 | 67.5 | 4.7 | 21.9 |
| Public tap/standpipe | 24.3 | 55.7 | 45.6 | 25.5 | 55.5 | 47.3 |
| Tube well/borehole | 1.3 | 7.8 | 5.7 | 1.8 | 7.5 | 6.0 |
| Protected well | 0.6 | 3.2 | 2.3 | 0.5 | 3.3 | 2.5 |
| Protected spring | 1.1 | 5.7 | 4.2 | 1.0 | 5.8 | 4.5 |
| Rain water | 0.0 | 0.1 | 0.1 | 0.0 | 0.0 | 0.0 |
| Bottled water | 0.1 | 0.0 | 0.0 | 0.1 | 0.0 | 0.0 |
| Unimproved source | 3.1 | 22.8 | 16.4 | 3.7 | 23.1 | 17.8 |
| Unprotected well | 1.4 | 9.8 | 7.1 | 1.6 | 9.7 | 7.5 |
| Unprotected spring | 1.6 | 11.4 | 8.2 | 1.9 | 11.9 | 9.1 |
| Tanker truck/car with small tank | 0.0 | 0.5 | 0.4 | 0.0 | 0.5 | 0.4 |
| Surface water | 0.1 | 1.0 | 0.7 | 0.1 | 1.1 | 0.8 |
| Total | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 |
| Time to obtain drinking water (round trip) |  |  |  |  |  |  |
| Water on premises | 71.0 | 6.1 | 26.9 | 68.9 | 6.1 | 23.3 |
| Less than 30 minutes | 23.9 | 55.9 | 45.6 | 24.9 | 54.9 | 46.7 |
| 30 minutes or longer | 5.0 | 36.6 | 26.4 | 6.0 | 37.5 | 28.9 |
| Don't know | 0.2 | 1.4 | 1.0 | 0.2 | 1.5 | 1.1 |
| Total | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 |
| Water treatment prior to drinking ${ }^{1}$ |  |  |  |  |  |  |
| Boiled | 21.2 | 6.7 | 11.4 | 21.3 | 6.7 | 10.7 |
| Bleach/chlorine added | 0.2 | 0.2 | 0.2 | 0.2 | 0.2 | 0.2 |
| Strained through cloth | 0.5 | 1.3 | 1.0 | 0.5 | 1.4 | 1.1 |
| Ceramic, sand or other filter | 0.7 | 0.1 | 0.3 | 0.7 | 0.0 | 0.2 |
| Other | 0.1 | 0.4 | 0.3 | 0.2 | 0.4 | 0.3 |
| No treatment | 77.7 | 91.8 | 87.3 | 77.7 | 91.8 | 87.9 |
| Percentage using an appropriate treatment method ${ }^{2}$ | 22.0 | 7.0 | 11.8 | 22.1 | 6.9 | 11.0 |
| Number | 3,020 | 6,382 | 9,402 | 8,566 | 22,694 | 31,260 |

[^2]Table 2.2 Household sanitation facilities
Percent distribution of households and de jure population by type of toilet/latrine facilities, according to residence, Lesotho 2014

| Type of toilet/latrine facility | Households |  |  | Population |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Urban | Rural | Total | Urban | Rural | Total |
| Improved | 41.1 | 50.0 | 47.1 | 49.0 | 51.6 | 50.9 |
| Flush/pour flush to piped sewer system | 4.0 | 0.0 | 1.3 | 3.8 | 0.0 | 1.0 |
| Flush/pour flush to septic tank | 2.7 | 0.1 | 1.0 | 3.0 | 0.2 | 0.9 |
| Flush/pour flush to pit latrine | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 |
| Ventilated improved pit (VIP) latrine | 6.1 | 15.3 | 12.3 | 7.2 | 16.4 | 13.9 |
| Ordinary pit latrine/pit latrine with slab | 28.2 | 34.5 | 32.5 | 35.1 | 35.0 | 35.0 |
| Shared facility ${ }^{1}$ | 53.2 | 10.9 | 24.5 | 45.4 | 9.4 | 19.2 |
| Flush/pour flush to piped sewer system | 0.4 | 0.0 | 0.1 | 0.3 | 0.0 | 0.1 |
| Flush/pour flush to septic tank | 0.3 | 0.0 | 0.1 | 0.3 | 0.0 | 0.1 |
| Ventilated improved pit (VIP) latrine | 6.8 | 1.4 | 3.1 | 5.9 | 1.1 | 2.4 |
| Ordinary pit latrine/pit latrine with slab | 45.7 | 9.5 | 21.1 | 39.0 | 8.2 | 16.6 |
| Unimproved facility | 5.8 | 39.1 | 28.4 | 5.6 | 39.1 | 29.9 |
| Flush/pour flush not to sewer/septic tank/pit latrine | 0.4 | 0.0 | 0.1 | 0.4 | 0.0 | 0.1 |
| Pit latrine without slab/open pit | 0.7 | 1.4 | 1.2 | 0.6 | 1.4 | 1.2 |
| No facility/bush/field | 4.7 | 37.7 | 27.1 | 4.6 | 37.6 | 28.6 |
| Total | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 |
| Number | 3,020 | 6,382 | 9,402 | 8,566 | 22,694 | 31,260 |

Note: Total includes 1 household using a flush/pour flush toilet to pit latrine and 1 household using a composting toilet, neither of which is shared.
${ }^{1}$ Facilities that would be considered improved if they were not shared by 2 or more households

| Table 2.3 Household characteristics |  |  |  |
| :---: | :---: | :---: | :---: |
| Percent distribution of households by housing characteristics, percentage using solid fuel for cooking, and percent distribution by frequency of smoking in the home, according to residence, Lesotho 2014 |  |  |  |
| Housing characteristic | Residence |  | Total |
|  | Urban | Rural |  |
| Electricity |  |  |  |
| Yes | 61.5 | 11.8 | 27.8 |
| No | 38.5 | 88.2 | 72.2 |
| Total | 100.0 | 100.0 | 100.0 |
| Flooring material |  |  |  |
| Earth/mud/dung | 5.6 | 46.3 | 33.2 |
| Wood planks | 0.5 | 0.1 | 0.2 |
| Parquet or polished wood | 0.1 | 0.0 | 0.0 |
| Vinyl tile/vinyl carpet | 20.7 | 15.2 | 16.9 |
| Ceramic tiles | 13.9 | 7.3 | 9.4 |
| Cement | 50.4 | 24.1 | 32.5 |
| Carpet | 8.8 | 7.0 | 7.6 |
| Other | 0.0 | 0.1 | 0.0 |
| Total | 100.0 | 100.0 | 100.0 |
| Rooms used for sleeping ${ }^{1}$ |  |  |  |
| One | 59.4 | 39.5 | 45.9 |
| Two | 24.9 | 41.2 | 36.0 |
| Three or more | 15.0 | 19.3 | 17.9 |
| Total | 100.0 | 100.0 | 100.0 |
| Place for cooking |  |  |  |
| In the house | 90.7 | 34.5 | 52.6 |
| In a separate building | 1.6 | 10.5 | 7.6 |
| Outdoors | 7.5 | 54.8 | 39.6 |
| No food cooked in household | 0.2 | 0.2 | 0.2 |
| Total | 100.0 | 100.0 | 100.0 |
| Cooking fuel |  |  |  |
| Electricity | 27.4 | 3.1 | 10.9 |
| LPG/biogas | 50.9 | 13.2 | 25.3 |
| Paraffin | 12.4 | 4.0 | 6.7 |
| Coal | 0.0 | 0.1 | 0.1 |
| Wood | 7.7 | 65.5 | 47.0 |
| Straw/shrubs/grass | 0.1 | 2.4 | 1.7 |
| Agricultural crop | 0.1 | 0.6 | 0.4 |
| Animal dung | 1.0 | 10.8 | 7.7 |
| Other | 0.1 | 0.0 | 0.0 |
| No food cooked in household | 0.2 | 0.2 | 0.2 |
| Total | 100.0 | 100.0 | 100.0 |
| Percentage using solid fuel for cooking ${ }^{2}$ | 9.0 | 79.5 | 56.8 |
| Frequency of smoking in the home |  |  |  |
| Daily | 9.5 | 19.5 | 16.3 |
| Weekly | 2.7 | 4.7 | 4.1 |
| Monthly | 1.7 | 2.9 | 2.5 |
| Less than monthly | 1.9 | 3.3 | 2.8 |
| Never | 84.3 | 69.5 | 74.3 |
| Total | 100.0 | 100.0 | 100.0 |
| Number | 3,020 | 6,382 | 9,402 |
| LPG = Liquid petroleum gas |  |  |  |
| ${ }^{1}$ Total includes 24 households for which respondents indicated that no rooms were used for sleeping. <br> ${ }^{2}$ Solid fuel includes coal, wood, straw/shrubs/grass, agricultural crops, and animal dung. |  |  |  |

Table 2.4 Wealth quintiles
Percent distribution of the de jure population by wealth quintiles, and the Gini coefficient, according to residence and region, Lesotho 2014

| Residence/zone/district | Wealth quintile |  |  |  |  | Total | Number of persons | Gini coefficient |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Lowest | Second | Middle | Fourth | Highest |  |  |  |
| Residence |  |  |  |  |  |  |  |  |
| Urban | 0.2 | 3.0 | 12.4 | 30.7 | 53.8 | 100.0 | 8,566 | 0.16 |
| Rural | 27.5 | 26.4 | 22.9 | 15.9 | 7.3 | 100.0 | 22,694 | 0.34 |
| Ecological zone |  |  |  |  |  |  |  |  |
| Lowlands | 4.8 | 13.7 | 21.9 | 27.5 | 32.1 | 100.0 | 17,606 | 0.25 |
| Foothills | 26.4 | 29.9 | 25.3 | 14.0 | 4.5 | 100.0 | 3,585 | 0.33 |
| Mountains | 47.8 | 27.3 | 13.9 | 7.3 | 3.7 | 100.0 | 7,352 | 0.41 |
| Senqu River Valley | 35.5 | 27.6 | 17.2 | 13.5 | 6.2 | 100.0 | 2,717 | 0.40 |
| District |  |  |  |  |  |  |  |  |
| Butha-Buthe | 24.1 | 26.8 | 23.7 | 15.4 | 10.1 | 100.0 | 1,974 | 0.40 |
| Leribe | 8.6 | 19.8 | 25.5 | 28.8 | 17.2 | 100.0 | 4,764 | 0.28 |
| Berea | 11.8 | 17.2 | 24.5 | 17.8 | 28.7 | 100.0 | 3,836 | 0.33 |
| Maseru | 6.4 | 14.6 | 15.2 | 27.3 | 36.5 | 100.0 | 7,590 | 0.27 |
| Mafeteng | 9.5 | 18.1 | 25.6 | 24.9 | 21.9 | 100.0 | 2,808 | 0.30 |
| Mohale's Hoek | 32.7 | 22.8 | 18.9 | 14.8 | 10.8 | 100.0 | 2,951 | 0.39 |
| Quthing | 22.7 | 25.3 | 26.6 | 15.6 | 9.7 | 100.0 | 1,776 | 0.35 |
| Qacha's Nek | 34.5 | 27.2 | 17.0 | 12.6 | 8.7 | 100.0 | 1,088 | 0.43 |
| Mokhotlong | 52.8 | 26.7 | 9.8 | 6.2 | 4.6 | 100.0 | 1,961 | 0.46 |
| Thaba-Tseka | 55.2 | 21.8 | 14.1 | 5.9 | 3.0 | 100.0 | 2,513 | 0.44 |
| Total | 20.0 | 20.0 | 20.0 | 20.0 | 20.0 | 100.0 | 31,260 | 0.36 |


| Percentage of households possessing various household effects, means of transportation, agricultural land, and livestock/farm animals by residence, Lesotho 2014 |  |  |  |
| :---: | :---: | :---: | :---: |
| Possession | Residence |  | Total |
|  | Urban | Rural |  |
| Household effects |  |  |  |
| Radio | 72.1 | 50.8 | 57.6 |
| Television | 52.9 | 15.8 | 27.7 |
| Mobile telephone | 95.5 | 78.1 | 83.7 |
| Non-mobile telephone | 7.2 | 1.1 | 3.1 |
| Refrigerator | 43.3 | 11.9 | 22.0 |
| Battery/generator | 4.8 | 13.9 | 11.0 |
| Solar panel | 4.9 | 21.7 | 16.3 |
| Computer | 17.7 | 2.6 | 7.5 |
| Bed/mattress | 98.7 | 94.3 | 95.7 |
| Internet access | 37.4 | 9.2 | 18.3 |
| Means of transport |  |  |  |
| Bicycle | 3.7 | 1.6 | 2.3 |
| Animal drawn cart/scotch cart | 1.9 | 13.1 | 9.5 |
| Motorcycle/scooter | 0.4 | 0.1 | 0.2 |
| Car/truck | 19.2 | 6.0 | 10.2 |
| Ownership of agricultural land | 17.0 | 60.5 | 46.5 |
| Ownership of farm animals ${ }^{1}$ | 27.8 | 64.0 | 52.4 |
| Number | 3,020 | 6,382 | 9,402 |
| ${ }^{1}$ Cattle, milk cows, bulls, horses, donkeys, mules, goats, sheep, chickens, pigs, or rabbits |  |  |  |

Table 2.6 Hand washing
Percentage of households in which the place most often used for washing hands was observed, and among households in which the place for hand washing was observed, percent distribution by availability of water, soap, and other cleansing agents, Lesotho 2014

| Background characteristic | Percentage of households where place for washing hands was observed | Number of households | Among households where place for hand washing was observed, percentage with: |  |  |  |  | Number of households with place for hand washing observed |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | Soap and water ${ }^{1}$ | Water only | Soap but no water ${ }^{2}$ | No water, no soap, no other cleansing agent | Total |  |
| Residence |  |  |  |  |  |  |  |  |
| Urban | 11.6 | 3,020 | 54.1 | 34.4 | 1.2 | 10.2 | 100.0 | 349 |
| Rural | 2.4 | 6,382 | 28.0 | 32.5 | 4.4 | 35.1 | 100.0 | 151 |
| Ecological zone |  |  |  |  |  |  |  |  |
| Lowlands | 7.0 | 5,670 | 52.2 | 32.8 | 1.8 | 13.2 | 100.0 | 397 |
| Foothills | 2.3 | 983 | * | * | * | * | 100.0 | 23 |
| Mountains | 2.2 | 1,978 | 23.0 | 30.9 | 6.4 | 39.6 | 100.0 | 44 |
| Senqu River Valley | 4.7 | 771 | 31.0 | 25.6 | 0.0 | 43.3 | 100.0 | 36 |
| Wealth quintile |  |  |  |  |  |  |  |  |
| Lowest | 1.3 | 1,795 | (23.4) | (15.4) | (6.9) | (54.2) | 100.0 | 23 |
| Second | 1.6 | 1,761 | (1.8) | (22.3) | (3.9) | (72.0) | 100.0 | 29 |
| Middle | 2.5 | 1,857 | (17.1) | (37.8) | (6.0) | (39.1) | 100.0 | 47 |
| Fourth | 3.9 | 2,001 | 17.4 | 65.8 | 1.9 | 14.9 | 100.0 | 77 |
| Highest | 16.3 | 1,987 | 62.9 | 28.0 | 1.2 | 7.9 | 100.0 | 324 |
| Total | 5.3 | 9,402 | 46.2 | 33.8 | 2.2 | 17.7 | 100.0 | 500 |

Note: Figures in parentheses are based on 25-49 unweighted cases. An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.
${ }^{1}$ Soap includes soap or detergent in bar, liquid, powder, or paste form. This column includes households with soap and water only as well as those that had soap and water and another cleansing agent.
${ }^{2}$ This column includes households with soap only as well as those with soap and another cleansing agent.

Table 2.7 Household population by age, sex, and residence
Percent distribution of the de facto household population by 5 -year age groups, according to sex and residence, Lesotho 2014

| Age | Urban |  |  | Rural |  |  | Total |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Male | Female | Total | Male | Female | Total | Male | Female | Total |
| <5 | 12.0 | 9.2 | 10.5 | 13.3 | 12.5 | 12.9 | 13.0 | 11.6 | 12.2 |
| 5-9 | 11.0 | 10.6 | 10.8 | 15.3 | 14.2 | 14.7 | 14.2 | 13.2 | 13.6 |
| 10-14 | 10.8 | 10.4 | 10.6 | 15.9 | 13.8 | 14.8 | 14.5 | 12.9 | 13.6 |
| 15-19 | 11.0 | 10.2 | 10.6 | 11.5 | 8.6 | 10.0 | 11.4 | 9.1 | 10.1 |
| 20-24 | 10.4 | 10.5 | 10.4 | 8.2 | 7.7 | 7.9 | 8.8 | 8.5 | 8.6 |
| 25-29 | 10.2 | 9.5 | 9.8 | 6.1 | 5.9 | 6.0 | 7.2 | 6.9 | 7.1 |
| 30-34 | 8.2 | 9.5 | 8.9 | 5.1 | 4.7 | 4.9 | 5.9 | 6.0 | 6.0 |
| 35-39 | 7.0 | 6.6 | 6.8 | 3.6 | 3.9 | 3.8 | 4.5 | 4.7 | 4.6 |
| 40-44 | 4.5 | 4.3 | 4.3 | 3.5 | 3.3 | 3.4 | 3.7 | 3.6 | 3.6 |
| 45-49 | 3.2 | 3.4 | 3.3 | 2.6 | 3.0 | 2.8 | 2.8 | 3.1 | 2.9 |
| 50-54 | 2.7 | 5.2 | 4.1 | 2.5 | 4.5 | 3.6 | 2.6 | 4.7 | 3.7 |
| 55-59 | 2.3 | 2.6 | 2.5 | 2.5 | 3.7 | 3.1 | 2.4 | 3.4 | 2.9 |
| 60-64 | 2.7 | 2.7 | 2.7 | 3.0 | 3.5 | 3.3 | 2.9 | 3.3 | 3.1 |
| 65-69 | 1.8 | 1.8 | 1.8 | 2.3 | 2.7 | 2.5 | 2.2 | 2.4 | 2.3 |
| 70-74 | 1.0 | 1.3 | 1.2 | 1.9 | 2.7 | 2.3 | 1.7 | 2.3 | 2.0 |
| 75-79 | 0.7 | 0.9 | 0.8 | 1.2 | 2.2 | 1.7 | 1.1 | 1.9 | 1.5 |
| 80 + | 0.4 | 1.2 | 0.9 | 1.4 | 3.1 | 2.3 | 1.2 | 2.5 | 1.9 |
| Total | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 |
| Number | 3,829 | 4,741 | 8,571 | 10,849 | 11,986 | 22,835 | 14,679 | 16,727 | 31,406 |


| Table 2.8 Household composition |  |  |  |
| :---: | :---: | :---: | :---: |
| Percent distribution of households by sex of head of household and by household size; mean size of household, and percentage of households with orphans and foster children under age 18 years, according to residence, Lesotho 2014 |  |  |  |
| Characteristic | Residence |  | Total |
|  | Urban | Rural |  |
| Household headship |  |  |  |
| Male | 65.2 | 64.2 | 64.5 |
| Female | 34.8 | 35.8 | 35.5 |
| Total | 100.0 | 100.0 | 100.0 |
| Number of usual members |  |  |  |
| 0 | 0.5 | 0.6 | 0.6 |
| 1 | 27.1 | 17.4 | 20.5 |
| 2 | 22.0 | 17.2 | 18.8 |
| 3 | 19.1 | 18.8 | 18.9 |
| 4 | 15.6 | 17.1 | 16.6 |
| 5 | 8.2 | 12.5 | 11.1 |
| 6 | 3.8 | 7.4 | 6.3 |
| 7 | 2.0 | 4.3 | 3.5 |
| 8 | 0.7 | 2.0 | 1.6 |
| 9+ | 0.9 | 2.5 | 2.0 |
| Total | 100.0 | 100.0 | 100.0 |
| Mean size of households | 2.8 | 3.6 | 3.3 |
| Percentage of households with orphans and foster children under 18 years of age |  |  |  |
| Foster children ${ }^{1}$ | 22.0 | 39.5 | 33.9 |
| Double orphans | 4.2 | 7.7 | 6.6 |
| Single orphans ${ }^{2}$ | 14.2 | 21.6 | 19.2 |
| Foster and/or orphan children | 27.4 | 44.2 | 38.8 |
| Number of households | 3,020 | 6,382 | 9,402 |

Note: Table is based on de jure household members, i.e., usual residents.
${ }^{1}$ Foster children are those under age 18 living in households with neither their mother nor their father present.
${ }^{2}$ The category of single orphans includes children with one dead parent and an unknown survival status of the other parent.

## Table 2.9 Residency status

Percent distribution of males and females listed in the household schedule of the Household Questionnaire by whether they live in the household, elsewhere in Lesotho, in the Republic of South Africa, or in another country, according to background characteristics, Lesotho 2014

| Background characteristic | Male |  |  |  |  |  | Female |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | In the household | Elsewhere in Lesotho | In RSA | In other country | Total | Number | In the household | Elsewhere in Lesotho | In RSA | In other country | Total | Number |
| Age |  |  |  |  |  |  |  |  |  |  |  |  |
| 0-9 | 89.9 | 8.8 | 1.2 | 0.0 | 100.0 | 4,369 | 90.6 | 8.3 | 1.0 | 0.1 | 100.0 | 4,494 |
| 10-19 | 83.7 | 14.7 | 1.6 | 0.0 | 100.0 | 4,571 | 81.0 | 17.9 | 1.0 | 0.1 | 100.0 | 4,492 |
| 20-29 | 66.6 | 20.4 | 12.9 | 0.1 | 100.0 | 3,633 | 69.8 | 23.2 | 6.9 | 0.1 | 100.0 | 3,519 |
| 30-39 | 63.1 | 17.2 | 19.7 | 0.0 | 100.0 | 2,466 | 72.7 | 14.7 | 12.5 | 0.1 | 100.0 | 2,403 |
| 40-49 | 62.3 | 14.2 | 23.3 | 0.2 | 100.0 | 1,541 | 73.6 | 11.9 | 14.5 | 0.0 | 100.0 | 1,518 |
| 50-59 | 67.2 | 9.8 | 23.0 | 0.0 | 100.0 | 1,100 | 87.1 | 6.2 | 6.7 | 0.0 | 100.0 | 1,561 |
| 60+ | 90.6 | 5.1 | 4.3 | 0.0 | 100.0 | 1,488 | 93.4 | 5.1 | 1.4 | 0.0 | 100.0 | 2,242 |
| Residence |  |  |  |  |  |  |  |  |  |  |  |  |
| Urban | 81.0 | 11.8 | 7.1 | 0.1 | 100.0 | 4,768 | 85.1 | 11.3 | 3.4 | 0.2 | 100.0 | 5,526 |
| Rural | 75.8 | 14.3 | 9.9 | 0.0 | 100.0 | 14,400 | 80.1 | 14.4 | 5.4 | 0.0 | 100.0 | 14,703 |
| Ecological zone |  |  |  |  |  |  |  |  |  |  |  |  |
| Lowlands | 78.6 | 12.3 | 9.0 | 0.0 | 100.0 | 10,396 | 82.8 | 12.2 | 4.9 | 0.1 | 100.0 | 11,396 |
| Foothills | 74.1 | 15.5 | 10.4 | 0.0 | 100.0 | 2,356 | 78.5 | 16.4 | 5.1 | 0.0 | 100.0 | 2,342 |
| Mountains | 78.2 | 15.4 | 6.3 | 0.0 | 100.0 | 4,600 | 82.2 | 14.3 | 3.5 | 0.0 | 100.0 | 4,568 |
| Senqu River Valley | 69.2 | 15.1 | 15.6 | 0.1 | 100.0 | 1,817 | 75.9 | 16.1 | 8.0 | 0.1 | 100.0 | 1,923 |
| District |  |  |  |  |  |  |  |  |  |  |  |  |
| Butha-Buthe | 79.0 | 11.4 | 9.6 | 0.0 | 100.0 | 1,211 | 84.9 | 9.5 | 5.5 | 0.0 | 100.0 | 1,198 |
| Leribe | 74.2 | 14.4 | 11.4 | 0.0 | 100.0 | 2,977 | 78.7 | 15.5 | 5.8 | 0.0 | 100.0 | 3,246 |
| Berea | 79.2 | 13.5 | 7.3 | 0.0 | 100.0 | 2,354 | 81.1 | 13.9 | 5.0 | 0.1 | 100.0 | 2,431 |
| Maseru | 82.2 | 11.7 | 6.0 | 0.1 | 100.0 | 4,290 | 85.7 | 11.0 | 3.0 | 0.2 | 100.0 | 4,742 |
| Mafeteng | 77.2 | 11.9 | 10.9 | 0.0 | 100.0 | 1,734 | 82.6 | 11.8 | 5.6 | 0.0 | 100.0 | 1,780 |
| Mohale's Hoek | 68.8 | 16.9 | 14.3 | 0.0 | 100.0 | 2,011 | 74.7 | 18.6 | 6.7 | 0.0 | 100.0 | 2,097 |
| Quthing | 68.9 | 14.2 | 16.8 | 0.1 | 100.0 | 1,170 | 75.3 | 14.4 | 10.2 | 0.1 | 100.0 | 1,287 |
| Qacha's Nek | 77.1 | 12.8 | 10.1 | 0.0 | 100.0 | 658 | 85.4 | 9.6 | 5.0 | 0.0 | 100.0 | 680 |
| Mokhotlong | 79.6 | 14.3 | 6.0 | 0.0 | 100.0 | 1,230 | 81.6 | 14.9 | 3.5 | 0.0 | 100.0 | 1,203 |
| Thaba-Tseka | 78.7 | 17.3 | 3.9 | 0.0 | 100.0 | 1,533 | 83.4 | 15.0 | 1.6 | 0.0 | 100.0 | 1,567 |
| Education ${ }^{1}$ |  |  |  |  |  |  |  |  |  |  |  |  |
| No education | 79.6 | 11.9 | 8.5 | 0.0 | 100.0 | 2,469 | 88.5 | 8.7 | 2.6 | 0.2 | 100.0 | 1,142 |
| Some primary | 81.0 | 10.9 | 8.2 | 0.0 | 100.0 | 8,096 | 89.7 | 7.4 | 2.8 | 0.0 | 100.0 | 7,552 |
| Completed primary | 66.3 | 14.7 | 19.0 | 0.0 | 100.0 | 1,377 | 75.8 | 14.5 | 9.7 | 0.0 | 100.0 | 2,565 |
| Some secondary | 68.6 | 19.8 | 11.6 | 0.0 | 100.0 | 3,140 | 73.3 | 20.3 | 6.4 | 0.0 | 100.0 | 4,624 |
| Completed secondary | 69.4 | 18.1 | 12.2 | 0.3 | 100.0 | 900 | 71.1 | 21.4 | 7.4 | 0.0 | 100.0 | 996 |
| More than secondary | 70.3 | 23.5 | 5.8 | 0.4 | 100.0 | 845 | 66.7 | 28.5 | 4.2 | 0.7 | 100.0 | 1,033 |
| Don't know | 58.5 | 11.8 | 29.7 | 0.0 | 100.0 | 217 | 45.6 | 25.3 | 29.1 | 0.0 | 100.0 | 202 |
| Wealth quintile |  |  |  |  |  |  |  |  |  |  |  |  |
| Lowest | 78.7 | 14.4 | 6.8 | 0.0 | 100.0 | 3,793 | 83.7 | 12.7 | 3.5 | 0.0 | 100.0 | 3,908 |
| Second | 76.5 | 14.6 | 8.9 | 0.0 | 100.0 | 3,964 | 80.3 | 13.9 | 5.8 | 0.0 | 100.0 | 3,993 |
| Middle | 76.3 | 13.6 | 10.1 | 0.0 | 100.0 | 3,885 | 79.8 | 13.7 | 6.5 | 0.0 | 100.0 | 4,123 |
| Fourth | 76.1 | 12.9 | 11.0 | 0.0 | 100.0 | 3,874 | 81.5 | 13.0 | 5.5 | 0.0 | 100.0 | 4,050 |
| Highest | 77.8 | 13.0 | 9.1 | 0.2 | 100.0 | 3,652 | 82.2 | 14.4 | 3.2 | 0.3 | 100.0 | 4,154 |
| Total | 77.1 | 13.7 | 9.2 | 0.0 | 100.0 | 19,168 | 81.5 | 13.6 | 4.9 | 0.1 | 100.0 | 20,229 |

${ }^{1}$ Excludes household population less than age 5

| Table 2.10 Birth registration of children under age 5 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| Percentage of de jure children under age 5 whose births are registered with the civil authorities, according to background characteristics, Lesotho 2014 |  |  |  |  |
|  | Children whose births are registered |  |  | Number of children |
| Background characteristic | Percentage who had a birth certificate | Percentage who did not have a birth certificate | Percentage registered |  |
| Age |  |  |  |  |
| <2 | 14.0 | 25.3 | 39.3 | 1,380 |
| 2-4 | 20.6 | 25.1 | 45.7 | 2,338 |
| Sex |  |  |  |  |
| Male | 18.0 | 24.3 | 42.4 | 1,846 |
| Female | 18.3 | 26.0 | 44.3 | 1,873 |
| Residence |  |  |  |  |
| Urban | 24.8 | 29.1 | 53.9 | 870 |
| Rural | 16.1 | 24.0 | 40.1 | 2,848 |
| Ecological zone |  |  |  |  |
| Lowlands | 20.1 | 28.0 | 48.1 | 1,972 |
| Foothills | 19.6 | 24.8 | 44.4 | 471 |
| Mountains | 13.4 | 23.6 | 37.0 | 944 |
| Senqu River Valley | 18.1 | 13.5 | 31.6 | 332 |
| District |  |  |  |  |
| Butha-Buthe | 17.7 | 16.1 | 33.8 | 254 |
| Leribe | 18.7 | 28.8 | 47.5 | 575 |
| Berea | 16.8 | 34.8 | 51.6 | 439 |
| Maseru | 19.9 | 30.7 | 50.5 | 861 |
| Mafeteng | 25.1 | 19.2 | 44.4 | 322 |
| Mohale's Hoek | 10.9 | 19.2 | 30.1 | 342 |
| Quthing | 18.9 | 13.8 | 32.7 | 219 |
| Qacha's Nek | 21.4 | 9.4 | 30.8 | 118 |
| Mokhotlong | 13.2 | 30.1 | 43.3 | 249 |
| Thaba-Tseka | 17.6 | 20.6 | 38.1 | 340 |
| Wealth quintile |  |  |  |  |
| Lowest | 9.5 | 24.7 | 34.2 | 866 |
| Second | 14.3 | 22.6 | 36.8 | 801 |
| Middle | 17.8 | 24.6 | 42.3 | 772 |
| Fourth | 20.8 | 26.2 | 47.0 | 693 |
| Highest | 33.6 | 29.3 | 62.8 | 587 |
| Total | 18.1 | 25.2 | 43.3 | 3,718 |

Table 2.11 Children's living arrangements and orphanhood
Percent distribution of de jure children under age 18 by living arrangements and survival status of parents, the percentage of children not living with a biological parent, and the percentage of children with one or both parents dead, according to background characteristics, Lesotho 2014

| Background characteristic | Living with both parents | Living with mother but not with father |  | Living with father but not with mother |  | Not living with either parent |  |  |  | Missing information on father/ mother | Total | Percentage not living with a biological parent | Percentage with one or both parents dead ${ }^{1}$ | Number <br> of children |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Father alive | Father dead | Mother alive | Mother dead | Both alive | Only father alive | Only mother alive | Both dead |  |  |  |  |  |
| Age |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 0-4 | 28.7 | 34.9 | 4.7 | 3.3 | 0.2 | 17.5 | 0.9 | 3.4 | 0.7 | 5.8 | 100.0 | 22.5 | 10.2 | 3,718 |
| <2 | 34.6 | 46.4 | 4.3 | 1.6 | 0.0 | 7.7 | 0.3 | 0.8 | 0.3 | 4.0 | 100.0 | 9.1 | 5.7 | 1,380 |
| 2-4 | 25.2 | 28.1 | 5.0 | 4.3 | 0.3 | 23.3 | 1.2 | 4.9 | 1.0 | 6.9 | 100.0 | 30.3 | 12.8 | 2,338 |
| 5-9 | 22.4 | 22.5 | 6.1 | 5.1 | 0.9 | 22.5 | 2.2 | 7.2 | 3.5 | 7.6 | 100.0 | 35.4 | 20.7 | 4,283 |
| 10-14 | 18.7 | 18.1 | 9.3 | 5.1 | 1.8 | 16.2 | 4.1 | 11.2 | 8.7 | 6.8 | 100.0 | 40.3 | 36.6 | 4,313 |
| 15-17 | 15.9 | 13.4 | 11.3 | 3.8 | 3.4 | 15.3 | 5.1 | 13.0 | 13.5 | 5.2 | 100.0 | 46.9 | 48.0 | 1,925 |
| Sex |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Male | 22.1 | 22.7 | 7.1 | 4.9 | 1.3 | 18.1 | 3.0 | 8.3 | 6.1 | 6.5 | 100.0 | 35.5 | 26.7 | 7,100 |
| Female | 22.0 | 23.6 | 7.7 | 4.1 | 1.3 | 18.5 | 2.7 | 8.1 | 5.3 | 6.7 | 100.0 | 34.6 | 26.2 | 7,140 |
| Residence |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Urban | 29.0 | 23.6 | 8.3 | 3.5 | 1.5 | 14.3 | 2.1 | 6.5 | 5.0 | 6.1 | 100.0 | 28.0 | 24.4 | 3,233 |
| Rural | 20.0 | 23.0 | 7.1 | 4.8 | 1.3 | 19.5 | 3.1 | 8.7 | 5.9 | 6.7 | 100.0 | 37.1 | 27.0 | 11,006 |
| Ecological zone |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Lowlands | 22.4 | 24.1 | 7.3 | 4.4 | 1.5 | 17.8 | 2.8 | 7.8 | 5.1 | 6.8 | 100.0 | 33.5 | 25.5 | 7,359 |
| Foothills | 18.8 | 26.1 | 8.6 | 3.4 | 0.9 | 18.7 | 3.1 | 8.7 | 6.2 | 5.5 | 100.0 | 36.7 | 28.2 | 1,762 |
| Mountains | 25.4 | 20.1 | 7.3 | 5.2 | 1.4 | 18.3 | 2.8 | 8.4 | 6.1 | 5.0 | 100.0 | 35.6 | 26.9 | 3,789 |
| Senqu River Valley | 14.7 | 22.4 | 6.7 | 4.5 | 0.5 | 20.4 | 2.8 | 9.3 | 7.2 | 11.5 | 100.0 | 39.7 | 28.1 | 1,330 |
| District |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Butha-Buthe | 20.2 | 25.5 | 8.3 | 4.3 | 0.8 | 21.2 | 2.4 | 7.5 | 6.0 | 3.9 | 100.0 | 37.1 | 25.5 | 949 |
| Leribe | 20.5 | 22.5 | 8.2 | 4.3 | 1.8 | 18.3 | 3.9 | 7.3 | 5.4 | 7.9 | 100.0 | 34.8 | 27.9 | 2,180 |
| Berea | 22.7 | 21.8 | 7.1 | 5.0 | 1.7 | 20.0 | 3.4 | 9.3 | 3.8 | 5.2 | 100.0 | 36.5 | 26.0 | 1,650 |
| Maseru | 26.8 | 25.0 | 8.3 | 4.4 | 1.7 | 14.5 | 2.2 | 6.3 | 5.0 | 5.7 | 100.0 | 28.0 | 24.5 | 3,068 |
| Mafeteng | 13.8 | 24.2 | 8.0 | 4.6 | 0.8 | 21.6 | 2.7 | 11.9 | 6.0 | 6.4 | 100.0 | 42.2 | 30.2 | 1,270 |
| Mohale's Hoek | 17.2 | 24.9 | 5.8 | 3.7 | 1.2 | 17.4 | 3.1 | 9.0 | 7.5 | 10.2 | 100.0 | 37.0 | 27.9 | 1,383 |
| Quthing | 14.0 | 23.8 | 5.4 | 3.2 | 0.8 | 21.9 | 2.3 | 9.5 | 6.8 | 12.4 | 100.0 | 40.4 | 26.2 | 868 |
| Qacha's Nek | 17.6 | 22.3 | 6.0 | 4.1 | 0.5 | 21.3 | 4.1 | 10.6 | 8.1 | 5.4 | 100.0 | 44.1 | 30.9 | 546 |
| Mokhotlong | 26.8 | 19.1 | 6.8 | 4.8 | 1.3 | 19.7 | 3.1 | 8.4 | 5.9 | 4.2 | 100.0 | 37.1 | 26.3 | 1,038 |
| Thaba-Tseka | 30.3 | 20.2 | 7.0 | 6.0 | 1.0 | 16.2 | 1.8 | 6.8 | 6.0 | 4.6 | 100.0 | 30.9 | 23.2 | 1,287 |
| Wealth quintile |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Lowest | 24.1 | 19.2 | 9.1 | 5.3 | 1.3 | 17.4 | 2.6 | 8.3 | 6.0 | 6.7 | 100.0 | 34.4 | 28.3 | 3,280 |
| Second | 19.7 | 20.8 | 6.7 | 5.5 | 1.2 | 20.2 | 2.8 | 9.6 | 6.4 | 7.0 | 100.0 | 39.1 | 27.9 | 3,130 |
| Middle | 17.7 | 23.3 | 8.6 | 3.9 | 0.8 | 19.5 | 3.0 | 9.5 | 6.4 | 7.5 | 100.0 | 38.3 | 29.5 | 2,931 |
| Fourth | 19.4 | 29.4 | 7.0 | 3.7 | 1.7 | 17.4 | 3.4 | 7.5 | 4.6 | 5.9 | 100.0 | 33.0 | 24.9 | 2,634 |
| Highest | 30.9 | 24.7 | 5.0 | 3.7 | 1.7 | 16.5 | 2.4 | 5.1 | 4.6 | 5.4 | 100.0 | 28.7 | 19.7 | 2,264 |
| Total < 15 | 23.0 | 24.7 | 6.8 | 4.6 | 1.0 | 18.8 | 2.5 | 7.4 | 4.5 | 6.8 | 100.0 | 33.2 | 23.1 | 12,314 |
| Total <18 | 22.0 | 23.2 | 7.4 | 4.5 | 1.3 | 18.3 | 2.8 | 8.2 | 5.7 | 6.6 | 100.0 | 35.1 | 26.5 | 14,239 |

Note: Table is based on de jure members, i.e., usual residents.
${ }^{1}$ Includes children with father dead, mother dead, both dead, and one parent dead but missing information on survival status of the other parent

| Table 2.12 School attendance by survivorship of parents |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| For de jure children age 10-14, the percentage attending school by parental survival and the ratio of the percentage attending, by parental survival, according to background characteristics, Lesotho 2014 |  |  |  |  |  |
|  | Percentage attending school by survivorship of parents |  |  |  | Ratio ${ }^{1}$ |
| Background characteristic | Both parents deceased | Number | Both parents alive and living with at least one parent | Number |  |
| Sex |  |  |  |  |  |
| Male | 84.2 | 192 | 94.4 | 903 | 0.89 |
| Female | 94.3 | 184 | 98.7 | 904 | 0.95 |
| Residence |  |  |  |  |  |
| Urban | 92.4 | 71 | 98.4 | 441 | 0.94 |
| Rural | 88.4 | 305 | 95.9 | 1,366 | 0.92 |
| Ecological zone |  |  |  |  |  |
| Lowlands | 92.1 | 162 | 99.1 | 970 | 0.93 |
| Foothills | 90.6 | 57 | 96.2 | 203 | 0.94 |
| Mountains | 82.9 | 109 | 91.3 | 492 | 0.91 |
| Senqu River Valley | 91.5 | 48 | 97.7 | 141 | 0.94 |
| District |  |  |  |  |  |
| Butha-Buthe | (91.6) | 25 | 95.3 | 120 | (0.96) |
| Leribe | (90.9) | 56 | 98.9 | 280 | (0.92) |
| Berea | * | 23 | 100.0 | 188 | * |
| Maseru | (88.1) | 71 | 97.8 | 439 | (0.90) |
| Mafeteng | (94.5) | 30 | 98.1 | 124 | (0.96) |
| Mohale's Hoek | 87.4 | 51 | 94.2 | 191 | 0.93 |
| Quthing | (93.0) | 27 | 94.4 | 88 | (0.99) |
| Qacha's Nek | 97.9 | 24 | 99.5 | 72 | 0.98 |
| Mokhotlong | 77.1 | 30 | 91.2 | 125 | 0.85 |
| Thaba-Tseka | 83.9 | 40 | 92.0 | 178 | 0.91 |
| Wealth quintile |  |  |  |  |  |
| Lowest | 86.0 | 99 | 91.4 | 390 | 0.94 |
| Second | 82.5 | 91 | 95.5 | 343 | 0.86 |
| Middle | 87.5 | 82 | 98.6 | 357 | 0.89 |
| Fourth | 98.8 | 63 | 98.9 | 351 | 1.00 |
| Highest | (100.0) | 41 | 98.8 | 366 | (1.01) |
| Total | 89.1 | 376 | 96.5 | 1,807 | 0.92 |

Notes: Table is based only on children who usually live in the household. Figures in parentheses are based on 25-49 unweighted cases. An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.
${ }^{1}$ Ratio of the percentage with both parents deceased to the percentage with both parents alive and living with a parent

## Table 2.13.1 Educational attainment of the female household population

Percent distribution of the de facto female household population age 6 and over by highest level of schooling attended or completed and median years completed, according to background characteristics, Lesotho 2014

| Background | No <br> education | Some <br> primary | Completed <br> primary | Some <br> secondary | Completed <br> secondary ${ }^{2}$ | More than <br> secondary | Don't know | Total | Number |
| :--- | ---: | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| characteristic |  |  |  |  |  |  |  |  |  |
| completed |  |  |  |  |  |  |  |  |  |

${ }^{1}$ Completed $7^{\text {th }}$ grade at the primary level
${ }^{2}$ Completed $5{ }^{\text {th }}$ grade at the secondary level

Table 2.13.2 Educational attainment of the male household population
Percent distribution of the de facto male household population age 6 and over by highest level of schooling attended or completed and median years completed, according to background characteristics, Lesotho 2014

| Background characteristic | No education | Some primary | Completed primary ${ }^{1}$ | Some secondary | Completed secondary ${ }^{2}$ | More than secondary | Don't know | Total | Number | Median years completed |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Age |  |  |  |  |  |  |  |  |  |  |
| 6-9 | 15.0 | 84.9 | 0.0 | 0.1 | 0.0 | 0.0 | 0.0 | 100.0 | 1,713 | 0.3 |
| 10-14 | 2.4 | 91.3 | 1.2 | 4.9 | 0.0 | 0.0 | 0.3 | 100.0 | 2,133 | 3.2 |
| 15-19 | 3.7 | 38.8 | 9.3 | 46.0 | 0.9 | 0.7 | 0.7 | 100.0 | 1,670 | 6.0 |
| 20-24 | 4.8 | 28.2 | 10.7 | 33.7 | 12.0 | 9.4 | 1.3 | 100.0 | 1,288 | 6.7 |
| 25-29 | 6.9 | 29.8 | 13.4 | 23.5 | 13.3 | 11.8 | 1.3 | 100.0 | 1,059 | 6.6 |
| 30-34 | 13.7 | 31.6 | 14.4 | 17.2 | 11.2 | 10.8 | 1.1 | 100.0 | 869 | 6.2 |
| 35-39 | 18.8 | 33.1 | 9.1 | 18.9 | 10.6 | 8.8 | 0.7 | 100.0 | 664 | 5.6 |
| 40-44 | 17.1 | 36.3 | 13.9 | 14.9 | 6.9 | 9.1 | 1.7 | 100.0 | 549 | 5.2 |
| 45-49 | 18.8 | 36.5 | 11.0 | 15.5 | 9.1 | 7.3 | 1.9 | 100.0 | 408 | 5.1 |
| 50-54 | 26.6 | 35.7 | 13.4 | 12.4 | 4.5 | 5.1 | 2.2 | 100.0 | 376 | 3.1 |
| 55-59 | 25.4 | 39.1 | 8.1 | 14.3 | 3.7 | 6.2 | 3.2 | 100.0 | 360 | 3.5 |
| 60-64 | 31.5 | 43.7 | 7.1 | 6.6 | 5.4 | 4.6 | 1.1 | 100.0 | 429 | 1.9 |
| 65+ | 41.3 | 44.3 | 3.1 | 4.2 | 1.2 | 3.4 | 2.4 | 100.0 | 893 | 0.6 |
| Residence |  |  |  |  |  |  |  |  |  |  |
| Urban | 5.3 | 35.7 | 7.2 | 25.7 | 11.6 | 13.1 | 1.2 | 100.0 | 3,285 | 6.4 |
| Rural | 15.8 | 57.6 | 7.3 | 14.2 | 2.6 | 1.6 | 0.9 | 100.0 | 9,125 | 3.1 |
| Ecological zone |  |  |  |  |  |  |  |  |  |  |
| Lowlands | 7.2 | 45.4 | 8.3 | 23.4 | 7.1 | 7.4 | 1.1 | 100.0 | 6,919 | 5.5 |
| Foothills | 14.2 | 63.9 | 7.5 | 10.3 | 2.4 | 1.0 | 0.7 | 100.0 | 1,452 | 3.1 |
| Mountains | 23.9 | 58.7 | 5.4 | 8.1 | 2.0 | 1.0 | 1.0 | 100.0 | 2,976 | 2.0 |
| Senqu River Valley | 18.8 | 57.8 | 5.7 | 12.0 | 2.8 | 2.0 | 0.9 | 100.0 | 1,063 | 2.4 |
| District |  |  |  |  |  |  |  |  |  |  |
| Butha-Buthe | 13.2 | 57.2 | 6.4 | 16.7 | 3.4 | 2.5 | 0.6 | 100.0 | 780 | 3.8 |
| Leribe | 8.7 | 51.2 | 8.8 | 22.7 | 4.7 | 3.1 | 0.8 | 100.0 | 1,869 | 4.8 |
| Berea | 8.3 | 47.3 | 9.8 | 20.2 | 6.3 | 7.1 | 1.1 | 100.0 | 1,592 | 5.2 |
| Maseru | 8.2 | 43.8 | 7.6 | 21.7 | 7.7 | 9.4 | 1.6 | 100.0 | 2,951 | 5.5 |
| Mafeteng | 11.0 | 55.1 | 7.5 | 17.6 | 4.7 | 3.6 | 0.5 | 100.0 | 1,131 | 4.1 |
| Mohale's Hoek | 19.5 | 57.7 | 4.3 | 11.0 | 3.9 | 2.1 | 1.5 | 100.0 | 1,182 | 2.4 |
| Quthing | 17.0 | 57.4 | 5.0 | 14.5 | 3.0 | 1.9 | 1.2 | 100.0 | 679 | 2.8 |
| Qacha's Nek | 16.3 | 56.1 | 6.6 | 14.4 | 3.5 | 2.8 | 0.3 | 100.0 | 441 | 3.3 |
| Mokhotlong | 20.8 | 60.8 | 5.8 | 8.3 | 2.5 | 1.1 | 0.7 | 100.0 | 794 | 2.1 |
| Thaba-Tseka | 27.1 | 56.0 | 6.7 | 6.9 | 1.8 | 1.4 | 0.1 | 100.0 | 991 | 1.8 |
| Wealth quintile |  |  |  |  |  |  |  |  |  |  |
| Lowest | 27.2 | 63.1 | 4.6 | 4.1 | 0.5 | 0.1 | 0.4 | 100.0 | 2,420 | 1.5 |
| Second | 15.5 | 63.2 | 7.8 | 10.6 | 1.7 | 0.3 | 1.0 | 100.0 | 2,522 | 2.9 |
| Middle | 11.3 | 56.0 | 9.6 | 17.9 | 3.3 | 0.9 | 1.0 | 100.0 | 2,488 | 4.1 |
| Fourth | 7.9 | 46.6 | 7.6 | 27.1 | 6.3 | 3.0 | 1.6 | 100.0 | 2,486 | 5.3 |
| Highest | 3.6 | 30.4 | 6.8 | 26.3 | 13.0 | 19.0 | 1.0 | 100.0 | 2,493 | 7.1 |
| Total | 13.0 | 51.8 | 7.3 | 17.2 | 5.0 | 4.7 | 1.0 | 100.0 | 12,409 | 4.0 |

[^3]Table 2.14 School attendance ratios
Net attendance ratios (NAR) and gross attendance ratios (GAR) for the de facto household population by sex and level of schooling; and the Gender Parity Index (GPI), according to background characteristics, Lesotho 2014

| Background characteristic | Net attendance ratio ${ }^{1}$ |  |  |  | Gross attendance ratio ${ }^{2}$ |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Male | Female | Total | Gender Parity Index ${ }^{3}$ | Male | Female | Total | Gender Parity Index ${ }^{3}$ |
| PRIMARY SCHOOL |  |  |  |  |  |  |  |  |
| Residence |  |  |  |  |  |  |  |  |
| Urban | 95.5 | 92.5 | 93.9 | 0.97 | 121.7 | 114.0 | 117.6 | 0.94 |
| Rural | 91.1 | 95.9 | 93.5 | 1.05 | 125.1 | 120.1 | 122.6 | 0.96 |
| Ecological zone |  |  |  |  |  |  |  |  |
| Lowlands | 94.9 | 94.1 | 94.4 | 0.99 | 128.3 | 113.1 | 120.2 | 0.88 |
| Foothills | 94.8 | 95.1 | 94.9 | 1.00 | 130.6 | 119.9 | 125.3 | 0.92 |
| Mountains | 87.0 | 97.2 | 91.9 | 1.12 | 115.2 | 128.4 | 121.6 | 1.11 |
| Senqu River Valley | 90.0 | 95.0 | 92.4 | 1.06 | 124.9 | 121.1 | 123.0 | 0.97 |
| District |  |  |  |  |  |  |  |  |
| Butha-Buthe | 89.5 | 94.4 | 92.0 | 1.06 | 130.0 | 113.9 | 121.8 | 0.88 |
| Leribe | 94.9 | 93.1 | 93.9 | 0.98 | 127.6 | 109.8 | 118.4 | 0.86 |
| Berea | 96.8 | 95.3 | 96.1 | 0.98 | 136.2 | 115.1 | 125.9 | 0.85 |
| Maseru | 94.3 | 94.6 | 94.5 | 1.00 | 123.7 | 118.8 | 121.0 | 0.96 |
| Mafeteng | 95.0 | 95.1 | 95.1 | 1.00 | 125.7 | 118.0 | 121.8 | 0.94 |
| Mohale's Hoek | 87.5 | 97.1 | 92.2 | 1.11 | 115.5 | 120.8 | 118.1 | 1.05 |
| Quthing | 92.1 | 95.8 | 94.0 | 1.04 | 129.1 | 128.4 | 128.7 | 0.99 |
| Qacha's Nek | 94.1 | 95.3 | 94.7 | 1.01 | 125.9 | 123.5 | 124.8 | 0.98 |
| Mokhotlong | 86.7 | 96.3 | 91.3 | 1.11 | 115.1 | 134.4 | 124.3 | 1.17 |
| Thaba-Tseka | 84.4 | 96.2 | 90.4 | 1.14 | 115.8 | 118.8 | 117.3 | 1.03 |
| Wealth quintile |  |  |  |  |  |  |  |  |
| Lowest | 86.9 | 96.1 | 91.5 | 1.11 | 116.9 | 123.2 | 120.0 | 1.05 |
| Second | 91.4 | 96.3 | 93.9 | 1.05 | 129.9 | 121.3 | 125.5 | 0.93 |
| Middle | 94.4 | 97.0 | 95.7 | 1.03 | 129.4 | 120.4 | 124.8 | 0.93 |
| Fourth | 96.4 | 94.1 | 95.2 | 0.98 | 130.8 | 114.3 | 122.2 | 0.87 |
| Highest | 93.4 | 90.8 | 92.0 | 0.97 | 114.6 | 111.5 | 113.0 | 0.97 |
| Total | 92.0 | 95.1 | 93.6 | 1.03 | 124.4 | 118.7 | 121.5 | 0.95 |


| SECONDARY SCHOOL |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Residence |  |  |  |  |  |  |  |  |
| Urban | 62.0 | 67.9 | 65.2 | 1.10 | 93.3 | 99.7 | 96.7 | 1.07 |
| Rural | 26.1 | 43.9 | 34.3 | 1.68 | 39.8 | 58.5 | 48.4 | 1.47 |
| Ecological zone |  |  |  |  |  |  |  |  |
| Lowlands | 49.1 | 63.1 | 55.9 | 1.28 | 73.5 | 88.8 | 80.9 | 1.21 |
| Foothills | 17.7 | 35.6 | 25.8 | 2.02 | 27.1 | 44.2 | 34.8 | 1.63 |
| Mountains | 13.4 | 34.0 | 23.3 | 2.54 | 22.1 | 44.9 | 33.0 | 2.03 |
| Senqu River Valley | 22.8 | 35.3 | 28.6 | 1.55 | 35.3 | 51.4 | 42.8 | 1.45 |
| District |  |  |  |  |  |  |  |  |
| Butha-Buthe | 36.9 | 52.5 | 44.3 | 1.42 | 53.9 | 79.7 | 66.0 | 1.48 |
| Leribe | 44.4 | 60.0 | 51.8 | 1.35 | 61.5 | 84.7 | 72.5 | 1.38 |
| Berea | 37.7 | 60.4 | 48.6 | 1.60 | 63.4 | 80.9 | 71.8 | 1.28 |
| Maseru | 46.3 | 55.4 | 50.7 | 1.20 | 72.5 | 78.7 | 75.5 | 1.09 |
| Mafeteng | 38.4 | 56.5 | 47.5 | 1.47 | 54.3 | 72.7 | 63.6 | 1.34 |
| Mohale's Hoek | 25.0 | 39.6 | 31.7 | 1.59 | 36.4 | 52.8 | 43.9 | 1.45 |
| Quthing | 28.9 | 40.8 | 34.9 | 1.41 | 45.5 | 62.3 | 53.9 | 1.37 |
| Qacha's Nek | 27.3 | 48.8 | 37.6 | 1.79 | 43.8 | 67.0 | 54.9 | 1.53 |
| Mokhotlong | 11.9 | 32.9 | 22.2 | 2.78 | 20.3 | 43.7 | 31.8 | 2.15 |
| Thaba-Tseka | 11.0 | 32.3 | 20.4 | 2.94 | 16.9 | 40.6 | 27.3 | 2.41 |
| Wealth quintile |  |  |  |  |  |  |  |  |
| Lowest | 6.6 | 23.7 | 14.5 | 3.58 | 12.1 | 28.1 | 19.5 | 2.32 |
| Second | 20.1 | 39.9 | 29.0 | 1.99 | 31.9 | 49.5 | 39.8 | 1.55 |
| Middle | 33.7 | 46.7 | 39.9 | 1.39 | 48.5 | 64.0 | 55.9 | 1.32 |
| Fourth | 45.1 | 62.7 | 53.4 | 1.39 | 67.3 | 89.8 | 77.9 | 1.34 |
| Highest | 69.4 | 74.4 | 72.1 | 1.07 | 106.0 | 109.4 | 107.8 | 1.03 |
| Total | 34.6 | 50.9 | 42.4 | 1.47 | 52.4 | 70.5 | 61.1 | 1.34 |

${ }^{1}$ The NAR for primary school is the percentage of the primary-school age ( $6-12$ years) population that is attending primary school. The NAR for secondary school is the percentage of the secondary-school age (13-17 years) population that is attending secondary school. By definition the NAR cannot exceed $100 \%$.
${ }^{2}$ The GAR for primary school is the total number of primary school students, expressed as a percentage of the official primary-school-age population. The GAR for secondary school is the total number of secondary school students, expressed as a percentage of the official secondary-school-age population. If there are significant numbers of overage and underage students at a given level of schooling, the GAR can exceed 100\%
${ }^{3}$ The Gender Parity Index for primary school is the ratio of the primary school NAR (GAR) for females to the NAR (GAR) for males. The Gender Parity Index for secondary school is the ratio of the secondary school NAR (GAR) for females to the NAR (GAR) for males.

Table 2.15 Method of travel and travel time to nearest health facility
Percent distribution of households by transportation method to nearest health facility, and time required to get to nearest health facility by usual means of transportation, according to residence, Lesotho 2014

| Characteristic | Residence |  | Total |
| :---: | :---: | :---: | :---: |
|  | Urban | Rural |  |
| Transportation method to nearest health facility |  |  |  |
| Car/truck/bus/taxi | 24.4 | 20.2 | 21.5 |
| Motorcycle/scooter | 0.1 | 0.1 | 0.1 |
| Horse/donkey/mule | 0.0 | 1.2 | 0.8 |
| Walking | 71.7 | 71.9 | 71.9 |
| Combination walking and bus/taxi | 3.3 | 6.5 | 5.5 |
| Household doesn't use nearest health facility | 0.3 | 0.1 | 0.1 |
| Don't know nearest health facility | 0.2 | 0.1 | 0.1 |
| Total ${ }^{1}$ | 100.0 | 100.0 | 100.0 |
| Time to get to nearest health facility by usual means of transportation |  |  |  |
| 20-40 minutes | 39.6 | 17.7 | 24.7 |
| 41-60 minutes | 14.2 | 16.9 | 16.0 |
| 61-120 minutes | 6.3 | 26.0 | 19.7 |
| >120 minutes | 3.5 | 30.9 | 22.1 |
| Don't know | 0.5 | 0.5 | 0.5 |
| Total | 100.0 | 100.0 | 100.0 |
| Number | 3,020 | 6,382 | 9,402 |

${ }^{1}$ Total includes 1 household using a bicycle and 2 households using other methods of transportation.

## Table 2.16 Travel time to health facility by walking

Among households that travel to the nearest health facility by walking, the percent distribution of the time required to walk to the nearest health facility, according to residence, Lesotho 2014

|  | Residence |  |  |
| :--- | ---: | ---: | ---: |
| Characteristic | Urban |  | Rural |
| Total |  |  |  |
| Time to get to nearest health facility |  |  |  |
| $\quad$ by walking |  |  |  |
| <20 minutes | 28.4 | 5.5 | 12.8 |
| $20-40$ minutes | 43.0 | 11.4 | 21.6 |
| $41-60$ minutes | 17.2 | 16.1 | 16.5 |
| 61-120 minutes | 8.1 | 28.1 | 21.7 |
| $>120$ minutes | 3.2 | 38.6 | 27.3 |
| $\quad$ Don't know | 0.0 | 0.2 | 0.1 |
| Total | 100.0 | 100.0 | 100.0 |
| Number | 2,167 | 4,591 | 6,758 |

## CHARACTERISTICS OF RESPONDENTS

## Key Findings

- Education: Among respondents age 15-49, $60 \%$ of women and $47 \%$ of men in Lesotho have attended some secondary school. However, only $19 \%$ of women and $16 \%$ of men have completed secondary school or beyond.
- Literacy: More women than men can read; $97 \%$ of women and $85 \%$ of men age 15-49 are literate.
- Exposure to mass media: About one-third of women and men have no regular exposure to any mass media.
- Employment: Thirty-eight percent of women and $59 \%$ of men age 15-49 are currently employed.
- Health insurance: Health insurance coverage is extremely low (only $2 \%$ have any kind of health insurance).
- Tobacco use: Forty-two percent of men and $8 \%$ of women age 15-49 use tobacco products.

This chapter presents information on the demographic and socioeconomic characteristics of the survey respondents such as age, education, place of residence, marital status, employment, and wealth status. This information is useful for understanding the factors that affect use of reproductive health services, contraceptive use, and other health behaviours.

### 3.1 Basic Characteristics of Survey Respondents

A total of 6,621 women age 15-49 and 2,931 men age 15-59 were interviewed in the 2014 LDHS. There are more women and men in younger than in older age groups (Table 3.1). Forty-two percent of women and $47 \%$ of men are in the 15-24 age group, and $31 \%$ of women and $28 \%$ of men are in the $25-34$ age group.

Among respondents age $15-49$, women are more likely to be married ( $54 \%$ versus $36 \%$ ) or widowed ( $7 \%$ versus $2 \%$ ) than men. Differences were not observed in the proportion of women and men who were living together ( $1 \%$ each) or who were divorced or separated ( $5 \%$ each).

Most respondents identify as Christians, but women more so than men ( $98 \%$ versus $92 \%$ ). Thirty-nine percent of women and $41 \%$ of men are Roman Catholic. Men are more likely than women to report that they have no religion ( $6 \%$ versus $1 \%$ ).

Women and men are geographically distributed in a similar pattern. About two-thirds of women and men live in rural areas. A majority of respondents live in the Lowlands ( $63 \%$ of women and $64 \%$ of men). Maseru has the highest percentage of respondents in any district and Qacha's Nek the fewest: $28 \%$ of women and $30 \%$ of men live in Maseru district while only $3 \%$ of all respondents live in Qacha's Nek.

### 3.2 EdUCATION AND LITERACY

## Some secondary education

Respondents who had some secondary education, completed secondary school, or attended higher levels of education are included in this measure.
Sample: Women and men age 15-49

## Literacy

Respondents who had not attended school or who had attended only primary school were asked to read all or part of a sentence. Respondents who attended secondary school or had higher education were assumed to be literate.
Sample: Women and men age 15-49

Education levels, especially among women, are high in Lesotho (Tables 3.2.1 and 3.2.2). Sixty percent of women and 47\% of men age 15-49 have at least some secondary education (Figure 3.1), and $97 \%$ of women and $85 \%$ of men are literate (Tables 3.3.1 and 3.3.2). One percent of women and $8 \%$ of men have no education. Advanced education is relatively rare; only $9 \%$ of women and $8 \%$ of men have more than secondary education.

Trends: Since 2009, the median number of years of schooling completed has changed little. For women, it was 7.0 years in 2009 compared with 6.9 years in 2014; for men, it was 6.2 years in both 2009 and 2014. Literacy rates among women are also unchanged since 2009 ( $97 \%$ ); for men, literacy rates have increased from $81 \%$ to $85 \%$.

## Patterns by background characteristics

Figure 3.1 Education of survey respondents

Percent distribution of women and men age 15-49 by highest level of schooling attended or completed


- Younger respondents have more education. Women age 15-19 are nearly twice as likely as women age 45-49 to have attended at least some secondary school ( $72 \%$ versus $39 \%$ ), and the pattern is similar for men ( $53 \%$ versus $33 \%$ ) (Tables 3.2.1 and 3.2.2).
- Men living in rural areas are more likely not to have any education than their female counterparts ( $11 \%$ versus 1\%).
- Educational attainment varies widely by district. Sixty-seven percent of women and $58 \%$ of men in Maseru have at least some secondary education. In contrast, only $39 \%$ of women and $19 \%$ of men in Thaba-Tseka have at least some secondary education.
- Women and men in the highest wealth quintile are more likely than those in any other wealth quintile to have completed secondary education; $42 \%$ of women and men in the highest wealth quintile completed secondary school compared with $2 \%$ of women and $1 \%$ of men in the lowest wealth quintile. The literacy rate increases with wealth, rising from $92 \%$ of women in the lowest quintile to $99 \%$ in the highest quintile,
and from $61 \%$ of men in the lowest wealth quintile to $96 \%$ in the highest wealth quintile (Tables 3.3.1 and 3.3.2).
- The literacy rate among women changes little across districts. Among men, Leribe has the highest literacy rate ( $91 \%$ ) and Thaba-Tseka has the lowest ( $63 \%$ ).


### 3.3 Mass Media Exposure

## Exposure to mass media

Respondents were asked how often they read a newspaper, listened to the radio, or watched television. Those who responded at least once a week are considered to be regularly exposed to that form of media.
Sample: Women and men age 15-49

Mass media often convey messages on family planning, HIV/AIDS awareness, and other health topics. Men and women age 15-49 are about equally likely to be regularly exposed to any and all forms of media, including newspapers, television, and radio (Figure 3.2). Radio is the most common form of media exposure for both women and men across all subgroups. About one-third of women and men are not regularly exposed to any form of media.

Figure 3.2 Exposure to mass media
Percentage of women and men age 15-49 who are exposed to media on a weekly basis
-Women -Men


Trends: The proportion of people who are not regularly exposed to any mass media has increased slightly since 2009 , from $29 \%$ to $32 \%$ among women and from $33 \%$ to $36 \%$ among men.

## Patterns by background characteristics

- Rural women are three times more likely than their urban counterparts to have no regular exposure to any form of mass media ( $42 \%$ versus $14 \%$ ) (Table 3.4.1). The same pattern holds true for men ( $48 \%$ versus 14\%) (Table 3.4.2).
- Residents of Berea, Mafeteng, and Maseru are more likely to read newspapers, watch television, and listen to the radio than people in other districts. Women and men in Thaba-Tseka are most likely to report no regular exposure to any of the three media ( $61 \%$ and $68 \%$, respectively).
- Highly educated women and men have much greater exposure to mass media. Only $8 \%$ of women and $8 \%$ of men with more than a secondary education lack regular exposure to any media, compared with $62 \%$ of women and $73 \%$ of men with no education.


## Currently employed

Respondents who were employed in the seven days before the survey
Sample: Women and men age 15-49
Men age 15-49 are more likely to be employed than women age 15-49. Fifty-nine percent of men are currently employed, compared with $38 \%$ of women (Tables $\mathbf{3 . 5 . 1}$ and 3.5.2). An additional $11 \%$ of men and $9 \%$ of women reported working in the past 12 months even though they were not currently employed. Most of the women who worked in the past year:

- Did nonagricultural work (83\%)
- Worked year-round (61\%)
- Were employed by a nonfamily member (61\%)
- Were paid entirely in cash (83\%) (Table 3.6)

Trends: Since 2009, current employment levels have remained stable or slightly declined. Among women, 39\% were currently employed in 2009 compared with $38 \%$ in 2014; among men, the percentage currently employed has fallen from $62 \%$ to $59 \%$.

## Patterns by background characteristics

- Women are more likely to work if they are divorced, separated, or widowed than if they are married, but the reverse is true for men. Never-married women and men are least likely to be employed (Table 3.5.1 and Table 3.5.2).
- Women and men in the Lowlands ( $46 \%$ and $64 \%$, respectively) are more likely to be currently employed compared with their counterparts in other ecological zones.
- Women with more than secondary education are twice as likely as women with no education and incomplete primary education to be currently employed. Among men, the level of education does not correlate clearly with employment status (Figure 3.3).


### 3.5 Occupation

## Occupation

Categorised as professional/technical/managerial, clerical, sales and services, skilled manual, unskilled manual, domestic service, agriculture, and other
Sample: Women and men age 15-49 who were currently employed or had worked in the 12 months before the survey

Women age 15-49 are most often employed in sales and services ( $28 \%$ ), followed by unskilled manual labour (16\%) (Table 3.7.1 and Figure 3.4). Men age 15-49 are most commonly employed in agriculture (34\%) and skilled manual labour (21\%) (Table 3.7.2 and Figure 3.4).

Trends: Since 2009, there has been a rise in women and men who work in sales and services and unskilled manual labour, and a decline in those who work in agriculture.

## Patterns by background characteristics

- Agriculture is the leading occupation in rural areas for men ( $49 \%$ ), but not women ( $16 \%$ ). Sales and services is the leading occupation for women in both urban and rural areas (28\% for each).
- Women with more than secondary education are twice as likely to work in the professional, technical, and managerial occupations as their male counterparts ( $52 \%$ and $24 \%$, respectively). Men with no education, incomplete primary education, or complete primary education most often work in agriculture. Women with incomplete primary education most commonly work in sales and services or domestic service ( $26 \%$ each), whereas women with complete primary education most commonly work in sales and services (23\%), unskilled manual labour (21\%), or domestic service ( $20 \%$ ).
- The proportion of women in professional, technical, and managerial occupations increases with wealth quintile. The women in the highest quintile are eight times more likely to be in a professional, technical, or managerial occupation than women in the lowest quintile.


### 3.6 Health Insurance Coverage

Ninety-eight percent of both women and men age 15-49 in Lesotho do not have health insurance (Tables 3.8.1 and 3.8.2). Women and men living in urban areas, those with higher levels of education, and those from the wealthiest households are most likely to have health insurance.

Trends: The proportion of women who have no health insurance has increased from $91 \%$ in 2009 to $98 \%$ in 2014. Similarly, the proportion of men without health insurance has increased from $92 \%$ in 2009 to $98 \%$ in 2014.

### 3.7 Tobacco Use

Ninety-two percent of women and 58\% of men age 15-49 reported that they do not use any tobacco product (Tables 3.9.1 and 3.9.2). Among women who use tobacco products, the vast majority use snuff, among men who use tobacco products, nearly all smoke cigarettes (Figure 3.5). Among men who smoke cigarettes, one in six men ( $16 \%$ ) reported smoking 10 or more cigarettes in the 24 hours prior to the interview.

Trends: Tobacco use among men has increased since 2009 , from $35 \%$ to $42 \%$. During this period, tobacco use among women has remained stable ( $9 \%$ in 2009 versus $8 \%$ in 2014).

## Patterns by background characteristics

- Cigarette smoking rises sharply with age among men, from a low of $19 \%$ for those age 15-19 to a high of $53 \%$ for those age 25-29. After age 30, tobacco use is relatively stable (Table 3.9.2).
- Tobacco use varies by residence. Forty-three percent of men in rural areas smoke cigarettes versus $38 \%$ in urban areas.
- Tobacco use declines markedly by education level; only $34 \%$ of men with no education do not use tobacco compared with $76 \%$ of men with more than secondary education. Likewise, $73 \%$ of women with no education do not use tobacco compared with $99 \%$ with more than secondary education.
- The use of snuff by women increases dramatically with age, from a low of less than $1 \%$ among women $15-19$ to a high of $25 \%$ among women 45-49. Snuff use among women inversely correlates with education and wealth.


### 3.8 Time Away from Home

Women and men answered a series of questions about whether they had spent time away from home in the past 12 months and the past 5 years. Fifty-one percent of women and $53 \%$ of men age $15-49$ reported that they had been away for one night or more in the 12 months preceding the survey, and $15 \%$ of women and $18 \%$ of men had been away for more than one month in the past 12 months. One in five women ( $21 \%$ ) and $29 \%$ of men have been away for three or more months in the past 5 years (Tables 3.10.1 and 3.10.2). Among these respondents, on average, women made 2.9 trips of 3 months or more in the past 5 years, and men made 2.2 trips.

Among respondents age $15-49$ who were away for 3 or more months in the past 5 years, about one in three went to South Africa the most recent time they were away (data not shown). The reason for the last visit of 3 or more months varied by sex: $41 \%$ of women were away for reasons related to family or marriage, $34 \%$ were away for work, and $17 \%$ were away for school or university; $62 \%$ of men were away for work, $12 \%$ for family or marriage, and $11 \%$ for school or university (data not shown).

For detailed information on the characteristics of survey respondents, see the following tables:

- Table 3.1 Background characteristics of respondents
- Table 3.2.1 Educational attainment: Women
- Table 3.2.2 Educational attainment: Men
- Table 3.3.1 Literacy: Women
- Table 3.3.2 Literacy: Men
- Table 3.4.1 Exposure to mass media: Women
- Table 3.4.2 Exposure to mass media: Men
- Table 3.5.1 Employment status: Women
- Table 3.5.2 Employment status: Men
- Table 3.6 Type of employment: Women
- Table 3.7.1 Occupation: Women
- Table 3.7.2 Occupation: Men
- Table 3.8.1 Health insurance coverage: Women
- Table 3.8.2 Health insurance coverage: Men
- Table 3.9.1 Use of tobacco: Women
- Table 3.9.2 Use of tobacco: Men
- Table 3.10.1 Time away from home: Women
- Table 3.10.2 Time away from home: Men

Table 3.1 Background characteristics of respondents
Percent distribution of women and men age 15-49 by selected background characteristics, Lesotho 2014

| Background characteristic | Women |  |  | Men |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Weighted percent | Weighted number | Unweighted number | Weighted percent | Weighted number | Unweighted number |
| Age |  |  |  |  |  |  |
| 15-19 | 21.7 | 1,440 | 1,542 | 26.0 | 691 | 690 |
| 20-24 | 20.0 | 1,325 | 1,300 | 21.1 | 561 | 534 |
| 25-29 | 16.5 | 1,094 | 1,072 | 15.4 | 410 | 394 |
| 30-34 | 14.5 | 957 | 907 | 12.6 | 334 | 345 |
| 35-39 | 11.2 | 744 | 728 | 10.4 | 276 | 275 |
| 40-44 | 8.5 | 562 | 582 | 8.3 | 221 | 222 |
| 45-49 | 7.5 | 499 | 490 | 6.3 | 168 | 166 |
| Religion |  |  |  |  |  |  |
| Roman Catholic | 38.6 | 2,558 | 2,514 | 40.9 | 1,088 | 1,018 |
| Lesotho Evangelical | 17.1 | 1,133 | 1,133 | 17.9 | 476 | 472 |
| Anglican | 7.2 | 477 | 453 | 7.8 | 207 | 202 |
| Pentecostal | 24.9 | 1,646 | 1,682 | 18.8 | 499 | 507 |
| Other Christian | 10.1 | 668 | 691 | 6.8 | 180 | 196 |
| Other non-Christian | 1.4 | 90 | 83 | 1.6 | 42 | 36 |
| No religion | 0.7 | 49 | 65 | 6.3 | 168 | 195 |
| Marital status |  |  |  |  |  |  |
| Never married | 33.1 | 2,190 | 2,201 | 56.4 | 1,501 | 1,464 |
| Married | 53.6 | 3,549 | 3,556 | 36.0 | 959 | 971 |
| Living together | 1.0 | 63 | 53 | 0.9 | 25 | 22 |
| Divorced/separated | 5.4 | 358 | 340 | 4.9 | 132 | 122 |
| Widowed | 7.0 | 461 | 471 | 1.7 | 45 | 47 |
| Residence |  |  |  |  |  |  |
| Urban | 36.5 | 2,419 | 2,202 | 34.6 | 920 | 821 |
| Rural | 63.5 | 4,202 | 4,419 | 65.4 | 1,741 | 1,805 |
| Ecological zone |  |  |  |  |  |  |
| Lowlands | 63.2 | 4,184 | 3,290 | 64.3 | 1,711 | 1,348 |
| Foothills | 10.4 | 688 | 670 | 9.5 | 252 | 258 |
| Mountains | 19.5 | 1,288 | 1,897 | 19.7 | 523 | 734 |
| Senqu River Valley | 7.0 | 461 | 764 | 6.5 | 174 | 286 |
| District |  |  |  |  |  |  |
| Butha-Buthe | 5.8 | 385 | 593 | 5.4 | 143 | 222 |
| Leribe | 16.1 | 1,064 | 785 | 14.7 | 390 | 283 |
| Berea | 13.5 | 892 | 760 | 14.3 | 379 | 326 |
| Maseru | 28.2 | 1,864 | 930 | 30.4 | 809 | 427 |
| Mafeteng | 8.7 | 576 | 624 | 9.1 | 242 | 268 |
| Mohale's Hoek | 7.8 | 519 | 621 | 7.6 | 202 | 241 |
| Quthing | 4.8 | 315 | 556 | 3.9 | 105 | 187 |
| Qacha's Nek | 3.1 | 204 | 558 | 2.8 | 74 | 201 |
| Mokhotlong | 5.3 | 349 | 605 | 5.4 | 144 | 241 |
| Thaba-Tseka | 6.8 | 452 | 589 | 6.5 | 172 | 230 |
| Education |  |  |  |  |  |  |
| No education | 1.0 | 68 | 81 | 8.0 | 213 | 237 |
| Primary incomplete | 17.8 | 1,178 | 1,282 | 32.9 | 875 | 911 |
| Primary complete | 20.8 | 1,375 | 1,383 | 11.9 | 316 | 317 |
| Secondary | 51.6 | 3,418 | 3,354 | 39.2 | 1,043 | 972 |
| More than secondary | 8.8 | 581 | 521 | 8.0 | 214 | 189 |
| Wealth quintile |  |  |  |  |  |  |
| Lowest | 14.5 | 960 | 1,183 | 14.1 | 376 | 468 |
| Second | 15.6 | 1,033 | 1,138 | 18.0 | 479 | 501 |
| Middle | 18.8 | 1,244 | 1,307 | 20.1 | 536 | 542 |
| Fourth | 24.2 | 1,605 | 1,453 | 23.2 | 616 | 550 |
| Highest | 26.9 | 1,778 | 1,540 | 24.6 | 654 | 565 |
| Total 15-49 | 100.0 | 6,621 | 6,621 | 100.0 | 2,660 | 2,626 |
| 50-59 | na | na | na | na | 271 | 305 |
| Total 15-59 | na | na | na | na | 2,931 | 2,931 |

Note: Education categories refer to the highest level of education attended, whether or not that level was completed.
na $=$ Not applicable

## Table 3.2.1 Educational attainment: Women

Percent distribution of women age 15-49 by highest level of schooling attended or completed, and median years completed, according to background characteristics, Lesotho 2014

| Background characteristic | Highest level of schooling |  |  |  |  |  | Total | Median years completed | Number of women |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | No education | Some primary | Completed primary ${ }^{1}$ | Some secondary | Completed secondary ${ }^{2}$ | More than secondary |  |  |  |
| Age |  |  |  |  |  |  |  |  |  |
| 15-24 | 0.1 | 13.4 | 14.3 | 56.0 | 10.9 | 5.2 | 100.0 | 7.2 | 2,765 |
| 15-19 | 0.0 | 15.7 | 12.3 | 66.2 | 5.1 | 0.7 | 100.0 | 6.8 | 1,440 |
| 20-24 | 0.2 | 10.9 | 16.5 | 44.9 | 17.3 | 10.1 | 100.0 | 7.8 | 1,325 |
| 25-29 | 0.8 | 18.9 | 20.4 | 31.6 | 13.4 | 14.9 | 100.0 | 7.2 | 1,094 |
| 30-34 | 2.1 | 19.7 | 24.8 | 34.0 | 6.9 | 12.5 | 100.0 | 6.9 | 957 |
| 35-39 | 2.1 | 20.5 | 26.0 | 30.9 | 10.6 | 9.8 | 100.0 | 6.8 | 744 |
| 40-44 | 1.2 | 21.3 | 30.9 | 31.6 | 5.9 | 9.1 | 100.0 | 6.7 | 562 |
| 45-49 | 2.7 | 28.3 | 30.2 | 28.2 | 4.4 | 6.2 | 100.0 | 6.5 | 499 |
| Residence |  |  |  |  |  |  |  |  |  |
| Urban | 0.7 | 9.0 | 14.5 | 44.9 | 14.6 | 16.3 | 100.0 | 8.0 | 2,419 |
| Rural | 1.2 | 22.9 | 24.4 | 40.0 | 7.1 | 4.4 | 100.0 | 6.7 | 4,202 |
| Ecological zone |  |  |  |  |  |  |  |  |  |
| Lowlands | 0.5 | 11.9 | 17.4 | 45.6 | 12.2 | 12.3 | 100.0 | 7.5 | 4,184 |
| Foothills | 0.8 | 28.8 | 27.3 | 36.5 | 4.2 | 2.3 | 100.0 | 6.5 | 688 |
| Mountains | 2.6 | 28.5 | 27.8 | 33.5 | 5.4 | 2.2 | 100.0 | 6.4 | 1,288 |
| Senqu River Valley | 1.4 | 24.8 | 22.3 | 38.4 | 8.3 | 4.8 | 100.0 | 6.6 | 461 |
| District |  |  |  |  |  |  |  |  |  |
| Butha-Buthe | 1.6 | 21.6 | 19.3 | 40.9 | 10.1 | 6.5 | 100.0 | 6.9 | 385 |
| Leribe | 0.8 | 10.7 | 22.5 | 51.0 | 7.5 | 7.4 | 100.0 | 7.0 | 1,064 |
| Berea | 0.3 | 13.2 | 20.9 | 41.8 | 11.0 | 12.8 | 100.0 | 7.2 | 892 |
| Maseru | 0.7 | 15.1 | 16.8 | 41.4 | 12.7 | 13.3 | 100.0 | 7.4 | 1,864 |
| Mafeteng | 0.1 | 17.2 | 20.2 | 43.7 | 11.2 | 7.5 | 100.0 | 7.0 | 576 |
| Mohale's Hoek | 1.6 | 22.3 | 23.6 | 39.8 | 7.6 | 5.1 | 100.0 | 6.7 | 519 |
| Quthing | 1.6 | 26.8 | 16.2 | 40.3 | 10.0 | 5.1 | 100.0 | 6.7 | 315 |
| Qacha's Nek | 2.4 | 22.6 | 23.8 | 37.1 | 9.4 | 4.7 | 100.0 | 6.7 | 204 |
| Mokhotlong | 2.5 | 29.2 | 26.0 | 33.8 | 5.9 | 2.6 | 100.0 | 6.4 | 349 |
| Thaba-Tseka | 2.0 | 29.7 | 29.3 | 32.0 | 4.5 | 2.4 | 100.0 | 6.4 | 452 |
| Wealth quintile |  |  |  |  |  |  |  |  |  |
| Lowest | 3.2 | 39.3 | 32.1 | 23.6 | 1.7 | 0.0 | 100.0 | 6.1 | 960 |
| Second | 1.2 | 29.3 | 29.9 | 35.1 | 3.9 | 0.6 | 100.0 | 6.4 | 1,033 |
| Middle | 0.7 | 17.1 | 22.5 | 49.9 | 7.2 | 2.6 | 100.0 | 6.8 | 1,244 |
| Fourth | 0.3 | 11.2 | 17.3 | 52.6 | 11.4 | 7.2 | 100.0 | 7.3 | 1,605 |
| Highest | 0.6 | 6.0 | 11.3 | 40.1 | 18.0 | 23.9 | 100.0 | 8.9 | 1,778 |
| Total | 1.0 | 17.8 | 20.8 | 41.8 | 9.8 | 8.8 | 100.0 | 6.9 | 6,621 |

${ }^{1}$ Completed $7^{\text {th }}$ grade at the primary level
${ }^{2}$ Completed $5^{\text {th }}$ grade at the secondary level

| Percent distribution of men age 15-49 by highest level of schooling attended or completed, and median years completed, according to background characteristics, Lesotho 2014 |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Highest level of schooling |  |  |  |  |  | Total | Median years completed | Number of men |
| Background characteristic | No education | Some primary | Completed primary ${ }^{1}$ | Some secondary | Completed secondary ${ }^{2}$ | More than secondary |  |  |  |
| Age |  |  |  |  |  |  |  |  |  |
| 15-24 | 2.3 | 32.3 | 9.8 | 43.9 | 6.3 | 5.4 | 100.0 | 6.3 | 1,252 |
| 15-19 | 0.7 | 36.9 | 9.6 | 50.6 | 1.5 | 0.8 | 100.0 | 6.1 | 691 |
| 20-24 | 4.3 | 26.7 | 9.9 | 35.7 | 12.3 | 11.1 | 100.0 | 6.8 | 561 |
| 25-29 | 5.8 | 32.5 | 15.1 | 23.0 | 12.8 | 10.8 | 100.0 | 6.5 | 410 |
| 30-34 | 13.5 | 30.5 | 17.8 | 16.4 | 9.6 | 12.1 | 100.0 | 6.2 | 334 |
| 35-39 | 17.3 | 34.0 | 7.7 | 23.2 | 7.2 | 10.7 | 100.0 | 5.7 | 276 |
| 40-44 | 19.9 | 35.5 | 11.7 | 17.9 | 6.7 | 8.3 | 100.0 | 5.1 | 221 |
| 45-49 | 14.2 | 37.6 | 15.0 | 19.6 | 5.7 | 7.8 | 100.0 | 5.7 | 168 |
| Residence |  |  |  |  |  |  |  |  |  |
| Urban | 2.4 | 18.8 | 9.3 | 37.6 | 13.8 | 18.1 | 100.0 | 7.7 | 920 |
| Rural | 10.9 | 40.3 | 13.2 | 28.1 | 4.7 | 2.7 | 100.0 | 5.6 | 1,741 |
| Ecological zone |  |  |  |  |  |  |  |  |  |
| Lowlands | 2.9 | 26.2 | 12.2 | 37.9 | 9.6 | 11.3 | 100.0 | 6.7 | 1,711 |
| Foothills | 13.2 | 46.8 | 13.1 | 21.6 | 4.2 | 1.0 | 100.0 | 5.2 | 252 |
| Mountains | 21.8 | 45.7 | 10.1 | 16.6 | 4.1 | 1.7 | 100.0 | 4.1 | 523 |
| Senqu River Valley | 9.2 | 40.2 | 12.1 | 26.3 | 6.9 | 5.3 | 100.0 | 5.8 | 174 |
| District |  |  |  |  |  |  |  |  |  |
| Butha-Buthe | 8.5 | 37.0 | 12.2 | 33.4 | 4.5 | 4.5 | 100.0 | 6.1 | 143 |
| Leribe | 5.5 | 27.9 | 14.2 | 42.0 | 6.1 | 4.3 | 100.0 | 6.3 | 390 |
| Berea | 5.6 | 26.5 | 14.7 | 33.7 | 10.3 | 9.3 | 100.0 | 6.6 | 379 |
| Maseru | 3.7 | 29.7 | 8.8 | 33.9 | 9.8 | 14.1 | 100.0 | 6.7 | 809 |
| Mafeteng | 6.6 | 36.1 | 16.4 | 27.5 | 6.7 | 6.7 | 100.0 | 6.1 | 242 |
| Mohale's Hoek | 12.4 | 38.3 | 9.9 | 27.8 | 8.4 | 3.2 | 100.0 | 5.6 | 202 |
| Quthing | 12.1 | 35.9 | 7.3 | 31.4 | 7.2 | 6.1 | 100.0 | 5.9 | 105 |
| Qacha's Nek | 7.7 | 32.6 | 14.3 | 31.2 | 7.8 | 6.3 | 100.0 | 6.2 | 74 |
| Mokhotlong | 16.4 | 48.5 | 13.2 | 13.9 | 5.4 | 2.6 | 100.0 | 4.1 | 144 |
| Thaba-Tseka | 26.0 | 44.3 | 11.0 | 13.1 | 3.4 | 2.1 | 100.0 | 3.8 | 172 |
| Wealth quintile |  |  |  |  |  |  |  |  |  |
| Lowest | 26.7 | 50.9 | 11.2 | 10.0 | 1.2 | 0.0 | 100.0 | 3.2 | 376 |
| Second | 11.3 | 50.1 | 12.7 | 22.8 | 3.2 | 0.0 | 100.0 | 5.0 | 479 |
| Middle | 5.3 | 37.7 | 16.6 | 33.0 | 5.9 | 1.5 | 100.0 | 6.0 | 536 |
| Fourth | 3.7 | 25.6 | 11.9 | 44.8 | 8.2 | 5.9 | 100.0 | 6.7 | 616 |
| Highest | 1.1 | 12.9 | 7.8 | 36.0 | 16.3 | 25.9 | 100.0 | 8.7 | 654 |
| Total 15-49 | 8.0 | 32.9 | 11.9 | 31.4 | 7.8 | 8.0 | 100.0 | 6.2 | 2,660 |
| 50-59 | 26.7 | 39.0 | 10.2 | 15.6 | 3.8 | 4.7 | 100.0 | 3.2 | 271 |
| Total 15-59 | 9.7 | 33.5 | 11.7 | 29.9 | 7.4 | 7.7 | 100.0 | 6.1 | 2,931 |
| ${ }^{1}$ Completed $7^{\text {th }}$ grade at the primary level <br> ${ }^{2}$ Completed $5{ }^{\text {th }}$ grade at the secondary level |  |  |  |  |  |  |  |  |  |


| Table 3.3.1 Literacy: Women |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percent distribution of women age 15-49 by level of schooling attended and level of literacy, and percentage literate, according to background characteristics, Lesotho 2014 |  |  |  |  |  |  |  |  |  |
|  |  | No schooling or primary school |  |  |  |  |  | $\begin{aligned} & \text { Percent- } \\ & \text { age } \\ & \text { literate }^{1} \end{aligned}$ | Number of women |
| Background characteristic | Secondary school or higher | Can read a whole sentence | Can read part of a sentence | Cannot read at all | No card with required language | Blind/visually impaired | Total |  |  |
| Age |  |  |  |  |  |  |  |  |  |
| 15-24 | 72.2 | 22.4 | 4.0 | 1.3 | 0.1 | 0.0 | 100.0 | 98.6 | 2,765 |
| 15-19 | 72.0 | 23.1 | 3.7 | 1.0 | 0.1 | 0.0 | 100.0 | 98.9 | 1,440 |
| 20-24 | 72.3 | 21.6 | 4.3 | 1.6 | 0.1 | 0.0 | 100.0 | 98.3 | 1,325 |
| 25-29 | 59.9 | 31.1 | 6.6 | 1.9 | 0.3 | 0.2 | 100.0 | 97.6 | 1,094 |
| 30-34 | 53.4 | 33.0 | 8.2 | 5.4 | 0.1 | 0.0 | 100.0 | 94.5 | 957 |
| 35-39 | 51.3 | 38.1 | 6.0 | 4.5 | 0.0 | 0.0 | 100.0 | 95.5 | 744 |
| 40-44 | 46.6 | 41.0 | 8.6 | 3.7 | 0.0 | 0.0 | 100.0 | 96.3 | 562 |
| 45-49 | 38.8 | 44.5 | 11.6 | 4.2 | 0.5 | 0.4 | 100.0 | 94.9 | 499 |
| Residence |  |  |  |  |  |  |  |  |  |
| Urban | 75.8 | 17.7 | 4.4 | 1.7 | 0.4 | 0.1 | 100.0 | 97.9 | 2,419 |
| Rural | 51.5 | 37.7 | 7.3 | 3.4 | 0.0 | 0.0 | 100.0 | 96.5 | 4,202 |
| Ecological zone |  |  |  |  |  |  |  |  |  |
| Lowlands | 70.2 | 23.0 | 4.7 | 1.8 | 0.2 | 0.1 | 100.0 | 97.9 | 4,184 |
| Foothills | 43.1 | 43.9 | 9.2 | 3.9 | 0.0 | 0.0 | 100.0 | 96.1 | 688 |
| Mountains | 41.1 | 44.6 | 9.1 | 5.1 | 0.0 | 0.1 | 100.0 | 94.8 | 1,288 |
| Senqu River Valley | 51.5 | 37.2 | 7.8 | 3.5 | 0.0 | 0.0 | 100.0 | 96.5 | 461 |
| District |  |  |  |  |  |  |  |  |  |
| Butha-Buthe | 57.5 | 29.2 | 10.1 | 3.2 | 0.0 | 0.0 | 100.0 | 96.8 | 385 |
| Leribe | 65.9 | 27.4 | 3.6 | 2.3 | 0.6 | 0.3 | 100.0 | 96.9 | 1,064 |
| Berea | 65.6 | 27.5 | 4.9 | 1.9 | 0.0 | 0.0 | 100.0 | 98.1 | 892 |
| Maseru | 67.4 | 23.8 | 6.7 | 2.1 | 0.0 | 0.0 | 100.0 | 97.9 | 1,864 |
| Mafeteng | 62.4 | 31.3 | 3.6 | 2.1 | 0.5 | 0.1 | 100.0 | 97.3 | 576 |
| Mohale's Hoek | 52.5 | 37.2 | 6.8 | 3.5 | 0.0 | 0.0 | 100.0 | 96.5 | 519 |
| Quthing | 55.4 | 34.3 | 6.4 | 3.7 | 0.2 | 0.0 | 100.0 | 96.1 | 315 |
| Qacha's Nek | 51.2 | 37.8 | 6.3 | 4.7 | 0.0 | 0.0 | 100.0 | 95.3 | 204 |
| Mokhotlong | 42.3 | 42.9 | 9.8 | 5.0 | 0.0 | 0.0 | 100.0 | 95.0 | 349 |
| Thaba-Tseka | 39.0 | 46.6 | 9.5 | 4.8 | 0.0 | 0.2 | 100.0 | 95.0 | 452 |
| Wealth quintile |  |  |  |  |  |  |  |  |  |
| Lowest | 25.3 | 53.7 | 13.0 | 7.8 | 0.1 | 0.0 | 100.0 | 92.1 | 960 |
| Second | 39.7 | 45.8 | 10.2 | 4.3 | 0.0 | 0.0 | 100.0 | 95.7 | 1,033 |
| Middle | 59.7 | 32.6 | 5.1 | 2.4 | 0.2 | 0.0 | 100.0 | 97.4 | 1,244 |
| Fourth | 71.3 | 23.1 | 4.1 | 1.2 | 0.1 | 0.2 | 100.0 | 98.5 | 1,605 |
| Highest | 82.1 | 13.8 | 3.0 | 0.8 | 0.3 | 0.0 | 100.0 | 98.9 | 1,778 |
| Total | 60.4 | 30.4 | 6.2 | 2.8 | 0.1 | 0.1 | 100.0 | 97.0 | 6,621 |

${ }^{1}$ Refers to women who attended secondary school or higher and women who can read a whole sentence or part of a sentence

Table 3.3.2 Literacy: Men
Percent distribution of men age 15-49 by level of schooling attended and level of literacy, and percentage literate, according to background characteristics, Lesotho 2014

| Background characteristic | Secondary school or higher | No schooling or primary school |  |  |  |  | Total | Percent-ageliterate $^{1}$ | $\begin{gathered} \text { Number of } \\ \text { men } \\ \hline \end{gathered}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Can read a whole sentence | Can read part of a sentence | Cannot read at all | No card with required language | Blind/visually impaired |  |  |  |
| Age |  |  |  |  |  |  |  |  |  |
| 15-24 | 55.7 | 25.6 | 9.4 | 9.4 | 0.0 | 0.0 | 100.0 | 90.6 | 1,252 |
| 15-19 | 52.8 | 29.4 | 9.8 | 8.0 | 0.0 | 0.0 | 100.0 | 92.0 | 691 |
| 20-24 | 59.1 | 20.9 | 8.8 | 11.1 | 0.0 | 0.0 | 100.0 | 88.9 | 561 |
| 25-29 | 46.5 | 27.5 | 13.2 | 12.8 | 0.0 | 0.0 | 100.0 | 87.2 | 410 |
| 30-34 | 38.1 | 30.6 | 11.9 | 18.7 | 0.7 | 0.0 | 100.0 | 80.6 | 334 |
| 35-39 | 41.1 | 23.8 | 9.9 | 25.3 | 0.0 | 0.0 | 100.0 | 74.7 | 276 |
| 40-44 | 32.9 | 25.1 | 9.0 | 32.0 | 0.0 | 0.9 | 100.0 | 67.1 | 221 |
| 45-49 | 33.2 | 29.0 | 16.2 | 21.0 | 0.0 | 0.6 | 100.0 | 78.4 | 168 |
| Residence |  |  |  |  |  |  |  |  |  |
| Urban | 69.5 | 18.8 | 3.8 | 7.4 | 0.2 | 0.2 | 100.0 | 92.1 | 920 |
| Rural | 35.5 | 30.6 | 14.4 | 19.5 | 0.0 | 0.1 | 100.0 | 80.4 | 1,741 |
| Ecological zone |  |  |  |  |  |  |  |  |  |
| Lowlands | 58.7 | 24.2 | 8.3 | 8.5 | 0.1 | 0.2 | 100.0 | 91.1 | 1,711 |
| Foothills | 26.9 | 39.3 | 13.5 | 20.3 | 0.0 | 0.0 | 100.0 | 79.7 | 252 |
| Mountains | 22.4 | 27.7 | 15.7 | 34.2 | 0.0 | 0.0 | 100.0 | 65.8 | 523 |
| Senqu River Valley | 38.6 | 27.3 | 15.9 | 18.2 | 0.0 | 0.0 | 100.0 | 81.8 | 174 |
| District |  |  |  |  |  |  |  |  |  |
| Butha-Buthe | 42.3 | 27.5 | 16.9 | 13.3 | 0.0 | 0.0 | 100.0 | 86.7 | 143 |
| Leribe | 52.4 | 27.1 | 11.8 | 8.6 | 0.0 | 0.0 | 100.0 | 91.4 | 390 |
| Berea | 53.2 | 27.9 | 8.4 | 10.2 | 0.0 | 0.3 | 100.0 | 89.5 | 379 |
| Maseru | 57.8 | 21.4 | 7.6 | 12.7 | 0.3 | 0.3 | 100.0 | 86.8 | 809 |
| Mafeteng | 40.8 | 34.6 | 11.4 | 13.2 | 0.0 | 0.0 | 100.0 | 86.8 | 242 |
| Mohale's Hoek | 39.4 | 24.0 | 15.2 | 21.3 | 0.0 | 0.0 | 100.0 | 78.7 | 202 |
| Quthing | 44.7 | 22.0 | 13.4 | 19.9 | 0.0 | 0.0 | 100.0 | 80.1 | 105 |
| Qacha's Nek | 45.4 | 33.0 | 9.4 | 12.3 | 0.0 | 0.0 | 100.0 | 87.7 | 74 |
| Mokhotlong | 21.9 | 30.6 | 15.6 | 31.9 | 0.0 | 0.0 | 100.0 | 68.1 | 144 |
| Thaba-Tseka | 18.6 | 32.9 | 11.8 | 36.7 | 0.0 | 0.0 | 100.0 | 63.3 | 172 |
| Wealth quintile |  |  |  |  |  |  |  |  |  |
| Lowest | 11.2 | 31.0 | 18.4 | 39.4 | 0.0 | 0.0 | 100.0 | 60.6 | 376 |
| Second | 25.9 | 34.6 | 16.8 | 22.5 | 0.0 | 0.2 | 100.0 | 77.3 | 479 |
| Middle | 40.4 | 35.3 | 12.4 | 11.9 | 0.0 | 0.0 | 100.0 | 88.1 | 536 |
| Fourth | 58.9 | 22.4 | 7.7 | 10.7 | 0.0 | 0.3 | 100.0 | 88.9 | 616 |
| Highest | 78.2 | 14.7 | 3.3 | 3.5 | 0.3 | 0.0 | 100.0 | 96.2 | 654 |
| Total 15-49 | 47.2 | 26.5 | 10.7 | 15.3 | 0.1 | 0.1 | 100.0 | 84.5 | 2,660 |
| 50-59 | 24.1 | 31.1 | 13.1 | 30.5 | 0.0 | 1.1 | 100.0 | 68.4 | 271 |
| Total 15-59 | 45.1 | 26.9 | 10.9 | 16.7 | 0.1 | 0.2 | 100.0 | 83.0 | 2,931 |

${ }^{1}$ Refers to men who attended secondary school or higher and men who can read a whole sentence or part of a sentence

Table 3.4.1 Exposure to mass media: Women
Percentage of women age 15-49 who are exposed to specific media on a weekly basis, by background characteristics, Lesotho 2014

| Background characteristic | Reads a newspaper at least once a week | Watches television at least once a week | Listens to the radio at least once a week | Accesses all three media at least once a week | Accesses none of the three media at least once a week | Number of women |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Age |  |  |  |  |  |  |
| 15-19 | 18.9 | 27.7 | 54.7 | 7.2 | 34.5 | 1,440 |
| 20-24 | 18.2 | 27.8 | 58.2 | 7.4 | 32.5 | 1,325 |
| 25-29 | 15.9 | 28.8 | 64.3 | 7.2 | 30.2 | 1,094 |
| 30-34 | 15.3 | 32.3 | 63.8 | 7.8 | 28.4 | 957 |
| 35-39 | 14.5 | 34.5 | 64.1 | 9.1 | 29.6 | 744 |
| 40-44 | 11.6 | 28.1 | 59.9 | 5.7 | 33.4 | 562 |
| 45-49 | 10.9 | 28.2 | 61.6 | 5.9 | 32.9 | 499 |
| Residence |  |  |  |  |  |  |
| Urban | 25.5 | 53.7 | 73.4 | 14.2 | 13.8 | 2,419 |
| Rural | 10.6 | 15.4 | 52.8 | 3.3 | 42.1 | 4,202 |
| Ecological zone |  |  |  |  |  |  |
| Lowlands | 21.4 | 40.8 | 70.7 | 10.6 | 19.6 | 4,184 |
| Foothills | 8.1 | 7.9 | 49.0 | 0.7 | 45.7 | 688 |
| Mountains | 5.9 | 9.2 | 36.6 | 1.6 | 58.9 | 1,288 |
| Senqu River Valley | 7.6 | 14.5 | 49.6 | 3.1 | 44.9 | 461 |
| District |  |  |  |  |  |  |
| Butha-Buthe | 10.4 | 21.6 | 38.6 | 3.5 | 51.9 | 385 |
| Leribe | 12.3 | 26.4 | 62.9 | 4.4 | 30.1 | 1,064 |
| Berea | 18.9 | 36.5 | 69.5 | 8.3 | 21.6 | 892 |
| Maseru | 24.5 | 42.9 | 70.1 | 12.5 | 19.2 | 1,864 |
| Mafeteng | 18.7 | 31.3 | 70.6 | 9.7 | 22.7 | 576 |
| Mohale's Hoek | 12.2 | 21.8 | 59.6 | 5.6 | 35.2 | 519 |
| Quthing | 8.8 | 17.2 | 55.3 | 3.3 | 40.0 | 315 |
| Qacha's Nek | 11.0 | 20.8 | 35.5 | 4.1 | 52.5 | 204 |
| Mokhotlong | 4.4 | 7.2 | 37.2 | 1.0 | 59.7 | 349 |
| Thaba-Tseka | 6.5 | 9.2 | 34.9 | 2.3 | 61.1 | 452 |
| Education |  |  |  |  |  |  |
| No education | 1.2 | 14.4 | 36.8 | 0.0 | 61.8 | 68 |
| Primary incomplete | 4.0 | 12.0 | 41.2 | 1.2 | 53.8 | 1,178 |
| Primary complete | 5.3 | 18.5 | 53.8 | 1.6 | 41.6 | 1,375 |
| Secondary | 19.8 | 34.0 | 67.6 | 8.3 | 23.6 | 3,418 |
| More than secondary | 45.6 | 64.7 | 74.6 | 28.5 | 8.2 | 581 |
| Wealth quintile |  |  |  |  |  |  |
| Lowest | 3.0 | 1.7 | 24.8 | 0.4 | 73.5 | 960 |
| Second | 6.4 | 4.1 | 44.5 | 0.9 | 52.0 | 1,033 |
| Middle | 11.4 | 8.4 | 59.2 | 1.1 | 35.8 | 1,244 |
| Fourth | 17.6 | 27.3 | 73.6 | 5.3 | 18.6 | 1,605 |
| Highest | 30.5 | 75.6 | 77.5 | 20.9 | 6.5 | 1,778 |
| Total | 16.0 | 29.4 | 60.3 | 7.3 | 31.7 | 6,621 |

Table 3.4.2 Exposure to mass media: Men
Percentage of men age 15-49 who are exposed to specific media on a weekly basis, by background characteristics, Lesotho 2014

| Background characteristic | Reads a newspaper at least once a week | Watches television at least once a week | Listens to the radio at least once a week | Accesses all three media at least once a week | Accesses none of the three media at least once a week | Number of men |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Age |  |  |  |  |  |  |
| 15-19 | 12.9 | 26.1 | 46.7 | 3.8 | 39.7 | 691 |
| 20-24 | 17.2 | 30.0 | 58.4 | 8.8 | 34.5 | 561 |
| 25-29 | 18.3 | 27.6 | 59.4 | 6.2 | 33.9 | 410 |
| 30-34 | 17.6 | 28.8 | 62.8 | 11.5 | 32.9 | 334 |
| 35-39 | 14.0 | 23.8 | 57.8 | 8.1 | 37.4 | 276 |
| 40-44 | 15.6 | 30.1 | 54.2 | 9.4 | 38.3 | 221 |
| 45-49 | 20.3 | 27.1 | 60.3 | 9.4 | 32.6 | 168 |
| Residence |  |  |  |  |  |  |
| Urban | 28.2 | 53.5 | 72.6 | 15.4 | 13.9 | 920 |
| Rural | 9.6 | 14.0 | 46.9 | 3.3 | 47.7 | 1,741 |
| Ecological zone |  |  |  |  |  |  |
| Lowlands | 21.5 | 36.9 | 65.8 | 10.3 | 24.1 | 1,711 |
| Foothills | 5.5 | 10.3 | 43.5 | 1.9 | 51.7 | 252 |
| Mountains | 5.9 | 10.5 | 32.8 | 2.6 | 62.8 | 523 |
| Senqu River Valley | 8.4 | 13.0 | 43.8 | 2.5 | 50.3 | 174 |
| District |  |  |  |  |  |  |
| Butha-Buthe | 12.2 | 19.1 | 36.0 | 4.9 | 52.9 | 143 |
| Leribe | 15.1 | 28.1 | 59.0 | 5.2 | 30.9 | 390 |
| Berea | 17.0 | 33.0 | 64.3 | 10.6 | 28.4 | 379 |
| Maseru | 22.3 | 37.7 | 65.4 | 9.7 | 24.3 | 809 |
| Mafeteng | 18.2 | 28.8 | 61.9 | 11.0 | 32.2 | 242 |
| Mohale's Hoek | 14.7 | 18.3 | 51.6 | 6.2 | 41.8 | 202 |
| Quthing | 9.3 | 15.2 | 42.3 | 2.3 | 47.9 | 105 |
| Qacha's Nek | 11.2 | 24.7 | 43.8 | 4.9 | 47.1 | 74 |
| Mokhotlong | 4.6 | 8.1 | 32.3 | 1.9 | 65.2 | 144 |
| Thaba-Tseka | 4.1 | 9.3 | 30.2 | 2.6 | 67.8 | 172 |
| Education |  |  |  |  |  |  |
| No education | 0.6 | 2.7 | 26.1 | 0.6 | 73.2 | 213 |
| Primary incomplete | 3.0 | 12.8 | 43.4 | 0.5 | 52.2 | 875 |
| Primary complete | 11.0 | 24.3 | 61.5 | 2.2 | 32.7 | 316 |
| Secondary | 23.8 | 39.2 | 66.6 | 10.9 | 21.6 | 1,043 |
| More than secondary | 54.3 | 62.1 | 74.8 | 33.6 | 8.4 | 214 |
| Wealth quintile |  |  |  |  |  |  |
| Lowest | 0.6 | 3.2 | 21.1 | 0.1 | 77.6 | 376 |
| Second | 6.2 | 5.2 | 44.6 | 1.9 | 52.6 | 479 |
| Middle | 11.4 | 13.6 | 55.1 | 1.5 | 38.6 | 536 |
| Fourth | 16.1 | 30.3 | 66.4 | 4.4 | 22.3 | 616 |
| Highest | 35.9 | 67.0 | 74.4 | 23.5 | 10.8 | 654 |
| Total 15-49 | 16.0 | 27.6 | 55.8 | 7.5 | 36.0 | 2,660 |
| 50-59 | 10.2 | 23.5 | 58.9 | 5.1 | 38.1 | 271 |
| Total 15-59 | 15.5 | 27.3 | 56.1 | 7.2 | 36.2 | 2,931 |

Table 3.5.1 Employment status: Women
Percent distribution of women age 15-49 by employment status, according to background characteristics, Lesotho 2014

| Background characteristic | Employed in the 12 months preceding the survey |  | Not employed in the 12 months preceding the survey | Total | Number of women |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | Currently employed ${ }^{1}$ | Not currently employed |  |  |  |
| Age |  |  |  |  |  |
| 15-19 | 10.4 | 5.3 | 84.3 | 100.0 | 1,440 |
| 20-24 | 27.9 | 11.6 | 60.5 | 100.0 | 1,325 |
| 25-29 | 42.9 | 10.7 | 46.4 | 100.0 | 1,094 |
| 30-34 | 57.2 | 8.9 | 34.0 | 100.0 | 957 |
| 35-39 | 55.4 | 7.7 | 36.9 | 100.0 | 744 |
| 40-44 | 54.9 | 7.9 | 37.1 | 100.0 | 562 |
| 45-49 | 48.8 | 7.6 | 43.6 | 100.0 | 499 |
| Marital status |  |  |  |  |  |
| Never married | 26.1 | 7.2 | 66.7 | 100.0 | 2,190 |
| Married or living together | 40.5 | 9.0 | 50.5 | 100.0 | 3,612 |
| Divorced/separated/widowed | 57.1 | 10.7 | 32.2 | 100.0 | 819 |
| Number of living children |  |  |  |  |  |
| 0 | 23.3 | 7.9 | 68.7 | 100.0 | 2,152 |
| 1-2 | 45.8 | 8.3 | 45.9 | 100.0 | 2,897 |
| 3-4 | 45.1 | 10.5 | 44.4 | 100.0 | 1,169 |
| 5+ | 35.6 | 9.3 | 55.1 | 100.0 | 403 |
| Residence |  |  |  |  |  |
| Urban | 54.2 | 7.5 | 38.3 | 100.0 | 2,419 |
| Rural | 28.3 | 9.3 | 62.4 | 100.0 | 4,202 |
| Ecological zone |  |  |  |  |  |
| Lowlands | 45.6 | 9.0 | 45.4 | 100.0 | 4,184 |
| Foothills | 24.6 | 11.2 | 64.2 | 100.0 | 688 |
| Mountains | 23.4 | 6.2 | 70.4 | 100.0 | 1,288 |
| Senqu River Valley | 27.0 | 8.2 | 64.8 | 100.0 | 461 |
| District |  |  |  |  |  |
| Butha-Buthe | 24.4 | 5.4 | 70.2 | 100.0 | 385 |
| Leribe | 41.4 | 11.0 | 47.7 | 100.0 | 1,064 |
| Berea | 40.5 | 10.6 | 48.9 | 100.0 | 892 |
| Maseru | 50.8 | 8.8 | 40.4 | 100.0 | 1,864 |
| Mafeteng | 31.9 | 7.2 | 60.9 | 100.0 | 576 |
| Mohale's Hoek | 28.4 | 8.9 | 62.6 | 100.0 | 519 |
| Quthing | 27.0 | 9.0 | 63.9 | 100.0 | 315 |
| Qacha's Nek | 23.9 | 7.1 | 69.0 | 100.0 | 204 |
| Mokhotlong | 23.9 | 5.9 | 70.2 | 100.0 | 349 |
| Thaba-Tseka | 24.3 | 5.4 | 70.2 | 100.0 | 452 |
| Education |  |  |  |  |  |
| No education | 31.9 | 6.0 | 62.2 | 100.0 | 68 |
| Primary incomplete | 30.5 | 9.6 | 59.9 | 100.0 | 1,178 |
| Primary complete | 38.5 | 9.3 | 52.2 | 100.0 | 1,375 |
| Secondary | 36.1 | 8.5 | 55.4 | 100.0 | 3,418 |
| More than secondary | 61.4 | 6.2 | 32.3 | 100.0 | 581 |
| Wealth quintile |  |  |  |  |  |
| Lowest | 17.1 | 8.1 | 74.8 | 100.0 | 960 |
| Second | 26.1 | 9.6 | 64.3 | 100.0 | 1,033 |
| Middle | 31.7 | 11.3 | 57.0 | 100.0 | 1,244 |
| Fourth | 42.6 | 9.5 | 47.9 | 100.0 | 1,605 |
| Highest | 55.6 | 5.8 | 38.7 | 100.0 | 1,778 |
| Total | 37.8 | 8.6 | 53.6 | 100.0 | 6,621 |

${ }^{1}$ Currently employed is defined as having done work in the past 7 days. Included are persons who did not work in the past 7 days but who are regularly employed and were absent from work for leave, illness, vacation, or any other such reason.

Table 3.5.2 Employment status: Men
Percent distribution of men age 15-49 by employment status, according to background characteristics, Lesotho 2014

| Background characteristic | Employed in the 12 months preceding the survey |  | Not employed in the 12 months preceding the survey | Total | Number of men |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | Currently employed ${ }^{1}$ | Not currently employed |  |  |  |
| Age |  |  |  |  |  |
| 15-19 | 35.2 | 10.0 | 54.8 | 100.0 | 691 |
| 20-24 | 56.2 | 9.8 | 34.0 | 100.0 | 561 |
| 25-29 | 67.0 | 14.9 | 18.1 | 100.0 | 410 |
| 30-34 | 73.2 | 9.0 | 17.7 | 100.0 | 334 |
| 35-39 | 76.0 | 9.7 | 14.3 | 100.0 | 276 |
| 40-44 | 72.6 | 11.7 | 15.7 | 100.0 | 221 |
| 45-49 | 68.0 | 12.3 | 19.7 | 100.0 | 168 |
| Marital status |  |  |  |  |  |
| Never married | 49.3 | 9.8 | 40.9 | 100.0 | 1,501 |
| Married or living together | 71.7 | 11.5 | 16.8 | 100.0 | 983 |
| Divorced/separated/widowed | 66.0 | 16.1 | 17.9 | 100.0 | 176 |
| Number of living children |  |  |  |  |  |
| 0 | 50.5 | 10.5 | 39.0 | 100.0 | 1,607 |
| 1-2 | 72.7 | 10.6 | 16.8 | 100.0 | 686 |
| 3-4 | 70.8 | 13.1 | 16.1 | 100.0 | 279 |
| 5+ | 60.8 | 12.0 | 27.2 | 100.0 | 87 |
| Residence |  |  |  |  |  |
| Urban | 69.6 | 9.9 | 20.4 | 100.0 | 920 |
| Rural | 52.9 | 11.3 | 35.8 | 100.0 | 1,741 |
| Ecological zone |  |  |  |  |  |
| Lowlands | 64.0 | 11.4 | 24.7 | 100.0 | 1,711 |
| Foothills | 50.7 | 11.6 | 37.8 | 100.0 | 252 |
| Mountains | 49.1 | 8.9 | 41.9 | 100.0 | 523 |
| Senqu River Valley | 47.5 | 10.3 | 42.2 | 100.0 | 174 |
| District |  |  |  |  |  |
| Butha-Buthe | 56.7 | 7.2 | 36.1 | 100.0 | 143 |
| Leribe | 62.2 | 12.9 | 24.8 | 100.0 | 390 |
| Berea | 63.1 | 8.8 | 28.1 | 100.0 | 379 |
| Maseru | 63.0 | 12.9 | 24.0 | 100.0 | 809 |
| Mafeteng | 63.3 | 6.6 | 30.1 | 100.0 | 242 |
| Mohale's Hoek | 50.2 | 13.3 | 36.5 | 100.0 | 202 |
| Quthing | 48.3 | 11.9 | 39.7 | 100.0 | 105 |
| Qacha's Nek | 45.7 | 13.0 | 41.3 | 100.0 | 74 |
| Mokhotlong | 44.2 | 7.2 | 48.6 | 100.0 | 144 |
| Thaba-Tseka | 50.0 | 8.3 | 41.8 | 100.0 | 172 |
| Education |  |  |  |  |  |
| No education | 57.2 | 11.4 | 31.4 | 100.0 | 213 |
| Primary incomplete | 57.9 | 10.4 | 31.6 | 100.0 | 875 |
| Primary complete | 64.5 | 13.6 | 21.9 | 100.0 | 316 |
| Secondary | 54.4 | 11.3 | 34.3 | 100.0 | 1,043 |
| More than secondary | 75.8 | 5.4 | 18.8 | 100.0 | 214 |
| Wealth quintile |  |  |  |  |  |
| Lowest | 45.8 | 9.4 | 44.8 | 100.0 | 376 |
| Second | 52.4 | 12.4 | 35.2 | 100.0 | 479 |
| Middle | 55.3 | 12.9 | 31.8 | 100.0 | 536 |
| Fourth | 66.1 | 10.5 | 23.5 | 100.0 | 616 |
| Highest | 66.6 | 9.2 | 24.2 | 100.0 | 654 |
| Total 15-49 | 58.7 | 10.8 | 30.5 | 100.0 | 2,660 |
| 50-59 | 62.5 | 7.5 | 29.9 | 100.0 | 271 |
| Total 15-59 | 59.1 | 10.5 | 30.4 | 100.0 | 2,931 |

${ }^{1}$ Currently employed is defined as having done work in the past 7 days. Included are persons who did not work in the past 7 days but who are regularly employed and were absent from work for leave, illness, vacation, or any other such reason.

Table 3.6 Type of employment: Women
Percent distribution of women age 15-49 employed in the 12 months preceding the survey by type of earnings, type of employer, and continuity of employment, according to type of employment (agricultural or nonagricultural), Lesotho 2014

| Employment <br> characteristic | Agricultural work | Nonagricultural work | Total |
| :--- | :---: | :---: | ---: |
| Type of earnings |  |  |  |
| $\quad$ Cash only | 33.6 | 90.0 | 82.9 |
| Cash and in-kind | 3.8 | 1.9 | 2.2 |
| In-kind only | 7.7 | 1.2 | 2.2 |
| $\quad$ Not paid | 54.9 | 100.0 | 12.7 |
| Total | 100.0 |  | 100.0 |
| Type of employer |  | 4.8 |  |
| $\quad$ Employed by family member | 22.9 | 65.2 | 6.4 |
| Employed by nonfamily member | 30.5 | 30.0 | 61.1 |
| $\quad$ Self-employed | 46.6 | 100.0 | 32.5 |
| Total | 100.0 |  | 100.0 |
| Continuity of employment |  | 67.0 |  |
| $\quad$ All year | 14.9 | 14.3 | 61.2 |
| Seasonal | 67.7 | 18.7 | 20.2 |
| Occasional | 17.4 | 100.0 | 18.6 |
| Total | 100.0 |  | 100.0 |
| Number of women employed |  |  |  |
| $\quad$ during the last 12 months | 302 |  |  |

Note: Total includes women with missing information on type of employment who are not shown separately.

| Table 3.7.1 Occupation: Women |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percent distribution of women age 15-49 employed in the 12 months preceding the survey by occupation, according to background characteristics, Lesotho 2014 |  |  |  |  |  |  |  |  |  |  |
| Background characteristic | Professional/ technical/ managerial | Clerical | Sales and services | Skilled manual | Unskilled manual | Domestic service | Agriculture | Missing | Total | Number of women |
| Age |  |  |  |  |  |  |  |  |  |  |
| 15-19 | 3.1 | 1.4 | 30.2 | 4.3 | 4.9 | 27.6 | 15.2 | 13.3 | 100.0 | 226 |
| 20-24 | 4.7 | 4.4 | 32.7 | 4.6 | 17.1 | 20.3 | 10.0 | 6.2 | 100.0 | 524 |
| 25-29 | 12.4 | 5.9 | 26.0 | 11.5 | 18.4 | 11.5 | 7.0 | 7.2 | 100.0 | 586 |
| 30-34 | 13.7 | 3.5 | 24.9 | 15.0 | 17.9 | 11.4 | 8.7 | 4.9 | 100.0 | 632 |
| 35-39 | 10.1 | 5.7 | 29.9 | 13.3 | 16.3 | 9.3 | 8.3 | 7.1 | 100.0 | 470 |
| 40-44 | 13.0 | 6.2 | 22.4 | 10.4 | 16.2 | 10.1 | 12.4 | 9.2 | 100.0 | 353 |
| 45-49 | 10.8 | 2.3 | 26.4 | 10.3 | 13.7 | 16.4 | 12.9 | 7.1 | 100.0 | 282 |
| Marital status |  |  |  |  |  |  |  |  |  |  |
| Never married | 8.6 | 4.3 | 29.1 | 8.8 | 14.4 | 18.6 | 7.2 | 9.2 | 100.0 | 730 |
| Married or living together | 11.3 | 4.5 | 27.2 | 11.2 | 16.3 | 10.5 | 11.5 | 7.4 | 100.0 | 1,788 |
| Divorced/separated/widowed | 8.9 | 4.7 | 26.1 | 10.6 | 17.5 | 20.1 | 8.0 | 4.1 | 100.0 | 555 |
| Number of living children |  |  |  |  |  |  |  |  |  |  |
| 0 | 10.2 | 3.9 | 29.9 | 7.3 | 13.3 | 17.3 | 8.6 | 9.6 | 100.0 | 673 |
| 1-2 | 12.2 | 5.3 | 25.2 | 12.7 | 17.6 | 12.7 | 8.0 | 6.2 | 100.0 | 1,569 |
| 3-4 | 7.0 | 4.2 | 30.4 | 8.7 | 15.7 | 13.2 | 14.7 | 6.1 | 100.0 | 650 |
| 5+ | 5.1 | 1.5 | 27.0 | 10.7 | 14.4 | 17.8 | 12.6 | 10.9 | 100.0 | 181 |
| Residence |  |  |  |  |  |  |  |  |  |  |
| Urban | 13.1 | 6.2 | 27.5 | 13.2 | 18.2 | 11.8 | 3.4 | 6.7 | 100.0 | 1,493 |
| Rural | 7.5 | 2.9 | 27.5 | 8.0 | 14.1 | 16.4 | 15.9 | 7.7 | 100.0 | 1,580 |
| Ecological zone |  |  |  |  |  |  |  |  |  |  |
| Lowlands | 10.8 | 4.7 | 28.0 | 11.0 | 18.6 | 12.9 | 7.5 | 6.5 | 100.0 | 2,283 |
| Foothills | 4.4 | 3.5 | 28.5 | 6.6 | 8.1 | 25.4 | 15.8 | 7.7 | 100.0 | 246 |
| Mountains | 11.2 | 3.8 | 24.7 | 12.0 | 8.4 | 13.9 | 17.3 | 8.6 | 100.0 | 381 |
| Senqu River Valley | 8.4 | 5.7 | 24.0 | 7.2 | 10.5 | 15.6 | 15.8 | 12.7 | 100.0 | 162 |
| District |  |  |  |  |  |  |  |  |  |  |
| Butha-Buthe | 12.1 | 4.3 | 28.0 | 7.7 | 2.6 | 18.9 | 16.7 | 9.6 | 100.0 | 115 |
| Leribe | 8.7 | 2.8 | 25.7 | 9.2 | 21.3 | 15.9 | 10.0 | 6.4 | 100.0 | 556 |
| Berea | 12.1 | 4.9 | 28.1 | 10.3 | 13.8 | 19.0 | 5.3 | 6.4 | 100.0 | 456 |
| Maseru | 9.5 | 5.0 | 25.9 | 13.1 | 20.3 | 11.0 | 7.5 | 7.7 | 100.0 | 1,112 |
| Mafeteng | 9.4 | 5.3 | 40.7 | 6.7 | 10.3 | 11.6 | 12.3 | 3.6 | 100.0 | 225 |
| Mohale's Hoek | 9.5 | 2.2 | 29.6 | 9.0 | 14.5 | 15.5 | 9.7 | 10.1 | 100.0 | 194 |
| Quthing | 10.1 | 4.3 | 28.0 | 8.7 | 6.6 | 18.1 | 16.3 | 7.9 | 100.0 | 114 |
| Qacha's Nek | 15.2 | 3.3 | 27.6 | 8.4 | 7.0 | 12.4 | 18.1 | 7.9 | 100.0 | 63 |
| Mokhotlong | 11.4 | 4.9 | 23.4 | 11.9 | 9.9 | 15.9 | 14.3 | 8.3 | 100.0 | 104 |
| Thaba-Tseka | 13.2 | 8.7 | 22.3 | 8.6 | 8.1 | 10.5 | 21.0 | 7.5 | 100.0 | 135 |
| Education |  |  |  |  |  |  |  |  |  |  |
| No education | (0.0) | (0.0) | (12.8) | (23.3) | (20.6) | (21.8) | (18.6) | (2.9) | 100.0 | 26 |
| Primary incomplete | 0.8 | 1.0 | 26.1 | 11.1 | 13.3 | 26.2 | 16.2 | 5.3 | 100.0 | 473 |
| Primary complete | 2.3 | 1.7 | 23.2 | 10.9 | 20.8 | 19.8 | 13.0 | 8.3 | 100.0 | 658 |
| Secondary | 6.0 | 5.0 | 32.5 | 12.0 | 17.9 | 11.3 | 8.6 | 6.6 | 100.0 | 1,524 |
| More than secondary | 51.7 | 11.9 | 17.5 | 2.8 | 3.9 | 0.9 | 0.9 | 10.2 | 100.0 | 394 |
| Wealth quintile |  |  |  |  |  |  |  |  |  |  |
| Lowest | 2.3 | 1.7 | 20.8 | 12.8 | 14.8 | 15.9 | 18.1 | 13.6 | 100.0 | 242 |
| Second | 3.8 | 1.5 | 24.4 | 6.4 | 13.8 | 23.2 | 19.6 | 7.4 | 100.0 | 369 |
| Middle | 4.8 | 2.0 | 30.6 | 7.4 | 17.2 | 19.0 | 13.4 | 5.6 | 100.0 | 535 |
| Fourth | 8.2 | 4.5 | 28.1 | 12.5 | 21.1 | 9.7 | 9.4 | 6.3 | 100.0 | 837 |
| Highest | 18.3 | 7.5 | 27.9 | 11.5 | 12.7 | 11.7 | 3.2 | 7.2 | 100.0 | 1,091 |
| Total | 10.2 | 4.5 | 27.5 | 10.5 | 16.1 | 14.1 | 9.8 | 7.2 | 100.0 | 3,073 |
| Note: Figures in parentheses are based on 25-49 unweighted cases. |  |  |  |  |  |  |  |  |  |  |


| Table 3.7.2 Occupation: Men |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percent distribution of men age 15-49 employed in the 12 months preceding the survey by occupation, according to background characteristics, Lesotho 2014 |  |  |  |  |  |  |  |  |  |  |
| Background characteristic | Professional/ technical/ managerial | Clerical | $\begin{gathered} \hline \text { Sales } \\ \text { and } \\ \text { services } \end{gathered}$ | Skilled manual | Unskilled manual | Domestic service | Agriculture | Missing | Total | Number of men |
| Age |  |  |  |  |  |  |  |  |  |  |
| 15-19 | 1.1 | 2.7 | 9.8 | 9.9 | 4.0 | 1.0 | 63.8 | 7.6 | 100.0 | 313 |
| 20-24 | 2.6 | 3.5 | 15.7 | 19.8 | 12.5 | 1.0 | 38.1 | 6.8 | 100.0 | 370 |
| 25-29 | 6.7 | 3.4 | 20.0 | 22.0 | 18.1 | 0.4 | 24.3 | 5.1 | 100.0 | 335 |
| 30-34 | 6.4 | 2.2 | 25.1 | 24.6 | 8.6 | 2.6 | 23.4 | 7.1 | 100.0 | 275 |
| 35-39 | 7.6 | 1.6 | 23.6 | 23.7 | 12.4 | 0.0 | 25.9 | 5.1 | 100.0 | 236 |
| 40-44 | 8.9 | 0.6 | 22.8 | 20.7 | 13.0 | 0.0 | 19.8 | 14.2 | 100.0 | 186 |
| 45-49 | 6.0 | 5.0 | 8.4 | 29.9 | 13.0 | 1.9 | 29.0 | 6.8 | 100.0 | 135 |
| Marital status |  |  |  |  |  |  |  |  |  |  |
| Never married | 3.0 | 3.2 | 13.8 | 15.5 | 9.6 | 1.6 | 46.1 | 7.2 | 100.0 | 887 |
| Married or living together | 7.2 | 2.7 | 22.2 | 25.9 | 13.1 | 0.5 | 20.9 | 7.6 | 100.0 | 818 |
| Divorced/separated/widowed | 6.7 | 0.0 | 21.5 | 22.0 | 15.0 | 0.0 | 29.9 | 4.8 | 100.0 | 145 |
| Number of living children |  |  |  |  |  |  |  |  |  |  |
| 0 | 3.4 | 2.9 | 13.7 | 16.6 | 10.5 | 1.5 | 44.0 | 7.4 | 100.0 | 981 |
| 1-2 | 6.7 | 3.0 | 25.9 | 26.1 | 12.4 | 0.5 | 21.4 | 4.1 | 100.0 | 571 |
| 3-4 | 10.4 | 1.5 | 19.6 | 24.9 | 14.4 | 0.3 | 18.8 | 10.2 | 100.0 | 234 |
| 5+ | 0.0 | 2.1 | 10.5 | 16.6 | 10.2 | 0.0 | 39.8 | 20.7 | 100.0 | 63 |
| Residence |  |  |  |  |  |  |  |  |  |  |
| Urban | 8.0 | 4.4 | 29.9 | 23.3 | 13.5 | 1.4 | 10.3 | 9.2 | 100.0 | 732 |
| Rural | 3.3 | 1.6 | 10.3 | 18.8 | 10.3 | 0.7 | 49.0 | 5.9 | 100.0 | 1,118 |
| Ecological zone |  |  |  |  |  |  |  |  |  |  |
| Lowlands | 5.3 | 2.9 | 21.7 | 23.4 | 13.0 | 1.1 | 24.5 | 8.1 | 100.0 | 1,289 |
| Foothills | 0.0 | 1.7 | 15.1 | 15.7 | 6.9 | 1.7 | 54.8 | 4.1 | 100.0 | 157 |
| Mountains | 7.3 | 1.5 | 6.8 | 12.0 | 7.6 | 0.0 | 59.4 | 5.4 | 100.0 | 304 |
| Senqu River Valley | 4.5 | 5.6 | 10.8 | 17.7 | 12.7 | 1.5 | 41.1 | 6.1 | 100.0 | 100 |
| District |  |  |  |  |  |  |  |  |  |  |
| Butha-Buthe | 5.8 | 0.9 | 18.3 | 18.2 | 5.1 | 0.8 | 45.6 | 5.3 | 100.0 | 91 |
| Leribe | 3.6 | 2.4 | 21.5 | 19.8 | 5.9 | 0.4 | 39.6 | 6.8 | 100.0 | 293 |
| Berea | 4.9 | 2.8 | 15.5 | 22.8 | 9.5 | 1.7 | 33.7 | 9.2 | 100.0 | 273 |
| Maseru | 6.0 | 3.2 | 22.0 | 25.1 | 16.7 | 1.5 | 17.2 | 8.3 | 100.0 | 615 |
| Mafeteng | 2.0 | 1.8 | 21.3 | 18.6 | 10.9 | 0.4 | 40.6 | 4.4 | 100.0 | 169 |
| Mohale's Hoek | 6.3 | 1.5 | 11.3 | 11.7 | 12.0 | 0.4 | 49.2 | 7.6 | 100.0 | 128 |
| Quthing | 4.1 | 5.3 | 12.5 | 15.1 | 6.5 | 2.3 | 45.5 | 8.7 | 100.0 | 63 |
| Qacha's Nek | 8.8 | 3.7 | 10.6 | 25.1 | 10.5 | 0.0 | 33.6 | 7.7 | 100.0 | 44 |
| Mokhotlong | 5.9 | 0.7 | 7.5 | 13.8 | 12.0 | 0.0 | 54.9 | 5.2 | 100.0 | 74 |
| Thaba-Tseka | 7.7 | 4.6 | 8.5 | 12.9 | 12.0 | 0.0 | 52.1 | 2.2 | 100.0 | 100 |
| Education |  |  |  |  |  |  |  |  |  |  |
| No education | 3.1 | 0.0 | 10.3 | 20.5 | 7.2 | 1.0 | 53.4 | 4.4 | 100.0 | 146 |
| Primary incomplete | 1.5 | 1.4 | 11.2 | 19.1 | 12.6 | 0.4 | 48.8 | 5.1 | 100.0 | 598 |
| Primary complete | 0.9 | 1.8 | 18.0 | 20.9 | 14.5 | 1.7 | 37.8 | 4.5 | 100.0 | 247 |
| Secondary | 5.5 | 4.0 | 24.1 | 21.6 | 12.2 | 1.1 | 22.4 | 9.1 | 100.0 | 685 |
| More than secondary | 24.3 | 6.0 | 24.9 | 21.6 | 5.0 | 1.5 | 3.8 | 13.0 | 100.0 | 173 |
| Wealth quintile |  |  |  |  |  |  |  |  |  |  |
| Lowest | 0.3 | 0.9 | 5.5 | 12.8 | 11.6 | 0.0 | 66.0 | 3.1 | 100.0 | 208 |
| Second | 2.6 | 1.2 | 9.5 | 19.7 | 8.2 | 0.5 | 52.0 | 6.3 | 100.0 | 310 |
| Middle | 2.6 | 2.7 | 15.0 | 20.4 | 13.3 | 1.7 | 36.2 | 8.0 | 100.0 | 365 |
| Fourth | 3.3 | 3.8 | 21.7 | 24.1 | 13.5 | 0.2 | 24.0 | 9.3 | 100.0 | 472 |
| Highest | 12.4 | 3.4 | 27.5 | 21.2 | 10.6 | 1.9 | 16.1 | 7.0 | 100.0 | 496 |
| Total 15-49 | 5.2 | 2.7 | 18.1 | 20.6 | 11.6 | 1.0 | 33.7 | 7.2 | 100.0 | 1,850 |
| 50-59 | 5.5 | 0.9 | 19.4 | 19.2 | 11.1 | 1.8 | 32.0 | 10.1 | 100.0 | 190 |
| Total 15-59 | 5.2 | 2.5 | 18.2 | 20.5 | 11.5 | 1.1 | 33.5 | 7.5 | 100.0 | 2,040 |


| Table 3.8.1 Health insurance coverage: Women |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percentage of women age 15-49 with specific types of health insurance coverage, according to background characteristics, Lesotho 2014 |  |  |  |  |  |  |
| Background characteristic | Employer-based insurance | Mutual health organisation/ community-based insurance | Privately purchased commercial insurance | Other | None | Number of women |
| Age |  |  |  |  |  |  |
| 15-19 | 0.2 | 0.2 | 0.1 | 0.1 | 99.4 | 1,440 |
| 20-24 | 0.2 | 0.3 | 0.8 | 0.3 | 98.5 | 1,325 |
| 25-29 | 1.3 | 0.3 | 0.8 | 0.3 | 97.9 | 1,094 |
| 30-34 | 1.2 | 1.3 | 0.5 | 0.0 | 97.2 | 957 |
| 35-39 | 2.1 | 0.4 | 0.5 | 1.0 | 95.9 | 744 |
| 40-44 | 1.6 | 0.8 | 0.5 | 0.5 | 96.6 | 562 |
| 45-49 | 1.5 | 0.0 | 1.0 | 1.0 | 97.3 | 499 |
| Residence |  |  |  |  |  |  |
| Urban | 1.8 | 1.0 | 1.1 | 0.6 | 95.8 | 2,419 |
| Rural | 0.5 | 0.1 | 0.3 | 0.2 | 99.1 | 4,202 |
| Ecological zone |  |  |  |  |  |  |
| Lowlands | 1.4 | 0.7 | 0.8 | 0.4 | 96.9 | 4,184 |
| Foothills | 0.2 | 0.0 | 0.1 | 0.4 | 99.4 | 688 |
| Mountains | 0.0 | 0.0 | 0.1 | 0.1 | 99.8 | 1,288 |
| Senqu River Valley | 0.3 | 0.0 | 0.2 | 0.5 | 99.0 | 461 |
| District |  |  |  |  |  |  |
| Butha-Buthe | 0.5 | 0.1 | 0.2 | 0.2 | 99.1 | 385 |
| Leribe | 0.4 | 0.1 | 0.3 | 0.3 | 98.9 | 1,064 |
| Berea | 1.2 | 0.9 | 1.3 | 1.0 | 95.9 | 892 |
| Maseru | 1.9 | 1.0 | 0.8 | 0.3 | 96.3 | 1,864 |
| Mafeteng | 0.8 | 0.2 | 0.5 | 0.4 | 98.6 | 576 |
| Mohale's Hoek | 0.6 | 0.0 | 0.0 | 0.1 | 99.3 | 519 |
| Quthing | 0.0 | 0.0 | 0.3 | 0.3 | 99.4 | 315 |
| Qacha's Nek | 0.4 | 0.0 | 0.2 | 0.9 | 98.4 | 204 |
| Mokhotlong | 0.0 | 0.0 | 0.2 | 0.0 | 99.8 | 349 |
| Thaba-Tseka | 0.1 | 0.0 | 0.1 | 0.0 | 99.7 | 452 |
| Education |  |  |  |  |  |  |
| No education | 0.0 | 0.0 | 0.0 | 0.0 | 100.0 | 68 |
| Primary incomplete | 0.0 | 0.0 | 0.0 | 0.1 | 99.9 | 1,178 |
| Primary complete | 0.6 | 0.4 | 0.1 | 0.1 | 98.9 | 1,375 |
| Secondary | 0.5 | 0.3 | 0.5 | 0.4 | 98.4 | 3,418 |
| More than secondary | 6.3 | 2.6 | 3.3 | 1.5 | 88.1 | 581 |
| Wealth quintile |  |  |  |  |  |  |
| Lowest | 0.0 | 0.0 | 0.0 | 0.0 | 100.0 | 960 |
| Second | 0.3 | 0.0 | 0.1 | 0.2 | 99.5 | 1,033 |
| Middle | 0.2 | 0.1 | 0.1 | 0.3 | 99.4 | 1,244 |
| Fourth | 0.6 | 0.1 | 0.3 | 0.4 | 98.6 | 1,605 |
| Highest | 2.6 | 1.4 | 1.8 | 0.7 | 94.0 | 1,778 |
| Total | 0.9 | 0.4 | 0.6 | 0.4 | 97.9 | 6,621 |

Table 3.8.2 Health insurance coverage: Men
Percentage of men age 15-49 with specific types of health insurance coverage, according to background characteristics, Lesotho 2014

| Background characteristic | Employer based insurance | Mutual health organisation/ community-based insurance | Privately purchased commercial insurance | Other | None | Number of men |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Age |  |  |  |  |  |  |
| 15-19 | 0.0 | 0.1 | 0.0 | 0.1 | 99.8 | 691 |
| 20-24 | 0.5 | 0.0 | 1.3 | 0.2 | 98.1 | 561 |
| 25-29 | 0.4 | 0.3 | 0.4 | 0.4 | 98.5 | 410 |
| 30-34 | 1.9 | 0.0 | 0.0 | 1.2 | 96.9 | 334 |
| 35-39 | 2.3 | 0.5 | 0.7 | 0.0 | 96.6 | 276 |
| 40-44 | 2.5 | 0.0 | 0.2 | 0.1 | 97.2 | 221 |
| 45-49 | 3.9 | 0.4 | 0.0 | 0.0 | 95.7 | 168 |
| Residence |  |  |  |  |  |  |
| Urban | 2.3 | 0.5 | 0.8 | 0.5 | 95.9 | 920 |
| Rural | 0.5 | 0.0 | 0.2 | 0.1 | 99.2 | 1,741 |
| Ecological zone |  |  |  |  |  |  |
| Lowlands | 1.5 | 0.2 | 0.6 | 0.4 | 97.3 | 1,711 |
| Foothills | 0.9 | 0.0 | 0.0 | 0.3 | 98.8 | 252 |
| Mountains | 0.1 | 0.0 | 0.2 | 0.0 | 99.6 | 523 |
| Senqu River Valley | 0.1 | 0.0 | 0.0 | 0.1 | 99.7 | 174 |
| District |  |  |  |  |  |  |
| Butha-Buthe | 0.5 | 0.0 | 0.3 | 0.0 | 99.1 | 143 |
| Leribe | 1.1 | 0.3 | 0.0 | 0.4 | 98.2 | 390 |
| Berea | 1.7 | 0.2 | 0.5 | 0.5 | 97.2 | 379 |
| Maseru | 1.5 | 0.2 | 0.8 | 0.4 | 97.2 | 809 |
| Mafeteng | 2.3 | 0.4 | 0.4 | 0.4 | 96.6 | 242 |
| Mohale's Hoek | 0.0 | 0.0 | 0.0 | 0.0 | 100.0 | 202 |
| Quthing | 0.2 | 0.0 | 0.5 | 0.2 | 99.1 | 105 |
| Qacha's Nek | 0.0 | 0.0 | 0.2 | 0.3 | 99.4 | 74 |
| Mokhotlong | 0.4 | 0.0 | 0.0 | 0.0 | 99.6 | 144 |
| Thaba-Tseka | 0.1 | 0.0 | 0.3 | 0.0 | 99.6 | 172 |
| Education |  |  |  |  |  |  |
| No education | 0.0 | 0.0 | 0.0 | 0.0 | 100.0 | 213 |
| Primary incomplete | 0.4 | 0.0 | 0.0 | 0.1 | 99.5 | 875 |
| Primary complete | 1.3 | 0.0 | 0.0 | 0.9 | 97.7 | 316 |
| Secondary | 1.2 | 0.0 | 0.4 | 0.0 | 98.4 | 1,043 |
| More than secondary | 4.3 | 2.0 | 3.3 | 1.5 | 89.0 | 214 |
| Wealth quintile |  |  |  |  |  |  |
| Lowest | 0.0 | 0.0 | 0.0 | 0.0 | 100.0 | 376 |
| Second | 0.0 | 0.0 | 0.0 | 0.2 | 99.8 | 479 |
| Middle | 0.3 | 0.0 | 0.3 | 0.0 | 99.4 | 536 |
| Fourth | 0.8 | 0.2 | 0.1 | 0.0 | 98.9 | 616 |
| Highest | 3.6 | 0.4 | 1.3 | 1.0 | 93.7 | 654 |
| Total 15-49 | 1.1 | 0.2 | 0.4 | 0.3 | 98.0 | 2,660 |
| 50-59 | 1.3 | 0.0 | 0.0 | 1.2 | 97.5 | 271 |
| Total 15-59 | 1.1 | 0.1 | 0.4 | 0.4 | 98.0 | 2,931 |

## Table 3.9.1 Use of tobacco: Women

Percentage of women age 15-49 who smoke cigarettes or a pipe or use other tobacco products, according to background characteristics and maternity status, Lesotho 2014

| Background characteristic | Uses tobacco |  |  |  | Does not use tobacco | Number of women |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Cigarettes | Pipe | Snuff | Other tobacco |  |  |
| Age |  |  |  |  |  |  |
| 15-19 | 0.2 | 0.0 | 0.2 | 0.0 | 99.7 | 1,440 |
| 20-24 | 0.6 | 0.0 | 1.5 | 0.1 | 97.9 | 1,325 |
| 25-29 | 0.3 | 0.1 | 4.7 | 0.0 | 95.0 | 1,094 |
| 30-34 | 0.1 | 0.0 | 8.6 | 0.3 | 91.1 | 957 |
| 35-39 | 0.1 | 0.1 | 11.2 | 0.1 | 88.6 | 744 |
| 40-44 | 0.2 | 0.2 | 23.1 | 0.1 | 76.5 | 562 |
| 45-49 | 0.0 | 0.0 | 25.1 | 0.1 | 74.8 | 499 |
| Maternity status |  |  |  |  |  |  |
| Pregnant | 0.0 | 0.0 | 4.7 | 0.1 | 95.3 | 284 |
| Breastfeeding (not pregnant) | 0.1 | 0.1 | 5.5 | 0.2 | 94.0 | 951 |
| Neither | 0.3 | 0.0 | 8.0 | 0.1 | 91.7 | 5,387 |
| Residence |  |  |  |  |  |  |
| Urban | 0.6 | 0.1 | 4.4 | 0.0 | 95.0 | 2,419 |
| Rural | 0.1 | 0.0 | 9.2 | 0.1 | 90.6 | 4,202 |
| Ecological zone |  |  |  |  |  |  |
| Lowlands | 0.3 | 0.0 | 5.4 | 0.0 | 94.3 | 4,184 |
| Foothills | 0.1 | 0.1 | 10.2 | 0.3 | 89.4 | 688 |
| Mountains | 0.1 | 0.1 | 11.8 | 0.2 | 88.0 | 1,288 |
| Senqu River Valley | 0.0 | 0.0 | 10.2 | 0.3 | 89.5 | 461 |
| District |  |  |  |  |  |  |
| Butha-Buthe | 0.0 | 0.0 | 4.8 | 0.0 | 95.2 | 385 |
| Leribe | 0.2 | 0.0 | 5.6 | 0.0 | 94.1 | 1,064 |
| Berea | 0.4 | 0.1 | 6.9 | 0.0 | 92.8 | 892 |
| Maseru | 0.4 | 0.1 | 5.8 | 0.1 | 93.6 | 1,864 |
| Mafeteng | 0.2 | 0.0 | 7.7 | 0.0 | 92.1 | 576 |
| Mohale's Hoek | 0.0 | 0.0 | 9.3 | 0.1 | 90.6 | 519 |
| Quthing | 0.0 | 0.3 | 6.2 | 0.2 | 93.3 | 315 |
| Qacha's Nek | 0.3 | 0.0 | 18.5 | 0.4 | 81.0 | 204 |
| Mokhotlong | 0.0 | 0.0 | 12.7 | 0.0 | 87.3 | 349 |
| Thaba-Tseka | 0.2 | 0.0 | 11.6 | 0.4 | 88.2 | 452 |
| Education |  |  |  |  |  |  |
| No education | 0.0 | 1.3 | 25.8 | 0.0 | 72.9 | 68 |
| Primary incomplete | 0.0 | 0.0 | 18.2 | 0.2 | 81.7 | 1,178 |
| Primary complete | 0.1 | 0.0 | 10.4 | 0.2 | 89.4 | 1,375 |
| Secondary | 0.4 | 0.0 | 3.4 | 0.0 | 96.2 | 3,418 |
| More than secondary | 0.6 | 0.4 | 0.3 | 0.0 | 99.0 | 581 |
| Wealth quintile |  |  |  |  |  |  |
| Lowest | 0.0 | 0.0 | 14.9 | 0.3 | 84.9 | 960 |
| Second | 0.2 | 0.0 | 10.3 | 0.2 | 89.3 | 1,033 |
| Middle | 0.1 | 0.1 | 8.2 | 0.0 | 91.6 | 1,244 |
| Fourth | 0.3 | 0.0 | 5.7 | 0.0 | 94.0 | 1,605 |
| Highest | 0.4 | 0.1 | 3.0 | 0.0 | 96.6 | 1,778 |
| Total | 0.3 | 0.0 | 7.5 | 0.1 | 92.2 | 6,621 |

Table 3.9.2 Use of tobacco: Men
Percentage of men age 15-49 who smoke cigarettes or a pipe or use other tobacco products and the percent distribution of cigarette smokers by number of cigarettes smoked in preceding 24 hours, according to background characteristics, Lesotho 2014

| Background characteristic | Uses tobacco |  |  |  | Does not use tobacco | Number of men | Percent distribution of men who smoke cigarettes by number of cigarettes smoked in the past 24 hours |  |  |  |  | Total | Number of cigarette smokers |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Cigarettes | Pipe | Snuff | Other tobacco |  |  | 0 | 1-2 | 3-5 | 6-9 | 10+ |  |  |
| Age |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 15-19 | 18.6 | 3.3 | 0.0 | 2.8 | 81.4 | 691 | 7.7 | 33.3 | 45.0 | 10.0 | 4.0 | 100.0 | 129 |
| 20-24 | 44.8 | 4.7 | 0.0 | 8.4 | 54.9 | 561 | 4.6 | 21.3 | 44.4 | 14.7 | 14.9 | 100.0 | 251 |
| 25-29 | 53.1 | 7.5 | 0.4 | 8.6 | 46.3 | 410 | 8.4 | 26.7 | 34.8 | 15.6 | 14.5 | 100.0 | 217 |
| 30-34 | 50.3 | 9.6 | 0.4 | 7.8 | 48.5 | 334 | 7.5 | 11.3 | 34.9 | 20.4 | 25.8 | 100.0 | 168 |
| 35-39 | 51.3 | 11.2 | 0.6 | 10.8 | 47.8 | 276 | 5.7 | 14.4 | 38.0 | 20.7 | 21.2 | 100.0 | 141 |
| 40-44 | 48.4 | 6.1 | 2.3 | 9.0 | 49.8 | 221 | 11.5 | 17.4 | 40.5 | 12.3 | 18.3 | 100.0 | 107 |
| 45-49 | 47.9 | 3.7 | 2.7 | 13.1 | 49.5 | 168 | 13.7 | 14.6 | 43.2 | 13.5 | 15.0 | 100.0 | 81 |
| Residence |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Urban | 37.9 | 5.4 | 0.3 | 5.6 | 61.7 | 920 | 5.9 | 18.7 | 36.2 | 17.6 | 21.6 | 100.0 | 348 |
| Rural | 42.9 | 6.5 | 0.7 | 8.5 | 56.3 | 1,741 | 8.5 | 21.3 | 41.5 | 14.8 | 13.9 | 100.0 | 746 |
| Ecological zone |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Lowlands | 40.6 | 5.7 | 0.4 | 6.1 | 58.8 | 1,711 | 4.8 | 19.1 | 39.7 | 16.5 | 19.9 | 100.0 | 696 |
| Foothills | 44.3 | 5.6 | 0.0 | 14.6 | 55.7 | 252 | 16.8 | 24.4 | 32.6 | 17.5 | 8.7 | 100.0 | 112 |
| Mountains | 41.3 | 7.9 | 0.8 | 5.6 | 57.6 | 523 | 7.7 | 24.3 | 43.1 | 13.3 | 11.5 | 100.0 | 216 |
| Senqu River Valley | 40.8 | 5.7 | 1.5 | 16.2 | 57.3 | 174 | 21.1 | 16.3 | 41.5 | 11.8 | 9.3 | 100.0 | 71 |
| District |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Butha-Buthe | 45.8 | 6.2 | 0.3 | 11.1 | 53.4 | 143 | 18.1 | 26.8 | 34.5 | 9.6 | 11.0 | 100.0 | 65 |
| Leribe | 42.6 | 7.0 | 0.7 | 9.7 | 57.0 | 390 | 7.2 | 24.0 | 37.2 | 15.0 | 16.6 | 100.0 | 166 |
| Berea | 43.1 | 8.3 | 0.0 | 10.5 | 56.3 | 379 | 4.3 | 24.6 | 40.0 | 16.2 | 14.8 | 100.0 | 164 |
| Maseru | 40.4 | 3.6 | 0.2 | 2.9 | 59.6 | 809 | 4.5 | 14.1 | 41.3 | 20.5 | 19.6 | 100.0 | 327 |
| Mafeteng | 40.8 | 8.1 | 1.0 | 4.2 | 57.4 | 242 | 1.0 | 24.8 | 42.4 | 9.3 | 22.5 | 100.0 | 98 |
| Mohale's Hoek | 38.4 | 5.7 | 1.2 | 19.9 | 60.1 | 202 | 23.2 | 14.1 | 35.6 | 6.5 | 20.7 | 100.0 | 78 |
| Quthing | 36.6 | 7.1 | 0.0 | 8.4 | 63.4 | 105 | 5.0 | 23.3 | 46.1 | 13.4 | 12.3 | 100.0 | 38 |
| Qacha's Nek | 38.5 | 13.2 | 2.1 | 6.8 | 57.6 | 74 | 4.0 | 24.3 | 39.1 | 19.4 | 13.2 | 100.0 | 29 |
| Mokhotlong | 39.7 | 1.6 | 0.5 | 2.7 | 59.7 | 144 | 9.2 | 25.0 | 30.5 | 21.3 | 14.1 | 100.0 | 57 |
| Thaba-Tseka | 41.5 | 8.7 | 1.3 | 8.2 | 56.6 | 172 | 15.3 | 20.4 | 49.0 | 13.4 | 2.0 | 100.0 | 71 |
| Education |  |  |  |  |  |  |  |  |  |  |  |  |  |
| No education | 63.3 | 14.9 | 1.1 | 11.8 | 34.3 | 213 | 9.4 | 18.3 | 44.1 | 14.3 | 13.8 | 100.0 | 135 |
| Primary incomplete | 49.6 | 8.2 | 0.8 | 8.4 | 49.4 | 875 | 10.3 | 20.5 | 36.6 | 15.4 | 17.2 | 100.0 | 434 |
| Primary complete | 41.6 | 5.1 | 0.5 | 9.2 | 57.9 | 316 | 7.4 | 19.2 | 39.0 | 19.6 | 14.7 | 100.0 | 131 |
| Secondary | 33.0 | 3.4 | 0.3 | 5.9 | 66.8 | 1,043 | 4.7 | 20.6 | 43.5 | 14.4 | 16.7 | 100.0 | 344 |
| More than secondary | 23.3 | 3.4 | 0.0 | 4.9 | 76.1 | 214 | (0.9) | (28.4) | (32.4) | (19.8) | (18.6) | 100.0 | 50 |
| Wealth quintile |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Lowest | 44.0 | 8.0 | 1.4 | 9.7 | 53.7 | 376 | 15.6 | 20.2 | 42.2 | 14.6 | 7.4 | 100.0 | 166 |
| Second | 46.8 | 7.2 | 0.2 | 8.5 | 52.5 | 479 | 6.0 | 22.6 | 39.8 | 14.2 | 17.3 | 100.0 | 224 |
| Middle | 45.9 | 6.4 | 0.7 | 8.9 | 53.7 | 536 | 7.6 | 20.2 | 40.5 | 18.8 | 12.8 | 100.0 | 246 |
| Fourth | 40.8 | 5.4 | 0.6 | 6.6 | 58.7 | 616 | 4.9 | 18.7 | 39.1 | 13.9 | 23.5 | 100.0 | 251 |
| Highest | 31.7 | 4.7 | 0.1 | 5.2 | 68.0 | 654 | 6.5 | 21.0 | 37.9 | 16.6 | 18.1 | 100.0 | 207 |
| Total 15-49 | 41.1 | 6.1 | 0.5 | 7.5 | 58.2 | 2,660 | 7.7 | 20.5 | 39.8 | 15.7 | 16.4 | 100.0 | 1,094 |
| 50-59 | 43.4 | 6.4 | 2.6 | 6.9 | 53.7 | 271 | 9.1 | 19.8 | 39.1 | 11.6 | 20.5 | 100.0 | 117 |
| Total 15-59 | 41.3 | 6.1 | 0.7 | 7.4 | 57.7 | 2,931 | 7.8 | 20.4 | 39.7 | 15.3 | 16.8 | 100.0 | 1,212 |

Note: Figures in parentheses are based on 25-49 unweighted cases.

## Table 3.10.1 Time away from home: Women

In the past 12 months, the percentage of women age 15-49 who have been away from home for 1 or more nights, the percentage who have been away for more than 1 month at a time, and the percentage who have not been away at all; in the past 5 years, the percentage of women who have been away for 3 or more months at a time, and among women who have been away for 3 or more months at a time in the past 5 years, the mean number of times they have been away for 3 or more months, Lesotho 2014

| Background characteristic | In the past 12 months, percentage of women who have been away for: |  |  |  | In the past 5 years, percentage of women who have been away for 3 or more months | Number of women | Among women who have been away for 3 or more months in the past 5 years, the mean number of times they have been away for <br> 3 or more months | Number of women |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | One or more nights | More than 1 month | Not away | Number of women |  |  |  |  |
| Age |  |  |  |  |  |  |  |  |
| 15-19 | 42.5 | 16.0 | 57.5 | 1,440 | 16.3 | 1,440 | 3.2 | 235 |
| 20-24 | 49.4 | 21.5 | 50.6 | 1,325 | 29.5 | 1,325 | 3.4 | 391 |
| 25-29 | 53.8 | 16.2 | 46.2 | 1,094 | 28.0 | 1,094 | 2.7 | 306 |
| 30-34 | 55.7 | 13.3 | 44.3 | 957 | 18.9 | 957 | 2.6 | 181 |
| 35-39 | 53.7 | 9.8 | 46.3 | 744 | 15.5 | 744 | 2.5 | 115 |
| 40-44 | 56.9 | 9.5 | 43.1 | 562 | 14.5 | 562 | 2.7 | 82 |
| 45-49 | 52.0 | 10.8 | 48.0 | 499 | 15.4 | 499 | 2.3 | 77 |
| Residence |  |  |  |  |  |  |  |  |
| Urban | 55.0 | 12.7 | 45.0 | 2,419 | 19.4 | 2,419 | 3.1 | 469 |
| Rural | 48.5 | 16.5 | 51.5 | 4,202 | 21.8 | 4,202 | 2.8 | 918 |
| Ecological zone |  |  |  |  |  |  |  |  |
| Lowlands | 56.0 | 14.6 | 44.0 | 4,184 | 20.5 | 4,184 | 2.7 | 856 |
| Foothills | 52.2 | 19.5 | 47.8 | 688 | 23.6 | 688 | 3.0 | 162 |
| Mountains | 35.2 | 14.1 | 64.8 | 1,288 | 20.2 | 1,288 | 3.6 | 260 |
| Senqu River Valley | 46.2 | 16.4 | 53.8 | 461 | 23.6 | 461 | 3.0 | 109 |
| District |  |  |  |  |  |  |  |  |
| Butha-Buthe | 39.7 | 12.3 | 60.3 | 385 | 16.2 | 385 | 3.2 | 62 |
| Leribe | 61.9 | 18.4 | 38.1 | 1,064 | 22.2 | 1,064 | 3.0 | 237 |
| Berea | 59.9 | 15.1 | 40.1 | 892 | 22.1 | 892 | 2.4 | 197 |
| Maseru | 54.4 | 13.8 | 45.6 | 1,864 | 20.0 | 1,864 | 2.9 | 372 |
| Mafeteng | 49.3 | 15.4 | 50.7 | 576 | 21.0 | 576 | 1.9 | 121 |
| Mohale's Hoek | 45.8 | 16.3 | 54.2 | 519 | 26.6 | 519 | 3.4 | 138 |
| Quthing | 39.4 | 14.4 | 60.6 | 315 | 22.2 | 315 | 2.5 | 70 |
| Qacha's Nek | 52.8 | 20.3 | 47.2 | 204 | 25.4 | 204 | 2.4 | 52 |
| Mokhotlong | 35.7 | 14.6 | 64.3 | 349 | 20.3 | 349 | 5.0 | 71 |
| Thaba-Tseka | 29.0 | 11.6 | 71.0 | 452 | 14.9 | 452 | 3.8 | 68 |
| Education |  |  |  |  |  |  |  |  |
| No education | 27.9 | 7.0 | 72.1 | 68 | 14.0 | 68 | * | 10 |
| Primary incomplete | 39.9 | 11.2 | 60.1 | 1,178 | 19.2 | 1,178 | 2.6 | 227 |
| Primary complete | 48.8 | 15.0 | 51.2 | 1,375 | 20.5 | 1,375 | 2.4 | 282 |
| Secondary | 52.5 | 15.7 | 47.5 | 3,418 | 21.2 | 3,418 | 3.1 | 725 |
| More than secondary | 71.0 | 20.9 | 29.0 | 581 | 24.7 | 581 | 3.7 | 144 |
| Wealth quintile |  |  |  |  |  |  |  |  |
| Lowest | 34.7 | 12.4 | 65.3 | 960 | 21.1 | 960 | 2.7 | 203 |
| Second | 45.7 | 17.9 | 54.3 | 1,033 | 21.7 | 1,033 | 3.0 | 224 |
| Middle | 48.1 | 15.6 | 51.9 | 1,244 | 22.6 | 1,244 | 2.5 | 281 |
| Fourth | 56.8 | 16.9 | 43.2 | 1,605 | 22.6 | 1,605 | 3.2 | 363 |
| Highest | 59.2 | 13.0 | 40.8 | 1,778 | 17.7 | 1,778 | 3.1 | 316 |
| Total 15-49 | 50.9 | 15.1 | 49.1 | 6,621 | 20.9 | 6,621 | 2.9 | 1,387 |

Note: An asterisk indicates that a figure is based on fewer than 25 cases and has been suppressed.

Table 3.10.2 Time away from home: Men
In the past 12 months, the percentage of men age 15-49 who have been away from home for 1 or more nights, the percentage who have been away for more than 1 month at a time, and the percentage who have not been away at all; in the past 5 years, the percentage of men who have been away for 3 or more months at a time, and among men who have been away for 3 or more months at a time in the past 5 years, the mean number of times they have been away for 3 or more months, Lesotho 2014

| Background characteristic | In the past 12 months, percentage of men who have been away for: |  |  |  | In the past 5 years, percentage of men who have been away for 3 or more months | Number of men | Among men who have been away for 3 or more months in the past 5 years, the mean number of times they have been away for 3 or more months | Number of men |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | One or more nights | More than 1 month | Not away | Number of men |  |  |  |  |
| Age |  |  |  |  |  |  |  |  |
| 15-19 | 47.4 | 14.5 | 52.6 | 691 | 18.7 | 691 | 1.9 | 130 |
| 20-24 | 54.0 | 22.6 | 46.0 | 561 | 35.4 | 561 | 2.3 | 198 |
| 25-29 | 58.1 | 24.3 | 41.9 | 410 | 40.2 | 410 | 2.1 | 165 |
| 30-34 | 60.6 | 20.0 | 39.4 | 334 | 33.5 | 334 | 1.9 | 112 |
| 35-39 | 50.6 | 12.7 | 49.4 | 276 | 25.1 | 276 | 2.6 | 69 |
| 40-44 | 46.9 | 15.7 | 53.1 | 221 | 22.2 | 221 | 2.2 | 49 |
| 45-49 | 48.6 | 11.3 | 51.4 | 168 | 22.6 | 168 | (2.3) | 38 |
| Residence |  |  |  |  |  |  |  |  |
| Urban | 55.2 | 14.6 | 44.8 | 920 | 25.0 | 920 | 2.0 | 230 |
| Rural | 51.0 | 20.0 | 49.0 | 1,741 | 30.5 | 1,741 | 2.2 | 532 |
| Ecological zone |  |  |  |  |  |  |  |  |
| Lowlands | 55.2 | 16.5 | 44.8 | 1,711 | 27.5 | 1,711 | 2.0 | 470 |
| Foothills | 50.9 | 19.1 | 49.1 | 252 | 31.8 | 252 | 1.6 | 80 |
| Mountains | 45.8 | 23.4 | 54.2 | 523 | 30.6 | 523 | 2.8 | 160 |
| Senqu River Valley | 48.2 | 16.8 | 51.8 | 174 | 29.3 | 174 | 2.5 | 51 |
| District |  |  |  |  |  |  |  |  |
| Butha-Buthe | 46.2 | 14.4 | 53.8 | 143 | 25.9 | 143 | 2.7 | 37 |
| Leribe | 58.0 | 20.8 | 42.0 | 390 | 27.6 | 390 | 2.6 | 108 |
| Berea | 53.7 | 14.5 | 46.3 | 379 | 27.3 | 379 | 1.4 | 104 |
| Maseru | 56.9 | 18.4 | 43.1 | 809 | 29.2 | 809 | 1.8 | 236 |
| Mafeteng | 48.6 | 17.3 | 51.4 | 242 | 28.7 | 242 | 1.7 | 69 |
| Mohale's Hoek | 45.1 | 18.4 | 54.9 | 202 | 30.9 | 202 | 2.9 | 62 |
| Quthing | 53.3 | 17.7 | 46.7 | 105 | 25.6 | 105 | (2.2) | 27 |
| Qacha's Nek | 59.8 | 17.5 | 40.2 | 74 | 35.1 | 74 | 2.3 | 26 |
| Mokhotlong | 48.2 | 24.2 | 51.8 | 144 | 29.2 | 144 | 3.6 | 42 |
| Thaba-Tseka | 35.9 | 18.1 | 64.1 | 172 | 28.8 | 172 | 2.9 | 50 |
| Education |  |  |  |  |  |  |  |  |
| No education | 45.2 | 17.1 | 54.8 | 213 | 27.2 | 213 | 2.6 | 58 |
| Primary incomplete | 44.1 | 17.0 | 55.9 | 875 | 29.8 | 875 | 2.1 | 261 |
| Primary complete | 51.2 | 17.4 | 48.8 | 316 | 32.8 | 316 | 1.8 | 103 |
| Secondary | 56.6 | 18.5 | 43.4 | 1,043 | 26.1 | 1,043 | 2.3 | 273 |
| More than secondary | 75.8 | 23.3 | 24.2 | 214 | 31.1 | 214 | 2.4 | 66 |
| Wealth quintile |  |  |  |  |  |  |  |  |
| Lowest | 45.3 | 19.2 | 54.7 | 376 | 29.4 | 376 | 2.5 | 111 |
| Second | 43.2 | 17.9 | 56.8 | 479 | 30.9 | 479 | 2.2 | 148 |
| Middle | 54.1 | 20.9 | 45.9 | 536 | 30.7 | 536 | 1.9 | 165 |
| Fourth | 56.2 | 17.8 | 43.8 | 616 | 26.1 | 616 | 2.2 | 161 |
| Highest | 58.5 | 15.7 | 41.5 | 654 | 27.1 | 654 | 2.1 | 177 |
| Total 15-49 | 52.5 | 18.1 | 47.5 | 2,660 | 28.6 | 2,660 | 2.2 | 761 |
| 50-59 | 43.3 | 11.4 | 56.7 | 271 | 17.1 | 271 | 1.9 | 46 |
| Total 15-59 | 51.6 | 17.5 | 48.4 | 2,931 | 27.6 | 2,931 | 2.2 | 808 |

Note: Figures in parentheses are based on 25-49 unweighted cases.

## MARRIAGE AND SEXUAL ACTIVITY

## Key Findings

- Age at first marriage: Marriage is almost universal in Lesotho, but women marry more than 5 years earlier than men, on average. The median age at first marriage is 20.3 years for women age $25-49$ and 25.9 years for men age 30-49.
- Polygyny: Two percent of married women reported that their husband has more than one (multiple) wives.
- Sexual initiation: The median age at first sexual intercourse is 1.8 years earlier than the median age at first marriage for women and 6.4 years earlier for men, indicating that both women and men engage in sex before marriage.
- Postponing marriage but not sex: Women and men in Lesotho are waiting longer to get married, but not to initiate sex. Since 2004, the median age at first sexual intercourse has changed little among women (18.7 years in 2004 versus 18.5 years in 2014), while for men, it has dropped from 19.0 years to 18.1. During the same period, the median age at first marriage for women has increased from 19.1 years to 20.3 years and for men from 25.0 years to 25.9 years.
- Widowhood: More than $20 \%$ of women in their 40 s are widowed

Marriage and sexual activity help determine the extent to which women are exposed to the risk of pregnancy. Thus, they are important determinants of fertility levels. However, the timing and circumstances of marriage and sexual activity also have profound consequences for women's and men's lives.

This chapter presents information on marital status, polygyny, age at first marriage, and age at first sexual intercourse for both women and men.

### 4.1 Marital Status

## Currently married

Women and men who report being married or living together with a partner as though married at the time of the survey
Sample: Women and men age 15-49

Marriage is nearly universal in Lesotho. By age 45-49, only $6 \%$ of women and men have never been married (Table 4.1). Fifty-five percent of women and $37 \%$ of men age 15-49 are currently married or living together with a partner as though married (Figure 4.1). Women are more likely than men to be widowed ( $7 \%$ versus $2 \%)$ while the proportion of women and men who are divorced or separated is identical ( $5 \%$ ). More than one in five women age 40-49 are widowed.

Figure 4.1 Marital status


Trends: Since 2004, the proportion of women married or living together has increased slightly, from $52 \%$ to $55 \%$, while the proportion of widowed women has declined from $9 \%$ to $7 \%$.

The proportion of men married or living together has not changed substantially, increasing from $38 \%$ in 2004 to $39 \%$ in 2009 and falling to $37 \%$ in 2014 . Over this same time period, the proportion of men who were widowed has remained constant at $2 \%$.

### 4.2 Polygyny

## Polygyny

Women who report that their husband or partner has other wives are considered to be in a polygynous marriage.
Sample: Currently married women age 15-49

Two percent of women reported that their husband or partner has other wives (Table 4.2.1). While most married women ( $93 \%$ ) reported that their husband has no other wives, $5 \%$ said they did not know. Men were about as likely as women to report multiple wives (Table 4.2.2).

Trends: The percentage of men who reported that they had multiple wives decreased from 5\% in 2004 to 3\% in 2014.

## Patterns by background characteristics

- Older women are slightly more likely than younger women to have co-wives. About $4 \%$ of women age $40-$ 44 and age 45-49 report their husbands have multiple wives. (Table 4.2.1).
- Women are most likely to report co-wives in Mohale's Hoek (4\%) and least likely to do so in Butha-Buthe $(0.2 \%)$. In contrast, men living in Butha-Buthe, Leribe, Maseru, and Qacha's Nek were most likely to report having multiple wives ( $4 \%$ each) while those living in Quthing and Thaba-Tseka were least likely ( $0 \%$ each).
- In general, less educated women are more likely to have co-wives. Five percent of women with primary incomplete education report that their husband has multiple wives compared with $1 \%$ of women with more than secondary education.


### 4.3 Age at First Marriage

## Median age at first marriage

Age by which half of respondents have been married.
Sample: Women age 25-49 and men age 30-59
Women tend to marry considerably earlier than men in Lesotho. The median age at first marriage is 20.3 years among women age 25-49 and 25.9 years among men age 30-59 (Table 4.3). While one in four women ( $25 \%$ ) marry before their eighteenth birthday, only $4 \%$ of men marry that young.

Trends: The median age at first marriage for women age 25-49 has increased slowly but steadily over time, from 19.1 years in 2004 to 20.3 years in 2014. Over the same time period, the proportion of women who were married before age 18 declined from $35 \%$ to $25 \%$. For men age $30-59$, the median age at first marriage increased from 25.0 in 2004 to 25.9 in 2014.

## Patterns by background characteristics

- Urban women marry later than rural women. For women age $25-49$, the median age at first marriage is 2.5 years older among urban than among rural women (22.1 years versus 19.6 years) (Table 4.4).
- The median age at first marriage for women ranges from 19.3 years in Mokhotlong to 21.0 years in Maseru.
- Educated women marry much later. There is almost a 7 -year difference in the median age at first marriage between women with the least and most education ( 18.1 years versus 24.9 years).
- Women in wealthy households marry later. The median age at first marriage is over 3 years older in the highest wealth quintile than in the lowest quintile ( 22.4 years versus 19.0 years).


### 4.4 Age at First Sexual Intercourse

## Median age at first sexual intercourse

Age by which half of respondents have had sexual intercourse.
Sample: Women and men age 20-49

The median age at first intercourse for women age 20-49 in Lesotho is 18.5 years (Table 4.5). Six percent of women age 20-49 have first sex before age 15 , and $42 \%$ before age 18 . By age $20,72 \%$ of women have had sexual intercourse.

On average, men in Lesotho have their first sexual intercourse at younger ages than women. The median age at first intercourse for men age 20-49 is 18.1 years. Twelve percent of men age 20-49 first have sex before age 15 and $49 \%$ do so before age 18 . By age $20,70 \%$ of men have experienced sexual intercourse.

Age at first marriage is widely considered a proxy indicator for the age at which women begin to be exposed to the risks inherent in sexual activity. A comparison of the median age at first intercourse with the median age at first marriage can be used as a measure of whether respondents engage in sex before marriage. The median age
at first intercourse for women age 25-49 in Lesotho is almost 2 years younger than the median age at first marriage of women age 25-49 ( 18.5 years versus 20.3 years), indicating that many women engage in sex before marriage (Figure 4.2). Thus, women in Lesotho may be exposed to the risk of pregnancy and begin childbearing at an even earlier age than indicated by the median age at first marriage.

The median age at first intercourse for men age 25-49 is 18.6 years, which is nearly identical to the median age at first intercourse for women age 25-49 (18.5 years). By contrast, the median age at first marriage for men age 3049 is 25.9 years. Thus, on average, men in Lesotho are initiating sexual intercourse many years prior to marriage.

Trends: Since 2004, the median age at first sexual intercourse has changed little among women age 20-49 ( 18.7 years versus 18.5 years) while for men age 20-49, it has dropped from 19.0 years to 18.1 years. The proportion of women age 20-49 engaging in sex before age 18 has increased slightly, from $39 \%$ to $42 \%$; the proportion of men age 20-49 engaging in sex before age 18 has shot up, from $34 \%$ to $49 \%$.

Figure 4.2 Median age at first sexual intercourse and first marriage among women and men

Median age in years
■ Women age 25-49 ■ Men age 25-49


Median age at first sex Median age at first marriage

## Patterns by background characteristics

- Rural and urban women age 20-49 start having sex around the same age. The median age at first sex is 0.4 years younger among rural than among urban women (18.3 years versus 18.7 years) (Table 4.6).
- The median age at first sexual intercourse for women age 20-49 ranges from 17.5 years in Quthing to 18.7 years in Butha-Buthe and Berea.
- More educated women wait longer before having sex. Among women age 25-49, there is a nearly 3-year difference in the median age at first sex between women with the most and least education (20.3 years versus 17.5 years).
- Age at first sexual intercourse increases steadily with household wealth. The median age at first sex in the lowest quintile is 1.2 years younger than in the highest wealth quintile.


### 4.5 Recent Sexual Activity

The survey also collected data on recent sexual activity. Forty-one percent of women and $48 \%$ of men age 15-49 reported having sexual intercourse during the four weeks before the survey. More than one in ten women and men ( $14 \%$ and $13 \%$, respectively) have never had sexual intercourse. For more information on recent sexual activity, see Tables 4.7.1 and 4.7.2.

## List of Tables

For more information on marriage and sexual activity, see the following tables:

- Table 4.1 Current marital status
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- Table 4.3 Age at first marriage
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- Table 4.5 Age at first sexual intercourse
- Table 4.6 Median age at first sexual intercourse by background characteristics
- Table 4.7.1 Recent sexual activity: Women
- Table 4.7.2 Recent sexual activity: Men

Table 4.1 Current marital status
Percent distribution of women and men age 15-49 by current marital status, according to age, Lesotho 2014

| Age | Marital status |  |  |  |  |  |  | Percentage of respondents currently in union | Number of respondents |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Never married | Married | Living together | Divorced | Separated | Widowed | Total |  |  |
| WOMEN |  |  |  |  |  |  |  |  |  |
| 15-19 | 81.6 | 17.7 | 0.0 | 0.0 | 0.5 | 0.1 | 100.0 | 17.7 | 1,440 |
| 20-24 | 41.1 | 51.8 | 1.1 | 1.3 | 3.7 | 1.1 | 100.0 | 52.9 | 1,325 |
| 25-29 | 21.3 | 68.3 | 0.9 | 1.3 | 4.8 | 3.4 | 100.0 | 69.2 | 1,094 |
| 30-34 | 13.0 | 67.4 | 2.5 | 2.3 | 6.6 | 8.3 | 100.0 | 69.9 | 957 |
| 35-39 | 7.0 | 72.3 | 0.9 | 2.3 | 5.8 | 11.8 | 100.0 | 73.2 | 744 |
| 40-44 | 5.9 | 66.3 | 0.7 | 2.7 | 3.5 | 20.9 | 100.0 | 67.0 | 562 |
| 45-49 | 5.6 | 61.0 | 1.0 | 2.2 | 5.4 | 24.8 | 100.0 | 62.0 | 499 |
| Total | 33.1 | 53.6 | 1.0 | 1.5 | 3.9 | 7.0 | 100.0 | 54.6 | 6,621 |
| MEN |  |  |  |  |  |  |  |  |  |
| 15-19 | 99.0 | 1.0 | 0.0 | 0.0 | 0.0 | 0.0 | 100.0 | 1.0 | 691 |
| 20-24 | 83.3 | 15.3 | 0.1 | 0.2 | 0.8 | 0.2 | 100.0 | 15.5 | 561 |
| 25-29 | 42.7 | 49.3 | 1.3 | 1.6 | 4.6 | 0.4 | 100.0 | 50.6 | 410 |
| 30-34 | 27.7 | 59.8 | 1.8 | 0.9 | 7.9 | 1.9 | 100.0 | 61.5 | 334 |
| 35-39 | 20.3 | 61.4 | 2.0 | 4.4 | 9.3 | 2.6 | 100.0 | 63.4 | 276 |
| 40-44 | 7.5 | 75.5 | 2.4 | 1.6 | 6.2 | 6.8 | 100.0 | 77.9 | 221 |
| 45-49 | 5.8 | 76.1 | 1.0 | 2.3 | 7.1 | 7.6 | 100.0 | 77.2 | 168 |
| Total 15-49 | 56.4 | 36.0 | 0.9 | 1.2 | 3.8 | 1.7 | 100.0 | 37.0 | 2,660 |
| 50-59 | 3.5 | 67.1 | 2.3 | 1.5 | 6.8 | 18.8 | 100.0 | 69.4 | 271 |
| Total 15-59 | 51.5 | 38.9 | 1.0 | 1.2 | 4.1 | 3.3 | 100.0 | 40.0 | 2,931 |


| Table 4.2.1 Number of women's co-wives |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percent distribution of currently married women age 15-49 by number of co-wives, according to background characteristics, Lesotho 2014 |  |  |  |  |  |  |
| Background characteristic | Number of co-wives |  |  |  | Total | Number of women |
|  | 0 | 1 | $2+$ | Don't know |  |  |
| Age |  |  |  |  |  |  |
| 15-19 | 94.3 | 1.0 | 0.0 | 4.7 | 100.0 | 255 |
| 20-24 | 94.7 | 1.2 | 0.1 | 4.0 | 100.0 | 701 |
| 25-29 | 94.0 | 1.3 | 0.4 | 4.3 | 100.0 | 757 |
| 30-34 | 93.0 | 2.8 | 0.3 | 3.9 | 100.0 | 669 |
| 35-39 | 93.1 | 0.9 | 0.7 | 5.3 | 100.0 | 544 |
| 40-44 | 89.0 | 3.4 | 0.8 | 6.8 | 100.0 | 377 |
| 45-49 | 93.1 | 3.5 | 0.2 | 3.2 | 100.0 | 310 |
| Residence |  |  |  |  |  |  |
| Urban | 94.4 | 1.6 | 0.1 | 3.9 | 100.0 | 1,150 |
| Rural | 92.7 | 2.0 | 0.5 | 4.8 | 100.0 | 2,463 |
| Ecological zone |  |  |  |  |  |  |
| Lowlands | 93.7 | 2.1 | 0.3 | 3.9 | 100.0 | 2,134 |
| Foothills | 91.2 | 2.8 | 0.2 | 5.7 | 100.0 | 427 |
| Mountains | 92.8 | 0.8 | 0.6 | 5.7 | 100.0 | 797 |
| Senqu River Valley | 93.5 | 2.3 | 0.3 | 3.9 | 100.0 | 254 |
| District |  |  |  |  |  |  |
| Butha-Buthe | 96.0 | 0.2 | 0.0 | 3.8 | 100.0 | 211 |
| Leribe | 91.3 | 2.5 | 0.1 | 6.1 | 100.0 | 577 |
| Berea | 95.4 | 0.9 | 0.4 | 3.3 | 100.0 | 461 |
| Maseru | 93.6 | 2.5 | 0.5 | 3.5 | 100.0 | 968 |
| Mafeteng | 92.5 | 2.3 | 0.0 | 5.3 | 100.0 | 312 |
| Mohale's Hoek | 91.6 | 3.5 | 0.5 | 4.4 | 100.0 | 297 |
| Quthing | 92.4 | 0.4 | 0.0 | 7.3 | 100.0 | 158 |
| Qacha's Nek | 90.3 | 0.4 | 0.0 | 9.3 | 100.0 | 114 |
| Mokhotlong | 90.8 | 0.8 | 0.3 | 8.1 | 100.0 | 205 |
| Thaba-Tseka | 95.9 | 1.7 | 1.4 | 1.0 | 100.0 | 308 |
| Education |  |  |  |  |  |  |
| No education | 90.2 | 1.2 | 2.1 | 6.5 | 100.0 | 47 |
| Primary incomplete | 91.2 | 4.1 | 0.7 | 4.0 | 100.0 | 695 |
| Primary complete | 93.3 | 1.1 | 0.4 | 5.2 | 100.0 | 909 |
| Secondary | 93.8 | 1.7 | 0.2 | 4.3 | 100.0 | 1,665 |
| More than secondary | 94.8 | 0.5 | 0.2 | 4.5 | 100.0 | 297 |
| Wealth quintile |  |  |  |  |  |  |
| Lowest | 94.3 | 1.3 | 0.5 | 4.0 | 100.0 | 592 |
| Second | 92.9 | 2.2 | 0.4 | 4.5 | 100.0 | 602 |
| Middle | 92.5 | 2.9 | 0.5 | 4.1 | 100.0 | 676 |
| Fourth | 93.8 | 1.7 | 0.3 | 4.2 | 100.0 | 844 |
| Highest | 92.7 | 1.5 | 0.3 | 5.5 | 100.0 | 898 |
| Total | 93.2 | 1.9 | 0.4 | 4.5 | 100.0 | 3,612 |


| Table 4.2.2 Number of men's wives |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| Percent distribution of currently married men age 15-49 by number of wives, according to background characteristics, Lesotho 2014 |  |  |  |  |
| Background characteristic | Number of wives |  | Total | Number of men |
|  | 1 | 2+ |  |  |
| Age |  |  |  |  |
| 15-19 | * | * | 100.0 | 7 |
| 20-24 | 100.0 | 0.0 | 100.0 | 87 |
| 25-29 | 98.4 | 1.6 | 100.0 | 207 |
| 30-34 | 99.4 | 0.6 | 100.0 | 206 |
| 35-39 | 96.1 | 3.9 | 100.0 | 175 |
| 40-44 | 93.6 | 6.4 | 100.0 | 172 |
| 45-49 | 97.6 | 2.4 | 100.0 | 130 |
| Residence |  |  |  |  |
| Urban | 96.9 | 3.1 | 100.0 | 349 |
| Rural | 97.7 | 2.3 | 100.0 | 634 |
| Ecological zone |  |  |  |  |
| Lowlands | 97.3 | 2.7 | 100.0 | 593 |
| Foothills | 95.3 | 4.7 | 100.0 | 100 |
| Mountains | 98.3 | 1.7 | 100.0 | 229 |
| Senqu River Valley | 98.9 | 1.1 | 100.0 | 61 |
| District |  |  |  |  |
| Butha-Buthe | 96.0 | 4.0 | 100.0 | 57 |
| Leribe | 96.2 | 3.8 | 100.0 | 130 |
| Berea | 97.9 | 2.1 | 100.0 | 142 |
| Maseru | 96.3 | 3.7 | 100.0 | 291 |
| Mafeteng | 99.5 | 0.5 | 100.0 | 87 |
| Mohale's Hoek | 98.1 | 1.9 | 100.0 | 68 |
| Quthing | 100.0 | 0.0 | 100.0 | 28 |
| Qacha's Nek | 96.3 | 3.7 | 100.0 | 26 |
| Mokhotlong | 97.5 | 2.5 | 100.0 | 64 |
| Thaba-Tseka | 100.0 | 0.0 | 100.0 | 91 |
| Education |  |  |  |  |
| No education | 98.1 | 1.9 | 100.0 | 114 |
| Primary incomplete | 97.6 | 2.4 | 100.0 | 337 |
| Primary complete | 97.5 | 2.5 | 100.0 | 146 |
| Secondary | 96.1 | 3.9 | 100.0 | 292 |
| More than secondary | 100.0 | 0.0 | 100.0 | 94 |
| Wealth quintile |  |  |  |  |
| Lowest | 98.2 | 1.8 | 100.0 | 164 |
| Second | 96.4 | 3.6 | 100.0 | 171 |
| Middle | 97.3 | 2.7 | 100.0 | 196 |
| Fourth | 98.0 | 2.0 | 100.0 | 206 |
| Highest | 97.2 | 2.8 | 100.0 | 246 |
| Total 15-49 | 97.4 | 2.6 | 100.0 | 983 |
| 50-59 | 98.2 | 1.8 | 100.0 | 188 |
| Total 15-59 | 97.5 | 2.5 | 100.0 | 1,171 |

Note: An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.

## Table 4.3 Age at first marriage

Percentage of women and men age 15-49 who were first married by specific exact ages and median age at first marriage, according to current age, Lesotho 2014

| Current age | Percentage first married by exact age: |  |  |  |  | Percentage never married | Number of respondents | Median age at first marriage |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 15 | 18 | 20 | 22 | 25 |  |  |  |
| WOMEN |  |  |  |  |  |  |  |  |
| 15-19 | 1.3 | na | na | na | na | 81.6 | 1,440 | a |
| 20-24 | 1.0 | 17.3 | 38.8 | na | na | 41.1 | 1,325 | a |
| 25-29 | 2.6 | 19.8 | 40.3 | 56.6 | 71.8 | 21.3 | 1,094 | 21.0 |
| 30-34 | 4.5 | 21.6 | 43.5 | 56.3 | 71.1 | 13.0 | 957 | 20.9 |
| 35-39 | 1.9 | 24.1 | 49.3 | 63.2 | 76.2 | 7.0 | 744 | 20.1 |
| 40-44 | 4.6 | 33.3 | 53.0 | 71.4 | 81.5 | 5.9 | 562 | 19.7 |
| 45-49 | 4.3 | 35.6 | 61.0 | 76.5 | 86.4 | 5.6 | 499 | 19.2 |
| 20-49 | 2.8 | 23.1 | 45.2 | na | na | 19.6 | 5,181 | a |
| 25-49 | 3.4 | 25.1 | 47.4 | 62.5 | 75.8 | 12.2 | 3,856 | 20.3 |
| MEN |  |  |  |  |  |  |  |  |
| 15-19 | 0.0 | na | na | na | na | 99.0 | 691 | a |
| 20-24 | 0.0 | 1.2 | 5.7 | na | na | 83.3 | 561 | a |
| 25-29 | 0.0 | 1.6 | 7.8 | 17.8 | 39.3 | 42.7 | 410 | a |
| 30-34 | 0.0 | 3.4 | 9.6 | 15.9 | 35.3 | 27.7 | 334 | 27.7 |
| 35-39 | 0.0 | 1.6 | 7.4 | 20.7 | 37.4 | 20.3 | 276 | 27.8 |
| 40-44 | 0.0 | 5.6 | 12.0 | 21.8 | 46.7 | 7.5 | 221 | 25.6 |
| 45-49 | 0.0 | 3.9 | 11.9 | 30.4 | 53.4 | 5.8 | 168 | 24.6 |
| 20-49 | 0.0 | 2.4 | 8.3 | na | na | 41.5 | 1,969 | a |
| 25-49 | 0.0 | 2.9 | 9.3 | 20.1 | 40.8 | 24.8 | 1,408 | a |
| 20-59 | 0.0 | 2.6 | 8.5 | na | na | 36.9 | 2,240 | a |
| 25-59 | 0.0 | 3.0 | 9.5 | 21.4 | 43.2 | 21.4 | 1,679 | a |
| 30-59 | 0.0 | 3.5 | 10.0 | 22.5 | 44.5 | 14.5 | 1,270 | 25.9 |

Note: The age at first marriage is defined as the age at which the respondent began living with her/his first spouse/partner. na $=$ Not applicable due to censoring
a = Omitted because less than $50 \%$ of the women or men began living with their spouse or partner for the first time before reaching the beginning of the age group.

Table 4.4 Median age at first marriage by background characteristics

Median age at first marriage among women age 20-49 and age 25-49, and median age at first marriage among men age 30-59, according to background characteristics, Lesotho 2014

|  |  |  |  |  |
| :--- | ---: | :--- | :--- | :--- |
|  |  |  | Women age |  |
|  | age |  |  |  |

Note: The age at first marriage is defined as the age at which the respondent began living with her/his first spouse/partner. $a=$ Omitted because less than $50 \%$ of the respondents began living with their spouse/partners for the first time before reaching the beginning of the age group.

Table 4.5 Age at first sexual intercourse
Percentage of women and men age 15-49 who had first sexual intercourse by specific exact ages, percentage who never had sexual intercourse, and median age at first sexual intercourse, according to current age, Lesotho 2014

| Current age | Percentage who had first sexual intercourse by exact age: |  |  |  |  | Percentage who never had intercourse | Number | Median age at first intercourse |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 15 | 18 | 20 | 22 | 25 |  |  |  |
| WOMEN |  |  |  |  |  |  |  |  |
| 15-19 | 6.0 | na | na | na | na | 54.1 | 1,440 | a |
| 20-24 | 4.6 | 41.9 | 77.0 | na | na | 6.8 | 1,325 | 18.4 |
| 25-29 | 6.4 | 41.2 | 71.6 | 88.0 | 95.2 | 1.6 | 1,094 | 18.5 |
| 30-34 | 7.3 | 42.4 | 66.1 | 83.4 | 91.8 | 0.6 | 957 | 18.5 |
| 35-39 | 6.1 | 42.5 | 69.4 | 85.8 | 95.2 | 0.4 | 744 | 18.5 |
| 40-44 | 4.5 | 41.8 | 69.2 | 85.1 | 92.2 | 0.0 | 562 | 18.5 |
| 45-49 | 8.1 | 45.6 | 72.4 | 86.7 | 94.4 | 0.0 | 499 | 18.3 |
| 20-49 | 6.0 | 42.3 | 71.5 | na | na | 2.2 | 5,181 | 18.5 |
| 25-49 | 6.5 | 42.4 | 69.6 | 85.9 | 93.8 | 0.7 | 3,856 | 18.5 |
| 15-24 | 5.3 | na | na | na | na | 31.4 | 2,765 | a |
| MEN |  |  |  |  |  |  |  |  |
| 15-19 | 24.6 | na | na | na | na | 40.4 | 691 | a |
| 20-24 | 20.9 | 63.6 | 85.7 | na | na | 8.2 | 561 | 17.1 |
| 25-29 | 11.6 | 53.1 | 75.8 | 88.3 | 92.7 | 2.4 | 410 | 17.7 |
| 30-34 | 10.4 | 44.3 | 62.7 | 80.6 | 88.4 | 1.4 | 334 | 18.5 |
| 35-39 | 9.3 | 42.2 | 60.3 | 79.7 | 89.9 | 0.6 | 276 | 18.7 |
| 40-44 | 6.7 | 29.2 | 48.9 | 73.0 | 84.8 | 0.4 | 221 | 20.1 |
| 45-49 | 2.3 | 33.6 | 55.4 | 74.7 | 86.6 | 1.6 | 168 | 19.4 |
| 20-49 | 12.4 | 48.7 | 69.5 | na | na | 3.3 | 1,969 | 18.1 |
| 25-49 | 9.0 | 42.8 | 63.0 | 80.8 | 89.2 | 1.4 | 1,408 | 18.6 |
| 15-24 | 23.0 | na | na | na | na | 26.0 | 1,252 | a |
| 20-59 | 11.1 | 45.4 | 65.8 | na | na | 3.1 | 2,240 | 18.4 |
| 25-59 | 7.8 | 39.3 | 59.1 | 77.2 | 87.3 | 1.3 | 1,679 | 18.9 |
| 30-59 | 6.6 | 34.8 | 53.7 | 73.7 | 85.6 | 1.0 | 1,270 | 19.5 |

na $=$ Not applicable due to censoring
$a=$ Omitted because less than $50 \%$ of the respondents had sexual intercourse for the first time before reaching the beginning of the age group.

| Table 4.6 Median age at first sexual intercourse by background characteristics |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Median age at first sexual intercourse among women age 20-49 and age $25-49$, and median age at first sexual intercourse among men age 20-59, age $25-59$, and age 25-59, according to background characteristics, Lesotho 2014 |  |  |  |  |  |
| Background characteristic | Women age |  | Men age |  |  |
|  | 20-49 | 25-49 | 20-59 | 25-59 | 30-59 |
| Residence |  |  |  |  |  |
| Urban | 18.7 | 18.8 | 18.0 | 18.5 | 19.0 |
| Rural | 18.3 | 18.3 | 18.6 | 19.2 | 19.8 |
| Ecological zone |  |  |  |  |  |
| Lowlands | 18.6 | 18.6 | 18.2 | 18.8 | 19.4 |
| Foothills | 18.2 | 18.1 | 18.4 | 18.9 | 19.2 |
| Mountains | 18.3 | 18.3 | 18.9 | 19.4 | 20.0 |
| Senqu River Valley | 18.0 | 18.2 | 17.9 | 18.9 | 19.6 |
| District |  |  |  |  |  |
| Butha-Buthe | 18.7 | 18.7 | 20.2 | 20.6 | 20.9 |
| Leribe | 18.5 | 18.5 | 18.3 | 18.9 | 19.0 |
| Berea | 18.7 | 18.7 | 18.6 | 19.0 | 19.6 |
| Maseru | 18.5 | 18.5 | 17.7 | 18.2 | 18.8 |
| Mafeteng | 18.5 | 18.6 | 18.5 | 19.0 | 19.7 |
| Mohale's Hoek | 18.2 | 18.1 | 18.5 | 19.3 | 20.3 |
| Quthing | 17.5 | 17.8 | 17.8 | 18.4 | 19.2 |
| Qacha's Nek | 18.4 | 18.6 | 17.8 | 18.2 | 18.6 |
| Mokhotlong | 18.5 | 18.6 | 18.7 | 20.1 | 20.2 |
| Thaba-Tseka | 18.4 | 18.4 | 19.7 | 20.0 | 20.3 |
| Education |  |  |  |  |  |
| No education | 17.7 | 17.5 | 20.1 | 20.1 | 20.3 |
| Primary incomplete | 17.1 | 17.2 | 18.7 | 19.4 | 19.8 |
| Primary complete | 18.1 | 18.3 | 18.5 | 18.8 | 19.5 |
| Secondary | 18.8 | 18.9 | 17.8 | 18.4 | 18.8 |
| More than secondary | a | 20.3 | 17.7 | 18.1 | 18.4 |
| Wealth quintile |  |  |  |  |  |
| Lowest | 17.8 | 17.8 | 19.2 | 19.7 | 20.1 |
| Second | 18.0 | 18.1 | 18.6 | 19.3 | 20.0 |
| Middle | 18.3 | 18.3 | 18.4 | 18.9 | 19.4 |
| Fourth | 18.6 | 18.6 | 18.3 | 18.9 | 19.5 |
| Highest | 19.0 | 19.0 | 17.8 | 18.3 | 19.0 |
| Total | 18.5 | 18.5 | 18.4 | 18.9 | 19.5 |

$a=$ Omitted because less than $50 \%$ of the respondents had intercourse for the first time before reaching the beginning of the age group.

Table 4.7.1 Recent sexual activity: Women
Percent distribution of women age 15-49 by timing of last sexual intercourse, according to background characteristics, Lesotho 2014

| Background characteristic | Timing of last sexual intercourse |  |  |  | Never had sexual intercourse | Total | Number of women |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Within the past 4 weeks | Within 1 year ${ }^{1}$ | One or more years | Missing |  |  |  |
| Age |  |  |  |  |  |  |  |
| 15-19 | 12.9 | 24.6 | 8.1 | 0.2 | 54.1 | 100.0 | 1,440 |
| 20-24 | 37.0 | 44.5 | 11.1 | 0.6 | 6.8 | 100.0 | 1,325 |
| 25-29 | 50.8 | 38.4 | 8.8 | 0.4 | 1.6 | 100.0 | 1,094 |
| 30-34 | 51.6 | 36.0 | 10.7 | 1.0 | 0.6 | 100.0 | 957 |
| 35-39 | 59.6 | 30.9 | 7.2 | 1.8 | 0.4 | 100.0 | 744 |
| 40-44 | 48.5 | 33.3 | 16.6 | 1.6 | 0.0 | 100.0 | 562 |
| 45-49 | 49.1 | 32.0 | 17.8 | 1.1 | 0.0 | 100.0 | 499 |
| Marital status |  |  |  |  |  |  |  |
| Never married | 11.6 | 32.1 | 15.1 | 0.4 | 40.9 | 100.0 | 2,190 |
| Married or living together | 62.2 | 33.5 | 3.6 | 0.7 | 0.0 | 100.0 | 3,612 |
| Divorced/separated/widowed | 22.6 | 45.7 | 29.2 | 2.4 | 0.0 | 100.0 | 819 |
| Marital duration ${ }^{2}$ |  |  |  |  |  |  |  |
| 0-4 years | 56.3 | 38.7 | 4.2 | 0.8 | 0.0 | 100.0 | 1,086 |
| 5-9 years | 62.9 | 33.1 | 3.6 | 0.4 | 0.0 | 100.0 | 778 |
| 10-14 years | 63.4 | 33.3 | 2.3 | 1.1 | 0.0 | 100.0 | 514 |
| 15-19 years | 64.1 | 31.9 | 3.2 | 0.8 | 0.0 | 100.0 | 454 |
| 20-24 years | 63.8 | 31.3 | 3.3 | 1.5 | 0.0 | 100.0 | 321 |
| $25+$ years | 69.1 | 26.0 | 5.0 | 0.0 | 0.0 | 100.0 | 346 |
| Married more than once | 76.5 | 22.6 | 0.9 | 0.0 | 0.0 | 100.0 | 114 |
| Residence |  |  |  |  |  |  |  |
| Urban | 43.2 | 32.0 | 10.1 | 1.0 | 13.8 | 100.0 | 2,419 |
| Rural | 39.1 | 36.0 | 10.8 | 0.7 | 13.3 | 100.0 | 4,202 |
| Ecological zone |  |  |  |  |  |  |  |
| Lowlands | 41.6 | 34.2 | 10.0 | 0.8 | 13.5 | 100.0 | 4,184 |
| Foothills | 37.8 | 38.6 | 10.7 | 1.2 | 11.7 | 100.0 | 688 |
| Mountains | 40.4 | 31.9 | 11.4 | 0.5 | 15.7 | 100.0 | 1,288 |
| Senqu River Valley | 35.7 | 39.1 | 13.0 | 1.6 | 10.6 | 100.0 | 461 |
| District |  |  |  |  |  |  |  |
| Butha-Buthe | 35.9 | 36.2 | 13.2 | 1.4 | 13.3 | 100.0 | 385 |
| Leribe | 39.3 | 37.5 | 10.5 | 0.3 | 12.3 | 100.0 | 1,064 |
| Berea | 42.0 | 33.3 | 10.7 | 0.7 | 13.2 | 100.0 | 892 |
| Maseru | 45.1 | 31.8 | 8.9 | 1.0 | 13.2 | 100.0 | 1,864 |
| Mafeteng | 35.8 | 37.1 | 10.6 | 0.7 | 15.7 | 100.0 | 576 |
| Mohale's Hoek | 35.1 | 39.5 | 12.4 | 1.5 | 11.4 | 100.0 | 519 |
| Quthing | 34.3 | 36.8 | 14.1 | 1.0 | 13.8 | 100.0 | 315 |
| Qacha's Nek | 35.8 | 37.1 | 14.0 | 0.0 | 13.0 | 100.0 | 204 |
| Mokhotlong | 38.4 | 33.0 | 9.5 | 0.1 | 19.0 | 100.0 | 349 |
| Thaba-Tseka | 46.5 | 29.1 | 9.4 | 1.1 | 13.9 | 100.0 | 452 |
| Education |  |  |  |  |  |  |  |
| No education | 45.7 | 32.7 | 17.1 | 3.4 | 1.1 | 100.0 | 68 |
| Primary incomplete | 42.0 | 33.1 | 10.6 | 0.6 | 13.7 | 100.0 | 1,178 |
| Primary complete | 43.5 | 36.8 | 11.6 | 1.2 | 6.9 | 100.0 | 1,375 |
| Secondary | 36.9 | 34.4 | 10.2 | 0.7 | 17.9 | 100.0 | 3,418 |
| More than secondary | 51.8 | 33.3 | 9.3 | 1.0 | 4.6 | 100.0 | 581 |
| Wealth quintile |  |  |  |  |  |  |  |
| Lowest | 38.0 | 34.9 | 12.0 | 1.2 | 13.9 | 100.0 | 960 |
| Second | 40.1 | 35.4 | 10.6 | 0.8 | 13.0 | 100.0 | 1,033 |
| Middle | 36.9 | 37.4 | 11.7 | 0.3 | 13.6 | 100.0 | 1,244 |
| Fourth | 40.8 | 36.2 | 9.5 | 0.3 | 13.2 | 100.0 | 1,605 |
| Highest | 44.7 | 30.3 | 9.9 | 1.3 | 13.8 | 100.0 | 1,778 |
| Total | 40.6 | 34.5 | 10.6 | 0.8 | 13.5 | 100.0 | 6,621 |

${ }^{1}$ Excludes women who had sexual intercourse within the last 4 weeks
${ }^{2}$ Excludes women who are not currently married

## Table 4.7.2 Recent sexual activity: Men

Percent distribution of men age 15-49 by timing of last sexual intercourse, according to background characteristics, Lesotho 2014

| Background characteristic | Timing of last sexual intercourse |  |  |  | Never had sexual intercourse | Total | Number of men |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Within the past 4 weeks | Within 1 year ${ }^{1}$ | One or more years | Missing |  |  |  |
| Age |  |  |  |  |  |  |  |
| 15-19 | 16.7 | 31.2 | 11.1 | 0.6 | 40.4 | 100.0 | 691 |
| 20-24 | 40.8 | 36.5 | 12.2 | 2.3 | 8.2 | 100.0 | 561 |
| 25-29 | 63.1 | 29.6 | 3.7 | 1.2 | 2.4 | 100.0 | 410 |
| 30-34 | 66.4 | 24.3 | 4.8 | 3.2 | 1.4 | 100.0 | 334 |
| 35-39 | 67.3 | 19.1 | 11.5 | 1.5 | 0.6 | 100.0 | 276 |
| 40-44 | 65.8 | 24.4 | 8.9 | 0.6 | 0.4 | 100.0 | 221 |
| 45-49 | 67.1 | 17.5 | 12.2 | 1.6 | 1.6 | 100.0 | 168 |
| Marital status |  |  |  |  |  |  |  |
| Never married | 28.0 | 34.9 | 12.4 | 1.8 | 23.0 | 100.0 | 1,501 |
| Married or living together | 78.5 | 17.7 | 2.6 | 1.2 | 0.0 | 100.0 | 983 |
| Divorced/separated/widowed | 43.1 | 34.7 | 21.0 | 1.2 | 0.0 | 100.0 | 176 |
| Marital duration ${ }^{2}$ |  |  |  |  |  |  |  |
| 0-4 years | 79.5 | 16.9 | 2.0 | 1.6 | 0.0 | 100.0 | 286 |
| 5-9 years | 80.9 | 15.3 | 2.7 | 1.2 | 0.0 | 100.0 | 197 |
| 10-14 years | 77.4 | 21.1 | 1.1 | 0.4 | 0.0 | 100.0 | 130 |
| 15-19 years | 82.1 | 15.8 | 1.3 | 0.9 | 0.0 | 100.0 | 112 |
| 20-24 years | 74.5 | 20.5 | 4.1 | 0.9 | 0.0 | 100.0 | 86 |
| $25+$ years | (64.8) | (18.1) | (12.9) | (4.2) | (0.0) | 100.0 | 43 |
| Married more than once | 77.7 | 19.6 | 1.6 | 1.1 | 0.0 | 100.0 | 129 |
| Residence |  |  |  |  |  |  |  |
| Urban | 52.8 | 25.7 | 8.1 | 1.9 | 11.5 | 100.0 | 920 |
| Rural | 44.9 | 30.0 | 9.9 | 1.4 | 13.7 | 100.0 | 1,741 |
| Ecological zone |  |  |  |  |  |  |  |
| Lowlands | 48.0 | 27.8 | 9.6 | 1.9 | 12.8 | 100.0 | 1,711 |
| Foothills | 45.9 | 28.1 | 10.7 | 0.5 | 14.7 | 100.0 | 252 |
| Mountains | 47.9 | 29.9 | 8.3 | 0.9 | 12.9 | 100.0 | 523 |
| Senqu River Valley | 46.2 | 32.1 | 7.8 | 1.3 | 12.7 | 100.0 | 174 |
| District |  |  |  |  |  |  |  |
| Butha-Buthe | 43.6 | 27.0 | 8.8 | 1.4 | 19.2 | 100.0 | 143 |
| Leribe | 46.4 | 30.2 | 11.8 | 0.6 | 11.0 | 100.0 | 390 |
| Berea | 47.9 | 27.1 | 10.2 | 0.4 | 14.4 | 100.0 | 379 |
| Maseru | 50.5 | 28.2 | 8.0 | 2.9 | 10.4 | 100.0 | 809 |
| Mafeteng | 44.3 | 29.0 | 10.4 | 1.0 | 15.3 | 100.0 | 242 |
| Mohale's Hoek | 44.2 | 29.6 | 8.3 | 0.8 | 17.1 | 100.0 | 202 |
| Quthing | 47.3 | 26.3 | 10.8 | 3.0 | 12.7 | 100.0 | 105 |
| Qacha's Nek | 48.9 | 33.5 | 9.3 | 0.2 | 8.2 | 100.0 | 74 |
| Mokhotlong | 48.1 | 24.1 | 11.4 | 1.7 | 14.7 | 100.0 | 144 |
| Thaba-Tseka | 48.1 | 31.7 | 5.5 | 0.8 | 13.9 | 100.0 | 172 |
| Education |  |  |  |  |  |  |  |
| No education | 52.5 | 30.1 | 10.9 | 0.7 | 5.9 | 100.0 | 213 |
| Primary incomplete | 45.6 | 30.0 | 9.7 | 1.9 | 12.8 | 100.0 | 875 |
| Primary complete | 54.1 | 24.7 | 11.8 | 0.8 | 8.6 | 100.0 | 316 |
| Secondary | 43.1 | 28.9 | 8.9 | 1.4 | 17.7 | 100.0 | 1,043 |
| More than secondary | 64.1 | 24.7 | 4.6 | 2.7 | 3.9 | 100.0 | 214 |
| Wealth quintile |  |  |  |  |  |  |  |
| Lowest | 46.3 | 29.5 | 8.9 | 1.1 | 14.2 | 100.0 | 376 |
| Second | 43.0 | 28.3 | 10.9 | 1.6 | 16.2 | 100.0 | 479 |
| Middle | 43.8 | 31.3 | 9.7 | 1.9 | 13.3 | 100.0 | 536 |
| Fourth | 48.7 | 29.0 | 9.6 | 1.3 | 11.3 | 100.0 | 616 |
| Highest | 54.0 | 25.4 | 7.8 | 1.6 | 11.2 | 100.0 | 654 |
| Total 15-49 | 47.7 | 28.5 | 9.3 | 1.5 | 13.0 | 100.0 | 2,660 |
| 50-59 | 56.8 | 27.3 | 11.8 | 3.2 | 0.9 | 100.0 | 271 |
| Total 15-59 | 48.5 | 28.4 | 9.5 | 1.7 | 11.9 | 100.0 | 2,931 |

Note: Figures in parentheses are based on 25-49 unweighted cases.
Excludes men who had sexual intercourse within the last 4 weeks
${ }^{2}$ Excludes men who are not currently married

## Key Findings

- Total fertility rate: The current total fertility rate in Lesotho is 3.3 children, which is identical to the rate in 2009 and slightly lower than the rate in 2004 (3.5 children).
- Patterns of fertility: Fertility levels are markedly lower among urban women, highly educated women, and women in wealthy households compared with other women.
- Birth intervals: Birth intervals continue to increase in Lesotho. The median birth interval has grown from 42.4 months in 2004 to 45.8 months in 2014.
- Age at first birth: The median age at first birth rose from 20.5 years in 2004 to 20.9 years in 2009, where it remains today.

The number of children that a woman bears depends on many factors, including the age she begins childbearing, how long she waits between births, and her fecundity. Postponing first births and extending the interval between births have played a role in reducing fertility levels in many countries. These factors also have positive health consequences. In contrast, short birth intervals (of less than 24 months) can lead to harmful outcomes for both newborns and their mothers, such as preterm birth, low birth weight, and death. Childbearing at a very young age is associated with an increased risk of complications during pregnancy and childbirth and higher rates of neonatal mortality.

This chapter describes the current level of fertility in Lesotho and some of its proximate determinants. It presents information on the total fertility rate, birth intervals, insusceptibility to pregnancy (due to postpartum amenorrhoea, postpartum abstinence, or menopause), age at first birth, and teenage childbearing.

### 5.1 Current Fertility

## Total fertility rate

The average number of children a woman would have by the end of her childbearing years if she bore children at the current age-specific fertility rates. Age-specific fertility rates are calculated for the 3 years before the survey, based on detailed birth histories provided by women.
Sample: Women age 15-49

The total fertility rate (TFR) in Lesotho is 3.3 children per woman (Table 5.1). Childbearing peaks at age 20-24 (181 births per 1,000 women), and drops steadily thereafter. Rural women have 1.6 more children, on average, than urban women (TFR of 3.9 versus 2.3 children).

Trends: The TFR declined by 0.2 children between the 2004 and 2009 LDHS surveys, from 3.5 to 3.3 children per woman (Figure 5.1). Since 2009, the TFR has remained stable at 3.3 children per woman. Since 2004, the TFR for rural women has declined from 4.1 to 3.9 children, while the TFR for urban woman has increased from 1.9 to 2.3 children.

## Patterns by background characteristics

- The total fertility rate ranges from a low of 2.6 children in Maseru to a high of 4.4 children in Mokhotlong (Figure 5.2).
- The number of children a woman bears generally decreases as her education level increases. Women with some primary education or completed primary education have, on average, 1.6 more children than women with more than secondary education (Table 5.2).
- Women in the lowest wealth quintile have more than twice as many children, on average, as women in the highest quintile ( 5.0 versus 2.1 children) (Figure 5.3).

More information on trends in age-specific fertility rates for this survey is found in Table 5.3.1, and more information on trends in age-specific and total fertility rates across LDHS surveys is found in Table 5.3.2.

### 5.2 Children Ever Born and Living

The survey also collected data on the number of children ever born to women age 15-49 and those still living. Of the 4.1 average children ever born to women age $45-49,3.6$ survived to the time of the survey. For complete information on children ever born and living, by mother's age, see Table 5.4.

Figure 5.1 Trends in total fertility rate (TFR) by residence

TFR for the 3 years before each survey

| 4.1 | 4.0 | Rural | 3.9 |
| :---: | :---: | :---: | :---: |
| 3.5 | 3.3 | Total | 3.3 |
| 1.9 | 2.1 | Urban | 2.3 |
|  |  |  |  |
| 2004 | 2009 | 2014 |  |

Figure 5.2 Total fertility rate by district
TFR for the 3 years before the survey


Figure 5.3 Total fertility rate by wealth quintile

TFR for the 3 years before the survey


### 5.3 BIRTH INTERVALS

## Median birth interval

Number of months since the preceding birth by which half of children are born
Sample: Non-first births in the 5 years before the survey

The median birth interval in Lesotho is 45.8 months. Eleven percent of all children in Lesotho are born within 24 months of a previous birth (Table 5.5 and Figure 5.4). Short birth intervals place newborns and their mothers at increased health risk.

Trends: Birth intervals have increased modestly over the last decade in Lesotho, with the median interval growing by about 3 months between 2004 and 2014 (from 42.4 to 45.8 months). The proportion of children born too soon-after an interval of less than 24 months-has fluctuated between $11 \%$ and $12 \%$ over the last decade.

## Patterns by background characteristics

- Births to older women have longer birth intervals than births to younger women. The median birth interval is nearly 2 years longer among women age 40-49 than women age 20-29 (59.6 months versus 37.4 months).
- The median birth interval in urban areas is 5 months longer than in rural areas (49.0 months versus 44.2 months).
- The median birth interval ranges from 38.6 months in Mokhotlong to 49.0 months in Leribe.
- Birth intervals are longer by about 11 months for births to women with the more than secondary education compared with births to women with incomplete primary education ( 52.6 months versus 41.3 months).
- Births to women in wealthier households have longer birth intervals. The median birth interval in the highest wealth quintile is 17 months longer than in the lowest quintile ( 56.2 months versus 38.8 months).


### 5.4 Insusceptibility to Pregnancy

## Median duration of postpartum amenorrhoea

Number of months after childbirth by which time half of women have begun menstruating
Sample: Women who gave birth in the 3 years before the survey

## Median duration of postpartum insusceptibility

Number of months after childbirth by which time half of women are no longer protected against pregnancy either by postpartum amenorrhoea or abstinence from sex
Sample: Women who gave birth in the 3 years before the survey

Almost all women are insusceptible to pregnancy during the first 2 months after a birth, and continued postpartum amenorrhoea and abstinence from sexual intercourse may protect them from pregnancy for longer periods. In Lesotho, for births in the 3 years preceding the survey, the median duration of postpartum amenorrhoea is 6.7 months, and women abstain from sexual intercourse for a median of 7.2 months after giving birth. Women are insusceptible to pregnancy after childbirth (either because they are amenorrhoeic or because they are still abstaining from sex after birth) for a median of 11.2 months (Table 5.6).

Trends: From 2004 to 2014, the median duration of postpartum amenorrhoea has slowly declined, from 8.3 months in 2004 to 7.4 months in 2009 and 6.7 months in 2014 . The duration of postpartum abstinence fell from 11.2 months in 2004 to 7.2 months in 2009, where it remained in 2014. Postpartum insusceptibility to pregnancy decreased from 15.1 months in 2004 to 11.5 months in 2009 ; since then it has fallen slightly to 11.2 months.

## Patterns by background characteristics

- Older women have a longer duration of postpartum amenorrhoea: 7.6 months among women age 30-49 versus 5.9 months among women age 15-29. Conversely, younger women have a longer duration of postpartum abstinence than older women ( 7.6 versus 6.1 months) (Table 5.7).
- Rural women remain amenorrhoeic longer than urban women ( 7.9 versus 4.5 months). Similarly, rural women are sexually abstinent for a longer duration postpartum than urban women ( 7.9 versus 5.4 months).
- The duration of postpartum amenorrhoea decreases as wealth increases, falling from 9.0 months in the lowest quintile to 5.1 months in the fourth quintile. The duration of postpartum abstinence also generally decreases with increasing wealth, falling from 9.0 months in the lowest quintile to 4.7 months in the highest quintile.

```
Menopause
Women are considered to have reached menopause if they are neither
pregnant nor postpartum amenorrhoeic and have not had a menstrual period
in the 6 months before the survey, or if they report being menopausal.
Sample: Women age 30-49
```

Once women reach menopause, they are no longer able to become pregnant. Overall, $12 \%$ of women age 30-49 are menopausal. This proportion increases with age, rising from 5\% among women age 30-34 to 54\% among women age 48-49 (Table 5.8).

### 5.5 Age at First Birth

## Median age at first birth

Age by which half of women have had their first child.
Sample: Women age 25-49
The median age at first birth in Lesotho is 20.9 years among women age 25-49 (Table 5.9). The median age at first birth in Lesotho has increased by about 5 months since 2004, when it was 20.5 years.

## Patterns by background characteristics

- Women in urban areas begin childbearing more than a year later, on average, than rural women (21.8 versus 20.6 years) (Table 5.10).
- Highly educated women have their first child later than other women. Women with more than secondary education begin childbearing almost 5 years later than women with no education ( 24.8 versus 20.1 years) (Figure 5.5).
- Women in the lowest wealth quintile have their first birth 2 years earlier, on average, than women in the highest quintile ( 20.3 versus 22.4 years).

Figure 5.5 Age at first birth by education
Median age at first birth among women age 25-49


### 5.6 Teenage Childbearing

## Teenage childbearing

Percentage of women age 15-19 who have given birth or are pregnant with their first child
Sample: Women age 15-19
In Lesotho, $19 \%$ of women age $15-19$ have begun childbearing: $15 \%$ have given birth, and an additional $4 \%$ are pregnant with their first child (Table 5.11).

Trends: Teenage childbearing has held steady over the last decade. The proportion of teenagers who have a child or who are pregnant was $20 \%$ in 2004 and 2009 compared with $19 \%$ in 2014.

## Patterns by background characteristics

- Teenagers in rural areas are more likely to begin childbearing than their urban peers: $23 \%$ of rural teenagers have had a live birth or are pregnant, compared with $12 \%$ of urban teenagers.
- Some districts have much higher rates of teenage childbearing than others. The percentage of teenagers who have had a child or are pregnant ranges from a low of $14 \%$ in Maseru to a high of $25 \%$ in Butha-Buthe (Figure 5.6).
- Teenage childbearing is less common among young women in the wealthiest households. Teenagers in the lowest wealth quintile are about five times as likely to have started childbearing by age 19 as those in the highest quintile ( $28 \%$ versus $6 \%$ ).

Figure 5.6 Teenage childbearing by district
Percentage of women age 15-19 who have begun childbearing


For more information on fertility levels and some of the determinants of fertility, see the following tables:

- Table 5.1 Current fertility
- Table 5.2 Fertility by background characteristics
- Table 5.3.1 Trends in age-specific fertility rates
- Table 5.3.2 Trends in age-specific and total fertility rates
- Table 5.4 Children ever born and living
- Table 5.5 Birth intervals
- Table 5.6 Postpartum amenorrhoea, abstinence, and insusceptibility
- Table 5.7 Median duration of amenorrhoea, postpartum abstinence, and postpartum insusceptibility
- Table 5.8 Menopause
- Table 5.9 Age at first birth
- Table 5.10 Median age at first birth
- Table 5.11 Teenage pregnancy and motherhood

| Table 5.1 Current fertility |  |  |  |
| :---: | :---: | :---: | :---: |
| Age-specific and total fertility rates, the general fertility rate, and the crude birth rate for the 3 years preceding the survey, by residence, Lesotho 2014 |  |  |  |
| Age group | Residence |  | Total |
|  | Urban | Rural |  |
| 15-19 | 58 | 112 | 94 |
| 20-24 | 127 | 211 | 181 |
| 25-29 | 113 | 159 | 140 |
| 30-34 | 90 | 129 | 112 |
| 35-39 | 39 | 92 | 72 |
| 40-44 | 21 | 64 | 49 |
| 45-49 | 3 | 4 | 4 |
| TFR(15-49) | 2.3 | 3.9 | 3.3 |
| GFR | 85 | 137 | 118 |
| CBR | 23.3 | 24.7 | 24.3 |

Notes: Age-specific fertility rates are per 1,000 women. Rates for age group 45-49 may be slightly biased due to truncation. Rates are for the period 1-36 months prior to interview.
TFR = Total fertility rate expressed per woman
GFR $=$ General fertility rate expressed per 1,000
women age 15-44
CBR = Crude birth rate, expressed per 1,000 population

## Table 5.2 Fertility by background characteristics

Total fertility rate for the 3 years preceding the survey, percentage of women age 15-49 currently pregnant, and mean number of children ever born to women age 40-49, by background characteristics, Lesotho 2014

| Background characteristic | Total fertility rate | Percentage of women age 15-49 currently pregnant | Mean number of children ever born to women age 40-49 |
| :---: | :---: | :---: | :---: |
| Residence |  |  |  |
| Urban | 2.3 | 3.6 | 2.9 |
| Rural | 3.9 | 4.7 | 4.2 |
| Ecological zone |  |  |  |
| Lowlands | 2.8 | 4.1 | 3.4 |
| Foothills | 4.2 | 5.2 | 4.6 |
| Mountains | 4.3 | 4.5 | 4.6 |
| Senqu River Valley | 3.7 | 3.6 | 4.2 |
| District |  |  |  |
| Butha-Buthe | 3.7 | 4.7 | 3.9 |
| Leribe | 3.5 | 3.6 | 3.7 |
| Berea | 3.1 | 3.5 | 3.7 |
| Maseru | 2.6 | 4.4 | 3.5 |
| Mafeteng | 2.8 | 6.1 | 3.5 |
| Mohale's Hoek | 3.8 | 3.8 | 3.7 |
| Quthing | 3.9 | 3.3 | 4.1 |
| Qacha's Nek | 2.9 | 5.0 | 3.8 |
| Mokhotlong | 4.4 | 5.2 | 4.9 |
| Thaba-Tseka | 4.0 | 4.3 | 4.6 |
| Education |  |  |  |
| No education | (1.9) | 6.9 | (3.8) |
| Primary incomplete | 4.0 | 5.0 | 4.9 |
| Primary complete | 4.0 | 4.5 | 3.9 |
| Secondary | 2.9 | 4.0 | 3.3 |
| More than secondary | 2.4 | 3.5 | 2.2 |
| Wealth quintile |  |  |  |
| Lowest | 5.0 | 5.1 | 4.9 |
| Second | 3.9 | 4.8 | 4.4 |
| Middle | 3.8 | 5.2 | 4.0 |
| Fourth | 2.7 | 4.3 | 3.7 |
| Highest | 2.1 | 2.9 | 2.8 |
| Total | 3.3 | 4.3 | 3.8 |

Notes: Total fertility rates are for the period 1-36 months prior to interview. In column 1, figures in parentheses correspond to 125-249 unweighted personyears of exposure. In column 3, figures in parentheses are based on 25-49 unweighted cases.

| Table 5.3.1 Trends in age-specific fertility rates |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| Age-specific fertility rates for 5 -year periods preceding the survey, by mother's age at the time of the birth, Lesotho 2014 |  |  |  |  |
|  | Number of years preceding survey |  |  |  |
| Mother's age at birth | 0-4 | 5-9 | 10-14 | 15-19 |
| 15-19 | 88 | 86 | 78 | 83 |
| 20-24 | 170 | 181 | 178 | 200 |
| 25-29 | 135 | 154 | 164 | 184 |
| 30-34 | 111 | 124 | 146 | [140] |
| 35-39 | 73 | 90 | [106] |  |
| 40-44 | 39 | [59] |  |  |
| 45-49 | [3] |  |  |  |

Note: Age-specific fertility rates are per 1,000 women Estimates in brackets are truncated. Rates exclude the month of interview.

| Age-specific and total fertility rates (TFR) for the 3 -year period preceding several surveys |  |  |  |
| :---: | :---: | :---: | :---: |
| Mother's age at birth | 2004 LDHS | 2009 LDHS | 2014 LDHS |
| 15-19 | 92 | 96 | 94 |
| 20-24 | 177 | 171 | 181 |
| 25-29 | 160 | 155 | 140 |
| 30-34 | 122 | 117 | 112 |
| 35-39 | 102 | 74 | 72 |
| 40-44 | 46 | 40 | 49 |
| 45-49 | 9 | 7 | 4 |
| TFR 15-49 | 3.5 | 3.3 | 3.3 |

Note: Age-specific fertility rates are per 1,000 women.

Table 5.4 Children ever born and living
Percent distribution of all women and currently married women age 15-49 by number of children ever born, mean number of children ever born and mean number of living children, according to age group, Lesotho 2014

| Age | Number of children ever born |  |  |  |  |  |  |  |  |  |  | Total | Number of women | Mean number of children ever born | Mean number of living children |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10+ |  |  |  |  |
| ALL WOMEN |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 15-19 | 85.0 | 14.1 | 0.9 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 100.0 | 1,440 | 0.16 | 0.15 |
| 20-24 | 38.7 | 41.3 | 16.9 | 2.8 | 0.2 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 100.0 | 1,325 | 0.85 | 0.80 |
| 25-29 | 15.6 | 29.9 | 32.9 | 16.3 | 4.2 | 1.0 | 0.0 | 0.1 | 0.0 | 0.0 | 0.0 | 100.0 | 1,094 | 1.67 | 1.51 |
| 30-34 | 9.2 | 20.8 | 30.3 | 23.0 | 9.4 | 4.8 | 2.1 | 0.3 | 0.1 | 0.0 | 0.0 | 100.0 | 957 | 2.27 | 2.05 |
| 35-39 | 5.4 | 10.6 | 28.0 | 23.6 | 15.4 | 10.5 | 3.6 | 1.9 | 0.6 | 0.3 | 0.0 | 100.0 | 744 | 2.95 | 2.66 |
| 40-44 | 4.1 | 10.0 | 20.0 | 21.9 | 17.6 | 8.4 | 9.1 | 3.8 | 2.9 | 1.3 | 0.9 | 100.0 | 562 | 3.54 | 3.19 |
| 45-49 | 4.1 | 6.7 | 14.4 | 17.1 | 19.8 | 15.0 | 8.5 | 6.4 | 4.1 | 1.5 | 2.6 | 100.0 | 499 | 4.09 | 3.58 |
| Total | 31.4 | 21.8 | 19.3 | 12.4 | 6.8 | 3.9 | 2.1 | 1.1 | 0.6 | 0.3 | 0.3 | 100.0 | 6,621 | 1.75 | 1.58 |
| CURRENTLY MARRIED WOMEN |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 15-19 | 44.6 | 50.8 | 4.4 | 0.2 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 100.0 | 255 | 0.60 | 0.55 |
| 20-24 | 13.9 | 56.2 | 25.0 | 4.6 | 0.3 | 0.0 | 0.1 | 0.0 | 0.0 | 0.0 | 0.0 | 100.0 | 701 | 1.22 | 1.15 |
| 25-29 | 4.3 | 30.5 | 38.7 | 19.8 | 5.3 | 1.3 | 0.0 | 0.2 | 0.0 | 0.0 | 0.0 | 100.0 | 757 | 1.96 | 1.76 |
| 30-34 | 4.0 | 17.2 | 32.0 | 27.2 | 11.1 | 5.4 | 2.7 | 0.2 | 0.1 | 0.0 | 0.0 | 100.0 | 669 | 2.53 | 2.29 |
| 35-39 | 3.3 | 9.1 | 27.9 | 24.2 | 18.3 | 11.3 | 3.0 | 2.0 | 0.7 | 0.3 | 0.0 | 100.0 | 544 | 3.07 | 2.81 |
| 40-44 | 2.0 | 7.0 | 17.8 | 23.6 | 19.8 | 9.2 | 10.3 | 5.1 | 2.9 | 1.7 | 0.6 | 100.0 | 377 | 3.81 | 3.44 |
| 45-49 | 2.8 | 5.4 | 13.8 | 12.5 | 17.8 | 17.8 | 11.6 | 8.5 | 4.5 | 1.5 | 3.9 | 100.0 | 310 | 4.49 | 3.93 |
| Total | 8.4 | 26.6 | 26.4 | 17.3 | 9.6 | 5.4 | 3.0 | 1.6 | 0.8 | 0.4 | 0.4 | 100.0 | 3,612 | 2.40 | 2.17 |

## Table 5.5 Birth intervals

Percent distribution of non-first births in the 5 years preceding the survey by number of months since preceding birth, and median number of months since preceding birth, according to background characteristics, Lesotho 2014

| Background characteristic | Months since preceding birth |  |  |  |  |  | Total | Number of non-first births | Median number of months since preceding birth |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 7-17 | 18-23 | 24-35 | 36-47 | 48-59 | 60+ |  |  |  |
| Age |  |  |  |  |  |  |  |  |  |
| 15-19 | * | * | * | * | * | * | 100.0 | 11 | * |
| 20-29 | 5.2 | 11.0 | 30.1 | 20.4 | 15.1 | 18.2 | 100.0 | 890 | 37.4 |
| 30-39 | 2.1 | 3.9 | 17.5 | 17.1 | 13.8 | 45.6 | 100.0 | 796 | 55.3 |
| 40-49 | 1.4 | 0.7 | 20.5 | 15.7 | 12.0 | 49.7 | 100.0 | 198 | 59.6 |
| Sex of preceding birth |  |  |  |  |  |  |  |  |  |
| Male | 4.0 | 7.3 | 24.8 | 17.9 | 13.9 | 32.1 | 100.0 | 921 | 45.4 |
| Female | 3.5 | 6.4 | 22.9 | 19.1 | 14.4 | 33.7 | 100.0 | 974 | 47.1 |
| Survival of preceding birth |  |  |  |  |  |  |  |  |  |
| Living | 2.2 | 6.1 | 23.6 | 19.5 | 14.8 | 33.8 | 100.0 | 1,698 | 47.3 |
| Dead | 16.6 | 13.4 | 25.7 | 10.1 | 8.8 | 25.5 | 100.0 | 196 | 34.0 |
| Birth order |  |  |  |  |  |  |  |  |  |
| 2-3 | 3.9 | 7.5 | 22.6 | 17.8 | 14.3 | 33.9 | 100.0 | 1,322 | 47.0 |
| 4-6 | 3.0 | 5.7 | 24.8 | 19.6 | 14.3 | 32.5 | 100.0 | 482 | 46.5 |
| 7+ | 4.4 | 4.1 | 35.7 | 23.9 | 11.7 | 20.1 | 100.0 | 90 | 37.2 |
| Residence |  |  |  |  |  |  |  |  |  |
| Urban | 3.2 | 5.4 | 20.7 | 19.4 | 12.2 | 39.1 | 100.0 | 534 | 49.0 |
| Rural | 3.9 | 7.4 | 25.0 | 18.2 | 14.9 | 30.5 | 100.0 | 1,360 | 44.2 |
| Ecological zone |  |  |  |  |  |  |  |  |  |
| Lowlands | 4.1 | 5.8 | 20.9 | 17.2 | 12.9 | 39.2 | 100.0 | 1,002 | 50.1 |
| Foothills | 2.4 | 6.4 | 25.0 | 18.8 | 15.1 | 32.3 | 100.0 | 241 | 45.0 |
| Mountains | 3.9 | 8.8 | 29.5 | 18.7 | 16.5 | 22.6 | 100.0 | 496 | 39.3 |
| Senqu River Valley | 2.8 | 8.2 | 22.7 | 26.4 | 13.4 | 26.5 | 100.0 | 155 | 42.9 |
| District |  |  |  |  |  |  |  |  |  |
| Butha-Buthe | 1.0 | 6.7 | 27.2 | 18.9 | 17.3 | 28.8 | 100.0 | 113 | 45.5 |
| Leribe | 3.5 | 4.8 | 20.3 | 20.6 | 14.5 | 36.2 | 100.0 | 305 | 49.0 |
| Berea | 5.3 | 10.8 | 21.2 | 15.3 | 11.1 | 36.4 | 100.0 | 213 | 44.5 |
| Maseru | 3.5 | 5.0 | 23.1 | 16.8 | 15.0 | 36.6 | 100.0 | 485 | 48.8 |
| Mafeteng | 3.8 | 7.2 | 22.4 | 18.3 | 10.7 | 37.6 | 100.0 | 141 | 46.8 |
| Mohale's Hoek | 2.9 | 8.2 | 20.7 | 19.2 | 11.9 | 37.1 | 100.0 | 166 | 45.3 |
| Quthing | 6.4 | 9.3 | 25.6 | 17.8 | 17.6 | 23.3 | 100.0 | 101 | 40.7 |
| Qacha's Nek | 6.6 | 5.7 | 28.2 | 21.3 | 12.9 | 25.3 | 100.0 | 55 | 41.2 |
| Mokhotlong | 5.4 | 8.2 | 28.3 | 20.2 | 14.0 | 23.9 | 100.0 | 135 | 38.6 |
| Thaba-Tseka | 1.9 | 7.2 | 30.7 | 21.1 | 16.4 | 22.7 | 100.0 | 182 | 41.4 |
| Education |  |  |  |  |  |  |  |  |  |
| No education | (2.3) | (6.3) | (28.3) | (31.8) | (8.6) | (22.6) | 100.0 | 24 | (37.4) |
| Primary incomplete | 4.0 | 8.9 | 26.6 | 18.5 | 14.3 | 27.8 | 100.0 | 510 | 41.3 |
| Primary complete | 2.6 | 5.7 | 28.1 | 20.1 | 14.0 | 29.5 | 100.0 | 561 | 43.6 |
| Secondary | 4.3 | 7.3 | 19.8 | 16.1 | 14.6 | 38.0 | 100.0 | 686 | 50.4 |
| More than secondary | 5.6 | 1.1 | 13.6 | 22.6 | 13.0 | 44.1 | 100.0 | 113 | 52.6 |
| Wealth quintile |  |  |  |  |  |  |  |  |  |
| Lowest | 2.7 | 6.4 | 33.3 | 22.6 | 15.6 | 19.4 | 100.0 | 448 | 38.8 |
| Second | 3.8 | 9.0 | 27.8 | 20.7 | 15.1 | 23.6 | 100.0 | 411 | 40.0 |
| Middle | 4.2 | 7.8 | 23.0 | 13.4 | 12.5 | 39.0 | 100.0 | 360 | 49.5 |
| Fourth | 5.0 | 6.9 | 15.2 | 17.7 | 10.8 | 44.4 | 100.0 | 343 | 54.2 |
| Highest | 3.2 | 3.9 | 15.7 | 16.9 | 16.3 | 44.1 | 100.0 | 333 | 56.2 |
| Total | 3.7 | 6.9 | 23.8 | 18.5 | 14.2 | 32.9 | 100.0 | 1,894 | 45.8 |

Notes: First-order births are excluded. The interval for multiple births is the number of months since the preceding pregnancy that ended in a live birth. Figures in parentheses are based on 25-49 unweighted cases. An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.

Table 5.6 Postpartum amenorrhoea, abstinence, and insusceptibility
Percentage of births in the 3 years preceding the survey for which mothers are postpartum amenorrhoeic, abstaining, and insusceptible, by number of months since birth, and median and mean durations, Lesotho 2014

|  | Percentage of births for which the mother is: |  |  |  |
| :--- | :---: | :---: | :---: | :---: |
| Months since birth | Amenorrhoeic | Abstaining | Insusceptible ${ }^{1}$ | Number of births |
| $<2$ | 82.8 | 94.6 | 98.3 | 87 |
| $2-3$ | 63.3 | 81.6 | 91.2 | 137 |
| $4-5$ | 65.9 | 66.6 | 86.1 | 108 |
| $6-7$ | 49.9 | 58.2 | 75.8 | 113 |
| $8-9$ | 37.6 | 37.8 | 56.4 | 104 |
| $10-11$ | 36.3 | 32.7 | 145 |  |
| $12-13$ | 22.5 | 27.9 | 42.2 | 117 |
| $14-15$ | 31.0 | 20.9 | 150 |  |
| $16-17$ | 15.5 | 18.8 | 43.8 | 97 |
| $18-19$ | 8.3 | 12.2 | 28.7 | 97 |
| $20-21$ | 15.4 | 12.1 | 19.7 | 104 |
| $22-23$ | 6.1 | 13.7 | 25.4 | 120 |
| $24-25$ | 2.3 | 5.4 | 18.5 | 104 |
| $26-27$ | 6.3 | 11.0 | 7.1 | 99 |
| $28-29$ | 3.0 | 7.4 | 8.2 | 109 |
| $30-31$ | 1.4 | 9.4 | 10.7 | 112 |
| $32-33$ | 5.3 | 7.5 | 12.8 | 107 |
| $34-35$ | 2.0 | 4.5 | 6.6 | 77 |
| Total | 26.1 | 29.6 | 40.4 | 1,987 |
| Median | 6.7 | 10.7 | 11.2 | na |
| Mean | 9.4 |  | 14.3 | na |

Note: Estimates are based on status at the time of the survey.
na $=$ Not applicable
${ }^{1}$ Includes births for which mothers are either still amenorrhoeic or still abstaining (or both) following birth

## Table 5.7 Median duration of amenorrhoea, postpartum abstinence, and postpartum insusceptibility

Median number of months of postpartum amenorrhoea, postpartum abstinence, and postpartum insusceptibility following births in the three years preceding the survey, by background characteristics, Lesotho 2014

| Background characteristic | Postpartum amenorrhoea | Postpartum abstinence | Postpartum insusceptibility ${ }^{1}$ |
| :---: | :---: | :---: | :---: |
| Mother's age |  |  |  |
| 15-29 | 5.9 | 7.6 | 10.9 |
| 30-49 | 7.6 | 6.1 | 12.6 |
| Residence |  |  |  |
| Urban | 4.5 | 5.4 | 8.2 |
| Rural | 7.9 | 7.9 | 12.5 |
| Ecological zone |  |  |  |
| Lowlands | 5.5 | 6.3 | 9.6 |
| Foothills | (8.2) | 9.1 | (16.3) |
| Mountains | 8.0 | 7.7 | 13.8 |
| Senqu River Valley | 6.9 | (8.9) | (15.3) |
| Education |  |  |  |
| No education | * | * | * |
| Primary incomplete | 8.6 | 8.2 | 15.0 |
| Primary complete | 7.6 | 7.9 | 11.7 |
| Secondary | 5.5 | 6.8 | 11.5 |
| More than secondary | (4.2) | * | (6.3) |
| Wealth quintile |  |  |  |
| Lowest | 9.0 | 9.0 | 17.6 |
| Second | 8.0 | 8.0 | 12.6 |
| Middle | 5.3 | 7.2 | 12.1 |
| Fourth | 5.1 | 7.3 | 9.2 |
| Highest | 5.2 | 4.7 | 7.3 |
| Total | 6.7 | 7.2 | 11.2 |

[^4]| Table 5.8 Menopause |  |  |
| :--- | :---: | :---: |
| Percentage of women age 30-49 who are menopausal, by <br> age, Lesotho 2014 |  |  |
|  | Percentage <br> menopausal |  |
| Age | 5.1 | Number <br> of women |
| $30-34$ | 6.0 | 957 |
| $35-39$ | 4.8 | 744 |
| $40-41$ | 12.3 | 222 |
| $42-43$ | 17.1 | 225 |
| $44-45$ | 32.1 | 205 |
| $46-47$ | 53.6 | 214 |
| $48-49$ | 12.3 | 196 |
| Total |  | 2,762 |

${ }^{1}$ Percentage of all women who are not pregnant and not postpartum amenorrhoeic whose last menstrual period occurred 6 or more months preceding the survey

## Table 5.9 Age at first birth

Percentage of women age 15-49 who gave birth by exact ages, percentage who have never given birth, and median age at first birth, according to current age, Lesotho 2014

|  | Percentage who gave birth by exact age |  |  |  |  | Percentage who <br> have never <br> given birth | Number of <br> women | Median age at <br> first birth |
| :--- | ---: | ---: | ---: | ---: | ---: | ---: | ---: | ---: |
| Current age | 15 | 18 | 20 | 22 | 25 | na | na | na |
| $15-19$ | 0.3 | na | na | 85.0 | 1,440 | a |  |  |
| $20-24$ | 0.2 | 13.9 | 37.3 | na | na | 38.7 | 1,325 | a |
| $25-29$ | 0.5 | 12.2 | 37.1 | 58.5 | 77.6 | 15.6 | 1,094 | 21.0 |
| $30-34$ | 1.0 | 14.9 | 37.5 | 58.1 | 75.2 | 9.2 | 957 | 21.1 |
| $35-39$ | 0.3 | 13.4 | 37.2 | 60.9 | 79.6 | 5.4 | 744 | 21.0 |
| $40-44$ | 0.9 | 14.6 | 39.4 | 62.3 | 80.6 | 4.1 | 562 | 20.8 |
| $45-49$ | 1.8 | 15.9 | 43.3 | 67.9 | 84.8 | 4.1 | 499 | 20.6 |
| $20-49$ | 0.6 | 13.9 | 38.1 | na | na | 16.5 | 5,181 | a |
| $25-49$ | 0.8 | 13.9 | 38.3 | 60.6 | 78.7 | 8.9 | 3,856 | 20.9 |

na $=$ Not applicable due to censoring
$\mathrm{a}=$ Omitted because less than 50 percent of women had a birth before reaching the beginning of the age group

| Table 5.10 Median age at first birth |  |
| :--- | :---: |
| Median age at first birth among women age $25-49$ |  |
| years, according to background characteristics, |  |
| Lesotho 2014 |  |
| Background | Women age |
| characteristic | $25-49$ |
| Residence |  |
| Urban |  |
| Rural | 21.8 |
| Ecological zone | 20.6 |
| Lowlands |  |
| Foothills | 21.4 |
| Mountains | 20.1 |
| Senqu River Valley | 20.6 |
| District | 20.5 |
| Butha-Buthe |  |
| Leribe | 20.9 |
| Berea | 20.9 |
| Maseru | 21.3 |
| Mafeteng | 21.2 |
| Mohale's Hoek | 21.0 |
| Quthing | 20.5 |
| Qacha's Nek | 20.5 |
| Mokhotlong | 21.1 |
| Thaba-Tseka | 20.5 |
| Education | 20.7 |
| No education |  |
| Primary incomplete | 20.1 |
| Primary complete | 19.5 |
| Secondary | 20.5 |
| More than secondary | 21.5 |
| Wealth quintile | 24.8 |
| Lowest |  |
| Second | 20.3 |
| Middle | 20.4 |
| Fourth | 20.8 |
| Highest | 20.9 |
| Total |  |
|  |  |
|  |  |

Table 5.11 Teenage pregnancy and motherhood
Percentage of women age $15-19$ who have had a live birth or who are pregnant with their first child, and percentage who have begun childbearing, by background characteristics, Lesotho 2014

| Background characteristic | Percentage of women age 15-19 who: |  | Percentage who have begun childbearing | Number of women |
| :---: | :---: | :---: | :---: | :---: |
|  | Have had a live birth | Are pregnant with first child |  |  |
| Age |  |  |  |  |
| 15 | 1.4 | 1.6 | 3.0 | 295 |
| 16 | 5.7 | 2.2 | 8.0 | 333 |
| 17 | 11.7 | 4.2 | 15.9 | 246 |
| 18 | 24.2 | 7.2 | 31.4 | 285 |
| 19 | 34.0 | 5.6 | 39.6 | 280 |
| Residence |  |  |  |  |
| Urban | 10.0 | 1.7 | 11.7 | 449 |
| Rural | 17.3 | 5.1 | 22.5 | 991 |
| Ecological zone |  |  |  |  |
| Lowlands | 12.2 | 3.3 | 15.6 | 854 |
| Foothills | 20.4 | 8.0 | 28.3 | 161 |
| Mountains | 18.6 | 4.1 | 22.7 | 321 |
| Senqu River Valley | 19.0 | 4.0 | 23.0 | 104 |
| District |  |  |  |  |
| Butha-Buthe | 21.5 | 3.2 | 24.7 | 82 |
| Leribe | 16.0 | 3.5 | 19.5 | 244 |
| Berea | 17.1 | 5.6 | 22.7 | 201 |
| Maseru | 11.6 | 2.6 | 14.2 | 329 |
| Mafeteng | 8.9 | 5.8 | 14.7 | 148 |
| Mohale's Hoek | 18.2 | 4.2 | 22.4 | 108 |
| Quthing | 18.7 | 2.7 | 21.5 | 84 |
| Qacha's Nek | 9.9 | 5.8 | 15.8 | 54 |
| Mokhotlong | 18.4 | 5.6 | 24.0 | 99 |
| Thaba-Tseka | 16.5 | 4.1 | 20.6 | 92 |
| Education |  |  |  |  |
| No education | nc | nc | nc | 0 |
| Primary incomplete | 11.9 | 5.2 | 17.1 | 226 |
| Primary complete | 25.7 | 7.7 | 33.4 | 177 |
| Secondary | 14.0 | 3.2 | 17.3 | 1,026 |
| More than secondary | * | * | . | 11 |
| Wealth quintile |  |  |  |  |
| Lowest | 23.8 | 4.5 | 28.3 | 226 |
| Second | 14.5 | 6.7 | 21.3 | 248 |
| Middle | 19.4 | 5.7 | 25.1 | 315 |
| Fourth | 14.7 | 3.1 | 17.8 | 349 |
| Highest | 4.8 | 1.1 | 5.8 | 301 |
| Total | 15.0 | 4.1 | 19.1 | 1,440 |

Note: As asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed. nc $=$ No cases

## FERTILITY PREFERENCES

6

## Key Findings

- Desire for another child: Fifteen percent of currently married women age 15-49 want to have another child soon, but a higher percentage, $24 \%$, want to wait at least 2 years.
- Limiting childbearing: Women are more likely than men to want no more children, no matter how many children they already have. Overall, $58 \%$ of women and $40 \%$ of men do not want another child. Almost two-thirds of women with two living children (64\%) and $85 \%$ of women with three living children do not want any more children.
- Ideal family size: Over the last decade, the ideal family size has dropped slightly for both women and men. Women currently want 2.6 children, on average, while men want 3.0 children.
- Unwanted births: Of all births in the past 5 years and current pregnancies, $49 \%$ were wanted at the time of conception, $30 \%$ were mistimed, and $22 \%$ were unwanted.

Information on fertility preferences can help family planning programme planners assess the desire for children, the extent of mistimed and unwanted pregnancies, and the demand for contraception to space or limit births. This information may suggest the direction that fertility patterns will take in the future.

This chapter presents information on whether and when married women and men want more children, ideal family size, whether the last birth was wanted at that time, and the theoretical fertility rate if all unwanted births were prevented.

### 6.1 Desire for Another Child

## Desire for another child

Women and men were asked whether they wanted more children and, if so, how long they would prefer to wait before the next child. Women and men who are sterilised are assumed not to want any more children.
Sample: Currently married women and men age 15-49

Fifteen percent of currently married women age 15-49 want to have another child soon. Most other currently married women have a need for family planning, either because they want to wait at least 2 years before having another child ( $24 \%$ ) or because they want no more children at all ( $56 \%$ ) (Table 6.1). Twenty percent of currently married men age $15-49$ want to have another child soon, $34 \%$ want to wait at least 2 years before having another child, and $40 \%$ want no more children.

Trends: The proportion of currently married women who want no more children (including women who are sterilised) increased from $54 \%$ in 2004 to $59 \%$ in 2009 before declining slightly to $58 \%$ in 2014 . Currentlymarried men have followed a similar trend, although the overall proportion of men who want no more children is much lower than that of women (Figure 6.1).

## Patterns by background characteristics

- The more children a woman already has, the less likely she is to want another child. Three-quarters (76\%) of currently married women with no children want to have a child within the next 2 years, compared with one in five (19\%) women with one child and one in $10(10 \%)$ women with two children
(Table 6.1).
- Men are generally more likely than women to want to have another child, no matter how many children they already have. For example, $11 \%$ of married men with four children want another child soon, compared with $2 \%$ of married women with four children.
- The proportion of currently married women (58\%) and men ( $40 \%$ ) who want no more children does not differ by urban-rural residence (Table 6.2).


### 6.2 Ideal Family Size

## Ideal family size

Respondents with no children were asked, "If you could choose exactly the number of children to have in your whole life, how many would that be?" Respondents who had children were asked: "If you could go back to the time when you did not have any children and could choose exactly the number of children to have in your whole life, how many would that be?"
Sample: Women and men age 15-49

If women could choose their family size, they would choose to have 2.6 children, on average, while men would choose to have 3.0 children (Table 6.3). Ideal family size is slightly higher among women and men who are currently married (Figure 6.2).

Trends: From 2004 to 2014, the ideal family size in Lesotho fell from 3.0 to 2.6 children for women and from 3.4 to 3.0 children for men.

Figure 6.2 Ideal family size
Mean ideal number of children among women and men age 15-49
■Women ■Men


Patterns by background characteristics

- The more children respondents already have, the more children they consider ideal. For example, women who have one child consider 2.4 children to be ideal, on average. In contrast, women who have six or more children consider 3.8 children to be ideal (Figure 6.3).
- Family size norms vary across districts. Women in Berea and Maseru want smaller families of 2.5 children, while women in Thaba-Tseka want 3.1 children.
- Older women want larger families. Ideal family size increases from 2.1 children among women age 15-19 to 3.6 children among women age 45-49 (Table 6.4).

Figure 6.3 Ideal family size by number of living children

Mean ideal number of children
■ Women ■Men


Note: Figures in parentheses are based on 25-49 unweighted cases.

- Women in wealthy households want slightly smaller families. The ideal number of children is 2.9 among women in the lowest wealth quintile compared with 2.5 children among women in the highest quintile.


### 6.3 Fertility Planning Status

Planning status of birth
Women reported whether their most recent birth was wanted at the time (planned birth), at a later time (mistimed birth), or not at all (unwanted birth).
Sample: Current pregnancies and births in the 5 years before the survey to women age 15-49

According to mothers' reports, only about half of births were wanted at the time of conception ( $49 \%$ ), and $30 \%$ were mistimed, that is, wanted at a later date. Twenty-two percent of births were not wanted at all (Figure 6.4).

Trends: Since 2004, the proportion of births wanted at the time of conception has remained relatively constant at about half of all births $(48 \%-50 \%)$. The proportion of births that were mistimed more than doubled between 2004 and 2009 (from $12 \%$ to $31 \%$ ), and has not changed in 2014 (30\%). The proportion of unwanted births decreased from 4 in 10 in 2004 $(38 \%)$ to 1 in 5 in $2009(21 \%)$ and has remained the same in 2014 (22\%).

Figure 6.4 Fertility planning status
Percent distribution of births to women age 15-49 in the five years before the survey (including current pregnancies) by planning status of births


## Patterns by background characteristics

- The more children a woman has, the more likely it is that her last birth was unwanted. Ten percent of first births were unwanted, compared with $29 \%$ of third births and $51 \%$ of fourth or higher order births (Table 6.5).
- The proportion of births that were mistimed decreases with the mother's age, ranging from 42\% of births to women less than age 20 to $9 \%$ of births to women age 40-44.


### 6.4 Wanted Fertility Rates

## Wanted fertility rate

The number of children the average woman would have over the course of her lifetime if she bore children at current age-specific fertility rates, excluding unwanted births. A birth is considered wanted if the number of living children at the time of conception is lower than the ideal number of children currently reported by the respondent.
Sample: Births to women age 15-49 during the 3 years before the survey

The wanted fertility rate reflects the level of fertility that would result if all unwanted births were prevented. The wanted fertility rate in Lesotho is 2.3 children, compared with the actual total fertility rate of 3.3 children (Table 6.6). In other words, women in Lesotho are currently having one child more than they want, on average.

Trends: The total wanted fertility rate in Lesotho has declined slightly from 2.5 children in 2004 to 2.3 children in 2014 (Figure 6.5). However, the gap between wanted and actual fertility has remained relatively constant over time.

## Patterns by background characteristics

The total wanted fertility rate is consistently lower than the actual total fertility rate, but the size of the gap varies by women's background characteristics.

- The gap between wanted and actual fertility is twice as large in rural areas (3.9-2.7=1.2) as in urban areas

Figure 6.5 Trends in wanted and actual fertility

Wanted and actual number of children per woman


- Women in Mokhotlong have the largest gap between actual and wanted fertility (1.7 children). The gap is smallest in Qacha's Nek ( 0.6 children).
- Women with more than secondary education have the smallest gap ( 0.4 children) between wanted and actual fertility compared with women in all other educational categories.
- The gap between wanted and actual fertility steadily narrows with wealth, falling from 1.9 children in the lowest wealth quintile to 0.4 in the highest wealth quintile.


## List of Tables

For more information on fertility preferences, see the following tables:

- Table 6.1 Fertility preferences by number of living children
- Table 6.2 Desire to limit childbearing
- Table 6.3 Ideal number of children by number of living children
- Table 6.4 Mean ideal number of children
- Table 6.5 Fertility planning status
- Table 6.6 Wanted fertility rates

Table 6.1 Fertility preferences by number of living children
Percent distribution of currently married women and currently married men age 15-49 by desire for children, according to number of living children, Lesotho 2014

| Desire for children | Number of living children |  |  |  |  |  |  | $\begin{gathered} \text { Total } \\ 15-49 \end{gathered}$ | $\begin{aligned} & \text { Total } \\ & 15-59 \end{aligned}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 0 | 1 | 2 | 3 | 4 | 5 | 6+ |  |  |
| WOMEN ${ }^{1}$ |  |  |  |  |  |  |  |  |  |
| Have another soon ${ }^{2}$ | 76.0 | 18.7 | 9.7 | 5.3 | 1.8 | 1.3 | 3.5 | 14.9 | na |
| Have another later ${ }^{3}$ | 10.3 | 49.8 | 22.6 | 8.1 | 3.4 | 1.1 | 1.0 | 24.1 | na |
| Have another, undecided when | 1.2 | 1.2 | 1.1 | 0.6 | 0.0 | 0.0 | 0.0 | 0.9 | na |
| Undecided | 1.0 | 1.0 | 1.9 | 0.7 | 0.9 | 0.4 | 0.8 | 1.2 | na |
| Want no more | 4.8 | 28.4 | 62.7 | 82.1 | 87.9 | 91.5 | 86.2 | 56.0 | na |
| Sterilised ${ }^{4}$ | 0.0 | 0.1 | 1.4 | 2.5 | 4.1 | 4.0 | 7.7 | 1.7 | na |
| Declared infecund | 6.8 | 0.8 | 0.6 | 0.7 | 1.8 | 1.8 | 0.8 | 1.2 | na |
| Total | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | na |
| Number of women | 245 | 1,102 | 1,033 | 585 | 331 | 164 | 152 | 3,612 | na |
| MEN ${ }^{5}$ |  |  |  |  |  |  |  |  |  |
| Have another soon ${ }^{2}$ | 68.8 | 22.7 | 17.1 | 10.4 | 10.6 | (10.2) | (2.6) | 20.3 | 18.6 |
| Have another later ${ }^{3}$ | 22.4 | 57.2 | 33.1 | 18.8 | 17.9 | (7.0) | (5.6) | 34.1 | 29.2 |
| Have another, undecided when | 0.9 | 1.9 | 2.8 | 2.7 | 4.6 | (0.0) | (0.0) | 2.3 | 2.1 |
| Undecided | 2.9 | 2.8 | 4.4 | 2.5 | 0.5 | (0.0) | (0.0) | 2.8 | 2.6 |
| Want no more | 2.0 | 14.3 | 41.7 | 65.6 | 65.4 | (82.9) | (91.8) | 39.7 | 45.9 |
| Sterilised ${ }^{4}$ | 0.0 | 0.5 | 0.0 | 0.0 | 1.1 | (0.0) | (0.0) | 0.2 | 0.8 |
| Declared infecund | 3.0 | 0.5 | 0.3 | 0.0 | 0.0 | (0.0) | (0.0) | 0.5 | 0.8 |
| Total | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 |
| Number of men | 76 | 319 | 252 | 181 | 72 | 37 | 45 | 983 | 1,171 |

Notes: Total includes 1 man for whom information on the desire for children is missing. Figures in parentheses are based on 25-49 unweighted cases.
na = Not applicable
${ }^{1}$ The number of living children includes the current pregnancy.
${ }^{2}$ Wants next birth within 2 years
${ }^{3}$ Wants to delay next birth for 2 or more years
${ }^{4}$ Includes both female and male sterilisation
${ }^{5}$ The number of living children includes one additional child if respondent's wife is pregnant (or if any wife is pregnant for men with more than one current wife).

| Table 6.2 Desire to limit childbearing |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percentage of currently married women age 15-49 who want no more children, by number of living children, and percentage of currently married men age 15-49 who want no more children, according to background characteristics, Lesotho 2014 |  |  |  |  |  |  |  |  |  |
| Background characteristic | Number of living children ${ }^{1}$ |  |  |  |  |  |  | Total women | Total men |
|  | 0 | 1 | 2 | 3 | 4 | 5 | 6+ |  |  |
| Residence |  |  |  |  |  |  |  |  |  |
| Urban | 5.3 | 30.8 | 69.8 | 92.1 | 92.5 | (97.9) | * | 57.7 | 39.5 |
| Rural | 4.5 | 27.3 | 60.6 | 81.5 | 91.9 | 95.0 | 92.9 | 57.8 | 40.2 |
| Ecological zone |  |  |  |  |  |  |  |  |  |
| Lowlands | 6.0 | 29.6 | 67.7 | 88.8 | 96.1 | 95.0 | (91.6) | 58.0 | 40.3 |
| Foothills | (8.0) | 36.7 | 57.7 | 83.5 | (84.5) | * | (100.0) | 61.7 | 41.4 |
| Mountains | 0.8 | 24.7 | 55.1 | 77.3 | 86.6 | 93.3 | 92.6 | 55.7 | 39.0 |
| Senqu River Valley | * | 16.7 | 62.8 | 74.1 | 95.5 | * | * | 55.6 | 37.8 |
| District |  |  |  |  |  |  |  |  |  |
| Butha-Buthe | (8.2) | 22.3 | 64.3 | 86.4 | * | * | * | 56.1 | 43.9 |
| Leribe | (0.0) | 27.3 | 57.6 | 88.9 | (88.4) | * | * | 55.8 | 41.0 |
| Berea | (20.3) | 35.5 | 72.6 | 85.5 | (89.8) | * | * | 64.2 | 50.0 |
| Maseru | (5.0) | 33.8 | 65.2 | 90.9 | 94.2 | * | * | 59.5 | 40.6 |
| Mafeteng | (0.0) | 31.4 | 73.9 | (83.2) | (100.0) | * | * | 56.8 | 27.4 |
| Mohale's Hoek | * | 21.0 | 65.0 | 77.1 |  | * | * | 54.1 | 34.8 |
| Quthing | * | 14.9 | 58.5 | (71.0) | (94.7) | * | * | 53.6 | 33.8 |
| Qacha's Nek | * | 31.8 | 61.6 | 83.7 | (100.0) |  | * | 60.6 | 35.8 |
| Mokhotlong | (0.0) | 25.6 | 50.2 | (71.7) | (92.4) | ** | (97.6) | 56.5 | 37.6 |
| Thaba-Tseka | (0.6) | 19.0 | 57.0 | 78.2 | (84.5) | (87.4) | (86.3) | 53.8 | 38.7 |
| Education |  |  |  |  |  |  |  |  |  |
| No education | * | * | * | * | * | * | * | 72.0 | 45.7 |
| Primary incomplete | (9.6) | 33.9 | 59.9 | 75.4 | 89.0 | 93.9 | 89.8 | 65.7 | 39.1 |
| Primary complete | (4.3) | 23.8 | 59.5 | 87.0 | 88.4 | 97.5 | 100.0 | 61.9 | 33.9 |
| Secondary | 4.4 | 29.1 | 67.0 | 87.3 | 97.8 | (95.6) | (89.9) | 52.8 | 39.2 |
| More than secondary | * | 28.3 | 69.0 | (94.8) | * | * | * | 52.3 | 47.9 |
| Wealth quintile |  |  |  |  |  |  |  |  |  |
| Lowest | (3.3) | 23.7 | 58.0 | 77.8 | 87.1 | 95.2 | 91.5 | 57.4 | 39.6 |
| Second | (0.0) | 24.8 | 59.1 | 77.3 | 90.7 | * | (98.3) | 56.1 | 35.3 |
| Middle | (0.0) | 32.0 | 64.8 | 89.2 | 93.6 | (92.0) | (92.8) | 60.1 | 40.9 |
| Fourth | 7.3 | 30.9 | 62.6 | 84.6 | 94.0 | (93.3) | (92.0) | 57.1 | 33.4 |
| Highest | 8.1 | 28.6 | 70.2 | 91.8 | 94.2 | * | * | 58.0 | 48.2 |
| Total 15-49 | 4.8 | 28.5 | 64.1 | 84.6 | 92.0 | 95.5 | 93.9 | 57.8 | 40.0 |
| 50-59 | na | na | na | na | na | na | na | na | 81.6 |
| Total 15-59 | na | na | na | na | na | na | na | na | 46.6 |

Notes: Women who have been sterilised are considered to want no more children. Figures in parentheses are based on 25-49 unweighted cases. An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed. na $=$ Not applicable
${ }^{1}$ The number of living children includes the current pregnancy.

## Table 6.3 Ideal number of children by number of living children

Percent distribution of women and men 15-49 by ideal number of children, and mean ideal number of children for all respondents and for currently married respondents, according to the number of living children, Lesotho 2014

| Ideal number of children | Number of living children |  |  |  |  |  |  | Total |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 0 | 1 | 2 | 3 | 4 | 5 | 6+ |  |
| WOMEN ${ }^{1}$ |  |  |  |  |  |  |  |  |
| 0 | 7.5 | 3.3 | 3.4 | 1.1 | 1.9 | 3.4 | 4.6 | 4.3 |
| 1 | 9.2 | 12.3 | 9.8 | 4.9 | 3.1 | 4.7 | 1.7 | 8.8 |
| 2 | 53.9 | 43.7 | 31.3 | 30.9 | 31.6 | 20.6 | 19.6 | 40.6 |
| 3 | 21.1 | 25.5 | 26.6 | 19.9 | 15.5 | 24.2 | 11.2 | 22.6 |
| 4 | 6.1 | 12.0 | 22.6 | 30.3 | 33.5 | 27.3 | 38.6 | 17.2 |
| 5 | 1.7 | 2.1 | 4.0 | 6.3 | 5.6 | 7.9 | 6.5 | 3.4 |
| 6+ | 0.5 | 1.1 | 1.8 | 6.6 | 8.8 | 10.8 | 16.1 | 2.9 |
| Non-numeric responses | 0.0 | 0.0 | 0.4 | 0.0 | 0.0 | 1.2 | 1.8 | 0.2 |
| Total | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 |
| Number of women | 2,022 | 1,644 | 1,357 | 767 | 423 | 212 | 197 | 6,621 |
| Mean ideal number of children for: ${ }^{2}$ |  |  |  |  |  |  |  |  |
| All women | 2.2 | 2.4 | 2.8 | 3.2 | 3.3 | 3.4 | 3.8 | 2.6 |
| Number of women | 2,021 | 1,643 | 1,351 | 767 | 423 | 209 | 194 | 6,608 |
| Currently married women | 2.7 | 2.5 | 2.8 | 3.2 | 3.3 | 3.5 | 3.9 | 2.9 |
| Number of currently married women | 245 | 1,102 | 1,027 | 585 | 331 | 161 | 148 | 3,600 |
| MEN ${ }^{3}$ |  |  |  |  |  |  |  |  |
| 0 | 2.9 | 1.8 | 3.4 | 0.7 | 2.9 | (0.0) | (0.0) | 2.5 |
| 1 | 5.2 | 5.0 | 2.2 | 3.6 | 0.4 | (5.1) | (0.0) | 4.4 |
| 2 | 40.9 | 36.2 | 28.3 | 18.4 | 19.8 | (13.9) | (15.5) | 35.5 |
| 3 | 28.0 | 31.1 | 26.9 | 27.7 | 11.1 | (4.8) | (14.0) | 27.2 |
| 4 | 13.9 | 17.0 | 22.3 | 23.7 | 32.4 | (32.7) | (19.2) | 17.0 |
| 5 | 6.4 | 5.3 | 11.0 | 12.5 | 14.5 | (10.9) | (18.9) | 7.8 |
| $6+$ | 2.2 | 3.2 | 5.1 | 10.5 | 18.3 | (30.2) | (28.6) | 4.7 |
| Non-numeric responses | 0.5 | 0.4 | 0.7 | 2.9 | 0.6 | (2.4) | (3.7) | 0.7 |
| Total | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 |
| Number of men | 1,563 | 423 | 305 | 197 | 84 | 38 | 51 | 2,660 |
| Mean ideal number of children for men 15-49: ${ }^{2}$ |  |  |  |  |  |  |  |  |
| All men | 2.8 | 2.9 | 3.2 | 3.6 | 4.1 | (4.9) | (4.8) | 3.0 |
| Number of men | 1,556 | 421 | 303 | 191 | 84 | 37 | 49 | 2,640 |
| Currently married men | 3.2 | 2.9 | 3.3 | 3.6 | 4.0 | (4.9) | (4.8) | 3.4 |
| Number of currently married men | 76 | 318 | 250 | 176 | 72 | 36 | 43 | 971 |
| Mean ideal number of children for men 15-59: ${ }^{2}$ |  |  |  |  |  |  |  |  |
| All men | 2.8 | 2.9 | 3.3 | 3.8 | 4.2 | 4.9 | 5.4 | 3.2 |
| Number of men | 1,572 | 443 | 351 | 230 | 121 | 80 | 105 | 2,901 |
| Currently married men | 3.4 | 2.9 | 3.3 | 3.8 | 4.1 | 5.0 | 5.5 | 3.6 |
| Number of currently married men | 79 | 327 | 281 | 209 | 99 | 69 | 89 | 1,153 |

[^5]${ }^{1}$ The number of living children includes current pregnancy for women.
${ }^{2}$ Means are calculated excluding respondents who gave non-numeric responses.
${ }^{3}$ The number of living children includes one additional child if respondent's wife is pregnant (or if any wife is pregnant for men with more than one current wife).

| Table 6.4 Mean ideal number of children |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| Mean ideal number of children for all women and men age $15-49$ by background characteristics, Lesotho 2014 |  |  |  |  |
| Background characteristic | Mean | Number of women ${ }^{1}$ | Mean | Number of men ${ }^{1}$ |
| Age |  |  |  |  |
| 15-19 | 2.1 | 1,439 | 2.6 | 690 |
| 20-24 | 2.3 | 1,325 | 2.8 | 559 |
| 25-29 | 2.6 | 1,091 | 3.0 | 409 |
| 30-34 | 2.7 | 956 | 3.1 | 331 |
| 35-39 | 3.0 | 740 | 3.2 | 272 |
| 40-44 | 3.3 | 562 | 3.9 | 215 |
| 45-49 | 3.6 | 494 | 3.8 | 165 |
| Residence |  |  |  |  |
| Urban | 2.4 | 2,415 | 2.7 | 914 |
| Rural | 2.8 | 4,193 | 3.2 | 1,727 |
| Ecological zone |  |  |  |  |
| Lowlands | 2.5 | 4,176 | 2.8 | 1,703 |
| Foothills | 2.8 | 687 | 3.0 | 248 |
| Mountains | 2.9 | 1,284 | 3.5 | 517 |
| Senqu River Valley | 2.7 | 461 | 3.3 | 172 |
| District |  |  |  |  |
| Butha-Buthe | 2.7 | 385 | 3.2 | 142 |
| Leribe | 2.7 | 1,059 | 3.1 | 390 |
| Berea | 2.5 | 892 | 2.8 | 379 |
| Maseru | 2.5 | 1,863 | 2.8 | 806 |
| Mafeteng | 2.6 | 574 | 2.8 | 236 |
| Mohale's Hoek | 2.6 | 519 | 3.1 | 200 |
| Quthing | 2.6 | 315 | 3.3 | 104 |
| Qacha's Nek | 2.8 | 204 | 3.4 | 74 |
| Mokhotlong | 2.8 | 348 | 3.4 | 141 |
| Thaba-Tseka | 3.1 | 449 | 3.7 | 168 |
| Education |  |  |  |  |
| No education | 3.2 | 68 | 4.0 | 207 |
| Primary incomplete | 2.9 | 1,173 | 3.3 | 868 |
| Primary complete | 3.0 | 1,373 | 3.1 | 314 |
| Secondary | 2.4 | 3,413 | 2.7 | 1,039 |
| More than secondary | 2.5 | 581 | 2.8 | 214 |
| Wealth quintile |  |  |  |  |
| Lowest | 2.9 | 956 | 3.7 | 372 |
| Second | 2.7 | 1,033 | 3.2 | 476 |
| Middle | 2.6 | 1,244 | 3.0 | 532 |
| Fourth | 2.6 | 1,599 | 2.7 | 611 |
| Highest | 2.5 | 1,776 | 2.7 | 650 |
| Total | 2.6 | 6,608 | 3.0 | 2,640 |

${ }^{1}$ Number of respondents who gave a numeric response

| Table 6.5 Fertility planning status |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Percent distribution of births to women age 15-49 in the five years preceding the survey (including current pregnancies), by planning status of the birth, according to birth order and mother's age at birth, Lesotho 2014 |  |  |  |  |  |
|  | Planning status of birth |  |  | Total | Number of births |
| Birth order and mother's age at birth | Wanted then | Wanted later | Wanted no more |  |  |
| Birth order |  |  |  |  |  |
| 1 | 57.4 | 32.5 | 10.1 | 100.0 | 1,337 |
| 2 | 52.3 | 33.9 | 13.8 | 100.0 | 904 |
| 3 | 44.5 | 26.3 | 29.1 | 100.0 | 538 |
| 4+ | 26.9 | 21.8 | 51.3 | 100.0 | 617 |
| Mother's age at birth |  |  |  |  |  |
| <20 | 44.0 | 42.2 | 13.8 | 100.0 | 674 |
| 20-24 | 52.3 | 34.0 | 13.7 | 100.0 | 1,099 |
| 25-29 | 51.8 | 29.2 | 18.9 | 100.0 | 720 |
| 30-34 | 49.6 | 18.2 | 32.2 | 100.0 | 536 |
| 35-39 | 35.9 | 16.4 | 47.7 | 100.0 | 247 |
| 40-44 | 39.6 | 8.7 | 51.7 | 100.0 | 115 |
| 45-49 | * | * | * | 100.0 | 4 |
| Total | 48.5 | 29.9 | 21.6 | 100.0 | 3,395 |

Note: Total includes 1 woman for whom information on the fertility planning status is missing. An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.

## Table 6.6 Wanted fertility rates

Total wanted fertility rates and total fertility rates for the 3 years preceding the survey, by background characteristics, Lesotho 2014

| Background <br> characteristic | Total wanted <br> fertility rates | Total fertility <br> rate |
| :--- | :---: | :---: |
| Residence |  |  |
| $\quad$ Urban | 1.7 | 2.3 |
| $\quad$ Rural | 2.7 | 3.9 |
| Ecological zone |  |  |
| $\quad$ Lowlands |  | 2.1 |
| Foothills | 2.7 | 4.2 |
| Mountains | 2.9 | 4.3 |
| $\quad$ Senqu River Valley | 2.6 | 3.7 |
| District |  |  |
| Butha-Buthe | 2.6 | 3.7 |
| Leribe | 2.6 | 3.5 |
| Berea | 2.3 | 3.1 |
| Maseru | 1.9 | 2.6 |
| Mafeteng | 2.1 | 2.8 |
| Mohale's Hoek | 2.7 | 3.8 |
| Quthing | 2.8 | 3.9 |
| Qacha's Nek | 2.3 | 2.9 |
| Mokhotlong | 2.7 | 4.4 |
| Thaba-Tseka | 3.0 | 4.0 |
| Education |  |  |
| No education | $1.3)$ | $(1.9)$ |
| Primary incomplete | 2.5 | 4.0 |
| Primary complete | 3.0 | 4.0 |
| Secondary | 2.2 | 2.9 |
| More than secondary | 2.0 | 2.4 |
| Wealth quintile |  |  |
| Lowest | 3.1 | 5.0 |
| Second | 2.7 | 3.9 |
| Middle | 2.8 | 3.8 |
| Fourth | 2.0 | 2.7 |
| Highest | 1.7 | 2.1 |
| Total | 2.3 | 3.3 |

Notes: Rates are calculated based on births to women age $15-49$ in the period 1-36 months preceding the survey. The total fertility rates are the same as those presented in Table 5.2. Figures in parentheses correspond to 125-249 unweighted person-years of exposure

## Key Findings

- Modern contraceptive use: Modern contraceptive use by currently married women has steadily increased over the last decade, growing from $35 \%$ in 2004 to $46 \%$ in 2009 and $60 \%$ in 2014. Injectables are the most popular contraceptive, used by $24 \%$ of currently married women.
- Sources of modern methods: Nearly two-thirds (63\%) of modern contraceptive users obtain their contraceptives from public-sector facilities.
- Contraceptive discontinuation: One out of every five times (22\%) that women began using a contraceptive method in the 5 years before the survey, they discontinued the method in less than 12 months. The leading reasons for method discontinuation are methodrelated health concerns and side effects ( $24 \%$ ), a desire to become pregnant ( $16 \%$ ), and method failure ( $13 \%$ ).
- Percentage of demand for family planning satisfied: Demand for family planning satisfied by use of modern methods among currently married women is $76 \%$.
- Unmet need for family planning: Unmet need for family planning among currently married women has declined from $31 \%$ in 2004, to $23 \%$ in 2009, and to $18 \%$ in 2014.

Couples can use contraceptive methods to limit or space the number of children they have. This chapter presents information on the use and sources of contraceptive methods, informed choice of methods, and rates and reasons for discontinuing contraceptives. It also examines the potential demand for family planning and how much contact nonusers have with family planning providers.

In Lesotho, family planning is part of the Sexual and Reproductive Health Programme of the Ministry of Health (MOH) and is an important part of the National Strategic Development Plan (MDP 2012).

### 7.1 Contraceptive Knowledge and Use

Knowledge of contraceptive methods is almost universal in Lesotho, with 99\% of women age 15-49 and 98\% of men age 15-49 knowing at least one method of contraception. For more information on contraceptive knowledge by method, see Table 7.1.

## Contraceptive prevalence rate

Percentage who use any contraceptive method
Sample: Currently married women age 15-49

The contraceptive prevalence rate (CPR) is $60 \%$ in Lesotho, and nearly all currently married women age 15-49 who use contraception use a modern method ( $60 \%$ ) (Table 7.2). Modern contraceptive use among currently married women is highest ( $70 \%$ ) among women age 35-39. Among sexually active, unmarried women age $15-49,72 \%$ use a modern method.

## Modern methods

Include male and female sterilisation, injectables, intrauterine contraceptive devices (IUCDs), contraceptive pills, implants, female and male condoms, the Standard Days Method, and emergency contraception

Among currently married women, the most commonly used methods are injectables (24\%), male condoms (17\%), and pills (14\%) (Figure 7.1). By contrast, among sexually active unmarried women, male condoms are by far the most commonly used method ( $45 \%$ ) followed by injectables ( $14 \%$ ) and pills ( $8 \%$ ).

Trends: From 2004 to 2014, modern contraceptive use by currently married women has steadily increased, from $35 \%$ in 2004 to $60 \%$ in 2014 (Figure 7.2). The greatest gains were in the use of injectables, which increased from $15 \%$ in 2004 to $24 \%$ in 2014, and male condoms, which increased from $5 \%$ in 2004 to $17 \%$ in 2014 (Table 7.3.1). Use of traditional methods declined from $2 \%$ in 2004 to $0.4 \%$ in 2014.

Figure 7.1 Contraceptive use


Figure 7.2 Trends in contraceptive use
Percentage of currently married women currently using a contraceptive method


## Patterns by background characteristics

- Urban married women are more likely to use modern contraceptives than rural married women ( $65 \%$ versus $57 \%$ ). Rural married women are more likely to use injectables than women in urban areas ( $25 \%$ versus $21 \%$ ) (Table 7.3.2).
- There is a notable difference in contraceptive use across districts. Among married women, modern contraceptive use ranges from a low of $48 \%$ in Mokhotlong to a high of $64 \%$ in Berea and Quthing (Figure 7.3).
- Modern contraceptive use increases substantially with education. Sixty-seven percent of married women with more than secondary education use a modern method compared with $38 \%$ of married women with no education (Figure 7.4).
- Modern contraceptive use increases with household wealth from $50 \%$ among the lowest quintile to $66 \%$ among the highest quintile, but the differences by wealth are less than those observed by education (Table 7.3.2).


## Figure 7.3 Modern contraceptive use by district

Percentage of currently married women age 15-49 currently using a modern contraceptive method


Figure 7.4 Modern contraceptive use by education
Percentage of currently married women age 15-49 currently using a modern contraceptive method


### 7.2 Source of Modern Contraceptive Methods

## Source of modern contraceptives

Place where the modern method currently being used was obtained the last time it was acquired
Sample: Women age 15-49 currently using a modern contraceptive method

Nearly two-thirds ( $63 \%$ ) of all modern contraceptive users obtain their methods from the public sector, $16 \%$ from the private medical sector, and 17\% from other sources (Figure 7.5). A small proportion of users obtain their method from a facility outside of Lesotho ( $2 \%$ ). However, the importance of each source varies, depending on the method.

- Injectables, implants, and pills:

Eight in 10 women obtain injectables ( $81 \%$ ) and implants ( $81 \%$ ) from the public sector, especially government health centres and hospitals. Six in 10 women obtain pills ( $62 \%$ ) from the public sector (Table 7.4).

- Male condoms: The predominant sources for male condoms are government health centres ( $31 \%$ ), shops ( $30 \%$ ), and friends or relatives (12\%).
- Female sterilisation: The public sector, most often government or Christian Health Association of Lesotho (CHAL) hospitals ( $49 \%$ and $41 \%$, respectively), were the most common sources for female sterilisation.


### 7.3 Informed Choice

> Informed choice
> Informed choice consists of women being informed at the time they started the current episode of method use about side effects of the method, what to do if they experience side effects, and other methods they could use.
> Sample: Women age $15-49$ who are currently using selected modern contraceptive methods and who started the last episode of use within the 5 years before the survey

Less than half of all women using modern contraceptives were informed about side effects or other problems with the method they used ( $46 \%$ ) and what to do if they experienced side effects ( $36 \%$ ). A higher proportion of women ( $69 \%$ ) were informed of other methods they could use (Table 7.5).

### 7.4 Discontinuation of Contraceptives

## Contraceptive discontinuation rate

Percentage of contraceptive use episodes discontinued within 12 months
Sample: Women age 15-49 who started an episode of contraceptive use within the 5 years before the survey

One out of every five times ( $22 \%$ ) that women began using a contraceptive method in the 5 years before the survey, they discontinued the method in less than 12 months. In fewer than 1 out of 10 episodes ( $9 \%$ ), women switched to another method. Discontinuation rates are higher for pills (27\%) than for either injectables (21\%) or male condoms (20\%) (Table 7.6).

Overall, the most common reason for discontinuing a method in less than 12 months is method-related health concerns or side effects ( $24 \%$ ), followed by desire to become pregnant ( $17 \%$ ), method failure ( $13 \%$ ), and
infrequent sex (12\%) (Table 7.7). Women are far more likely to cite method-related health concerns and side effects as a reason for discontinuing injectables ( $47 \%$ ) than pills ( $22 \%$ ) or male condoms ( $4 \%$ ).

## Knowledge of the Fertile Period

The survey also collected information on women and men's knowledge of the fertile period. Only $26 \%$ of women and $17 \%$ of men know that a woman is most likely to conceive halfway between two periods. For complete information on knowledge of the fertile period, see Table 7.8.

### 7.5 Demand for Family Planning

## Unmet need for family planning

Proportion of women who (1) are not pregnant and not postpartum amenorrhoeic and are considered fecund and want to postpone their next birth for 2 or more years or stop childbearing altogether but are not using a contraceptive method, or (2) have a mistimed or unwanted current pregnancy, or (3) are postpartum amenorrhoeic and their last birth in the last 2 years was mistimed or unwanted.
Sample: Currently married women age 15-49

## Demand for family planning:

## Proportion of demand satisfied:

## Proportion of demand satisfied by modern methods: <br> Proportion of demand satisfied by modern methods:

Unmet need for family planning + current contraceptive use (any method)

Current contraceptive use (any method)
Unmet need + current contraceptive use (any method)

$$
\frac{\text { Current contraceptive use (any modern method) }}{\qquad \text { Unmet need + current contraceptive use (any method) }}
$$

Total demand for family planning is high. Seventynine percent of currently married women age 15-49 in Lesotho have a demand for family planning; 31\% want to space births, and $48 \%$ want to limit births. Sixty percent of currently married women are already using a contraceptive method either to space or to limit births, so their need is met. However, $18 \%$ of currently married women have an unmet need for family planning: they want to space or limit births but are not currently using contraception (Table 7.9.1, Figure 7.6). If all of these women adopted a method, the contraceptive prevalence rate would increase from $60 \%$ to $79 \%$.

Figure 7.6 Demand for family planning


Trends: The total demand for family planning among currently married women age 15-49 in Lesotho has increased over time, rising from $68 \%$ in 2004 , to $70 \%$ in 2009 , and finally to $79 \%$ in 2014 (Figure 7.7).
However, contraceptive use had also increased over time. As a result, unmet need for family planning among married women has dropped from $31 \%$ in 2004 to $23 \%$ in 2009 and to $18 \%$ in 2014.

## Patterns by background characteristics

- Unmet need for family planning among currently married women ranges from a low of $16 \%$ in Quthing and Maseru to a high of $25 \%$ in Mokhotlong (Figure 7.8).
- Unmet need for family planning is lowest among currently married women with more than secondary education (13\%) and highest among those with no education (32\%).
- One in four ( $25 \%$ ) currently married women in the lowest wealth quintile has an unmet need for family planning compared with one in seven (14\%) in the highest wealth quintile.

For additional information on need and demand for family planning among all women and among women who are not currently married, see

## Table 7.9.2.

## Future Use of Contraception

The survey also collected information on nonusers' intent to use contraception in the future. Sixty-seven percent of currently married women age 15-49 who are not currently using contraception intend to use family planning at some future time. For more information on future use of contraception, see Table 7.10.

## Exposure to Family Planning Messages in the Media

Table 7.11 offers information on exposure to family planning messages in the media among women and men age $15-49$. Women reported hearing or seeing a family planning message in the past few months on the radio $(23 \%)$, on television ( $14 \%$ ), in newspapers or magazines ( $12 \%$ ), and on billboards, pamphlets, or posters $(24 \%)$. The proportion of women who were exposed to family planning messages exceeded that for men for each type of media.

### 7.6 Contact of Nonusers with Family Planning Providers

## Contact of nonusers with family planning providers <br> Respondent discussed family planning in the 12 months before the survey with a fieldworker or during a visit to a health facility.

Sample: Women age 15-49 who are not currently using any contraceptive methods

The vast majority ( $82 \%$ ) of women age 15-49 who are not using a contraceptive method said they had not discussed family planning with a fieldworker or health facility staff member in the 12 months before the survey (Table 7.12). Four percent reported discussing family planning with a fieldworker and $16 \%$ with a provider at a health facility. Notably, $40 \%$ of nonusers had visited a health facility in the past 12 months but did not discuss family planning during that visit.

## Patterns by background characteristics

- Women age 25-44 (21-28\%) are more likely to have discussed family planning during a health facility visit than younger women (4-17\%) or older women (19\%).
- Women are most likely to have discussed family planning while visiting a health facility in Mohale's Hoek (23\%) and least likely to have done so in Butha-Buthe (10\%).
- Women with no education are the most likely of any women to have discussed family planning while visiting a health facility (31\%).


## List of Tables

For detailed information on family planning, see the following tables:

- Table 7.1 Knowledge of contraceptive methods
- Table 7.2 Current use of contraception by age
- Table 7.3.1 Trends in the current use of contraception
- Table 7.3.2 Current use of contraception by background characteristics
- Table 7.4 Source of modern contraceptive methods
- Table 7.5 Informed choice
- Table 7.6 Twelve-month contraceptive discontinuation rates
- Table 7.7 Reasons for discontinuation
- Table 7.8 Knowledge of fertile period
- Table 7.9.1 Need and demand for family planning among currently married women
- Table 7.9.2 Need and demand for family planning for all women and for women who are not currently married
- Table 7.10 Future use of contraception
- Table 7.11 Exposure to family planning messages
- Table 7.12 Contact of nonusers with family planning providers

Table 7.1 Knowledge of contraceptive methods
Percentage of all respondents, currently married respondents, and sexually active unmarried respondents age 15-49 who know any contraceptive method, by specific method, Lesotho 2014

| Method | Women |  |  | Men |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | All women | Currently married women | Sexually active unmarried women ${ }^{1}$ | All men | Currently married men | Sexually active unmarried men ${ }^{1}$ |
| Any method | 98.5 | 99.5 | 99.7 | 97.9 | 99.1 | 98.7 |
| Any modern method | 98.5 | 99.5 | 99.7 | 97.8 | 99.0 | 98.7 |
| Female sterilisation | 68.2 | 73.9 | 75.4 | 56.3 | 71.9 | 57.2 |
| Male sterilisation | 17.1 | 16.4 | 23.2 | 20.0 | 21.5 | 25.3 |
| Pill | 91.2 | 96.7 | 94.1 | 72.8 | 89.3 | 72.8 |
| IUCD | 70.9 | 76.7 | 77.5 | 37.5 | 46.0 | 38.2 |
| Injectables | 92.2 | 96.9 | 93.5 | 75.5 | 92.3 | 77.2 |
| Implants | 65.7 | 77.8 | 70.4 | 24.7 | 36.3 | 23.3 |
| Male condom | 97.7 | 98.7 | 99.1 | 97.3 | 98.2 | 98.7 |
| Female condom | 91.4 | 94.0 | 95.9 | 82.8 | 87.7 | 86.6 |
| Emergency contraception | 35.1 | 32.5 | 51.7 | 28.9 | 29.2 | 36.3 |
| Other modern | 0.3 | 0.2 | 1.0 | 0.0 | 0.0 | 0.0 |
| Any traditional method | 76.7 | 83.5 | 86.1 | 75.9 | 88.1 | 84.1 |
| Rhythm | 39.9 | 41.2 | 49.0 | 33.8 | 39.0 | 39.7 |
| Withdrawal | 71.6 | 79.0 | 83.6 | 73.4 | 86.7 | 81.6 |
| Other | 4.9 | 5.9 | 3.5 | 5.2 | 7.2 | 5.6 |
| Mean number of methods known by respondents 15-49 | 7.5 | 7.9 | 8.2 | 6.1 | 7.1 | 6.4 |
| Number of respondents | 6,621 | 3,612 | 450 | 2,660 | 983 | 502 |
| Mean number of methods known by respondents 15-59 | na | na | na | 6.1 | 7.0 | 6.4 |
| Number of respondents | na | na | na | 2,931 | 1,171 | 517 |

na $=$ Not applicable
${ }^{1}$ Had last sexual intercourse within 30 days preceding the survey

Table 7.2 Current use of contraception by age
Percent distribution of all women, currently married women, and sexually active unmarried women age 15-49 by contraceptive method currently used, according to age, Lesotho 2014

| Age | Any method | Any modern method | Modern method |  |  |  |  |  |  |  | Any traditional method | Traditional method |  | Notcurrentlyusing | Total | Number of women |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | Female sterilisation | Male sterilisation | Pill | IUCD | Injectables | Implants | Male condom | Female condom |  | Rhythm | Withdrawal |  |  |  |
| ALL WOMEN |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 15-19 | 20.1 | 19.7 | 0.0 | 0.0 | 0.7 | 0.0 | 4.8 | 0.3 | 13.8 | 0.1 | 0.4 | 0.0 | 0.3 | 79.9 | 100.0 | 1,440 |
| 20-24 | 52.9 | 52.5 | 0.0 | 0.0 | 8.8 | 0.3 | 19.7 | 1.5 | 22.1 | 0.0 | 0.5 | 0.1 | 0.4 | 47.1 | 100.0 | 1,325 |
| 25-29 | 61.4 | 61.2 | 0.2 | 0.0 | 14.0 | 0.2 | 26.2 | 1.4 | 19.3 | 0.0 | 0.1 | 0.0 | 0.1 | 38.6 | 100.0 | 1,094 |
| 30-34 | 62.6 | 62.4 | 0.8 | 0.0 | 14.5 | 1.7 | 23.3 | 2.2 | 19.6 | 0.3 | 0.2 | 0.2 | 0.0 | 37.4 | 100.0 | 957 |
| 35-39 | 66.5 | 65.8 | 2.6 | 0.3 | 12.6 | 2.1 | 21.2 | 2.3 | 24.3 | 0.3 | 0.7 | 0.4 | 0.3 | 33.5 | 100.0 | 744 |
| 40-44 | 54.2 | 54.0 | 3.6 | 0.0 | 10.7 | 2.9 | 14.8 | 0.5 | 20.7 | 0.8 | 0.2 | 0.1 | 0.1 | 45.8 | 100.0 | 562 |
| 45-49 | 35.2 | 34.7 | 4.8 | 0.0 | 6.0 | 1.9 | 7.0 | 0.2 | 14.1 | 0.8 | 0.4 | 0.4 | 0.0 | 64.8 | 100.0 | 499 |
| Total | 48.9 | 48.5 | 1.1 | 0.0 | 9.1 | 1.0 | 16.9 | 1.2 | 19.0 | 0.2 | 0.4 | 0.1 | 0.2 | 51.1 | 100.0 | 6,621 |
| CURRENTLY MARRIED WOMEN |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 15-19 | 35.3 | 35.3 | 0.0 | 0.0 | 3.3 | 0.0 | 17.4 | 1.5 | 12.8 | 0.3 | 0.0 | 0.0 | 0.0 | 64.7 | 100.0 | 255 |
| 20-24 | 57.8 | 57.4 | 0.0 | 0.0 | 13.6 | 0.2 | 29.6 | 1.6 | 12.4 | 0.0 | 0.4 | 0.0 | 0.4 | 42.2 | 100.0 | 701 |
| 25-29 | 65.4 | 65.3 | 0.4 | 0.0 | 17.8 | 0.2 | 30.1 | 1.7 | 15.2 | 0.0 | 0.1 | 0.0 | 0.1 | 34.6 | 100.0 | 757 |
| 30-34 | 67.1 | 66.8 | 1.1 | 0.0 | 18.3 | 1.4 | 26.4 | 1.9 | 17.5 | 0.1 | 0.3 | 0.3 | 0.0 | 32.9 | 100.0 | 669 |
| 35-39 | 71.0 | 70.1 | 3.2 | 0.5 | 14.7 | 2.8 | 23.2 | 1.1 | 24.5 | 0.1 | 1.0 | 0.6 | 0.4 | 29.0 | 100.0 | 544 |
| 40-44 | 59.5 | 59.3 | 4.3 | 0.0 | 13.5 | 3.5 | 16.0 | 0.3 | 21.0 | 0.8 | 0.1 | 0.1 | 0.0 | 40.5 | 100.0 | 377 |
| 45-49 | 39.9 | 39.4 | 5.3 | 0.0 | 7.6 | 2.4 | 8.4 | 0.3 | 15.2 | 0.2 | 0.4 | 0.4 | 0.0 | 60.1 | 100.0 | 310 |
| Total | 60.2 | 59.8 | 1.7 | 0.1 | 14.2 | 1.3 | 24.0 | 1.4 | 16.9 | 0.2 | 0.4 | 0.2 | 0.2 | 39.8 | 100.0 | 3,612 |
| SEXUALLY ACTIVE UNMARRIED WOMEN ${ }^{1}$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 15-19 | 72.8 | 69.3 | 0.0 | 0.0 | 0.0 | 0.0 | 2.3 | 0.0 | 67.1 | 0.0 | 3.4 | 0.0 | 3.4 | 27.2 | 100.0 | 63 |
| 20-24 | 70.2 | 67.2 | 0.0 | 0.0 | 6.9 | 0.0 | 8.4 | 6.5 | 45.4 | 0.0 | 3.0 | 1.2 | 1.8 | 29.8 | 100.0 | 119 |
| 25-29 | 82.1 | 82.1 | 0.0 | 0.0 | 5.8 | 0.0 | 31.6 | 2.2 | 42.5 | 0.0 | 0.0 | 0.0 | 0.0 | 17.9 | 100.0 | 74 |
| 30-34 | 80.1 | 80.1 | 0.0 | 0.0 | 6.8 | 0.6 | 21.6 | 2.0 | 49.1 | 0.0 | 0.0 | 0.0 | 0.0 | 19.9 | 100.0 | 72 |
| 35-39 | 81.3 | 81.3 | 0.0 | 0.0 | 14.7 | 0.0 | 13.7 | 10.7 | 39.2 | 2.9 | 0.0 | 0.0 | 0.0 | 18.7 | 100.0 | 50 |
| 40-44 | (63.7) | (63.7) | (0.0) | (0.0) | (13.0) | (0.0) | (13.1) | (0.0) | (34.0) | (3.6) | (0.0) | (0.0) | (0.0) | (36.3) | 100.0 | 46 |
| 45-49 | (47.9) | (47.9) | (5.9) | (0.0) | (18.6) | (6.9) | (0.0) | (0.0) | (16.6) | (0.0) | (0.0) | (0.0) | (0.0) | (52.1) | 100.0 | 26 |
| Total | 73.4 | 72.1 | 0.3 | 0.0 | 7.9 | 0.5 | 14.0 | 3.6 | 45.0 | 0.7 | 1.3 | 0.3 | 1.0 | 26.6 | 100.0 | 450 |

Notes: If more than one method is used, only the most effective method is considered in this tabulation. Figures in parentheses are based on 25-49 unweighted cases.
${ }^{1}$ Women who have had sexual intercourse within 30 days preceding the survey

Table 7.3.1 Trends in the current use of contraception
Percent distribution of currently married women age 15-49 by contraceptive method currently used, Lesotho 2004-2014

| Method | 2004 <br> LDHS | 2009 <br> LDHS | 2014 <br> LDHS |
| :--- | ---: | ---: | ---: |
| Any method | 37.3 | 47.0 | 60.2 |
| Any modern method | 35.2 | 45.6 | 59.8 |
| $\quad$ Female sterilisation | 2.7 | 2.4 | 1.7 |
| Male sterilisation | 0.0 | 0.0 | 0.1 |
| Pill | 10.9 | 12.5 | 14.2 |
| IUCD | 2.1 | 1.9 | 1.3 |
| Injectables | 14.7 | 19.3 | 24.0 |
| Implants | 0.0 | 0.1 | 1.4 |
| Male condom | 4.8 | 9.4 | 16.9 |
| Female condom | 0.0 | 0.1 | 0.2 |
| Other modern method | 0.1 | 0.0 | 0.0 |
| Any traditional method | 2.1 | 1.4 | 0.4 |
| $\quad$ Rhythm/periodic abstinence | 0.0 | 0.1 | 0.2 |
| Withdrawal | 0.9 | 0.7 | 0.2 |
| Folk method/other | 1.2 | 0.6 | 0.0 |
| Not currently using | 62.7 | 53.0 | 39.8 |
| Total | 100.0 | 100.0 | 100.0 |
| Number of women | 3709 | 4049 | 3612 |

Table 7.3.2 Current use of contraception by background characteristics
Percent distribution of currently married women age 15-49 by contraceptive method currently used, according to background characteristics, Lesotho 2014

| Age | $\begin{aligned} & \text { Any } \\ & \text { method } \end{aligned}$ | Any modern method | Modern method |  |  |  |  |  |  |  | Any traditional method | Traditional method |  | Not currently using | Total | Number of women |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | Female sterilisation | Male sterilisation | Pill | IUCD | Injectables | Implants | Male condom | Female condom |  | Rhythm | Withdrawal |  |  |  |
| Number of living children |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 0 | 17.0 | 17.0 | 0.0 | 0.0 | 2.5 | 0.0 | 2.7 | 0.0 | 11.6 | 0.2 | 0.0 | 0.0 | 0.0 | 83.0 | 100.0 | 355 |
| 1-2 | 65.1 | 64.6 | 0.7 | 0.1 | 17.0 | 0.9 | 27.1 | 1.5 | 17.4 | 0.1 | 0.4 | 0.3 | 0.2 | 34.9 | 100.0 | 2,043 |
| 3-4 | 70.3 | 70.2 | 3.1 | 0.0 | 14.9 | 3.1 | 27.8 | 1.7 | 19.4 | 0.1 | 0.1 | 0.1 | 0.1 | 29.7 | 100.0 | 902 |
| 5+ | 47.5 | 46.6 | 5.8 | 0.0 | 8.0 | 1.1 | 17.3 | 1.2 | 12.6 | 0.7 | 0.9 | 0.2 | 0.7 | 52.5 | 100.0 | 312 |
| Residence |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Urban | 65.5 | 65.2 | 1.3 | 0.2 | 17.2 | 2.0 | 21.3 | 1.4 | 21.7 | 0.1 | 0.3 | 0.3 | 0.0 | 34.5 | 100.0 | 1,150 |
| Rural | 57.7 | 57.3 | 1.8 | 0.0 | 12.9 | 1.0 | 25.3 | 1.3 | 14.7 | 0.2 | 0.4 | 0.1 | 0.2 | 42.3 | 100.0 | 2,463 |
| Ecological zone |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Lowlands | 63.8 | 63.4 | 2.0 | 0.1 | 15.3 | 1.8 | 22.7 | 1.4 | 20.0 | 0.1 | 0.4 | 0.3 | 0.1 | 36.2 | 100.0 | 2,134 |
| Foothills | 55.4 | 55.4 | 1.3 | 0.0 | 13.9 | 1.2 | 26.5 | 0.5 | 11.6 | 0.4 | 0.0 | 0.0 | 0.0 | 44.6 | 100.0 | 427 |
| Mountains | 53.1 | 52.6 | 1.3 | 0.0 | 10.8 | 0.3 | 25.6 | 1.6 | 12.8 | 0.3 | 0.4 | 0.1 | 0.3 | 46.9 | 100.0 | 797 |
| Senqu River Valley | 59.4 | 59.2 | 0.8 | 0.0 | 16.9 | 0.7 | 26.2 | 2.0 | 12.6 | 0.0 | 0.2 | 0.0 | 0.2 | 40.6 | 100.0 | 254 |
| District |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Butha-Buthe | 56.5 | 56.2 | 0.9 | 0.0 | 14.3 | 3.1 | 27.2 | 0.9 | 9.4 | 0.4 | 0.3 | 0.3 | 0.0 | 43.5 | 100.0 | 211 |
| Leribe | 64.2 | 63.4 | 3.7 | 0.0 | 12.4 | 2.4 | 24.2 | 2.0 | 18.6 | 0.2 | 0.8 | 0.5 | 0.3 | 35.8 | 100.0 | 577 |
| Berea | 63.9 | 63.9 | 2.4 | 0.0 | 12.4 | 1.8 | 23.7 | 1.5 | 21.8 | 0.2 | 0.0 | 0.0 | 0.0 | 36.1 | 100.0 | 461 |
| Maseru | 62.5 | 62.3 | 1.3 | 0.3 | 14.0 | 1.3 | 22.7 | 1.2 | 21.3 | 0.2 | 0.3 | 0.3 | 0.0 | 37.5 | 100.0 | 968 |
| Mafeteng | 58.6 | 58.2 | 0.6 | 0.0 | 23.4 | 0.3 | 20.5 | 0.0 | 13.3 | 0.0 | 0.4 | 0.0 | 0.4 | 41.4 | 100.0 | 312 |
| Mohale's Hoek | 53.4 | 53.4 | 0.4 | 0.0 | 16.7 | 0.7 | 23.9 | 1.3 | 10.0 | 0.4 | 0.0 | 0.0 | 0.0 | 46.6 | 100.0 | 297 |
| Quthing | 64.0 | 63.6 | 0.7 | 0.0 | 19.7 | 1.1 | 26.1 | 0.2 | 15.9 | 0.0 | 0.4 | 0.0 | 0.4 | 36.0 | 100.0 | 158 |
| Qacha's Nek | 56.5 | 56.1 | 3.1 | 0.0 | 8.3 | 1.2 | 26.8 | 2.3 | 14.4 | 0.0 | 0.4 | 0.0 | 0.4 | 43.5 | 100.0 | 114 |
| Mokhotlong | 49.2 | 48.4 | 1.4 | 0.0 | 11.6 | 0.0 | 22.6 | 2.4 | 10.4 | 0.0 | 0.9 | 0.3 | 0.6 | 50.8 | 100.0 | 205 |
| Thaba-Tseka | 56.7 | 56.4 | 1.0 | 0.0 | 10.6 | 0.3 | 29.0 | 1.8 | 13.6 | 0.0 | 0.3 | 0.0 | 0.3 | 43.3 | 100.0 | 308 |
| Education |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| No education | 38.1 | 38.1 | 0.0 | 0.0 | 9.1 | 0.0 | 10.6 | 2.6 | 15.8 | 0.0 | 0.0 | 0.0 | 0.0 | 61.9 | 100.0 | 47 |
| Primary incomplete | 52.9 | 52.3 | 1.3 | 0.0 | 10.7 | 0.5 | 24.0 | 2.3 | 13.3 | 0.1 | 0.6 | 0.0 | 0.6 | 47.1 | 100.0 | 695 |
| Primary complete | 58.1 | 58.0 | 1.8 | 0.0 | 14.2 | 0.9 | 24.3 | 0.8 | 15.9 | 0.1 | 0.1 | 0.1 | 0.0 | 41.9 | 100.0 | 909 |
| Secondary | 63.4 | 63.3 | 1.5 | 0.0 | 14.4 | 1.7 | 25.3 | 1.3 | 18.8 | 0.3 | 0.1 | 0.1 | 0.0 | 36.6 | 100.0 | 1,665 |
| More than secondary | 68.7 | 66.8 | 3.3 | 0.9 | 22.4 | 2.5 | 18.3 | 1.4 | 18.1 | 0.0 | 2.0 | 1.4 | 0.5 | 31.3 | 100.0 | 297 |
| Wealth quintile |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Lowest | 50.3 | 49.9 | 0.7 | 0.0 | 10.2 | 0.1 | 26.3 | 1.3 | 11.1 | 0.1 | 0.5 | 0.1 | 0.4 | 49.7 | 100.0 | 592 |
| Second | 56.6 | 56.3 | 0.5 | 0.0 | 13.0 | 0.1 | 29.1 | 1.4 | 11.8 | 0.3 | 0.3 | 0.0 | 0.3 | 43.4 | 100.0 | 602 |
| Middle | 62.3 | 62.3 | 1.2 | 0.0 | 14.1 | 1.1 | 25.8 | 1.0 | 18.9 | 0.2 | 0.1 | 0.0 | 0.1 | 37.7 | 100.0 | 676 |
| Fourth | 61.4 | 60.8 | 3.4 | 0.0 | 13.7 | 2.0 | 22.9 | 1.9 | 16.9 | 0.2 | 0.6 | 0.4 | 0.2 | 38.6 | 100.0 | 844 |
| Highest | 66.2 | 65.9 | 1.8 | 0.3 | 18.4 | 2.5 | 19.0 | 1.2 | 22.7 | 0.1 | 0.3 | 0.3 | 0.0 | 33.8 | 100.0 | 898 |
| Total | 60.2 | 59.8 | 1.7 | 0.1 | 14.2 | 1.3 | 24.0 | 1.4 | 16.9 | 0.2 | 0.4 | 0.2 | 0.2 | 39.8 | 100.0 | 3,612 |

Note: If more than one method is used, only the most effective method is considered in this tabulation.

Table 7.4 Source of modern contraceptive methods
Percent distribution of users of modern contraceptive methods age $15-49$ by most recent source of method, according to method, Lesotho 2014

| Source | Female sterilisation | Pill | IUCD | Injectables | Implants | Male condom | Total |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Public sector | 90.8 | 61.8 | 43.3 | 80.9 | 80.6 | 46.7 | 63.2 |
| Govt. hospital | 49.1 | 14.2 | 13.1 | 16.4 | 21.5 | 8.4 | 13.6 |
| Govt. health centre | 1.0 | 39.0 | 22.1 | 51.0 | 49.0 | 31.4 | 39.3 |
| Govt. health post | 0.0 | 1.9 | 1.8 | 1.1 | 0.7 | 0.4 | 0.9 |
| Family planning clinic | 0.0 | 2.8 | 1.3 | 1.4 | 0.9 | 0.9 | 1.4 |
| CHAL Hospital | 40.7 | 1.3 | 1.7 | 4.5 | 3.2 | 1.4 | 3.4 |
| CHAL Health centre | 0.0 | 1.6 | 3.3 | 5.0 | 3.0 | 1.6 | 2.9 |
| CHAL Health post | 0.0 | 0.3 | 0.0 | 0.3 | 0.0 | 0.0 | 0.2 |
| Village health worker/CBD | 0.0 | 0.6 | 0.0 | 0.8 | 2.2 | 2.3 | 1.4 |
| Other public sector | 0.0 | 0.0 | 0.0 | 0.3 | 0.0 | 0.3 | 0.2 |
| Private medical sector | 2.9 | 34.4 | 52.6 | 15.2 | 16.8 | 5.8 | 15.6 |
| Private hospital/clinic | 0.4 | 5.2 | 8.2 | 5.8 | 3.2 | 1.7 | 3.9 |
| Pharmacy | 0.0 | 14.9 | 0.0 | 1.3 | 0.0 | 2.9 | 4.4 |
| Private doctor | 2.4 | 6.8 | 6.7 | 4.0 | 1.2 | 0.2 | 3.0 |
| Lesotho Planned 030.70 .0 |  |  |  |  |  |  |  |
| Parenthood (LPPA) | 0.0 | 7.4 | 37.7 | 3.9 | 12.3 | 0.8 | 4.1 |
| Red Cross health centre | 0.0 | 0.0 | 0.0 | 0.2 | 0.0 | 0.1 | 0.2 |
| Other private medical sector | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.1 | 0.0 |
| Facility outside Lesotho | 6.3 | 0.2 | 4.1 | 2.0 | 2.6 | 0.9 | 1.5 |
| Other source | 0.0 | 2.7 | 0.0 | 0.4 | 0.0 | 42.3 | 17.3 |
| Peer educators | 0.0 | 0.3 | 0.0 | 0.0 | 0.0 | 0.7 | 0.4 |
| Support groups | 0.0 | 0.3 | 0.0 | 0.0 | 0.0 | 0.4 | 0.2 |
| Shop | 0.0 | 1.1 | 0.0 | 0.3 | 0.0 | 29.5 | 11.9 |
| Friends/relatives | 0.0 | 1.0 | 0.0 | 0.1 | 0.0 | 11.6 | 4.8 |
| Other | 0.0 | 0.9 | 0.0 | 1.5 | 0.0 | 4.0 | 2.3 |
| Missing | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.4 | 0.2 |
| Total | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 |
| Number of women | 73 | 602 | 63 | 1,117 | 81 | 1,258 | 3,213 |

Note: Total includes 3 users of male sterilisation and 16 users of female condom who are too few in number to be shown separately. CBD = Community-based distributor

## Table 7.5 Informed choice

Among current users of modern methods age 15-49 who started the last episode of use within the 5 years preceding the survey, the percentage who were informed about possible side effects or problems of that method, the percentage who were informed about what to do if they experienced side effects, and the percentage who were informed about other methods they could use, by method and initial source, Lesotho 2014

| Method/source | Among women who started last episode of modern contraceptive method within 5 years preceding the survey: |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  | Percentage who were informed about side effects or problems of method used | Percentage who were informed about what to do if experienced side effects | Percentage who were informed by a health or family planning worker of other methods that could be used | Number of women |
| Method |  |  |  |  |
| Female sterilisation | (38.1) | (16.2) | (62.8) | 28 |
| Pill | 43.1 | 33.2 | 67.9 | 476 |
| IUCD | (72.9) | (66.4) | (90.9) | 32 |
| Injectables | 44.8 | 36.0 | 68.3 | 931 |
| Implants | 60.6 | 56.0 | 81.6 | 78 |
| Initial source of method ${ }^{1}$ |  |  |  |  |
| Public sector | 45.3 | 36.2 | 70.6 | 1,196 |
| Govt. hospital | 51.1 | 42.5 | 77.5 | 269 |
| Govt. health centre | 42.3 | 34.3 | 67.8 | 727 |
| Govt. health post | * | * | * | 15 |
| Family planning clinic | * | * | * | 24 |
| CHAL Hospital | 38.2 | 21.7 | 72.8 | 63 |
| CHAL Health centre | 63.0 | 50.5 | 78.4 | 76 |
| CHAL Health post | * | * | * | 7 |
| Village health worker/CBD | * | * | * | 13 |
| Other public sector | * | * | * | 2 |
| Private medical sector | 48.2 | 38.4 | 65.4 | 313 |
| Private hospital/clinic | 49.8 | 35.9 | 57.2 | 83 |
| Pharmacy | 36.1 | 16.6 | 61.0 | 61 |
| Private doctor | 33.7 | 29.6 | 51.3 | 76 |
| Lesotho Planned Parenthood (LPPA) | 66.6 | 61.7 | 87.3 | 90 |
| Red Cross health centre | * | * | * | 1 |
| Other private medical sector | * | * | * | 2 |
| Facility outside Lesotho | (40.6) | (35.5) | (62.8) | 24 |
| Other private sector | * | * | * | 13 |
| Peer educators | * | * | * | 2 |
| Support groups | * | * | * | 1 |
| Shop | * | * | * | 10 |
| Total | 45.5 | 36.4 | 69.2 | 1,546 |

Notes: Table includes users of only the methods listed individually. Users who got their method from friends/relatives or other sources that could not be characterised are excluded from this table. Figures in parentheses are based on 25-49 unweighted cases. An asterisk indicates that a figure is based on 25 unweighted cases and has been suppressed.
CBD = Community-based distributor
${ }^{1}$ Source at start of current episode of use

## Table 7.6 Twelve-month contraceptive discontinuation rates

Among women age 15-49 who started an episode of contraceptive use within the 5 years preceding the survey, the percentage of episodes discontinued within 12 months, by reason for discontinuation and specific method, Lesotho, 2014

|  | Method <br> failure | Desire to <br> become <br> pregnant | Other fertility <br> related <br> reasons $^{1}$ | Side <br> effects/health <br> concerns | Wanted <br> more <br> effective <br> method | Other method <br> related <br> reasons | Other <br> reasons | Any <br> reason | Switched to <br> another <br> method $^{4}$ |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Number of <br> episodes of <br> use |  |  |  |  |  |  |  |  |  |
| Pill | 2.9 | 3.4 | 2.4 | 8.4 | 1.3 | 5.5 | 3.3 | 27.2 | 10.1 |
| Injectables | 0.6 | 2.3 | 0.8 | 11.3 | 0.5 | 2.7 | 2.6 | 20.7 | 8.6 |
| Male condom | 3.3 | 3.0 | 3.4 | 0.7 | 3.5 | 1.5 | 4.8 | 20.2 | 7.4 |
| All methods $^{6}$ | 2.3 | 2.7 | 2.2 | 6.1 | 2.0 | 2.8 | 3.6 | 21.6 | 8.6 |

Note: Figures are based on life table calculations using information on episodes of use that began 3-62 months preceding the survey.
${ }^{1}$ Includes infrequent sex/husband away, difficult to get pregnant/menopausal, and marital dissolution/separation
${ }^{2}$ Includes lack of access/too far, costs too much, and inconvenient to use
${ }^{3}$ Reasons for discontinuation are mutually exclusive and add to the total given in this column.
${ }^{4}$ The episodes of use included in this column are a subset of the discontinued episodes included in the discontinuation rate. A woman is considered to have switched to another method if she used a different method in the month following discontinuation or if she gave "wanted a more effective method" as the reason for discontinuation and started another method within 2 months of discontinuation.
${ }^{5}$ Number of episodes of use includes both episodes of use that were discontinued during the period of observation and episodes of use that were not discontinued during the period of observation.
${ }^{6}$ IUCD, implants, female condom, rhythm method and withdrawal are included in the discontinuation rate for all methods, but are not listed separately.

## Table 7.7 Reasons for discontinuation

Percent distribution of discontinuations of contraceptive methods in the 5 years preceding the survey by main reason stated for discontinuation, according to specific method, Lesotho 2014

| Reason | Pill | IUCD | Injectables | Male <br> condom | Withdrawal | Other $^{1}$ | All methods |
| :--- | ---: | ---: | ---: | ---: | ---: | ---: | ---: |
| Became pregnant while using | 14.4 | $(1.1)$ | 4.3 | 19.7 | 33.5 | $(27.7)$ | 13.1 |
| Wanted to become pregnant | 17.7 | $(7.0)$ | 18.1 | 15.6 | 1.0 | $(2.1)$ | 16.5 |
| Husband/partner disapproved | 4.2 | $(1.8)$ | 1.4 | 8.8 | 1.9 | $(9.5)$ | 5.0 |
| Wanted a more effective method | 6.4 | $(1.4)$ | 2.1 | 13.6 | 26.6 | $(0.0)$ | 7.9 |
| Health concerns/side effects | 22.4 | $(46.0)$ | 47.0 | 3.8 | 4.8 | $(8.6)$ | 23.9 |
| Lack of access/too far | 6.2 | $(7.6)$ | 6.8 | 2.5 | 0.0 | $(0.0)$ | 4.8 |
| Cost too much | 1.4 | $(0.0)$ | 1.9 | 0.0 | 0.0 | $(3.6)$ | 1.0 |
| Inconvenient to use | 6.7 | $(0.9)$ | 2.1 | 3.4 | 6.1 | $(0.0)$ | 3.6 |
| Up to God/fatalistic | 0.0 | $(0.0)$ | 0.3 | 0.1 | 0.0 | $(0.0)$ | 0.2 |
| Difficult to get pregnant/menopausal | 1.5 | $(0.0)$ | 0.6 | 0.1 | 0.7 | $(0.0)$ | 0.6 |
| Infrequent sex/husband away | 8.7 | $(12.4)$ | 5.8 | 18.5 | 12.9 | $(0.0)$ | 11.5 |
| Marital dissolution/separation | 0.4 | $(0.0)$ | 0.8 | 0.9 | 8.4 | $(0.0)$ | 0.9 |
| Other | 7.1 | $(20.3)$ | 5.5 | 7.6 | 4.1 | $(44.8)$ | 7.2 |
| Don't know | 2.9 | $(1.4)$ | 3.1 | 5.4 | 0.0 | $(3.8)$ | 3.9 |
| Total | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 |
| Number of discontinuations | 652 | 36 | 1,102 | 1,169 | 54 | 27 | 3,065 |

Note: Figures in parentheses are based on 25-49 unweighted cases
${ }^{1}$ Male sterilisation, implants, female condom, rhythm method, and withdrawal are included in the discontinuation rate for other methods.

## Table 7.8 Knowledge of fertile period

Percent distribution of women and men age 15-49 by knowledge of the fertile period during the ovulatory cycle, according to current use of the rhythm method, Lesotho 2014

| Perceived fertile period | All women | All men |
| :--- | :---: | ---: |
| Just before her menstrual period begins | 14.9 | 11.0 |
| During her menstrual period | 2.9 | 5.1 |
| Right after her menstrual period has ended | 22.3 | 15.6 |
| Halfway between two menstrual periods | 25.8 | 17.2 |
| Other | 0.4 | 0.2 |
| No specific time | 9.2 | 12.6 |
| Don't know | 24.4 | 38.2 |
| Total | 100.0 | 100.0 |
| Number | 6,621 | 2,660 |

Table 7.9.1 Need and demand for family planning among currently married women
Percentage of currently married women age 15-49 with unmet need for family planning, percentage with met need for family planning, the total demand for family planning, and the percentage of the demand for contraception that is satisfied, by background characteristics, Lesotho 2014

| Background characteristic | Unmet need for family planning |  |  | Met need for family planning (currently using) |  |  | Total demand for family planning ${ }^{1}$ |  |  | Percentage of demand satisfied ${ }^{2}$ | Percentage of demand satisfied by modern methods ${ }^{3}$ | Number of women |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | For spacing | For limiting | Total | For spacing | For limiting | Total | For spacing | For limiting | Total |  |  |  |
| Age |  |  |  |  |  |  |  |  |  |  |  |  |
| 15-19 | 24.5 | 4.4 | 28.9 | 23.1 | 12.1 | 35.3 | 47.6 | 16.5 | 64.2 | 55.0 | 55.0 | 255 |
| 20-24 | 15.6 | 5.9 | 21.5 | 35.7 | 22.0 | 57.8 | 51.3 | 27.9 | 79.2 | 72.9 | 72.4 | 701 |
| 25-29 | 9.3 | 8.1 | 17.4 | 31.0 | 34.5 | 65.4 | 40.2 | 42.6 | 82.8 | 79.0 | 78.8 | 757 |
| 30-34 | 6.1 | 10.2 | 16.3 | 25.8 | 41.2 | 67.1 | 32.0 | 51.4 | 83.4 | 80.4 | 80.1 | 669 |
| 35-39 | 3.2 | 11.9 | 15.1 | 14.8 | 56.3 | 71.0 | 18.0 | 68.2 | 86.2 | 82.5 | 81.3 | 544 |
| 40-44 | 1.1 | 18.7 | 19.8 | 3.4 | 56.1 | 59.5 | 4.5 | 74.8 | 79.3 | 75.0 | 74.8 | 377 |
| 45-49 | 1.1 | 13.1 | 14.1 | 1.1 | 38.8 | 39.9 | 2.1 | 51.8 | 54.0 | 73.9 | 73.1 | 310 |
| Residence |  |  |  |  |  |  |  |  |  |  |  |  |
| Urban | 5.7 | 7.9 | 13.7 | 24.7 | 40.8 | 65.5 | 30.4 | 48.7 | 79.1 | 82.7 | 82.4 | 1,150 |
| Rural | 9.9 | 10.8 | 20.7 | 21.5 | 36.2 | 57.7 | 31.3 | 47.0 | 78.3 | 73.6 | 73.1 | 2,463 |
| Ecological zone |  |  |  |  |  |  |  |  |  |  |  |  |
| Lowlands | 7.0 | 9.1 | 16.1 | 24.6 | 39.2 | 63.8 | 31.7 | 48.3 | 79.9 | 79.9 | 79.3 | 2,134 |
| Foothills | 11.6 | 12.2 | 23.8 | 18.0 | 37.4 | 55.4 | 29.6 | 49.5 | 79.2 | 70.0 | 70.0 | 427 |
| Mountains | 11.0 | 11.2 | 22.2 | 19.9 | 33.1 | 53.1 | 30.9 | 44.4 | 75.3 | 70.5 | 69.9 | 797 |
| Senqu River Valley | 8.3 | 8.9 | 17.2 | 20.3 | 39.1 | 59.4 | 28.6 | 48.0 | 76.6 | 77.6 | 77.3 | 254 |
| District |  |  |  |  |  |  |  |  |  |  |  |  |
| Butha-Buthe | 8.6 | 12.3 | 20.9 | 24.4 | 32.1 | 56.5 | 33.0 | 44.4 | 77.4 | 73.0 | 72.7 | 211 |
| Leribe | 7.3 | 9.4 | 16.7 | 26.4 | 37.8 | 64.2 | 33.8 | 47.2 | 81.0 | 79.3 | 78.4 | 577 |
| Berea | 7.8 | 9.4 | 17.2 | 21.0 | 42.9 | 63.9 | 28.8 | 52.3 | 81.1 | 78.7 | 78.7 | 461 |
| Maseru | 7.4 | 9.0 | 16.4 | 22.0 | 40.6 | 62.5 | 29.4 | 49.6 | 78.9 | 79.2 | 78.9 | 968 |
| Mafeteng | 9.3 | 11.5 | 20.8 | 23.3 | 35.3 | 58.6 | 32.6 | 46.8 | 79.4 | 73.8 | 73.3 | 312 |
| Mohale's Hoek | 10.5 | 11.8 | 22.4 | 21.2 | 32.1 | 53.4 | 31.8 | 43.9 | 75.7 | 70.5 | 70.5 | 297 |
| Quthing | 7.0 | 9.1 | 16.1 | 25.5 | 38.5 | 64.0 | 32.5 | 47.6 | 80.1 | 79.9 | 79.4 | 158 |
| Qacha's Nek | 6.8 | 11.6 | 18.4 | 16.9 | 39.6 | 56.5 | 23.8 | 51.2 | 75.0 | 75.4 | 74.9 | 114 |
| Mokhotlong | 13.6 | 11.9 | 25.4 | 19.4 | 29.8 | 49.2 | 32.9 | 41.7 | 74.6 | 65.9 | 64.8 | 205 |
| Thaba-Tseka | 10.8 | 7.7 | 18.5 | 20.8 | 35.9 | 56.7 | 31.6 | 43.6 | 75.2 | 75.4 | 75.0 | 308 |
| Education |  |  |  |  |  |  |  |  |  |  |  |  |
| No education | 5.2 | 26.7 | 31.8 | 3.6 | 34.5 | 38.1 | 8.8 | 61.2 | 69.9 | 54.5 | 54.5 | 47 |
| Primary incomplete | 6.6 | 13.4 | 20.0 | 16.0 | 36.9 | 52.9 | 22.6 | 50.3 | 72.9 | 72.5 | 71.7 | 695 |
| Primary complete | 10.9 | 12.6 | 23.5 | 17.8 | 40.3 | 58.1 | 28.7 | 52.9 | 81.5 | 71.2 | 71.2 | 909 |
| Secondary | 8.2 | 7.5 | 15.7 | 26.8 | 36.6 | 63.4 | 35.1 | 44.0 | 79.1 | 80.2 | 80.0 | 1,665 |
| More than secondary | 8.0 | 4.5 | 12.5 | 31.0 | 37.7 | 68.7 | 39.0 | 42.2 | 81.2 | 84.6 | 82.2 | 297 |
| Wealth quintile |  |  |  |  |  |  |  |  |  |  |  |  |
| Lowest | 12.9 | 11.6 | 24.5 | 19.2 | 31.1 | 50.3 | 32.2 | 42.7 | 74.8 | 67.3 | 66.6 | 592 |
| Second | 10.2 | 12.9 | 23.1 | 22.8 | 33.7 | 56.6 | 33.0 | 46.7 | 79.7 | 71.0 | 70.6 | 602 |
| Middle | 8.3 | 8.9 | 17.3 | 21.2 | 41.1 | 62.3 | 29.5 | 50.0 | 79.6 | 78.3 | 78.2 | 676 |
| Fourth | 7.9 | 9.1 | 17.0 | 23.3 | 38.1 | 61.4 | 31.2 | 47.2 | 78.4 | 78.3 | 77.5 | 844 |
| Highest | 5.3 | 8.3 | 13.5 | 24.7 | 41.5 | 66.2 | 29.9 | 49.8 | 79.7 | 83.0 | 82.7 | 898 |
| Total | 8.5 | 9.9 | 18.4 | 22.5 | 37.6 | 60.2 | 31.0 | 47.5 | 78.6 | 76.5 | 76.1 | 3,612 |

Note: Numbers in this table correspond to the revised definition of unmet need described in Bradley et al., 2012.
${ }^{1}$ Total demand is the sum of unmet need and met need.
${ }^{2}$ Percentage of demand satisfied is met need divided by total demand.
${ }^{3}$ Modern methods include female sterilisation, male sterilisation, pill, IUCD, injectables, implants, male condom, and female condom.

Table 7.9.2 Need and demand for family planning for all women and for women who are not currently married
Percentage of all women and women not currently married age 15-49 with unmet need for family planning, percentage with met need for family planning, total demand for family planning, and percentage of the demand for contraception that is satisfied, by background characteristics, Lesotho 2014

| Background characteristic | Unmet need for family planning |  |  | Met need for family planning (currently using) |  |  | Total demand for family planning ${ }^{1}$ |  |  | Percentage of demand satisfied ${ }^{2}$ | Percentage of demand satisfied by modern methods ${ }^{3}$ | Number <br> of women |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | For spacing | For limiting | Total | For spacing | For limiting | Total | For spacing | For limiting | Total |  |  |  |
| ALL WOMEN |  |  |  |  |  |  |  |  |  |  |  |  |
| Age |  |  |  |  |  |  |  |  |  |  |  |  |
| 15-19 | 6.1 | 1.4 | 7.5 | 14.9 | 5.2 | 20.1 | 21.0 | 6.6 | 27.6 | 72.8 | 71.5 | 1,440 |
| 20-24 | 10.4 | 4.8 | 15.2 | 34.4 | 18.5 | 52.9 | 44.9 | 23.3 | 68.1 | 77.7 | 77.0 | 1,325 |
| 25-29 | 7.4 | 7.1 | 14.5 | 30.0 | 31.4 | 61.4 | 37.4 | 38.5 | 75.8 | 80.9 | 80.7 | 1,094 |
| 30-34 | 5.1 | 8.9 | 13.9 | 22.9 | 39.7 | 62.6 | 27.9 | 48.6 | 76.5 | 81.8 | 81.6 | 957 |
| 35-39 | 3.0 | 10.0 | 13.0 | 12.2 | 54.3 | 66.5 | 15.2 | 64.3 | 79.5 | 83.7 | 82.8 | 744 |
| 40-44 | 0.9 | 14.6 | 15.5 | 3.7 | 50.5 | 54.2 | 4.6 | 65.1 | 69.7 | 77.8 | 77.5 | 562 |
| 45-49 | 0.9 | 9.6 | 10.5 | 0.8 | 34.4 | 35.2 | 1.7 | 44.0 | 45.7 | 77.0 | 76.1 | 499 |
| Residence |  |  |  |  |  |  |  |  |  |  |  |  |
| Urban | 4.0 | 5.3 | 9.3 | 23.0 | 28.4 | 51.3 | 27.0 | 33.7 | 60.6 | 84.7 | 84.1 | 2,419 |
| Rural | 6.9 | 7.7 | 14.6 | 18.5 | 28.9 | 47.5 | 25.5 | 36.6 | 62.0 | 76.5 | 75.9 | 4,202 |
| Ecological zone |  |  |  |  |  |  |  |  |  |  |  |  |
| Lowlands | 5.0 | 6.0 | 11.0 | 22.1 | 28.8 | 50.9 | 27.1 | 34.7 | 61.9 | 82.2 | 81.6 | 4,184 |
| Foothills | 7.8 | 9.2 | 17.1 | 15.7 | 30.1 | 45.7 | 23.5 | 39.3 | 62.8 | 72.8 | 72.6 | 688 |
| Mountains | 7.6 | 8.2 | 15.9 | 16.6 | 26.6 | 43.2 | 24.3 | 34.8 | 59.1 | 73.1 | 72.6 | 1,288 |
| Senqu River Valley | 5.5 | 6.4 | 12.0 | 19.0 | 32.5 | 51.5 | 24.5 | 38.9 | 63.4 | 81.1 | 80.7 | 461 |
| District |  |  |  |  |  |  |  |  |  |  |  |  |
| Butha-Buthe | 5.1 | 9.4 | 14.6 | 17.8 | 26.1 | 43.9 | 22.9 | 35.5 | 58.5 | 75.1 | 74.6 | 385 |
| Leribe | 5.0 | 6.2 | 11.2 | 23.5 | 28.5 | 52.0 | 28.5 | 34.6 | 63.1 | 82.3 | 81.4 | 1,064 |
| Berea | 4.6 | 5.9 | 10.6 | 21.0 | 31.3 | 52.2 | 25.6 | 37.2 | 62.8 | 83.2 | 82.4 | 892 |
| Maseru | 5.6 | 6.4 | 12.0 | 20.6 | 29.2 | 49.8 | 26.2 | 35.6 | 61.9 | 80.5 | 80.1 | 1,864 |
| Mafeteng | 6.4 | 7.2 | 13.5 | 19.6 | 26.9 | 46.5 | 26.0 | 34.1 | 60.1 | 77.5 | 76.9 | 576 |
| Mohale's Hoek | 7.5 | 7.9 | 15.5 | 18.4 | 28.4 | 46.8 | 26.0 | 36.3 | 62.3 | 75.2 | 75.2 | 519 |
| Quthing | 4.4 | 6.0 | 10.4 | 22.5 | 29.8 | 52.3 | 26.9 | 35.9 | 62.7 | 83.4 | 82.7 | 315 |
| Qacha's Nek | 4.9 | 7.3 | 12.2 | 19.3 | 29.6 | 48.9 | 24.2 | 36.9 | 61.1 | 80.1 | 79.7 | 204 |
| Mokhotlong | 8.7 | 8.4 | 17.1 | 15.2 | 22.6 | 37.8 | 23.9 | 31.0 | 54.8 | 68.9 | 67.7 | 349 |
| Thaba-Tseka | 8.6 | 6.5 | 15.0 | 15.8 | 31.0 | 46.8 | 24.4 | 37.4 | 61.8 | 75.7 | 75.3 | 452 |
| Education |  |  |  |  |  |  |  |  |  |  |  |  |
| No education | 3.5 | 18.8 | 22.4 | 3.2 | 28.5 | 31.7 | 6.8 | 47.3 | 54.1 | 58.6 | 58.6 | 68 |
| Primary incomplete | 5.1 | 10.4 | 15.5 | 12.1 | 32.4 | 44.5 | 17.2 | 42.8 | 60.0 | 74.2 | 73.5 | 1,178 |
| Primary complete | 7.4 | 10.0 | 17.4 | 15.4 | 36.0 | 51.3 | 22.8 | 46.0 | 68.7 | 74.7 | 74.6 | 1,375 |
| Secondary | 5.6 | 4.7 | 10.3 | 22.7 | 25.3 | 47.9 | 28.2 | 30.0 | 58.2 | 82.3 | 81.9 | 3,418 |
| More than secondary | 5.8 | 2.6 | 8.4 | 34.9 | 24.7 | 59.6 | 40.7 | 27.3 | 68.0 | 87.6 | 85.2 | 581 |
| Wealth quintile |  |  |  |  |  |  |  |  |  |  |  |  |
| Lowest | 9.1 | 8.6 | 17.6 | 15.2 | 26.8 | 42.0 | 24.3 | 35.4 | 59.7 | 70.4 | 69.8 | 960 |
| Second | 6.9 | 10.2 | 17.0 | 17.8 | 29.5 | 47.3 | 24.6 | 39.7 | 64.3 | 73.5 | 73.2 | 1,033 |
| Middle | 5.5 | 6.5 | 12.0 | 18.0 | 32.4 | 50.4 | 23.4 | 39.0 | 62.4 | 80.8 | 80.4 | 1,244 |
| Fourth | 5.4 | 6.2 | 11.6 | 22.1 | 28.8 | 50.9 | 27.5 | 35.0 | 62.5 | 81.4 | 80.9 | 1,605 |
| Highest | 4.2 | 4.6 | 8.8 | 23.9 | 26.7 | 50.6 | 28.1 | 31.3 | 59.4 | 85.2 | 84.3 | 1,778 |
| Total | 5.9 | 6.8 | 12.6 | 20.1 | 28.7 | 48.9 | 26.0 | 35.5 | 61.5 | 79.4 | 78.9 | 6,621 |
| SEXUALLY ACTIVE UNMARRIED WOMEN ${ }^{4}$ |  |  |  |  |  |  |  |  |  |  |  |  |
| Age |  |  |  |  |  |  |  |  |  |  |  |  |
| 15-19 | 24.2 | 2.5 | 26.7 | 61.1 | 11.7 | 72.8 | 85.3 | 14.2 | 99.5 | 73.2 | 69.7 | 63 |
| 20-24 | 15.6 | 10.4 | 26.0 | 50.1 | 20.1 | 70.2 | 65.6 | 30.6 | 96.2 | 73.0 | 69.9 | 119 |
| 25-29 | 5.8 | 4.8 | 10.6 | 47.7 | 34.4 | 82.1 | 53.6 | 39.2 | 92.7 | 88.6 | 88.6 | 74 |
| 30-34 | 2.5 | 13.1 | 15.6 | 29.6 | 50.5 | 80.1 | 32.1 | 63.5 | 95.6 | 83.7 | 83.7 | 72 |
| 35-39 | 0.0 | 11.1 | 11.1 | 5.9 | 75.4 | 81.3 | 5.9 | 86.4 | 92.3 | 88.0 | 88.0 | 50 |
| 40-44 | (0.0) | (21.3) | (21.3) | (6.9) | (56.8) | (63.7) | (6.9) | (78.1) | (85.0) | (74.9) | (74.9) | 46 |
| 45-49 | (4.9) | (29.3) | (34.2) | (0.0) | (47.9) | (47.9) | (4.9) | (77.2) | (82.1) | (58.4) | (58.4) | 26 |
| Residence |  |  |  |  |  |  |  |  |  |  |  |  |
| Urban | 8.6 | 11.1 | 19.7 | 42.7 | 33.3 | 76.0 | 51.3 | 44.4 | 95.7 | 79.4 | 77.6 | 235 |
| Rural | 9.8 | 11.0 | 20.8 | 28.3 | 42.3 | 70.5 | 38.1 | 53.3 | 91.3 | 77.2 | 76.3 | 215 |
| Ecological zone |  |  |  |  |  |  |  |  |  |  |  |  |
| Lowlands | 9.4 | 9.8 | 19.2 | 40.5 | 34.5 | 75.0 | 49.9 | 44.3 | 94.2 | 79.7 | 77.9 | 338 |
| Foothills | (3.2) | (22.6) | (25.8) | (25.5) | (41.8) | (67.2) | (28.7) | (64.4) | (93.1) | (72.3) | (72.3) | 26 |
| Mountains | 9.5 | 15.5 | 25.0 | 17.3 | 45.9 | 63.2 | 26.8 | 61.4 | 88.2 | 71.6 | 71.6 | 57 |
| Senqu River Valley | (11.7) | (6.9) | (18.5) | (26.3) | (53.2) | (79.5) | (37.9) | (60.1) | (98.0) | (81.1) | (81.1) | 29 |
| Education |  |  |  |  |  |  |  |  |  |  |  |  |
| No education | * | * | * | * | * | * | * | * | * | * | * | 4 |
| Primary incomplete | 9.0 | 18.5 | 27.5 | 14.9 | 51.4 | 66.3 | 23.9 | 69.9 | 93.8 | 70.7 | 70.7 | 80 |
| Primary complete | 1.7 | 17.6 | 19.3 | 22.6 | 49.6 | 72.2 | 24.4 | 67.2 | 91.5 | 78.9 | 78.9 | 63 |
| Secondary | 11.2 | 9.5 | 20.8 | 38.2 | 36.3 | 74.5 | 49.4 | 45.8 | 95.3 | 78.2 | 77.2 | 229 |
| More than secondary | 9.7 | 2.4 | 12.2 | 64.0 | 16.4 | 80.4 | 73.7 | 18.9 | 92.5 | 86.9 | 81.6 | 74 |



Table 7.10 Future use of contraception
Percent distribution of currently married women age 15-49 who are not using a contraceptive method by intention to use in the future, according to number of living children, Lesotho 2014

|  | Number of living children ${ }^{1}$ |  |  |  |  |  |
| :--- | ---: | ---: | ---: | ---: | ---: | ---: |
| Intention to use in the future | 0 | 1 | 2 | 3 | $4+$ | Total |
| Intends to use | 58.1 | 76.5 | 72.4 | 74.0 | 48.2 | 67.2 |
| Unsure | 3.8 | 2.6 | 3.2 | 1.2 | 3.0 | 2.8 |
| Does not intend to use | 38.1 | 20.9 | 24.3 | 24.8 | 48.8 | 29.9 |
| Total | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 |
| Number of women | 185 | 468 | 337 | 162 | 287 | 1,439 |

${ }^{1}$ Includes current pregnancy

Table 7.11 Exposure to family planning messages
Percentages of women and men age 15-49 who heard or saw a family planning message on radio, on television, in a newspaper or magazine, or on a billboard, poster, or pamphlet in the past few months, according to background characteristics, Lesotho 2014

| Background characteristic | Women |  |  |  |  |  | Men |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Radio | Television | Newspaper/ magazine | None of these three media sources ${ }^{1}$ | Billboards, posters, or pamphlets | Number of women | Radio | Television | Newspaper/ magazine | None of these three media sources ${ }^{1}$ | Billboards, posters, or pamphlets | Number of men |
| Age |  |  |  |  |  |  |  |  |  |  |  |  |
| 15-19 | 13.3 | 8.1 | 11.4 | 77.4 | 17.5 | 1,440 | 11.5 | 5.4 | 6.2 | 82.5 | 12.9 | 691 |
| 20-24 | 20.8 | 14.3 | 12.5 | 67.3 | 25.2 | 1,325 | 21.0 | 10.9 | 11.4 | 71.0 | 21.9 | 561 |
| 25-29 | 23.0 | 14.7 | 10.7 | 66.8 | 24.3 | 1,094 | 26.7 | 13.0 | 10.1 | 67.8 | 26.9 | 410 |
| 30-34 | 26.5 | 15.7 | 11.0 | 63.1 | 26.8 | 957 | 22.8 | 13.3 | 11.9 | 68.0 | 18.7 | 334 |
| 35-39 | 29.6 | 20.2 | 12.3 | 60.6 | 29.6 | 744 | 22.0 | 14.1 | 10.6 | 66.8 | 25.1 | 276 |
| 40-44 | 30.3 | 18.0 | 10.8 | 60.3 | 27.1 | 562 | 27.1 | 13.5 | 6.4 | 65.9 | 18.4 | 221 |
| 45-49 | 31.7 | 12.8 | 11.1 | 61.6 | 24.3 | 499 | 34.4 | 18.2 | 13.5 | 57.2 | 20.0 | 168 |
| Residence |  |  |  |  |  |  |  |  |  |  |  |  |
| Urban | 26.7 | 25.9 | 17.0 | 55.5 | 32.7 | 2,419 | 26.3 | 22.8 | 15.7 | 59.8 | 31.9 | 920 |
| Rural | 20.8 | 7.3 | 8.3 | 73.7 | 19.3 | 4,202 | 18.4 | 4.9 | 6.3 | 77.5 | 13.5 | 1,741 |
| Ecological zone |  |  |  |  |  |  |  |  |  |  |  |  |
| Lowlands | 27.6 | 20.2 | 15.4 | 58.6 | 31.5 | 4,184 | 25.9 | 15.7 | 12.8 | 63.8 | 27.2 | 1,711 |
| Foothills | 17.3 | 4.1 | 7.4 | 77.1 | 20.1 | 688 | 15.6 | 2.6 | 3.8 | 80.8 | 11.6 | 252 |
| Mountains | 12.7 | 3.0 | 3.0 | 85.3 | 7.7 | 1,288 | 10.3 | 2.7 | 3.8 | 88.0 | 4.4 | 523 |
| Senqu River Valley | 17.7 | 4.6 | 5.6 | 77.9 | 9.9 | 461 | 14.6 | 3.7 | 3.3 | 82.3 | 6.6 | 174 |
| District |  |  |  |  |  |  |  |  |  |  |  |  |
| Butha-Buthe | 14.6 | 8.8 | 8.0 | 76.4 | 21.2 | 385 | 15.6 | 6.7 | 4.8 | 79.0 | 12.4 | 143 |
| Leribe | 25.6 | 12.7 | 12.0 | 63.6 | 30.2 | 1,064 | 27.4 | 11.2 | 10.4 | 64.8 | 24.9 | 390 |
| Berea | 27.8 | 19.8 | 16.8 | 58.2 | 32.4 | 892 | 25.5 | 14.4 | 12.1 | 66.3 | 23.0 | 379 |
| Maseru | 26.0 | 20.6 | 13.0 | 61.3 | 26.1 | 1,864 | 23.6 | 15.8 | 11.8 | 66.4 | 24.4 | 809 |
| Mafeteng | 29.3 | 17.2 | 19.4 | 57.0 | 38.4 | 576 | 22.1 | 11.9 | 12.2 | 67.2 | 32.7 | 242 |
| Mohale's Hoek | 20.8 | 8.8 | 7.8 | 73.3 | 15.8 | 519 | 14.2 | 4.8 | 7.7 | 81.3 | 8.4 | 202 |
| Quthing | 19.7 | 6.1 | 7.3 | 75.4 | 11.9 | 315 | 15.5 | 5.3 | 6.0 | 77.9 | 8.7 | 105 |
| Qacha's Nek | 14.6 | 8.4 | 7.0 | 80.9 | 13.4 | 204 | 14.3 | 7.2 | 7.7 | 80.7 | 12.6 | 74 |
| Mokhotlong | 12.2 | 3.1 | 3.1 | 85.5 | 8.4 | 349 | 12.4 | 3.7 | 2.9 | 86.4 | 5.2 | 144 |
| Thaba-Tseka | 10.7 | 2.1 | 1.8 | 87.6 | 5.6 | 452 | 10.3 | 2.4 | 2.2 | 88.5 | 3.7 | 172 |
| Education |  |  |  |  |  |  |  |  |  |  |  |  |
| No education | 9.2 | 6.8 | 0.0 | 89.4 | 5.5 | 68 | 12.1 | 2.0 | 0.6 | 87.9 | 3.8 | 213 |
| Primary incomplete | 17.6 | 5.1 | 2.5 | 79.4 | 10.2 | 1,178 | 14.7 | 3.9 | 2.3 | 82.6 | 6.0 | 875 |
| Primary complete | 19.8 | 8.9 | 4.8 | 75.7 | 16.1 | 1,375 | 23.3 | 6.8 | 7.6 | 71.8 | 17.1 | 316 |
| Secondary | 25.0 | 15.5 | 14.2 | 63.1 | 27.2 | 3,418 | 24.5 | 14.3 | 12.5 | 64.7 | 29.0 | 1,043 |
| More than secondary | 30.8 | 37.1 | 30.6 | 42.3 | 56.0 | 581 | 36.4 | 40.2 | 36.8 | 41.3 | 52.3 | 214 |
| Wealth quintile |  |  |  |  |  |  |  |  |  |  |  |  |
| Lowest | 9.9 | 0.5 | 1.6 | 89.1 | 5.7 | 960 | 7.0 | 0.4 | 1.6 | 91.5 | 4.1 | 376 |
| Second | 16.1 | 1.7 | 2.9 | 81.9 | 12.2 | 1,033 | 15.6 | 1.1 | 3.4 | 82.9 | 8.7 | 479 |
| Middle | 21.4 | 3.0 | 8.7 | 73.6 | 19.5 | 1,244 | 20.7 | 3.2 | 5.0 | 76.4 | 13.6 | 536 |
| Fourth | 26.9 | 11.7 | 14.2 | 63.0 | 28.7 | 1,605 | 25.9 | 10.1 | 11.0 | 66.1 | 27.1 | 616 |
| Highest | 31.5 | 38.4 | 21.3 | 45.7 | 40.4 | 1,778 | 29.0 | 32.0 | 20.9 | 52.4 | 35.5 | 654 |
| Total 15-49 | 23.0 | 14.1 | 11.5 | 67.0 | 24.2 | 6,621 | 21.1 | 11.1 | 9.5 | 71.4 | 19.9 | 2,660 |
| 50-59 | na | na | na | na | na | 0 | 30.5 | 16.1 | 11.0 | 61.8 | 15.4 | 271 |
| Total 15-59 | na | na | na | na | na | 0 | 22.0 | 11.6 | 9.7 | 70.5 | 19.4 | 2,931 |

na $=$ Not applicable
${ }^{1}$ Percentage of respondents who have neither seen nor heard a message on radio, on television, or in a newspaper or magazine

Table 7.12 Contact of nonusers with family planning providers
Among women age 15-49 who are not using contraception, the percentage who during the past 12 months were visited by a fieldworker who discussed family planning, the percentage who visited a health facility and discussed family planning, the percentage who visited a health facility but did not discuss family planning, and the percentage who did not discuss family planning either with a fieldworker or at a health facility, by background characteristics, Lesotho 2014

| Background characteristic | Percentage of women who were visited by fieldworker who discussed family planning | Percentage of women who visited a health facility in the past 12 months and who: |  | Percentage of women who did not discuss family planning either with fieldworker or at a health facility | Number of women |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Discussed family planning | Did not discuss family planning |  |  |
| Age |  |  |  |  |  |
| 15-19 | 2.2 | 4.4 | 33.5 | 93.7 | 1,150 |
| 20-24 | 3.5 | 17.4 | 44.4 | 80.7 | 624 |
| 25-29 | 5.3 | 25.8 | 43.0 | 71.6 | 423 |
| 30-34 | 4.6 | 20.7 | 51.1 | 77.4 | 358 |
| 35-39 | 6.0 | 22.0 | 38.0 | 74.1 | 249 |
| 40-44 | 7.8 | 27.6 | 33.0 | 69.0 | 258 |
| 45-49 | 5.5 | 18.8 | 46.1 | 78.2 | 324 |
| Residence |  |  |  |  |  |
| Urban | 3.4 | 13.7 | 42.0 | 84.0 | 1,177 |
| Rural | 4.4 | 16.7 | 39.0 | 80.9 | 2,208 |
| Ecological zone |  |  |  |  |  |
| Lowlands | 4.0 | 15.2 | 41.2 | 82.4 | 2,056 |
| Foothills | 4.8 | 14.8 | 39.9 | 82.9 | 373 |
| Mountains | 3.5 | 15.8 | 36.3 | 82.2 | 731 |
| Senqu River Valley | 5.5 | 20.9 | 41.2 | 76.5 | 224 |
| District |  |  |  |  |  |
| Butha-Buthe | 5.6 | 9.8 | 28.9 | 87.0 | 216 |
| Leribe | 5.4 | 17.4 | 38.8 | 79.8 | 511 |
| Berea | 4.1 | 14.3 | 38.5 | 84.0 | 426 |
| Maseru | 3.3 | 14.9 | 46.3 | 82.1 | 935 |
| Mafeteng | 3.2 | 16.0 | 42.1 | 83.3 | 308 |
| Mohale's Hoek | 4.3 | 23.2 | 41.2 | 75.2 | 276 |
| Quthing | 5.0 | 13.5 | 33.4 | 83.3 | 150 |
| Qacha's Nek | 3.0 | 18.1 | 43.3 | 81.0 | 104 |
| Mokhotlong | 2.9 | 16.2 | 35.5 | 82.0 | 217 |
| Thaba-Tseka | 4.5 | 13.1 | 33.8 | 84.0 | 241 |
| Education |  |  |  |  |  |
| No education | 4.4 | 30.9 | 22.8 | 67.5 | 46 |
| Primary incomplete | 4.9 | 16.7 | 36.0 | 80.1 | 654 |
| Primary complete | 4.2 | 20.7 | 40.5 | 77.7 | 669 |
| Secondary | 3.2 | 12.7 | 41.1 | 85.3 | 1,780 |
| More than secondary | 8.3 | 17.5 | 45.2 | 77.9 | 235 |
| Wealth quintile |  |  |  |  |  |
| Lowest | 3.6 | 17.6 | 36.7 | 81.0 | 556 |
| Second | 4.2 | 18.4 | 38.4 | 79.5 | 545 |
| Middle | 4.0 | 16.0 | 39.2 | 81.5 | 617 |
| Fourth | 3.5 | 15.9 | 41.6 | 82.7 | 789 |
| Highest | 4.9 | 12.2 | 42.3 | 84.0 | 878 |
| Total | 4.1 | 15.6 | 40.0 | 82.0 | 3,385 |

## Key Findings

- Current levels: For the 5 -year period preceding the survey, the under- 5 mortality rate is 85 deaths per 1,000 live births, and the infant mortality rate is 59 deaths per 1,000 live births. This means that one in 12 children in Lesotho dies before his or her fifth birthday, and about two-thirds of these deaths occur during infancy.
- Trends: Under-5 mortality has decreased since 2004. In 2004, the number of deaths per thousand births was 113; this number increased to 117 in 2009 and declined to 85 in 2014. Infant mortality also fell, from 91 deaths in 2004 and 2009 to 59 deaths per 1,000 live births in 2014.
- District differences: Large differences in perinatal mortality are seen among the districts. The perinatal mortality rate ranges from a low of 23 deaths per 1,000 pregnancies in Qacha's Nek to a high of 81 deaths per 1,000 pregnancies in Mohale's Hoek.

Information on infant and child mortality is relevant to a demographic assessment of the population, and is an important indicator of the country's socioeconomic development and quality of life. It can also help identify children who may be at higher risk of death and lead to strategies to reduce this risk, such as promoting birth spacing.

This chapter presents information on levels, trends, and differentials in perinatal, neonatal, infant, and under-5 mortality rates. It also examines biodemographic factors and fertility behaviours that increase mortality risks for infants and children. The information is collected as part of a retrospective birth history, in which female respondents list all of the children they have borne, along with each child's date of birth, survivorship status, and current age or age at death.

The quality of mortality estimates calculated from birth histories depends on the mother's ability to recall all of the children she has given birth to, as well as their birth dates and ages at death. Potential data quality problems include:

- The selective omission from the birth histories of those births that did not survive, which can result in underestimation of childhood mortality.
- The displacement of birth dates, which may distort mortality trends. This can occur if an interviewer knowingly records a birth as occurring in a different year than the one in which it occurred. This may happen if an interviewer is trying to cut down on his or her overall work load, because live births occurring during the 5 years before the interview are the subject of a lengthy set of additional questions.
- The quality of reporting of age at death. Misreporting the child's age at death may distort the age pattern of mortality, especially if the net effect of the age misreporting is to transfer deaths from one age bracket to another.
- Any method of measuring childhood mortality that relies on the mothers' reports (e.g., birth histories) assumes that female adult mortality is not high, or if it is high, that there is little or no correlation between the mortality risks of the mothers and those of their children. In countries like Lesotho that have high rates of female adult mortality, primarily due to the HIV epidemic (see Chapter 13), these assumptions may not hold, and the resulting childhood mortality rates will be understated to some degree.

Selected indicators of the quality of the mortality data on which the estimates of mortality in this chapter are based are presented in Appendix D, Tables D.4-D.6.

### 8.1 Infant and Child Mortality

## Neonatal, infant, and under-5 mortality rates

Neonatal, infant, and under-5 mortality are direct estimates of the risk of dying within 1 month, 1 year, and 5 years after birth, respectively. They are reported as the number of deaths per 1,000 live births.
Sample: Live births to women age 15-49

In the five-year period before the 2014 LDHS, the neonatal mortality rate was 34 deaths per 1,000 births. In Lesotho, this means that 1 of every 29 children dies in the first month of life. The infant mortality rate is higher, with 59 deaths occurring per 1,000 live births; in other words, 1 of every 17 children dies before celebrating a first birthday. The under- 5 mortality rate of 85 deaths per 1,000 live births translates to 1 of every 12 children dying before their fifth birthday (Table 8.1). About two-thirds of all deaths in the first 5 years of life occur during infancy. About $40 \%$ of all
deaths occur during the first month of life.

Trends: Under-5 mortality increased slightly from 2004 to 2009 and then declined in 2014

Figure 8.1 Trends in early childhood mortality
(Figure 8.1). Infant mortality was 91 deaths per 1,000 live births in 2004 and 2009, before dropping to 59 deaths per 1,000 live births in 2014. Neonatal mortality changed little between 2004 and 2009 and declined in 2014. All three measures of mortality were higher in 2009 than in 2014.

Patterns by background characteristics

Deaths per 1,000 live births in the 5-year period before the survey


Mortality estimates by background characteristics are calculated for the 10-year period before the survey to ensure that there are sufficient cases to produce statistically reliable estimates (Table 8.2).

- Under- 5 mortality is higher in urban areas than in rural areas ( 95 deaths per 1,000 live births versus 90 deaths per 1,000 live births).
- Neonatal mortality ranges from a low of 23 deaths per 1,000 in Quthing to a high of 50 deaths per 1,000 live births in Mafeteng.
- Under-5 mortality declines with the level of education of the mother (Figure 8.2).
- Under-5 mortality generally increases with household wealth, from 77 deaths per 1,000 in the lowest wealth quintile to 120 deaths per 1,000 in the fourth wealth quintile, and declines to its lowest point in the highest quintile ( 70 deaths per 1,000 ).


### 8.2 Biodemographic Risk Factors

Researchers have identified multiple risk factors for infant and child mortality based on the characteristics of the mother and child and the circumstances of the birth.

Figure 8.2 Under-5 mortality by mother's education


Note: Figures in parentheses are based on 250-499 unweighted personyears of exposure to the risk of death.

Table 8.3 illustrates the relationship between these risk factors and neonatal, infant, and under-5 mortality.

- Boys are more likely to die in childhood than girls. The gender gap is most pronounced in the postneonatal period (between 1 month and 12 months).
- Infant mortality rises from 59 deaths per 1,000 live births to 79 deaths per 1,000 live births as birth order increases.


### 8.3 Perinatal Mortality

## Perinatal mortality rate

Perinatal deaths comprise stillbirths (pregnancy loss that occurs after 7 months of gestation) and early neonatal deaths (deaths of live births within the first 7 days of life). The perinatal mortality rate is calculated as the number of perinatal deaths per 1,000 pregnancies of 7 or more months' duration.
Sample: Number of pregnancies of 7 or more months' duration to women age $15-49$ in the five years before the survey.

The causes of stillbirths and early neonatal deaths are closely linked, and it can be difficult to tell whether a death is one or the other. Because the perinatal mortality rate encompasses both stillbirths and early neonatal deaths, it offers a better measure of the level of mortality around delivery. During the 5 years before the survey, the perinatal mortality rate in Lesotho was 50 deaths per 1,000 pregnancies (Table 8.4).

## Patterns by background characteristics

- Perinatal mortality rates are highest among the oldest mothers.

Figure 8.3 Perinatal mortality by district


- Differences by district are large. Perinatal mortality ranges from a low of 23 deaths per 1,000 pregnancies in Qacha's Nek to a high of 81 deaths per 1,000 pregnancies in Mohale's Hoek (Figure 8.3).

For additional information on high-risk fertility behaviour, see Table 8.5.

## LIST OF TABLES

For detailed information on infant and child mortality, see the following tables:

- Table 8.1 Early childhood mortality rates
- Table 8.2 Early childhood mortality rates by socioeconomic characteristics
- Table 8.3 Early childhood mortality rates by demographic characteristics
- Table 8.4 Perinatal mortality
- Table 8.5 High-risk fertility behaviour

Table 8.1 Early childhood mortality rates
Neonatal, postneonatal, infant, child, and under-5 mortality rates for 5 -year periods preceding the survey, Lesotho 2014

|  | Neonatal <br> mortality (NN) | Postneonatal <br> mortality <br> $(\mathrm{PNN})^{1}$ | Infant mortality <br> $\left(1 \mathrm{q}_{0}\right)$ | Child mortality <br> $\left(4 q_{1}\right)$ | Under-5 <br> mortality $\left({ }_{5} q_{0}\right)$ |
| :--- | :---: | :---: | :---: | :---: | :---: |
| $0-4$ | 34 | 26 | 59 | 27 | 85 |
| $5-9$ | 33 | 46 | 79 | 22 | 99 |
| $10-14$ | 39 | 43 | 82 | 24 | 104 |
| Computed as the difference between the infant and neonatal mortality rates |  |  |  |  |  |

Table 8.2 Early childhood mortality rates by socioeconomic characteristics
Neonatal, postneonatal, infant, child, and under-5 mortality rates for the 10-year period preceding the survey, by background characteristics, Lesotho 2014

| Background characteristic | Neonatal mortality (NN) | Postneonatal mortality (PNN) ${ }^{1}$ | Infant mortality ( $1 \mathrm{q}_{\mathrm{o}}$ ) | Child mortality (491) | Under-5 mortality ( $5 \mathrm{q}_{0}$ ) |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Residence |  |  |  |  |  |
| Urban | 22 | 49 | 70 | 27 | 95 |
| Rural | 38 | 30 | 68 | 24 | 90 |
| Ecological zone |  |  |  |  |  |
| Lowlands | 31 | 40 | 70 | 29 | 97 |
| Foothills | 39 | 24 | 63 | 18 | 80 |
| Mountains | 36 | 31 | 67 | 18 | 83 |
| Senqu River Valley | 37 | 38 | 75 | 27 | 100 |
| District |  |  |  |  |  |
| Butha-Buthe | 28 | (21) | (49) | (11) | (59) |
| Leribe | 32 | 52 | 84 | 24 | 106 |
| Berea | 33 | 16 | 49 | (29) | (76) |
| Maseru | 31 | 38 | 69 | 28 | 95 |
| Mafeteng | 50 | (32) | (81) | (26) | (106) |
| Mohale's Hoek | 44 | 36 | 80 | (34) | (111) |
| Quthing | 23 | (48) | (71) | (32) | (101) |
| Qacha's Nek | 35 | (47) | (82) | (25) | (105) |
| Mokhotlong | 33 | 44 | 77 | 15 | 91 |
| Thaba-Tseka | 28 | 21 | 49 | 14 | 62 |
| Mother's education |  |  |  |  |  |
| No education | * | * | * | * | * |
| Primary incomplete | 44 | 44 | 88 | 26 | 112 |
| Primary complete | 28 | 38 | 67 | 31 | 95 |
| Secondary | 32 | 30 | 63 | 21 | 82 |
| More than secondary | (23) | (18) | (41) | (17) | (58) |
| Wealth quintile |  |  |  |  |  |
| Lowest | 33 | 30 | 63 | 15 | 77 |
| Second | 40 | 23 | 63 | 26 | 87 |
| Middle | 30 | 44 | 74 | 34 | 105 |
| Fourth | 42 | 51 | 93 | 29 | 120 |
| Highest | 22 | 29 | 51 | 20 | 70 |

Note: Figures in parentheses are based on 250-499 unweighted person-years of exposure to the risk of death. An asterisk indicates that a rate is based on fewer than 250 person-years of exposure to the risk of death and has been suppressed.
${ }^{1}$ Computed as the difference between the infant and neonatal mortality rates

Table 8.3 Early childhood mortality rates by demographic characteristics
Neonatal, postneonatal, infant, child, and under-5 mortality rates for the 10-year period preceding the survey, by demographic characteristics, Lesotho 2014

| Demographic characteristic | Neonatal mortality (NN) | Postneonatal mortality (PNN) ${ }^{1}$ | Infant mortality $\left(1 q_{0}\right)$ | Child mortality (4 $\mathrm{q}_{1}$ ) | Under-5 mortality ( ${ }_{5} \mathrm{q}_{0}$ ) |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Child's sex |  |  |  |  |  |
| Male | 35 | 43 | 78 | 27 | 102 |
| Female | 32 | 28 | 60 | 23 | 82 |
| Mother's age at birth |  |  |  |  |  |
| <20 | 48 | 24 | 72 | 15 | 86 |
| 20-29 | 30 | 36 | 66 | 28 | 92 |
| 30-39 | 26 | 45 | 71 | 26 | 95 |
| 40-49 | * | * | * | * | * |
| Birth order |  |  |  |  |  |
| 1 | 35 | 24 | 59 | 26 | 83 |
| 2-3 | 32 | 37 | 69 | 27 | 94 |
| 4-6 | 33 | 45 | 79 | 15 | 93 |
| 7+ | * | * | * | * | * |
| Previous birth interval ${ }^{2}$ |  |  |  |  |  |
| <2 years | (79) | (35) | (114) | (13) | (126) |
| 2 years | 22 | 51 | 73 | 26 | 97 |
| 3 years | 25 | 55 | 80 | 29 | 107 |
| 4+ years | 29 | 33 | 62 | 24 | 85 |
| Birth size ${ }^{3}$ |  |  |  |  |  |
| Small/very small | (76) | (42) | (119) | na | na |
| Average or larger | 24 | 24 | 48 | na | na |

Notes: Figures in parentheses are based on 250-499 unweighted person-years of exposure to the risk of death. An asterisk indicates that a rate is based on fewer than 250 person-years of exposure to the risk of death and has been suppressed. Total includes 32 children for whom information on birth size could not be recalled by the respondent or was missing.
na $=$ Not available
${ }^{1}$ Computed as the difference between the infant and neonatal mortality rates
${ }^{2}$ Excludes first-order births
${ }^{3}$ Rates for the 5 -year period before the survey

## Table 8.4 Perinatal mortality

Number of stillbirths and early neonatal deaths, and the perinatal mortality rate for the 5 -year period preceding the survey, by background characteristics, Lesotho 2014

| Background characteristic | Number of stillbirths ${ }^{1}$ | Number of early neonatal deaths ${ }^{2}$ | Perinatal mortality rate ${ }^{3}$ | Number of pregnancies of 7+ months duration |
| :---: | :---: | :---: | :---: | :---: |
| Mother's age at birth |  |  |  |  |
| <20 | 12 | 22 | 54 | 628 |
| 20-29 | 38 | 39 | 45 | 1,703 |
| 30-39 | 18 | 19 | 51 | 739 |
| 40-49 | 6 | 3 | 82 | 114 |
| Previous pregnancy interval in months ${ }^{4}$ |  |  |  |  |
| First pregnancy | 36 | 30 | 57 | 1,171 |
| <15 | 0 | 4 | 43 | 96 |
| 15-26 | 6 | 12 | 56 | 333 |
| 27-38 | 8 | 9 | 34 | 500 |
| 39+ | 23 | 28 | 48 | 1,085 |
| Residence |  |  |  |  |
| Urban | 28 | 14 | 45 | 928 |
| Rural | 46 | 70 | 51 | 2,257 |
| Ecological zone |  |  |  |  |
| Lowlands | 51 | 38 | 50 | 1,783 |
| Foothills | 7 | 17 | 61 | 387 |
| Mountains | 13 | 22 | 46 | 765 |
| Senqu River Valley | 3 | 8 | 42 | 249 |
| District |  |  |  |  |
| Butha-Buthe | 1 | 6 | 38 | 198 |
| Leribe | 9 | 13 | 45 | 503 |
| Berea | 8 | 6 | 35 | 388 |
| Maseru | 29 | 16 | 55 | 814 |
| Mafeteng | 8 | 12 | 79 | 262 |
| Mohale's Hoek | 11 | 12 | 81 | 283 |
| Quthing | 1 | 3 | 24 | 174 |
| Qacha's Nek | 0 | 2 | 23 | 88 |
| Mokhotlong | 2 | 6 | 40 | 205 |
| Thaba-Tseka | 5 | 7 | 44 | 271 |
| Mother's education |  |  |  |  |
| No education | (0) | (2) | (68) | 28 |
| Primary incomplete | 14 | 24 | 58 | 652 |
| Primary complete | 23 | 11 | 42 | 829 |
| Secondary | 32 | 45 | 53 | 1,447 |
| More than secondary | 5 | 2 | 29 | 229 |
| Wealth quintile |  |  |  |  |
| Lowest | 12 | 18 | 44 | 676 |
| Second | 17 | 19 | 55 | 640 |
| Middle | 15 | 17 | 50 | 636 |
| Fourth | 12 | 23 | 54 | 641 |
| Highest | 19 | 8 | 46 | 591 |
| Total | 74 | 84 | 50 | 3,184 |

Note: Figures in parentheses are based on 25-49 unweighted cases.
${ }^{1}$ Stillbirths are foetal deaths in pregnancies lasting 7 or more months.
${ }^{2}$ Early neonatal deaths are deaths at age 0-6 days among live-born children.
${ }^{3}$ The sum of the number of stillbirths and early neonatal deaths divided by the number of pregnancies of 7 or more months' duration, expressed per 1,000.
${ }^{4}$ Categories correspond to birth intervals of <24 months, 24-35 months, $36-47$ months, and 48+ months.

Table 8.5 High-risk fertility behaviour
Percent distribution of children born in the 5 years preceding the survey by category of elevated risk of mortality and the risk ratio, and percent distribution of currently married women by category of risk if they were to conceive a child at the time of the survey, Lesotho 2014

| Risk category | Births in the 5 years preceding the survey |  | Percentage of currently married women ${ }^{1}$ |
| :---: | :---: | :---: | :---: |
|  | Percentage of births | Risk ratio |  |
| Not in any high risk category | 34.9 | 1.00 | $30.6{ }^{\text {a }}$ |
| Unavoidable risk category |  |  |  |
| First order births between ages 18 and 34 years | 31.8 | 0.83 | 6.7 |
| Single high-risk category |  |  |  |
| Mother's age <18 | 7.1 | 0.78 | 0.7 |
| Mother's age > 34 | 3.0 | 1.15 | 11.7 |
| Birth interval <24 months | 4.6 | 1.64 | 12.6 |
| Birth order > 3 | 9.4 | 1.24 | 8.9 |
| Subtotal | 24.1 | 1.17 | 33.9 |
| Multiple high-risk category |  |  |  |
| Age <18 and birth interval <24 months ${ }^{2}$ | 0.2 | * | 0.2 |
| Age >34 and birth interval <24 months | 0.0 | * | 0.5 |
| Age >34 and birth order >3 | 7.5 | 1.03 | 22.3 |
| Age >34 and birth interval <24 months and birth order $>3$ | 0.4 | * | 2.0 |
| Birth interval <24 months and birth order >3 | 1.2 | (1.94) | 3.9 |
| Subtotal | 9.3 | 1.13 | 28.8 |
| In any avoidable high-risk category | 33.3 | 1.16 | 62.7 |
| Total | 100.0 | na | 100.0 |
| Number of births/women | 3,112 | na | 3,612 |

Notes: Risk ratio is the ratio of the proportion dead among births in a specific high-risk category to the proportion dead among births not in any high-risk category. Ratios in parentheses are based on 25-49 unweighted cases. An asterisk indicates that a ratio is based on fewer than 25 unweighted cases and has been suppressed.
na $=$ Not applicable
${ }^{1}$ Women are assigned to risk categories according to the status they would have at the birth of a child if they were to conceive at the time of the survey: current age less than 17 years and 3 months or older than 34 years and 2 months, latest birth less than 15 months ago, or latest birth being of order 3 or higher.
${ }^{2}$ Includes the category age < 18 and birth order >3
${ }^{\text {a }}$ Includes sterilised women

## Key Findings

- Antenatal care coverage: Ninety-five percent of women who gave birth in the 5 years before the survey received antenatal care from a skilled provider for their most recent birth. However, only $41 \%$ had their first antenatal visit during the first trimester, and only $74 \%$ had the recommended four or more visits. All indicators have improved since the 2004 and 2009 surveys.
- Components of antenatal care: Pregnant women are more likely to have their blood pressure measured (99\%) and a blood sample taken ( $97 \%$ ) than to provide a urine sample ( $83 \%$ ) during antenatal care.
- Protection against neonatal tetanus: Nearly three in four births ( $74 \%$ ) are protected against neonatal tetanus, but the proportion varies somewhat among districts, from $67 \%$ in Quthing to $79 \%$ in both Butha-Buthe and Qacha's Nek.
- Delivery: Institutional deliveries in Lesotho have increased from $52 \%$ in 2004 to $59 \%$ in 2009 and to $77 \%$ in 2014. Home deliveries are more common in rural areas and among less educated and poorer women.
- Postnatal checks: Only $62 \%$ of women and $18 \%$ of newborns receive the recommended postnatal health check within 2 days of delivery.

Health care services during pregnancy and childbirth and after delivery are important for the survival and wellbeing of both the mother and the infant. Maternal and newborn health, as highlighted in the National Strategic Development Plan (MDP 2012) and the Health Sector Strategic Plan (MOH 2013), are a priority for the government of Lesotho. Antenatal care (ANC) can reduce health risks for mothers and their babies by monitoring pregnancies and screening for complications. Delivery at a health facility, with skilled medical attention and hygienic conditions, reduces the risk of complications and infections during labour and delivery. Timely postnatal care can treat complications arising from delivery and teach the mother how to care for herself and her infant. As highlighted in the 2010 Maternal Death Review Report, a majority of documented maternal deaths in Lesotho occurred during the postpartum period (MOH 2014a). Utilisation of ANC, delivery, and postnatal care services can contribute to policies and programmes to improve maternal and child health care.

The first part of this chapter presents information on ANC providers, the number and timing of ANC visits, and various components of care. The second focuses on childbirth and presents information on the place of delivery, assistance during delivery, and caesarean deliveries. The third section focuses on postnatal care and
presents information on postnatal health checks for mothers and newborns. The conclusion examines the barriers that women may face when seeking care during pregnancy, delivery, and the postnatal period.

### 9.1 Antenatal Care Coverage and Content

### 9.1.1 Skilled Providers

## Antenatal care (ANC) from a skilled provider

Pregnancy care received from skilled providers, i.e., doctors and nurses/midwives.
Sample: Women age 15-49 who had a live birth in the 5 years before the survey

Ninety-five percent of women age 15-49 received ANC from a skilled provider during the pregnancy of their most recent birth (Table 9.1).

Trends: The proportion of women age 15-49 in Lesotho who received ANC from a skilled provider has risen from $90 \%$ in 2004 to $95 \%$ in 2014 (Figure 9.1).

Figure 9.1 Antenatal care coverage trends Percentage of women age 15-49 who had a live birth in the 5 years before the survey (for the most recent birth)
 slightly higher in urban areas than rural areas ( $98 \%$ and $94 \%$, respectively). Urban women are twice as likely as rural women to receive ANC from a doctor ( $23 \%$ versus $11 \%$ ).

- District differences in ANC coverage are small, ranging from 92\% in Quthing and Thaba-Tseka to $98 \%$ in Leribe and Qacha's Nek. Women in Qacha's Nek (27\%) are more likely than women in other districts to receive ANC from a doctor.
- Women in the highest wealth quintile are four times more likely to receive ANC from a doctor than those in the poorest quintile ( $28 \%$ versus $7 \%$ ).


### 9.1.2 Timing and Number of ANC Visits

Seventy-four percent of women had at least four ANC visits during their last pregnancy (Table 9.2, Figure 9.1), as recommended by WHO. Five percent of women had no ANC visits.

Only 41\% of women had their first ANC visit during the first trimester, as recommended by Lesotho's guidelines for integrated management of pregnancy and childbirth (IMPAC) (Table 9.2, Figure 9.1). Another $34 \%$ first received ANC during the fourth or fifth month of pregnancy, but $3 \%$ delayed until the eighth month.

Trends: The proportion of women that received the recommended four or more ANC visits has increased since 2004 from $70 \%$ to $74 \%$ (Figure 9.1), while the proportion of women receiving no antenatal care has decreased from $9 \%$ to $5 \%$. The median number of months pregnant at the first ANC visit has decreased slightly, from 4.8 months in 2004 to 4.3 months in 2014.

### 9.2 Components of ANC Visits

Pregnant women are more likely to have their blood pressure measured (99\%) and a blood sample taken (97\%) than to have a urine sample taken as part of routine ANC (83\%) (Table 9.3).

Trends: From 2004 to 2014, there has been an increase for each of three ANC components. The proportion of pregnant women who had their blood pressure measured increased from $93 \%$ in 2004 to $96 \%$ in 2009 and to $99 \%$ in 2014. Blood samples were taken from $81 \%$ of pregnant women in 2004 compared with $92 \%$ in 2009 and $97 \%$ in 2014. Urine sample collection also rose, from $69 \%$ in 2004 to $70 \%$ in 2009 and to $83 \%$ in 2014.

## Other Components of ANC

The 2014 LDHS also collected data on other components of care important to maternal and newborn health outcomes. Sixty-three percent of women received information on signs of pregnancy complications, and $75 \%$ took iron tablets. For complete information on these components of ANC, see Table 9.3.

### 9.3 Protection against Neonatal Tetanus

## Protection against neonatal tetanus

The number of tetanus toxoid injections needed to protect a baby from neonatal tetanus depends on the mother's vaccinations. A birth is protected against neonatal tetanus if the mother has received any of the following:

- Two tetanus toxoid injections during that pregnancy
- Two or more injections, the last one within 3 years of the birth
- Three or more injections, the last one within 5 years of the birth
- Four or more injections, the last one within 10 years of the birth
- Five or more injections at any time prior to the birth

Sample: Last live births in the 5 years before the survey to women age 15-49

Depending on whether and when a pregnant woman has been vaccinated against tetanus before the most recent pregnancy, she may need as many as two tetanus toxoid injections during her pregnancy to protect her baby against neonatal tetanus. Seventy-four percent of women's last births were protected against neonatal tetanus
(Table 9.4).
Trends: The proportion of births protected against neonatal tetanus increased from $60 \%$ in 2004 to $76 \%$ in 2009 , and then declined slightly to $74 \%$ in 2014.

## Patterns by background characteristics

- Births are least likely to be protected against neonatal tetanus in Quthing ( $67 \%$ ), and most likely to be protected in Butha-Buthe (79\%).
- Protection against neonatal tetanus increases with wealth quintile.


### 9.4 Delivery Services

### 9.4.1 Institutional Deliveries

Institutional deliveries
Deliveries that take place in a health facility
Sample: All live births in the 5 years before the survey
Seventy-seven percent of live births in the 5 years before the survey took place in a health facility, while $23 \%$ were delivered at home. Most institutional deliveries took place at public sector health facilities ( $70 \%$ ) (Table 9.5).

Trends: Institutional deliveries in Lesotho are increasing: the proportion of births in health facilities rose from $52 \%$ in 2004 to $59 \%$ in 2009 and $77 \%$ in 2014. Over the same period, home deliveries decreased from $45 \%$ to $23 \%$ (Figure 9.2).

## Patterns by background characteristics

- Higher-order births are much more likely to be home deliveries. Only $49 \%$ of sixth or higher-order births occurred at a health facility, compared with $85 \%$ of first births.
- Antenatal care increases the likelihood of an institutional delivery. If mothers have at least one ANC visit, births are more than three times as likely to take place in a facility.
- By districts institutional deliveries are least common in Mokhotlong ( $61 \%$ ) and most common in Leribe 84\%) (Figure 9.3).
- Institutional deliveries are most common among mothers with more than secondary school (96\%)
(Figure 9.4), and among women in households in the highest wealth quintile (93\%).

Figure 9.3 Institutional deliveries by district

Percentage of live births in the 5 years preceding the survey that were delivered at a health facility


Figure 9.4 Institutional deliveries by mother's education

Percentage of live births in the 5 years preceding the survey that were delivered at a health facility


Figures in parentheses are based on 25-49 unweighted cases.

### 9.4.2 Skilled Assistance during Delivery

## Skilled assistance during delivery

Births delivered with the assistance of doctors and nurse/midwives.
Sample: All live births in the 5 years before the survey

In Lesotho, 8 in 10 deliveries ( $78 \%$ ) are assisted by a skilled provider, for the most part, a nurse/midwife ( $61 \%$ ). Unskilled persons, such as traditional healers, village health workers, and relatives/friends, assist in $21 \% ; 1 \%$ of births receive no assistance (Figure 9.5). Skilled providers assist at nearly $100 \%$ of deliveries in health facilities, but only $7 \%$ of deliveries that take place elsewhere (Table 9.6).

Trends: Skilled assistance at delivery has increased in Lesotho over the last decade; $55 \%$ of deliveries had skilled assistance in 2004 compared with $62 \%$ in 2009 and $78 \%$ in 2014.

## Patterns by background characteristics

- Skilled assistance declines sharply with birth order:

Figure 9.5 Delivery assistance
Percent distribution of births in the 5 years before the survey
 $87 \%$ of first births have skilled assistance, compared with $50 \%$ of sixth or higher-order births (Table 9.6).

- Urban deliveries are more likely than rural deliveries to have received skilled assistance ( $90 \%$ versus $73 \%$ ).
- There are moderate differences among districts in delivery assistance. Deliveries in Mokhotlong are least likely to be assisted by a skilled provider ( $63 \%$ ) and most likely to be assisted by a relative or friend ( $27 \%$ ). In contrast, skilled providers assist $85 \%$ of deliveries in Leribe while a relative or friend assists in $12 \%$. Deliveries in Thaba-Tseka (8\%), Mokhotlong (9\%), and ButhaButhe ( $14 \%$ ) are less likely to be assisted by a doctor than in other districts (17-21\%).
- The more education a woman has, the more likely it is that a skilled provider will assist at delivery. Ninety-seven percent of births to women with more than secondary education were delivered by a skilled provider compared with $59 \%$ of births to women with an incomplete primary school education.
- The wealthier the household, the more likely it is that deliveries are assisted by a skilled provider (Figure 9.6). Compared with deliveries in the lowest wealth quintile, deliveries in the highest quintile are three times as likely to be assisted by a

Figure 9.6 Delivery assistance by wealth quintile

Percentage of live births in the 5 years before the survey assisted by a skilled provider
 doctor ( $23 \%$ versus $8 \%$ ).

### 9.4.3 Delivery by Caesarean

Access to caesarean sections can reduce maternal and neonatal mortality and complications such as obstetric fistula. However, use of caesarean section without a medical need can put women at risk of short- and longterm health problems. WHO advises that caesarean sections should only be done when medically necessary, and does not recommend a target rate for countries to achieve at the population level. Research conducted by WHO has found that increases in countries' caesarean section rates up to $10 \%$ are associated with a decline in maternal and neonatal mortality. However, increases in caesarean section rates beyond $10 \%$ are not associated with reductions in maternal and newborn mortality rates (WHO 2015a). Recent routine data in Lesotho reveal that caesarean section rates vary among hospitals, and the procedure is more common in private than in public facilities (MOH 2015a). In the 2014 LDHS, caesarean deliveries made up $10 \%$ of all births in the 5 years before the survey (Table 9.6).

Trends: Five percent of births occurred via caesarean section in 2004 compared with $7 \%$ in 2009 and $10 \%$ in 2014.

## Patterns by background characteristics

- Caesarean deliveries are more common among first births (14\%) than higher-order births (5\% to 8\%) (Table 9.6).
- The caesarean delivery rate is higher in urban than rural areas ( $12 \%$ versus $9 \%$ ).
- Among districts, Mokhotlong has the lowest caesarean rate (4\% versus 6-13\% elsewhere).
- Highly educated women are more likely to undergo caesarean deliveries. The caesarean rate for deliveries to women with more than secondary education is $17 \%$, compared with less than $8 \%$ for deliveries to women with less than secondary education.
- The caesarean rate is about three times higher in the highest wealth quintile than in the lowest three quintiles ( $15 \%$ versus $6 \%$ ).


### 9.5 Postnatal Care

### 9.5.1 Postnatal Health Check for Mothers

Safe motherhood programmes recommend that women receive a postnatal health check within 2 days after delivery. In Lesotho, $71 \%$ of mothers received a postnatal check, but only $62 \%$ had a check in the first two days (Table 9.7). One in four mothers ( $26 \%$ ) did not have any postnatal health check.

Trends: The proportion of mothers who received a postnatal check in the first 2 days after delivery has increased dramatically, from $39 \%$ in 2004 to $49 \%$ in 2009 to $62 \%$ in 2014.

## Patterns by background characteristics

- Women who delivered in a health facility were much more likely to receive a postnatal health check within 2 days of delivery than those who delivered elsewhere ( $74 \%$ versus $11 \%$ )
(Figure 9.7).
- There are marked differences in postnatal care for mothers by district. Mothers are most likely to have a timely postnatal health check in Leribe (72\%) and least likely in Mokhotlong (41\%)
(Table 9.7).
- Mothers with more than a secondary education ( $83 \%$ ) are more likely than women with less education to have a timely postnatal health check (47\% to 68\%).
- Women from the wealthiest households (80\%) are almost two times as likely to receive timely postnatal care as women from the poorest households (46\%).


## Type of Provider

Twelve percent of women received a postnatal health check in the first 2 days after delivery from a doctor, $49 \%$ from a nurse/midwife, and $<1 \%$ from a village health worker (Table 9.8).

### 9.5.2 Postnatal Health Checks for Newborns

## Figure 9.7 Postnatal care by place

 of deliveryPercentage of last births in the 2 years before the survey for which women and newborns received a postnatal check within 2 days after birth
$■$ Health facility $\quad$ Elsewhere $\quad$ Total


Postnatal care services for newborns should start as soon as possible after birth because many neonatal deaths occur within the first 48 hours of life. The vast majority of newborns in Lesotho ( $77 \%$ ) do not receive any postnatal health check. Only $18 \%$ of newborns receive a check within 2 days after birth, and another $3 \%$ receive a check 3-6 days after birth (Table 9.9).

## Patterns by background characteristics

- Newborns delivered in a health facility were much more likely to receive a postnatal health check within 2 days of birth than those delivered elsewhere ( $20 \%$ versus $13 \%$ ). Still, the difference in the proportion of women who receive a timely postnatal check after delivery and the proportion of newborns who receive a timely postnatal check is striking, even when the delivery took place in a health facility (Figure 9.7).
- The percentage of newborns who receive a postnatal health check within 2 days ranges from a low of $7 \%$ in Mokhotlong to as high of $36 \%$ in Quthing.
- There is no clear correlation between a mother's education and the likelihood of a timely postnatal health check for newborns. Similarly, differences by household wealth are small and follow no consistent pattern.


## Type of Provider

Only $4 \%$ of newborns received a postnatal check within 2 days after birth from a doctor, $14 \%$ from a nurse/midwife, and $<1 \%$ from a village health worker (Table 9.10).

### 9.6 Problems in Accessing Health Care

## Problems in accessing health care

Women were asked whether each of the following factors is be a big problem in seeking medical advice or treatment for themselves when they are sick:

- getting permission to go to the doctor
- getting money for advice or treatment
- distance to a health facility
- not wanting to go alone

Sample: Women age 15-49

Four in ten women ( $42 \%$ ) in Lesotho reported at least one of the problems asked about in accessing health care for themselves. This proportion ranges from $36 \%$ in Maseru to $56 \%$ in Thaba-Tseka (Table 9.11).

The most commonly reported problems are getting money to pay for treatment (27\%) and distance to the health facility $(26 \%)$. Fewer women say that not wanting to go alone $(9 \%)$ or needing permission to go for treatment (4\%) are big problems in seeking medical advice or treatment.

## List of Tables

For detailed information on maternal health care, see the following tables:

- Table 9.1 Antenatal care
- Table 9.2 Number of antenatal care visits and timing of first visit
- Table 9.3 Components of antenatal care
- Table 9.4 Tetanus toxoid injections
- Table 9.5 Place of delivery
- Table 9.6 Assistance during delivery
- Table 9.7 Timing of first postnatal check for the mother
- Table 9.8 Type of provider of first postnatal check for the mother
- Table 9.9 Timing of first postnatal check for the newborn
- Table 9.10 Type of provider of first postnatal check for the newborn
- Table 9.11 Problems in accessing health care

Table 9.1 Antenatal care
Percent distribution of women age 15-49 who had a live birth in the 5 years preceding the survey by antenatal care (ANC) provider during pregnancy for the most recent birth; the percentage receiving antenatal care from a skilled provider for the most recent birth; and the percentage with an ANC visit received outside of Lesotho for the most recent birth, according to background characteristics, Lesotho 2014

| Background characteristic | Antenatal care provider |  |  | No ANC | Total | Percentage receiving antenatal care from a skilled provider ${ }^{1}$ | Percentage with an ANC visit received outside Lesotho | Number of women |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Doctor | Nurse/ midwife | Village health worker |  |  |  |  |  |
| Mother's age at birth |  |  |  |  |  |  |  |  |
| <20 | 11.5 | 85.6 | 0.3 | 2.6 | 100.0 | 97.1 | 4.5 | 467 |
| 20-34 | 14.9 | 80.4 | 0.2 | 4.5 | 100.0 | 95.3 | 2.9 | 1,805 |
| 35-49 | 17.7 | 73.9 | 0.0 | 8.5 | 100.0 | 91.5 | 3.9 | 303 |
| Birth order |  |  |  |  |  |  |  |  |
| 1 | 16.3 | 81.4 | 0.2 | 2.0 | 100.0 | 97.8 | 4.2 | 977 |
| 2-3 | 14.5 | 80.7 | 0.2 | 4.6 | 100.0 | 95.2 | 3.2 | 1,126 |
| 4-5 | 12.7 | 78.7 | 0.3 | 8.4 | 100.0 | 91.3 | 1.8 | 321 |
| $6+$ | 8.4 | 77.9 | 0.4 | 13.4 | 100.0 | 86.3 | 2.5 | 150 |
| Residence |  |  |  |  |  |  |  |  |
| Urban | 22.5 | 75.0 | 0.0 | 2.5 | 100.0 | 97.5 | 3.6 | 749 |
| Rural | 11.4 | 82.8 | 0.3 | 5.5 | 100.0 | 94.2 | 3.2 | 1,825 |
| Ecological zone |  |  |  |  |  |  |  |  |
| Lowlands | 18.3 | 77.8 | 0.1 | 3.8 | 100.0 | 96.2 | 3.0 | 1,459 |
| Foothills | 14.5 | 76.6 | 1.0 | 7.9 | 100.0 | 91.1 | 2.6 | 316 |
| Mountains | 6.7 | 88.3 | 0.3 | 4.7 | 100.0 | 95.0 | 3.0 | 598 |
| Senqu River Valley | 11.3 | 83.3 | 0.0 | 5.4 | 100.0 | 94.6 | 7.7 | 202 |
| District |  |  |  |  |  |  |  |  |
| Butha-Buthe | 3.6 | 88.9 | 0.0 | 7.5 | 100.0 | 92.5 | 1.9 | 167 |
| Leribe | 12.5 | 85.0 | 0.0 | 2.5 | 100.0 | 97.5 | 2.9 | 423 |
| Berea | 18.3 | 76.9 | 0.4 | 4.3 | 100.0 | 95.3 | 2.0 | 322 |
| Maseru | 20.9 | 74.6 | 0.1 | 4.3 | 100.0 | 95.5 | 2.7 | 636 |
| Mafeteng | 24.5 | 69.1 | 0.9 | 5.5 | 100.0 | 93.6 | 4.2 | 213 |
| Mohale's Hoek | 12.7 | 83.8 | 0.0 | 3.4 | 100.0 | 96.6 | 3.2 | 234 |
| Quthing | 7.0 | 85.0 | 0.0 | 8.0 | 100.0 | 92.0 | 13.3 | 136 |
| Qacha's Nek | 26.8 | 70.7 | 0.0 | 2.5 | 100.0 | 97.5 | 9.8 | 70 |
| Mokhotlong | 4.4 | 92.0 | 0.3 | 3.3 | 100.0 | 96.4 | 2.2 | 161 |
| Thaba-Tseka | 3.7 | 88.0 | 0.5 | 7.9 | 100.0 | 91.6 | 0.7 | 212 |
| Education |  |  |  |  |  |  |  |  |
| No education | (0.0) | (83.8) | (0.0) | (16.2) | 100.0 | (83.8) | (0.0) | 23 |
| Primary incomplete | 9.3 | 81.8 | 0.1 | 8.7 | 100.0 | 91.2 | 3.8 | 491 |
| Primary complete | 11.2 | 83.3 | 0.5 | 5.0 | 100.0 | 94.5 | 2.5 | 644 |
| Secondary | 16.6 | 80.2 | 0.2 | 3.1 | 100.0 | 96.8 | 3.8 | 1,222 |
| More than secondary | 28.2 | 70.5 | 0.0 | 1.3 | 100.0 | 98.7 | 2.7 | 195 |
| Wealth quintile |  |  |  |  |  |  |  |  |
| Lowest | 6.7 | 85.6 | 0.7 | 7.0 | 100.0 | 92.3 | 1.6 | 512 |
| Second | 10.2 | 82.3 | 0.2 | 7.3 | 100.0 | 92.5 | 3.1 | 504 |
| Middle | 12.4 | 82.0 | 0.0 | 5.6 | 100.0 | 94.4 | 3.5 | 522 |
| Fourth | 15.7 | 82.4 | 0.2 | 1.7 | 100.0 | 98.2 | 5.3 | 540 |
| Highest | 28.3 | 70.0 | 0.0 | 1.7 | 100.0 | 98.3 | 3.1 | 498 |
| Total | 14.6 | 80.6 | 0.2 | 4.6 | 100.0 | 95.2 | 3.3 | 2,575 |

Notes: If more than one source of ANC was mentioned, only the provider with the highest qualifications was considered in this tabulation. Figures in parentheses are based on 25-49 unweighted cases.
${ }^{1}$ Skilled provider includes doctor and nurse/midwife.

| Table 9.2 Number of antenatal care visits and timing of first visit |  |  |  |
| :---: | :---: | :---: | :---: |
| Percent distribution of women age $15-49$ who had a live birth in the 5 years preceding the survey, by number of antenatal care (ANC) visits for the most recent live birth, and by the timing of the first visit, and among women with ANC, median months pregnant at first visit, according to residence, Lesotho 2014 |  |  |  |
|  | Residence |  | Total |
| Number and timing of ANC visits | Urban | Rural |  |
| Number of ANC visits |  |  |  |
| None | 2.5 | 5.5 | 4.6 |
| 1 | 0.8 | 1.9 | 1.6 |
| 2-3 | 15.6 | 20.0 | 18.7 |
| 4+ | 80.1 | 72.1 | 74.4 |
| Don't know | 0.9 | 0.5 | 0.6 |
| Total | 100.0 | 100.0 | 100.0 |
| Number of months pregnant at time of first ANC visit |  |  |  |
| No antenatal care | 2.5 | 5.5 | 4.6 |
| <4 | 50.5 | 37.3 | 41.2 |
| 4-5 | 29.4 | 36.5 | 34.4 |
| 6-7 | 14.0 | 18.0 | 16.8 |
| $8+$ | 3.4 | 2.5 | 2.7 |
| Don't know | 0.1 | 0.3 | 0.2 |
| Total | 100.0 | 100.0 | 100.0 |
| Number of women | 749 | 1,825 | 2,575 |
| Median months pregnant at first visit (for those with ANC) | 3.9 | 4.5 | 4.3 |
| Number of women with ANC | 730 | 1,726 | 2,456 |

Table 9.3 Components of antenatal care
Among women age 15-49 with a live birth in the 5 years preceding the survey, the percentage who took iron tablets during the pregnancy of the most recent birth, and among women receiving antenatal care (ANC) for the most recent live birth in the 5 years preceding the survey, the percentage receiving specific antenatal services, according to background characteristics, Lesotho 2014

| Background characteristic | Among women with a live birth in the past 5 years, the percentage who during the pregnancy of their last birth: |  | Among women who received antenatal care for their most recent birth in the past 5 years, the percentage with selected services |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Took iron tablets | Number of women with a live birth in the past 5 years | Informed of signs of pregnancy complications | Blood pressure measured | Urine sample taken | Blood sample taken | Number of women with ANC for their most recent birth |
| Mother's age at birth |  |  |  |  |  |  |  |
| <20 | 76.6 | 467 | 61.7 | 98.5 | 78.6 | 95.5 | 455 |
| 20-34 | 76.3 | 1,805 | 63.8 | 99.0 | 83.4 | 97.0 | 1,724 |
| 35-49 | 67.6 | 303 | 63.3 | 98.1 | 84.5 | 97.0 | 277 |
| Birth order |  |  |  |  |  |  |  |
| 1 | 78.1 | 977 | 65.2 | 99.1 | 84.8 | 97.0 | 957 |
| 2-3 | 76.1 | 1,126 | 63.9 | 98.8 | 81.6 | 96.6 | 1,074 |
| 4-5 | 68.4 | 321 | 59.9 | 98.3 | 80.2 | 97.2 | 294 |
| 6+ | 67.2 | 150 | 53.1 | 97.7 | 80.2 | 95.3 | 130 |
| Residence |  |  |  |  |  |  |  |
| Urban | 81.8 | 749 | 73.3 | 99.0 | 87.9 | 97.7 | 730 |
| Rural | 72.7 | 1,825 | 59.1 | 98.7 | 80.4 | 96.4 | 1,726 |
| Ecological zone |  |  |  |  |  |  |  |
| Lowlands | 78.9 | 1,459 | 70.4 | 99.3 | 87.9 | 97.1 | 1,404 |
| Foothills | 64.4 | 316 | 55.7 | 98.7 | 71.3 | 96.3 | 291 |
| Mountains | 74.4 | 598 | 53.4 | 97.9 | 77.1 | 96.2 | 570 |
| Senqu River Valley | 70.1 | 202 | 52.7 | 97.6 | 77.8 | 96.6 | 191 |
| District |  |  |  |  |  |  |  |
| Butha-Buthe | 83.9 | 167 | 75.6 | 99.7 | 86.6 | 98.2 | 154 |
| Leribe | 75.3 | 423 | 56.4 | 99.6 | 82.7 | 95.8 | 413 |
| Berea | 77.4 | 322 | 69.7 | 99.2 | 83.1 | 96.6 | 308 |
| Maseru | 74.1 | 636 | 72.0 | 99.4 | 84.4 | 97.6 | 609 |
| Mafeteng | 78.6 | 213 | 66.1 | 98.6 | 89.7 | 96.4 | 201 |
| Mohale's Hoek | 72.1 | 234 | 56.8 | 97.2 | 78.0 | 96.5 | 226 |
| Quthing | 69.8 | 136 | 53.4 | 98.6 | 75.3 | 95.3 | 126 |
| Qacha's Nek | 70.3 | 70 | 53.7 | 95.8 | 84.8 | 97.5 | 69 |
| Mokhotlong | 79.1 | 161 | 50.5 | 98.0 | 69.3 | 95.8 | 156 |
| Thaba-Tseka | 72.3 | 212 | 56.4 | 97.9 | 85.7 | 97.2 | 195 |
| Education |  |  |  |  |  |  |  |
| No education | (63.9) | 23 | (61.7) | (97.0) | (72.5) | (97.0) | 19 |
| Primary incomplete | 68.6 | 491 | 54.8 | 98.1 | 77.0 | 96.8 | 448 |
| Primary complete | 72.4 | 644 | 57.1 | 98.4 | 77.2 | 97.3 | 612 |
| Secondary | 77.6 | 1,222 | 66.1 | 99.1 | 85.8 | 96.2 | 1,184 |
| More than secondary | 89.7 | 195 | 86.4 | 100.0 | 94.5 | 98.3 | 192 |
| Wealth quintile |  |  |  |  |  |  |  |
| Lowest | 71.6 | 512 | 54.4 | 97.7 | 75.8 | 96.8 | 476 |
| Second | 70.4 | 504 | 51.4 | 98.5 | 75.4 | 96.4 | 467 |
| Middle | 72.8 | 522 | 63.9 | 98.8 | 82.8 | 95.7 | 493 |
| Fourth | 77.2 | 540 | 69.0 | 99.1 | 87.5 | 97.1 | 531 |
| Highest | 84.8 | 498 | 76.9 | 99.8 | 90.7 | 97.7 | 489 |
| Total | 75.4 | 2,575 | 63.4 | 98.8 | 82.6 | 96.8 | 2,456 |

Note: Figures in parentheses are based on 25-49 unweighted cases.

| Table 9.4 Tetanus toxoid injections |  |  |  |
| :---: | :---: | :---: | :---: |
| Among mothers age 15-49 with a live birth in the 5 years preceding the survey, the percentage receiving two or more tetanus toxoid injections during the pregnancy for the last live birth and the percentage whose last live birth was protected against neonatal tetanus, according to background characteristics, Lesotho 2014 |  |  |  |
| Background characteristic | Percentage receiving two or more injections during last pregnancy | Percentage whose last birth was protected against neonatal tetanus ${ }^{1}$ | Number of mothers |
| Mother's age at birth |  |  |  |
| <20 | 64.0 | 66.9 | 467 |
| 20-34 | 58.8 | 75.9 | 1,805 |
| 35-49 | 45.7 | 76.9 | 303 |
| Birth order |  |  |  |
| 1 | 65.6 | 67.7 | 977 |
| 2-3 | 56.5 | 79.4 | 1,126 |
| 4-5 | 50.8 | 79.3 | 321 |
| 6+ | 39.0 | 69.3 | 150 |
| Residence |  |  |  |
| Urban | 64.0 | 79.1 | 749 |
| Rural | 55.9 | 72.4 | 1,825 |
| Ecological zone |  |  |  |
| Lowlands | 61.0 | 76.8 | 1,459 |
| Foothills | 51.6 | 68.1 | 316 |
| Mountains | 54.0 | 71.5 | 598 |
| Senqu River Valley | 61.0 | 74.7 | 202 |
| District |  |  |  |
| Butha-Buthe | 61.2 | 78.7 | 167 |
| Leribe | 58.0 | 74.4 | 423 |
| Berea | 53.0 | 72.6 | 322 |
| Maseru | 60.5 | 75.4 | 636 |
| Mafeteng | 61.7 | 76.8 | 213 |
| Mohale's Hoek | 62.6 | 74.8 | 234 |
| Quthing | 53.3 | 66.9 | 136 |
| Qacha's Nek | 56.9 | 79.4 | 70 |
| Mokhotlong | 58.1 | 68.9 | 161 |
| Thaba-Tseka | 53.0 | 74.7 | 212 |
| Education |  |  |  |
| No education | (50.9) | (61.0) | 23 |
| Primary incomplete | 47.8 | 67.5 | 491 |
| Primary complete | 59.0 | 76.9 | 644 |
| Secondary | 62.4 | 75.9 | 1,222 |
| More than secondary | 56.7 | 75.3 | 195 |
| Wealth quintile |  |  |  |
| Lowest | 52.8 | 69.9 | 512 |
| Second | 55.5 | 72.6 | 504 |
| Middle | 59.9 | 75.6 | 522 |
| Fourth | 62.5 | 75.7 | 540 |
| Highest | 60.3 | 78.0 | 498 |
| Total | 58.2 | 74.4 | 2,575 |

Note: Figures in parentheses are based on 25-49 unweighted cases.
${ }^{1}$ Includes mothers with two injections during the pregnancy of her last birth, or two or more
injections (the last within 3 years of the last live birth), or three or more injections (the last within
5 years of the last birth), or four or more injections (the last within 10 years of the last live birth),
or five or more injections at any time prior to the last birth

Table 9.5 Place of delivery
Percent distribution of live births in the5 years preceding the survey by place of delivery, percentage delivered in a health facility, and percentage delivered in a health facility outside of Lesotho, according to background characteristics, Lesotho 2014

| Background characteristic | Health facility |  |  | Home | Other | Total | Percentage delivered in a health facility | Number of births |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Public sector | Private sector | Outside <br> Lesotho |  |  |  |  |  |
| Mother's age at birth |  |  |  |  |  |  |  |  |
| <20 | 73.6 | 1.7 | 5.3 | 18.5 | 1.0 | 100.0 | 80.6 | 616 |
| 20-34 | 69.8 | 3.5 | 3.3 | 22.9 | 0.3 | 100.0 | 76.7 | 2,158 |
| 35-49 | 61.6 | 2.4 | 3.7 | 31.9 | 0.3 | 100.0 | 67.8 | 338 |
| Birth order |  |  |  |  |  |  |  |  |
| 1 | 77.3 | 3.5 | 4.6 | 13.9 | 0.7 | 100.0 | 85.4 | 1,217 |
| 2-3 | 69.1 | 3.0 | 3.7 | 23.8 | 0.3 | 100.0 | 75.8 | 1,322 |
| 4-5 | 58.3 | 2.6 | 3.0 | 35.7 | 0.4 | 100.0 | 63.9 | 391 |
| 6+ | 47.1 | 1.0 | 0.5 | 51.0 | 0.5 | 100.0 | 48.5 | 181 |
| Antenatal care visits ${ }^{1}$ |  |  |  |  |  |  |  |  |
| None | 25.1 | 0.0 | 0.4 | 72.7 | 1.8 | 100.0 | 25.5 | 119 |
| 1-3 | 66.3 | 1.0 | 2.9 | 28.8 | 1.0 | 100.0 | 70.2 | 523 |
| 4+ | 75.4 | 4.2 | 4.3 | 15.8 | 0.2 | 100.0 | 83.9 | 1,917 |
| Residence |  |  |  |  |  |  |  |  |
| Urban | 79.5 | 4.4 | 5.0 | 10.9 | 0.2 | 100.0 | 88.9 | 900 |
| Rural | 65.7 | 2.5 | 3.2 | 28.0 | 0.6 | 100.0 | 71.4 | 2,211 |
| Ecological zone |  |  |  |  |  |  |  |  |
| Lowlands | 77.0 | 3.9 | 4.0 | 14.6 | 0.4 | 100.0 | 85.0 | 1,733 |
| Foothills | 55.6 | 2.7 | 1.1 | 40.2 | 0.5 | 100.0 | 59.4 | 380 |
| Mountains | 61.3 | 1.6 | 3.5 | 32.8 | 0.8 | 100.0 | 66.4 | 752 |
| Senqu River Valley | 65.3 | 1.5 | 7.0 | 25.9 | 0.3 | 100.0 | 73.8 | 247 |
| District |  |  |  |  |  |  |  |  |
| Butha-Buthe | 68.8 | 0.5 | 3.6 | 27.0 | 0.0 | 100.0 | 72.8 | 197 |
| Leribe | 77.6 | 1.5 | 4.7 | 15.5 | 0.8 | 100.0 | 83.7 | 494 |
| Berea | 69.4 | 5.6 | 3.0 | 21.7 | 0.3 | 100.0 | 78.0 | 381 |
| Maseru | 73.3 | 5.6 | 2.2 | 18.8 | 0.1 | 100.0 | 81.0 | 786 |
| Mafeteng | 68.6 | 2.6 | 4.1 | 24.0 | 0.8 | 100.0 | 75.3 | 253 |
| Mohale's Hoek | 71.2 | 0.7 | 2.1 | 26.0 | 0.0 | 100.0 | 74.0 | 273 |
| Quthing | 58.2 | 0.6 | 13.0 | 27.3 | 0.8 | 100.0 | 71.9 | 173 |
| Qacha's Nek | 62.9 | 0.0 | 16.0 | 20.8 | 0.2 | 100.0 | 78.9 | 87 |
| Mokhotlong | 58.3 | 0.4 | 2.2 | 39.1 | 0.1 | 100.0 | 60.8 | 203 |
| Thaba-Tseka | 63.5 | 3.9 | 0.6 | 30.3 | 1.8 | 100.0 | 68.0 | 266 |
| Mother's education |  |  |  |  |  |  |  |  |
| No education | (48.6) | (0.0) | (3.1) | (48.2) | (0.0) | 100.0 | (51.8) | 28 |
| Primary incomplete | 53.0 | 1.1 | 2.6 | 42.6 | 0.4 | 100.0 | 56.7 | 639 |
| Primary complete | 65.9 | 2.0 | 3.0 | 28.8 | 0.2 | 100.0 | 70.9 | 806 |
| Secondary | 78.4 | 3.2 | 4.3 | 13.4 | 0.6 | 100.0 | 86.0 | 1,415 |
| More than secondary | 78.6 | 10.9 | 6.2 | 3.7 | 0.6 | 100.0 | 95.7 | 224 |
| Wealth quintile |  |  |  |  |  |  |  |  |
| Lowest | 53.2 | 1.4 | 2.3 | 42.5 | 0.5 | 100.0 | 56.9 | 665 |
| Second | 61.8 | 1.0 | 3.0 | 34.1 | 0.0 | 100.0 | 65.9 | 624 |
| Middle | 75.4 | 1.4 | 3.4 | 18.8 | 1.0 | 100.0 | 80.2 | 621 |
| Fourth | 79.3 | 4.1 | 5.7 | 10.1 | 0.8 | 100.0 | 89.1 | 630 |
| Highest | 80.7 | 7.7 | 4.6 | 7.1 | 0.0 | 100.0 | 92.9 | 572 |
| Total | 69.7 | 3.0 | 3.8 | 23.0 | 0.5 | 100.0 | 76.5 | 3,112 |

Notes: Figures in parentheses are based on 25-49 unweighted cases. Total includes 1 birth for whom information on place of delivery was missing.
${ }^{1}$ Includes only the most recent birth in the 5 years preceding the survey

Table 9.6 Assistance during delivery
Percent distribution of live births in the 5 years preceding the survey by person providing assistance during delivery, percentage of birth assisted by a skilled provider and percentage delivered by caesarean-section, according to background characteristics, Lesotho 2014

| Background characteristic | Person providing assistance during delivery |  |  |  |  |  |  | Percentage delivered by a skilled provider ${ }^{1}$ | Percentage delivered by C-section | Number of births |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Doctor | Nurse/ midwife | Village health worker | Traditional healer | Relative/ friend | No one | Total |  |  |  |
| Mother's age at birth |  |  |  |  |  |  |  |  |  |  |
| <20 | 17.5 | 65.0 | 4.2 | 0.6 | 12.7 | 0.0 | 100.0 | 82.5 | 10.3 | 616 |
| 20-34 | 16.7 | 61.4 | 4.8 | 0.3 | 15.6 | 1.0 | 100.0 | 78.1 | 9.0 | 2,158 |
| 35-49 | 19.3 | 49.1 | 7.0 | 0.0 | 22.7 | 1.9 | 100.0 | 68.4 | 12.9 | 338 |
| Birth order |  |  |  |  |  |  |  |  |  |  |
| 1 | 20.9 | 66.0 | 3.6 | 0.6 | 8.6 | 0.2 | 100.0 | 86.9 | 13.9 | 1,217 |
| 2-3 | 15.9 | 61.5 | 5.0 | 0.2 | 16.9 | 0.5 | 100.0 | 77.3 | 7.6 | 1,322 |
| 4-5 | 12.5 | 52.1 | 8.2 | 0.1 | 22.7 | 3.8 | 100.0 | 64.6 | 4.8 | 391 |
| 6+ | 10.9 | 39.3 | 6.4 | 0.0 | 41.3 | 2.1 | 100.0 | 50.2 | 7.1 | 181 |
| Antenatal care visits ${ }^{2}$ |  |  |  |  |  |  |  |  |  |  |
| None | 8.5 | 18.5 | 10.0 | 0.0 | 55.0 | 8.1 | 100.0 | 26.9 | 5.5 | 119 |
| 1-3 | 12.4 | 59.0 | 5.5 | 0.9 | 21.3 | 0.4 | 100.0 | 71.5 | 6.6 | 523 |
| $4+$ | 20.6 | 64.7 | 4.3 | 0.1 | 9.8 | 0.5 | 100.0 | 85.3 | 11.6 | 1,917 |
| Don't know | * | * | * | * | * | * | 100.0 | * | * | 17 |
| Place of delivery |  |  |  |  |  |  |  |  |  |  |
| Health facility | 22.3 | 77.4 | 0.0 | 0.0 | 0.0 | 0.2 | 100.0 | 99.7 | 12.7 | 2,380 |
| Elsewhere | 0.2 | 6.7 | 20.9 | 1.4 | 67.3 | 3.0 | 100.0 | 7.0 | 0.0 | 731 |
| Residence |  |  |  |  |  |  |  |  |  |  |
| Urban | 21.6 | 68.1 | 2.1 | 0.5 | 6.7 | 0.8 | 100.0 | 89.7 | 12.1 | 900 |
| Rural | 15.3 | 57.8 | 6.1 | 0.2 | 19.5 | 0.9 | 100.0 | 73.1 | 8.7 | 2,211 |
| Ecological zone |  |  |  |  |  |  |  |  |  |  |
| Lowlands | 21.2 | 64.9 | 3.1 | 0.4 | 9.5 | 0.9 | 100.0 | 86.1 | 11.8 | 1,733 |
| Foothills | 12.4 | 48.3 | 8.2 | 0.3 | 28.5 | 2.2 | 100.0 | 60.7 | 6.4 | 380 |
| Mountains | 9.7 | 59.1 | 7.0 | 0.2 | 23.4 | 0.3 | 100.0 | 68.8 | 6.8 | 752 |
| Senqu River Valley | 18.8 | 56.0 | 6.2 | 0.0 | 18.0 | 0.5 | 100.0 | 74.9 | 8.5 | 247 |
| District |  |  |  |  |  |  |  |  |  |  |
| Butha-Buthe | 13.5 | 63.8 | 8.0 | 0.2 | 13.1 | 1.2 | 100.0 | 77.3 | 9.0 | 197 |
| Leribe | 18.9 | 66.2 | 1.8 | 0.0 | 11.7 | 1.4 | 100.0 | 85.0 | 11.7 | 494 |
| Berea | 20.5 | 59.1 | 3.2 | 0.5 | 16.5 | 0.3 | 100.0 | 79.5 | 12.5 | 381 |
| Maseru | 20.1 | 61.9 | 3.4 | 0.4 | 12.7 | 1.1 | 100.0 | 82.0 | 10.6 | 786 |
| Mafeteng | 19.5 | 55.5 | 8.2 | 0.4 | 14.8 | 1.6 | 100.0 | 75.1 | 9.2 | 253 |
| Mohale's Hoek | 16.7 | 58.0 | 7.1 | 0.8 | 17.2 | 0.2 | 100.0 | 74.7 | 6.2 | 273 |
| Quthing | 16.7 | 56.1 | 2.2 | 0.0 | 23.6 | 0.9 | 100.0 | 72.8 | 9.2 | 173 |
| Qacha's Nek | 17.7 | 61.6 | 3.8 | 0.4 | 15.7 | 0.8 | 100.0 | 79.3 | 10.9 | 87 |
| Mokhotlong | 8.7 | 54.1 | 9.0 | 0.3 | 27.3 | 0.4 | 100.0 | 62.8 | 3.8 | 203 |
| Thaba-Tseka | 7.7 | 63.3 | 9.1 | 0.4 | 19.5 | 0.0 | 100.0 | 71.0 | 8.2 | 266 |
| Mother's education |  |  |  |  |  |  |  |  |  |  |
| No education | (4.1) | (44.5) | (6.1) | (0.0) | (40.2) | (5.0) | 100.0 | (48.6) | (3.9) | 28 |
| Primary incomplete | 10.7 | 48.7 | 7.6 | 0.1 | 30.9 | 1.6 | 100.0 | 59.4 | 7.0 | 639 |
| Primary complete | 14.7 | 57.3 | 7.1 | 0.5 | 19.2 | 1.0 | 100.0 | 72.0 | 7.7 | 806 |
| Secondary | 20.4 | 66.7 | 2.8 | 0.4 | 9.0 | 0.5 | 100.0 | 87.1 | 11.0 | 1,415 |
| More than secondary | 25.0 | 72.2 | 2.4 | 0.0 | 0.3 | 0.1 | 100.0 | 97.2 | 17.1 | 224 |
| Wealth quintile |  |  |  |  |  |  |  |  |  |  |
| Lowest | 8.2 | 51.9 | 8.8 | 0.3 | 29.5 | 1.0 | 100.0 | 60.1 | 5.5 | 665 |
| Second | 13.1 | 54.1 | 8.0 | 0.3 | 23.2 | 1.0 | 100.0 | 67.2 | 5.0 | 624 |
| Middle | 19.9 | 60.9 | 3.0 | 0.5 | 14.3 | 1.3 | 100.0 | 80.8 | 11.3 | 621 |
| Fourth | 22.1 | 67.8 | 2.5 | 0.0 | 6.9 | 0.6 | 100.0 | 89.9 | 12.7 | 630 |
| Highest | 23.4 | 70.5 | 1.8 | 0.5 | 3.3 | 0.4 | 100.0 | 94.0 | 14.5 | 572 |
| Total | 17.1 | 60.8 | 4.9 | 0.3 | 15.8 | 0.9 | 100.0 | 77.9 | 9.7 | 3,112 |

Notes: If the respondent mentioned more than one person attending during delivery, only the most qualified person is considered in this tabulation. Figures in parentheses are based on 25-49 unweighted cases. An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed. Total includes 2 births for which information on assistance during delivery is missing, and 1 birth for which information on place of delivery is missing.
${ }^{1}$ Skilled provider includes doctor and nurse/midwife
${ }^{2}$ Includes only the most recent birth in the 5 years preceding the survey.

Table 9.7 Timing of first postnatal check for the mother
Among women age 15-49 giving birth in the 2 years preceding the survey, the percent distribution of the mother's first postnatal check for the last live birth by time after delivery, and the percentage of women with a live birth in the 2 years preceding the survey who received a postnatal check in the first two days after giving birth, according to background characteristics, Lesotho 2014

| Background characteristic | Time after delivery of mother's first postnatal check |  |  |  |  |  | No postnatal check ${ }^{1}$ | Total | Percentage of women with a postnatal check in the first 2 days after birth ${ }^{2}$ | Number of women |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Less than 4 hours | 4-23 hours | 1-2 days | 3-6 days | $\begin{array}{r} 7-41 \\ \text { days } \\ \hline \end{array}$ | Don't know |  |  |  |  |
| Mother's age at birth |  |  |  |  |  |  |  |  |  |  |
| <20 | 26.9 | 20.0 | 16.2 | 1.7 | 6.3 | 4.2 | 24.9 | 100.0 | 63.0 | 279 |
| 20-34 | 23.5 | 20.7 | 17.6 | 1.5 | 8.0 | 3.0 | 25.6 | 100.0 | 61.9 | 945 |
| 35-49 | 23.1 | 22.7 | 15.0 | 1.8 | 6.5 | 1.2 | 29.7 | 100.0 | 60.8 | 145 |
| Birth order |  |  |  |  |  |  |  |  |  |  |
| 1 | 26.5 | 20.1 | 19.0 | 1.6 | 7.6 | 4.6 | 20.7 | 100.0 | 65.5 | 592 |
| 2-3 | 24.7 | 20.8 | 16.9 | 1.7 | 7.7 | 2.4 | 25.8 | 100.0 | 62.4 | 571 |
| 4-5 | 13.1 | 25.6 | 15.8 | 2.1 | 7.1 | 1.0 | 35.4 | 100.0 | 54.5 | 131 |
| 6+ | 21.2 | 17.8 | 4.6 | 0.0 | 5.9 | 0.0 | 50.5 | 100.0 | 43.6 | 75 |
| Place of delivery |  |  |  |  |  |  |  |  |  |  |
| Health facility | 28.9 | 24.9 | 20.3 | 1.4 | 6.8 | 3.8 | 13.8 | 100.0 | 74.1 | 1,104 |
| Elsewhere | 4.3 | 3.6 | 3.5 | 2.4 | 10.2 | 0.0 | 76.0 | 100.0 | 11.4 | 265 |
| Residence |  |  |  |  |  |  |  |  |  |  |
| Urban | 27.6 | 23.4 | 18.7 | 2.0 | 8.3 | 4.9 | 15.1 | 100.0 | 69.7 | 357 |
| Rural | 22.9 | 19.9 | 16.5 | 1.5 | 7.2 | 2.4 | 29.7 | 100.0 | 59.2 | 1,012 |
| Ecological zone |  |  |  |  |  |  |  |  |  |  |
| Lowlands | 26.8 | 21.6 | 20.9 | 2.1 | 7.7 | 3.8 | 17.0 | 100.0 | 69.3 | 745 |
| Foothills | 18.8 | 19.9 | 14.4 | 1.4 | 7.7 | 3.8 | 33.9 | 100.0 | 53.1 | 172 |
| Mountains | 20.9 | 19.9 | 11.4 | 0.9 | 6.0 | 1.2 | 39.6 | 100.0 | 52.2 | 343 |
| Senqu River Valley | 24.4 | 19.2 | 12.6 | 0.8 | 10.0 | 2.7 | 30.1 | 100.0 | 56.3 | 109 |
| District |  |  |  |  |  |  |  |  |  |  |
| Butha-Buthe | 24.0 | 19.2 | 20.2 | 2.5 | 9.6 | 5.5 | 19.1 | 100.0 | 63.4 | 94 |
| Leribe | 20.1 | 28.8 | 23.4 | 2.4 | 6.3 | 3.8 | 15.3 | 100.0 | 72.2 | 212 |
| Berea | 23.6 | 18.5 | 20.5 | 1.5 | 9.3 | 3.8 | 22.8 | 100.0 | 62.6 | 176 |
| Maseru | 29.8 | 21.1 | 12.7 | 0.9 | 7.4 | 2.8 | 25.3 | 100.0 | 63.6 | 334 |
| Mafeteng | 20.3 | 18.7 | 27.2 | 3.8 | 7.5 | 3.1 | 19.5 | 100.0 | 66.1 | 100 |
| Mohale's Hoek | 26.0 | 15.5 | 19.9 | 1.8 | 2.8 | 4.8 | 29.1 | 100.0 | 61.4 | 137 |
| Quthing | 16.8 | 23.8 | 14.2 | 1.7 | 8.5 | 0.6 | 34.4 | 100.0 | 54.9 | 80 |
| Qacha's Nek | 24.0 | 22.7 | 19.4 | 0.0 | 3.9 | 0.0 | 29.9 | 100.0 | 66.2 | 34 |
| Mokhotlong | 19.0 | 18.3 | 3.6 | 0.3 | 11.7 | 1.9 | 45.2 | 100.0 | 40.9 | 91 |
| Thaba-Tseka | 26.7 | 17.2 | 9.5 | 0.9 | 7.9 | 0.9 | 36.9 | 100.0 | 53.4 | 111 |
| Education |  |  |  |  |  |  |  |  |  |  |
| No education | * | * | * | * | * | * | * | 100.0 | * | 6 |
| Primary incomplete | 17.3 | 19.6 | 10.5 | 0.8 | 6.0 | 4.5 | 41.4 | 100.0 | 47.3 | 254 |
| Primary complete | 21.8 | 19.7 | 13.8 | 1.7 | 6.2 | 2.4 | 34.4 | 100.0 | 55.2 | 337 |
| Secondary | 26.8 | 20.4 | 21.1 | 1.9 | 9.0 | 2.8 | 18.0 | 100.0 | 68.2 | 690 |
| More than secondary | 33.1 | 31.4 | 17.9 | 1.4 | 4.8 | 3.9 | 7.5 | 100.0 | 82.5 | 82 |
| Wealth quintile |  |  |  |  |  |  |  |  |  |  |
| Lowest | 19.7 | 12.4 | 13.5 | 0.4 | 7.1 | 1.8 | 45.0 | 100.0 | 45.6 | 310 |
| Second | 19.3 | 21.2 | 12.9 | 1.8 | 10.0 | 3.0 | 31.7 | 100.0 | 53.5 | 271 |
| Middle | 24.4 | 23.1 | 20.6 | 2.5 | 5.0 | 3.3 | 21.1 | 100.0 | 68.1 | 293 |
| Fourth | 27.9 | 22.2 | 18.1 | 2.1 | 8.9 | 4.2 | 16.6 | 100.0 | 68.2 | 282 |
| Highest | 31.5 | 27.3 | 21.2 | 1.2 | 6.2 | 3.2 | 9.4 | 100.0 | 79.9 | 213 |
| Total | 24.2 | 20.8 | 17.0 | 1.6 | 7.5 | 3.1 | 25.9 | 100.0 | 62.0 | 1,369 |

[^6]| Table 9.8 Type of provider of first postnatal check for the mother |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Among women age 15-49 giving birth in the 2 years preceding the survey, the percent distribution by type of provider of the mother's first postnatal health check in the 2 days after the last live birth, according to background characteristics, Lesotho 2014 |  |  |  |  |  |  |
| Background characteristic | Type of health provider of mother's first postnatal check |  |  | No postnatal check in the first 2 days after birth | Total | Number of women |
|  | Doctor | Nurse/midwife | Village health worker |  |  |  |
| Mother's age at birth |  |  |  |  |  |  |
| <20 | 12.6 | 50.1 | 0.3 | 37.0 | 100.0 | 279 |
| 20-34 | 11.1 | 50.1 | 0.7 | 38.1 | 100.0 | 945 |
| 35-49 | 18.7 | 42.1 | 0.0 | 39.2 | 100.0 | 145 |
| Birth order |  |  |  |  |  |  |
| 1 | 13.2 | 51.7 | 0.6 | 34.5 | 100.0 | 592 |
| 2-3 | 12.0 | 50.2 | 0.3 | 37.6 | 100.0 | 571 |
| 4-5 | 11.0 | 42.3 | 1.1 | 45.5 | 100.0 | 131 |
| 6+ | 8.6 | 34.6 | 0.5 | 56.4 | 100.0 | 75 |
| Place of delivery |  |  |  |  |  |  |
| Health facility | 15.0 | 59.2 | 0.0 | 25.9 | 100.0 | 1,104 |
| Elsewhere | 0.9 | 7.9 | 2.6 | 88.6 | 100.0 | 265 |
| Residence |  |  |  |  |  |  |
| Urban | 14.1 | 55.6 | 0.0 | 30.3 | 100.0 | 357 |
| Rural | 11.6 | 47.0 | 0.7 | 40.8 | 100.0 | 1,012 |
| Ecological zone |  |  |  |  |  |  |
| Lowlands | 15.0 | 54.2 | 0.2 | 30.7 | 100.0 | 745 |
| Foothills | 6.8 | 45.0 | 1.4 | 46.9 | 100.0 | 172 |
| Mountains | 7.7 | 43.8 | 0.6 | 47.8 | 100.0 | 343 |
| Senqu River Valley | 16.4 | 39.1 | 0.8 | 43.7 | 100.0 | 109 |
| District |  |  |  |  |  |  |
| Butha-Buthe | 12.9 | 48.8 | 1.7 | 36.6 | 100.0 | 94 |
| Leribe | 10.1 | 61.4 | 0.7 | 27.8 | 100.0 | 212 |
| Berea | 9.8 | 52.8 | 0.0 | 37.4 | 100.0 | 176 |
| Maseru | 17.3 | 46.3 | 0.0 | 36.4 | 100.0 | 334 |
| Mafeteng | 13.7 | 52.4 | 0.0 | 33.9 | 100.0 | 100 |
| Mohale's Hoek | 10.1 | 50.1 | 1.3 | 38.6 | 100.0 | 137 |
| Quthing | 16.0 | 38.9 | 0.0 | 45.1 | 100.0 | 80 |
| Qacha's Nek | 15.4 | 50.7 | 0.0 | 33.8 | 100.0 | 34 |
| Mokhotlong | 6.0 | 34.5 | 0.4 | 59.1 | 100.0 | 91 |
| Thaba-Tseka | 7.3 | 44.6 | 1.6 | 46.6 | 100.0 | 111 |
| Education |  |  |  |  |  |  |
| No education | * | * | * | * | 100.0 | 6 |
| Primary incomplete | 7.8 | 39.2 | 0.3 | 52.7 | 100.0 | 254 |
| Primary complete | 10.1 | 44.8 | 0.3 | 44.8 | 100.0 | 337 |
| Secondary | 14.6 | 52.9 | 0.7 | 31.8 | 100.0 | 690 |
| More than secondary | 15.7 | 66.8 | 0.0 | 17.5 | 100.0 | 82 |
| Wealth quintile |  |  |  |  |  |  |
| Lowest | 6.3 | 38.6 | 0.6 | 54.4 | 100.0 | 310 |
| Second | 10.2 | 41.7 | 1.5 | 46.5 | 100.0 | 271 |
| Middle | 14.2 | 53.9 | 0.0 | 31.9 | 100.0 | 293 |
| Fourth | 15.1 | 52.8 | 0.3 | 31.8 | 100.0 | 282 |
| Highest | 16.9 | 63.0 | 0.0 | 20.1 | 100.0 | 213 |
| Total | 12.2 | 49.2 | 0.5 | 38.0 | 100.0 | 1,369 |

Table 9.9 Timing of first postnatal check for the newborn
Percent distribution of last births in the 2 years preceding the survey by time after birth of first postnatal check, and the percentage of births with a postnatal check in the first 2 days after birth, according to background characteristics, Lesotho 2014

| Background characteristic | Time after birth of newborn's first postnatal check |  |  |  |  |  | No postnatal check ${ }^{1}$ | Total | Percentage of births with a postnatal check in the first 2 days after birth ${ }^{2}$ | Number of births |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Less than 1 hour | $\begin{gathered} 1-3 \\ \text { hours } \end{gathered}$ | $\begin{gathered} 4-23 \\ \text { hours } \end{gathered}$ | 1-2 days | 3-6 days | Don't know |  |  |  |  |
| Mother's age at birth |  |  |  |  |  |  |  |  |  |  |
| <20 | 1.4 | 6.6 | 5.7 | 5.0 | 3.2 | 2.3 | 75.8 | 100.0 | 18.7 | 279 |
| 20-34 | 1.5 | 6.8 | 4.6 | 5.4 | 2.7 | 1.5 | 77.6 | 100.0 | 18.3 | 945 |
| 35-49 | 2.4 | 2.9 | 3.9 | 8.7 | 3.5 | 0.2 | 78.4 | 100.0 | 17.8 | 145 |
| Birth order |  |  |  |  |  |  |  |  |  |  |
| 1 | 0.9 | 7.8 | 5.4 | 5.7 | 3.1 | 2.7 | 74.4 | 100.0 | 19.8 | 592 |
| 2-3 | 2.2 | 6.3 | 4.4 | 5.6 | 2.6 | 0.7 | 78.0 | 100.0 | 18.7 | 571 |
| 4-5 | 2.9 | 1.6 | 3.3 | 8.0 | 3.1 | 0.2 | 80.9 | 100.0 | 15.7 | 131 |
| 6+ | 0.0 | 2.7 | 4.4 | 1.8 | 2.7 | 0.0 | 88.5 | 100.0 | 8.9 | 75 |
| Place of delivery |  |  |  |  |  |  |  |  |  |  |
| Health facility | 1.9 | 7.3 | 5.2 | 5.4 | 2.2 | 1.8 | 76.2 | 100.0 | 19.8 | 1,104 |
| Elsewhere | 0.2 | 2.3 | 3.1 | 6.9 | 5.6 | 0.0 | 81.9 | 100.0 | 12.5 | 265 |
| Residence |  |  |  |  |  |  |  |  |  |  |
| Urban | 2.5 | 7.3 | 3.3 | 4.9 | 3.4 | 2.7 | 75.9 | 100.0 | 18.0 | 357 |
| Rural | 1.3 | 6.0 | 5.3 | 6.0 | 2.7 | 1.1 | 77.8 | 100.0 | 18.5 | 1,012 |
| Ecological zone |  |  |  |  |  |  |  |  |  |  |
| Lowlands | 1.1 | 6.8 | 4.2 | 6.0 | 3.2 | 1.7 | 76.9 | 100.0 | 18.1 | 745 |
| Foothills | 0.5 | 2.3 | 1.9 | 5.5 | 3.8 | 0.0 | 86.0 | 100.0 | 10.2 | 172 |
| Mountains | 3.2 | 5.0 | 6.1 | 4.4 | 1.9 | 1.3 | 78.1 | 100.0 | 18.7 | 343 |
| Senqu River Valley | 1.8 | 13.3 | 8.7 | 7.8 | 1.9 | 2.9 | 63.6 | 100.0 | 31.6 | 109 |
| District |  |  |  |  |  |  |  |  |  |  |
| Butha-Buthe | 1.6 | 2.9 | 4.5 | 5.5 | 3.3 | 0.9 | 81.3 | 100.0 | 14.5 | 94 |
| Leribe | 0.0 | 5.4 | 3.1 | 7.6 | 2.6 | 1.7 | 79.6 | 100.0 | 16.1 | 212 |
| Berea | 1.2 | 10.5 | 3.3 | 5.7 | 1.8 | 1.3 | 76.1 | 100.0 | 20.8 | 176 |
| Maseru | 2.2 | 5.3 | 3.5 | 1.4 | 2.8 | 1.6 | 83.4 | 100.0 | 12.2 | 334 |
| Mafeteng | 0.8 | 7.5 | 3.0 | 12.8 | 6.7 | 0.0 | 69.3 | 100.0 | 24.1 | 100 |
| Mohale's Hoek | 1.4 | 6.4 | 6.7 | 8.6 | 2.8 | 2.1 | 72.1 | 100.0 | 23.0 | 137 |
| Quthing | 4.8 | 6.6 | 12.7 | 11.4 | 2.0 | 0.3 | 62.3 | 100.0 | 35.5 | 80 |
| Qacha's Nek | 3.4 | 8.0 | 8.6 | 10.0 | 3.6 | 1.9 | 64.5 | 100.0 | 30.0 | 34 |
| Mokhotlong | 1.7 | 3.7 | 0.4 | 1.1 | 2.9 | 0.9 | 89.2 | 100.0 | 7.0 | 91 |
| Thaba-Tseka | 1.4 | 8.0 | 10.1 | 3.6 | 1.7 | 3.4 | 71.9 | 100.0 | 23.1 | 111 |
| Mother's education |  |  |  |  |  |  |  |  |  |  |
| No education | * | * | * | * | * | * | * | 100.0 | * | 6 |
| Primary incomplete | 2.3 | 6.0 | 4.7 | 8.9 | 2.9 | 1.4 | 73.8 | 100.0 | 21.9 | 254 |
| Primary complete | 0.8 | 4.4 | 5.0 | 3.7 | 2.7 | 1.4 | 82.0 | 100.0 | 13.8 | 337 |
| Secondary | 1.5 | 7.5 | 5.0 | 5.8 | 2.7 | 1.6 | 75.9 | 100.0 | 19.7 | 690 |
| More than secondary | 4.0 | 6.2 | 2.1 | 3.6 | 5.1 | 0.8 | 78.3 | 100.0 | 15.8 | 82 |
| Wealth quintile |  |  |  |  |  |  |  |  |  |  |
| Lowest | 0.1 | 5.1 | 4.7 | 5.8 | 3.7 | 1.3 | 79.3 | 100.0 | 15.7 | 310 |
| Second | 2.0 | 6.2 | 4.1 | 5.8 | 2.4 | 1.0 | 78.6 | 100.0 | 18.1 | 271 |
| Middle | 1.2 | 7.3 | 6.0 | 5.2 | 2.8 | 0.4 | 77.1 | 100.0 | 19.7 | 293 |
| Fourth | 2.9 | 6.0 | 3.0 | 7.3 | 2.1 | 3.9 | 74.9 | 100.0 | 19.1 | 282 |
| Highest | 2.0 | 7.4 | 6.4 | 4.0 | 3.2 | 0.8 | 76.3 | 100.0 | 19.7 | 213 |
| Total | 1.6 | 6.3 | 4.8 | 5.7 | 2.9 | 1.5 | 77.3 | 100.0 | 18.4 | 1,369 |

[^7]${ }^{2}$ Postnatal check from a doctor, nurse/midwife, or village health worker

Table 9.10 Type of provider of first postnatal check for the newborn
Percent distribution of last births in the 2 years preceding the survey by type of provider of the newborn's first postnatal health check during the 2 days after the last live birth, according to background characteristics, Lesotho 2014
$\left.\begin{array}{lcccccc}\hline & \text { Type of health provider of newborn's first } \\ \text { postnatal check }\end{array} \quad \begin{array}{c}\text { No postnatal } \\ \text { check in the }\end{array}\right)$

Note: An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.

## Table 9.11 Problems in accessing health care

Percentage of women age 15-49 who reported that they have serious problems in accessing health care for themselves when they are sick, by type of problem, according to background characteristics, Lesotho 2014

| Background characteristic | Problems in accessing health care |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Getting permission to go for treatment | Getting money for treatment | Distance to health facility | Not wanting to go alone | At least one problem accessing health care | Number of women |
| Age |  |  |  |  |  |  |
| 15-19 | 4.3 | 25.3 | 24.9 | 13.1 | 42.3 | 1,440 |
| 20-34 | 4.1 | 26.7 | 26.1 | 8.9 | 41.4 | 3,376 |
| 35-49 | 2.1 | 29.9 | 25.0 | 5.9 | 42.1 | 1,805 |
| Number of living children |  |  |  |  |  |  |
| 0 | 3.8 | 23.9 | 21.3 | 11.9 | 39.0 | 2,152 |
| 1-2 | 3.9 | 26.3 | 24.7 | 7.2 | 40.0 | 2,897 |
| 3-4 | 2.5 | 31.2 | 29.8 | 7.6 | 45.1 | 1,169 |
| 5+ | 3.7 | 41.7 | 41.9 | 10.1 | 59.4 | 403 |
| Marital status |  |  |  |  |  |  |
| Never married | 4.0 | 25.8 | 20.9 | 11.3 | 39.5 | 2,190 |
| Married or living together | 3.6 | 26.8 | 28.2 | 8.1 | 42.2 | 3,612 |
| Divorced/separated/widowed | 2.8 | 33.6 | 26.1 | 6.6 | 45.7 | 819 |
| Employed last 12 months |  |  |  |  |  |  |
| Not employed | 3.4 | 28.4 | 29.9 | 10.6 | 45.4 | 3,548 |
| Employed for cash | 3.5 | 25.5 | 18.3 | 6.5 | 35.6 | 2,615 |
| Employed not for cash | 5.7 | 29.3 | 33.3 | 10.6 | 48.8 | 458 |
| Residence |  |  |  |  |  |  |
| Urban | 3.5 | 21.2 | 10.9 | 6.6 | 28.5 | 2,419 |
| Rural | 3.7 | 30.8 | 34.0 | 10.3 | 49.4 | 4,202 |
| Ecological zone |  |  |  |  |  |  |
| Lowlands | 3.3 | 26.2 | 18.4 | 7.6 | 36.8 | 4,184 |
| Foothills | 5.9 | 35.3 | 41.1 | 12.8 | 55.8 | 688 |
| Mountains | 3.4 | 25.9 | 36.2 | 10.5 | 46.6 | 1,288 |
| Senqu River Valley | 3.3 | 28.8 | 37.6 | 11.6 | 52.4 | 461 |
| District |  |  |  |  |  |  |
| Butha-Buthe | 3.4 | 26.7 | 27.3 | 7.1 | 42.4 | 385 |
| Leribe | 4.5 | 30.7 | 24.4 | 9.4 | 44.2 | 1,064 |
| Berea | 3.9 | 28.6 | 24.3 | 8.1 | 42.1 | 892 |
| Maseru | 4.0 | 26.2 | 19.2 | 7.5 | 36.2 | 1,864 |
| Mafeteng | 2.4 | 24.4 | 24.9 | 11.6 | 40.0 | 576 |
| Mohale's Hoek | 1.7 | 23.3 | 29.0 | 8.3 | 42.8 | 519 |
| Quthing | 6.5 | 25.3 | 28.0 | 9.9 | 41.1 | 315 |
| Qacha's Nek | 3.1 | 26.4 | 23.3 | 11.9 | 42.5 | 204 |
| Mokhotlong | 1.5 | 26.3 | 34.3 | 10.8 | 45.8 | 349 |
| Thaba-Tseka | 3.0 | 32.6 | 44.8 | 11.5 | 56.0 | 452 |
| Education |  |  |  |  |  |  |
| No education | 4.6 | 45.4 | 49.8 | 21.5 | 68.7 | 68 |
| Primary incomplete | 4.8 | 35.8 | 38.0 | 12.7 | 54.7 | 1,178 |
| Primary complete | 3.6 | 33.5 | 34.8 | 9.0 | 49.6 | 1,375 |
| Secondary | 3.7 | 24.3 | 19.8 | 8.0 | 37.3 | 3,418 |
| More than secondary | 0.8 | 11.3 | 9.2 | 5.8 | 19.9 | 581 |
| Wealth quintile |  |  |  |  |  |  |
| Lowest | 5.0 | 36.7 | 48.4 | 14.2 | 61.4 | 960 |
| Second | 4.9 | 33.3 | 39.2 | 10.4 | 53.5 | 1,033 |
| Middle | 2.7 | 34.2 | 29.4 | 7.9 | 48.3 | 1,244 |
| Fourth | 3.0 | 23.2 | 16.5 | 8.6 | 35.7 | 1,605 |
| Highest | 3.3 | 17.6 | 10.8 | 6.3 | 25.3 | 1,778 |
| Total | 3.6 | 27.3 | 25.5 | 9.0 | 41.8 | 6,621 |

## Key Findings

- Vaccination: Sixty-eight percent of children age 12-23 months had received all basic vaccinations at the time of the survey, up from $62 \%$ in 2009, but equivalent to the coverage observed in the 2004 LDHS.
- Symptoms of acute respiratory infection (ARI): Five percent of children under age 5 had symptoms of an ARI in the 2 weeks before the survey. Sixty-three percent of these children were taken to a health facility or provider for advice or treatment.
- Fever: Fifteen percent of children under age 5 had a fever in the 2 weeks before the survey, and $61 \%$ of these children were taken to a health facility or provider for advice or treatment.
- Diarrhoea: Twelve percent of children under age 5 had diarrhoea in the 2 weeks before the survey, and $75 \%$ received oral rehydration therapy (ORT). Eighteen percent of the children with diarrhoea went untreated.

Information on child health and survival can help policymakers and programme managers assess the efficacy of current strategies, formulate appropriate interventions to prevent deaths from childhood illnesses, and improve the health of children in Lesotho.

This chapter presents information on birth weight and vaccination status for young children. It also looks at the prevalence of, and treatment practices for, three common childhood illnesses: symptoms of acute respiratory infection (ARI), fever, and diarrhoea. Because appropriate sanitary practices can help prevent and reduce the severity of diarrhoeal disease, information is also provided on the disposal of children's faecal matter.

### 10.1 Birth Weight

## Low birth weight

Percentage of births with a reported birth weight < 2.5 kilograms regardless of gestational age
Sample: Live births in the 5 years before the survey that have a reported birth weight, either from a written record or mother's report

Birth weight is an important indicator when assessing a child's health in terms of early exposure to childhood morbidity and mortality. Children who weigh less than 2.5 kilograms at birth, or are reported to be very small or smaller than average, are considered to have a higher-than-average risk of early childhood death. In the 2014 LDHS, birth weight was recorded based on either a written record or the mother's report. The mother's estimate of the infant's size at birth was also obtained because birth weight is unknown for many infants.

Written records or mother's reports of birth weight were available for $83 \%$ of live births in the 5 years before the survey. Ten percent of these infants had a low birth weight of less than 2.5 kg (Table 10.1). Birth weights were available for only $59 \%$ of highest order births, $66 \%$ of births in Mokhotlong, and $68 \%$ of births in the lowest wealth quintile, and thus are under-represented; therefore, the pattern of birth weights by background characteristics may be biased and should be interpreted with caution.

Table 10.1 also includes information on a mother's estimate of her infant's size at birth. Although the mother's estimate of size is subjective, it can be a useful proxy for the child's weight. Four percent of births are reported as very small, $10 \%$ as smaller than average, and $85 \%$ as average or larger than average.

### 10.2 Vaccination of Children

## All basic vaccinations coverage

Percentage of children age 12-23 months who received specific vaccines at any time before the survey (according to a vaccination card or the mother's report). To have received all basic vaccinations, a child must receive at least:

- one dose of BCG vaccine, which protects against tuberculosis
- three doses of DPT, which protects against diphtheria, pertussis
(whooping cough), and tetanus
- three doses of polio vaccine
- one dose of measles vaccine

Sample: Living children age 12-23 months
Sixty-eight percent of children age
Figure 10.1 Childhood vaccinations 12-23 months received all basic vaccinations at any time before the survey (Table 10.2). Coverage was highest for the first dose of DPT ${ }^{1}$ ( $98 \%$ ), and the two vaccines that require just one dose: BCG and measles ( $98 \%$ and $90 \%$, respectively) (Figure 10.1). Eightyfive percent of children received the third dose of DPT and $76 \%$ of children received the third dose of polio vaccine. The difference

Percentage of children age 12-23 months vaccinated at any time before the survey
 between the percentages of children receiving the first and third doses is 13 percentage points for DPT and 20 percentage points for polio. One percent of children age 12-23 months had not received any vaccinations by the time of the survey.

Table 10.2 also shows vaccination coverage for each vaccination which was given by the time the child reached age 12 months, which gives some idea about the percentage of children receiving vaccines on time. Overall, $60 \%$ of children have received the recommended vaccinations by age 12 months.

[^8]Trends: The proportion of children 12-23 months in Lesotho who have received all basic vaccinations has dropped from $68 \%$ in 2004 to $62 \%$ in 2009, before rebounding to $68 \%$ in 2014 (Figure 10.2). Over this same period, the proportion of children who have received no vaccinations has remained low, fluctuating between $1 \%$ and $3 \%$.

## Patterns by background characteristics

- Girls are as likely as boys to have received all basic vaccinations (68\%) (Table 10.3).
- Differences in vaccination coverage by residence are small with one exception: $92 \%$ of children in urban areas received Polio 0 compared with $83 \%$ in rural areas.
- Vaccination coverage varies across districts (Figure 10.3). The proportion of children who received all basic vaccinations ranges from a low of $48 \%$ in Mokhotlong to a high of $80 \%$ in Mafeteng.


## Vaccination card ownership and availability

Vaccination cards are a critical tool in ensuring a child receives all recommended vaccinations on schedule. The proportion of children who ever had a vaccination card or booklet was nearly $100 \%$ (Table 10.3). Not all mothers were able to produce their child's vaccination card at the time of the interview; only $77 \%$ of vaccination cards were seen. For $4 \%$ of children, a vaccination card from South Africa was shown to the interviewer.

Figure 10.2 Trends in childhood vaccinations

Percentage of children age 12-23 months who received all basic vaccinations at any time before the survey

|  | All basic vaccinations |
| :---: | :---: |
| 68 | 68 |



Figure 10.3 Vaccination coverage by district
Percentage of children age 12-23 months who received all basic vaccinations at any time before the survey


For additional information on vaccinations in the first year of life, see Table 10.4.

### 10.3 Symptoms of Acute Respiratory Infection

Mothers reported that $5 \%$ of children under age 5 had symptoms of ARI in the 2 weeks before the survey. The prevalence of ARI peaks at $6 \%$ among children age 12-23 months (Table 10.5).

## Treatment of ARI symptoms

Children with ARI symptoms for whom advice or treatment was sought from a health facility or provider. ARI symptoms consist of cough accompanied by (1) short, rapid breathing that is chest-related, and/or (2) difficult breathing that is chest-related.
Sample: Children under age 5 with symptoms of ARI in the 2 weeks before the survey

Almost two-thirds (63\%) of children with ARI symptoms were taken to a health facility or provider for advice or treatment (Table 10.5). Sixteen percent of children with symptoms received antibiotics.

### 10.4 Fever

Fever is a symptom of numerous illnesses including pneumonia, common cold, and influenza. Mothers reported that $15 \%$ of children under age 5 were ill with fever in the 2 weeks before the survey. Prevalence of fever peaks at $19 \%$ among children age 6-23 months (Table 10.6).

## Treatment of fever

Children with fever for whom advice or treatment was sought from a health facility or provider
Sample: Children under age 5 with fever in the 2 weeks before the survey

Sixty-one percent of children with fever were taken to a health facility or provider for advice or treatment and 24\% received an antibiotic (Table 10.6).

Trends: Help-seeking for fever has increased since 2004, when $56 \%$ of children with fever were taken to a health facility or provider for advice or treatment compared with $61 \%$ in 2014.

### 10.5 Diarrhoeal Disease

### 10.5.1 Prevalence of Diarrhoea

Mothers reported that $12 \%$ of children under age 5 had a diarrhoeal episode in the 2 weeks before the survey and that $1 \%$ had blood in the stool (Table 10.7). The prevalence of diarrhoea rises rapidly (from $6 \%$ to $22 \%$ ) after age 6 months, when children are typically introduced to complementary foods.
Prevalence remains high at age 12-23 months, about the time when children start to walk and are at increased risk of contamination from the environment. The introduction of other liquids and foods at the time of weaning can also facilitate the spread of disease-causing microbes (Figure 10.4).

Figure 10.4 Diarrhoea prevalence by age
Percentage of children under age 5 who had diarrhoea in the 2 weeks preceding the survey


## Patterns by background characteristics

- Urban children are slightly less likely to have diarrhoea than rural children (10\% versus $13 \%$ ).
- The prevalence of diarrhoea is slightly higher for children living in households with unimproved toilets than for children living in households with improved, not-shared toilets ( $13 \%$ and $11 \%$, respectively). Similarly, the prevalence of diarrhoea is slightly higher for children in households in which the source of drinking water is unimproved compared with those in households with an improved source of drinking water ( $14 \%$ versus $11 \%$ ).


### 10.5.2 Treatment of Diarrhoea

Fifty-one percent of children with diarrhoea were taken to a health facility or provider for advice or treatment (Table 10.8).

## Oral rehydration therapy

Children with diarrhoea are given a fluid made from a special packet of oral rehydration salts (ORS) or government-recommended homemade fluids (RHF).
Sample: Children under age 5 with diarrhoea in the 2 weeks before the survey

Oral rehydration therapy (ORT) is a simple and effective way to reduce dehydration caused by diarrhoea. Most children with diarrhoea ( $75 \%$ ) receive some form of ORT, either ORS packets ( $53 \%$ ) or recommended home fluids (RHF) (52\%) or both (Figure 10.5). Almost four in five children receive either ORT or increased fluids. While $16 \%$ of children receive antibiotics, less than $1 \%$ are given zinc supplements, which can reduce the duration and severity of diarrhoea. Eighteen percent of children with diarrhoea do not receive any treatment.

Trends: The proportion of children with diarrhoea who were taken to a health facility or provider increased from $31 \%$ in 2004 to $53 \%$ in 2009, before dropping slightly to $51 \%$ in 2014 . Over this same time period, the proportion of children with diarrhoea who received fluids from ORS packets rose from $42 \%$ in 2004 , to $51 \%$ in 2009 , and to $53 \%$ in 2014 , while the proportion who received RHF decreased slightly, from $55 \%$ in both 2004 and 2009, to $52 \%$ today. The percentage of children who receive no treatment also increased slightly, from $15 \%$ in 2004 to $18 \%$ in 2009, where it remains today.

## Patterns by background characteristics

- Rural children with diarrhoea are more likely than urban children to be taken to a health facility or provider ( $54 \%$ versus $42 \%$ ). However, a greater proportion of rural than urban children with diarrhoea go untreated ( $21 \%$ versus $11 \%$ ).
- Children are more likely to be taken to a health facility or provider if their mothers are in the lowest quintile, compared with other wealth quintiles.


### 10.5.3 Feeding Practices

## Appropriate feeding practices

Children with diarrhoea are given more liquids than usual, and as much food or more than usual.
Sample: Children under age 5 with diarrhoea in the 2 weeks before the survey

To reduce dehydration and minimise the effects of diarrhoea on nutritional status, mothers are encouraged to continue normal feeding of children with diarrhoea and to increase the amount of fluids given.

Twenty-two percent of children under 5 with diarrhoea in the 2 weeks before the survey were given more liquids than usual, as recommended. More than 50\% received the same amount of liquids as usual. Of greater concern, mothers gave less or no fluid to $27 \%$ of sick children (Figure 10.6).

Figure 10.6 Feeding practices during diarrhoea


With regard to food intake during a diarrhoea episode, $52 \%$ of children with diarrhoea are fed according to the recommended practice of giving either more food or the same amount of food as usual. Forty-three percent of children are given less food than usual, while $2 \%$ received no food during diarrhoea.

For additional information on feeding practices during diarrhoea, see Table 10.9.

### 10.5.4 Knowledge of ORS Packets

About nine in ten women (89\%) in Lesotho know of ORS packets for the treatment of diarrhoea (Table 10.10). Knowledge of ORS packets is highest in urban areas ( $93 \%$ ) and among women with more than secondary education (98\%) and those in the wealthiest households (96\%).

## Treatment of Childhood IIIness

In summary, during the 2 weeks before the survey, fever was the most common illness reported among children under age 5. But it is children with ARI symptoms who are most often taken for advice or treatment (63\%) (Figure 10.7). Professional advice is sought less often when children have fever (61\%) or diarrhoea (51\%).

### 10.5.5 Men's Knowledge of Feeding Practices during Diarrhoea

Men age 15-49 whose youngest, living child was born in the last 2 years were asked about feeding practices during diarrhoea. Thirty-seven percent of men correctly stated that a child with diarrhoea should receive more to drink than usual (Table 10.11). Twenty-one percent indicated that a child with diarrhoea should receive about the same amount of liquids as usual, $12 \%$ stated they should be given less than usual to drink, and $30 \%$ did not know how much they should be given to drink.

### 10.6 Disposal of Children's Stools

## Safe disposal of children's stools

The child's last stools were put or rinsed into a toilet or latrine, or buried, or the child used a toilet or latrine.
Sample: Youngest child under age 5 living with the mother
Proper disposal of children's faeces is important to prevent the spread of disease. Sixty-two percent of children under age 5 had their last stool disposed of safely (Table 10.12).

## Patterns by background characteristics

- Children's stools are more likely to be disposed of safely in households with an improved, nonshared toilet and shared toilet ( $79 \%$ for both) than in households with an unimproved toilet facility (25\%).
- Safe disposal of children's stools increases with wealth. Only $24 \%$ of children in the lowest wealth quintile had their stools safely disposed of, compared with $86 \%$ of children in the highest wealth quintile.
- There are large differences in the disposal of children's stools by district. The proportion of children whose last stool was safely disposed of ranges from a low of $17 \%$ in Mokhotlong to a high of $79 \%$ in Maseru.


## List of TAbles

For detailed information on low birth weight, vaccinations, childhood illness, and disposal of children's stools, see the following tables:

- Table 10.1 Child's size and weight at birth
- Table 10.2 Vaccinations by source of information
- Table 10.3 Vaccinations by background characteristics
- Table 10.4 Vaccinations in first year of life
- Table 10.5 Prevalence and treatment of symptoms of ARI
- Table 10.6 Prevalence and treatment of fever
- Table 10.7 Prevalence of diarrhoea
- Table 10.8 Diarrhoea treatment
- Table 10.9 Feeding practices during diarrhoea
- Table 10.10 Knowledge of ORS packets
- Table 10.11 Men's knowledge of feeding practices during diarrhoea
- Table 10.12 Disposal of children's stools

Table 10.1 Child's size and weight at birth
Percent distribution of live births in the 5 years preceding the survey by mother's estimate of baby's size at birth, percentage of live births in the 5 years preceding the survey that have a reported birth weight, and among live births in the 5 years preceding the survey with a reported birth weight, percentage less than 2.5 kg , according to background characteristics, Lesotho 2014


| Mother's smoking status |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Smokes cigarettes/ tobacco | * | * | * | * | 100.0 | * | 6 | * | 6 |
| Does not smoke | 3.9 | 10.2 | 84.8 | 1.1 | 100.0 | 83.4 | 3,106 | 10.4 | 2,589 |
| Residence |  |  |  |  |  |  |  |  |  |
| Urban | 3.1 | 8.1 | 87.9 | 0.9 | 100.0 | 92.4 | 900 | 10.8 | 832 |
| Rural | 4.3 | 11.0 | 83.6 | 1.1 | 100.0 | 79.7 | 2,211 | 10.2 | 1,763 |
| Ecological zone |  |  |  |  |  |  |  |  |  |
| Lowlands | 3.4 | 9.9 | 85.6 | 1.1 | 100.0 | 89.5 | 1,733 | 9.9 | 1,551 |
| Foothills | 5.2 | 10.3 | 83.0 | 1.6 | 100.0 | 73.3 | 380 | 11.6 | 279 |
| Mountains | 4.9 | 11.3 | 83.2 | 0.6 | 100.0 | 74.7 | 752 | 11.4 | 562 |
| Senqu River Valley | 3.4 | 8.1 | 87.4 | 1.2 | 100.0 | 82.4 | 247 | 10.0 | 203 |
| District |  |  |  |  |  |  |  |  |  |
| Butha-Buthe | 1.9 | 9.7 | 87.9 | 0.5 | 100.0 | 90.9 | 197 | 9.5 | 179 |
| Leribe | 3.3 | 12.7 | 82.4 | 1.6 | 100.0 | 87.8 | 494 | 7.6 | 433 |
| Berea | 5.0 | 9.4 | 85.5 | 0.0 | 100.0 | 81.4 | 381 | 8.3 | 310 |
| Maseru | 3.5 | 8.0 | 87.5 | 1.0 | 100.0 | 85.0 | 786 | 10.0 | 668 |
| Mafeteng | 1.3 | 11.7 | 85.7 | 1.4 | 100.0 | 88.4 | 253 | 13.0 | 224 |
| Mohale's Hoek | 3.7 | 9.5 | 84.3 | 2.5 | 100.0 | 81.5 | 273 | 11.2 | 222 |
| Quthing | 5.8 | 7.2 | 86.9 | 0.1 | 100.0 | 80.1 | 173 | 13.7 | 138 |
| Qacha's Nek | 2.7 | 8.9 | 87.1 | 1.3 | 100.0 | 94.5 | 87 | 7.9 | 83 |
| Mokhotlong | 11.1 | 11.7 | 76.2 | 1.0 | 100.0 | 66.2 | 203 | 15.0 | 134 |
| Thaba-Tseka | 2.8 | 13.5 | 82.8 | 0.9 | 100.0 | 76.5 | 266 | 13.7 | 204 |
| Mother's education |  |  |  |  |  |  |  |  |  |
| No education | (9.2) | (9.3) | (81.5) | (0.0) | 100.0 | (54.3) | 28 | * | 15 |
| Primary incomplete | 4.3 | 11.0 | 83.1 | 1.6 | 100.0 | 69.3 | 639 | 15.2 | 443 |
| Primary complete | 4.1 | 12.3 | 83.1 | 0.4 | 100.0 | 78.4 | 806 | 9.9 | 632 |
| Secondary | 4.0 | 9.1 | 85.7 | 1.1 | 100.0 | 90.8 | 1,415 | 9.7 | 1,285 |
| More than secondary | 1.2 | 6.5 | 90.9 | 1.4 | 100.0 | 98.5 | 224 | 5.6 | 221 |
| Wealth quintile |  |  |  |  |  |  |  |  |  |
| Lowest | 5.4 | 10.5 | 82.6 | 1.5 | 100.0 | 67.8 | 665 | 15.2 | 451 |
| Second | 3.4 | 12.6 | 82.6 | 1.4 | 100.0 | 75.8 | 624 | 8.3 | 473 |
| Middle | 4.4 | 12.4 | 82.5 | 0.6 | 100.0 | 86.7 | 621 | 11.6 | 539 |
| Fourth | 3.3 | 7.9 | 87.4 | 1.4 | 100.0 | 92.9 | 630 | 8.6 | 585 |
| Highest | 3.0 | 7.0 | 89.7 | 0.3 | 100.0 | 95.7 | 572 | 9.2 | 547 |
| Total | 3.9 | 10.2 | 84.8 | 1.1 | 100.0 | 83.4 | 3,112 | 10.4 | 2,595 |

Note: Figures in parentheses are based on 25-49 unweighted cases. An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.
${ }^{1}$ Based on either a written record or the mother's recall

Table 10.2 Vaccinations by source of information
Percentage of children age 12-23 months who received specific vaccines at any time before the survey, by source of information (vaccination card or mother's report), and percentage vaccinated by age 12 months, Lesotho 2014.

| Source of information | BCG | DPT ${ }^{1}$ |  |  | Polio ${ }^{2}$ |  |  |  | Measles | All basic vaccinations ${ }^{3}$ | No vaccinations | Number of children |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | 1 | 2 | 3 | 0 | 1 | 2 | 3 |  |  |  |  |
| Vaccinated at any time before survey |  |  |  |  |  |  |  |  |  |  |  |  |
| Vaccination card | 76.2 | 77.1 | 76.4 | 73.2 | 69.0 | 75.7 | 74.7 | 71.2 | 71.2 | 65.3 | 0.0 | 505 |
| Mother's report | 21.8 | 21.1 | 18.6 | 12.2 | 16.4 | 20.3 | 13.8 | 4.5 | 18.9 | 3.1 | 1.0 | 150 |
| Either source | 98.0 | 98.3 | 95.0 | 85.4 | 85.3 | 96.0 | 88.5 | 75.7 | 90.1 | 68.3 | 1.0 | 655 |
| Vaccinated by 12 months of age ${ }^{4}$ | 97.6 | 98.3 | 95.0 | 83.9 | 84.3 | 96.0 | 88.4 | 74.9 | 79.6 | 60.1 | 1.1 | 655 |

${ }^{1}$ Children received DPT as part of DPT-HepB-Hib or DTaP-IPV-Hib depending on whether they followed the immunisation schedule of Lesotho or the Republic of South Africa.
${ }^{2}$ Polio 0 is the polio vaccination given at birth.
${ }^{3}$ BCG, measles, and three doses each of DPT and polio vaccine (excluding polio vaccine given at birth)
${ }^{4}$ For children whose information is based on the mother's report, the proportion of vaccinations given during the first year of life is assumed to be the same as for children with a written record of vaccination.

Table 10.3 Vaccinations by background characteristics
Percentage of children age 12-23 months who received specific vaccines at any time before the survey (according to a vaccination card or the mother's report), and percentage with a vaccination card, percentage with a vaccination card seen, and percentage with a vaccination card from the Republic of South Africa seen, by background characteristics, Lesotho 2014

| Background characteristic | BCG | DPT ${ }^{1}$ |  |  | Polio ${ }^{2}$ |  |  |  | Measles | All basic vaccinations ${ }^{3}$ | No vaccinations | Percentage ever with a vaccination card | Percentage with a vaccination card seen | Percentage with a vaccination card from RSA seen | Number of children |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | 1 | 2 | 3 | 0 | 1 | 2 | 3 |  |  |  |  |  |  |  |
| Sex |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Male | 98.9 | 99.4 | 96.7 | 86.3 | 85.4 | 96.2 | 88.1 | 76.9 | 87.6 | 68.3 | 0.4 | 99.9 | 78.4 | 3.8 | 339 |
| Female | 97.0 | 97.0 | 93.2 | 84.4 | 85.2 | 95.8 | 88.8 | 74.3 | 92.8 | 68.3 | 1.6 | 99.6 | 75.8 | 3.5 | 316 |
| Birth order |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 1 | 99.2 | 98.3 | 94.5 | 83.4 | 85.8 | 95.2 | 86.5 | 74.9 | 94.3 | 70.2 | 0.8 | 99.9 | 75.3 | 4.3 | 283 |
| 2-3 | 96.7 | 98.1 | 95.5 | 88.0 | 85.1 | 96.4 | 88.7 | 75.7 | 88.3 | 67.0 | 1.2 | 99.5 | 77.6 | 2.5 | 259 |
| 4-5 | 96.7 | 97.8 | 93.5 | 82.6 | 86.3 | 95.7 | 92.8 | 79.0 | 82.3 | 65.0 | 1.4 | 100.0 | 81.0 | 5.1 | 76 |
| $6+$ | (100.0) | (100.0) | (98.7) | (87.5) | (81.7) | (100.0) | (93.0) | (74.4) | (87.5) | (69.1) | (0.0) | (100.0) | (79.7) | (3.8) | 37 |
| Residence |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Urban | 98.6 | 99.3 | 96.3 | 82.4 | 91.7 | 96.3 | 87.2 | 75.8 | 92.8 | 70.1 | 0.7 | 100.0 | 72.6 | 3.4 | 180 |
| Rural | 97.8 | 97.9 | 94.5 | 86.5 | 82.9 | 95.9 | 88.9 | 75.6 | 89.1 | 67.6 | 1.1 | 99.6 | 78.8 | 3.7 | 475 |
| Ecological zone |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Lowlands | 98.1 | 98.5 | 94.9 | 85.6 | 87.4 | 97.0 | 89.5 | 79.0 | 91.9 | 71.3 | 0.7 | 99.6 | 77.0 | 3.3 | 370 |
| Foothills | 97.5 | 98.9 | 98.9 | 89.1 | 85.6 | 95.0 | 85.0 | 69.2 | 93.6 | 65.8 | 1.1 | 100.0 | 78.4 | 3.4 | 66 |
| Mountains | 97.4 | 97.0 | 93.7 | 81.9 | 83.8 | 95.8 | 89.3 | 71.6 | 83.4 | 62.5 | 1.8 | 99.8 | 75.6 | 4.6 | 172 |
| Senqu River Valley | 100.0 | 100.0 | 95.3 | 91.2 | 74.4 | 90.3 | 81.9 | 73.3 | 96.2 | 69.4 | 0.0 | 100.0 | 81.8 | 3.3 | 46 |
| District |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Butha-Buthe | 97.9 | 97.9 | 97.9 | 86.7 | 86.8 | 96.8 | 93.0 | 70.6 | 95.7 | 70.6 | 2.1 | 100.0 | 72.0 | 1.4 | 36 |
| Leribe | 98.9 | 100.0 | 98.2 | 90.6 | 88.2 | 95.5 | 90.4 | 77.1 | 92.0 | 69.3 | 0.0 | 100.0 | 76.2 | 4.3 | 109 |
| Berea | 98.5 | 95.3 | 92.2 | 87.7 | 85.3 | 98.5 | 91.0 | 80.1 | 91.8 | 74.4 | 1.5 | 98.5 | 77.8 | 3.6 | 89 |
| Maseru | 97.3 | 100.0 | 92.6 | 78.0 | 87.1 | 97.6 | 84.1 | 75.5 | 90.9 | 66.1 | 0.0 | 100.0 | 76.3 | 2.2 | 157 |
| Mafeteng | 97.6 | 97.6 | 97.6 | 91.8 | 93.1 | 97.6 | 96.1 | 86.1 | 91.6 | 79.5 | 2.4 | 100.0 | 82.5 | 7.1 | 51 |
| Mohale's Hoek | 100.0 | 99.1 | 98.0 | 92.3 | 78.5 | 88.2 | 83.3 | 72.9 | 92.7 | 64.9 | 0.0 | 100.0 | 81.8 | 1.4 | 64 |
| Quthing | 98.7 | 97.5 | 92.2 | 81.5 | 81.3 | 96.9 | 83.5 | 65.6 | 86.8 | 60.1 | 0.0 | 100.0 | 77.0 | 14.2 | 36 |
| Qacha's Nek | 97.3 | 97.3 | 96.0 | 88.9 | 82.0 | 93.5 | 90.9 | 77.1 | 90.9 | 74.1 | 2.7 | 100.0 | 76.1 | 6.8 | 20 |
| Mokhotlong | 95.9 | 94.5 | 91.9 | 67.5 | 67.4 | 93.1 | 84.7 | 60.3 | 76.4 | 47.5 | 4.1 | 98.9 | 69.0 | 2.8 | 38 |
| Thaba-Tseka | 96.6 | 98.0 | 96.0 | 90.7 | 90.6 | 98.0 | 94.2 | 79.7 | 84.8 | 72.3 | 2.0 | 100.0 | 79.2 | 0.0 | 55 |
| Mother's education |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| No education | * | * | * | * | * | * | * | * | * | * | * | * | * | * | 3 |
| Primary |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Primary complete | 97.1 | 98.7 | 96.2 | 86.2 | 87.2 | 97.8 | 92.1 | 79.5 | 87.2 | 70.4 | 1.3 | 100.0 | 82.3 | 4.4 | 142 |
| Secondary | 99.2 | 98.5 | 95.4 | 86.0 | 87.2 | 96.4 | 89.0 | 77.0 | 92.4 | 70.0 | 0.5 | 100.0 | 75.5 | 3.5 | 332 |
| More than secondary | (98.3) | (98.3) | (89.7) | (84.6) | (95.0) | (89.7) | (83.0) | (75.2) | (94.0) | (75.2) | (1.7) | (100.0) | (73.3) | (4.8) | 36 |
| Wealth quintile |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Lowest | 97.0 | 97.2 | 95.0 | 83.7 | 75.7 | 95.6 | 86.8 | 67.9 | 87.6 | 59.7 | 1.8 | 99.7 | 73.8 | 2.2 | 155 |
| Second | 96.6 | 96.8 | 94.3 | 80.9 | 86.7 | 95.3 | 87.4 | 72.2 | 85.3 | 62.7 | 1.6 | 98.9 | 78.5 | 6.3 | 121 |
| Middle | 98.0 | 98.9 | 96.1 | 93.5 | 88.0 | 98.0 | 94.1 | 85.7 | 97.1 | 81.5 | 0.0 | 100.0 | 84.5 | 2.9 | 129 |
| Fourth | 99.1 | 99.1 | 93.6 | 88.0 | 90.8 | 96.5 | 87.9 | 79.0 | 91.0 | 70.4 | 0.9 | 100.0 | 77.1 | 5.2 | 140 |
| Highest | 99.5 | 99.5 | 96.5 | 79.7 | 87.2 | 94.4 | 86.0 | 74.4 | 89.7 | 68.4 | 0.5 | 100.0 | 71.7 | 1.6 | 109 |
| Total | 98.0 | 98.3 | 95.0 | 85.4 | 85.3 | 96.0 | 88.5 | 75.7 | 90.1 | 68.3 | 1.0 | 99.7 | 77.1 | 3.6 | 655 |

Note: Figures in parentheses are based on 25-49 unweighted cases. An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed
RSA = Republic of South Africa.
${ }^{1}$ Children received DPT as part of DPT-HepB-Hib or DTaP-IPV-Hib depending on whether they followed the immunisation schedule of Lesotho or the Republic of South Africa.
${ }^{2}$ Polio 0 is the polio vaccination given at birth.
${ }^{3}$ BCG, measles, and three doses each of DPT and polio vaccine (excluding polio vaccine given at birth)

Table 10.4 Vaccinations in first year of life
Percentage of children age 12-59 months at the time of the survey who received specific vaccines by age 12 months, percentage with a vaccination card, percentage with a vaccination card seen, and percentage with a vaccination card from the Republic of South Africa seen, by current age of child, Lesotho 2014

| Age in months | BCG | DPT ${ }^{1}$ |  |  | Polio ${ }^{2}$ |  |  |  | Measles | All basic vaccinations ${ }^{3}$ | No vaccinations | Percentage ever with a vaccination card | Percentage with a vaccination card seen | Percentage with a vaccination card from RSA seen | Number of children |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | 1 | 2 | 3 | 0 | 1 | 2 | 3 |  |  |  |  |  |  |  |
| 12-23 | 97.6 | 98.3 | 95.0 | 83.9 | 84.3 | 96.0 | 88.4 | 74.9 | 79.6 | 60.1 | 1.1 | 99.7 | 77.1 | 3.6 | 655 |
| 24-35 | 95.8 | 96.9 | 92.3 | 85.5 | 79.2 | 95.4 | 87.9 | 72.0 | 75.4 | 55.8 | 1.9 | 99.8 | 70.4 | 3.1 | 572 |
| 36-47 | 94.3 | 96.1 | 90.8 | 82.7 | 76.9 | 94.1 | 84.9 | 70.1 | 81.7 | 56.5 | 2.9 | 99.3 | 64.6 | 2.1 | 501 |
| 48-59 | 93.4 | 94.0 | 88.1 | 75.2 | 73.7 | 92.3 | 84.1 | 59.6 | 69.7 | 44.8 | 4.5 | 99.8 | 60.9 | 2.4 | 498 |
| Total | 95.5 | 96.5 | 91.9 | 82.2 | 78.9 | 94.6 | 86.6 | 69.7 | 77.1 | 54.8 | 2.4 | 99.7 | 68.9 | 2.9 | 2,226 |

Note: Information was obtained from the vaccination card or if there was no written record, from the mother. For children whose information is based on the mother's report, the proportion of vaccinations given during the first year of life is assumed to be the same as for children with a written record of vaccinations.
RSA = Republic of South Africa
${ }^{1}$ Children received DPT as part of DPT-HepB-Hib or DTaP-IPV-Hib depending on whether they received they followed the immunisation schedule of Lesotho or the Republic of South Africa.
${ }^{2}$ Polio 0 is the polio vaccination given at birth.
${ }^{3}$ BCG, measles, and three doses each of DPT/pentavalent and polio vaccine (excluding polio vaccine given at birth)

Table 10.5 Prevalence and treatment of symptoms of ARI
Among children under age 5 , the percentage who had symptoms of acute respiratory infection (ARI) in the 2 weeks preceding the survey and among children with symptoms of ARI, the percentage for whom advice or treatment was sought from a health facility or provider and the percentage who received antibiotics as treatment, according to background characteristics, Lesotho 2014

| Background characteristic | Among children under age 5: |  | Among children under age 5 with symptoms of ARI: |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | Percentage for whom advice or treatment was |  |  |
|  | Percentage with symptoms of ARI ${ }^{1}$ | Number of children | health facility or provider ${ }^{2}$ | received antibiotics | Number of children |
| Age in months |  |  |  |  |  |
| <6 | 2.7 | 328 | * | * | 9 |
| 6-11 | 4.2 | 342 | * | * | 14 |
| 12-23 | 5.8 | 655 | (68.8) | (23.7) | 38 |
| 24-35 | 5.1 | 572 | (57.3) | (15.8) | 29 |
| 36-47 | 5.2 | 501 | (76.3) | (9.8) | 26 |
| 48-59 | 3.7 | 498 | * | * | 18 |
| Sex |  |  |  |  |  |
| Male | 4.6 | 1,432 | 60.5 | 10.3 | 65 |
| Female | 4.7 | 1,464 | 65.7 | 20.8 | 69 |
| Cooking fuel |  |  |  |  |  |
| Electricity or gas | 4.2 | 952 | (71.9) | (8.0) | 40 |
| Paraffin | 5.6 | 134 | * | * | 8 |
| Coal/lignite | * | 4 | * | * | 0 |
| Wood/straw ${ }^{3}$ | 5.0 | 1,567 | 61.8 | 20.6 | 78 |
| Animal dung | 3.8 | 238 | * | * | 9 |
| Residence |  |  |  |  |  |
| Urban | 3.7 | 841 | * | * | 31 |
| Rural | 5.0 | 2,055 | 63.0 | 19.9 | 103 |
| Ecological zone |  |  |  |  |  |
| Lowlands | 4.4 | 1,617 | 64.4 | 9.5 | 72 |
| Foothills | 8.1 | 348 | (55.1) | (35.9) | 28 |
| Mountains | 3.8 | 703 | (74.3) | (10.8) | 27 |
| Senqu River Valley | 3.4 | 228 | * | * | 8 |
| Mother's education |  |  |  |  |  |
| No education | (10.7) | 26 | * | * | 3 |
| Primary incomplete | 7.0 | 580 | (45.9) | (12.5) | 41 |
| Primary complete | 4.0 | 748 | (77.8) | (8.5) | 30 |
| Secondary | 3.9 | 1,324 | (70.1) | (22.9) | 52 |
| More than secondary | 4.1 | 217 | * | * | 9 |
| Wealth quintile |  |  |  |  |  |
| Lowest | 4.7 | 623 | (59.9) | (15.4) | 29 |
| Second | 5.2 | 583 | (66.5) | (17.8) | 31 |
| Middle | 4.3 | 571 | (63.4) | (18.4) | 25 |
| Fourth | 5.0 | 577 | * | * | 29 |
| Highest | 4.0 | 542 | * | * | 21 |
| Total | 4.7 | 2,896 | 63.1 | 15.7 | 135 |

Note: Figures in parentheses are based on 25-49 unweighted cases. An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.
${ }^{1}$ Symptoms of ARI consist of cough accompanied by short, rapid breathing that was chest-related and/or by difficult breathing that was chest-related.
${ }^{2}$ Excludes pharmacy, shop, and traditional practitioner
${ }^{3}$ Includes grass, shrubs, and crop residues

## Table 10.6 Prevalence and treatment of fever

Among children under age 5, the percentage who had a fever in the 2 weeks preceding the survey; and among children with fever, the percentage for whom advice or treatment was sought from a health facility or provider and the percentage who received antibiotics as treatment, by background characteristics, Lesotho 2014

| Background characteristic | Among children under age 5: |  | Among children under age 5 with fever: |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | Percentage for whom advice or treatment was sought from a health facility or provider ${ }^{1}$ | Percentage who took antibiotic drugs | Number of children |
|  | Percentage with fever | Number of children |  |  |  |
| Age in months |  |  |  |  |  |
| <6 | 9.7 | 328 | (63.5) | (4.6) | 32 |
| 6-11 | 19.2 | 342 | 70.6 | 26.4 | 66 |
| 12-23 | 18.8 | 655 | 66.3 | 28.3 | 123 |
| 24-35 | 14.8 | 572 | 52.2 | 33.0 | 85 |
| 36-47 | 13.9 | 501 | 55.5 | 8.8 | 70 |
| 48-59 | 12.2 | 498 | 56.9 | 26.8 | 61 |
| Sex |  |  |  |  |  |
| Male | 14.0 | 1,432 | 58.8 | 19.0 | 201 |
| Female | 16.0 | 1,464 | 62.9 | 28.0 | 235 |
| Residence |  |  |  |  |  |
| Urban | 13.8 | 841 | 60.1 | 24.3 | 116 |
| Rural | 15.5 | 2,055 | 61.3 | 23.7 | 319 |
| Ecological zone |  |  |  |  |  |
| Lowlands | 15.7 | 1,617 | 60.3 | 25.3 | 254 |
| Foothills | 19.3 | 348 | 59.4 | 28.2 | 67 |
| Mountains | 12.7 | 703 | 64.2 | 20.9 | 90 |
| Senqu River Valley | 10.9 | 228 | (61.1) | (8.0) | 25 |
| Mother's education |  |  |  |  |  |
| No education | (16.0) | 26 | * | * | 4 |
| Primary incomplete | 16.8 | 580 | 55.6 | 15.7 | 97 |
| Primary complete | 14.7 | 748 | 67.1 | 25.3 | 110 |
| Secondary | 15.3 | 1,324 | 60.2 | 28.2 | 202 |
| More than secondary | 10.2 | 217 | * | * | 22 |
| Wealth quintile |  |  |  |  |  |
| Lowest | 14.0 | 623 | 61.5 | 17.5 | 87 |
| Second | 14.9 | 583 | 59.2 | 21.6 | 87 |
| Middle | 16.5 | 571 | 57.1 | 21.4 | 94 |
| Fourth | 18.2 | 577 | 70.1 | 23.9 | 105 |
| Highest | 11.5 | 542 | (53.2) | (39.4) | 63 |
| Total | 15.0 | 2,896 | 61.0 | 23.9 | 436 |

Note: Figures in parentheses are based on 25-49 unweighted cases. An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.
${ }^{1}$ Excludes pharmacy, shop, and traditional practitioner

| Table 10.7 Prevalence of diarrhoea |  |  |  |
| :---: | :---: | :---: | :---: |
| Percentage of children under age 5 who had diarrhoea in the two weeks preceding the survey, by background characteristics, Lesotho 2014 |  |  |  |
| Background characteristic | Diarrhoea in the 2 weeks preceding the survey |  | Number of children |
|  | All diarrhoea | Diarrhoea with blood |  |
| Age in months |  |  |  |
| <6 | 6.0 | 0.0 | 328 |
| 6-11 | 22.3 | 1.0 | 342 |
| 12-23 | 22.0 | 2.7 | 655 |
| 24-35 | 8.8 | 0.6 | 572 |
| 36-47 | 5.7 | 1.3 | 501 |
| 48-59 | 4.5 | 0.4 | 498 |
| Sex |  |  |  |
| Male | 12.1 | 1.3 | 1,432 |
| Female | 11.5 | 1.0 | 1,464 |
| Source of drinking water ${ }^{1}$ |  |  |  |
| Improved | 11.4 | 0.9 | 2,369 |
| Unimproved | 13.8 | 2.1 | 527 |
| Toilet facility ${ }^{2}$ |  |  |  |
| Improved | 11.3 | 0.7 | 1,309 |
| Shared ${ }^{3}$ | 10.9 | 0.5 | 666 |
| Unimproved | 13.2 | 2.3 | 922 |
| Residence |  |  |  |
| Urban | 10.0 | 0.6 | 841 |
| Rural | 12.5 | 1.3 | 2,055 |
| Ecological zone |  |  |  |
| Lowlands | 12.3 | 0.7 | 1,617 |
| Foothills | 13.2 | 2.0 | 348 |
| Mountains | 10.8 | 1.5 | 703 |
| Senqu River Valley | 8.9 | 1.6 | 228 |
| Mother's education |  |  |  |
| No education | (8.1) | (0.0) | 26 |
| Primary incomplete | 15.1 | 2.3 | 580 |
| Primary complete | 11.8 | 1.1 | 748 |
| Secondary | 11.7 | 0.8 | 1,324 |
| More than secondary | 4.2 | 0.0 | 217 |
| Wealth quintile |  |  |  |
| Lowest | 12.9 | 2.4 | 623 |
| Second | 13.4 | 1.1 | 583 |
| Middle | 12.3 | 1.3 | 571 |
| Fourth | 11.0 | 0.0 | 577 |
| Highest | 9.1 | 0.8 | 542 |
| Total | 11.8 | 1.1 | 2,896 |

Note: Figures in parentheses are based on 25-49 unweighted cases.
${ }^{1}$ See Table 2.1 for definition of categories.
${ }^{2}$ See Table 2.2 for definition of categories.
${ }^{3}$ Facilities that would be considered improved if they were not shared by two or more households
Table 10.8 Diarrhoea treatment
Among children under age 5 who had diarrhoea in the 2 weeks preceding the survey, the percentage for whom advice or treatment was sought from a health facility or provider, the percentage given oral rehydration therapy (ORT), the percentage given increased fluids, the percentage given ORT or increased fluids, and the percentage given other treatments, by background characteristics, Lesotho 2014

| Background characteristic | Percentage of children with diarrhoea for whom advice or treatment was sought from a health facility or provider ${ }^{1}$ | Oral rehydration therapy (ORT) |  |  | $\begin{gathered} \text { Increased } \\ \text { fluids } \\ \hline \end{gathered}$ | ORT or increased fluids | Other treatments |  |  |  | Missing | No treatment | Number of children with diarrhoea |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Fluid from ORS packets | Recommended home fluids (RHF) | $\begin{aligned} & \text { Either ORS } \\ & \text { or RHF } \\ & \hline \end{aligned}$ |  |  | Antibiotic drugs | Antimotility drugs | $\begin{aligned} & \text { Zinc } \\ & \text { supple- } \end{aligned}$ ments | Home remedy/ other |  |  |  |
| Age in months |  |  |  |  |  |  |  |  |  |  |  |  |  |
| <6 | * | * | * | * | * | * | * | * | * | * | * | * | 20 |
| 6-11 | 53.7 | 53.3 | 55.4 | 75.8 | 16.9 | 78.3 | 14.3 | 0.0 | 0.8 | 18.4 | 0.0 | 21.7 | 76 |
| 12-23 | 56.6 | 58.9 | 53.9 | 82.0 | 22.3 | 84.5 | 19.2 | 0.0 | 1.2 | 22.6 | 0.0 | 13.9 | 144 |
| 24-35 | 39.8 | 48.0 | 46.8 | 61.3 | 23.4 | 70.1 | 19.3 | 1.4 | 0.0 | 27.5 | 2.7 | 20.3 | 51 |
| 36-47 | (50.8) | (68.6) | (42.7) | (74.6) | (30.9) | (91.4) | (16.9) | (0.0) | (0.0) | (26.3) | (0.0) | (8.6) | 29 |
| 48-59 | * | * | * | * | * | * | * | * | * | * | * | * | 22 |
| Sex |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Male | 51.8 | 50.6 | 51.4 | 74.2 | 18.9 | 77.6 | 14.9 | 0.7 | 0.0 | 27.0 | 0.8 | 19.3 | 174 |
| Female | 50.0 | 56.3 | 52.3 | 75.1 | 24.4 | 81.1 | 17.8 | 0.0 | 1.4 | 18.8 | 0.0 | 17.0 | 168 |
| Type of diarrhoea |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Non-bloody | 47.7 | 51.2 | 50.3 | 73.8 | 21.5 | 78.2 | $15.4$ | 0.2 | 0.2 | 21.8 | 0.0 | 19.6 | 307 |
| Bloody | (80.2) | (76.3) | (70.1) | (87.0) | (23.2) | (92.3) | (26.1) | (2.2) | (5.1) | (35.3) | (0.0) | (6.4) | 33 |
| Don't know | * | * | * | * | * | * | * | * | * | * | * | * | 2 |
| Residence |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Urban | 42.3 | 52.6 | 59.2 | 79.6 | 28.8 | 85.6 | 12.6 | 0.0 | 0.0 | 25.4 | 1.6 | 11.2 | 84 |
| Rural | 53.7 | 53.6 | 49.4 | 73.0 | 19.3 | 77.2 | 17.5 | 0.5 | 0.9 | 22.2 | 0.0 | 20.5 | 257 |
| Ecological zone |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Lowlands | 45.0 | 47.1 | 54.2 | 74.1 | 22.2 | 78.9 | 15.2 | 0.0 | 0.6 | 25.5 | 0.7 | 17.7 | 200 |
| Foothills | (56.4) | (62.2) | (51.4) | (73.7) | (23.8) | (77.0) | (18.5) | (0.0) | (1.4) | (10.5) | (0.0) | (23.0) | 46 |
| Mountains | 62.2 | 67.3 | 49.4 | 79.1 | 19.6 | 83.8 | 18.3 | 1.7 | 0.5 | 24.0 | 0.0 | 15.0 | 76 |
| Senqu River Valley | (54.3) | (43.5) | (39.2) | (65.0) | (19.5) | (71.3) | (14.4) | (0.0) | (0.0) | (21.7) | (0.0) | (23.4) | 20 |
| Mother's education |  |  |  |  |  |  |  |  |  |  |  |  |  |
| No education | * | * | * | * | * | * | * | * | * | * | * | * | 2 |
| Primary incomplete | 54.3 | 52.1 | 53.0 | 71.5 | 20.9 | 80.2 | 19.1 | 0.6 | 0.0 | 17.8 | 0.0 | 19.8 | 88 |
| Primary complete | 57.0 | 54.3 | 52.7 | 73.6 | 15.7 | 73.6 | 20.9 | 0.8 | 0.4 | 17.7 | 0.0 | 23.5 | 88 |
| Secondary | 47.2 | 53.7 | 50.2 | 76.9 | 25.1 | 82.3 | 12.3 | 0.0 | 0.8 | 28.0 | 0.9 | 15.0 | 155 |
| More than secondary | * | * | * | * | * | * | * | * | * | * | * | * | 9 |
| Wealth quintile |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Lowest | 58.9 | 60.9 | 52.3 | 76.3 | 16.6 | 80.2 | 15.2 | 1.6 | 0.5 | 20.5 | 0.0 | 19.0 | 80 |
| Second | 51.9 | 55.4 | 41.0 | 71.3 | 19.5 | 76.6 | 14.4 | 0.0 | 0.0 | 24.5 | 0.0 | 19.3 | 78 |
| Middle | 43.1 | 54.1 | 54.4 | 75.9 | 14.8 | 76.9 | 10.0 | 0.0 | 1.8 | 23.8 | 0.0 | 22.4 | 70 |
| Fourth | 45.2 | 47.2 | 69.0 | 83.4 | 24.0 | 85.8 | 16.2 | 0.0 | 0.0 | 29.0 | 2.1 | 9.8 | 63 |
| Highest | (54.6) | (44.8) | (43.0) | (64.0) | (39.9) | (77.4) | (30.2) | (0.0) | (1.3) | (15.5) | (0.0) | (19.8) | 49 |
| Total | 50.9 | 53.4 | 51.9 | 74.6 | 21.7 | 79.3 | 16.3 | 0.4 | 0.7 | 23.0 | 0.4 | 18.2 | 342 |

 figure is based on fewer than 25 unweighted cases and has been suppressed.
${ }^{1}$ Excludes pharmacy, shop and traditional practitioner
Table 10.9 Feeding practices during diarrhoea
Percent distribution of children under age 5 who had diarrhoea in the 2 weeks preceding the survey by amount of liquids and food offered compared with normal practice, the percentage of children given increased fluids and continued feeding during the diarrhoea episode, and the percentage of children who continued feeding and were given ORT and/or increased fluids during the episode of diarrhoea, by background characteristics, Lesotho 2014

| Background characteristic | Amount of liquids given |  |  |  |  |  |  | Amount of food given |  |  |  |  |  |  |  | Percentage given increased fluids and continued feeding ${ }^{1}$ | Percentage who continued feeding and were given ORT and/or increased fluids ${ }^{1}$ | Number of children with diarrhoea |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | More | Same as usual | Somewhat less | Much less | None | Don't know | Total | More | Same as usual | Somewhat less | Much less | None | Never gave food | Don't know | Total |  |  |  |
| Age in months |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| <6 | * | * | * | * | * | * | 100.0 | * | * | * | * | * | * | * | 100.0 | * | * | 20 |
| 6-11 | 16.9 | 55.6 | 14.3 | 12.2 | 0.9 | 0.0 | 100.0 | 5.3 | 50.4 | 20.4 | 14.6 | 0.9 | 8.0 | 0.4 | 100.0 | 13.6 | 59.6 | 76 |
| 12-23 | 22.3 | 54.9 | 10.1 | 12.8 | 0.0 | 0.0 | 100.0 | 5.8 | 51.4 | 26.5 | 14.7 | 1.3 | 0.4 | 0.0 | 100.0 | 20.3 | 69.5 | 144 |
| 24-35 | 23.4 | 33.7 | 20.7 | 17.9 | 4.3 | 0.0 | 100.0 | 1.6 | 38.7 | 32.5 | 26.8 | 0.4 | 0.0 | 0.0 | 100.0 | 19.8 | 53.5 | 51 |
| 36-47 | (30.9) | (36.5) | (15.6) | (8.5) | (0.0) | (8.6) | 100.0 | (2.0) | (45.1) | (22.1) | (22.2) | (4.9) | (0.0) | (3.7) | 100.0 | (11.9) | (60.6) | 29 |
| 48-59 | * | * | * | * | * | * | 100.0 | * | * | * | * | * | * | * | 100.0 |  |  | 22 |
| Sex |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Male | 18.9 | 52.5 | 16.2 | 10.4 | 1.8 | 0.0 | 100.0 | 6.3 | 43.1 | 30.1 | 16.4 | 0.8 | 3.2 | 0.0 | 100.0 | 14.1 | 61.1 | 174 |
| Female | 24.4 | 48.6 | 9.4 | 15.0 | 1.0 | 1.5 | 100.0 | 2.1 | 53.5 | 19.4 | 19.0 | 2.2 | 3.0 | 0.8 | 100.0 | 19.2 | 61.7 | 168 |
| Type of diarrhoea |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Non-bloody | 21.5 | 53.1 | 11.4 | 12.3 | 1.3 | 0.5 | 100.0 | 4.2 | 50.5 | 23.6 | 17.1 | 1.2 | 3.3 | 0.1 | 100.0 | 16.4 | 61.9 | 307 |
| Bloody | (23.2) | (29.4) | (23.4) | (17.7) | (3.1) | (3.2) | 100.0 | (4.9) | (27.4) | (33.7) | (24.6) | (4.5) | (1.7) | (3.2) | 100.0 | (17.0) | (58.2) | 33 |
| Don't know | * | * | * | * | * | * | 100.0 | * | * | * | * | * | * | * | 100.0 |  |  | 2 |
| Residence |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Urban | 28.8 | 44.5 | 15.5 | 9.8 | 1.4 | 0.0 | 100.0 | 5.0 | 54.1 | 24.9 | 10.4 | 1.4 | 3.8 | 0.4 | 100.0 | 24.4 | 72.0 | 84 |
| Rural | 19.3 | 52.6 | 12.0 | 13.7 | 1.4 | 1.0 | 100.0 | 4.0 | 46.3 | 24.8 | 20.1 | 1.6 | 2.9 | 0.4 | 100.0 | 14.0 | 57.9 | 257 |
| Ecological zone |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Lowlands | 22.2 | 54.3 | 12.8 | 9.7 | 0.6 | 0.5 | 100.0 | 3.5 | 53.3 | 24.9 | 13.2 | 1.4 | 3.2 | 0.5 | 100.0 | 16.8 | 66.3 | 200 |
| Foothills | (23.8) | (31.7) | (15.3) | (19.6) | (6.6) | (3.1) | 100.0 | (3.3) | (36.8) | (30.2) | (26.7) | (3.1) | (0.0) | (0.0) | 100.0 | (15.4) | (51.9) | 46 |
| Mountains | 19.6 | 51.3 | 11.8 | 17.3 | 0.0 | 0.0 | 100.0 | 4.6 | 43.6 | 19.2 | 27.3 | 0.2 | 4.8 | 0.4 | 100.0 | 16.3 | 54.1 | 76 |
| Senqu River Valley | (19.5) | (54.8) | (12.5) | (9.8) | (3.4) | (0.0) | 100.0 | (12.2) | (41.9) | (33.3) | (5.4) | (4.5) | (2.8) | (0.0) | 100.0 | (18.5) | (62.1) | 20 |
| Mother's education |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| No education | * | * | * | * | * | * | 100.0 | * | * | * | * | * | * | * | 100.0 | * | * | 2 |
| Primary incomplete | 20.9 | 49.7 | 7.5 | 21.9 | 0.0 | 0.0 | 100.0 | 2.1 | 46.2 | 14.9 | 28.1 | 1.8 | 6.5 | 0.4 | 100.0 | 13.6 | 49.7 | 88 |
| Primary complete | 15.7 | 53.3 | 15.3 | 10.7 | 2.3 | 2.8 | 100.0 | 3.2 | 44.5 | 33.2 | 14.1 | 1.6 | 2.2 | 1.2 | 100.0 | 15.7 | 55.1 | 88 |
| Secondary | 25.1 | 49.9 | 13.6 | 9.6 | 1.9 | 0.0 | 100.0 | 6.4 | 51.2 | 25.7 | 14.1 | 0.7 | 1.9 | 0.0 | 100.0 | 19.2 | 71.7 | 155 |
| More than secondary | * | * | * | * | * | * | 100.0 | * | * | * | * | * | * | * | 100.0 | * | * | 9 |
| Wealth quintile |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Lowest | 16.6 | 49.9 | 12.4 | 21.1 | 0.0 | 0.0 | 100.0 | 3.4 | 38.1 | 24.5 | 28.0 | 0.3 | 5.7 | 0.0 | 100.0 | 15.4 | 50.7 | 80 |
| Second | 19.5 | 45.1 | 13.5 | 16.7 | 3.5 | 1.8 | 100.0 | 5.5 | 36.7 | 30.5 | 17.6 | 4.3 | 5.5 | 0.0 | 100.0 | 13.8 | 58.7 | 78 |
| Middle | 14.8 | 57.7 | 14.8 | 9.8 | 1.4 | 1.5 | 100.0 | 2.0 | 55.9 | 24.1 | 15.4 | 0.0 | 0.7 | 2.0 | 100.0 | 10.4 | 63.6 | 70 |
| Fourth | 24.0 | 59.1 | 10.6 | 4.5 | 1.8 | 0.0 | 100.0 | 9.5 | 59.1 | 17.9 | 10.7 | 0.9 | 1.9 | 0.0 | 100.0 | 16.9 | 74.2 | 63 |
| Highest | (39.9) | (39.6) | (13.0) | (7.5) | (0.0) | (0.0) | 100.0 | (0.0) | (58.2) | (26.3) | (13.3) | (2.2) | (0.0) | (0.0) | 100.0 | (31.3) | (63.5) | 49 |
| Total | 21.7 | 50.6 | 12.9 | 12.7 | 1.4 | 0.7 | 100.0 | 4.2 | 48.2 | 24.8 | 17.7 | 1.5 | 3.1 | 0.4 | 100.0 | 16.6 | 61.4 | 342 |

Notes: It is recommended that children should be given more liquids to drink during diarrhoea, and food should not be reduced. Figures in parentheses are based on $25-49$ unweighted cases. An asterisk ${ }^{1}$ Continued feeding practices include children who were given more, same as usual, or somewhat less food during the diarrhoea episode.

| Table 10.10 Knowledge of ORS packets |  |  |
| :---: | :---: | :---: |
| Percentage of women age 15-49 with a live birth in the 5 years preceding the survey who know about ORS packets for treatment of diarrhoea by background characteristics, Lesotho 2014 |  |  |
| Background characteristic | Percentage of women who know about ORS packets | Number of women |
| Age |  |  |
| 15-19 | 81.7 | 216 |
| 20-24 | 86.7 | 762 |
| 25-34 | 90.5 | 1,129 |
| 35-49 | 91.9 | 467 |
| Residence |  |  |
| Urban | 93.0 | 749 |
| Rural | 87.2 | 1,825 |
| Ecological zone |  |  |
| Lowlands | 92.5 | 1,459 |
| Foothills | 83.3 | 316 |
| Mountains | 83.3 | 598 |
| Senqu River Valley | 88.1 | 202 |
| District |  |  |
| Butha-Buthe | 87.7 | 167 |
| Leribe | 91.8 | 423 |
| Berea | 91.6 | 322 |
| Maseru | 90.8 | 636 |
| Mafeteng | 88.0 | 213 |
| Mohale's Hoek | 86.0 | 234 |
| Quthing | 83.6 | 136 |
| Qacha's Nek | 79.1 | 70 |
| Mokhotlong | 84.1 | 161 |
| Thaba-Tseka | 88.6 | 212 |
| Education |  |  |
| No education | (85.8) | 23 |
| Primary incomplete | 83.7 | 491 |
| Primary complete | 86.9 | 644 |
| Secondary | 90.7 | 1,222 |
| More than secondary | 97.7 | 195 |
| Wealth quintile |  |  |
| Lowest | 83.3 | 512 |
| Second | 83.9 | 504 |
| Middle | 88.4 | 522 |
| Fourth | 93.1 | 540 |
| Highest | 95.7 | 498 |
| Total | 88.9 | 2,575 |

Note: Figures in parentheses are based on 25-49 unweighted cases. ORS = Oral rehydration salts

## Table 10.11 Men's knowledge of feeding practices during diarrhoea

Percent distribution of men age 15-49 whose youngest child was born in the last 2 years, who report specific amounts of liquids that should be given to a child with diarrhoea (compared with normal practice), by background characteristics, Lesotho 2014

| Background characteristic | Amount of liquids to be given to a child with diarrhoea: |  |  |  | Total | Number of men |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Less than usual $^{1}$ | About the same | More | Don't know |  |  |
| Age |  |  |  |  |  |  |
| 15-19 | * | * | * | * | 100.0 | 8 |
| 20-24 | 14.6 | 27.4 | 31.7 | 26.3 | 100.0 | 64 |
| 25-29 | 9.3 | 17.5 | 41.1 | 32.2 | 100.0 | 122 |
| 30-34 | 6.8 | 23.2 | 35.7 | 34.3 | 100.0 | 101 |
| 35-39 | 18.2 | 13.3 | 42.8 | 25.8 | 100.0 | 54 |
| 40-44 | (25.4) | (19.5) | (30.7) | (24.4) | 100.0 | 36 |
| 45-49 | * | * | * | * | 100.0 | 14 |
| Marital status |  |  |  |  |  |  |
| Never married | * | * | * | * | 100.0 | 20 |
| Ever married | 12.3 | 20.3 | 38.3 | 29.1 | 100.0 | 380 |
| Residence |  |  |  |  |  |  |
| Urban | 10.1 | 21.5 | 43.7 | 24.7 | 100.0 | 133 |
| Rural | 12.8 | 20.2 | 34.3 | 32.7 | 100.0 | 267 |
| Ecological zone |  |  |  |  |  |  |
| Lowlands | 11.4 | 20.7 | 40.7 | 27.2 | 100.0 | 223 |
| Foothills | 10.4 | 19.9 | 35.2 | 34.5 | 100.0 | 53 |
| Mountains | 12.7 | 21.0 | 35.5 | 30.8 | 100.0 | 105 |
| Senqu River Valley | (18.4) | (19.5) | (15.4) | (46.7) | 100.0 | 18 |
| Education |  |  |  |  |  |  |
| No education | 25.5 | 26.7 | 12.7 | 35.1 | 100.0 | 40 |
| Primary incomplete | 13.3 | 18.3 | 35.2 | 33.1 | 100.0 | 156 |
| Primary complete | 9.2 | 33.5 | 30.9 | 26.4 | 100.0 | 52 |
| Secondary | 9.9 | 15.2 | 50.8 | 24.1 | 100.0 | 113 |
| More than secondary | (1.5) | (22.4) | (42.1) | (34.0) | 100.0 | 38 |
| Wealth quintile |  |  |  |  |  |  |
| Lowest | 19.0 | 21.2 | 33.9 | 25.9 | 100.0 | 83 |
| Second | 15.9 | 19.1 | 19.3 | 45.8 | 100.0 | 73 |
| Middle | 11.7 | 17.8 | 38.0 | 32.5 | 100.0 | 80 |
| Fourth | 8.0 | 19.0 | 47.6 | 25.4 | 100.0 | 84 |
| Highest | 5.3 | 26.0 | 46.6 | 22.1 | 100.0 | 79 |
| Total 15-49 | 11.9 | 20.6 | 37.4 | 30.0 | 100.0 | 400 |
| 50-59 | * | * | * | * | 100.0 | 14 |
| Total 15-59 | 11.9 | 20.7 | 37.3 | 30.1 | 100.0 | 414 |

Note: Figures in parentheses are based on unweighted 25-49 cases. An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.
Includes respondents who said Nothing to drink

Table 10.12 Disposal of children's stools
Percent distribution of youngest children under age 5 living with the mother by the manner of disposal of the child's last faecal matter, and percentage of children whose stools are disposed of safely, according to background characteristics, Lesotho 2014

| Background characteristic | Manner of disposal of children's stools |  |  |  |  |  |  | Total | Percentage of children whose stools are disposed of safely ${ }^{1}$ | Number of children |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Child used toilet or latrine | Put/rinsed into toilet or latrine | Buried | Put/rinsed into drain or ditch | Thrown into garbage | Left in the open | Other |  |  |  |
| Age in months |  |  |  |  |  |  |  |  |  |  |
| <6 | 2.3 | 48.6 | 7.2 | 13.8 | 14.6 | 9.5 | 4.0 | 100.0 | 58.1 | 315 |
| 6-11 | 7.0 | 51.5 | 5.1 | 8.2 | 12.7 | 13.9 | 1.6 | 100.0 | 63.6 | 332 |
| 12-23 | 4.5 | 50.0 | 5.2 | 5.0 | 14.3 | 21.1 | 0.0 | 100.0 | 59.6 | 602 |
| 24-35 | 17.5 | 42.2 | 3.8 | 2.5 | 6.2 | 27.5 | 0.3 | 100.0 | 63.4 | 442 |
| 36-47 | 28.9 | 31.1 | 4.1 | 2.0 | 6.1 | 27.4 | 0.0 | 100.0 | 64.1 | 307 |
| 48-59 | 44.2 | 16.3 | 3.1 | 1.6 | 4.0 | 30.2 | 0.6 | 100.0 | 63.7 | 252 |
| Toilet facility ${ }^{2}$ |  |  |  |  |  |  |  |  |  |  |
| Improved | 19.2 | 56.6 | 3.0 | 3.2 | 5.6 | 11.6 | 0.7 | 100.0 | 78.8 | 1,066 |
| Shared ${ }^{3}$ | 19.9 | 56.8 | 1.9 | 6.9 | 8.3 | 5.7 | 0.6 | 100.0 | 78.5 | 471 |
| Non-improved or shared | 5.1 | 10.8 | 9.5 | 7.9 | 18.5 | 46.7 | 1.5 | 100.0 | 25.4 | 713 |
| Residence |  |  |  |  |  |  |  |  |  |  |
| Urban | 24.0 | 56.7 | 2.6 | 4.6 | 8.4 | 3.0 | 0.6 | 100.0 | 83.3 | 599 |
| Rural | 11.6 | 36.9 | 5.6 | 5.7 | 11.0 | 28.2 | 1.1 | 100.0 | 54.0 | 1,651 |
| Ecological zone |  |  |  |  |  |  |  |  |  |  |
| Lowlands | 21.1 | 55.4 | 2.3 | 5.2 | 7.2 | 8.1 | 0.6 | 100.0 | 78.8 | 1,235 |
| Foothills | 13.8 | 35.6 | 10.9 | 6.2 | 8.7 | 24.3 | 0.4 | 100.0 | 60.3 | 293 |
| Mountains | 3.4 | 21.4 | 5.7 | 5.0 | 18.3 | 44.3 | 1.9 | 100.0 | 30.5 | 539 |
| Senqu River Valley | 8.7 | 24.0 | 8.9 | 6.8 | 9.6 | 40.5 | 1.4 | 100.0 | 41.7 | 182 |
| District |  |  |  |  |  |  |  |  |  |  |
| Butha-Buthe | 17.2 | 43.7 | 13.4 | 2.9 | 4.9 | 17.9 | 0.0 | 100.0 | 74.3 | 152 |
| Leribe | 21.5 | 44.9 | 2.1 | 8.3 | 7.6 | 14.8 | 0.4 | 100.0 | 68.6 | 362 |
| Berea | 12.5 | 52.7 | 4.1 | 4.6 | 15.5 | 9.7 | 1.0 | 100.0 | 69.2 | 266 |
| Maseru | 22.0 | 54.6 | 2.3 | 5.2 | 7.5 | 8.4 | 0.0 | 100.0 | 78.9 | 549 |
| Mafeteng | 19.5 | 52.5 | 2.8 | 4.6 | 3.8 | 15.1 | 1.7 | 100.0 | 74.8 | 183 |
| Mohale's Hoek | 6.3 | 31.0 | 12.8 | 3.0 | 10.7 | 34.5 | 1.8 | 100.0 | 50.1 | 212 |
| Quthing | 11.1 | 33.3 | 5.3 | 9.3 | 5.1 | 35.7 | 0.2 | 100.0 | 49.7 | 121 |
| Qacha's Nek | 9.0 | 28.1 | 9.7 | 1.2 | 11.2 | 40.4 | 0.4 | 100.0 | 46.8 | 64 |
| Mokhotlong | 2.2 | 14.0 | 1.0 | 5.2 | 29.7 | 45.1 | 2.8 | 100.0 | 17.2 | 151 |
| Thaba-Tseka | 2.8 | 19.9 | 5.4 | 6.4 | 13.7 | 49.2 | 2.7 | 100.0 | 28.1 | 190 |
| Mother's education |  |  |  |  |  |  |  |  |  |  |
| No education | (3.9) | (15.6) | (0.7) | (0.0) | (23.5) | (56.2) | (0.0) | 100.0 | (20.3) | 22 |
| Primary incomplete | 9.1 | 30.4 | 5.6 | 4.2 | 13.1 | 36.1 | 1.5 | 100.0 | 45.1 | 436 |
| Primary complete | 14.1 | 34.2 | 7.1 | 6.2 | 10.6 | 26.7 | 1.1 | 100.0 | 55.4 | 577 |
| Secondary | 16.6 | 50.0 | 3.5 | 6.0 | 8.2 | 15.0 | 0.6 | 100.0 | 70.1 | 1,053 |
| More than secondary | 23.2 | 54.5 | 3.7 | 2.8 | 13.2 | 1.5 | 1.1 | 100.0 | 81.5 | 162 |
| Wealth quintile |  |  |  |  |  |  |  |  |  |  |
| Lowest | 3.2 | 12.7 | 8.1 | 6.9 | 17.8 | 49.3 | 2.0 | 100.0 | 24.0 | 479 |
| Second | 11.2 | 31.6 | 6.6 | 6.4 | 11.2 | 32.3 | 0.8 | 100.0 | 49.4 | 459 |
| Middle | 13.7 | 54.3 | 3.8 | 6.7 | 6.9 | 13.8 | 0.8 | 100.0 | 71.9 | 473 |
| Fourth | 20.7 | 59.2 | 2.9 | 3.5 | 7.3 | 6.2 | 0.3 | 100.0 | 82.7 | 442 |
| Highest | 28.2 | 56.3 | 2.0 | 3.1 | 7.6 | 1.9 | 0.7 | 100.0 | 86.4 | 397 |
| Total | 14.9 | 42.1 | 4.8 | 5.4 | 10.3 | 21.5 | 0.9 | 100.0 | 61.8 | 2,250 |

Note: Figures in parentheses are based on 25-49 unweighted cases.
${ }^{1}$ Children's stools are considered to be disposed of safely if the child used a toilet or latrine, if the faecal matter was put/rinsed into a toilet or latrine, or if it was buried.
${ }^{2}$ See Table 2.2 for definition of categories.
${ }^{3}$ Facilities that would be considered improved if they were not shared by two or more households

## Key Findings

- Nutritional status of children: One-third (33\%) of children under age 5 are stunted (short for their age); 3\% are wasted (thin for their height); $10 \%$ are underweight (thin for their age) and 7\% are overweight (heavy for their height).
- Breastfeeding: Almost all children (95\%) are breastfed at some point in their life. Two-thirds of infants under 6 months are exclusively breastfed.
- Minimum acceptable diet: Feeding practices of only $11 \%$ of children age 6-23 months meet the minimum acceptable dietary standards.
- Anaemia: More than half of children age 6-59 months are anaemic; $27 \%$ of women and $14 \%$ of men age 15-49 also are anaemic.
- Obesity: Forty-five percent of women age 15-49 are overweight or obese; 20\% are obese. Twelve percent of men age 15-49 are overweight or obese; $7 \%$ are obese.
- Salt iodisation: More than nine in ten households used iodised salt for cooking.

TThis chapter focuses on the nutritional status of children and adults. It describes the nutritional status of children under age 5 , and infant and young child feeding practices, including breastfeeding and feeding with solid/semisolid foods. Also covered are the diversity of foods fed and the frequency of feeding as well as micronutrient status, supplementation, and fortification. Relevant aspects of the nutritional status of women and men age 15-49 are addressed.

### 11.1 Nutritional Status of Children

The anthropometric data on height and weight collected in the 2014 LDHS permit the measurement and evaluation of the nutritional status of young children in Lesotho. This evaluation allows identification of subgroups of the child population that are at increased risk of faltered growth, disease, impaired mental development, and death.

### 11.1.1 Measurement of Nutritional Status among Young Children

The 2014 LDHS measured the height and weight of children under age 5 in all sampled households, regardless of whether their mother was interviewed in the survey. Weight measurements were obtained using SECA mother-infant scales with a digital screen. Height measurements were carried out using a Shorr Productions
measuring board. Children younger than 24 months were measured lying down on the board (recumbent length), and standing heights were measured for older children.

Children's height/length, weight, and age data were used to calculate three indices: height-for-age, weight-forheight, and weight-for-age. Each of these indices provides different information about growth and body composition for assessing nutritional status. As indicated in the box below, stunting, or low height-for-age, is a sign of chronic undernutrition that reflects failure to receive adequate nutrition over a long period. Stunting can also be affected by recurrent and chronic illness. Wasting, or low weight-for-height, is a measure of acute undernutrition and represents the failure to receive adequate nutrition in the period immediately before the survey. Wasting may result from inadequate food intake or from a recent episode of illness causing weight loss. The opposite of wasting is overweight (high weight-for-height), a measure of overnutrition. Weight-forage is a composite index of weight-for-height and height-for-age. Thus, it includes both acute (wasting) and chronic (stunting) undernutrition and is an indicator of overall undernutrition.

## Stunting, or height-for-age

Height-for-age is a measure of linear growth retardation and cumulative growth deficits. Children whose height-for-age Z-score is below minus two standard deviations (-2 SD) from the median of the reference population are considered short for their age (stunted), or chronically undernourished. Children who are below minus three standard deviations (-3 SD) are considered severely stunted.
Sample: Children under age 5

## Wasting, or weight-for-height

The weight-for-height index measures body mass in relation to body height or length and describes current nutritional status. Children whose Z-score is below minus two standard deviations (-2 SD) from the median of the reference population are considered thin (wasted), or acutely undernourished. Children whose weight-for-height Z-score is below minus three standard deviations (-3 SD) from the median of the reference population are considered severely wasted.
Sample: Children under age 5

## Underweight, or weight-for-age

Weight-for-age is a composite index of height-for-age and weight-for-height. It takes into account both acute and chronic undernutrition. Children whose weight-for-age Z-score is below minus two standard deviations (-2 SD) from the median of the reference population are classified as underweight. Children whose weight-for-age Z-score is below minus three standard deviations (-3 SD) from the median are considered severely underweight.
Sample: Children under age 5

## Overweight in children

Children whose weight-for-height Z-score is more than 2 standard deviations (+2 SD) above the median of the reference population are considered overweight.
Sample: Children under age 5

The means of the $z$-scores for height-for-age, weight-for-height, and weight-for-age are also calculated as summary statistics representing the nutritional status of children in a population. These mean scores describe the nutritional status of the entire population of children without the use of a cutoff point. A mean Z-score of
less than 0 (i.e., a negative mean value for stunting, wasting, or underweight) suggests the downward shift in the entire sample population's nutritional status relative to the reference population. The farther away the mean $z$-scores are from 0 , the higher would be the prevalence of undernutrition.

### 11.1.2 Data Collection

Height and weight measurements were obtained for 1,981 children under age 5 who were present in the LDHS sample households at the time of the survey. The following analysis is based on the $95 \%$ for whom complete and credible anthropometric and age data were collected.

### 11.1.3 Levels of Child Malnutrition

According to the 2014 LDHS, $33 \%$ of children under age 5 are stunted or too short for their age. This is a sign of chronic undernutrition. Three percent of children under age 5 are wasted (too thin for their height), a sign of acute undernutrition, and, $7 \%$ of children under age 5 are overweight, a sign of overnutrition. In addition, 10\% are underweight, or too thin for their age (Table 11.1, Figure 11.1).

Trends: The prevalence of stunting, wasting, and underweight has decreased steadily between 2004 and 2014 (Figure 11.2). In contrast, the prevalence of overweight has held steady over the last decade.

Figure 11.1 Children's nutritional status
Percentage of children under age 5 classified as malnourished

- Moderate

■ Severe


Figure 11.2 Trends in children's nutritional status

Percentage of children under age 5 classified as malnourished


Patterns by background characteristics

- The occurrence of stunting initially increases with a child's age, with prevalence peaking in the age range of 24-35 months ( $43 \%$ ). Nineteen percent of children age 24-35 months are severely stunted.
- Undernutrition levels vary by district (Figure 11.3). Mokhotlong has the highest prevalence of stunting and underweight ( $48 \%$ and $16 \%$, respectively) while Berea, Qacha's Nek, Mokhotlong, and Thaba-Tseka have the highest prevalence of wasting ( $4 \%$ each).
- The prevalence of overweight children varies by district: Mohale's Hoek and Qacha's Nek have the highest prevalence of overweight children ( $10 \%$ in both) and Berea the lowest ( $4 \%$ ).
- The prevalence of stunting, wasting, and underweight are all correlated with household wealth. All three nutritional status indicators are highest among children in the lowest wealth quintile and lowest among children in the highest wealth quintile.

Figure 11.3 Stunting in children by district
Percentage of children under age 5 who are stunted


### 11.2 Infant and Young Child Feeding Practices

Appropriate infant and young child feeding (IYCF) practices include exclusive breastfeeding in the first 6 months of life, continued breastfeeding through age 2, introduction of solid and semisolid foods at age 6 months, and gradual increases in the amount of food given and frequency of feeding as the child gets older. It is also important for young children to receive a diverse diet, i.e., eating foods from different food groups to take care of the growing micronutrient needs (WHO 2008).

### 11.2.1 Breastfeeding

## Initiation of Breastfeeding

Early initiation of breastfeeding is important for both the mother and the child. The first breast milk contains colostrum, which is highly nutritious and has antibodies that protect the newborn from diseases. Early initiation of breastfeeding also encourages bonding between the mother and her newborn facilitating the production of regular breast milk. Thus, it is recommended that children be put to the breast immediately or within 1 hour after birth and that prelacteal feeding (i.e., feeding newborns anything other than breast milk before breast milk is regularly given) be discouraged.

The Ministry of Health encourages women to deliver in health facilities and promotes rooming-in of all new infants in maternity hospitals and breastfeeding within the first hour of birth to foster bonding and protect children from harsh external environments.

Early breastfeeding
Initiation of breastfeeding within 1 hour of birth
Sample: Last born children who were born in the 2 years before the survey

Table 11.2 shows that $95 \%$ of last-born children who were born in the 2 years before the survey were breastfed at some point in their life. Differences by background characteristics generally were not large,
although infants whose mothers had more than secondary education were least likely to have ever been breastfead ( $88 \%$ ).

Two-thirds ( $65 \%$ ) of infants were breastfed within 1 hour of birth, and $86 \%$ began breastfeeding within 1 day of birth.

Early breastfeeding practices by background characteristics:

- The likelihood of an infant breastfeeding within 1 hour of birth varied markedly by district, ranging from a low of $59 \%$ in Leribe to a high of $79 \%$ in Thaba-Tseka.
- The proportion of infants who breastfed within 1 hour of birth was higher among those in the lowest wealth quintile ( $74 \%$ ) than among those in higher wealth quintiles ( $61 \%$ to $64 \%$ ).

The practice of giving prelacteal feeds limits the frequency of suckling by the infant and exposes the baby to the risk of infection. Overall, $13 \%$ of infants received a prelacteal feed.

### 11.2.2 Exclusive Breastfeeding

Breast milk contains all of the nutrients needed by children in the first 6 months of life and is an uncontaminated nutritional source. It is recommended that children be exclusively breastfed in the first 6 months of their life; that is, they are given nothing but breast milk. Complementing breast milk before age 6 months is unnecessary and is discouraged because the likelihood of contamination and resulting risk of diarrhoeal disease are high. Early initiation of complementary feeding also reduces breast milk output because the production and release of breast milk is modulated by the frequency and intensity of suckling.

Table 11.3 and Figure 11.4 show breastfeeding practices by child's age. Sixty-seven percent of infants under age 6 months are exclusively breastfed. Exclusive breastfeeding declines with age: only $44 \%$ of infants age 4-5 months are exclusively breastfed compared with $82 \%$ of infants age $0-1$ month and $76 \%$ of infants age 2-3 months. Contrary to the recommendation that children under 6 months be exclusively breastfed, many infants consume other liquids, such as plain water (4\%), and $10 \%$ consume complementary foods in addition to breast milk.

Figure 11.4 Breastfeeding practices by age
 Age in months

Trends: Exclusive breastfeeding among children under 6 months has increased over the last decade, from only $36 \%$ in 2004 to $54 \%$ in 2009 and to $67 \%$ in 2014.

### 11.2.3 Median Duration of Breastfeeding

The median duration of breastfeeding in Lesotho is 17.2 months; that is, half of children are breastfed until age 17.2 months (Table 11.4). The median duration of exclusive breastfeeding is almost four months, and the median duration of predominant breastfeeding (i.e., the period in which an infant receives only water or other nonmilk liquids in addition to breast milk) is four and a half months.

Trends: Median durations of exclusive and predominant breastfeeding have been increasing since 2004. Exclusive breastfeeding rose from 0.9 months in 2004 to 2.5 months in 2009, and to 3.9 months in 2014. Predominant breastfeeding was 3.0 months in 2004, 4.6 months in 2009, and 4.5 months in 2014.

## Patterns by background characteristics

- Children are breastfed 6 months longer on average in rural areas than in urban areas.
- Median durations of any breastfeeding are shorter for children in the highest wealth quintile (11.7 months) than for children in the other quintiles.

A summary of IYCF breastfeeding indicators is shown in Figure 11.5.
Figure 11.5 IYCF breastfeeding indicators


* Predominant breastfeeding includes exclusive breastfeeding, breastfeeding plus plain water, and breastfeeding plus non-milk liquids/juice
** Age appropriate breastfeeding $=$ Children age 0-5 months who are exclusively breastfed + children age $6-23$ months who receive breast milk and complementary foods


### 11.2.4 Complementary Feeding

After the first 6 months, breast milk is no longer enough to meet the nutritional needs of the infant; therefore, complementary foods should be added to the diet of the child. The transition from exclusive breastfeeding to family foods is referred as complementary feeding. This is the most critical period for children as during this transition children are most vulnerable to becoming undernourished. Complementary feeding should be timely, i.e., all infants should start receiving foods in addition to breast milk from 6 months onwards. Among the youngest children living with their mother, $83 \%$ age 6-8 months are receiving complementary foods (data not shown).

In the 2014 LDHS, women who had at least one child living with them who was born in 2012 or later were asked questions about the types of liquids and foods the child had consumed during the day or night before the interview. Mothers who had more than one child born in 2012 or a later year were asked questions about the youngest child living with them.

Appropriate complementary feeding should include feeding children a variety of foods to ensure that requirements for nutrients are met. Fruits and vegetables rich in vitamin A should be consumed daily. Eating a range of fruits and vegetables, in addition to those rich in vitamin A , is also important. Studies have shown that plant-based complementary foods by themselves are insufficient to meet the needs for certain micronutrients. Therefore, it has been recommended that meat, poultry, fish, or eggs should be part of the daily diet as well or eaten as often as possible (WHO 1998).

Table 11.5 indicates that the type of foods and liquids received by children during the day and night before the survey depend on the child's age and breastfeeding status. Overall, food made from grains is by far the most commonly consumed item, followed by fruits and vegetables rich in vitamin A.

## Patterns by background characteristics

- Forty-seven percent of nonbreastfeeding children age 6-23 months consumed fruits and vegetables rich in vitamin A, compared with $37 \%$ of breastfeeding children in the same age group.
- One-third (35\%) of nonbreastfeeding children and $17 \%$ of breastfeeding children age 6-23 months consumed meat, fish, or poultry.
- One in three (35\%) nonbreastfeeding children age 6-23 months consumed eggs compared with one in four (24\%) breastfeeding children.
- Twenty-four percent of nonbreastfeeding children age 6-23 months consumed foods made from legumes and nuts, and $13 \%$ consumed cheese, yogurt, and other milk products; among breastfeeding children in the same age group, $17 \%$ consumed foods made from legumes and nuts, and $10 \%$ consumed cheese, yogurt, and other milk products.


### 11.2.5 Minimum Acceptable Diet

Infant and young children should be fed a minimum acceptable diet (MAD) to ensure appropriate growth and development. Without adequate diversity and meal frequency, infants and young children are vulnerable to undernutrition, especially stunting and micronutrient deficiencies, and to increased morbidity and mortality. The WHO minimum acceptable diet recommendation, which is a combination of dietary diversity and minimum meal frequency, is different for breastfed and nonbreastfed children. The definition of the composite indicator of a minimum acceptable diet for all children 6-23 months is indicated in the box below.

Dietary diversity is a proxy for adequate micronutrient-density of foods. Minimum dietary diversity means feeding the child food from at least four food groups. The cut-off of four food groups is associated with betterquality diets for both breastfed and nonbreastfed children. Consumption of food from at least four food groups means that the child has a high likelihood of consuming at least one animal source of food and at least one fruit or vegetable in addition to a staple food (grains, roots, or tubers) (WHO 2008). The four food groups should come from a list of seven food groups: grains, roots, and tubers; legumes and nuts; dairy products (milk yogurt, cheese); flesh foods (meat, fish, poultry, and liver/organ meat); eggs; vitamin A-rich fruits and vegetables; and other fruits and vegetables.

The minimum meal frequency is a proxy for a child's energy requirements. For infants and young children the indicator is based on how much energy the child needs and, if the child is breastfed, the amount of energy needs not met by breast milk. Breastfed children are considered to be consuming minimum meal frequency if they receive solid, semi-solid, or soft foods at least twice a day for infants 6-8 months and at least three times a
day for children 9-23 months. Nonbreastfed children ages 6-23 months are considered to be fed with a minimum meal frequency if they receive solid, semi-solid, or soft foods at least four times a day.

## Minimum acceptable diet

Proportion of children age 6-23 months who receive a minimum acceptable diet (apart from breast milk). This composite indicator is calculated from the following two fractions:

Breastfed children age 6-23 months who had at least the minimum dietary diversity and the minimum meal frequency during the previous day

Breastfed children age 6-23 months
and
Nonbreastfed children age 6-23 months who received at least two milk feedings and had at least the minimum dietary diversity (not including milk feeds) and the minimum meal frequency during the previous day
Nonbreastfed children age 6-23 months

The 2014 LDHS indicates that 77\% of Lesotho children age 6-23 received breast milk, breast milk substitutes, or milk or milk products ( $2+$ times) during the day or night before the interview (Table 11.6). Twenty-three percent of children had an adequately diverse diet-that is, they had been given foods from the appropriate number of food groups-and $61 \%$ had been fed the minimum number of times appropriate for their age. The feeding practices of only $11 \%$ of children age 6-23 months meet the minimum standards with respect to all three IYCF feeding practices. The IYCF indicators for minimum acceptable diet by breastfeeding status among children age 6-23 months are summarised in Figure 11.6.

## Patterns by background characteristics

- Breastfed children are much less likely than nonbreastfed children to receive the minimum number of food groups ( $17 \%$ and $34 \%$, respectively).
- Children in urban areas (18\%) are twice as likely as those in rural areas (9\%) to be fed according to the recommended IYCF guidelines.
- There are marked differences in children's feeding practices by district; $18 \%$ of children in Maseru are fed according to the three IYCF practices, compared with none in Qacha's Nek, $1 \%$ in Mokhotlong, and 2\% in Mohale's Hoek. However, these results should be interpreted with caution because of the small number of children reported on in the different districts.


### 11.3 Anaemia Prevalence in Children

## Anaemia prevalence

Any anaemia is defined as a blood haemoglobin level below $11.0 \mathrm{~g} / \mathrm{dll}$ in children. In the DHS, severe anaemia is defined as $<7.0 \mathrm{~g} / \mathrm{dl}$; moderate anaemia is defined as $7.0-9.9 \mathrm{~g} / \mathrm{dl}$.
Sample: Children 6-59 months

Anaemia is a condition that is marked by low levels of haemoglobin in the blood. Iron is a key component of haemoglobin, and iron deficiency is estimated to be responsible for half of all anaemia globally. Other causes of anaemia include malaria, hookworm and other helminths, other nutritional deficiencies, chronic infections, and genetic conditions. Anaemia is a serious concern for children because it can impair cognitive development, stunt growth, and increase morbidity from infectious diseases.

Haemoglobin testing was carried out among children age 6-59 months. Haemoglobin levels were successfully measured for $96 \%$ of the children eligible for testing. The methodology used to measure haemoglobin levels is described in the first chapter of this report.

Overall, $51 \%$ of children suffered from some degree of anaemia (haemoglobin levels below $11.0 \mathrm{~g} / \mathrm{dl}$ ). About half of these cases were classified as mild anaemia, while $25 \%$ of children had moderate anaemia, and $1 \%$ were severely anaemic (Table 11.7).

Trends: Prevalence of anaemia in children changed little between 2004 and 2009 (from $48 \%$ to $47 \%$ ), and has increased between 2009 and 2014 (from 47\% to 51\%) (Figure 11.7).

## Patterns by background characteristics

- Anaemia is more prevalent among children under age 24 months than among older children, with a peak prevalence of $65 \%$ observed among children 9-11 months.
- Anaemia prevalence varies by district, from a low of $41 \%$ in Berea to a high of $59 \%$ in Butha-Buthe and Mokhotlong (Figure 11.8).

Figure 11.7 Trends in childhood anaemia


Figure 11.8 Anaemia in children by district


### 11.4 Micronutrient Intake and Supplementation among Children

Micronutrient deficiency is a major contributor to childhood morbidity and mortality. Micronutrients are available in foods and can also be provided through direct supplementation. Breastfeeding children benefit from supplements given to the mother.

The information collected on food consumption among the youngest children under age 2 is useful in assessing the extent to which children are consuming food groups rich in two key micronutrients-vitamin A and ironin their daily diet. Iron deficiency is one of the primary causes of anaemia, which has serious health consequences for both women and children. Vitamin A is an essential micronutrient for the immune system and plays an important role in maintaining the epithelial tissue in the body. Severe vitamin A deficiency (VAD) can cause eye damage and is the leading cause of childhood blindness. VAD also increases the severity of infections such as measles and diarrhoeal disease in children and slows recovery from illness. VAD is common in dry environments where fresh fruits and vegetables are not readily available.

The 2014 LDHS also included questions designed to ascertain whether young children had received vitamin A supplements or deworming medication in the 6 months before the survey. Vitamin A supplementation is an important intervention in preventing VAD among young children.

Sixty-one percent of children age 6-23 months ate foods rich in vitamin $A$ in the day or night preceding the interview, and 41 percent consumed iron-rich foods (Table 11.8). As expected, intake of both vitamin A-rich and iron-rich foods increases as children are weaned. Nonbreastfeeding children are more likely than breastfeeding children to consume foods rich in vitamin A ( $70 \%$ versus $55 \%$ ) and iron ( $52 \%$ versus $34 \%$ ). In the 6 months before the survey, six in ten children ( $61 \%$ ) age $6-59$ months received a vitamin A supplement and one in five ( $22 \%$ ) received deworming medication.

### 11.5 Presence of Iodised Salt in Households

Iodine is an essential micronutrient, and iodised salt prevents goitre or other thyroid-related health problems among children and adults. In line with food and drug regulations, household salt should be fortified with iodine to at least 15 parts per million (ppm). In Lesotho, salt is iodised with the additive potassium iodate. The 2014 LDHS tested for the presence of potassium iodate in household salt. Overall, salt was tested in $70 \%$ of households, and salt was not tested in $24 \%$ of the households due to lack of test kits in the first weeks of survey field work (Table 11.9). Among households in which salt was tested, $93 \%$ had iodised salt. It should be noted that household salt was tested for the presence or absence of iodine only; the iodine content in the salt was not measured.

### 11.6 Adults' Nutritional Status

### 11.6.1 Nutritional Status of Women

The 2014 LDHS collected anthropometric data on height and weight for $97 \%$ of the women age 15-49 interviewed in the survey who were in the subsample eligible for biomarkers. These data were used to calculate several measures of nutritional status, specifically maternal height and body mass index (BMI). Information on BMI is presented in Table 11.10.1.

## Body mass index (BMI)

BMI is calculated by dividing weight in kilograms by height in metres squared $\left(\mathrm{kg} / \mathrm{m}^{2}\right)$. A BMI of less than 18.5 indicates that the respondents are too thin for their height (that is, that they have a chronic energy deficiency). At the other end of the BMI scale, women and men are considered overweight if their BMI falls between 25.0 and 29.9 and are obese if their BMI is greater than or equal to 30.0 .
Sample: Women age 15-49 who are not pregnant and who have not had a birth in the 2 months before the survey and men age 15-49

Forty-five percent of women in Lesotho are overweight or obese. Four percent are thin, and $51 \%$ of women have a BMI in the normal range.

Trends: The percentage of women who are thin (indicative of undernutrition) has declined in the last 5 years by 2 percentage points. In contrast, the proportion of women who are overweight or obese (indicative of overnutrition) has increased by 3 percentage points since 2009 (Figure 11.9).

Patterns by background characteristics

- Women most likely to be thin (BMI below 18.5) are those in the 15-19 age group ( $9 \%$ ), those living in Berea, Mafeteng, and Thaba-Tseka districts (6\% each), those with primary incomplete education ( $6 \%$ ), and those in the lowest wealth quintile ( $6 \%$ ).
- Fifty percent of urban women are overweight or

Figure 11.9 Trends in women's nutritional status

Percentage of women age 15-49
 obese, compared with $42 \%$ of rural women.

- Overweight/obesity increases with wealth, rising from $25 \%$ of women in the lowest wealth quintile to $55 \%$ in the highest wealth quintile.


### 11.6.2 Nutritional Status of Men

The LDHS also collected anthropometric data on height and weight for men. Overall, this information was collected for $98 \%$ of the men interviewed in the survey.

Seventy-four percent of men age $15-49$ have a BMI in the normal range, while $14 \%$ are thin and $12 \%$ are overweight or obese (Table 11.10.2).

## Patterns by background characteristics

- The proportion of men who are thin (BMI below 18.5) is highest among those age 15-19 (27\%).
- Men from Mokhotlong (18\%) and Mafeteng (18\%) are more likely to be thin than men from other districts (12\% to 17\%).
- The prevalence of overweight or obesity is higher among urban (18\%) than rural (8\%) men and highest among men with more than secondary education ( $36 \%$ ).


### 11.7 Anaemia Prevalence in Adults

## Anaemia prevalence

Any anaemia is defined as a blood haemoglobin level below $11.0 \mathrm{~g} / \mathrm{dl}$ in pregnant women; below $12.0 \mathrm{~g} / \mathrm{dl}$ in nonpregnant women; and below $13.0 \mathrm{~g} / \mathrm{dl}$ for men. The cutoffs are adjusted for altitude for enumeration areas above 1,000 metres and for cigarette smoking for women and men.
Sample: Women 15-49 and men 15-49

Anaemia among women and men was measured using similar procedures as for children age 6-59 months except that capillary blood was collected exclusively from a finger prick. Haemoglobin levels were successfully measured for $96 \%$ of women and $96 \%$ of men interviewed and eligible for biomarkers. Anaemia results are adjusted for pregnancy status, altitude, and smoking status.

Over one-quarter ( $27 \%$ ) of women in Lesotho are anaemic (Table 11.11.1). Twenty percent of women are classified as mildly anaemic, $7 \%$ are moderately anaemic, and $1 \%$ are severely anaemic (Figure 11.10). Fourteen percent of men age 15-49 are anaemic (Table 11.11.2).

Trends: Between the 2004 and 2009 LDHS, the prevalence of any anaemia in women dropped from $33 \%$ to $26 \%$; however, between the 2009 and 2014 LDHS, the prevalence of any anaemia among women has changed little ( $26 \%$ and $27 \%$, respectively). Among men, the prevalence of any anaemia increased slightly from $12 \%$ in 2009 to $14 \%$ in 2014.

Patterns by background characteristics

Figure 11.10 Prevalence of anaemia in adults

Percentage of women and men age 15-49


- Anaemia levels among adults vary by district. Anaemia prevalence is highest among women living in Maseru ( $34 \%$ ) and men living in Butha-Buthe (22\%), and lowest among women living in Thaba-Tseka ( $17 \%$ ) and among men living in Quthing ( $6 \%$ ).
- In comparison with young children (51\%) and women (27\%), the prevalence of anaemia among men is moderate (14\%).


### 11.8 Micronutrient Intake among Mothers

The LDHS included questions to ascertain whether mothers had received iron supplements during pregnancy. Pregnant women should take iron supplements, eat iron-rich foods, and avoid parasites and malaria to prevent anaemia. Two-thirds of women who gave birth in the 5 years before the survey took iron supplements. About half of women took iron supplements for 90 days or more, as recommended. One in five women did not take iron supplements at all (Table 11.12).

For more information on nutrition of children and adults, see the following tables:

- Table 11.1 Nutritional status of children
- Table 11.2 Initial breastfeeding
- Table 11.3 Breastfeeding status by age
- Table 11.4 Median duration of breastfeeding
- Table 11.5 Foods and liquids consumed by children in the day or night preceding the interview
- Table 11.6 Infant and young child feeding (IYCF) practices
- Table 11.7 Prevalence of anaemia in children
- Table 11.8 Micronutrient intake among children
- Table $11.9 \quad$ Presence of iodised salt in household
- Table 11.10.1 Nutritional status of women
- Table 11.10.2 Nutritional status of men
- Table 11.11.1 Prevalence of anaemia in women
- Table 11.11.2 Prevalence of anaemia in men
- Table 11.12 Micronutrient intake among mothers


## Table 11.1 Nutritional status of children

Percentage of children under 5 classified as malnourished according to three anthropometric indices of nutritional status: height-for-age, weight-for-height, and weight-forage, by background characteristics, Lesotho 2014

| Background characteristic | Height-for-age ${ }^{1}$ |  |  | Weight-for-height |  |  |  | Weight-for-age |  |  |  | Number of children |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Percentage below $-3 S D$ | Percentage below -2 SD $^{2}$ | Mean Zscore (SD) | Percentage below -3 SD | Percentage below $-2 S D^{2}$ | Percentage above +2 SD | Mean Zscore (SD) | Percentage below $-3 \text { SD }$ | Percentage below -2 SD $^{2}$ | Percentage above $+2 S D$ | Mean Zscore (SD) |  |
| Age in months |  |  |  |  |  |  |  |  |  |  |  |  |
| <6 | 2.5 | 13.7 | -0.5 | 0.9 | 4.8 | 24.8 | 0.9 | 0.2 | 4.7 | 1.3 | 0.1 | 168 |
| 6-8 | 3.8 | 22.0 | -1.1 | 1.4 | 5.1 | 15.1 | 0.5 | 0.9 | 13.1 | 4.7 | -0.4 | 67 |
| 9-11 | 4.2 | 21.6 | -0.9 | 3.2 | 6.0 | 8.3 | -0.2 | 4.0 | 16.1 | 3.6 | -0.7 | 85 |
| 12-17 | 7.1 | 27.6 | -1.2 | 1.4 | 6.1 | 5.6 | 0.2 | 2.1 | 13.3 | 0.8 | -0.5 | 194 |
| 18-23 | 9.5 | 37.5 | -1.5 | 0.3 | 4.0 | 7.5 | 0.3 | 1.7 | 8.4 | 3.2 | -0.5 | 168 |
| 24-35 | 19.2 | 43.1 | -1.8 | 0.3 | 2.6 | 7.1 | 0.5 | 1.1 | 11.3 | 0.8 | -0.7 | 410 |
| 36-47 | 11.9 | 40.3 | -1.7 | 0.3 | 0.8 | 4.1 | 0.4 | 1.3 | 8.3 | 0.3 | -0.7 | 394 |
| 48-59 | 10.5 | 29.5 | -1.5 | 0.0 | 0.9 | 2.7 | 0.2 | 2.4 | 11.3 | 0.0 | -0.8 | 383 |
| Sex |  |  |  |  |  |  |  |  |  |  |  |  |
| Male | 13.5 | 38.8 | -1.6 | 0.6 | 2.6 | 7.8 | 0.4 | 2.1 | 12.5 | 0.7 | -0.7 | 892 |
| Female | 8.8 | 28.1 | -1.3 | 0.6 | 3.0 | 7.0 | 0.4 | 1.2 | 8.3 | 1.3 | -0.5 | 977 |
| Birth interval in months ${ }^{3}$ |  |  |  |  |  |  |  |  |  |  |  |  |
| First birth ${ }^{4}$ | 8.5 | 30.9 | -1.4 | 0.6 | 1.9 | 9.2 | 0.4 | 1.7 | 9.5 | 1.0 | -0.5 | 526 |
| <24 | 18.7 | 46.9 | -1.7 | 0.0 | 3.2 | 6.5 | 0.3 | 0.1 | 9.8 | 0.0 | -0.7 | 91 |
| 24-47 | 14.7 | 39.0 | -1.6 | 1.1 | 3.0 | 5.9 | 0.2 | 2.2 | 13.9 | 0.8 | -0.8 | 327 |
| 48+ | 7.4 | 25.4 | -1.2 | 0.8 | 4.6 | 8.6 | 0.4 | 1.6 | 9.9 | 2.3 | -0.4 | 368 |
| Size at birth ${ }^{3}$ |  |  |  |  |  |  |  |  |  |  |  |  |
| Very small | (29.0) | (55.7) | (-2.1) | (0.0) | (7.5) | (3.8) | (-0.2) | (5.5) | (29.7) | (0.0) | (-1.4) | 28 |
| Small | 17.4 | 46.1 | -1.8 | 2.0 | 7.1 | 7.0 | -0.1 | 2.3 | 21.3 | 0.0 | -1.1 | 134 |
| Average or larger | 9.2 | 30.2 | -1.4 | 0.6 | 2.5 | 8.3 | 0.4 | 1.6 | 8.9 | 1.4 | -0.5 | 1,140 |
| Mother's interview status |  |  |  |  |  |  |  |  |  |  |  |  |
| Interviewed | 10.4 | 32.5 | -1.4 | 0.7 | 3.0 | 8.0 | 0.3 | 1.7 | 10.8 | 1.3 | -0.6 | 1,312 |
| Not interviewed but in household | 12.8 | 29.5 | -1.5 | 0.0 | 3.4 | 5.5 | 0.3 | 1.7 | 9.2 | 0.0 | -0.6 | 151 |
| Not interviewed and not in the household ${ }^{5}$ | 12.2 | 36.9 | -1.6 | 0.3 | 1.8 | 6.0 | 0.5 | 1.4 | 9.3 | 0.8 | -0.6 | 406 |
| Mother's nutritional status ${ }^{6}$ |  |  |  |  |  |  |  |  |  |  |  |  |
| Thin (BMI<18.5) | (6.8) | (52.4) | (-1.8) | (2.7) | (8.6) | (3.7) | (-0.1) | (5.4) | (20.9) | (0.0) | (-1.1) | 31 |
| Normal (BMI 18.5-24.9) | 13.1 | 37.2 | -1.6 | 0.9 | 2.8 | 4.7 | 0.2 | 2.3 | 13.7 | 0.9 | -0.8 | 645 |
| Overweight/ obese ( $\mathrm{BMI} \geq 25$ ) | 8.6 | 26.2 | -1.2 | 0.6 | 3.5 | 11.5 | 0.5 | 1.1 | 7.4 | 1.9 | -0.3 | 545 |
| Residence |  |  |  |  |  |  |  |  |  |  |  |  |
| Urban | 7.8 | 27.3 | -1.2 | 0.3 | 1.3 | 6.6 | 0.4 | 0.7 | 8.2 | 1.1 | -0.5 | 453 |
| Rural | 12.0 | 35.1 | -1.5 | 0.7 | 3.3 | 7.6 | 0.4 | 1.9 | 11.0 | 1.0 | -0.6 | 1,416 |
| Ecological zone |  |  |  |  |  |  |  |  |  |  |  |  |
| Lowlands | 8.6 | 27.2 | -1.3 | 0.2 | 1.7 | 7.0 | 0.4 | 0.9 | 8.1 | 1.1 | -0.4 | 1,008 |
| Foothills | 15.4 | 40.9 | -1.7 | 2.2 | 4.5 | 9.4 | 0.4 | 4.4 | 14.9 | 2.3 | -0.7 | 221 |
| Mountains | 13.6 | 42.0 | -1.7 | 0.4 | 4.1 | 6.8 | 0.2 | 1.7 | 13.1 | 0.6 | -0.8 | 475 |
| Senqu River Valley | 12.6 | 34.4 | -1.6 | 1.3 | 3.4 | 8.8 | 0.3 | 2.4 | 9.8 | 0.8 | -0.7 | 165 |
| District |  |  |  |  |  |  |  |  |  |  |  |  |
| Butha-Buthe | 12.3 | 40.3 | -1.5 | 1.2 | 1.8 | 8.8 | 0.4 | 1.8 | 7.5 | 1.6 | -0.6 | 124 |
| Leribe | 10.4 | 31.3 | -1.3 | 0.0 | 3.3 | 7.6 | 0.4 | 1.1 | 8.0 | 2.0 | -0.5 | 283 |
| Berea | 8.3 | 27.4 | -1.3 | 0.0 | 3.5 | 4.3 | 0.3 | 1.6 | 12.7 | 1.6 | -0.5 | 233 |
| Maseru | 10.4 | 29.9 | -1.4 | 0.5 | 1.8 | 7.3 | 0.4 | 1.2 | 8.7 | 0.4 | -0.5 | 444 |
| Mafeteng | 8.6 | 25.9 | -1.3 | 1.3 | 2.6 | 7.7 | 0.4 | 1.5 | 10.8 | 1.3 | -0.5 | 170 |
| Mohale's Hoek | 14.3 | 38.1 | -1.7 | 1.7 | 3.3 | 10.3 | 0.3 | 3.0 | 11.6 | 0.6 | -0.7 | 165 |
| Quthing | 10.4 | 34.1 | -1.5 | 0.0 | 1.2 | 7.5 | 0.5 | 0.3 | 5.5 | 0.9 | -0.5 | 109 |
| Qacha's Nek | 10.1 | 32.5 | -1.6 | 1.7 | 4.0 | 10.4 | 0.3 | 3.7 | 12.0 | 0.5 | -0.7 | 55 |
| Mokhotlong | 18.9 | 47.7 | -1.8 | 0.3 | 3.6 | 7.4 | 0.2 | 3.3 | 15.8 | 0.0 | -0.9 | 124 |
| Thaba-Tseka | 10.4 | 40.0 | -1.6 | 0.4 | 4.1 | 6.3 | 0.1 | 1.4 | 14.2 | 1.1 | -0.8 | 162 |
| Mother's education ${ }^{7}$ |  |  |  |  |  |  |  |  |  |  |  |  |
| No education | * | * | * | * | * | * | * | * | * | * | * | 16 |
| Primary incomplete | 15.3 | 40.3 | -1.7 | 1.2 | 5.1 | 7.6 | 0.3 | 2.5 | 15.1 | 1.4 | -0.8 | 295 |
| Primary complete | 11.7 | 35.3 | -1.6 | 0.9 | 3.8 | 5.1 | 0.1 | 2.9 | 12.9 | 0.9 | -0.8 | 379 |
| Secondary | 8.0 | 29.1 | -1.3 | 0.4 | 2.1 | 7.7 | 0.4 | 0.9 | 8.7 | 0.8 | -0.5 | 665 |
| More than secondary | 6.6 | 15.1 | -0.8 | 0.0 | 0.7 | 18.2 | 0.9 | 0.0 | 1.1 | 3.9 | 0.2 | 104 |


| Table 11.1-Continued |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Height-for-age ${ }^{1}$ |  |  | Weight-for-height |  |  |  | Weight-for-age |  |  |  | Number of children |
| Background characteristic | Percentage below -3 SD | Percentage below -2 SD $^{2}$ | $\begin{aligned} & \text { Mean Z- } \\ & \text { score } \\ & \text { (SD) } \\ & \hline \end{aligned}$ | Percentage below $-3 \text { SD }$ | Percentage below -2 SD $^{2}$ | Percentage above +2 SD | Mean Zscore (SD) | Percentage below $-3 \text { SD }$ | Percentage below -2 SD $^{2}$ | Percentage above +2 SD | Mean Zscore (SD) |  |
| Wealth quintile |  |  |  |  |  |  |  |  |  |  |  |  |
| Lowest | 15.5 | 45.6 | -1.8 | 1.2 | 4.8 | 7.5 | 0.1 | 3.6 | 15.5 | 0.8 | -0.9 | 392 |
| Second | 15.8 | 38.1 | -1.6 | 0.9 | 4.0 | 7.3 | 0.4 | 2.6 | 12.8 | 1.7 | -0.7 | 428 |
| Middle | 9.8 | 34.8 | -1.5 | 0.3 | 2.2 | 7.4 | 0.4 | 0.2 | 9.0 | 1.2 | -0.6 | 392 |
| Fourth | 9.1 | 28.2 | -1.4 | 0.1 | 1.3 | 7.3 | 0.4 | 1.2 | 9.1 | 0.0 | -0.5 | 368 |
| Highest | 2.0 | 13.4 | -0.8 | 0.0 | 0.9 | 7.4 | 0.5 | 0.0 | 2.8 | 1.7 | -0.1 | 288 |
| Total | 11.0 | 33.2 | -1.5 | 0.6 | 2.8 | 7.4 | 0.4 | 1.6 | 10.3 | 1.1 | -0.6 | 1,869 |

Notes: Table is based on children who stayed in the household on the night before the interview. Each of the indices is expressed in standard deviation units (SD) from the median of the WHO Child Growth Standards adopted in 2006. The indices in this table are NOT comparable to those based on the previously used NCHS/CDC/WHO reference. The table is based on children with valid dates of birth (month and year) and valid measurement of both height and weight. The total includes 9 cases for which information on size at birth is missing, and 3 cases for which information on mother's education level is missing. Figures in parentheses are based on $25-49$ unweighted cases. An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.
${ }^{1}$ Recumbent length is measured for children under age 2, or in the few cases when the age of the child is unknown and the child is less than 85 cm ; standing height is measured for all other children.
${ }^{2}$ Includes children who are below -3 standard deviations (SD) from the WHO Child Growth standards population median
${ }^{3}$ Excludes children whose mothers were not interviewed
${ }^{4}$ First-born twins (triplets, etc.) are counted as first births because they do not have a previous birth interval.
${ }^{5}$ Includes children whose mothers are deceased
${ }^{6}$ Excludes children whose mothers were not weighed and measured, children whose mothers were not interviewed, and children whose mothers are pregnant or gave birth within the preceding 2 months. Mother's nutritional status in terms of BMI (body mass index) is presented in Table 11.10.1.
${ }^{7}$ For women who are not interviewed, information is taken from the Household Questionnaire. Excludes children whose mothers are not listed in the Household Questionnaire

## Table 11.2 Initial breastfeeding

Among last-born children who were born in the 2 years preceding the survey, the percentage who were ever breastfed and the percentages who started breastfeeding within 1 hour and within 1 day of birth; and among last-born children born in the 2 years preceding the survey who were ever breastfed, the percentage who received a prelacteal feed, by background characteristics, Lesotho 2014
$\left.\begin{array}{lcccccc}\hline & & \text { Among last-born children born in the past } 2 \text { years: }\end{array}\right)$

Notes: Table is based on last-born children born in the 2 years preceding the survey regardless of whether the children are living or dead at the time of interview. Total includes 1 child for whom information on assistance at delivery was missing. An asterisk indicates that a figure is based on 25 unweighted cases and has been suppressed.
${ }^{1}$ Includes children who started breastfeeding within 1 hour of birth
${ }^{2}$ Children given something other than breast milk during the first 3 days of life
${ }^{3}$ Doctor or nurse/midwife

Table 11.3 Breastfeeding status by age
Percent distribution of youngest children under age 2 who are living with their mother, by breastfeeding status, and the percentage currently breastfeeding; and the percentage of all children under two years using a bottle with a nipple, according to age in months, Lesotho 2014

| Age in months | Not breastfeeding | Breastfeeding status |  |  |  |  |  | Percentage currently breastfeeding | Number of youngest children under age 2 living with their mother | Percentage using a bottle with a nipple | Number of all children under age 2 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Exclusively breastfed | Breastfeeding and consuming plain water only | Breastfeeding and consuming non-milk liquids ${ }^{1}$ | Breastfeeding and consuming other milk | Breastfeeding and consuming complementary foods | Total |  |  |  |  |
| 0-1 | 1.3 | 81.8 | 3.2 | 10.3 | 3.4 | 0.0 | 100.0 | 98.7 | 80 | 12.1 | 85 |
| 2-3 | 6.0 | 76.0 | 4.2 | 2.4 | 9.7 | 1.7 | 100.0 | 94.0 | 131 | 18.8 | 136 |
| 4-5 | 10.9 | 44.1 | 2.8 | 4.9 | 10.6 | 26.8 | 100.0 | 89.1 | 105 | 45.6 | 107 |
| 6-8 | 9.5 | 10.2 | 2.0 | 0.5 | 3.7 | 74.1 | 100.0 | 90.5 | 155 | 39.0 | 157 |
| 9-11 | 18.2 | 1.3 | 3.3 | 1.3 | 0.0 | 75.9 | 100.0 | 81.8 | 177 | 27.9 | 185 |
| 12-17 | 29.0 | 0.8 | 1.6 | 0.4 | 0.0 | 68.2 | 100.0 | 71.0 | 325 | 19.9 | 343 |
| 18-23 | 67.0 | 0.3 | 0.2 | 0.0 | 0.2 | 32.3 | 100.0 | 33.0 | 277 | 13.9 | 311 |
| 0-3 | 4.2 | 78.2 | 3.8 | 5.4 | 7.4 | 1.1 | 100.0 | 95.8 | 211 | 16.3 | 221 |
| 0-5 | 6.4 | 66.9 | 3.5 | 5.2 | 8.4 | 9.6 | 100.0 | 93.6 | 315 | 25.8 | 328 |
| 6-9 | 13.6 | 7.9 | 2.2 | 1.1 | 2.9 | 72.2 | 100.0 | 86.4 | 199 | 40.3 | 204 |
| 12-15 | 28.8 | 1.0 | 1.9 | 0.3 | 0.0 | 68.0 | 100.0 | 71.2 | 243 | 22.0 | 254 |
| 12-23 | 46.5 | 0.5 | 1.0 | 0.2 | 0.1 | 51.7 | 100.0 | 53.5 | 602 | 17.1 | 655 |
| 20-23 | 70.5 | 0.0 | 0.0 | 0.0 | 0.0 | 29.5 | 100.0 | 29.5 | 186 | 11.7 | 216 |

Note: Breastfeeding status refers to a 24 -hour period (yesterday and last night). Children who are classified as breastfeeding and consuming plain water only consumed no liquid or solid supplements. The categories of not breastfeeding, exclusively breastfed, breastfeeding and consuming plain water, non-milk liquids, other milk, and complementary foods (solids and semi-solids) are hierarchical and mutually exclusive, and their percentages add to 100 percent. Thus children who receive breast milk and non-milk liquids and who do not receive other milk and who do not receive complementary foods are classified in the non-milk liquid category even though they may also get plain water. Any children who get complementary food are classified in that category as long as they are breastfeeding as well.
${ }^{1}$ Non-milk liquids include juice, juice drinks, clear broth, or other liquids.

## Table 11.4 Median duration of breastfeeding

Median duration of any breastfeeding, exclusive breastfeeding, and predominant breastfeeding among children born in the 3 years preceding the survey, by background characteristics, Lesotho 2014

| Background characteristic | Median duration (months) of breastfeeding among children born in the past 3 years ${ }^{1}$ |  |  |
| :---: | :---: | :---: | :---: |
|  | Any breastfeeding | Exclusive breastfeeding | Predominant breastfeeding ${ }^{2}$ |
| Sex |  |  |  |
| Male | 17.4 | 3.9 | 4.7 |
| Female | 17.0 | 4.0 | 4.4 |
| Residence |  |  |  |
| Urban | 12.2 | * | 3.2 |
| Rural | 18.4 | 4.4 | 4.9 |
| Ecological zone |  |  |  |
| Lowlands | 14.8 | 3.2 | 3.7 |
| Foothills | (19.4) | 4.8 | 5.3 |
| Mountains | 21.6 | 4.7 | 5.1 |
| Senqu River Valley | (18.1) | 3.9 | 5.0 |
| Mother's education |  |  |  |
| No education | * | * | * |
| Primary incomplete | 18.9 | 3.9 | 4.4 |
| Primary complete | 18.1 | 4.6 | 5.2 |
| Secondary | 16.9 | 3.8 | 4.3 |
| More than secondary | * | a | a |
| Wealth quintile |  |  |  |
| Lowest | 21.0 | 4.3 | 5.4 |
| Second | 19.4 | 4.4 | 4.8 |
| Middle | 16.4 | 4.5 | 4.8 |
| Fourth | 14.0 | 4.1 | 4.2 |
| Highest | 11.7 | a | * |
| Total | 17.2 | 3.9 | 4.5 |
| Mean for all children | 16.6 | 4.5 | 5.4 |

Notes: Median and mean durations are based on the distributions at the time of the survey of the proportion of births by months since birth. Includes children living and deceased at the time of the survey. Figures in parentheses are based on 25-49 unweighted cases. An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.
a = omitted because less than 50 percent of the children in this group were exclusively or predominantly breastfeeding.
${ }^{1}$ It is assumed that non-last-born children and last-born children not currently living with the mother are not currently breastfeeding
${ }^{2}$ Either exclusively breastfed or received breast milk and plain water, and/or non-milk liquids only

Table 11.5 Foods and liquids consumed by children in the day or night preceding the interview
Percentage of youngest children under two years of age who are living with the mother by type of foods consumed in the day or night preceding the interview, according to breastfeeding status and age, Lesotho 2014

|  | Liquids |  |  | Solid or semi-solid foods |  |  |  |  |  |  |  |  | Any solid or semisolid food | Number of children |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Age in months | Infant formula | Other milk ${ }^{1}$ | Other liquids ${ }^{2}$ | Fortified baby foods | Food made from grains ${ }^{3}$ | Fruits and vegetables rich in vitamin $\mathrm{A}^{4}$ | Other fruits and vegetables | Food made from roots and tubers | Food <br> made from legumes and nuts | Meat, fish, poultry | Eggs | Cheese, yogurt, other milk product |  |  |
| BREASTFEEDING CHILDREN |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 0-1 | 3.5 | 0.0 | 11.9 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 78 |
| 2-3 | 9.6 | 0.7 | 3.6 | 0.0 | 1.5 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 1.8 | 123 |
| 4-5 | 24.0 | 11.2 | 21.7 | 3.1 | 21.9 | 1.3 | 0.0 | 1.0 | 0.0 | 0.0 | 0.0 | 2.8 | 30.0 | 93 |
| 6-8 | 15.5 | 10.3 | 59.6 | 12.8 | 65.3 | 20.0 | 16.1 | 9.5 | 10.5 | 3.6 | 24.3 | 10.9 | 81.8 | 140 |
| 9-11 | 9.7 | 9.5 | 67.1 | 9.0 | 75.5 | 30.9 | 16.9 | 15.6 | 19.0 | 16.7 | 19.2 | 6.1 | 92.8 | 145 |
| 12-17 | 6.2 | 18.7 | 57.2 | 6.0 | 83.3 | 44.3 | 22.1 | 14.5 | 20.4 | 23.3 | 28.0 | 10.8 | 96.2 | 231 |
| 18-23 | 5.8 | 24.9 | 67.4 | 2.6 | 90.2 | 54.5 | 7.6 | 19.9 | 15.5 | 22.9 | 22.7 | 10.9 | 97.9 | 91 |
| 6-23 | 9.1 | 15.5 | 61.6 | 7.8 | 78.3 | 37.0 | 17.3 | 14.4 | 17.0 | 17.1 | 24.3 | 9.7 | 92.3 | 607 |
| Total | 10.2 | 11.7 | 45.2 | 5.6 | 55.2 | 25.1 | 11.6 | 9.8 | 11.5 | 11.5 | 16.3 | 6.8 | 65.5 | 902 |
| NONBREASTFEEDING CHILDREN |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 0-11 | 57.5 | 28.5 | 57.5 | 28.6 | 64.5 | 24.9 | 16.2 | 22.9 | 15.0 | 28.5 | 26.7 | 13.0 | 82.6 | 67 |
| 12-17 | 26.5 | 28.4 | 69.1 | 12.3 | 76.3 | 48.6 | 30.3 | 22.2 | 19.9 | 23.9 | 34.7 | 12.6 | 89.5 | 94 |
| 18-23 | 12.3 | 37.2 | 62.7 | 7.8 | 89.7 | 49.6 | 30.1 | 21.8 | 25.9 | 39.0 | 34.2 | 13.4 | 96.9 | 186 |
| 6-23 | 21.0 | 34.4 | 66.0 | 12.3 | 84.0 | 47.3 | 29.2 | 23.5 | 23.5 | 34.9 | 34.9 | 13.2 | 94.2 | 327 |
| Total | 24.9 | 33.1 | 63.4 | 13.0 | 81.2 | 44.5 | 27.5 | 22.1 | 22.2 | 32.9 | 32.9 | 13.1 | 92.1 | 347 |

[^9]
## Table 11.6 Infant and young child feeding (IYCF) practices

Percentage of youngest children age 6-23 months living with their mother who are fed according to three IYCF feeding practices based on breastfeeding status, number of food groups, and times they are fed during the day or night preceding the survey, by background characteristics, Lesotho 2014

| Background characteristic | Among breastfed children 6-23 months, percentage fed: |  |  | Numberofbreast-fedchildren$6-23$months | Among nonbreastfed children 6-23 months, percentage fed: |  |  |  | Number of nonbreastfed children 6-23 months | Among all children 6-23 months, percentage fed: |  |  |  | Number of all children 6-23 months |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 4+ food groups ${ }^{1}$ | Minimum meal frequency ${ }^{2}$ | Both 4+ food groups and minimum meal frequency |  | Milk or milk products ${ }^{3}$ | 4+ food groups ${ }^{1}$ | Minimum meal frequency ${ }^{4}$ | With 3 <br> IYCF practices ${ }^{5}$ |  | Breast milk, milk, or milk products ${ }^{6}$ | 4+ food groups ${ }^{1}$ | Minimum meal frequency ${ }^{7}$ | With 3 IYCF practices |  |
| Age in months |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 6-8 | 14.6 | 64.0 | 11.9 | 140 | * | * | * | * | 15 | 96.5 | 15.6 | 63.9 | 11.9 | 155 |
| 9-11 | 14.4 | 52.1 | 8.4 | 145 | (44.2) | (41.7) | (71.0) | (12.7) | 32 | 89.8 | 19.4 | 55.6 | 9.2 | 177 |
| 12-17 | 19.2 | 60.9 | 10.8 | 231 | 37.8 | 32.1 | 61.3 | 10.9 | 94 | 81.9 | 22.9 | 61.0 | 10.8 | 325 |
| 18-23 | 19.0 | 63.9 | 10.7 | 91 | 29.6 | 35.1 | 61.2 | 14.1 | 186 | 52.8 | 29.8 | 62.1 | 13.0 | 277 |
| Sex |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Male | 15.0 | 59.6 | 10.4 | 280 | 33.7 | 34.1 | 60.4 | 13.1 | 170 | 75.0 | 22.2 | 59.9 | 11.4 | 450 |
| Female | 18.7 | 60.3 | 10.5 | 327 | 36.2 | 34.7 | 64.2 | 12.7 | 157 | 79.3 | 23.9 | 61.6 | 11.2 | 484 |
| Residence |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Urban | 28.0 | 49.6 | 18.3 | 108 | 42.5 | 41.9 | 68.1 | 18.2 | 130 | 68.6 | 35.6 | 59.7 | 18.3 | 239 |
| Rural | 14.6 | 62.2 | 8.8 | 498 | 29.9 | 29.4 | 58.4 | 9.4 | 197 | 80.2 | 18.8 | 61.1 | 9.0 | 695 |
| Ecological zone |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Lowlands | 21.7 | 53.8 | 12.8 | 279 | 39.1 | 38.5 | 65.1 | 15.6 | 239 | 71.9 | 29.5 | 59.0 | 14.1 | 518 |
| Foothills | 19.2 | 57.6 | 13.1 | 81 | (27.0) | (18.3) | (53.8) | (6.4) | 28 | 81.2 | 19.0 | 56.6 | 11.3 | 109 |
| Mountains | 11.1 | 69.4 | 6.9 | 196 | 24.0 | 22.9 | 52.4 | 3.3 | 40 | 87.0 | 13.1 | 66.5 | 6.3 | 237 |
| Senqu River Valley | 9.9 | 60.9 | 7.5 | 51 | (17.4) | (30.9) | (60.4) | (10.0) | 19 | 77.3 | 15.6 | 60.7 | 8.2 | 70 |
| District |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Butha-Buthe | 12.3 | 64.9 | 10.2 | 43 | (33.9) | (19.9) | (65.9) | (6.4) | 21 | 78.3 | 14.8 | 65.2 | 9.0 | 64 |
| Leribe | 24.5 | 71.7 | 15.6 | 91 | (35.7) | (27.8) | (73.8) | (7.0) | 48 | 77.9 | 25.6 | 72.4 | 12.6 | 138 |
| Berea | 18.0 | 54.4 | 12.8 | 68 | (25.4) | (39.1) | (63.0) | (7.2) | 47 | 69.6 | 26.6 | 57.9 | 10.5 | 115 |
| Maseru | 23.3 | 45.2 | 14.2 | 123 | 41.9 | 40.3 | 58.2 | 21.5 | 106 | 73.2 | 31.2 | 51.2 | 17.6 | 228 |
| Mafeteng | (24.3) | (41.1) | (7.2) | 40 | (48.9) | (56.4) | (70.3) | (27.9) | 30 | 78.3 | 37.9 | 53.5 | 16.0 | 70 |
| Mohale's Hoek | 2.7 | 56.9 | 0.9 | 69 | (25.2) | (21.1) | (48.3) | (4.2) | 33 | 75.9 | 8.7 | 54.1 | 2.0 | 102 |
| Quthing | 21.7 | 69.4 | 16.3 | 38 | (26.7) | (38.3) | (61.0) | (13.4) | 14 | 80.1 | 26.2 | 67.2 | 15.5 | 52 |
| Qacha's Nek | 6.4 | 51.3 | 0.0 | 19 | * | * | * | * | 5 | 82.6 | 7.0 | 54.2 | 0.0 | 25 |
| Mokhotlong | 4.3 | 69.1 | 1.6 | 58 | * | * | * | * | 9 | 90.0 | 4.0 | 66.5 | 1.4 | 67 |
| Thaba-Tseka | 19.0 | 80.6 | 14.3 | 57 | * | * | * | * | 15 | 84.8 | 21.2 | 78.1 | 11.4 | 72 |
| Mother's education |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| No education | * | * | * | 4 | * | * | * | * | 1 | * | * | * | * | 4 |
| Primary incomplete | 14.1 | 65.1 | 9.6 | 128 | 17.8 | 11.4 | 40.2 | 2.2 | 58 | 74.5 | 13.2 | 57.4 | 7.3 | 185 |
| Primary complete | 19.5 | 61.9 | 13.1 | 163 | 24.9 | 30.1 | 70.2 | 13.2 | 64 | 78.9 | 22.5 | 64.2 | 13.1 | 226 |
| Secondary | 15.5 | 56.4 | 8.6 | 297 | 38.9 | 39.1 | 63.0 | 15.5 | 171 | 77.6 | 24.2 | 58.8 | 11.1 | 468 |
| More than secondary | * | * | * | 16 | (62.8) | (58.1) | (82.1) | (17.8) | 34 | 74.8 | 53.7 | 76.1 | 20.9 | 50 |
| Wealth quintile |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Lowest | 7.9 | 65.1 | 5.5 | 183 | (6.6) | (16.9) | (32.8) | (4.5) | 40 | 83.3 | 9.5 | 59.4 | 5.4 | 223 |
| Second | 15.0 | 67.2 | 10.0 | 126 | 23.0 | 15.7 | 65.6 | 4.5 | 51 | 77.8 | 15.2 | 66.7 | 8.4 | 177 |
| Middle | 15.6 | 58.1 | 9.2 | 138 | 17.1 | 24.6 | 65.6 | 0.7 | 67 | 72.9 | 18.5 | 60.6 | 6.4 | 205 |
| Fourth | 25.5 | 52.3 | 18.5 | 103 | 45.8 | 37.6 | 57.7 | 14.3 | 83 | 75.8 | 30.9 | 54.7 | 16.6 | 185 |
| Highest | 38.6 | 45.6 | 16.1 | 57 | 58.5 | 58.2 | 75.7 | 30.1 | 86 | 75.0 | 50.4 | 63.7 | 24.6 | 142 |
| Total | 17.0 | 60.0 | 10.5 | 607 | 34.9 | 34.4 | 62.3 | 12.9 | 327 | 77.2 | 23.1 | 60.8 | 11.3 | 934 |

Note: Figures in parentheses are based on 25-49 unweighted cases. An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.
${ }^{1}$ Food groups: a. infant formula, milk other than breast milk, cheese or yogurt or other milk products; b. foods made from grains, roots, and tubers, including porridge and fortified baby food from grains; c. vitamin A-rich fruits and vegetables; d. other fruits and vegetables; e. eggs; f. meat, poultry, fish, and shellfish (and organ meats); g. legumes and nuts
${ }^{2}$ For breastfed children, the minimum meal frequency is receiving solid or semi-solid food at least twice a day for infants 6-8 months and at least three times a day for children 9-23 months.
${ }^{3}$ Includes two or more feedings of commercial infant formula, fresh, tinned, and powdered animal milk, and yogurt
${ }^{4}$ For nonbreastfed children age 6-23 months, the minimum meal frequency is receiving solid or semi-solid food or milk feeds at least four times a day.
${ }^{5}$ Nonbreastfed children age 6-23 months are considered to be fed with a minimum standard of three Infant and Young Child Feeding Practices if they receive other milk or milk products at least twice a day, receive the minimum meal frequency, and receive solid or semi-solid foods from at least four food groups, not including the milk or milk products food group.
${ }^{6}$ Breastfeeding, or not breastfeeding and receiving two or more feedings of commercial infant formula, fresh, tinned and powdered animal milk, and yogurt
${ }^{7}$ Children are fed the minimum recommended number of times per day according to their age and breastfeeding status as described in footnotes 2 and 4.

| Table 11.7 Prevalence of anaemia in children |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Percentage of children age 6-59 months classified as having anaemia, by background characteristics, Lesotho 2014 |  |  |  |  |  |
|  | Anaemia status by haemoglobin level |  |  |  |  |
| Background characteristic | Any anaemia $(<11.0 \mathrm{~g} / \mathrm{dl})$ | $\begin{gathered} \text { Mild } \\ \text { anaemia } \\ (10.0-10.9 \mathrm{~g} / \mathrm{dl}) \end{gathered}$ | Moderate anaemia $(7.0-9.9 \mathrm{~g} / \mathrm{dl})$ | Severe anaemia $(<7.0 \mathrm{~g} / \mathrm{dl})$ | Number of children |
| Age in months |  |  |  |  |  |
| 6-8 | 58.1 | 23.2 | 33.1 | 1.8 | 66 |
| 9-11 | 64.6 | 29.6 | 33.5 | 1.4 | 87 |
| 12-17 | 62.3 | 23.6 | 36.3 | 2.4 | 201 |
| 18-23 | 58.3 | 28.9 | 25.9 | 3.5 | 169 |
| 24-35 | 54.3 | 22.3 | 31.5 | 0.4 | 404 |
| 36-47 | 42.4 | 25.0 | 16.9 | 0.6 | 398 |
| 48-59 | 42.0 | 25.1 | 16.2 | 0.7 | 384 |
| Sex |  |  |  |  |  |
| Male | 52.8 | 26.2 | 25.2 | 1.4 | 826 |
| Female | 48.9 | 23.4 | 24.6 | 0.9 | 883 |
| Mother's interview status |  |  |  |  |  |
| Interviewed | 54.2 | 25.4 | 27.2 | 1.7 | 1,152 |
| Not interviewed but in household | 45.0 | 28.1 | 16.9 | 0.0 | 144 |
| Not interviewed and not in the household ${ }^{1}$ | 43.2 | 21.8 | 21.2 | 0.2 | 413 |
| Residence |  |  |  |  |  |
| Urban | 48.3 | 22.7 | 25.3 | 0.3 | 410 |
| Rural | 51.6 | 25.4 | 24.7 | 1.4 | 1,299 |
| Ecological zone |  |  |  |  |  |
| Lowlands | 49.1 | 24.2 | 24.0 | 0.9 | 917 |
| Foothills | 47.9 | 23.2 | 23.0 | 1.7 | 197 |
| Mountains | 55.8 | 25.8 | 28.1 | 1.9 | 447 |
| Senqu River Valley | 49.9 | 27.3 | 22.6 | 0.0 | 149 |
| District |  |  |  |  |  |
| Butha-Buthe | 59.2 | 27.0 | 29.6 | 2.7 | 112 |
| Leribe | 55.7 | 30.1 | 22.6 | 3.0 | 262 |
| Berea | 40.9 | 21.0 | 19.9 | 0.0 | 200 |
| Maseru | 48.5 | 23.4 | 25.0 | 0.2 | 402 |
| Mafeteng | 44.5 | 23.2 | 20.5 | 0.7 | 158 |
| Mohale's Hoek | 56.1 | 22.5 | 32.0 | 1.5 | 158 |
| Quthing | 47.4 | 28.4 | 18.6 | 0.4 | 98 |
| Qacha's Nek | 47.3 | 21.0 | 24.9 | 1.5 | 52 |
| Mokhotlong | 58.5 | 25.0 | 32.0 | 1.5 | 118 |
| Thaba-Tseka | 53.5 | 25.5 | 26.9 | 1.1 | 149 |
| Mother's education ${ }^{2}$ |  |  |  |  |  |
| No education | * | * | * | * | 18 |
| Primary incomplete | 48.9 | 24.5 | 22.8 | 1.6 | 266 |
| Primary complete | 50.2 | 23.9 | 25.5 | 0.8 | 331 |
| Secondary | 56.8 | 27.7 | 27.3 | 1.8 | 593 |
| More than secondary | 50.3 | 24.1 | 24.5 | 1.7 | 86 |
| Wealth quintile |  |  |  |  |  |
| Lowest | 53.9 | 26.0 | 26.7 | 1.2 | 371 |
| Second | 54.8 | 25.9 | 27.4 | 1.4 | 387 |
| Middle | 50.8 | 25.3 | 23.9 | 1.5 | 364 |
| Fourth | 47.1 | 18.4 | 27.8 | 0.9 | 332 |
| Highest | 45.0 | 28.8 | 15.7 | 0.5 | 255 |
| Total | 50.8 | 24.8 | 24.8 | 1.2 | 1,709 |

Notes: Table is based on children who stayed in the household on the night before the interview and who were tested for anaemia. Prevalence of anaemia, based on haemoglobin levels, is adjusted for altitude using formulas in CDC, 1998. Haemoglobin is in grams per decilitre ( $\mathrm{g} / \mathrm{dl}$ ). Total includes 3 cases for which information on mother's education is missing. An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.
${ }^{1}$ Includes children whose mothers are deceased
${ }^{2}$ For women who are not interviewed, information is taken from the Household Questionnaire. Excludes children whose mothers are not listed in the Household Questionnaire.

Table 11.8 Micronutrient intake among children
Among youngest children age 6-23 months who are living with their mother, the percentages who consumed vitamin A-rich and iron-rich foods in the day or night preceding the survey, and among all children 6-59 months, the percentages who were given vitamin A supplements in the 6 months preceding the survey , and who were given deworming medication in the 6 months preceding the survey, and among all children age 6-59 months who live in households that were tested for iodised salt, the percentage who live in households with iodised salt, by background characteristics, Lesotho 2014

| Background characteristic | Among youngest children age 6-23 months living with the mother: |  |  | Among all children age 6-59 months: |  |  | Among children age 6-59 months living in households tested for iodised salt |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Percentage who consumed foods rich in vitamin $A$ in last 24 hours ${ }^{1}$ | Percentage who consumed foods rich in iron in last 24 hours $^{2}$ | Number of children | Percentage given vitamin A supplements in last 6 months | Percentage given deworming medication in last 6 months ${ }^{3}$ | Number of children | Percentage living in households with iodised salt ${ }^{4}$ | Number of children |
| Age in months |  |  |  |  |  |  |  |  |
| 6-8 | 37.4 | 25.8 | 155 | 56.6 | 7.2 | 157 | 96.1 | 102 |
| 9-11 | 53.9 | 37.4 | 177 | 80.6 | 15.8 | 185 | 96.7 | 128 |
| 12-17 | 63.2 | 42.4 | 325 | 75.0 | 24.2 | 343 | 90.8 | 246 |
| 18-23 | 74.3 | 48.4 | 277 | 79.6 | 30.0 | 311 | 91.3 | 216 |
| 24-35 | na | na | na | 60.7 | 24.8 | 572 | 91.3 | 407 |
| 36-47 | na | na | na | 47.9 | 22.8 | 501 | 94.5 | 354 |
| 48-59 | na | na | na | 49.0 | 19.4 | 498 | 92.5 | 364 |
| Sex |  |  |  |  |  |  |  |  |
| Male | 60.0 | 39.3 | 450 | 61.4 | 21.1 | 1,266 | 92.9 | 889 |
| Female | 60.9 | 41.6 | 484 | 61.2 | 23.3 | 1,302 | 92.5 | 928 |
| Breastfeeding status |  |  |  |  |  |  |  |  |
| Breastfeeding | 55.2 | 34.3 | 607 | 70.9 | 19.4 | 657 | 91.6 | 465 |
| Not breastfeeding | 70.2 | 52.0 | 327 | 58.0 | 23.1 | 1,911 | 93.1 | 1,352 |
| Mother's age |  |  |  |  |  |  |  |  |
| 15-19 | 54.0 | 38.7 | 116 | 63.2 | 15.4 | 159 | 91.4 | 103 |
| 20-29 | 63.5 | 43.4 | 555 | 61.9 | 22.3 | 1,490 | 93.0 | 1,052 |
| 30-39 | 54.9 | 34.4 | 212 | 58.1 | 21.3 | 741 | 92.6 | 524 |
| 40-49 | 65.4 | 37.3 | 51 | 67.6 | 30.9 | 178 | 91.7 | 138 |
| Residence |  |  |  |  |  |  |  |  |
| Urban | 69.1 | 53.1 | 239 | 60.2 | 26.3 | 766 | 98.6 | 488 |
| Rural | 57.5 | 36.1 | 695 | 61.8 | 20.4 | 1,802 | 90.6 | 1,329 |
| Ecological zone |  |  |  |  |  |  |  |  |
| Lowlands | 62.3 | 46.7 | 518 | 62.2 | 25.7 | 1,455 | 96.0 | 1,073 |
| Foothills | 71.4 | 46.1 | 109 | 64.4 | 19.9 | 295 | 88.0 | 224 |
| Mountains | 52.2 | 26.6 | 237 | 57.7 | 17.0 | 622 | 87.4 | 438 |
| Senqu River Valley | 57.7 | 32.2 | 70 | 61.6 | 16.0 | 196 | 90.7 | 81 |
| District |  |  |  |  |  |  |  |  |
| Butha-Buthe | 66.5 | 35.5 | 64 | 66.3 | 36.5 | 160 | 89.2 | 115 |
| Leribe | 65.0 | 49.6 | 138 | 58.5 | 23.0 | 402 | 94.9 | 322 |
| Berea | 61.8 | 44.6 | 115 | 63.0 | 21.5 | 315 | 96.7 | 277 |
| Maseru | 64.4 | 47.4 | 228 | 60.8 | 22.3 | 657 | 94.4 | 429 |
| Mafeteng | 68.2 | 52.0 | 70 | 73.6 | 31.4 | 210 | 93.8 | 184 |
| Mohale's Hoek | 51.8 | 26.5 | 102 | 60.3 | 15.9 | 225 | 82.3 | 79 |
| Quthing | 64.2 | 44.0 | 52 | 53.3 | 14.2 | 138 | 99.3 | 65 |
| Qacha's Nek | 39.2 | 16.8 | 25 | 53.6 | 10.8 | 75 | 84.2 | 52 |
| Mokhotlong | 34.4 | 18.4 | 67 | 58.9 | 19.8 | 168 | 91.0 | 131 |
| Thaba-Tseka | 65.4 | 33.3 | 72 | 60.5 | 19.3 | 218 | 85.1 | 164 |
| Mother's education |  |  |  |  |  |  |  |  |
| No education | ${ }^{*}$ | * | 4 | (52.7) | (13.9) | 24 | * | 14 |
| Primary incomplete | 62.0 | 31.0 | 185 | 57.4 | 19.1 | 527 | 88.8 | 379 |
| Primary complete | 58.5 | 36.0 | 226 | 59.1 | 20.1 | 660 | 91.7 | 452 |
| Secondary | 59.6 | 44.4 | 468 | 63.5 | 24.3 | 1,166 | 95.0 | 840 |
| More than secondary | 70.9 | 61.5 | 50 | 67.0 | 26.0 | 190 | 96.4 | 132 |
| Wealth quintile |  |  |  |  |  |  |  |  |
| Lowest | 55.0 | 20.9 | 223 | 59.1 | 16.7 | 552 | 84.3 | 391 |
| Second | 62.5 | 40.0 | 177 | 59.6 | 22.5 | 504 | 91.7 | 351 |
| Middle | 60.4 | 41.8 | 205 | 61.9 | 24.2 | 513 | 93.0 | 376 |
| Fourth | 61.1 | 50.7 | 185 | 63.2 | 20.1 | 507 | 97.1 | 350 |
| Highest | 65.8 | 56.6 | 142 | 62.9 | 28.1 | 491 | 98.5 | 350 |
| Total | 60.5 | 40.5 | 934 | 61.3 | 22.2 | 2,568 | 92.7 | 1,817 |

Notes: Information on vitamin A supplements is based on both mother's recall and the immunisation card (where available). Information on deworming medication is based on the mother's recall. Figures in parentheses are based on 25-49 unweighted cases. An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.
na $=$ Not applicable
${ }^{1}$ Includes meat (and organ meat), fish, poultry, eggs, pumpkin, pumpkin, carrots, red pepper, squash, yellow or orange sweet potatoes, dark green leafy vegetables, ripe mangoes, apricots, dried peaches, papayas and other fruits and vegetables that are rich in vitamin A
${ }^{2}$ Includes meat (including organ meat), fish, poultry and eggs
${ }^{3}$ Deworming for intestinal parasites is commonly done for helminths and for schistosomiasis.
${ }^{4}$ Excludes children in households in which salt was not tested

Table 11.9 Presence of iodised salt in household
Among all households, the percentage with salt tested for iodine content, the percentage with no salt in the household, and the percentage with salt not tested; and among households with salt tested, the percentage with iodised salt, according to background characteristics, Lesotho 2014

| Background characteristic | Among all households, the percentage: |  |  |  | Among households with tested salt: |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | With salt tested | With no salt in the household | Not tested due to lack of test kit | Number of households | Percentage with iodised salt | Number of households |
| Residence |  |  |  |  |  |  |
| Urban | 64.1 | 3.2 | 32.6 | 3,020 | 97.2 | 1,938 |
| Rural | 72.8 | 8.0 | 19.2 | 6,382 | 91.1 | 4,645 |
| Ecological zone |  |  |  |  |  |  |
| Lowlands | 71.6 | 4.9 | 23.5 | 5,670 | 95.8 | 4,061 |
| Foothills | 77.0 | 8.2 | 14.8 | 983 | 89.4 | 757 |
| Mountains | 73.3 | 9.9 | 16.8 | 1,978 | 86.9 | 1,449 |
| Senqu River Valley | 40.9 | 7.2 | 51.9 | 771 | 91.0 | 315 |
| District |  |  |  |  |  |  |
| Butha-Buthe | 74.4 | 11.2 | 14.4 | 582 | 89.2 | 433 |
| Leribe | 79.4 | 5.9 | 14.7 | 1,471 | 95.3 | 1,168 |
| Berea | 86.2 | 4.7 | 9.1 | 1,163 | 96.6 | 1,002 |
| Maseru | 62.8 | 5.4 | 31.8 | 2,400 | 95.0 | 1,507 |
| Mafeteng | 84.3 | 5.4 | 10.3 | 899 | 93.9 | 758 |
| Mohale's Hoek | 34.0 | 3.9 | 62.2 | 888 | 86.2 | 302 |
| Quthing | 48.9 | 7.0 | 44.1 | 494 | 97.5 | 241 |
| Qacha's Nek | 70.2 | 7.9 | 21.9 | 330 | 86.1 | 231 |
| Mokhotlong | 80.4 | 10.5 | 9.1 | 492 | 86.9 | 396 |
| Thaba-Tseka | 79.5 | 11.3 | 9.2 | 684 | 85.3 | 544 |
| Wealth quintile |  |  |  |  |  |  |
| Lowest | 67.7 | 13.8 | 18.5 | 1,795 | 83.9 | 1,216 |
| Second | 69.4 | 8.8 | 21.7 | 1,761 | 90.6 | 1,223 |
| Middle | 72.3 | 5.7 | 22.0 | 1,857 | 93.6 | 1,343 |
| Fourth | 72.5 | 2.7 | 24.8 | 2,001 | 97.1 | 1,451 |
| Highest | 67.9 | 2.3 | 29.8 | 1,987 | 97.6 | 1,350 |
| Total | 70.0 | 6.5 | 23.5 | 9,402 | 92.9 | 6,583 |

## Table 11.10.1 Nutritional status of women

Among women age 15-49, the percentage with height under 145 cm , mean body mass index (BMI), and the percentage with specific BMI levels, by background characteristics, Lesotho 2014

| Background characteristic | Height |  | Body Mass Index ${ }^{1}$ |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | Mean <br> Body <br> Mass <br> Index <br> (BMI) | Normal | Thin |  |  | Overweight/obese |  |  | Number of women |
|  | Percentage below 145 cm | Number of women |  | $\begin{gathered} 18.5-24.9 \\ \text { (total } \\ \text { normal) } \\ \hline \end{gathered}$ | $\begin{gathered} <18.5 \\ \text { (total thin) } \end{gathered}$ | $\begin{gathered} 17.0-18.4 \\ \text { (mildly } \\ \text { thin) } \\ \hline \end{gathered}$ | $\begin{aligned} & <17 \\ & \text { (moder- } \\ & \text { ately and } \\ & \text { severely } \\ & \text { thin) } \end{aligned}$ | $\geq 25.0$ (total overweight or obese) | $\begin{gathered} \text { 25.0-29.9 } \\ \text { (over- } \\ \text { weight) } \\ \hline \end{gathered}$ | $\begin{gathered} \geq 30.0 \\ \text { (obese) } \\ \hline \end{gathered}$ |  |
| Age |  |  |  |  |  |  |  |  |  |  |  |
| 15-19 | 2.3 | 739 | 22.3 | 72.7 | 9.0 | 7.0 | 2.0 | 18.3 | 15.3 | 2.9 | 690 |
| 20-29 | 1.3 | 1,220 | 25.0 | 54.2 | 4.3 | 3.1 | 1.2 | 41.5 | 25.8 | 15.7 | 1,125 |
| 30-39 | 1.2 | 842 | 27.3 | 41.1 | 2.1 | 1.4 | 0.6 | 56.9 | 28.2 | 28.7 | 796 |
| 40-49 | 0.7 | 548 | 28.2 | 31.9 | 1.5 | 1.1 | 0.3 | 66.6 | 31.2 | 35.4 | 543 |
| Residence |  |  |  |  |  |  |  |  |  |  |  |
| Urban | 1.2 | 1,177 | 26.1 | 45.7 | 4.2 | 2.7 | 1.5 | 50.1 | 27.6 | 22.4 | 1,124 |
| Rural | 1.5 | 2,172 | 25.2 | 54.1 | 4.3 | 3.5 | 0.8 | 41.6 | 23.6 | 18.0 | 2,031 |
| Ecological zone |  |  |  |  |  |  |  |  |  |  |  |
| Lowlands | 1.3 | 2,088 | 26.0 | 47.5 | 4.2 | 3.1 | 1.0 | 48.3 | 26.0 | 22.3 | 1,967 |
| Foothills | 1.5 | 334 | 25.3 | 51.1 | 4.9 | 2.8 | 2.1 | 44.0 | 23.9 | 20.0 | 311 |
| Mountains | 1.9 | 675 | 24.2 | 60.2 | 4.3 | 3.3 | 1.0 | 35.5 | 24.3 | 11.2 | 639 |
| Senqu River Valley | 0.9 | 252 | 25.1 | 56.4 | 4.5 | 3.8 | 0.7 | 39.1 | 20.1 | 19.0 | 238 |
| District |  |  |  |  |  |  |  |  |  |  |  |
| Butha-Buthe | 0.7 | 202 | 26.3 | 51.3 | 2.4 | 2.4 | 0.0 | 46.3 | 21.6 | 24.7 | 189 |
| Leribe | 1.4 | 524 | 25.7 | 49.2 | 3.1 | 2.7 | 0.4 | 47.7 | 28.1 | 19.5 | 498 |
| Berea | 1.2 | 441 | 25.8 | 46.8 | 5.6 | 5.1 | 0.5 | 47.6 | 26.1 | 21.6 | 418 |
| Maseru | 1.2 | 928 | 25.8 | 49.2 | 4.1 | 2.1 | 2.0 | 46.8 | 25.1 | 21.7 | 868 |
| Mafeteng | 1.8 | 288 | 26.0 | 46.6 | 5.5 | 3.3 | 2.2 | 47.9 | 25.7 | 22.2 | 265 |
| Mohale's Hoek | 2.4 | 280 | 25.7 | 51.2 | 3.2 | 3.2 | 0.0 | 45.6 | 25.4 | 20.2 | 265 |
| Quthing | 1.0 | 171 | 25.5 | 51.8 | 4.9 | 4.3 | 0.6 | 43.3 | 23.6 | 19.7 | 163 |
| Qacha's Nek | 4.2 | 99 | 25.3 | 51.9 | 4.7 | 4.7 | 0.0 | 43.4 | 26.4 | 17.0 | 94 |
| Mokhotlong | 0.7 | 178 | 23.5 | 68.0 | 4.6 | 2.9 | 1.6 | 27.4 | 19.5 | 7.9 | 167 |
| Thaba-Tseka | 1.1 | 239 | 23.9 | 62.4 | 5.8 | 4.4 | 1.4 | 31.8 | 22.3 | 9.5 | 229 |
| Education |  |  |  |  |  |  |  |  |  |  |  |
| No education | (5.3) | 37 | (25.4) | (59.4) | (2.7) | (2.7) | (0.0) | (37.9) | (18.7) | (19.1) | 35 |
| Primary incomplete | 2.4 | 592 | 24.7 | 56.9 | 6.3 | 5.3 | 1.0 | 36.8 | 21.4 | 15.4 | 555 |
| Primary complete | 1.5 | 721 | 25.7 | 49.4 | 3.1 | 2.1 | 0.9 | 47.5 | 27.1 | 20.4 | 680 |
| Secondary | 1.1 | 1,727 | 25.4 | 51.7 | 4.4 | 3.0 | 1.4 | 43.9 | 25.4 | 18.5 | 1,632 |
| More than secondary | 0.0 | 273 | 27.8 | 37.6 | 2.9 | 2.9 | 0.0 | 59.5 | 25.9 | 33.6 | 253 |
| Wealth quintile |  |  |  |  |  |  |  |  |  |  |  |
| Lowest | 1.7 | 481 | 23.2 | 69.0 | 6.2 | 5.5 | 0.7 | 24.8 | 18.9 | 5.9 | 446 |
| Second | 2.1 | 555 | 24.6 | 56.8 | 5.1 | 3.4 | 1.7 | 38.1 | 22.4 | 15.8 | 521 |
| Middle | 2.2 | 632 | 25.2 | 52.1 | 3.9 | 3.4 | 0.5 | 43.9 | 28.0 | 16.0 | 591 |
| Fourth | 0.6 | 816 | 26.4 | 47.2 | 3.2 | 2.1 | 1.2 | 49.5 | 24.8 | 24.7 | 761 |
| Highest | 1.0 | 866 | 26.8 | 40.8 | 4.0 | 2.7 | 1.3 | 55.2 | 28.2 | 27.1 | 835 |
| Total | 1.4 | 3,349 | 25.5 | 51.1 | 4.3 | 3.2 | 1.1 | 44.6 | 25.0 | 19.6 | 3,155 |

Notes: The body mass index ( BMI ) is expressed as the ratio of weight in kilograms to the square of height in metres $\left(\mathrm{kg} / \mathrm{m}^{2}\right)$. Figures in parentheses are based on 25-49 unweighted cases.
${ }^{1}$ Excludes pregnant women and women with a birth in the preceding 2 months

Table 11.10.2 Nutritional status of men
Among men age 15-49, mean body mass index (BMI), and the percentage with specific BMI levels, by background characteristics, Lesotho 2014

| Background characteristic | Body Mass Index |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Mean Body Mass Index (BMI) | Normal | Thin |  |  | Overweight/obese |  |  | Number of men |
|  |  | $\begin{gathered} \text { 18.5-24.9 } \\ \text { (total normal) } \end{gathered}$ | $\begin{gathered} <18.5 \\ \text { (total thin) } \end{gathered}$ | $\begin{gathered} \text { 17.0-18.4 } \\ \text { (mildly thin) } \\ \hline \end{gathered}$ | ```<17 (moderately and severely thin)``` | $\geq 25.0$ <br> (total overweight or obese) | $\begin{gathered} \text { 25.0-29.9 } \\ \text { (over- } \\ \text { weight) } \\ \hline \end{gathered}$ | $\begin{gathered} \geq 30.0 \\ \text { (obese) } \end{gathered}$ |  |
| Age |  |  |  |  |  |  |  |  |  |
| 15-19 | 19.8 | 70.4 | 27.4 | 16.7 | 10.7 | 2.1 | 2.0 | 0.2 | 679 |
| 20-29 | 21.4 | 82.8 | 9.0 | 7.1 | 1.9 | 8.2 | 7.0 | 1.2 | 944 |
| 30-39 | 22.4 | 70.4 | 10.5 | 9.1 | 1.4 | 19.1 | 13.8 | 5.3 | 586 |
| 40-49 | 23.0 | 64.8 | 9.1 | 6.4 | 2.7 | 26.1 | 16.6 | 9.4 | 373 |
| Residence |  |  |  |  |  |  |  |  |  |
| Urban | 22.1 | 70.2 | 11.8 | 8.3 | 3.5 | 18.0 | 13.0 | 5.0 | 895 |
| Rural | 21.1 | 76.2 | 15.5 | 10.9 | 4.6 | 8.3 | 6.3 | 2.0 | 1,688 |
| Ecological zone |  |  |  |  |  |  |  |  |  |
| Lowlands | 21.6 | 71.8 | 14.6 | 10.3 | 4.3 | 13.6 | 10.0 | 3.6 | 1,655 |
| Foothills | 21.1 | 76.9 | 15.2 | 10.5 | 4.7 | 7.9 | 4.8 | 3.1 | 246 |
| Mountains | 21.3 | 80.1 | 11.4 | 8.0 | 3.5 | 8.4 | 6.2 | 2.2 | 513 |
| Senqu River Valley | 21.0 | 74.6 | 17.4 | 12.6 | 4.8 | 8.0 | 7.4 | 0.6 | 169 |
| District |  |  |  |  |  |  |  |  |  |
| Butha-Buthe | 21.5 | 76.4 | 12.8 | 9.3 | 3.5 | 10.7 | 8.6 | 2.2 | 142 |
| Leribe | 21.1 | 75.1 | 15.7 | 10.5 | 5.2 | 9.2 | 7.3 | 1.9 | 370 |
| Berea | 21.8 | 70.7 | 14.0 | 9.3 | 4.7 | 15.3 | 11.2 | 4.1 | 371 |
| Maseru | 21.8 | 74.0 | 11.8 | 8.3 | 3.5 | 14.2 | 9.8 | 4.4 | 787 |
| Mafeteng | 20.9 | 71.8 | 17.9 | 13.2 | 4.7 | 10.3 | 7.8 | 2.5 | 234 |
| Mohale's Hoek | 21.1 | 74.0 | 16.6 | 12.6 | 4.0 | 9.4 | 8.4 | 1.0 | 198 |
| Quthing | 21.4 | 73.3 | 15.2 | 10.4 | 4.7 | 11.5 | 10.0 | 1.6 | 102 |
| Qacha's Nek | 21.6 | 72.8 | 14.6 | 12.8 | 1.8 | 12.6 | 9.3 | 3.3 | 73 |
| Mokhotlong | 20.7 | 76.3 | 18.3 | 12.8 | 5.5 | 5.4 | 4.3 | 1.1 | 141 |
| Thaba-Tseka | 21.4 | 80.7 | 11.9 | 7.3 | 4.6 | 7.4 | 4.2 | 3.2 | 166 |
| Education |  |  |  |  |  |  |  |  |  |
| No education | 21.6 | 85.6 | 5.9 | 5.3 | 0.7 | 8.4 | 6.3 | 2.1 | 203 |
| Primary incomplete | 20.9 | 74.8 | 17.4 | 11.1 | 6.3 | 7.8 | 6.1 | 1.7 | 861 |
| Primary complete | 21.5 | 72.8 | 14.3 | 9.7 | 4.6 | 12.9 | 10.0 | 2.9 | 301 |
| Secondary | 21.3 | 75.0 | 14.7 | 10.8 | 3.9 | 10.2 | 7.5 | 2.8 | 1,008 |
| More than secondary | 24.1 | 57.8 | 6.6 | 6.3 | 0.3 | 35.6 | 24.5 | 11.1 | 210 |
| Wealth quintile |  |  |  |  |  |  |  |  |  |
| Lowest | 20.8 | 75.5 | 17.6 | 12.7 | 5.0 | 6.8 | 5.1 | 1.7 | 363 |
| Second | 20.8 | 79.8 | 15.9 | 10.9 | 5.0 | 4.4 | 3.6 | 0.8 | 471 |
| Middle | 20.9 | 76.6 | 15.3 | 9.8 | 5.5 | 8.0 | 6.6 | 1.5 | 517 |
| Fourth | 21.2 | 74.8 | 15.0 | 10.3 | 4.7 | 10.2 | 8.3 | 1.9 | 602 |
| Highest | 22.9 | 66.3 | 9.4 | 7.7 | 1.7 | 24.3 | 16.3 | 8.0 | 630 |
| Total 15-49 | 21.4 | 74.1 | 14.2 | 10.0 | 4.2 | 11.7 | 8.6 | 3.1 | 2,583 |
| 50-59 | 23.1 | 63.2 | 8.8 | 5.6 | 3.2 | 28.0 | 21.4 | 6.6 | 270 |
| Total 15-59 | 21.6 | 73.1 | 13.7 | 9.6 | 4.1 | 13.2 | 9.8 | 3.4 | 2,853 |

Note: The body mass index $(\mathrm{BMI})$ is expressed as the ratio of weight in kilograms to the square of height in metres $\left(\mathrm{kg} / \mathrm{m}^{2}\right)$.

| Table 11.11.1 Prevalence of anaemia in women |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Percentage of women age 15-49 with anaemia, by background characteristics, Lesotho 2014 |  |  |  |  |  |
|  | Anaemia status by haemoglobin level |  |  |  |  |
|  | Any | Mild | Moderate | Severe | Number of women |
| Not pregnant | $<12.0 \mathrm{~g} / \mathrm{dl}$ | $10.0-11.9 \mathrm{~g} / \mathrm{dl}$ | $7.0-9.9 \mathrm{~g} / \mathrm{dl}$ | $<7.0 \mathrm{~g} / \mathrm{dl}$ |  |
| Background characteristic Pregnant | $<11.0 \mathrm{~g} / \mathrm{dl}$ | $10.0-10.9 \mathrm{~g} / \mathrm{dl}$ | $7.0-9.9 \mathrm{~g} / \mathrm{dl}$ | $<7.0 \mathrm{~g} / \mathrm{dl}$ |  |
| Age |  |  |  |  |  |
| 15-19 | 24.1 | 19.0 | 4.6 | 0.5 | 731 |
| 20-29 | 29.0 | 20.8 | 7.7 | 0.5 | 1,206 |
| 30-39 | 28.6 | 20.6 | 6.9 | 1.1 | 822 |
| 40-49 | 25.6 | 19.4 | 5.8 | 0.4 | 538 |
| Number of children ever born |  |  |  |  |  |
| 0 | 26.8 | 20.1 | 6.2 | 0.4 | 998 |
| 1 | 27.4 | 18.1 | 8.6 | 0.6 | 743 |
| 2-3 | 29.8 | 22.1 | 6.5 | 1.1 | 1,041 |
| 4-5 | 21.0 | 17.9 | 3.1 | 0.0 | 372 |
| 6+ | 27.6 | 21.2 | 6.3 | 0.0 | 144 |
| Maternity status |  |  |  |  |  |
| Pregnant | 35.5 | 23.6 | 11.9 | 0.0 | 137 |
| Breastfeeding | 25.0 | 19.3 | 5.3 | 0.3 | 485 |
| Neither | 27.3 | 20.1 | 6.5 | 0.7 | 2,676 |
| Using IUCD |  |  |  |  |  |
| Yes | (34.7) | (24.6) | (9.1) | (1.0) | 35 |
| No | 27.2 | 20.1 | 6.5 | 0.6 | 3,263 |
| Residence |  |  |  |  |  |
| Urban | 31.9 | 22.7 | 8.2 | 1.1 | 1,142 |
| Rural | 24.8 | 18.7 | 5.6 | 0.4 | 2,156 |
| Ecological zone |  |  |  |  |  |
| Lowlands | 30.8 | 23.0 | 7.1 | 0.7 | 2,044 |
| Foothills | 21.5 | 15.9 | 4.8 | 0.7 | 335 |
| Mountains | 20.8 | 14.7 | 5.5 | 0.5 | 672 |
| Senqu River Valley | 23.8 | 16.5 | 6.7 | 0.6 | 247 |
| District |  |  |  |  |  |
| Butha-Buthe | 29.4 | 22.7 | 6.4 | 0.3 | 203 |
| Leribe | 25.4 | 18.6 | 6.2 | 0.6 | 519 |
| Berea | 22.9 | 18.6 | 4.1 | 0.2 | 432 |
| Maseru | 34.2 | 25.0 | 8.2 | 1.1 | 901 |
| Mafeteng | 27.7 | 19.7 | 7.2 | 0.8 | 285 |
| Mohale's Hoek | 25.8 | 18.2 | 7.2 | 0.4 | 278 |
| Quthing | 23.6 | 18.1 | 5.4 | 0.0 | 164 |
| Qacha's Nek | 27.5 | 21.3 | 5.3 | 0.8 | 99 |
| Mokhotlong | 24.4 | 15.2 | 8.5 | 0.6 | 178 |
| Thaba-Tseka | 16.9 | 12.6 | 3.5 | 0.8 | 238 |
| Education |  |  |  |  |  |
| No education | (31.2) | (31.2) | (0.0) | (0.0) | 37 |
| Primary incomplete | 27.5 | 20.3 | 7.1 | 0.1 | 588 |
| Primary complete | 23.9 | 16.3 | 6.3 | 1.3 | 709 |
| Secondary | 28.1 | 21.0 | 6.4 | 0.6 | 1,702 |
| More than secondary | 30.0 | 22.4 | 7.4 | 0.2 | 262 |
| Wealth quintile |  |  |  |  |  |
| Lowest | 22.8 | 16.4 | 6.0 | 0.4 | 481 |
| Second | 23.2 | 18.3 | 4.3 | 0.6 | 553 |
| Middle | 27.3 | 19.9 | 7.0 | 0.4 | 627 |
| Fourth | 31.0 | 23.8 | 6.6 | 0.6 | 797 |
| Highest | 28.9 | 20.0 | 7.9 | 0.9 | 840 |
| Total | 27.3 | 20.1 | 6.5 | 0.6 | 3,297 |

Notes: Prevalence is adjusted for altitude and for smoking status if known using formulas in CDC, 1998.
Figures in parentheses are based on 25-49 unweighted cases.

| Table 11.11.2 Prevalence of anaemia in men |  |  |
| :---: | :---: | :---: |
| Percentage of men age 15-49 with anaemia, by background characteristics, Lesotho 2014 |  |  |
|  | Anaemia status by haemoglobin level |  |
| Background characteristic | $\begin{gathered} \text { Any } \\ \text { anaemia } \\ <13.0 \mathrm{~g} / \mathrm{dl} \end{gathered}$ | Number of men |
| Age |  |  |
| 15-19 | 16.7 | 670 |
| 20-29 | 9.8 | 918 |
| 30-39 | 14.2 | 566 |
| 40-49 | 20.1 | 364 |
| Smoking status |  |  |
| Smokes cigarettes/tobacco | 13.5 | 1,052 |
| Does not smoke | 14.6 | 1,465 |
| Residence |  |  |
| Urban | 14.8 | 861 |
| Rural | 13.7 | 1,656 |
| Ecological zone |  |  |
| Lowlands | 13.2 | 1,613 |
| Foothills | 19.9 | 237 |
| Mountains | 15.9 | 503 |
| Senqu River Valley | 9.3 | 164 |
| District |  |  |
| Butha-Buthe | 21.9 | 140 |
| Leribe | 12.0 | 365 |
| Berea | 9.7 | 360 |
| Maseru | 15.1 | 762 |
| Mafeteng | 11.7 | 229 |
| Mohale's Hoek | 17.0 | 194 |
| Quthing | 6.1 | 99 |
| Qacha's Nek | 19.9 | 73 |
| Mokhotlong | 20.2 | 137 |
| Thaba-Tseka | 14.1 | 159 |
| Education |  |  |
| No education | 18.4 | 201 |
| Primary incomplete | 17.3 | 842 |
| Primary complete | 14.9 | 294 |
| Secondary | 11.1 | 984 |
| More than secondary | 9.8 | 197 |
| Wealth quintile |  |  |
| Lowest | 18.8 | 359 |
| Second | 16.1 | 455 |
| Middle | 13.1 | 511 |
| Fourth | 13.9 | 590 |
| Highest | 10.8 | 601 |
| Total 15-49 | 14.1 | 2,517 |
| 50-59 | 23.1 | 266 |
| Total 15-59 | 15.0 | 2,783 |

Note: Prevalence is adjusted for altitude and for smoking status, if known, using formulas in CDC, 1998.

## Table 11.12 Micronutrient intake among mothers

Among women age 15-49 with a child born in the past 5 years, the percentage who received a vitamin A dose in the first 2 months after the birth of the last child, and the percent distribution by number of days they took iron tablets during the pregnancy of the last child; and among women age 15-49 with a child born in the past 5 years and who live in households that were tested for iodised salt, the percentage who live in households with iodised salt, by background characteristics, Lesotho 2014

| Background characteristic | Among women with a child born in the past 5 years: |  |  |  |  |  |  |  | Among women with a child born in the last 5 years, who live in households that were tested for iodised salt |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Percentage who received vitamin A dose postpartum ${ }^{1}$ | Number of days women took iron tablets during pregnancy of last birth |  |  |  |  |  | Number of women | Percentage living in households with iodised salt $^{2}$ | Number of women |
|  |  | None | <60 | 60-89 | 90+ | Don't know | Total |  |  |  |
| Age |  |  |  |  |  |  |  |  |  |  |
| 15-19 | 66.7 | 26.6 | 10.2 | 6.8 | 46.5 | 9.9 | 100.0 | 216 | 93.0 | 150 |
| 20-29 | 69.8 | 19.5 | 10.2 | 5.6 | 52.4 | 12.2 | 100.0 | 1,435 | 93.1 | 1,007 |
| 30-39 | 65.3 | 21.1 | 8.8 | 4.8 | 53.8 | 11.6 | 100.0 | 745 | 92.8 | 523 |
| 40-49 | 62.5 | 35.1 | 10.4 | 5.6 | 39.5 | 9.3 | 100.0 | 178 | 90.9 | 139 |
| Residence |  |  |  |  |  |  |  |  |  |  |
| Urban | 72.4 | 15.8 | 11.1 | 6.4 | 54.9 | 11.9 | 100.0 | 749 | 98.5 | 479 |
| Rural | 65.8 | 24.1 | 9.3 | 5.1 | 50.0 | 11.5 | 100.0 | 1,825 | 90.8 | 1,341 |
| Ecological zone |  |  |  |  |  |  |  |  |  |  |
| Lowlands | 70.5 | 18.6 | 10.4 | 5.7 | 53.8 | 11.5 | 100.0 | 1,459 | 95.8 | 1,079 |
| Foothills | 59.6 | 31.2 | 9.1 | 7.1 | 40.6 | 12.0 | 100.0 | 316 | 89.4 | 243 |
| Mountains | 67.5 | 22.6 | 9.2 | 3.8 | 53.8 | 10.7 | 100.0 | 598 | 87.6 | 418 |
| Senqu River Valley | 61.3 | 25.7 | 9.0 | 6.4 | 44.3 | 14.7 | 100.0 | 202 | 91.5 | 79 |
| District |  |  |  |  |  |  |  |  |  |  |
| Butha-Buthe | 60.7 | 16.1 | 8.5 | 7.4 | 57.1 | 11.0 | 100.0 | 167 | 89.1 | 120 |
| Leribe | 69.5 | 18.0 | 6.8 | 5.3 | 47.9 | 22.0 | 100.0 | 423 | 95.2 | 340 |
| Berea | 65.4 | 20.0 | 14.5 | 9.6 | 49.1 | 6.7 | 100.0 | 322 | 96.8 | 286 |
| Maseru | 72.4 | 24.3 | 12.1 | 4.3 | 52.6 | 6.8 | 100.0 | 636 | 94.4 | 416 |
| Mafeteng | 72.5 | 21.4 | 7.1 | 4.6 | 58.6 | 8.2 | 100.0 | 213 | 93.6 | 188 |
| Mohale's Hoek | 63.9 | 23.9 | 8.6 | 3.8 | 50.8 | 12.9 | 100.0 | 234 | 82.0 | 78 |
| Quthing | 62.7 | 25.8 | 7.7 | 6.6 | 47.1 | 12.8 | 100.0 | 136 | 99.2 | 59 |
| Qacha's Nek | 68.2 | 28.0 | 6.5 | 5.0 | 54.6 | 6.0 | 100.0 | 70 | 84.1 | 48 |
| Mokhotlong | 65.8 | 18.0 | 7.9 | 6.0 | 50.9 | 17.2 | 100.0 | 161 | 90.2 | 125 |
| Thaba-Tseka | 63.4 | 23.6 | 11.1 | 3.6 | 49.4 | 12.3 | 100.0 | 212 | 86.3 | 160 |
| Education |  |  |  |  |  |  |  |  |  |  |
| No education | (72.6) | (28.5) | (4.9) | (7.8) | (27.1) | (31.8) | 100.0 | 23 | * | 14 |
| Primary incomplete | 62.7 | 27.4 | 10.4 | 3.4 | 48.5 | 10.3 | 100.0 | 491 | 88.0 | 350 |
| Primary complete | 65.9 | 24.0 | 12.0 | 6.5 | 46.8 | 10.8 | 100.0 | 644 | 92.6 | 441 |
| Secondary | 70.5 | 19.8 | 8.4 | 6.2 | 52.9 | 12.7 | 100.0 | 1,222 | 94.8 | 879 |
| More than secondary | 68.8 | 10.3 | 11.0 | 2.9 | 67.5 | 8.4 | 100.0 | 195 | 96.5 | 136 |
| Wealth quintile |  |  |  |  |  |  |  |  |  |  |
| Lowest | 61.2 | 24.9 | 11.8 | 3.5 | 49.0 | 10.8 | 100.0 | 512 | 84.8 | 359 |
| Second | 64.2 | 26.4 | 8.1 | 6.3 | 49.0 | 10.2 | 100.0 | 504 | 92.6 | 347 |
| Middle | 69.2 | 23.4 | 7.9 | 7.9 | 49.1 | 11.8 | 100.0 | 522 | 91.6 | 385 |
| Fourth | 71.0 | 18.8 | 9.2 | 4.9 | 51.6 | 15.5 | 100.0 | 540 | 96.9 | 383 |
| Highest | 73.0 | 14.7 | 12.4 | 4.8 | 58.5 | 9.6 | 100.0 | 498 | 98.3 | 346 |
| Total | 67.7 | 21.7 | 9.8 | 5.5 | 51.4 | 11.6 | 100.0 | 2,575 | 92.8 | 1,820 |

Note: Figures in parentheses are based on 25-49 unweighted cases. An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.
${ }^{1}$ In the first two months after delivery of last birth
${ }^{2}$ Excludes women in households where salt was not tested

## HIVIAIDS-RELATED KNOWLEDGE, ATTITUDES, AND BEHAVIOUR

## Key Findings

- Knowledge of HIV prevention methods: Thirty-nine percent of women and $31 \%$ of men have "comprehensive knowledge" about the modes of HIV transmission and prevention.
- Knowledge of prevention of mother-to-child transmission of HIV: Eighty-two percent of women and $74 \%$ of men know that HIV can be transmitted by breastfeeding. Among women and men, $87 \%$ and $70 \%$, respectively, know that the risk of mother-to-child transmission is reduced by a mother taking special drugs during pregnancy.
- Sexual partners: Seven percent of women and $27 \%$ of men had two or more sexual partners in the year before the survey. Among these respondents, $54 \%$ of women and $65 \%$ of men reported that they used a condom during their most recent sexual intercourse.
- HIV tests: Ninety-seven percent of women and $92 \%$ of men know where to get an HIV test. Eighty-four percent of women and $63 \%$ of men have been tested for HIV and have received the results of their last test. Fifty-eight percent of women and $36 \%$ of men were tested in the past 12 months and received the results of their last test.

Lesotho is one among many countries in Africa facing the devastating impact of the HIV/AIDS epidemic. As of 2014, an estimated 314,000 adults and children in the country were living with HIV (MOH 2015b).

The principal mode of HIV transmission in Lesotho is heterosexual intercourse, which accounts for $97 \%$ of all new HIV infections in the country (LNAC 2009). Among other modes of transmission, the most important in Lesotho is vertical transmission, in which the mother passes HIV to her child during pregnancy, childbirth, and breastfeeding. The prevention of mother-to-child transmission of HIV (PMTCT) programme in Lesotho is a priority in the fight against HIV/AIDS in children. The programme seeks to prevent paediatric HIV infection through primary prevention of HIV infection in the childbearing population, prevention of unintended pregnancies, PMTCT through a three-drug (Option B+) regimen, and provision of care and follow-up psychosocial support.

The principal objective of this chapter is to provide the prevalence of relevant knowledge, perceptions, and behaviours at the national level and also within geographic and socioeconomic subpopulations. In this way, the STI, HIV, and AIDS programme in Lesotho can target those groups of individuals most in need of information and most at risk of HIV infection.

To facilitate comparisons between sexes, findings in this chapter will refer to the 15-49 age group unless otherwise noted. The chapter concludes with a discussion of the findings for young people age 15-24.

### 12.1 HIVIAIDS Knowledge, Transmission, and Prevention Methods

Knowledge of HIV is almost universal in Lesotho- $99 \%$ of women and $98 \%$ of men have heard of AIDS (Table 12.1). Nine in ten respondents ( $92 \%$ of women and $88 \%$ of men) know that consistent condom use is a way to prevent HIV transmission. Similarly, $91 \%$ of women and $87 \%$ of men recognise that the risk of getting HIV can be reduced by limiting sexual intercourse to one uninfected partner (Table 12.2). Eighty-six percent of women and $81 \%$ of men know both prevention methods.

Trends: Between 2004 and 2014, the proportion of respondents knowing both prevention methods

Figure 12.1 Trends in HIV Knowledge
Percentage of women and men age 15-49


Note: Comprehensive knowledge values presented here for 2004 and 2009 differ slightly from those published in the 2004 and 2009 LDHS reports. Those reports incorrectly identified the two most common local misconceptions in the calculation of this indicator. has increased from $71 \%$ to $86 \%$ for women and from $60 \%$ to $81 \%$ for men (Figure 12.1).

## Patterns by background characteristics

- Knowledge of prevention methods varies by district, especially for men; for example, $87 \%$ of men in both Leribe and Maseru recognise using condoms and limiting sexual intercourse to one uninfected partner as a way to avoid getting HIV, compared with $66 \%$ of men in Thaba-Tseka.
- HIV knowledge increases with education. Only $69 \%$ of women and $61 \%$ of men with no education know the two major prevention methods compared with $93 \%$ of women and $92 \%$ of men with more than secondary education.

In its effort to assess HIV/AIDS knowledge, the 2014 LDHS obtained information on several common misconceptions about HIV transmission. Respondents were asked whether they think it is possible for a healthy-looking person to have HIV, for mosquitos to transmit HIV, for HIV to be transmitted by supernatural means, or for HIV to be passed by sharing food with a person who has AIDS.

Overall, women and men in Lesotho still have challenges in rejecting some of the common myths about HIV. Although $91 \%$ of women and $85 \%$ of men agreed that a healthy-looking person can have HIV, only about half of women and men ( $50 \%$ and $46 \%$, respectively) said HIV cannot be transmitted by mosquitoes (Tables 12.3.1 and 12.3.2). Eighty-five percent of women and $73 \%$ of men said a person cannot become infected by sharing food with a person who has AIDS.


#### Abstract

Comprehensive knowledge of HIV Knowing that consistent use of condoms during sexual intercourse and having just one uninfected faithful partner can reduce the chances of getting HIV, knowing that a healthy-looking person can have HIV, and rejecting the two most common local misconceptions about transmission or prevention of HIV Sample: Women and men age 15-49


Comprehensive knowledge of HIV is a composite measure and indicates that an individual knows that both consistent condom use and limiting sexual intercourse to one uninfected partner can prevent HIV, and that a healthy-looking person can have HIV, and rejects the two most common local misconceptions about the transmission of HIV, which in Lesotho are that HIV can be transmitted through mosquitoes and that a person can become infected with HIV by sharing food with a person who has AIDS. In Lesotho, only $39 \%$ of women and $31 \%$ of men have comprehensive knowledge of HIV prevention and transmission (Tables 12.3.1 and 12.3.2).

Trends: Between 2004 and 2009, the proportion of women and men with a comprehensive knowledge of HIV/AIDS increased moderately, from $26 \%$ to $36 \%$ for women and from $20 \%$ to $27 \%$ for men. However, in the 2009 to 2014 time period, only very slight ( 3 to 4 percentage point) increases in comprehensive knowledge were observed for both women and men (Figure 12.1).

## Patterns by background characteristics

- Rural women (34\%) and men ( $26 \%$ ) are less likely to have comprehensive knowledge of HIV than urban women ( $46 \%$ ) and men (42\%).
- Although at the district level, there is variability in comprehensive knowledge of HIV, strikingly, in no district does a majority of respondents have a comprehensive knowledge.

Figure 12.2 Comprehensive knowledge of HIV by education
Percentage of women and men age 15-49


- Among both women and men, comprehensive knowledge of HIV rises with education and wealth quintile. The difference by education among men is particularly striking; only $13 \%$ of men with no education have comprehensive knowledge of HIV, compared with $72 \%$ of men with more than a secondary education (Figure 12.2).


### 12.2 Knowledge about Mother-To-Child Transmission

Increasing the level of general knowledge about transmission of HIV from mother to child and reducing the risk of transmission using antiretroviral drugs are critical in reducing mother-to-child transmission (MTCT) of HIV. To assess MTCT knowledge, respondents were asked whether HIV can be transmitted from mother to child through breastfeeding and whether a mother with HIV can reduce the risk of transmission to her baby by taking certain drugs during pregnancy.

Women are more aware than men that HIV can be transmitted through breastfeeding ( $82 \%$ versus $74 \%$ ) and that the risk of MTCT can be reduced by taking special drugs ( $87 \%$ versus $70 \%$ ) (Table 12.4). Overall, 77\% of women and $58 \%$ of men are aware that HIV can be transmitted through breastfeeding and that this risk can be reduced by taking special drugs.

Trends: Knowledge of MTCT has increased markedly in Lesotho (Figure 12.3). In particular, knowledge that MTCT can be reduced by a mother taking special drugs during pregnancy has risen among women, from $50 \%$ in 2004 to $79 \%$ in 2009 and to $87 \%$ in 2014, and among men, from $39 \%$ in 2004 to $58 \%$ in 2009 and to $70 \%$ in 2014.

## Patterns by background characteristics

- A majority of respondents in all districts have knowledge of MTCT with the exception of men in Thaba-Tseka district, where only $46 \%$ of men know both that HIV can be transmitted through breastfeeding and that this risk can be reduced by taking special drugs.

Figure 12.3 Trends in knowledge of maternal-tochild transmission of HIV

Percentage of women and men age 15-49

$$
■ 2004 \square 2009 \square 2014
$$

Know that HIV can be transmitted by breastfeeding


- MTCT knowledge increases with education, especially among men. Only $46 \%$ of men with no education know about MTCT compared with $72 \%$ of men with more than secondary education.


### 12.3 HIVIAIDS Attitudes

### 12.3.1 Attitudes towards People Living with HIVIAIDS

Widespread stigma and discrimination in a population can adversely affect both people's willingness to be tested and their adherence to antiretroviral therapy (ART) in ART programmes. Thus, reduction of stigma and discrimination in a population is an important indicator of the success of programmes targeting HIV/AIDS prevention and control.

## Accepting attitudes about HIV

Women and men are asked four questions to assess the level of stigma associated with HIVIAIDS. Respondents that indicate that (1) they are willing to care for a family member with AIDS in their home; (2) they would buy fresh vegetables from a shopkeeper who has HIV; (3) a female teacher who has HIV but is not sick should be allowed to continue teaching, and; (4) they would not want to keep secret that a family member was infected with HIV are considered to have accepting attitudes.
Sample: Women and men age 15-49

In the 2014 LDHS, respondents who had heard of AIDS were asked a number of questions to assess the level of stigma associated with HIV/AIDS. The large majority of women and men report accepting attitudes towards HIV-infected relatives, teachers, and shopkeepers (Tables $\mathbf{1 2 . 5 . 1}$ and 12.5.2). More than $90 \%$ of both women and men would be willing to care for a relative with AIDS in their home. Ninety-two percent of women and
$81 \%$ of men agree that a female teacher with HIV should be allowed to continue teaching. And $88 \%$ of women and $80 \%$ of men would buy fresh vegetables from a shopkeeper with HIV. But far fewer women and men indicated that they would not want to keep secret that a family member was infected with HIV ( $56 \%$ and $53 \%$, respectively). Overall, $46 \%$ of women and $36 \%$ of men expressed accepting attitudes with regard to all four situations.

Trends: Stigma associated with HIV/AIDS has diminished slightly. In 2009, 42\% of women and $33 \%$ of men expressed accepting attitudes regarding these same four situations compared with $46 \%$ of women and $36 \%$ of men in 2014.

## Patterns by background characteristics

- There were marked differences by districts in the proportions of women and men expressing accepting attitudes, with women and men from Butha-Buthe, Berea, and Maseru being most likely to express accepting attitudes on all four indicators.
- Women and men from the same district often had different levels of acceptance; for example, in Mokhotlong, $46 \%$ of women were accepting on all four indicators compared with only $30 \%$ of men.
- Accepting attitudes on all four indicators generally increase with education and wealth quintile for both men and women.


### 12.3.2 Attitudes towards Negotiating Safer Sexual Relations with Husbands

Knowledge about HIV transmission and ways to prevent it is of little use if people feel powerless to negotiate safer sex practices with their partners. To assess attitudes towards negotiating safer sexual relations with husbands, women and men were asked whether they thought that a wife is justified in refusing to have sexual intercourse with her husband if she knows he has sex with other women or asking that he use a condom if she knows he has an STI. Table $\mathbf{1 2 . 6}$ shows that $\mathbf{6 6 \%}$ of women and $55 \%$ of men believe a woman has a right to refuse sexual intercourse with her husband if she knows he has sex with other women, and $92 \%$ of women and $90 \%$ of men believe that a wife is justified in asking her husband to use a condom if she knows he has an STI.

### 12.3.3 Attitudes towards Condom Education for Young People

Adults age 18-49 were also asked about their support for condom education for children age 12-14; that is, do they agree that children age 12-14 should be taught to use a condom to avoid AIDS (Table 12.7). Seventy-two percent of women and $67 \%$ of men agreed. Support for condom education was highest among women and men living in Quthing ( $81 \%$ and $77 \%$, respectively) and among the most educated women and men $(84 \%$ and $78 \%$, respectively).

### 12.4 Multiple Sexual Partners

Given that most HIV infections in Lesotho are contracted through heterosexual intercourse, information on sexual behaviour is important in designing and monitoring intervention programmes to control the spread of the epidemic. The 2014 LDHS included questions on the number of respondents' sexual partners both during their lifetimes and also over the 12 months before the survey. Men were asked whether they paid for sex during the 12 months before the interview. Information was also collected on women's and men's use of condoms during their most recent sexual intercourse with each type of partner.

Seven percent (7\%) of women and $27 \%$ of men reported that they had two or more sexual partners in the year before the survey Among these women and men who had 2 or more partners in the preceding year, $54 \%$ and $65 \%$, respectively, reported using a condom during their most recent sexual intercourse (Tables 12.8.1 and 12.8.2, and Figure 12.4). On average, women have had 2.7 lifetime sexual partners, while men have had 9.6.

## Patterns by background characteristics

- Among districts, the proportion of men having sex with two or more partners in the past 12 months is highest in Maseru ( $32 \%$ ) and lowest in Butha-Buthe (14\%).

Figure 12.4 Multiple sexual partners and condom use

Percentage of women and men age 15-49


- Among those with more than one sexual partner in the past 12 months, never-married men were much more likely to report condom use during their most recent sexual intercourse than those who are currently married ( $83 \%$ and $45 \%$, respectively).
- Among women who had ever had sexual intercourse, those who are divorced, separated, or widowed had more partners on average (3.7 partners) than those who are currently married ( 2.4 partners) and those who have never married (2.8 partners).
- Among women and men, the average number of lifetime sexual partners increases with education. Women and men with more than secondary education have an average of 3.6 and 14.6 lifetime partners, respectively.


## Point prevalence of concurrent sexual partners

Percentage of respondents who had two (or more) sexual partners concurrently (at the same time) exactly 6 months before the survey

## Cumulative prevalence of concurrent sexual partners

Percentage of respondents who had two (or more) sexual partners concurrently at any time during the 12 months before the survey

Point prevalence and cumulative prevalence of concurrent sexual partners are indicators designed to measure overlap in sexual partnerships. Among men, point prevalence was $8 \%$, and cumulative prevalence was $19 \%$ (Table 12.9). This means that at a specific point in time 6 months before the survey, $8 \%$ of men engaged in sexual relationships with two or more partners (point prevalence). The cumulative prevalence indicates that $19 \%$ of men had two or more concurrent sexual partners at any time in the 12 months before the survey. Among women, point prevalence was $2 \%$ and cumulative prevalence was $5 \%$.

### 12.5 Paid Sex

The act of paying for sex introduces an uneven negotiating ground for safer sexual intercourse. Eleven percent of men reported ever paying for sex; $3 \%$ reported paying for sex at least once during the 12 months before the
survey. Ninety percent of men who had engaged in paid sex in the past 12 months used a condom the last time they paid for sex (Table 12.10).

Trends: Although there have not been major changes in the percentage of men paying for sex, those who did engage in paid sex were more likely to use a condom. Among men who had paid for sex, $64 \%$ reported condom use in 2009 compared with $90 \%$ in 2014.

Patterns by background characteristics

- Divorced/separated/widowed men, men age 25-29, and men with more than secondary education are most likely to report having ever paid for sex ( $18 \%$ for each).
- By district, the percentage of men who had ever paid for sex ranged from a low of $6 \%$ in Butha-Buthe to a high of $13 \%$ in Maseru.
- Men in the highest wealth quintile are more likely to report ever having paid for sex than men in lower wealth quintiles ( $15 \%$ versus $8 \%$ to $10 \%$ ).


### 12.6 Coverage of HIV Testing Services

Knowledge of HIV status helps HIV-negative individuals make specific decisions to reduce risk and increase safer sex practices so that they can remain disease free. Among those who are living with HIV, knowledge of their status allows them to take action to protect their sexual partners, to access care, and to receive treatment.

### 12.6.1 Awareness of HIV Testing Services and Experience with HIV Testing

To assess awareness and coverage of HIV testing services, LDHS respondents were asked whether they had ever been tested for HIV. If they said that they had, they were asked whether they had received the results of their last test and where they had been tested. If they had never been tested, they were asked whether they knew a place where they could go to be tested.

The majority of respondents ( $97 \%$ of women and $92 \%$ of men) knew of a place where they could get an HIV test (Tables $\mathbf{1 2 . 1 1 . 1}$ and 12.11.2). Never-married respondents who had never had sex were less likely than others to know a place to get an HIV test, as were men and women age 15-19. Knowledge of a place to get an HIV test generally increased with increasing wealth quintile and was somewhat more common among urban than rural residents, although the difference was more pronounced among men. In general, differences by district were not large.

Overall, $84 \%$ of women and $63 \%$ of men had ever been tested and had received the result of the last test. Nearly six in ten women (58\%) and four in ten men (36\%) were tested for HIV in the past year and received the results of the test.

Trends: HIV testing has increased dramatically since 2004 , when only $12 \%$ of women and $9 \%$ of men were ever tested for HIV and received the results of their last test, and $6 \%$ of women and $5 \%$ of men were tested for HIV in the past 12 months and received results of the last test (Figure 12.5).

## Patterns by background characteristics

- The proportion of women and men who have never been tested is highest among women and men age $15-19$ ( $42 \%$ and $52 \%$, respectively), and those who have never had $\operatorname{sex}(55 \%$ of both women and men).
- Among women, but not men, there is little difference in recent testing between respondents from urban and rural areas; $47 \%$ of urban men were tested in the last 12 months

Figure 12.5 Trends in HIV testing

> Percentage of women and men age 15-49 who have been tested for HIV $■ 2004 \square 2009$ $\square 2014$

na = not available
Note: Data on the percentage of women tested for HIV in the past 12 months are not available for the 2009 LDHS due to a skip error in the questionnaire. and received the results of their last test compared with $31 \%$ of rural men.

Figure 12.6 Recent HIV testing by wealth quintile

- Recent HIV testing is relatively high throughout Lesotho ranging from 53\% of women in Mafeteng and Quthing to $66 \%$ of women in Thaba-Tseka and from $24 \%$ of men in Mokhotlong to $43 \%$ of men in Maseru.
- Among men but not among women, recent HIV testing coverage increases with education and wealth (Figure 12.6).

Percentage of women and men age 15-49 who were tested for HIV in the 12 months before the survey and received the results

■ Women ■Men


### 12.6.2 HIV Testing of Pregnant Women

Screening for HIV in pregnant women is a key tool in reducing transmission of HIV from a mother to her child. Table $\mathbf{1 2 . 1 2}$ shows that $81 \%$ of women who gave birth during the 2 years before the survey received HIV counselling during antenatal care. Seventy-nine percent of women reported they had both received counselling about HIV and had been offered, accepted, and received the results of an HIV test during antenatal care, as recommended. This recommended testing protocol was experienced most commonly by women in Leribe ( $85 \%$ ) and least commonly by women in Thaba-Tseka (73\%). In general, women with lower levels of education and those from the poorest households were least likely to report receiving the full range of HIV counselling and testing services during antenatal care.

### 12.6.3 Reasons for Not Getting Tested for HIV

HIV testing and counselling is a strategy for prevention and control of the HIV epidemic, because new infections are transmitted by people who do not know they are infected. The undiagnosed infection remains a significant factor fuelling the HIV epidemic as shown in Tables 12.11.1 and 12.11.2, 15\% of women and 35\% of men have never been tested. In the 2014 LDHS, all respondents who had heard of HIV, regardless of whether or not they had ever been tested, were asked why some individuals choose not to undergo HIV testing and counselling. As shown in Tables 12.13.1 and 12.13.2, the leading reasons given all relate to fear: fear of results was cited by $75 \%$ of women and $69 \%$ of men, fear of stigma and discrimination was cited $32 \%$ of women and $25 \%$ of men, fear of death was cited by $20 \%$ of women and $19 \%$ of men, and fear of depression was cited by $18 \%$ of women and $20 \%$ of men.

Respondents who had heard of AIDS but who had never been tested for HIV were asked the main reason they had not been tested. Among both women and men, the most common reasons given for not being tested were that the respondents believed that they were not at risk, fear of results, or some other, unspecified reason
(Tables 12.14.1 and 12.14.2).

### 12.7 MALE CIRCumcision

Male circumcision has been associated with a lower risk of HIV transmission from women to men (Williams et al., 2006; WHO and UNAIDS, 2007). In Lesotho, male circumcision that occurs as part of a traditional ceremony within an initiation school is a common practice. In 2012, the Lesotho MOH launched a voluntary male medical circumcision (VMMC) programme. The goal of this programme is to rapidly scale up VMMC in order to reach $80 \%$ coverage by 2017. This translates into an immediate target of 317,215 men age 15-49 (WHO 2013).

To examine the practice of circumcision in Lesotho, men interviewed in the 2014 LDHS were asked separately about whether they had undergone traditional circumcision and medical male circumcision. As shown in Table $\mathbf{1 2 . 1 5}, 45 \%$ of men reported that they are traditionally circumcised only, $23 \%$ reported that they are medically circumcised only, and $5 \%$ reported that they are both traditionally and medically circumcised. Overall, $72 \%$ of men are either traditionally or medically circumcised.

## Patterns by background characteristics

- The proportion of men who report that they are traditionally circumcised only increases rapidly with age, from $26 \%$ among men age $15-19$ to $47 \%$ among men age $20-24$, and plateaus at $52-55 \%$ among men age 25 and older. In contrast, younger men are more likely than older men to report that they are medically circumcised: $29 \%$ of men age 15-24 report that they are medically circumcised only, as compared with $15 \%$ of men age 40-49.
- Traditional circumcision only is much more common among men living in rural areas than urban areas ( $56 \%$ and $22 \%$, respectively). Medical male circumcision is much more common in urban areas than rural areas; $41 \%$ of men age 15-49 in urban areas report that they are medically circumcised but not traditionally circumcised, compared with $13 \%$ in rural areas.
- The proportion of men who are traditionally circumcised only is inversely correlated with education and wealth. In contrast, the proportion of men who are medically circumcised rises rapidly with increasing education and wealth: $2 \%$ of men in the lowest wealth quintile are medically circumcised only, as compared with $46 \%$ in the highest wealth quintile.


### 12.8 Self-Reporting of Sexually Transmitted Infections


#### Abstract

Sexually transmitted infections (STIs) and symptoms Respondents who have ever had sex are asked whether they had an STI or symptoms of an STI (a bad-smelling, abnormal discharge from the vagina/penis or a genital sore or ulcer) in the 12 months before the survey. Sample: Women and men age 15-49


In the 2014 LDHS, respondents who had ever had sex were asked whether they had had a sexually transmitted infection or symptoms of an STI in the 12 months before the survey. Women were slightly more likely than men to report having had an STI or having experienced STI symptoms (Table 12.16). Among women, in the 12 months before the survey, $3 \%$ reported that they had an STI; $12 \%$ had a bad-smelling, abnormal discharge; and $5 \%$ had a genital sore or ulcer. Among men, $3 \%$ reported that they had an STI and $8 \%$ reported a badsmelling, abnormal discharge, and $5 \%$ reported a genital sore or ulcer. Taken together, $15 \%$ of women and $12 \%$ of men had either had an STI or symptoms of an STI during the 12 months before the survey.

Seventy percent of women and $52 \%$ of men who had an STI or STI symptoms sought advice or treatment from a clinic, hospital, private doctor, or other health professional (Figure 12.7). Four percent of women and 5\% of men sought advice or treatment from a shop or pharmacy, and $5 \%$ of women and $13 \%$ of men sought advice or treatment from any other source. Twenty-three percent of women and $32 \%$ of men did not seek any treatment when they had an STI or STI symptoms.

Figure 12.7 STI advice or treatment seeking-behaviour
Percentage of women and men age 15-49 with an STI or STI-Symptoms


### 12.9 InJECTIONS

Injection overuse in a health care setting can contribute to the transmission of blood-borne pathogens because it amplifies the effect of unsafe practices such as reuse of injection equipment. LDHS respondents were asked whether they had received any injections from a health worker in the 12 months before the survey and, if so, whether their last injection was administered with a syringe from a new, unopened package. It should be noted that self-administered medical injections (e.g., insulin injections for diabetes) were not included in the calculations.

Thirty-four percent ( $34 \%$ ) of women and $17 \%$ of men reported receiving an injection from a health worker during 12 months before the survey (Table 12.17). Ninety-eight percent of women and $92 \%$ of men indicated that for their most recent injection the syringe was taken from a newly opened package.

### 12.10 HIVIAIDS-Related Knowledge and Behaviour among Young People

This section addresses HIV/AIDS-related knowledge among young people age 15-24 and also assesses the extent to which young people are engaged in behaviours that may place them at risk of contracting HIV.

### 12.10.1 Knowledge

Knowledge of how HIV is transmitted is crucial to enabling people to avoid HIV infection, and this is especially true for young people, who are often at greater risk because they may have shorter relationships with more partners or engage in other risky behaviours. In Lesotho, $38 \%$ of young women and $31 \%$ of young men have comprehensive knowledge of HIV (defined as knowing that both consistent condom use and limiting sexual intercourse to one uninfected partner are HIV prevention methods, knowing that a healthy-looking person can have HIV, and rejecting the two most common local misconceptions about HIV transmission) (Table 12.18). Among both sexes, the proportion with comprehensive knowledge generally increases with age and educational attainment. Urban young people are more likely than rural young people to have comprehensive knowledge of HIV.

Although less than half of young people have comprehensive knowledge of HIV, knowledge of a source for condoms is relatively high. Eighty-five percent of young women and $87 \%$ of young men know a place where they can obtain a condom.

### 12.10.2 First Sex

Young people who initiate sex at an early age are typically at higher risk of becoming pregnant or contracting an STI than young people who initiate sex later. Consistent condom use can reduce such risks.

In Lesotho, $5 \%$ of women and $23 \%$ of men age 15-24 reported having sex before age 15
(Table 12.19 and Figure 12.8). Among those age $18-24,46 \%$ of young women and $67 \%$ of young men report having had sex by age 18 .

Figure 12.8 Age at first sex among young people
Percentage of women and men age 15-24 who had sex by age 15 and precentage of women and men age 18-24 who had sex by age 18


Trends: The percentage of young women and men age 15-19 who had sex by age 15 has declined slightly since 2009 for both women (from $9 \%$ to $6 \%$ ) and men (from $26 \%$ to $25 \%$ ).

## Patterns by background characteristics

- Rural young women but not rural young men are somewhat more likely than their urban counterparts to have had sex before age 15 or age 18 .
- Variations by education level are vast among young women but not young men: approximately two-thirds ( $64 \%$ ) of women age 18-24 with primary incomplete education had sexual intercourse before the age of 18 , compared with $21 \%$ of women with more than secondary education. Among men, in contrast, minor differences are observed by education level.


### 12.10.3 Premarital Sex

The 2014 LDHS also collected information on the patterns of sexual activity among never-married young people age 15-24 in Lesotho. Half of never married young women (51\%) and $28 \%$ of nevermarried young men age 15 to 24 reported that they have never engaged in sexual intercourse (Table 12.20). Thirty-seven percent of never-married young women reported that they had sexual intercourse in the past 12 months compared with $58 \%$ of nevermarried young men (Figure 12.9).

Among never-married young people who had intercourse in the past 12 months, condom use at last sexual intercourse was comparable among young women than young men ( $82 \%$ and $80 \%$, respectively). Condom use at last sexual intercourse is more common among never-married young women and young men in urban areas ( $85 \%$ and $87 \%$, respectively) than among those in rural areas ( $80 \%$ and $77 \%$, respectively). Condom use at last sexual intercourse generally increases with age and education.

### 12.10.4 Multiple Sexual Partners

Five percent of young women and $23 \%$ of young men report having multiple sexual partners in the 12 months before the survey (Tables $\mathbf{1 2} 21.1$ and $\mathbf{1 2 . 2 1 . 2}$ ). Among young people who had ever been married, only $5 \%$ of young women reported having had sexual intercourse with more than one partner in the previous 12 months, compared with $39 \%$ of young men. Among young men who had multiple partners in the past 12 months, $78 \%$ reported that they used a condom during their most recent sexual intercourse.

### 12.10.5 Age-mixing in Sexual Relationships

In many societies, young women have sexual relationships with men who are considerably older than they are. This practice can contribute to the spread of HIV and other STIs because if a younger, uninfected partner has sex with an older, infected partner, this can introduce the virus into a younger, uninfected cohort. In Lesotho, $8 \%$ of young women age $15-19$ had sexual intercourse with a man 10 or more years older than them (Table 12.22). One percent ( $1 \%$ ) of young men age $15-19$ reported having a partner 10 or more years older.

### 12.10.6 Coverage of HIV Testing Services

Seeking an HIV test may be more difficult for young people than adults because many young people lack experience in accessing health services for themselves and because there are often barriers to young people obtaining services.

In Lesotho, among women and men who have been sexually active in the last 12 months, $66 \%$ of young women and $32 \%$ of young men have been tested for HIV in the past 12 months and received the results of the test (Table 12.23). Young people who know a condom source are more likely than those who do not to have had a test and received the results. Urban young men, but not urban young women, are more likely than their rural counterparts to have been tested and received the results. Among both young women and young men, uptake of HIV testing generally increases with age.

Trends: Coverage of HIV testing services among young people has improved dramatically over the last 10 years. In the 2004 LDHS, $7 \%$ of young women and $3 \%$ of young men were tested for HIV and received their results in the 12 months before the survey as compared with $66 \%$ of young women and $32 \%$ of young men in 2014.

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For detailed information on HIV/AIDS-related knowledge, attitudes, and behaviour, see the following tables:

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## Table 12.1 Knowledge of AIDS

Percentage of women and men age 15-49 who have heard of AIDS, by background characteristics, Lesotho 2014

|  | Women |  | Men |  |
| :---: | :---: | :---: | :---: | :---: |
| Background characteristic | Have heard of AIDS | Number of respondents | Have heard of AIDS | Number of respondents |


| Age |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| 15-24 | 98.2 | 2,765 | 97.2 | 1,252 |
| 15-19 | 97.8 | 1,440 | 97.0 | 691 |
| 20-24 | 98.7 | 1,325 | 97.5 | 561 |
| 25-29 | 99.5 | 1,094 | 99.1 | 410 |
| 30-39 | 99.5 | 1,701 | 98.3 | 610 |
| 40-49 | 99.6 | 1,062 | 98.6 | 389 |
| Marital status |  |  |  |  |
| Never married | 98.4 | 2,190 | 97.4 | 1,501 |
| Ever had sex | 99.2 | 1,295 | 98.8 | 1,156 |
| Never had sex | 97.3 | 895 | 92.6 | 345 |
| Married/living together | 99.2 | 3,612 | 98.5 | 983 |
| Divorced/separated/widowed | 99.4 | 819 | 99.7 | 176 |
| Residence |  |  |  |  |
| Urban | 99.9 | 2,419 | 99.4 | 920 |
| Rural | 98.4 | 4,202 | 97.2 | 1,741 |
| Ecological zone |  |  |  |  |
| Lowlands | 99.5 | 4,184 | 98.9 | 1,711 |
| Foothills | 98.5 | 688 | 96.3 | 252 |
| Mountains | 97.5 | 1,288 | 96.1 | 523 |
| Senqu River Valley | 98.3 | 461 | 96.5 | 174 |
| District |  |  |  |  |
| Butha-Buthe | 96.8 | 385 | 96.5 | 143 |
| Leribe | 99.5 | 1,064 | 99.0 | 390 |
| Berea | 98.4 | 892 | 97.6 | 379 |
| Maseru | 99.8 | 1,864 | 98.9 | 809 |
| Mafeteng | 99.5 | 576 | 98.2 | 242 |
| Mohale's Hoek | 99.2 | 519 | 97.7 | 202 |
| Quthing | 97.4 | 315 | 95.7 | 105 |
| Qacha's Nek | 98.6 | 204 | 99.5 | 74 |
| Mokhotlong | 98.0 | 349 | 98.6 | 144 |
| Thaba-Tseka | 98.1 | 452 | 93.4 | 172 |
| Education |  |  |  |  |
| No education | 97.7 | 68 | 95.3 | 213 |
| Primary incomplete | 97.0 | 1,178 | 95.8 | 875 |
| Primary complete | 99.1 | 1,375 | 99.0 | 316 |
| Secondary | 99.5 | 3,418 | 99.6 | 1,043 |
| More than secondary | 99.8 | 581 | 100.0 | 214 |
| Wealth quintile |  |  |  |  |
| Lowest | 97.1 | 960 | 95.2 | 376 |
| Second | 97.5 | 1,033 | 96.2 | 479 |
| Middle | 99.5 | 1,244 | 98.2 | 536 |
| Fourth | 99.8 | 1,605 | 99.2 | 616 |
| Highest | 99.7 | 1,778 | 99.5 | 654 |
| Total 15-49 | 99.0 | 6,621 | 98.0 | 2,660 |
| 50-59 | na | na | 99.1 | 271 |
| Total 15-59 | na | na | 98.1 | 2,931 |

na $=$ Not applicable

Table 12.2 Knowledge of HIV prevention methods
Percentages of women and men age 15-49 who, in response to prompted questions, say that people can reduce the risk of getting HIV by using condoms every time they have sexual intercourse, and by having one sex partner who is not infected and has no other partners, by background characteristics, Lesotho 2014

| Background characteristic | Women |  |  |  | Men |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Percentage who say HIV can be prevented by: |  |  |  | Percentage who say HIV can be prevented by: |  |  | Number of men |
|  | Using condoms ${ }^{1}$ | Limiting sexual intercourse to one uninfected partner ${ }^{2}$ | Using condoms and limiting sexual intercourse to one uninfected partner ${ }^{1,2}$ | Number of women | Using condoms ${ }^{1}$ | Limiting sexual intercourse to one uninfected partner ${ }^{2}$ | Using condoms and limiting sexual intercourse to one uninfected partner ${ }^{1,2}$ |  |
| Age |  |  |  |  |  |  |  |  |
| 15-24 | 88.6 | 88.5 | 82.3 | 2,765 | 88.9 | 85.6 | 81.3 | 1,252 |
| 15-19 | 86.6 | 86.2 | 79.8 | 1,440 | 87.3 | 83.7 | 79.1 | 691 |
| 20-24 | 90.8 | 91.1 | 85.0 | 1,325 | 90.9 | 87.9 | 84.0 | 561 |
| 25-29 | 93.4 | 92.4 | 87.8 | 1,094 | 89.4 | 88.3 | 84.5 | 410 |
| 30-39 | 94.8 | 93.1 | 90.0 | 1,701 | 85.6 | 87.7 | 78.7 | 610 |
| 40-49 | 94.8 | 92.7 | 89.5 | 1,062 | 86.5 | 86.0 | 78.8 | 389 |
| Marital status |  |  |  |  |  |  |  |  |
| Never married | 88.8 | 88.8 | 82.6 | 2,190 | 88.0 | 85.4 | 80.7 | 1,501 |
| Ever had sex | 92.2 | 91.1 | 86.1 | 1,295 | 90.1 | 88.3 | 83.6 | 1,156 |
| Never had sex | 83.8 | 85.3 | 77.6 | 895 | 80.8 | 75.9 | 71.1 | 345 |
| Married/living together | 93.5 | 92.4 | 88.5 | 3,612 | 88.0 | 87.8 | 81.4 | 983 |
| Divorced/separated/widowed | 94.1 | 90.7 | 86.6 | 819 | 86.2 | 89.3 | 78.9 | 176 |
| Residence |  |  |  |  |  |  |  |  |
| Urban | 94.3 | 93.4 | 89.1 | 2,419 | 93.5 | 92.4 | 88.6 | 920 |
| Rural | 90.6 | 89.6 | 84.7 | 4,202 | 84.9 | 83.5 | 76.8 | 1,741 |
| Ecological zone |  |  |  |  |  |  |  |  |
| Lowlands | 93.6 | 92.6 | 88.3 | 4,184 | 91.7 | 90.1 | 85.6 | 1,711 |
| Foothills | 91.6 | 90.3 | 86.0 | 688 | 80.3 | 78.6 | 70.2 | 252 |
| Mountains | 87.3 | 86.9 | 80.7 | 1,288 | 79.9 | 79.4 | 71.2 | 523 |
| Senqu River Valley | 91.1 | 89.3 | 84.6 | 461 | 85.1 | 84.8 | 78.2 | 174 |
| District |  |  |  |  |  |  |  |  |
| Butha-Buthe | 89.2 | 82.4 | 79.0 | 385 | 82.4 | 77.5 | 71.6 | 143 |
| Leribe | 95.3 | 93.9 | 90.4 | 1,064 | 90.9 | 91.9 | 87.1 | 390 |
| Berea | 92.3 | 91.9 | 87.8 | 892 | 85.4 | 89.0 | 81.8 | 379 |
| Maseru | 94.3 | 93.6 | 89.5 | 1,864 | 94.2 | 90.9 | 87.4 | 809 |
| Mafeteng | 91.2 | 89.0 | 83.1 | 576 | 86.2 | 82.5 | 75.1 | 242 |
| Mohale's Hoek | 89.0 | 90.9 | 83.4 | 519 | 84.3 | 84.1 | 77.7 | 202 |
| Quthing | 91.4 | 88.4 | 85.4 | 315 | 86.1 | 81.5 | 75.2 | 105 |
| Qacha's Nek | 91.6 | 87.3 | 83.1 | 204 | 87.7 | 85.3 | 80.7 | 74 |
| Mokhotlong | 86.5 | 88.8 | 81.5 | 349 | 80.8 | 80.7 | 69.9 | 144 |
| Thaba-Tseka | 85.6 | 87.0 | 80.2 | 452 | 74.6 | 73.5 | 66.0 | 172 |
| Education |  |  |  |  |  |  |  |  |
| No education | 84.6 | 72.8 | 68.8 | 68 | 67.9 | 76.5 | 60.5 | 213 |
| Primary incomplete | 85.8 | 85.5 | 77.9 | 1,178 | 81.1 | 78.6 | 71.3 | 875 |
| Primary complete | 93.2 | 90.6 | 87.0 | 1,375 | 92.9 | 87.9 | 84.2 | 316 |
| Secondary | 93.1 | 92.5 | 88.2 | 3,418 | 94.4 | 93.1 | 89.7 | 1,043 |
| More than secondary | 96.1 | 96.5 | 92.8 | 581 | 96.0 | 95.2 | 92.4 | 214 |
| Wealth quintile |  |  |  |  |  |  |  |  |
| Lowest | 84.6 | 83.8 | 77.5 | 960 | 75.9 | 75.4 | 66.8 | 376 |
| Second | 89.1 | 87.2 | 81.2 | 1,033 | 84.1 | 83.5 | 77.1 | 479 |
| Middle | 94.4 | 93.1 | 89.4 | 1,244 | 86.6 | 84.5 | 77.4 | 536 |
| Fourth | 94.2 | 93.8 | 89.6 | 1,605 | 91.9 | 91.6 | 86.3 | 616 |
| Highest | 94.0 | 93.2 | 89.0 | 1,778 | 94.7 | 92.1 | 89.4 | 654 |
| Total 15-49 | 92.0 | 91.0 | 86.3 | 6,621 | 87.9 | 86.6 | 80.9 | 2,660 |
| 50-59 | na | na | na | na | 82.8 | 83.5 | 73.3 | 271 |
| Total 15-59 | na | na | na | na | 87.4 | 86.3 | 80.2 | 2,931 |

na $=$ Not applicable
${ }^{1}$ Using condoms every time they have sexual intercourse
${ }^{2}$ Partner who has no other partners

## Table 12.3.1 Comprehensive knowledge about HIVIAIDS: Women

Percentage of women age 15-49 who say that a healthy-looking person can have HIV and who, in response to prompted questions, correctly reject local misconceptions about transmission or prevention of HIV, the percentage with a comprehensive knowledge about AIDS by background characteristics, and the percentage who incorrectly say that AIDS can be cured, Lesotho 2014

| Background characteristic | Percentage of respondents who say that: |  |  |  | Percentage who say that a healthy looking person can have HIV and who reject the two most common local misconceptions ${ }^{1}$ |  | Percentage who say that AIDS can be cured | Number of women |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | A healthylooking person can have HIV | HIV cannot be transmitted by mosquito bites | HIV cannot be transmitted by supernatural means | A person cannot become infected by sharing food with a person who has AIDS |  | Percentage with a comprehensive knowledge about AIDS ${ }^{2}$ |  |  |
| Age |  |  |  |  |  |  |  |  |
| 15-24 | 87.3 | 52.8 | 88.9 | 85.1 | 43.0 | 37.6 | 12.7 | 2,765 |
| 15-19 | 83.3 | 52.3 | 88.5 | 83.7 | 40.7 | 34.8 | 12.8 | 1,440 |
| 20-24 | 91.7 | 53.2 | 89.3 | 86.5 | 45.4 | 40.6 | 12.6 | 1,325 |
| 25-29 | 93.7 | 49.4 | 89.9 | 87.8 | 44.7 | 40.7 | 8.6 | 1,094 |
| 30-39 | 93.0 | 49.5 | 88.6 | 85.2 | 43.7 | 40.2 | 13.1 | 1,701 |
| 40-49 | 92.3 | 44.5 | 83.2 | 81.1 | 39.9 | 36.0 | 15.2 | 1,062 |
| Marital status |  |  |  |  |  |  |  |  |
| Never married | 88.0 | 54.7 | 89.8 | 87.1 | 46.1 | 40.0 | 12.0 | 2,190 |
| Ever had sex | 92.2 | 55.1 | 91.3 | 88.7 | 48.7 | 42.8 | 10.8 | 1,295 |
| Never had sex | 82.0 | 54.1 | 87.6 | 84.9 | 42.3 | 35.9 | 13.7 | 895 |
| Married/living together | 91.8 | 47.1 | 87.1 | 83.9 | 40.8 | 37.5 | 12.9 | 3,612 |
| Divorced/separated/widowed | 92.4 | 50.5 | 87.6 | 83.3 | 43.8 | 39.2 | 12.2 | 819 |
| Residence |  |  |  |  |  |  |  |  |
| Urban | 95.1 | 55.8 | 91.8 | 90.0 | 50.0 | 45.8 | 9.7 | 2,419 |
| Rural | 88.1 | 46.7 | 85.9 | 81.9 | 38.9 | 34.3 | 14.2 | 4,202 |
| Ecological zone |  |  |  |  |  |  |  |  |
| Lowlands | 94.0 | 51.6 | 89.4 | 88.6 | 45.8 | 41.5 | 10.6 | 4,184 |
| Foothills | 86.9 | 45.7 | 83.3 | 81.1 | 37.8 | 32.5 | 16.0 | 688 |
| Mountains | 82.6 | 48.9 | 85.9 | 75.0 | 38.2 | 34.0 | 16.2 | 1,288 |
| Senqu River Valley | 88.2 | 45.6 | 88.5 | 84.3 | 38.2 | 33.1 | 14.3 | 461 |
| District |  |  |  |  |  |  |  |  |
| Butha-Buthe | 87.5 | 51.3 | 85.2 | 86.9 | 45.4 | 38.0 | 11.9 | 385 |
| Leribe | 93.5 | 48.8 | 87.6 | 87.6 | 42.8 | 39.0 | 10.9 | 1,064 |
| Berea | 92.4 | 52.8 | 87.3 | 85.9 | 46.5 | 41.0 | 10.1 | 892 |
| Maseru | 94.2 | 52.3 | 90.7 | 87.1 | 45.4 | 42.5 | 10.8 | 1,864 |
| Mafeteng | 90.7 | 47.4 | 87.5 | 88.6 | 42.4 | 35.9 | 14.9 | 576 |
| Mohale's Hoek | 87.1 | 41.8 | 85.2 | 80.3 | 35.3 | 31.3 | 15.5 | 519 |
| Quthing | 87.2 | 48.3 | 85.4 | 85.0 | 38.7 | 35.3 | 15.4 | 315 |
| Qacha's Nek | 87.9 | 52.1 | 83.1 | 84.0 | 44.4 | 40.8 | 14.9 | 204 |
| Mokhotlong | 82.7 | 50.3 | 91.4 | 78.0 | 39.9 | 36.1 | 20.2 | 349 |
| Thaba-Tseka | 82.1 | 49.8 | 87.8 | 72.4 | 38.0 | 31.8 | 13.4 | 452 |
| Education |  |  |  |  |  |  |  |  |
| No education | 74.3 | 40.6 | 73.1 | 69.3 | 31.2 | 21.9 | 21.1 | 68 |
| Primary incomplete | 79.8 | 39.0 | 78.4 | 69.5 | 27.7 | 22.7 | 20.3 | 1,178 |
| Primary complete | 89.8 | 43.2 | 86.0 | 80.6 | 36.0 | 32.3 | 13.8 | 1,375 |
| Secondary | 93.7 | 51.5 | 91.2 | 90.5 | 45.6 | 41.1 | 10.8 | 3,418 |
| More than secondary | 98.6 | 80.9 | 95.9 | 95.0 | 76.4 | 72.5 | 2.9 | 581 |
| Wealth quintile |  |  |  |  |  |  |  |  |
| Lowest | 77.7 | 43.1 | 83.4 | 70.1 | 30.6 | 25.7 | 18.7 | 960 |
| Second | 86.9 | 45.5 | 84.6 | 79.0 | 36.9 | 31.4 | 16.3 | 1,033 |
| Middle | 92.1 | 47.8 | 87.2 | 87.1 | 40.2 | 36.4 | 12.1 | 1,244 |
| Fourth | 94.5 | 48.3 | 89.3 | 89.7 | 43.5 | 39.6 | 11.2 | 1,605 |
| Highest | 95.2 | 59.6 | 92.0 | 90.5 | 54.5 | 50.1 | 8.5 | 1,778 |
| Total | 90.6 | 50.0 | 88.1 | 84.9 | 42.9 | 38.5 | 12.5 | 6,621 |

${ }^{1}$ Two most common local misconceptions: HIV can be transmitted by mosquito bites and by sharing food with a person who has AIDS
${ }^{2}$ Comprehensive knowledge means knowing that consistent use of condoms during sexual intercourse and having just one uninfected faithful partner can reduce the chance of getting HIV, knowing that a healthy-looking person can have HIV, and rejecting the two most common local misconceptions about HIV transmission or prevention

Table 12.3.2 Comprehensive knowledge about HIVIAIDS: Men
Percentage of men age 15-49 who say that a healthy-looking person can have HIV and who, in response to prompted questions, correctly reject local misconceptions about transmission or prevention of HIV, the percentage with a comprehensive knowledge about AIDS by background characteristics, and the percentage who incorrectly say that AIDS can be cured, Lesotho 2014

| Background characteristic | Percentage of respondents who say that: |  |  |  | Percentage who say that a healthy looking person can have HIV and who reject the two most common local misconceptions ${ }^{1}$ | Percentage with a comprehensive knowledge about AIDS ${ }^{2}$ | Percentage who say that AIDS can be cured | Number of men |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | A healthylooking person can have HIV | HIV cannot be transmitted by mosquito bites | HIV cannot be transmitted by supernatural means | A person cannot become infected by sharing food with a person who has AIDS |  |  |  |  |
| Age |  |  |  |  |  |  |  |  |
| 15-24 | 80.7 | 47.0 | 85.5 | 75.7 | 34.5 | 30.9 | 15.5 | 1,252 |
| 15-19 | 75.9 | 49.5 | 84.3 | 75.2 | 33.9 | 29.7 | 14.3 | 691 |
| 20-24 | 86.7 | 44.0 | 87.0 | 76.4 | 35.2 | 32.3 | 17.0 | 561 |
| 25-29 | 88.8 | 49.9 | 85.3 | 75.1 | 42.1 | 38.0 | 16.3 | 410 |
| 30-39 | 88.9 | 41.8 | 80.5 | 72.4 | 34.5 | 29.5 | 16.0 | 610 |
| 40-49 | 89.6 | 44.4 | 80.4 | 64.8 | 31.5 | 28.0 | 20.6 | 389 |
| Marital status |  |  |  |  |  |  |  |  |
| Never married | 81.8 | 47.4 | 84.4 | 75.3 | 35.7 | 32.0 | 15.7 | 1,501 |
| Ever had sex | 84.5 | 46.7 | 85.3 | 75.9 | 36.1 | 32.8 | 16.6 | 1,156 |
| Never had sex | 72.7 | 50.0 | 81.0 | 73.1 | 34.5 | 29.2 | 12.6 | 345 |
| Married/living together | 89.7 | 44.1 | 82.4 | 70.5 | 35.2 | 30.7 | 16.8 | 983 |
| Divorced/separated/widowed | 88.2 | 42.6 | 83.7 | 71.5 | 30.7 | 28.0 | 21.6 | 176 |
| Residence |  |  |  |  |  |  |  |  |
| Urban | 94.1 | 52.7 | 88.1 | 83.0 | 46.4 | 41.8 | 14.2 | 920 |
| Rural | 80.4 | 42.3 | 81.2 | 68.1 | 29.3 | 25.7 | 17.7 | 1,741 |
| Ecological zone |  |  |  |  |  |  |  |  |
| Lowlands | 90.8 | 46.1 | 87.0 | 78.9 | 38.3 | 34.4 | 14.5 | 1,711 |
| Foothills | 76.8 | 45.3 | 75.0 | 65.0 | 28.9 | 25.1 | 17.9 | 252 |
| Mountains | 70.5 | 45.3 | 77.4 | 58.6 | 28.6 | 24.5 | 21.8 | 523 |
| Senqu River Valley | 85.0 | 46.5 | 81.3 | 73.6 | 33.4 | 29.0 | 17.5 | 174 |
| District |  |  |  |  |  |  |  |  |
| Butha-Buthe | 76.3 | 44.9 | 79.4 | 67.5 | 30.2 | 25.8 | 11.6 | 143 |
| Leribe | 90.8 | 43.6 | 87.0 | 80.9 | 37.5 | 32.9 | 14.6 | 390 |
| Berea | 89.6 | 49.6 | 84.5 | 75.8 | 38.7 | 35.0 | 15.5 | 379 |
| Maseru | 91.7 | 48.7 | 86.2 | 77.0 | 40.2 | 37.1 | 15.6 | 809 |
| Mafeteng | 81.3 | 34.7 | 79.8 | 71.2 | 24.3 | 20.1 | 16.5 | 242 |
| Mohale's Hoek | 73.6 | 46.1 | 81.1 | 69.8 | 30.0 | 26.7 | 22.5 | 202 |
| Quthing | 84.0 | 43.9 | 78.0 | 64.5 | 33.1 | 28.8 | 16.1 | 105 |
| Qacha's Nek | 86.7 | 50.0 | 83.1 | 70.0 | 37.4 | 34.4 | 16.3 | 74 |
| Mokhotlong | 76.6 | 50.4 | 84.2 | 64.9 | 35.4 | 29.4 | 23.0 | 144 |
| Thaba-Tseka | 64.9 | 41.6 | 76.3 | 58.5 | 24.7 | 19.0 | 18.9 | 172 |
| Education |  |  |  |  |  |  |  |  |
| No education | 66.8 | 35.3 | 67.7 | 49.7 | 15.8 | 13.0 | 28.2 | 213 |
| Primary incomplete | 75.7 | 38.0 | 75.1 | 58.0 | 22.0 | 17.9 | 23.9 | 875 |
| Primary complete | 87.6 | 41.9 | 85.9 | 77.0 | 33.6 | 30.6 | 16.9 | 316 |
| Secondary | 93.3 | 48.7 | 91.0 | 85.1 | 42.4 | 38.1 | 9.9 | 1,043 |
| More than secondary | 98.6 | 81.0 | 94.7 | 95.9 | 76.0 | 71.5 | 5.9 | 214 |
| Wealth quintile |  |  |  |  |  |  |  |  |
| Lowest | 66.0 | 40.7 | 73.7 | 55.4 | 20.7 | 17.6 | 23.5 | 376 |
| Second | 81.3 | 41.5 | 79.4 | 66.0 | 29.4 | 25.3 | 19.8 | 479 |
| Middle | 85.8 | 44.0 | 83.1 | 73.8 | 33.6 | 28.4 | 18.3 | 536 |
| Fourth | 90.5 | 44.7 | 86.5 | 79.6 | 38.8 | 35.7 | 14.2 | 616 |
| Highest | 93.4 | 54.8 | 90.0 | 82.4 | 45.7 | 41.6 | 10.7 | 654 |
| Total 15-49 | 85.1 | 45.9 | 83.6 | 73.3 | 35.2 | 31.2 | 16.5 | 2,660 |
| 50-59 | 85.5 | 31.7 | 75.9 | 65.3 | 24.8 | 20.5 | 21.1 | 271 |
| Total 15-59 | 85.2 | 44.6 | 82.9 | 72.5 | 34.2 | 30.3 | 16.9 | 2,931 |

[^10]${ }^{2}$ Comprehensive knowledge means knowing that consistent use of condoms during sexual intercourse and having just one uninfected faithful partner can reduce the chance of getting HIV, knowing that a healthy-looking person can have HIV, and rejecting the two most common local misconceptions about HIV transmission or prevention.

Table 12.4 Knowledge of prevention of mother-to-child transmission of HIV
Percentages of women and men age 15-49 who know that HIV can be transmitted from mother to child by breastfeeding and that the risk of mother to child transmission (MTCT) of HIV can be reduced by the mother taking special drugs during pregnancy, by background characteristics, Lesotho 2014

| Background characteristic | Women |  |  |  | Men |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Percentage who know that: |  |  |  | Percentage who know that: |  |  |  |
|  | HIV can be transmitted by breastfeeding | Risk of MTCT can be reduced by mother taking special drugs during pregnancy | HIV can be transmitted by breastfeeding and risk of MTCT can be reduced by mother taking special drugs during pregnancy | Number of women | HIV can be transmitted by breastfeeding | Risk of MTCT can be reduced by mother taking special drugs during pregnancy | HIV can be transmitted by breastfeeding and risk of MTCT can be reduced by mother taking special drugs during pregnancy | Number of men |
| Age |  |  |  |  |  |  |  |  |
| 15-24 | 79.7 | 81.8 | 71.3 | 2,765 | 71.3 | 65.0 | 53.2 | 1,252 |
| 15-19 | 75.0 | 77.0 | 65.2 | 1,440 | 68.3 | 63.2 | 50.0 | 691 |
| 20-24 | 84.7 | 87.0 | 77.9 | 1,325 | 75.0 | 67.2 | 57.0 | 561 |
| 25-29 | 86.5 | 92.6 | 82.8 | 1,094 | 78.4 | 80.1 | 66.5 | 410 |
| 30-39 | 85.7 | 91.9 | 82.8 | 1,701 | 75.1 | 71.8 | 61.6 | 610 |
| 40-49 | 79.9 | 88.8 | 76.3 | 1,062 | 73.0 | 75.5 | 61.9 | 389 |
| Marital status |  |  |  |  |  |  |  |  |
| Never married | 76.3 | 80.0 | 67.6 | 2,190 | 70.6 | 66.7 | 54.1 | 1,501 |
| Ever had sex | 79.6 | 86.0 | 72.5 | 1,295 | 73.1 | 68.9 | 56.2 | 1,156 |
| Never had sex | 71.6 | 71.1 | 60.5 | 895 | 61.9 | 59.3 | 47.1 | 345 |
| Married/living together | 86.0 | 91.0 | 81.9 | 3,612 | 77.8 | 76.6 | 65.3 | 983 |
| Divorced/separated/widowed | 82.4 | 90.8 | 80.0 | 819 | 75.1 | 67.4 | 57.2 | 176 |
| Currently pregnant |  |  |  |  |  |  |  |  |
| Pregnant | 87.9 | 88.3 | 82.2 | 284 | na | na | na | na |
| Not pregnant or not sure | 82.1 | 87.3 | 76.7 | 6,337 | na | na | na | na |
| Residence |  |  |  |  |  |  |  |  |
| Urban | 83.3 | 89.4 | 78.8 | 2,419 | 75.4 | 80.8 | 66.3 | 920 |
| Rural | 81.9 | 86.1 | 75.9 | 4,202 | 72.5 | 64.9 | 54.2 | 1,741 |
| Ecological zone |  |  |  |  |  |  |  |  |
| Lowlands | 83.0 | 89.7 | 78.6 | 4,184 | 74.1 | 75.9 | 61.7 | 1,711 |
| Foothills | 80.0 | 85.3 | 73.6 | 688 | 72.2 | 60.9 | 52.4 | 252 |
| Mountains | 80.8 | 80.9 | 73.3 | 1,288 | 72.3 | 59.3 | 52.1 | 523 |
| Senqu River Valley | 84.5 | 86.4 | 76.7 | 461 | 73.3 | 63.8 | 53.5 | 174 |
| District |  |  |  |  |  |  |  |  |
| Butha-Buthe | 79.5 | 83.0 | 73.3 | 385 | 62.3 | 62.7 | 51.4 | 143 |
| Leribe | 80.0 | 88.4 | 75.0 | 1,064 | 67.7 | 68.1 | 52.0 | 390 |
| Berea | 82.9 | 91.2 | 79.7 | 892 | 74.4 | 76.2 | 64.7 | 379 |
| Maseru | 84.2 | 89.6 | 79.7 | 1,864 | 77.6 | 78.8 | 65.2 | 809 |
| Mafeteng | 82.8 | 88.1 | 77.1 | 576 | 76.9 | 68.7 | 57.7 | 242 |
| Mohale's Hoek | 82.0 | 83.1 | 74.3 | 519 | 73.9 | 61.3 | 54.5 | 202 |
| Quthing | 81.5 | 84.0 | 73.3 | 315 | 78.2 | 62.8 | 55.2 | 105 |
| Qacha's Nek | 82.6 | 85.8 | 75.4 | 204 | 69.7 | 64.9 | 50.9 | 74 |
| Mokhotlong | 84.2 | 84.3 | 77.8 | 349 | 81.0 | 64.2 | 56.7 | 144 |
| Thaba-Tseka | 81.2 | 80.3 | 73.3 | 452 | 62.2 | 55.2 | 45.5 | 172 |
| Education |  |  |  |  |  |  |  |  |
| No education | 74.2 | 74.6 | 65.0 | 68 | 70.5 | 49.7 | 45.8 | 213 |
| Primary incomplete | 77.3 | 81.2 | 70.5 | 1,178 | 71.7 | 60.1 | 50.6 | 875 |
| Primary complete | 82.7 | 88.4 | 77.8 | 1,375 | 75.5 | 76.4 | 62.9 | 316 |
| Secondary | 83.2 | 88.1 | 77.7 | 3,418 | 73.2 | 78.8 | 63.4 | 1,043 |
| More than secondary | 88.2 | 94.4 | 85.0 | 581 | 82.5 | 83.4 | 71.8 | 214 |
| Wealth quintile |  |  |  |  |  |  |  |  |
| Lowest | 78.0 | 77.2 | 69.2 | 960 | 68.3 | 52.6 | 46.8 | 376 |
| Second | 83.6 | 88.1 | 78.4 | 1,033 | 75.9 | 64.8 | 57.6 | 479 |
| Middle | 83.4 | 88.8 | 77.9 | 1,244 | 73.4 | 66.7 | 54.0 | 536 |
| Fourth | 83.3 | 89.0 | 77.9 | 1,605 | 75.0 | 79.0 | 63.9 | 616 |
| Highest | 82.5 | 89.8 | 78.7 | 1,778 | 73.6 | 79.7 | 64.2 | 654 |
| Total 15-49 | 82.4 | 87.3 | 76.9 | 6,621 | 73.5 | 70.4 | 58.4 | 2,660 |
| 50-59 | na | na | na | na | 74.2 | 72.8 | 59.9 | 271 |
| Total 15-59 | na | na | na | na | 73.6 | 70.6 | 58.6 | 2,931 |

na $=$ Not applicable

Table 12.5.1 Accepting attitudes towards those living with HIVIAIDS: Women
Among women age 15-49 who have heard of AIDS, percentage expressing specific accepting attitudes towards people with HIV/AIDS, by background characteristics, Lesotho 2014

| Background characteristic | Percentage of respondents who: |  |  |  | Percentage expressing acceptance attitudes on all four indicators | Number of respondents who have heard of AIDS |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Are willing to care for a family member with AIDS in the respondent's home | Would buy fresh vegetables from shopkeeper who has HIV | Say that a female teacher who has HIV but is not sick should be allowed to continue teaching | Would not want to keep secret that a family member got infected with HIV |  |  |
| Age |  |  |  |  |  |  |
| 15-24 | 93.4 | 84.0 | 89.4 | 56.2 | 43.1 | 2,715 |
| 15-19 | 92.5 | 80.2 | 86.2 | 58.6 | 43.1 | 1,408 |
| 20-24 | 94.3 | 88.2 | 92.9 | 53.6 | 43.0 | 1,308 |
| 25-29 | 97.4 | 90.3 | 94.5 | 55.4 | 47.9 | 1,088 |
| 30-39 | 97.0 | 92.0 | 94.2 | 57.6 | 50.1 | 1,692 |
| 40-49 | 96.8 | 89.8 | 90.8 | 54.9 | 46.6 | 1,057 |
| Marital status |  |  |  |  |  |  |
| Never married | 94.0 | 84.6 | 90.3 | 58.2 | 46.3 | 2,155 |
| Ever had sex | 95.1 | 87.4 | 93.1 | 59.5 | 49.3 | 1,285 |
| Never had sex | 92.5 | 80.4 | 86.3 | 56.3 | 42.0 | 870 |
| Married/living together | 95.9 | 89.0 | 92.3 | 54.9 | 45.6 | 3,583 |
| Divorced/separated/widowed | 97.9 | 92.9 | 92.7 | 56.5 | 49.2 | 814 |
| Residence |  |  |  |  |  |  |
| Urban | 96.1 | 91.5 | 95.8 | 55.9 | 48.9 | 2,418 |
| Rural | 95.2 | 86.1 | 89.3 | 56.4 | 44.7 | 4,135 |
| Ecological zone |  |  |  |  |  |  |
| Lowlands | 95.9 | 90.1 | 94.6 | 57.4 | 48.7 | 4,165 |
| Foothills | 94.5 | 85.7 | 88.3 | 57.9 | 45.7 | 678 |
| Mountains | 94.6 | 82.7 | 84.6 | 51.9 | 39.2 | 1,256 |
| Senqu River Valley | 96.0 | 87.5 | 89.9 | 54.3 | 44.3 | 453 |
| District |  |  |  |  |  |  |
| Butha-Buthe | 95.5 | 90.3 | 92.5 | 63.7 | 53.4 | 373 |
| Leribe | 95.1 | 89.4 | 93.6 | 47.8 | 39.9 | 1,058 |
| Berea | 95.7 | 90.7 | 94.0 | 56.4 | 49.3 | 878 |
| Maseru | 96.0 | 89.5 | 94.8 | 60.5 | 51.1 | 1,861 |
| Mafeteng | 95.1 | 86.8 | 89.7 | 60.4 | 47.2 | 574 |
| Mohale's Hoek | 96.7 | 83.6 | 87.8 | 55.6 | 44.3 | 515 |
| Quthing | 94.3 | 86.9 | 89.8 | 55.9 | 45.9 | 307 |
| Qacha's Nek | 95.5 | 87.0 | 89.5 | 38.0 | 30.7 | 201 |
| Mokhotlong | 96.5 | 85.6 | 82.7 | 61.0 | 46.1 | 342 |
| Thaba-Tseka | 93.6 | 81.7 | 85.5 | 51.6 | 37.7 | 444 |
| Education |  |  |  |  |  |  |
| No education | 93.6 | 70.0 | 69.5 | 53.9 | 39.5 | 66 |
| Primary incomplete | 93.5 | 77.1 | 78.5 | 55.1 | 37.6 | 1,143 |
| Primary complete | 95.5 | 87.3 | 90.8 | 55.6 | 44.5 | 1,362 |
| Secondary | 96.1 | 90.9 | 95.5 | 56.9 | 49.0 | 3,400 |
| More than secondary | 96.5 | 97.0 | 99.8 | 55.9 | 52.2 | 581 |
| Wealth quintile |  |  |  |  |  |  |
| Lowest | 93.6 | 78.4 | 80.0 | 53.8 | 37.9 | 932 |
| Second | 95.7 | 85.9 | 88.3 | 55.6 | 42.6 | 1,008 |
| Middle | 95.3 | 89.0 | 92.3 | 56.5 | 46.3 | 1,238 |
| Fourth | 96.2 | 89.5 | 93.7 | 56.1 | 47.9 | 1,602 |
| Highest | 95.9 | 92.5 | 97.5 | 57.7 | 51.3 | 1,773 |
| Total | 95.5 | 88.1 | 91.7 | 56.2 | 46.3 | 6,552 |

Table 12.5.2 Accepting attitudes towards those living with HIVIAIDS: Men
Among men age 15-49 who have heard of HIV/AIDS, percentage expressing specific accepting attitudes towards people with HIV/AIDS, by background characteristics, Lesotho 2014

| Background characteristic | Percentage of respondents who: |  |  |  | Percentage expressing acceptance attitudes on all four indicators | Number of respondents who have heard of AIDS |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Are willing to care for a family member with AIDS in the respondent's home | Would buy fresh vegetables from shopkeeper who has HIV | Say that a female teacher who has HIV but is not sick should be allowed to continue teaching | Would not want to keep secret that a family member got infected with HIV |  |  |
| Age |  |  |  |  |  |  |
| 15-24 | 88.1 | 76.4 | 78.6 | 53.3 | 32.4 | 1,217 |
| 15-19 | 85.9 | 74.1 | 75.8 | 52.0 | 29.2 | 670 |
| 20-24 | 90.8 | 79.3 | 81.9 | 54.9 | 36.4 | 547 |
| 25-29 | 94.0 | 84.9 | 83.8 | 48.8 | 38.0 | 406 |
| 30-39 | 91.6 | 82.5 | 82.6 | 55.2 | 40.1 | 600 |
| 40-49 | 95.3 | 79.9 | 79.6 | 54.4 | 35.8 | 383 |
| Marital status |  |  |  |  |  |  |
| Never married | 88.6 | 78.2 | 79.9 | 52.4 | 33.1 | 1,462 |
| Ever had sex | 89.1 | 80.0 | 80.9 | 51.2 | 33.4 | 1,142 |
| Never had sex | 86.8 | 71.7 | 76.4 | 56.7 | 32.1 | 319 |
| Married/living together | 94.5 | 81.7 | 81.2 | 54.2 | 38.4 | 969 |
| Divorced/separated/widowed | 89.4 | 80.6 | 80.6 | 54.4 | 39.7 | 176 |
| Residence |  |  |  |  |  |  |
| Urban | 94.0 | 86.3 | 92.1 | 50.9 | 39.9 | 914 |
| Rural | 89.2 | 76.1 | 74.2 | 54.4 | 33.2 | 1,692 |
| Ecological zone |  |  |  |  |  |  |
| Lowlands | 92.9 | 84.1 | 86.6 | 52.4 | 38.7 | 1,693 |
| Foothills | 84.8 | 71.9 | 71.9 | 56.6 | 31.3 | 243 |
| Mountains | 88.3 | 68.3 | 64.5 | 53.5 | 27.3 | 503 |
| Senqu River Valley | 86.9 | 80.5 | 78.7 | 54.9 | 34.9 | 168 |
| District |  |  |  |  |  |  |
| Butha-Buthe | 85.6 | 80.5 | 81.0 | 61.7 | 40.7 | 138 |
| Leribe | 87.3 | 84.9 | 85.1 | 46.0 | 33.5 | 386 |
| Berea | 93.4 | 84.2 | 86.4 | 54.9 | 40.8 | 370 |
| Maseru | 94.6 | 82.2 | 87.5 | 52.5 | 38.3 | 800 |
| Mafeteng | 89.8 | 75.2 | 72.1 | 57.1 | 35.5 | 237 |
| Mohale's Hoek | 86.8 | 74.6 | 73.3 | 61.4 | 34.7 | 198 |
| Quthing | 88.5 | 80.0 | 79.3 | 47.0 | 30.1 | 100 |
| Qacha's Nek | 86.7 | 77.3 | 79.8 | 36.4 | 23.9 | 74 |
| Mokhotlong | 92.0 | 68.3 | 56.8 | 59.1 | 29.7 | 142 |
| Thaba-Tseka | 88.3 | 67.1 | 63.3 | 53.4 | 25.5 | 161 |
| Education |  |  |  |  |  |  |
| No education | 84.9 | 60.0 | 54.7 | 61.4 | 26.4 | 203 |
| Primary incomplete | 86.7 | 68.0 | 65.1 | 54.7 | 27.0 | 838 |
| Primary complete | 93.7 | 84.2 | 83.9 | 56.1 | 41.3 | 313 |
| Secondary | 93.2 | 88.4 | 93.3 | 51.8 | 41.8 | 1,039 |
| More than secondary | 97.4 | 95.3 | 97.3 | 42.4 | 39.0 | 214 |
| Wealth quintile |  |  |  |  |  |  |
| Lowest | 87.1 | 63.8 | 56.9 | 56.1 | 25.1 | 358 |
| Second | 86.4 | 75.7 | 74.2 | 59.6 | 33.7 | 460 |
| Middle | 90.3 | 80.9 | 81.4 | 52.3 | 37.1 | 526 |
| Fourth | 92.6 | 82.3 | 85.2 | 53.8 | 38.2 | 611 |
| Highest | 94.9 | 87.8 | 92.6 | 47.3 | 38.8 | 651 |
| Total 15-49 | 90.9 | 79.7 | 80.5 | 53.2 | 35.6 | 2,606 |
| 50-59 | 91.9 | 78.4 | 70.5 | 47.2 | 29.7 | 268 |
| Total 15-59 | 91.0 | 79.6 | 79.5 | 52.6 | 35.0 | 2,874 |

Table 12.6 Attitudes towards negotiating safer sexual relations with husband
Percentage of women and men age 15-49 who believe that a woman is justified in refusing to have sexual intercourse with her husband if she knows that he has sexual intercourse with other women, and percentage who believe that a woman is justified in asking that they use a condom if she knows that her husband has a sexually transmitted infection (STI), by background characteristics, Lesotho 2014

| Background characteristic | Women |  |  | Men |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Woman is justified in: |  |  | Woman is justified in: |  | Number of men |
|  | Refusing to have sexual intercourse with her husband if she knows he has sex with other women | Asking that they use a condom if she knows that her husband has an STI | Number of women | Refusing to have sexual intercourse with her husband if she knows he has sex with other women | Asking that they use a condom if she knows that her husband has an STI |  |
| Age |  |  |  |  |  |  |
| 15-24 | 67.0 | 89.0 | 2,765 | 55.4 | 89.1 | 1,252 |
| 15-19 | 68.9 | 86.2 | 1,440 | 57.9 | 87.2 | 691 |
| 20-24 | 64.9 | 92.1 | 1,325 | 52.2 | 91.5 | 561 |
| 25-29 | 66.5 | 94.6 | 1,094 | 54.5 | 92.1 | 410 |
| 30-39 | 65.2 | 93.3 | 1,701 | 50.5 | 90.2 | 610 |
| 40-49 | 64.2 | 94.6 | 1,062 | 58.4 | 89.3 | 389 |
| Marital status |  |  |  |  |  |  |
| Never married | 70.9 | 89.5 | 2,190 | 54.9 | 88.9 | 1,501 |
| Ever had sex | 73.3 | 94.6 | 1,295 | 54.2 | 91.2 | 1,156 |
| Never had sex | 67.5 | 82.2 | 895 | 57.5 | 81.2 | 345 |
| Married/living together | 63.2 | 93.0 | 3,612 | 54.1 | 90.8 | 983 |
| Divorced/separated/widowed | 65.4 | 93.4 | 819 | 53.7 | 92.5 | 176 |
| Residence |  |  |  |  |  |  |
| Urban | 70.0 | 93.8 | 2,419 | 61.2 | 93.4 | 920 |
| Rural | 63.7 | 90.8 | 4,202 | 51.0 | 88.0 | 1,741 |
| Ecological zone |  |  |  |  |  |  |
| Lowlands | 68.6 | 93.9 | 4,184 | 57.3 | 92.7 | 1,711 |
| Foothills | 66.9 | 90.4 | 688 | 50.9 | 88.0 | 252 |
| Mountains | 58.6 | 86.9 | 1,288 | 48.6 | 82.2 | 523 |
| Senqu River Valley | 61.8 | 90.1 | 461 | 51.0 | 87.9 | 174 |
| District |  |  |  |  |  |  |
| Butha-Buthe | 60.7 | 86.7 | 385 | 53.3 | 83.0 | 143 |
| Leribe | 66.3 | 92.2 | 1,064 | 51.3 | 89.1 | 390 |
| Berea | 73.5 | 94.7 | 892 | 59.4 | 90.7 | 379 |
| Maseru | 68.2 | 94.4 | 1,864 | 55.5 | 95.6 | 809 |
| Mafeteng | 65.7 | 93.6 | 576 | 59.3 | 90.7 | 242 |
| Mohale's Hoek | 64.2 | 88.3 | 519 | 54.1 | 84.7 | 202 |
| Quthing | 66.4 | 93.4 | 315 | 58.6 | 91.8 | 105 |
| Qacha's Nek | 62.8 | 90.6 | 204 | 46.8 | 85.5 | 74 |
| Mokhotlong | 62.0 | 90.1 | 349 | 54.3 | 84.6 | 144 |
| Thaba-Tseka | 52.8 | 83.2 | 452 | 43.3 | 78.7 | 172 |
| Education |  |  |  |  |  |  |
| No education | 44.1 | 86.2 | 68 | 44.2 | 76.7 | 213 |
| Primary incomplete | 56.7 | 87.0 | 1,178 | 50.3 | 86.3 | 875 |
| Primary complete | 61.5 | 92.7 | 1,375 | 54.3 | 89.1 | 316 |
| Secondary | 68.9 | 92.7 | 3,418 | 57.1 | 94.4 | 1,043 |
| More than secondary | 81.2 | 96.2 | 581 | 70.2 | 96.4 | 214 |
| Wealth quintile |  |  |  |  |  |  |
| Lowest | 56.1 | 85.0 | 960 | 49.5 | 78.1 | 376 |
| Second | 62.0 | 91.1 | 1,033 | 45.7 | 89.3 | 479 |
| Middle | 66.0 | 92.2 | 1,244 | 50.4 | 89.0 | 536 |
| Fourth | 66.7 | 93.1 | 1,605 | 58.8 | 93.4 | 616 |
| Highest | 73.1 | 94.9 | 1,778 | 63.4 | 94.4 | 654 |
| Total 15-49 | 66.0 | 91.9 | 6,621 | 54.6 | 89.9 | 2,660 |
| 50-59 | na | na | na | 58.0 | 90.3 | 271 |
| Total 15-59 | na | na | na | 54.9 | 89.9 | 2,931 |

na $=$ Not applicable

| Table 12.7 Adult support of education about condom use to prevent AIDS |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| Percentages of women and men age 18-49 who agree that children age 12-14 years should be taught about using a condom to avoid AIDS, by background characteristics, Lesotho 2014 |  |  |  |  |
|  | Women |  | Men |  |
| Background characteristic | Percentage who agree | Number | Percentage who agree | Number |
| Age |  |  |  |  |
| 18-24 | 72.2 | 1,891 | 64.3 | 837 |
| 18-19 | 71.8 | 566 | 66.0 | 277 |
| 20-24 | 72.4 | 1,325 | 63.5 | 561 |
| 25-29 | 73.3 | 1,094 | 71.5 | 410 |
| 30-39 | 71.5 | 1,701 | 66.2 | 610 |
| 40-49 | 68.8 | 1,062 | 67.3 | 389 |
| Marital status |  |  |  |  |
| Never married | 75.3 | 1,383 | 65.1 | 1,088 |
| Married/living together | 69.5 | 3,549 | 67.8 | 982 |
| Divorced/separated/widowed | 74.4 | 815 | 69.8 | 176 |
| Residence |  |  |  |  |
| Urban | 74.5 | 2,157 | 73.7 | 813 |
| Rural | 69.8 | 3,590 | 62.7 | 1,432 |
| Ecological zone |  |  |  |  |
| Lowlands | 74.7 | 3,668 | 70.9 | 1,454 |
| Foothills | 66.4 | 589 | 60.8 | 213 |
| Mountains | 63.0 | 1,089 | 54.5 | 428 |
| Senqu River Valley | 74.0 | 401 | 69.0 | 150 |
| District |  |  |  |  |
| Butha-Buthe | 59.9 | 346 | 51.7 | 119 |
| Leribe | 75.5 | 917 | 63.4 | 313 |
| Berea | 76.6 | 767 | 68.3 | 330 |
| Maseru | 74.6 | 1,676 | 73.2 | 719 |
| Mafeteng | 67.0 | 473 | 68.3 | 194 |
| Mohale's Hoek | 65.5 | 453 | 66.0 | 166 |
| Quthing | 80.7 | 263 | 76.6 | 88 |
| Qacha's Nek | 68.0 | 172 | 57.8 | 57 |
| Mokhotlong | 72.9 | 289 | 62.9 | 114 |
| Thaba-Tseka | 56.9 | 390 | 48.8 | 145 |
| Education |  |  |  |  |
| No education | 52.3 | 68 | 55.1 | 209 |
| Primary incomplete | 65.6 | 999 | 58.4 | 702 |
| Primary complete | 66.7 | 1,263 | 68.7 | 279 |
| Secondary | 73.8 | 2,837 | 72.7 | 842 |
| More than secondary | 84.0 | 580 | 78.4 | 214 |
| Wealth quintile |  |  |  |  |
| Lowest | 57.9 | 815 | 52.3 | 313 |
| Second | 69.8 | 873 | 58.7 | 404 |
| Middle | 72.6 | 1,055 | 66.2 | 439 |
| Fourth | 74.9 | 1,397 | 74.9 | 520 |
| Highest | 75.9 | 1,607 | 73.0 | 570 |
| Total 18-49 | 71.6 | 5,747 | 66.7 | 2,246 |
| 50-59 | na | na | 60.5 | 271 |
| Total 18-59 | na | na | 66.0 | 2,516 |

na $=$ Not applicable

Table 12.8.1 Multiple sexual partners: Women
Among all women age 15-49, the percentage who had sexual intercourse with more than one sexual partner in the past 12 months; among those having more than one partner in the past 12 months, the percentage reporting that a condom was used at last intercourse; and among those ever having intercourse, the mean number of sexual partners during their lifetime, by background characteristics, Lesotho 2014

| Background characteristic | All women |  | Among women who had 2+ partners in the past 12 months: |  | Among women who ever had sexual intercourse ${ }^{1}$ : |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Percentage who had 2+ partners in the past 12 months | Number of women | Percentage who reported using a condom during last sexual intercourse | Number of women | Mean number of sexual partners in lifetime | Number of women |
| Age |  |  |  |  |  |  |
| 15-24 | 5.1 | 2,765 | 67.2 | 142 | 2.1 | 1,892 |
| 15-19 | 2.9 | 1,440 | (57.9) | 41 | 1.7 | 660 |
| 20-24 | 7.6 | 1,325 | 71.0 | 100 | 2.4 | 1,232 |
| 25-29 | 8.1 | 1,094 | 54.5 | 89 | 3.0 | 1,067 |
| 30-39 | 8.6 | 1,701 | 43.8 | 146 | 3.0 | 1,655 |
| 40-49 | 5.6 | 1,062 | 46.4 | 59 | 2.7 | 1,048 |
| Marital status |  |  |  |  |  |  |
| Never married | 5.6 | 2,190 | 81.2 | 122 | 2.8 | 1,276 |
| Married/living together | 7.1 | 3,612 | 39.5 | 258 | 2.4 | 3,577 |
| Divorced/separated/widowed | 6.7 | 819 | 60.9 | 55 | 3.7 | 808 |
| Residence |  |  |  |  |  |  |
| Urban | 6.6 | 2,419 | 68.7 | 160 | 3.0 | 2,049 |
| Rural | 6.6 | 4,202 | 45.3 | 276 | 2.5 | 3,612 |
| Ecological zone |  |  |  |  |  |  |
| Lowlands | 6.9 | 4,184 | 61.3 | 290 | 2.9 | 3,569 |
| Foothills | 6.7 | 688 | (36.9) | 46 | 2.1 | 605 |
| Mountains | 5.2 | 1,288 | 37.5 | 67 | 2.2 | 1,079 |
| Senqu River Valley | 6.8 | 461 | 45.9 | 32 | 2.8 | 409 |
| District |  |  |  |  |  |  |
| Butha-Buthe | 3.4 | 385 | * | 13 | 2.0 | 332 |
| Leribe | 7.9 | 1,064 | 64.2 | 84 | 2.5 | 914 |
| Berea | 6.9 | 892 | 67.0 | 61 | 3.1 | 770 |
| Maseru | 7.0 | 1,864 | 58.4 | 131 | 2.9 | 1,601 |
| Mafeteng | 5.0 | 576 | (31.6) | 29 | 2.4 | 478 |
| Mohale's Hoek | 7.7 | 519 | 29.5 | 40 | 2.4 | 454 |
| Quthing | 7.3 | 315 | (58.5) | 23 | 3.1 | 269 |
| Qacha's Nek | 6.2 | 204 | (49.6) | 13 | 2.5 | 177 |
| Mokhotlong | 4.4 | 349 | (37.1) | 16 | 2.3 | 282 |
| Thaba-Tseka | 5.7 | 452 | (34.6) | 26 | 2.2 | 386 |
| Education |  |  |  |  |  |  |
| No education | 5.9 | 68 | * | 4 | 2.4 | 67 |
| Primary incomplete | 7.6 | 1,178 | 36.4 | 90 | 2.5 | 1,002 |
| Primary complete | 5.5 | 1,375 | 45.8 | 76 | 2.5 | 1,275 |
| Secondary | 6.1 | 3,418 | 60.7 | 210 | 2.6 | 2,783 |
| More than secondary | 9.5 | 581 | (69.7) | 55 | 3.6 | 534 |
| Wealth quintile |  |  |  |  |  |  |
| Lowest | 5.5 | 960 | 26.6 | 53 | 2.4 | 823 |
| Second | 6.1 | 1,033 | 47.7 | 63 | 2.4 | 888 |
| Middle | 6.3 | 1,244 | 54.7 | 78 | 2.5 | 1,068 |
| Fourth | 6.5 | 1,605 | 54.4 | 104 | 2.7 | 1,380 |
| Highest | 7.7 | 1,778 | 66.5 | 137 | 3.1 | 1,503 |
| Total | 6.6 | 6,621 | 53.9 | 435 | 2.7 | 5,662 |

Note: Figures in parentheses are based on 25-49 unweighted cases. An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.
${ }^{1}$ Means are calculated excluding respondents who gave non-numeric responses.

Table 12.8.2 Multiple sexual partners: Men
Among all men age 15-49, the percentage who had sexual intercourse with more than one sexual partner in the past 12 months; among those having more than one partner in the past 12 months, the percentage reporting that a condom was used at last intercourse; and among those having intercourse, the mean number of sexual partners during their lifetime by background characteristics, Lesotho 2014

| Background characteristic | All men |  | Among men who had 2+ partners in the past 12 months: |  | Among men who ever had sexual intercourse ${ }^{1}$ : |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Percentage who had 2+ partners in the past 12 months | Number of men | Percentage who reported using a condom during last sexual intercourse | Number of men | Mean number of sexual partners in lifetime | Number of men |
| Age |  |  |  |  |  |  |
| 15-24 | 22.7 | 1,252 | 78.2 | 284 | 6.0 | 914 |
| 15-19 | 15.3 | 691 | 79.7 | 106 | 4.0 | 410 |
| 20-24 | 31.8 | 561 | 77.3 | 178 | 7.6 | 504 |
| 25-29 | 38.5 | 410 | 72.9 | 158 | 12.6 | 389 |
| 30-39 | 30.7 | 610 | 52.7 | 187 | 12.4 | 582 |
| 40-49 | 21.2 | 389 | 35.1 | 82 | 10.9 | 364 |
| Marital status |  |  |  |  |  |  |
| Never married | 23.5 | 1,501 | 82.8 | 353 | 7.6 | 1,135 |
| Married/living together | 31.1 | 983 | 44.9 | 306 | 11.4 | 952 |
| Divorced/separated/widowed | 30.0 | 176 | (66.6) | 53 | 13.3 | 161 |
| Type of union |  |  |  |  |  |  |
| In polygynous union | * | 25 | * | 10 | * | 25 |
| In non-polygynous union | 30.9 | 958 | 44.4 | 296 | 11.2 | 927 |
| Not currently in union | 24.2 | 1,677 | 80.7 | 406 | 8.3 | 1,296 |
| Residence |  |  |  |  |  |  |
| Urban | 32.0 | 920 | 70.6 | 295 | 12.7 | 786 |
| Rural | 23.9 | 1,741 | 61.6 | 417 | 7.9 | 1,462 |
| Ecological zone |  |  |  |  |  |  |
| Lowlands | 27.8 | 1,711 | 69.5 | 475 | 10.7 | 1,441 |
| Foothills | 27.5 | 252 | 63.3 | 69 | 8.5 | 209 |
| Mountains | 23.2 | 523 | 51.7 | 122 | 6.9 | 448 |
| Senqu River Valley | 26.3 | 174 | 60.5 | 46 | 8.3 | 149 |
| District |  |  |  |  |  |  |
| Butha-Buthe | 14.2 | 143 | (72.2) | 20 | 5.8 | 106 |
| Leribe | 30.2 | 390 | 72.8 | 118 | 9.2 | 339 |
| Berea | 23.9 | 379 | 61.1 | 91 | 9.1 | 313 |
| Maseru | 31.8 | 809 | 70.8 | 258 | 11.8 | 711 |
| Mafeteng | 22.7 | 242 | 56.3 | 55 | 10.9 | 198 |
| Mohale's Hoek | 23.5 | 202 | 66.1 | 47 | 7.3 | 160 |
| Quthing | 21.9 | 105 | (60.5) | 23 | 7.6 | 90 |
| Qacha's Nek | 30.0 | 74 | 67.2 | 22 | 9.5 | 68 |
| Mokhotlong | 29.9 | 144 | 40.4 | 43 | 8.5 | 120 |
| Thaba-Tseka | 20.0 | 172 | (52.0) | 34 | 6.4 | 144 |
| Education |  |  |  |  |  |  |
| No education | 19.9 | 213 | 34.0 | 42 | 7.3 | 192 |
| Primary incomplete | 23.2 | 875 | 58.6 | 203 | 7.4 | 745 |
| Primary complete | 28.4 | 316 | 63.4 | 90 | 9.7 | 281 |
| Secondary | 28.2 | 1,043 | 73.4 | 294 | 10.8 | 833 |
| More than secondary | 38.7 | 214 | 71.2 | 83 | 14.6 | 198 |
| Wealth quintile |  |  |  |  |  |  |
| Lowest | 21.0 | 376 | 50.4 | 79 | 6.4 | 311 |
| Second | 23.3 | 479 | 62.8 | 111 | 7.4 | 392 |
| Middle | 24.0 | 536 | 58.6 | 129 | 8.7 | 456 |
| Fourth | 28.5 | 616 | 71.1 | 176 | 9.9 | 529 |
| Highest | 33.2 | 654 | 71.3 | 217 | 13.3 | 559 |
| Total 15-49 | 26.7 | 2,660 | 65.3 | 711 | 9.6 | 2,248 |
| 50-59 | 11.5 | 271 | (46.5) | 31 | 9.9 | 249 |
| Total 15-59 | 25.3 | 2,931 | 64.5 | 743 | 9.6 | 2,496 |

Note: Figures in parentheses are based on 25-49 unweighted cases. An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.
${ }^{1}$ Means are calculated excluding respondents who gave non-numeric responses.

Table 12.9 Point prevalence and cumulative prevalence of concurrent sexual partners
Percentage of all women and all men age 15-49 who had concurrent sexual partners 6 months before the survey (point prevalence ${ }^{1}$ ), and percentage of all women and all men age 15-49 who had any concurrent sexual partners during the 12 months before the survey (cumulative prevalence ${ }^{2}$ ), and among women and men age 15-49 who had multiple sexual partners during the 12 months before the survey, percentage who had concurrent sexual partners, by background characteristics, Lesotho 2014

| Background characteristic | Among all respondents: |  |  | Among all respondents who had multiple partners during the 12 months before the survey: |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | Point prevalence of concurrent sexual partners ${ }^{1}$ | Cumulative prevalence of concurrent sexual partners ${ }^{2}$ | Number of respondents | Percentage who had concurrent sexual partners ${ }^{2}$ | Number of respondents |
| WOMEN |  |  |  |  |  |
| Age |  |  |  |  |  |
| 15-24 | 0.7 | 2.2 | 2,765 | 43.3 | 142 |
| 15-19 | 0.3 | 1.1 | 1,440 | (36.7) | 41 |
| 20-24 | 1.2 | 3.5 | 1,325 | 46.0 | 100 |
| 25-29 | 2.4 | 5.7 | 1,094 | 70.5 | 89 |
| 30-39 | 3.7 | 7.3 | 1,701 | 85.1 | 146 |
| 40-49 | 2.6 | 4.9 | 1,062 | 87.7 | 59 |
| Marital status |  |  |  |  |  |
| Never married | 1.0 | 2.7 | 2,190 | 48.1 | 122 |
| Married/living together | 2.8 | 6.0 | 3,612 | 83.5 | 258 |
| Divorced/separated/widowed | 1.8 | 3.1 | 819 | 46.5 | 55 |
| Residence |  |  |  |  |  |
| Urban | 2.0 | 4.3 | 2,419 | 64.3 | 160 |
| Rural | 2.1 | 4.7 | 4,202 | 71.5 | 276 |
| Total 15-49 | 2.1 | 4.5 | 6,621 | 68.9 | 435 |
| MEN |  |  |  |  |  |
| Age |  |  |  |  |  |
| 15-24 | 4.9 | 13.0 | 1,252 | 57.4 | 284 |
| 15-19 | 2.3 | 6.6 | 691 | 43.0 | 106 |
| 20-24 | 8.0 | 21.0 | 561 | 65.9 | 178 |
| 25-29 | 11.0 | 26.8 | 410 | 69.5 | 158 |
| 30-39 | 11.0 | 23.9 | 610 | 78.0 | 187 |
| 40-49 | 10.2 | 20.6 | 389 | 97.0 | 82 |
| Marital status |  |  |  |  |  |
| Never married | 4.6 | 12.9 | 1,501 | 55.1 | 353 |
| Married/living together | 13.5 | 27.5 | 983 | 88.4 | 306 |
| Divorced/separated/widowed | 6.5 | 19.3 | 176 | (64.3) | 53 |
| Type of union |  |  |  |  |  |
| In polygynous union | * | * | 25 | * | 10 |
| In non-polygynous union | 13.3 | 27.6 | 958 | 89.4 | 296 |
| Not currently in union | 4.8 | 13.6 | 1,677 | 56.3 | 406 |
| Residence |  |  |  |  |  |
| Urban | 9.4 | 23.0 | 920 | 71.8 | 295 |
| Rural | 7.3 | 16.5 | 1,741 | 68.9 | 417 |
| Total 15-49 | 8.0 | 18.7 | 2,660 | 70.1 | 711 |
| 50-59 | 5.8 | 10.8 | 271 | (93.3) | 31 |
| Total 15-59 | 7.8 | 18.0 | 2,931 | 71.1 | 743 |

Notes: Two sexual partners are considered to be concurrent if the date of the most recent sexual intercourse with the earlier partner is after the date of the first sexual intercourse with the later partner. Figures in parentheses are based on 25-49 unweighted cases. An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.
${ }^{1}$ The percentage of respondents who had two (or more) sexual partners that were concurrent at the point in time 6 months before the survey
${ }^{2}$ The percentage of respondents who had two (or more) sexual partners that were concurrent anytime during the 12 months preceding the survey

Table 12.10 Payment for sexual intercourse and condom use at last paid sexual intercourse
Percentage of men age 15-49 who ever paid for sexual intercourse and percentage reporting payment for sexual intercourse in the past 12 months, and among them, the percentage reporting that a condom was used the last time they paid for sexual intercourse, by background characteristics, Lesotho 2014
$\left.\begin{array}{lcccc}\hline & & & & \text { Among men who paid for sex in the } \\ \text { past 12 months: }\end{array}\right]$

Note: Figures in parentheses are based on 25-49 unweighted cases. An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.

Table 12.11.1 Coverage of prior HIV testing: Women
Percentage of women age 15-49 who know where to get an HIV test, percent distribution of women age 15-49 by testing status and by whether they received the results of the last test, the percentage of women ever tested, and the percentage of women age 15-49 who were tested in the past 12 months and received the results of the last test, according to background characteristics, Lesotho 2014

| Background characteristic | Percentage who know where to get an HIV test | Percent distribution of women by testing status and by whether they received the results of the last test |  |  | Total | Percentage ever tested | Percentage who have been tested for HIV in the past 12 months and received the results of the last test | Number of women |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Ever tested and received results | Ever tested, did not receive results | Never tested ${ }^{1}$ |  |  |  |  |
| Age |  |  |  |  |  |  |  |  |
| 15-24 | 94.1 | 71.0 | 1.5 | 27.5 | 100.0 | 72.5 | 54.0 | 2,765 |
| 15-19 | 90.2 | 56.5 | 1.5 | 42.1 | 100.0 | 57.9 | 40.5 | 1,440 |
| 20-24 | 98.2 | 86.8 | 1.5 | 11.7 | 100.0 | 88.3 | 68.6 | 1,325 |
| 25-29 | 99.4 | 95.1 | 1.4 | 3.5 | 100.0 | 96.5 | 69.8 | 1,094 |
| 30-39 | 99.3 | 93.1 | 2.2 | 4.8 | 100.0 | 95.2 | 59.8 | 1,701 |
| 40-49 | 99.1 | 89.5 | 2.6 | 7.8 | 100.0 | 92.2 | 53.5 | 1,062 |
| Marital status |  |  |  |  |  |  |  |  |
| Never married | 93.4 | 64.0 | 1.2 | 34.8 | 100.0 | 65.2 | 43.5 | 2,190 |
| Ever had sex | 97.4 | 77.7 | 1.3 | 20.9 | 100.0 | 79.1 | 54.0 | 1,295 |
| Never had sex | 87.7 | 44.1 | 1.1 | 54.8 | 100.0 | 45.2 | 28.4 | 895 |
| Married/living together | 98.9 | 93.3 | 2.0 | 4.7 | 100.0 | 95.3 | 66.5 | 3,612 |
| Divorced/separated/widowed | 99.2 | 93.2 | 2.8 | 4.0 | 100.0 | 96.0 | 58.9 | 819 |
| Residence |  |  |  |  |  |  |  |  |
| Urban | 98.4 | 83.1 | 1.6 | 15.3 | 100.0 | 84.7 | 57.1 | 2,419 |
| Rural | 96.3 | 83.9 | 2.0 | 14.1 | 100.0 | 85.9 | 58.5 | 4,202 |
| Ecological zone |  |  |  |  |  |  |  |  |
| Lowlands | 98.1 | 84.0 | 1.3 | 14.7 | 100.0 | 85.3 | 57.1 | 4,184 |
| Foothills | 96.8 | 82.5 | 3.4 | 14.2 | 100.0 | 85.8 | 59.4 | 688 |
| Mountains | 94.8 | 83.0 | 2.7 | 14.3 | 100.0 | 85.7 | 58.9 | 1,288 |
| Senqu River Valley | 95.3 | 83.9 | 2.1 | 13.9 | 100.0 | 86.1 | 61.4 | 461 |
| District |  |  |  |  |  |  |  |  |
| Butha-Buthe | 93.1 | 82.5 | 1.8 | 15.8 | 100.0 | 84.2 | 62.0 | 385 |
| Leribe | 98.5 | 84.6 | 1.0 | 14.4 | 100.0 | 85.6 | 58.4 | 1,064 |
| Berea | 97.2 | 82.7 | 1.5 | 15.8 | 100.0 | 84.2 | 55.7 | 892 |
| Maseru | 98.4 | 84.2 | 1.9 | 13.8 | 100.0 | 86.2 | 58.0 | 1,864 |
| Mafeteng | 97.9 | 83.2 | 2.6 | 14.2 | 100.0 | 85.8 | 52.5 | 576 |
| Mohale's Hoek | 97.1 | 84.8 | 2.6 | 12.6 | 100.0 | 87.4 | 60.8 | 519 |
| Quthing | 93.2 | 77.9 | 1.7 | 20.4 | 100.0 | 79.6 | 52.7 | 315 |
| Qacha's Nek | 96.8 | 84.7 | 2.4 | 12.9 | 100.0 | 87.1 | 62.6 | 204 |
| Mokhotlong | 94.7 | 79.6 | 2.5 | 17.9 | 100.0 | 82.1 | 54.0 | 349 |
| Thaba-Tseka | 95.6 | 87.4 | 1.7 | 10.9 | 100.0 | 89.1 | 66.3 | 452 |
| Education |  |  |  |  |  |  |  |  |
| No education | 97.0 | 73.3 | 6.2 | 20.5 | 100.0 | 79.5 | 37.3 | 68 |
| Primary incomplete | 93.1 | 81.0 | 3.2 | 15.7 | 100.0 | 84.3 | 55.5 | 1,178 |
| Primary complete | 97.7 | 89.6 | 1.5 | 8.8 | 100.0 | 91.2 | 61.9 | 1,375 |
| Secondary | 97.8 | 81.6 | 1.5 | 17.0 | 100.0 | 83.0 | 57.8 | 3,418 |
| More than secondary | 99.8 | 88.0 | 1.2 | 10.8 | 100.0 | 89.2 | 57.3 | 581 |
| Wealth quintile |  |  |  |  |  |  |  |  |
| Lowest | 93.8 | 82.2 | 3.0 | 14.8 | 100.0 | 85.2 | 59.4 | 960 |
| Second | 95.7 | 84.3 | 2.8 | 12.9 | 100.0 | 87.1 | 60.7 | 1,033 |
| Middle | 97.2 | 85.8 | 1.2 | 13.0 | 100.0 | 87.0 | 59.6 | 1,244 |
| Fourth | 98.7 | 83.7 | 1.2 | 15.1 | 100.0 | 84.9 | 59.1 | 1,605 |
| Highest | 98.2 | 82.4 | 1.7 | 15.9 | 100.0 | 84.1 | 53.5 | 1,778 |
| Total | 97.1 | 83.6 | 1.8 | 14.5 | 100.0 | 85.5 | 58.0 | 6,621 |

${ }^{1}$ Includes don't know/missing

Table 12.11.2 Coverage of prior HIV testing: Men
Percentage of men age 15-49 who know where to get an HIV test, percent distribution of men age 15-49 by testing status and by whether they received the results of the last test, the percentage of men ever tested, and the percentage of men age 15-49 who were tested in the past 12 months and received the results of the last test, according to background characteristics, Lesotho 2014

| Background characteristic | Percentage who know where to get an HIV test | Percent distribution of men by testing status and by whether they received the results of the last test |  |  | Total | Percentage ever tested | Percentage who have been tested for HIV in the past 12 months and received the results of the last test | Number of men |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Ever tested and received results | Ever tested, did not receive results | Never tested ${ }^{1}$ |  |  |  |  |
| Age |  |  |  |  |  |  |  |  |
| 15-24 | 87.2 | 51.2 | 1.8 | 47.0 | 100.0 | 53.0 | 28.6 | 1,252 |
| 15-19 | 84.2 | 46.1 | 1.9 | 52.0 | 100.0 | 48.0 | 24.9 | 691 |
| 20-24 | 91.0 | 57.5 | 1.7 | 40.8 | 100.0 | 59.2 | 33.1 | 561 |
| 25-29 | 96.1 | 71.8 | 1.9 | 26.4 | 100.0 | 73.6 | 43.2 | 410 |
| 30-39 | 95.7 | 73.8 | 3.1 | 23.1 | 100.0 | 76.9 | 43.9 | 610 |
| 40-49 | 96.1 | 74.1 | 3.3 | 22.6 | 100.0 | 77.4 | 42.6 | 389 |
| Marital status |  |  |  |  |  |  |  |  |
| Never married | 87.8 | 54.0 | 1.6 | 44.5 | 100.0 | 55.5 | 29.3 | 1,501 |
| Ever had sex | 90.8 | 57.1 | 1.7 | 41.2 | 100.0 | 58.8 | 31.3 | 1,156 |
| Never had sex | 77.9 | 43.5 | 1.1 | 55.4 | 100.0 | 44.6 | 22.5 | 345 |
| Married/living together | 96.6 | 75.2 | 2.7 | 22.1 | 100.0 | 77.9 | 46.2 | 983 |
| Divorced/separated/widowed | 98.9 | 70.1 | 6.9 | 23.0 | 100.0 | 77.0 | 42.9 | 176 |
| Residence |  |  |  |  |  |  |  |  |
| Urban | 96.6 | 74.5 | 2.5 | 23.0 | 100.0 | 77.0 | 46.7 | 920 |
| Rural | 89.3 | 56.7 | 2.2 | 41.0 | 100.0 | 59.0 | 30.9 | 1,741 |
| Ecological zone |  |  |  |  |  |  |  |  |
| Lowlands | 94.8 | 67.7 | 2.2 | 30.1 | 100.0 | 69.9 | 39.9 | 1,711 |
| Foothills | 86.5 | 52.9 | 2.0 | 45.1 | 100.0 | 54.9 | 32.0 | 252 |
| Mountains | 85.0 | 51.5 | 3.1 | 45.4 | 100.0 | 54.6 | 27.6 | 523 |
| Senqu River Valley | 90.7 | 63.8 | 2.3 | 34.0 | 100.0 | 66.0 | 34.9 | 174 |
| District |  |  |  |  |  |  |  |  |
| Butha-Buthe | 91.6 | 60.2 | 2.0 | 37.8 | 100.0 | 62.2 | 37.4 | 143 |
| Leribe | 93.7 | 68.2 | 0.0 | 31.8 | 100.0 | 68.2 | 36.7 | 390 |
| Berea | 91.6 | 65.7 | 1.2 | 33.0 | 100.0 | 67.0 | 37.1 | 379 |
| Maseru | 94.1 | 68.7 | 2.9 | 28.4 | 100.0 | 71.6 | 43.3 | 809 |
| Mafeteng | 94.2 | 55.4 | 3.8 | 40.9 | 100.0 | 59.1 | 30.4 | 242 |
| Mohale's Hoek | 87.3 | 52.3 | 3.9 | 43.9 | 100.0 | 56.1 | 29.6 | 202 |
| Quthing | 88.7 | 55.9 | 3.5 | 40.6 | 100.0 | 59.4 | 25.3 | 105 |
| Qacha's Nek | 94.7 | 68.8 | 3.3 | 27.9 | 100.0 | 72.1 | 36.7 | 74 |
| Mokhotlong | 88.2 | 54.2 | 2.5 | 43.3 | 100.0 | 56.7 | 23.7 | 144 |
| Thaba-Tseka | 83.0 | 51.2 | 2.8 | 46.0 | 100.0 | 54.0 | 34.8 | 172 |
| Education |  |  |  |  |  |  |  |  |
| No education | 85.1 | 53.3 | 5.6 | 41.0 | 100.0 | 59.0 | 27.0 | 213 |
| Primary incomplete | 84.7 | 50.4 | 3.5 | 46.1 | 100.0 | 53.9 | 26.8 | 875 |
| Primary complete | 95.2 | 66.5 | 1.2 | 32.2 | 100.0 | 67.8 | 38.4 | 316 |
| Secondary | 96.4 | 70.1 | 1.0 | 28.9 | 100.0 | 71.1 | 41.8 | 1,043 |
| More than secondary | 100.0 | 83.0 | 2.6 | 14.5 | 100.0 | 85.5 | 55.8 | 214 |
| Wealth quintile |  |  |  |  |  |  |  |  |
| Lowest | 83.8 | 49.2 | 3.5 | 47.3 | 100.0 | 52.7 | 22.8 | 376 |
| Second | 89.1 | 59.5 | 2.1 | 38.4 | 100.0 | 61.6 | 33.8 | 479 |
| Middle | 90.6 | 56.2 | 2.4 | 41.4 | 100.0 | 58.6 | 34.7 | 536 |
| Fourth | 93.5 | 67.9 | 2.3 | 29.8 | 100.0 | 70.2 | 38.1 | 616 |
| Highest | 97.9 | 73.9 | 1.9 | 24.2 | 100.0 | 75.8 | 46.0 | 654 |
| Total 15-49 | 91.8 | 62.9 | 2.3 | 34.8 | 100.0 | 65.2 | 36.4 | 2,660 |
| 50-59 | 95.9 | 71.5 | 6.4 | 22.1 | 100.0 | 77.9 | 36.0 | 271 |
| Total 15-59 | 92.2 | 63.7 | 2.7 | 33.6 | 100.0 | 66.4 | 36.4 | 2,931 |

${ }^{1}$ Includes don't know/missing

Table 12.12 Pregnant women counselled and tested for HIV
Among all women age 15-49 who gave birth in the 2 years preceding the survey, the percentage who received counselling on HIV during antenatal care, the percentage who received an HIV test during antenatal care for their most recent birth by whether they received their results and post-test counselling, and the percentage who received an HIV test at the time during ANC or labour for their most recent birth by whether they received their test results, according to background characteristics, Lesotho 2014

|  |  |  |  |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |

Note: An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.
${ }^{1}$ In this context, counselling on HIV means that someone talked with the respondent about all three of the following topics: (1) babies getting HIV from their mother, (2) preventing HIV, and (3) getting tested for HIV.
${ }^{2}$ Women are asked whether they received an HIV test during labour only if they were not tested for HIV during ANC.
${ }^{3}$ Denominator for percentages includes women who did not receive antenatal care for their last birth in the past two years.
Table 12.13.1 Opinions on why some individuals choose not to undergo voluntary HIV testing and counselling: Women
Percentage of women age $15-49$ who reported specific reasons why some individuals choose not to get tested for HIV, by background characteristics, Lesotho 2014

| Background characteristic | Percentage of women who reported specific reasons why some individuals choose not to get tested for HIV: |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Already know status | Not at risk | Fear of results | Fear of stigma/ discrimination | Fear of death | Fear of depression | Don't know where to get counselling and testing | Fear of getting infected during test | Fear of partners' reaction | Lack of knowledge/ ignorance | Fatalism/ no cure | Too expensive | Other reason | Don't know | Number of women |
| Age |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 15-24 | 4.7 | 5.4 | 75.2 | 27.4 | 16.9 | 15.5 | 0.5 | 0.8 | 3.6 | 9.3 | 2.4 | 0.2 | 6.3 | 6.0 | 2,765 |
| 15-19 | 5.2 | 5.0 | 73.1 | 27.0 | 14.8 | 14.0 | 0.8 | 0.7 | 2.6 | 8.6 | 3.0 | 0.4 | 7.2 | 7.6 | 1,440 |
| 20-24 | 4.1 | 5.8 | 77.4 | 27.8 | 19.2 | 17.2 | 0.3 | 0.8 | 4.7 | 10.0 | 1.8 | 0.0 | 5.3 | 4.2 | 1,325 |
| 25-29 | 3.6 | 5.0 | 75.5 | 33.3 | 22.0 | 18.4 | 0.4 | 0.6 | 5.9 | 13.2 | 2.6 | 0.0 | 5.6 | 3.9 | 1,094 |
| 30-39 | 3.2 | 4.3 | 74.5 | 36.4 | 22.5 | 20.1 | 0.4 | 1.0 | 5.6 | 12.8 | 2.6 | 0.0 | 4.9 | 2.7 | 1,701 |
| 40-49 | 4.4 | 6.4 | 72.2 | 38.4 | 22.2 | 19.3 | 0.4 | 1.7 | 4.8 | 13.5 | 2.1 | 0.5 | 3.3 | 3.9 | 1,062 |
| Marital status |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Never married | 4.7 | 5.8 | 74.4 | 28.9 | 17.6 | 16.8 | 0.7 | 1.1 | 3.3 | 10.4 | 2.5 | 0.2 | 6.4 | 5.2 | 2,190 |
| Ever had sex | 4.5 | 6.7 | 77.1 | 31.0 | 18.0 | 17.7 | 0.5 | 1.3 | 4.3 | 11.3 | 2.0 | 0.1 | 5.8 | 3.5 | 1,295 |
| Never had sex | 5.0 | 4.5 | 70.4 | 25.7 | 16.9 | 15.5 | 0.9 | 0.9 | 1.8 | 9.1 | 3.1 | 0.3 | 7.3 | 7.8 | 895 |
| Married/living together | 4.1 | 4.9 | 74.5 | 33.5 | 20.9 | 17.9 | 0.3 | 0.7 | 5.6 | 12.0 | 2.5 | 0.2 | 4.9 | 4.4 | 3,612 |
| Divorced/separated/ widowed | 2.3 | 5.2 | 75.5 | 37.4 | 22.5 | 19.5 | 0.3 | 1.5 | 4.4 | 12.2 | 2.2 | 0.0 | 4.6 | 2.6 | 819 |
| Residence |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Urban | 4.1 | 6.5 | 77.3 | 30.4 | 20.1 | 19.6 | 0.5 | 0.8 | 3.7 | 12.2 | 2.6 | 0.3 | 5.3 | 2.9 | 2,419 |
| Rural | 4.1 | 4.4 | 73.0 | 33.6 | 20.0 | 16.7 | 0.4 | 1.0 | 5.2 | 11.1 | 2.4 | 0.1 | 5.4 | 5.4 | 4,202 |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Lowlands | 5.0 | 6.0 | 76.4 | 30.4 | 21.3 | 18.9 | 0.5 | 1.2 | 3.9 | 12.8 | 2.8 | 0.2 | 5.3 | 3.2 | 4,184 |
| Foothills | 2.7 | 6.1 | 73.0 | 34.7 | 19.1 | 17.4 | 0.5 | 0.4 | 3.4 | 9.0 | 2.3 | 0.1 | 6.0 | 6.0 | 688 |
| Mountains | 2.9 | 3.2 | 70.0 | 33.3 | 16.7 | 12.9 | 0.2 | 0.7 | 6.4 | 8.3 | 1.9 | 0.2 | 5.6 | 7.3 | 1,288 |
| Senqu River Valley | 1.3 | 2.0 | 72.8 | 44.8 | 19.1 | 21.0 | 0.5 | 0.5 | 8.7 | 12.3 | 1.1 | 0.0 | 4.0 | 5.8 | 461 |
| District |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Butha-Buthe | 2.5 | 2.6 | 69.5 | 35.6 | 21.1 | 17.8 | 0.5 | 1.3 | 1.9 | 8.2 | 2.2 | 0.0 | 2.7 | 6.2 | 385 |
| Leribe | 4.9 | 4.5 | 77.6 | 31.9 | 16.9 | 17.3 | 0.6 | 1.2 | 4.5 | 10.9 | 2.2 | 0.2 | 6.1 | 3.2 | 1,064 |
| Berea | 10.5 | 7.4 | 77.9 | 36.4 | 26.8 | 26.6 | 0.6 | 0.9 | 5.3 | 18.8 | 4.3 | 0.0 | 5.5 | 3.3 | 892 |
| Maseru | 2.5 | 8.2 | 74.2 | 28.5 | 20.8 | 14.6 | 0.5 | 0.8 | 3.4 | 9.3 | 2.1 | 0.4 | 6.3 | 3.5 | 1,864 |
| Mafeteng | 3.0 | 3.6 | 78.9 | 27.9 | 19.6 | 20.3 | 0.0 | 1.4 | 2.1 | 16.1 | 3.1 | 0.3 | 3.6 | 4.0 | 576 |
| Mohale's Hoek | 3.1 | 3.0 | 65.9 | 26.8 | 11.2 | 14.0 | 0.8 | 1.3 | 6.3 | 9.4 | 1.9 | 0.0 | 4.1 | 7.7 | 519 |
| Quthing | 1.6 | 3.5 | 73.8 | 48.2 | 26.1 | 23.6 | 0.3 | 1.2 | 10.0 | 15.5 | 2.0 | 0.0 | 3.7 | 4.8 | 315 |
| Qacha's Nek | 4.3 | 2.4 | 73.9 | 46.9 | 29.5 | 25.7 | 0.1 | 0.9 | 8.5 | 7.1 | 3.5 | 0.0 | 7.9 | 6.6 | 204 |
| Mokhotlong | 1.4 | 1.9 | 73.0 | 33.8 | 10.1 | 7.5 | 0.0 | 0.0 | 3.3 | 9.1 | 1.6 | 0.0 | 7.8 | 6.1 | 349 |
| Thaba-Tseka | 3.6 | 1.8 | 73.5 | 33.4 | 19.8 | 15.6 | 0.3 | 0.5 | 8.6 | 7.9 | 1.0 | 0.0 | 3.7 | 6.7 | 452 |
| Education |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| No education | 0.4 | 1.7 | 63.6 | 33.7 | 20.2 | 11.6 | 0.0 | 2.2 | 5.2 | 3.6 | 2.2 | 0.0 | 9.1 | 13.0 | 68 |
| Primary incomplete | 2.9 | 4.7 | 69.4 | 29.6 | 18.4 | 14.7 | 0.4 | 1.4 | 3.7 | 9.0 | 1.9 | 0.0 | 5.4 | 7.6 | 1,178 |
| Primary complete | 3.7 | 3.4 | 73.8 | 34.4 | 19.0 | 15.1 | 0.4 | 0.6 | 5.2 | 10.3 | 2.1 | 0.2 | 3.8 | 5.5 | 1,375 |
| Secondary | 4.7 | 6.0 | 76.1 | 32.3 | 20.0 | 19.4 | 0.5 | 0.9 | 5.0 | 11.9 | 2.8 | 0.2 | 5.8 | 3.2 | 3,418 |
| More than secondary | 4.2 | 6.3 | 79.1 | 34.0 | 25.8 | 21.4 | 0.4 | 1.2 | 3.9 | 18.2 | 2.2 | 0.4 | 5.9 | 2.6 | 581 |
| Wealth quintile |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Lowest | 2.9 | 2.5 | 66.7 | 34.6 | 17.7 | 12.1 | 0.3 | 0.8 | 5.5 | 7.7 | 2.2 | 0.0 | 6.1 | 9.4 | 960 |
| Second | 3.0 | 4.4 | 72.0 | 32.5 | 17.1 | 15.2 | 0.5 | 0.8 | 5.2 | 9.4 | 1.3 | 0.1 | 5.8 | 5.2 | 1,033 |
| Middle | 4.7 | 4.5 | 76.0 | 36.6 | 20.2 | 18.1 | 0.4 | 1.2 | 5.1 | 11.0 | 3.1 | 0.0 | 4.7 | 5.3 | 1,244 |
| Fourth | 5.4 | 6.0 | 77.7 | 31.4 | 18.9 | 20.2 | 0.6 | 1.1 | 4.0 | 11.8 | 2.4 | 0.2 | 4.5 | 2.5 | 1,605 |
| Highest | 3.8 | 6.9 | 76.4 | 29.3 | 23.9 | 19.9 | 0.4 | 0.8 | 4.3 | 14.9 | 2.8 | 0.4 | 5.9 | 2.6 | 1,778 |
| Total | 4.1 | 5.2 | 74.6 | 32.4 | 20.0 | 17.7 | 0.4 | 1.0 | 4.7 | 11.5 | 2.4 | 0.2 | 5.4 | 4.5 | 6,621 |

Table 12.13.2 Opinions on why some individuals choose not to undergo voluntary HIV testing and counselling: Men
Percentage of men age 15-49 who reported specific reasons why some individuals choose not to get tested for HIV, by background characteristics, Lesotho 2014

| Percentage of men who reported specific reasons why some individuals choose not to get tested for HIV: |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Background characteristic | Already know status | Not at risk | Fear of results | Fear of stigma/ discrimination | Fear of death | Fear of depression | Don't know where to get counselling and testing | Fear of getting infected during test | Fear of partners' reaction | Lack of knowledge/ ignorance | Fatalism/ no cure | Too expensive | Other reason | Don't know | Number of men |
| Age |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 15-24 | 7.7 | 6.3 | 67.7 | 20.2 | 16.3 | 17.5 | 1.4 | 0.9 | 1.7 | 9.7 | 1.8 | 0.1 | 6.3 | 7.5 | 1,252 |
| 15-19 | 7.4 | 4.5 | 65.6 | 19.9 | 12.9 | 14.3 | 1.8 | 1.1 | 1.5 | 8.4 | 1.8 | 0.1 | 7.4 | 8.6 | 691 |
| 20-24 | 8.2 | 8.6 | 70.3 | 20.5 | 20.5 | 21.4 | 1.0 | 0.8 | 1.9 | 11.3 | 1.8 | 0.0 | 5.0 | 6.1 | 561 |
| 25-29 | 4.4 | 8.1 | 70.2 | 28.0 | 19.9 | 26.2 | 1.1 | 1.8 | 3.7 | 14.6 | 3.3 | 0.0 | 6.2 | 5.1 | 410 |
| 30-39 | 7.8 | 5.4 | 69.1 | 27.1 | 20.9 | 21.9 | 0.3 | 1.8 | 2.8 | 12.2 | 4.4 | 0.0 | 4.4 | 4.8 | 610 |
| 40-49 | 2.4 | 6.8 | 69.3 | 31.6 | 22.5 | 20.8 | 0.4 | 2.3 | 2.5 | 15.9 | 3.2 | 0.0 | 6.0 | 4.9 | 389 |
| Marital status |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Never married | 7.1 | 6.8 | 68.0 | 20.1 | 17.1 | 18.3 | 1.3 | 1.8 | 1.4 | 10.0 | 2.0 | 0.0 | 5.9 | 7.0 | 1,501 |
| Ever had sex | 6.7 | 7.2 | 70.9 | 20.9 | 19.3 | 20.2 | 0.9 | 1.9 | 1.4 | 10.5 | 2.0 | 0.0 | 5.4 | 5.8 | 1,156 |
| Never had sex | 8.1 | 5.4 | 58.2 | 17.4 | 9.7 | 11.9 | 2.8 | 1.6 | 1.1 | 8.4 | 2.0 | 0.2 | 7.9 | 11.0 | 345 |
| Married/living together | 5.4 | 5.6 | 70.0 | 30.1 | 20.5 | 22.8 | 0.4 | 0.8 | 3.7 | 14.4 | 3.9 | 0.0 | 5.5 | 5.0 | 983 |
| Divorced/separated/ widowed | 6.7 | 9.0 | 66.8 | 33.1 | 24.4 | 23.9 | 0.4 | 1.9 | 3.6 | 14.4 | 4.5 | 0.0 | 6.5 | 4.4 | 176 |
| Residence |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Urban | 8.4 | 7.4 | 75.8 | 25.0 | 22.4 | 25.1 | 0.7 | 1.4 | 2.5 | 12.7 | 3.4 | 0.0 | 4.3 | 3.2 | 920 |
| Rural | 5.4 | 6.0 | 64.8 | 24.5 | 16.9 | 17.8 | 1.1 | 1.5 | 2.3 | 11.5 | 2.6 | 0.0 | 6.6 | 7.7 | 1,741 |
| Ecological zone |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Lowlands | 8.0 | 7.2 | 73.4 | 24.0 | 21.0 | 23.7 | 0.8 | 1.5 | 2.0 | 12.2 | 2.7 | 0.0 | 5.4 | 3.3 | 1,711 |
| Foothills | 5.6 | 5.9 | 63.3 | 27.1 | 16.8 | 13.7 | 1.7 | 1.2 | 1.7 | 12.3 | 3.7 | 0.0 | 3.5 | 9.7 | 252 |
| Mountains | 2.9 | 4.4 | 56.0 | 22.6 | 12.0 | 11.6 | 1.3 | 1.4 | 3.0 | 10.6 | 2.1 | 0.0 | 7.7 | 13.0 | 523 |
| Senqu River Valley | 3.1 | 6.3 | 67.0 | 33.9 | 20.8 | 23.1 | 0.0 | 1.9 | 5.4 | 12.8 | 4.7 | 0.0 | 7.2 | 7.3 | 174 |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Butha-Buthe | 8.9 | 2.6 | 56.1 | 31.8 | 19.1 | 19.5 | 1.2 | 2.5 | 0.0 | 8.0 | 4.4 | 0.0 | 0.8 | 10.3 | 143 |
| Leribe | 4.5 | 7.2 | 71.9 | 21.8 | 18.6 | 21.6 | 1.2 | 2.1 | 1.5 | 9.2 | 3.5 | 0.0 | 6.5 | 3.4 | 390 |
| Berea | 12.3 | 7.7 | 72.2 | 33.1 | 26.0 | 27.3 | 0.8 | 2.0 | 3.9 | 19.7 | 1.7 | 0.0 | 3.9 | 3.0 | 379 |
| Maseru | 7.2 | 7.4 | 72.3 | 20.7 | 20.2 | 20.6 | 1.0 | 1.1 | 1.4 | 9.9 | 2.4 | 0.0 | 6.0 | 4.0 | 809 |
| Mafeteng | 4.7 | 6.7 | 70.3 | 24.3 | 18.3 | 18.8 | 0.0 | 1.8 | 2.3 | 16.2 | 4.4 | 0.3 | 5.1 | 7.1 | 242 |
| Mohale's Hoek | 4.3 | 7.7 | 62.5 | 15.3 | 10.5 | 12.3 | 1.2 | 1.1 | 5.0 | 10.0 | 2.3 | 0.0 | 6.3 | 9.3 | 202 |
| Quthing | 2.0 | 5.0 | 67.5 | 37.3 | 27.6 | 29.8 | 0.5 | 2.1 | 4.8 | 14.2 | 5.0 | 0.0 | 7.9 | 6.3 | 105 |
| Qacha's Nek | 6.9 | 5.9 | 67.2 | 36.3 | 23.0 | 27.3 | 1.3 | 1.2 | 5.5 | 9.8 | 3.8 | 0.0 | 8.9 | 11.4 | 74 |
| Mokhotlong | 2.8 | 3.4 | 66.4 | 29.6 | 6.9 | 10.6 | 1.0 | 0.5 | 1.9 | 11.5 | 1.1 | 0.0 | 12.3 | 9.9 | 144 |
| Thaba-Tseka | 2.9 | 2.9 | 54.8 | 19.4 | 9.8 | 12.2 | 1.2 | 0.4 | 2.3 | 10.4 | 2.8 | 0.0 | 4.3 | 14.8 | 172 |
| Education |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| No education | 4.3 | 6.1 | 52.0 | 19.9 | 18.0 | 15.5 | 1.2 | 3.0 | 1.7 | 5.9 | 1.8 | 0.0 | 7.6 | 13.5 | 213 |
| Primary incomplete | 6.0 | 6.2 | 60.2 | 21.5 | 15.5 | 14.6 | 0.8 | 1.5 | 2.4 | 10.2 | 2.3 | 0.1 | 5.9 | 10.1 | 875 |
| Primary complete | 5.4 | 4.4 | 74.0 | 28.4 | 19.8 | 20.3 | 1.1 | 2.0 | 1.9 | 16.2 | 3.0 | 0.0 | 4.0 | 5.5 | 316 |
| Secondary | 6.8 | 6.8 | 76.5 | 26.4 | 19.2 | 24.3 | 0.7 | 1.0 | 2.5 | 11.9 | 2.8 | 0.0 | 6.1 | 2.6 | 1,043 |
| More than secondary | 9.6 | 9.6 | 73.3 | 28.1 | 30.2 | 29.4 | 2.1 | 1.2 | 2.8 | 18.9 | 6.2 | 0.0 | 5.1 | 0.6 | 214 |
| Wealth quintile |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Lowest | 2.3 | 5.0 | 54.3 | 26.9 | 16.4 | 10.5 | 1.0 | 2.1 | 2.3 | 9.6 | 2.3 | 0.0 | 7.4 | 15.0 | 376 |
| Second | 4.4 | 7.4 | 65.9 | 25.0 | 14.9 | 16.8 | 0.6 | 2.2 | 3.9 | 10.5 | 3.1 | 0.0 | 4.1 | 6.7 | 479 |
| Middle | 7.2 | 5.2 | 66.8 | 24.9 | 18.2 | 20.8 | 1.2 | 1.0 | 1.5 | 12.3 | 2.6 | 0.1 | 6.4 | 6.6 | 536 |
| Fourth | 6.8 | 6.8 | 75.8 | 22.2 | 18.6 | 21.3 | 1.0 | 1.4 | 1.9 | 12.0 | 2.9 | 0.0 | 6.5 | 3.7 | 616 |
| Highest | 9.3 | 7.3 | 73.7 | 25.2 | 23.7 | 27.2 | 0.9 | 1.1 | 2.4 | 14.0 | 3.2 | 0.0 | 5.1 | 2.4 | 654 |
| Total 15-49 | 6.4 | 6.5 | 68.6 | 24.6 | 18.8 | 20.3 | 1.0 | 1.5 | 2.4 | 11.9 | 2.8 | 0.0 | 5.8 | 6.1 | 2,660 |
| 50-59 | 1.9 | 5.8 | 61.0 | 35.0 | 23.7 | 17.6 | 0.6 | 2.3 | 4.9 | 17.7 | 4.2 | 0.3 | 4.4 | 6.2 | 271 |
| Total 15-59 | 6.0 | 6.4 | 67.9 | 25.6 | 19.3 | 20.1 | 0.9 | 1.5 | 2.6 | 12.5 | 3.0 | 0.1 | 5.7 | 6.1 | 2,931 |

Table 12.14.1 Main reason why respondent has not been tested for HIV: Women
Percent distribution of women age 15-49 who have heard of AIDS and have never been tested for HIV, by the main reason they have not been tested for HIV, according to background characteristics, Lesotho 2014

| Percentage of women who reported specific reasons why they have not been tested for HIV: |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Total | Number of women |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Background characteristic | Already know status | Not at risk | Fear of results | Fear of stigma/ discrimination | Fear of death | Fear of depression | Don't know where to get counselling and testing | Fear of getting infected during test | Fear of partners' reaction | Lack of knowledge/ ignorance | Fatalism/ no cure | Too expensive | Other reason | Don't know |  |  |
| Age |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 15-24 | 1.3 | 19.5 | 20.3 | 1.2 | 1.6 | 2.8 | 3.4 | 0.4 | 0.0 | 10.1 | 0.2 | 0.3 | 22.1 | 16.9 | 100.0 | 711 |
| 15-19 | 1.4 | 19.5 | 17.6 | 1.4 | 1.2 | 2.6 | 4.0 | 0.4 | 0.0 | 10.2 | 0.3 | 0.3 | 23.1 | 17.9 | 100.0 | 573 |
| 20-24 | 0.9 | 19.1 | 31.4 | 0.3 | 3.4 | 3.7 | 0.7 | 0.0 | 0.0 | 9.7 | 0.0 | 0.0 | 18.1 | 12.6 | 100.0 | 138 |
| 25-29 | (2.0) | (26.4) | (12.2) | (2.2) | (1.7) | (10.3) | (0.0) | (0.0) | (0.0) | (9.5) | (0.0) | (0.0) | (31.5) | (4.3) | 100.0 | 32 |
| 30-39 | 3.2 | 16.0 | 21.5 | 0.8 | 2.4 | 2.7 | 0.0 | 0.0 | 0.0 | 11.8 | 4.2 | 0.0 | 21.5 | 15.8 | 100.0 | 72 |
| 40-49 | 1.7 | 10.3 | 33.0 | 4.9 | 3.3 | 3.1 | 0.7 | 0.0 | 0.0 | 3.2 | 0.0 | 0.0 | 25.8 | 14.0 | 100.0 | 79 |
| Marital status |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Never married | 1.3 | 20.2 | 20.5 | 0.9 | 1.6 | 3.3 | 3.2 | 0.3 | 0.0 | 10.2 | 0.3 | 0.3 | 21.7 | 16.1 | 100.0 | 727 |
| Ever had sex | 0.4 | 17.3 | 27.7 | 1.4 | 2.8 | 7.0 | 1.8 | 0.0 | 0.0 | 11.9 | 0.2 | 0.7 | 16.6 | 12.3 | 100.0 | 261 |
| Never had sex | 1.8 | 21.8 | 16.5 | 0.7 | 1.0 | 1.2 | 4.1 | 0.5 | 0.0 | 9.2 | 0.3 | 0.0 | 24.6 | 18.2 | 100.0 | 466 |
| Married/living together | 3.1 | 12.9 | 22.7 | 3.5 | 3.5 | 1.1 | 0.2 | 0.0 | 0.0 | 6.9 | 1.8 | 0.0 | 28.7 | 15.5 | 100.0 | 139 |
| Divorced/separated/widowed | (0.0) | (6.5) | (31.2) | (7.0) | (0.0) | (8.7) | (2.0) | (0.0) | (0.0) | (7.9) | (0.0) | (0.0) | (18.4) | (18.4) | 100.0 | 28 |
| Residence |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Urban | 0.9 | 19.2 | 22.9 | 0.6 | 1.9 | 3.6 | 2.8 | 0.1 | 0.0 | 9.2 | 0.9 | 0.3 | 23.0 | 14.7 | 100.0 | 368 |
| Rural | 2.0 | 18.3 | 20.0 | 2.1 | 1.8 | 2.8 | 2.7 | 0.4 | 0.0 | 9.9 | 0.2 | 0.1 | 22.6 | 17.1 | 100.0 | 526 |
| Ecological zone |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Lowlands | 1.5 | 17.9 | 23.8 | 1.5 | 2.3 | 4.0 | 2.4 | 0.1 | 0.0 | 9.1 | 0.7 | 0.2 | 21.0 | 15.5 | 100.0 | 598 |
| Foothills | 3.5 | 19.8 | 16.6 | 3.9 | 2.0 | 2.0 | 1.8 | 0.0 | 0.0 | 11.4 | 0.0 | 0.0 | 23.7 | 15.3 | 100.0 | 87 |
| Mountains | 1.2 | 21.2 | 12.8 | 0.7 | 0.2 | 0.5 | 4.3 | 1.3 | 0.0 | 10.6 | 0.2 | 0.0 | 29.9 | 17.2 | 100.0 | 152 |
| Senqu River Valley | 0.0 | 17.8 | 23.7 | 0.0 | 1.1 | 2.8 | 3.8 | 0.0 | 0.0 | 9.6 | 0.0 | 1.4 | 19.7 | 20.1 | 100.0 | 57 |
| District |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Butha-Buthe | 0.7 | 21.4 | 14.4 | 1.9 | 1.5 | 1.7 | 2.3 | 0.0 | 0.0 | 15.3 | 1.0 | 0.0 | 21.8 | 18.0 | 100.0 | 48 |
| Leribe | 2.3 | 20.7 | 25.9 | 4.2 | 1.9 | 5.6 | 0.3 | 0.0 | 0.0 | 11.9 | 0.0 | 0.0 | 16.7 | 10.6 | 100.0 | 148 |
| Berea | 3.9 | 16.5 | 24.5 | 3.3 | 5.3 | 0.7 | 2.3 | 0.0 | 0.0 | 15.8 | 0.0 | 0.9 | 14.0 | 12.9 | 100.0 | 127 |
| Maseru | 0.8 | 21.0 | 22.6 | 0.0 | 1.6 | 5.1 | 3.3 | 0.8 | 0.0 | 3.9 | 1.0 | 0.0 | 26.8 | 13.2 | 100.0 | 255 |
| Mafeteng | 0.0 | 10.3 | 18.0 | 0.6 | 1.1 | 1.0 | 3.0 | 0.6 | 0.0 | 11.6 | 1.5 | 0.0 | 21.8 | 30.5 | 100.0 | 79 |
| Mohale's Hoek | 1.8 | 20.5 | 15.6 | 0.9 | 0.9 | 3.2 | 1.3 | 0.0 | 0.0 | 5.9 | 0.0 | 0.0 | 22.6 | 27.2 | 100.0 | 61 |
| Quthing | 0.0 | 21.4 | 27.3 | 0.0 | 1.1 | 4.1 | 5.8 | 0.0 | 0.0 | 9.3 | 0.0 | 1.4 | 16.4 | 13.2 | 100.0 | 56 |
| Qacha's Nek | 3.7 | 13.5 | 18.2 | 1.1 | 1.4 | 0.0 | 7.4 | 0.0 | 0.0 | 3.3 | 1.4 | 0.0 | 37.1 | 12.9 | 100.0 | 23 |
| Mokhotlong | 0.0 | 11.3 | 14.7 | 0.0 | 0.0 | 0.0 | 4.8 | 0.0 | 0.0 | 15.0 | 0.0 | 0.0 | 37.0 | 17.2 | 100.0 | 55 |
| Thaba-Tseka | 2.3 | 21.9 | 10.2 | 2.1 | 0.0 | 0.0 | 2.4 | 0.0 | 0.0 | 10.0 | 0.0 | 0.0 | 30.2 | 21.0 | 100.0 | 41 |
| Education |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| No education | * | * | * | * | * | * | * | * | * | * | * | * | * | * | 100.0 | 12 |
| Primary incomplete | 1.8 | 14.6 | 12.3 | 1.6 | 0.5 | 0.0 | 6.6 | 0.0 | 0.0 | 14.4 | 0.2 | 0.5 | 28.2 | 19.4 | 100.0 | 150 |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Secondary | 1.2 | 12.5 21.3 | 21.9 23.3 | 2.5 1.4 | 2.4 | 3.1 3.2 | 2.2 | 1.9 0.1 | 0.0 0.0 | 13.0 8.3 | 0.0 0.3 | 0.0 0.2 | 17.2 | 19.4 14.6 | 100.0 100.0 | 108 561 |
| More than secondary | (0.0) | (15.7) | (19.8) | (1.2) | (0.0) | (10.8) | (0.0) | (0.0) | (0.0) | (4.5) | (4.1) | (0.0) | (27.0) | (17.0) | 100.0 | 62 |
| Wealth quintile |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Lowest | 3.8 | 16.8 | 11.0 | 1.4 | 0.3 | 0.4 | 4.0 | 0.0 | 0.0 | 8.7 | 0.0 | 0.0 | 32.1 | 21.5 | 100.0 | 114 |
| Second | 0.0 | 14.7 | 16.7 | 1.8 | 2.1 | 2.5 | 4.6 | 0.0 | 0.0 | 12.6 | 0.0 | 0.7 | 25.7 | 18.5 | 100.0 | 108 |
| Middle | 0.2 | 18.3 | 30.6 | 1.7 | 0.0 | 3.0 | 2.1 | 0.0 | 0.0 | 13.4 | 0.2 | 0.0 | 13.7 | 16.8 | 100.0 | 156 |
| Fourth | 2.2 | 22.8 | 15.8 | 2.5 | 1.7 | 4.6 | 1.8 | 0.9 | 0.0 | 6.0 | 0.5 | 0.5 | 26.5 | 14.2 | 100.0 | 239 |
| Highest | 1.4 | 17.4 | 26.5 | 0.4 | 3.6 | 3.3 | 2.7 | 0.2 | 0.0 | 9.9 | 1.1 | 0.0 | 19.5 | 14.1 | 100.0 | 277 |
| Total | 1.5 | 18.6 | 21.2 | 1.5 | 1.9 | 3.1 | 2.7 | 0.3 | 0.0 | 9.6 | 0.5 | 0.2 | 22.7 | 16.1 | 100.0 | 894 |


Table 12.14.2 Main reason why respondent has not been tested for HIV: Men
Percent distribution of men age $15-49$ who have heard of AIDS and have never been tested for HIV, by the main reason they have not been tested for HIV, according to background characteristics, Lesotho 2014

| Background characteristic | Percentage of men who reported specific reasons why they have not been tested for HIV: |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Number of men |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Already know status | Not at risk | Fear of results | Fear of stigma/ discrimination | Fear of death | Fear of depression | Don't know where to get counselling and testing | Fear of getting infected during test | Fear of partners' reaction | Lack of knowledge/ ignorance | Fatalism/ no cure | Too expensive | Other reason | Don't know | Total |  |
| Age |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 15-24 | 2.2 | 17.5 | 20.5 | 1.1 | 1.7 | 3.0 | 7.4 | 0.7 | 0.0 | 8.8 | 0.2 | 0.0 | 24.6 | 12.2 | 100.0 | 553 |
| 15-19 | 2.0 | 17.0 | 16.2 | 0.4 | 2.6 | 2.6 | 10.2 | 0.7 | 0.0 | 9.5 | 0.4 | 0.0 | 25.4 | 13.1 | 100.0 | 339 |
| 20-24 | 2.6 | 18.3 | 27.4 | 2.3 | 0.2 | 3.8 | 3.1 | 0.5 | 0.0 | 7.8 | 0.0 | 0.0 | 23.3 | 10.7 | 100.0 | 215 |
| 25-29 | 0.0 | 13.1 | 22.8 | 2.5 | 4.2 | 5.5 | 1.7 | 0.0 | 0.8 | 3.2 | 0.0 | 0.0 | 32.8 | 13.5 | 100.0 | 104 |
| 30-39 | 1.2 | 18.1 | 25.5 | 2.3 | 0.0 | 2.9 | 0.4 | 1.1 | 0.0 | 13.9 | 0.8 | 0.0 | 20.5 | 13.4 | 100.0 | 131 |
| 40-49 | 2.9 | 35.1 | 11.1 | 2.7 | 1.2 | 1.2 | 0.9 | 1.3 | 0.9 | 5.4 | 0.0 | 0.9 | 28.9 | 7.5 | 100.0 | 83 |
| Marital status |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Never married | 1.8 | 18.1 | 22.0 | 1.2 | 1.6 | 3.2 | 6.9 | 0.9 | 0.0 | 8.0 | 0.2 | 0.0 | 23.7 | 12.4 | 100.0 | 628 |
| Ever had sex | 1.4 | 16.1 | 25.6 | 1.3 | 2.0 | 3.9 | 6.4 | 1.2 | 0.0 | 9.6 | 0.3 | 0.0 | 22.3 | 9.8 | 100.0 | 462 |
| Never had sex | 2.9 | 23.5 | 11.7 | 0.8 | 0.5 | 1.1 | 8.5 | 0.1 | 0.0 | 3.5 | 0.0 | 0.0 | 27.6 | 19.7 | 100.0 | 166 |
| Married/living together | 2.3 | 17.3 | 19.8 | 2.3 | 2.2 | 3.7 | 0.0 | 0.1 | 0.3 | 10.5 | 0.5 | 0.3 | 30.5 | 10.1 | 100.0 | 203 |
| Divorced/separated/ widowed | (0.0) | (36.5) | (5.1) | (4.8) | (0.0) | (0.0) | (1.9) | (0.0) | (2.0) | (8.2) | (0.0) | (0.0) | (25.1) | (16.3) | 100.0 | 40 |
| Residence |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Urban | 3.6 | 20.7 | 26.9 | 1.6 | 2.5 | 5.1 | 1.2 | 0.6 | 0.0 | 4.3 | 0.0 | 0.0 | 22.0 | 11.4 | 100.0 | 206 |
| Rural | 1.3 | 18.1 | 18.7 | 1.6 | 1.4 | 2.5 | 6.3 | 0.7 | 0.2 | 9.9 | 0.3 | 0.1 | 26.4 | 12.3 | 100.0 | 665 |
| Ecological zone |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Lowlands | 2.7 | 20.4 | 24.7 | 1.8 | 1.8 | 4.1 | 2.5 | 1.0 | 0.2 | 5.9 | 0.5 | 0.0 | 21.8 | 12.6 | 100.0 | 497 |
| Foothills | 0.8 | 17.4 | 17.0 | 0.7 | 3.6 | 1.9 | 11.7 | 0.7 | 0.0 | 13.4 | 0.0 | 0.0 | 19.0 | 13.6 | 100.0 | 104 |
| Mountains | 0.5 | 16.1 | 12.9 | 1.6 | 1.0 | 1.3 | 7.9 | 0.2 | 0.3 | 13.6 | 0.0 | 0.3 | 33.2 | 11.1 | 100.0 | 217 |
| Senqu River Valley | 1.6 | 16.2 | 22.0 | 0.7 | 0.0 | 3.8 | 4.6 | 0.0 | 0.0 | 4.2 | 0.0 | 0.0 | 38.8 | 8.0 | 100.0 | 53 |
| District |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Butha-Buthe | 2.9 | 22.8 | 17.0 | 2.1 | 1.6 | 6.5 | 10.2 | 0.8 | 0.0 | 6.3 | 0.0 | 0.0 | 21.1 | 8.7 | 100.0 | 49 |
| Leribe | 2.1 | 26.4 | 20.0 | 2.5 | 2.4 | 2.0 | 5.3 | 0.7 | 0.0 | 8.4 | 0.0 | 0.0 | 25.6 | 4.5 | 100.0 | 120 |
| Berea | 0.8 | 18.1 | 19.3 | 1.2 | 1.7 | 2.4 | 1.3 | 3.9 | 0.0 | 11.5 | 0.9 | 0.0 | 18.0 | 20.9 | 100.0 | 116 |
| Maseru | 3.2 | 20.5 | 24.2 | 2.6 | 2.4 | 5.5 | 4.5 | 0.0 | 0.0 | 4.6 | 0.0 | 0.0 | 21.6 | 10.8 | 100.0 | 221 |
| Mafeteng | 2.4 | 17.8 | 27.1 | 0.8 | 3.2 | 2.1 | 2.5 | 0.0 | 0.0 | 6.4 | 1.3 | 0.0 | 22.5 | 13.9 | 100.0 | 94 |
| Mohale's Hoek | 1.0 | 9.8 | 23.6 | 0.0 | 0.0 | 0.6 | 8.8 | 0.0 | 0.9 | 13.2 | 0.0 | 0.0 | 25.7 | 16.3 | 100.0 | 84 |
| Quthing | 0.0 | 19.8 | 19.7 | 0.0 | 0.0 | 3.4 | 6.8 | 0.0 | 0.0 | 3.0 | 0.0 | 0.0 | 40.8 | 6.5 | 100.0 | 38 |
| Qacha's Nek | 0.0 | 14.3 | 23.7 | 1.7 | 1.7 | 1.1 | 0.0 | 1.1 | 0.0 | 3.9 | 0.0 | 0.0 | 35.0 | 17.4 | 100.0 | 20 |
| Mokhotlong | 1.8 | 9.9 | 15.0 | 0.0 | 0.7 | 1.9 | 8.8 | 0.0 | 0.0 | 18.9 | 0.0 | 0.0 | 34.1 | 9.0 | 100.0 | 60 |
| Thaba-Tseka | 0.0 | 18.7 | 7.6 | 2.4 | 0.0 | 2.5 | 5.2 | 0.2 | 1.0 | 11.4 | 0.0 | 1.0 | 36.8 | 13.3 | 100.0 | 68 |
| Education |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| No education | 3.1 | 22.0 | 12.7 | 1.1 | 2.9 | 0.9 | 6.3 | 1.8 | 0.9 | 10.2 | 0.0 | 0.0 | 25.9 | 12.4 | 100.0 | 77 |
| Primary incomplete | 1.0 | 18.8 | 17.0 | 1.9 | 2.4 | 2.7 | 8.0 | 0.6 | 0.2 | 9.0 | 0.0 | 0.2 | 26.9 | 11.5 | 100.0 | 367 |
| Primary complete | 1.3 | 14.7 | 22.8 | 0.6 | 1.0 | 1.7 | 3.6 | 1.3 | 0.0 | 11.1 | 1.3 | 0.0 | 31.5 | 8.9 | 100.0 | 99 |
| Secondary | 1.9 | 19.6 | 24.9 | 1.5 | 0.9 | 5.0 | 2.2 | 0.4 | 0.0 | 7.8 | 0.3 | 0.0 | 21.6 | 13.7 | 100.0 | 297 |
| More than secondary | * | * | * | * | * | * | * | * | * | * | * | * | * | * | 100.0 | 31 |
| Wealth quintile |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Lowest | 0.9 | 16.3 | 16.5 | 1.4 | 2.5 | 1.5 | 5.9 | 2.0 | 0.4 | 12.0 | 0.0 | 0.0 | 30.8 | 9.7 | 100.0 | 160 |
| Second | 2.9 | 19.4 | 23.6 | 2.3 | 2.2 | 1.2 | 6.5 | 0.2 | 0.0 | 7.1 | 0.6 | 0.0 | 20.6 | 13.4 | 100.0 | 165 |
| Middle | 0.0 | 18.5 | 14.8 | 1.6 | 0.2 | 4.3 | 6.5 | 1.1 | 0.4 | 11.4 | 0.0 | 0.3 | 26.7 | 14.2 | 100.0 | 212 |
| Fourth | 0.9 | 15.8 | 27.5 | 2.4 | 3.7 | 2.9 | 5.8 | 0.0 | 0.0 | 7.7 | 0.7 | 0.0 | 19.7 | 12.9 | 100.0 | 179 |
| Highest | 5.4 | 24.1 | 22.0 | 0.0 | 0.0 | 5.6 | 0.0 | 0.2 | 0.0 | 3.9 | 0.0 | 0.0 | 29.6 | 9.2 | 100.0 | 155 |
| Total 15-49 | 1.9 | 18.7 | 20.7 | 1.6 | 1.7 | 3.1 | 5.1 | 0.7 | 0.2 | 8.6 | 0.3 | 0.1 | 25.4 | 12.1 | 100.0 | 871 |
| 50-59 | 2.4 | 29.2 | 12.9 | 2.5 | 0.6 | 4.6 | 1.4 | 3.0 | 3.2 | 7.1 | 0.0 | 0.8 | 24.4 | 7.9 | 100.0 | 57 |
| Total 15-59 | 1.9 | 19.4 | 20.2 | 1.6 | 1.6 | 3.2 | 4.8 | 0.8 | 0.4 | 8.5 | 0.2 | 0.1 | 25.3 | 11.8 | 100.0 | 928 |

Table 12.15 Male circumcision
Percentage of men age 15-49 who report having been circumcised, by background characteristics, Lesotho 2014

| Background characteristic | Percentage traditionally or medically circumcised ${ }^{1}$ | Percentage traditionally circumcised only | Percentage medically circumcised only | Percentage both traditionally and medically circumcised | Don't know | Number of men |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Age |  |  |  |  |  |  |
| 15-24 | 69.7 | 35.4 | 29.0 | 5.3 | 0.0 | 1,252 |
| 15-19 | 58.9 | 25.7 | 30.0 | 3.2 | 0.0 | 691 |
| 20-24 | 83.0 | 47.3 | 27.8 | 7.9 | 0.0 | 561 |
| 25-29 | 76.5 | 51.8 | 18.8 | 5.9 | 0.0 | 410 |
| 30-39 | 75.0 | 52.0 | 18.8 | 3.6 | 0.7 | 610 |
| 40-49 | 71.9 | 54.8 | 15.1 | 2.0 | 0.3 | 389 |
| Residence |  |  |  |  |  |  |
| Urban | 68.4 | 22.1 | 41.3 | 5.0 | 0.1 | 920 |
| Rural | 74.3 | 56.4 | 13.4 | 4.3 | 0.2 | 1,741 |
| Ecological zone |  |  |  |  |  |  |
| Lowlands | 70.4 | 35.4 | 30.6 | 4.4 | 0.1 | 1,711 |
| Foothills | 72.4 | 59.9 | 9.0 | 3.0 | 0.5 | 252 |
| Mountains | 76.7 | 62.7 | 8.1 | 5.6 | 0.4 | 523 |
| Senqu River Valley | 77.3 | 58.0 | 14.4 | 4.8 | 0.0 | 174 |
| District |  |  |  |  |  |  |
| Butha-Buthe | 78.2 | 61.0 | 12.6 | 4.7 | 0.0 | 143 |
| Leribe | 74.7 | 46.8 | 23.7 | 3.7 | 0.5 | 390 |
| Berea | 68.9 | 34.8 | 29.8 | 4.3 | 0.0 | 379 |
| Maseru | 68.3 | 30.8 | 32.3 | 5.2 | 0.0 | 809 |
| Mafeteng | 72.9 | 50.2 | 19.7 | 3.0 | 1.0 | 242 |
| Mohale's Hoek | 73.6 | 61.5 | 9.0 | 2.5 | 0.6 | 202 |
| Quthing | 73.7 | 46.5 | 19.2 | 8.0 | 0.0 | 105 |
| Qacha's Nek | 74.8 | 54.6 | 13.2 | 7.1 | 0.0 | 74 |
| Mokhotlong | 77.8 | 62.1 | 8.7 | 7.0 | 0.0 | 144 |
| Thaba-Tseka | 78.8 | 64.3 | 11.8 | 2.7 | 0.0 | 172 |
| Education |  |  |  |  |  |  |
| No education | 87.6 | 81.4 | 0.5 | 4.2 | 1.5 | 213 |
| Primary incomplete | 72.6 | 62.4 | 5.9 | 4.3 | 0.1 | 875 |
| Primary complete | 72.9 | 53.1 | 16.0 | 3.8 | 0.0 | 316 |
| Secondary | 68.3 | 27.6 | 36.4 | 4.3 | 0.0 | 1,043 |
| More than secondary | 73.8 | 5.0 | 61.1 | 7.7 | 0.6 | 214 |
| Wealth quintile |  |  |  |  |  |  |
| Lowest | 76.8 | 70.1 | 2.3 | 4.4 | 0.0 | 376 |
| Second | 75.3 | 59.8 | 10.0 | 5.0 | 0.4 | 479 |
| Middle | 71.5 | 53.1 | 15.1 | 3.3 | 0.2 | 536 |
| Fourth | 70.2 | 36.5 | 28.9 | 4.7 | 0.0 | 616 |
| Highest | 70.1 | 19.2 | 45.5 | 5.1 | 0.4 | 654 |
| Total 15-49 | 72.3 | 44.6 | 23.1 | 4.5 | 0.2 | 2,660 |
| 50-59 | 70.2 | 55.1 | 13.8 | 1.0 | 1.5 | 271 |
| Total 15-59 | 72.1 | 45.5 | 22.2 | 4.2 | 0.3 | 2,931 |

${ }^{1}$ Includes men who know that they have been traditionally circumcised but not whether they have been medically circumcised, and men who know that they have been medically circumcised but not whether they have been traditionally circumcised.

Table 12.16 Self-reported prevalence of sexually-transmitted infections (STIS) and STIs symptoms
Among women and men age 15-49 who ever had sexual intercourse, the percentage reporting having an STI and/or symptoms of an STI in the past 12 months, by background characteristics, Lesotho 2014

| Background characteristic | Percentage of women who reported having in the past 12 months: |  |  |  |  | Percentage of men who reported having in the past 12 months: |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | STI | Bad smelling/ abnormal genital discharge | Genital sore/ulcer | STI/ genital discharge/ sore or ulcer | Number of women who ever had sexual intercourse | STI | Bad smelling/ abnormal discharge from penis | Genital sore/ulcer | STI/ abnormal discharge from penis/ sore or ulcer | Number of men who ever had sexual intercourse |
| Age |  |  |  |  |  |  |  |  |  |  |
| 15-24 | 1.7 | 11.6 | 3.4 | 14.2 | 1,896 | 1.8 | 8.7 | 3.7 | 11.5 | 927 |
| 15-19 | 0.7 | 9.9 | 4.1 | 12.4 | 661 | 0.0 | 9.3 | 2.9 | 11.4 | 412 |
| 20-24 | 2.3 | 12.5 | 3.1 | 15.2 | 1,235 | 3.2 | 8.3 | 4.4 | 11.5 | 514 |
| 25-29 | 4.3 | 13.6 | 4.9 | 17.8 | 1,076 | 4.0 | 8.4 | 6.1 | 13.3 | 400 |
| 30-39 | 3.8 | 11.0 | 6.2 | 14.9 | 1,692 | 5.3 | 7.0 | 6.1 | 12.5 | 604 |
| 40-49 | 3.0 | 11.5 | 4.3 | 14.6 | 1,062 | 3.7 | 5.3 | 5.1 | 9.7 | 385 |
| Marital status |  |  |  |  |  |  |  |  |  |  |
| Never married | 2.1 | 9.8 | 3.8 | 12.6 | 1,295 | 2.0 | 8.1 | 3.5 | 10.7 | 1,156 |
| Married/living together | 3.5 | 12.6 | 5.0 | 16.4 | 3,612 | 4.6 | 7.2 | 5.8 | 12.1 | 983 |
| Divorced/separated/widowed | 2.3 | 11.2 | 4.5 | 13.7 | 819 | 5.7 | 6.9 | 10.5 | 16.7 | 176 |
| Male circumcision |  |  |  |  |  |  |  |  |  |  |
| Traditionally or medically circumcised ${ }^{1}$ | na | na | na | na | na | 3.7 | 7.9 | 4.6 | 11.7 | 1,741 |
| Traditionally circumcised only | na | na | na | na | na | 2.8 | 7.6 | 4.9 | 11.3 | 1,124 |
| Medically circumcised only Both traditionally and | na | na | na | na | na | 4.7 | 7.4 | 2.4 | 10.2 | 497 |
| medically circumcised | na | na | na | na | na | 8.4 | 13.3 | 10.3 | 22.1 | 117 |
| Not circumcised | na | na | na | na | na | 2.4 | 6.8 | 6.3 | 12.0 | 572 |
| Don't know | na | na | na | na | na | * | * | * | * | 2 |
| Residence |  |  |  |  |  |  |  |  |  |  |
| Urban | 3.7 | 11.8 | 5.3 | 15.6 | 2,085 | 5.4 | 7.1 | 5.8 | 12.3 | 814 |
| Rural | 2.7 | 11.8 | 4.3 | 14.9 | 3,641 | 2.3 | 8.0 | 4.5 | 11.5 | 1,501 |
| Ecological zone |  |  |  |  |  |  |  |  |  |  |
| Lowlands | 3.3 | 11.9 | 5.5 | 15.9 | 3,621 | 4.5 | 8.2 | 5.2 | 12.7 | 1,493 |
| Foothills | 2.2 | 11.9 | 2.5 | 13.5 | 608 | 2.1 | 6.2 | 4.5 | 9.4 | 215 |
| Mountains | 2.9 | 12.3 | 2.8 | 14.5 | 1,085 | 1.0 | 6.9 | 4.6 | 10.4 | 456 |
| Senqu River Valley | 2.8 | 9.4 | 5.4 | 13.4 | 412 | 1.2 | 6.5 | 4.4 | 9.5 | 152 |
| District |  |  |  |  |  |  |  |  |  |  |
| Butha-Buthe | 2.7 | 9.3 | 3.9 | 11.6 | 334 | 1.2 | 6.4 | 2.0 | 7.5 | 115 |
| Leribe | 1.4 | 12.0 | 3.5 | 14.7 | 933 | 3.1 | 6.4 | 4.6 | 10.8 | 347 |
| Berea | 2.4 | 10.9 | 4.1 | 14.4 | 775 | 4.4 | 7.9 | 3.8 | 11.7 | 325 |
| Maseru | 4.3 | 13.4 | 6.6 | 17.7 | 1,618 | 4.9 | 9.0 | 6.4 | 14.4 | 725 |
| Mafeteng | 4.2 | 11.1 | 5.6 | 15.8 | 486 | 4.8 | 9.4 | 6.1 | 14.1 | 205 |
| Mohale's Hoek | 2.5 | 8.8 | 3.6 | 12.0 | 460 | 1.4 | 6.4 | 4.0 | 8.3 | 168 |
| Quthing | 4.1 | 10.0 | 3.8 | 13.2 | 271 | 1.2 | 4.1 | 4.6 | 8.4 | 92 |
| Qacha's Nek | 4.0 | 15.0 | 5.9 | 19.0 | 177 | 2.0 | 10.7 | 5.9 | 15.1 | 68 |
| Mokhotlong | 2.5 | 15.8 | 2.4 | 17.1 | 283 | 1.0 | 7.5 | 3.8 | 10.2 | 123 |
| Thaba-Tseka | 1.7 | 9.7 | 3.3 | 11.6 | 390 | 0.7 | 4.2 | 4.4 | 7.3 | 148 |
| Education |  |  |  |  |  |  |  |  |  |  |
| No education | 2.3 | 11.3 | 11.8 | 16.5 | 67 | 1.6 | 4.6 | 3.2 | 7.1 | 200 |
| Primary incomplete | 2.3 | 12.4 | 6.0 | 16.2 | 1,016 | 2.5 | 9.0 | 7.7 | 14.6 | 763 |
| Primary complete | 2.9 | 12.0 | 4.3 | 14.4 | 1,280 | 1.8 | 8.0 | 3.1 | 10.8 | 289 |
| Secondary | 2.7 | 12.0 | 4.5 | 15.4 | 2,808 | 4.8 | 7.2 | 4.0 | 11.1 | 858 |
| More than secondary | 6.8 | 9.2 | 3.3 | 13.9 | 555 | 4.9 | 6.8 | 3.4 | 9.6 | 205 |
| Wealth quintile |  |  |  |  |  |  |  |  |  |  |
| Lowest | 2.0 | 11.1 | 3.2 | 13.2 | 826 | 2.2 | 7.8 | 6.0 | 12.4 | 323 |
| Second | 2.2 | 11.3 | 4.2 | 14.4 | 899 | 1.3 | 9.2 | 4.4 | 12.4 | 401 |
| Middle | 3.0 | 13.3 | 4.4 | 16.1 | 1,075 | 2.6 | 6.4 | 4.0 | 10.1 | 465 |
| Fourth | 3.1 | 11.7 | 6.1 | 16.5 | 1,393 | 3.8 | 7.9 | 6.5 | 12.6 | 546 |
| Highest | 4.1 | 11.5 | 4.7 | 14.9 | 1,533 | 5.8 | 7.2 | 4.2 | 11.5 | 581 |
| Total 15-49 | 3.0 | 11.8 | 4.7 | 15.2 | 5,726 | 3.4 | 7.6 | 5.0 | 11.8 | 2,315 |
| 50-59 | na | na | na | na | na | 1.4 | 3.0 | 6.3 | 8.4 | 268 |
| Total 15-59 | na | na | na | na | na | 3.2 | 7.2 | 5.1 | 11.4 | 2,584 |

Note: An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed. na $=$ Not applicable
${ }^{1}$ Includes men who know that they have been traditionally circumcised but not whether they have been medically circumcised, and men who know that they have been medically circumcised but not whether they have been traditionally circumcised.

Table 12.17 Prevalence of medical injections
Percentage of women and men age 15-49 who received at least one medical injection in the last 12 months, the average number of medical injections per person in the last 12 months, and among those who received a medical injection, the percentage of last medical injections for which the syringe and needle were taken from a new, unopened package, by background characteristics, Lesotho 2014

| Background characteristic | Women |  |  |  |  | Men |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Percentage who received a medical injection in the last 12 months | Average number of medical injections per person in the last 12 months | Number of respondents | For last injection, syringe and needle taken from a new, unopened package | Number of women receiving medical injections in the last 12 months | Percentage who received a medical injection in the last 12 months | Average number of medical injections per person in the last 12 months | Number of respondents | For last injection, syringe and needle taken from a new, unopened package | Number of men receiving medical injections in the last 12 months |
| Age |  |  |  |  |  |  |  |  |  |  |
| 15-24 | 29.5 | 0.8 | 2,765 | 98.4 | 817 | 13.4 | 0.4 | 1,252 | 93.4 | 167 |
| 15-19 | 20.1 | 0.5 | 1,440 | 98.3 | 289 | 13.6 | 0.5 | 691 | 91.0 | 94 |
| 20-24 | 39.8 | 1.2 | 1,325 | 98.5 | 528 | 13.1 | 0.3 | 561 | 96.4 | 73 |
| 25-29 | 44.8 | 1.1 | 1,094 | 98.7 | 490 | 22.4 | 0.4 | 410 | 94.9 | 92 |
| 30-39 | 36.5 | 1.2 | 1,701 | 97.2 | 621 | 20.1 | 0.5 | 610 | 93.4 | 123 |
| 40-49 | 30.0 | 1.0 | 1,062 | 96.5 | 318 | 20.7 | 0.6 | 389 | 85.2 | 80 |
| Marital status |  |  |  |  |  |  |  |  |  |  |
| Never married | 22.9 | 0.6 | 2,190 | 97.4 | 501 | 15.0 | 0.4 | 1,501 | 92.8 | 226 |
| Ever had sex | 29.1 | 0.8 | 1,295 | 97.6 | 376 | 15.6 | 0.5 | 1,156 | 93.3 | 181 |
| Never had sex | 13.9 | 0.3 | 895 | 96.6 | 125 | 13.0 | 0.3 | 345 | (91.0) | 45 |
| Married/living together | 41.1 | 1.2 | 3,612 | 98.1 | 1,485 | 21.5 | 0.5 | 983 | 91.5 | 211 |
| Divorced/separated/widowed | 31.7 | 1.1 | 819 | 97.2 | 260 | 14.8 | 0.6 | 176 | * | 26 |
| Residence |  |  |  |  |  |  |  |  |  |  |
| Urban | 33.6 | 1.1 | 2,419 | 98.3 | 814 | 22.9 | 0.6 | 920 | 93.4 | 211 |
| Rural | 34.1 | 0.9 | 4,202 | 97.6 | 1,432 | 14.5 | 0.4 | 1,741 | 91.3 | 252 |
| Ecological zone |  |  |  |  |  |  |  |  |  |  |
| Lowlands | 36.4 | 1.1 | 4,184 | 98.2 | 1,522 | 20.5 | 0.6 | 1,711 | 92.0 | 350 |
| Foothills | 35.8 | 1.0 | 688 | 95.9 | 247 | 13.5 | 0.3 | 252 | (94.6) | 34 |
| Mountains | 24.6 | 0.7 | 1,288 | 97.8 | 317 | 10.3 | 0.3 | 523 | 93.0 | 54 |
| Senqu River Valley | 34.8 | 0.9 | 461 | 97.9 | 161 | 14.0 | 0.3 | 174 | (90.8) | 24 |
| District |  |  |  |  |  |  |  |  |  |  |
| Butha-Buthe | 29.9 | 0.8 | 385 | 97.9 | 115 | 9.9 | 0.2 | 143 | * | 14 |
| Leribe | 36.1 | 0.9 | 1,064 | 97.1 | 383 | 15.4 | 0.4 | 390 | (91.1) | 60 |
| Berea | 36.3 | 1.1 | 892 | 96.9 | 324 | 19.8 | 0.7 | 379 | 90.3 | 75 |
| Maseru | 35.9 | 1.1 | 1,864 | 98.4 | 670 | 24.7 | 0.6 | 809 | 93.5 | 200 |
| Mafeteng | 35.9 | 1.4 | 576 | 97.5 | 207 | 14.5 | 0.4 | 242 | (94.3) | 35 |
| Mohale's Hoek | 36.8 | 1.0 | 519 | 99.2 | 191 | 10.6 | 0.3 | 202 | (89.0) | 21 |
| Quthing | 29.6 | 0.8 | 315 | 98.6 | 93 | 10.0 | 0.2 | 105 | * | 10 |
| Qacha's Nek | 30.9 | 0.7 | 204 | 99.2 | 63 | 19.6 | 1.0 | 74 | (93.8) | 15 |
| Mokhotlong | 25.1 | 0.7 | 349 | 96.4 | 88 | 10.6 | 0.3 | 144 | (93.2) | 15 |
| Thaba-Tseka | 24.7 | 0.6 | 452 | 97.7 | 112 | 9.8 | 0.2 | 172 | (85.1) | 17 |
| Education |  |  |  |  |  |  |  |  |  |  |
| No education | 19.2 | 0.4 | 68 | * | 13 | 10.1 | 0.2 | 213 | * | 21 |
| Primary incomplete | 32.2 | 1.0 | 1,178 | 97.1 | 379 | 15.1 | 0.5 | 875 | 91.2 | 132 |
| Primary complete | 32.8 | 0.9 | 1,375 | 96.1 | 451 | 16.9 | 0.7 | 316 | 91.9 | 53 |
| Secondary | 34.5 | 1.0 | 3,418 | 98.6 | 1,178 | 20.0 | 0.5 | 1,043 | 93.3 | 209 |
| More than secondary | 38.7 | 1.1 | 581 | 98.7 | 225 | 22.0 | 0.3 | 214 | (99.2) | 47 |
| Wealth quintile |  |  |  |  |  |  |  |  |  |  |
| Lowest | 27.6 | 0.8 | 960 | 95.9 | 265 | 8.3 | 0.2 | 376 | (93.3) | 31 |
| Second | 32.9 | 1.1 | 1,033 | 96.6 | 340 | 13.8 | 0.3 | 479 | 95.1 | 66 |
| Middle | 35.4 | 1.0 | 1,244 | 98.5 | 441 | 17.2 | 0.7 | 536 | 90.4 | 92 |
| Fourth | 36.4 | 1.1 | 1,605 | 98.6 | 585 | 20.2 | 0.5 | 616 | 93.6 | 125 |
| Highest | 34.6 | 1.0 | 1,778 | 98.3 | 616 | 22.7 | 0.5 | 654 | 90.8 | 149 |
| Total 15-49 | 33.9 | 1.0 | 6,621 | 97.9 | 2,246 | 17.4 | 0.5 | 2,660 | 92.3 | 463 |
| 50-59 | na | na | na | na | na | 20.5 | 0.8 | 271 | 93.2 | 56 |
| Total 15-59 | na | na | na | na | na | 17.7 | 0.5 | 2,931 | 92.4 | 518 |

 asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.
na = Not applicable

Table 12.18 Comprehensive knowledge about AIDS and of a source of condoms among young people
Percentage of young women and young men age 15-24 with comprehensive knowledge about AIDS and percentage with knowledge of a source of condoms, by background characteristics, Lesotho 2014

| Background characteristic | Women |  |  | Men |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Percentage with comprehensive knowledge of AIDS ${ }^{1}$ | Percentage who know a condom source ${ }^{2}$ | Number of respondents | Percentage with comprehensive knowledge of AIDS ${ }^{1}$ | Percentage who know a condom source ${ }^{2}$ | Number of respondents |
| Age |  |  |  |  |  |  |
| 15-19 | 34.8 | 77.5 | 1,440 | 29.7 | 84.0 | 691 |
| 15-17 | 32.8 | 71.2 | 874 | 26.9 | 79.6 | 415 |
| 18-19 | 38.1 | 87.4 | 566 | 33.9 | 90.7 | 277 |
| 20-24 | 40.6 | 93.7 | 1,325 | 32.3 | 90.9 | 561 |
| 20-22 | 39.4 | 92.4 | 841 | 30.5 | 90.7 | 361 |
| 23-24 | 42.7 | 96.0 | 484 | 35.8 | 91.3 | 200 |
| Marital status |  |  |  |  |  |  |
| Never married | 37.9 | 81.2 | 1,719 | 31.5 | 86.9 | 1,151 |
| Ever had sex | 40.5 | 90.8 | 850 | 31.9 | 91.0 | 826 |
| Never had sex | 35.3 | 71.8 | 869 | 30.4 | 76.3 | 325 |
| Ever married | 37.2 | 92.1 | 1,046 | 24.4 | 89.7 | 101 |
| Residence |  |  |  |  |  |  |
| Urban | 43.8 | 91.8 | 922 | 40.2 | 93.3 | 384 |
| Rural | 34.5 | 82.0 | 1,843 | 26.8 | 84.3 | 868 |
| Education |  |  |  |  |  |  |
| No education | * | * | 3 | (8.7) | (50.1) | 28 |
| Primary incomplete | 20.0 | 65.1 | 370 | 17.0 | 76.5 | 404 |
| Primary complete | 27.9 | 82.3 | 396 | 30.6 | 84.9 | 122 |
| Secondary | 40.3 | 89.0 | 1,852 | 37.7 | 94.8 | 629 |
| More than secondary | 74.6 | 98.3 | 144 | (60.4) | (98.1) | 68 |
| Total 15-24 | 37.6 | 85.3 | 2,765 | 30.9 | 87.1 | 1,252 |

Note: Figures in parentheses are based on 25-49 unweighted cases. An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.
${ }^{1}$ Comprehensive knowledge means knowing that consistent use of condoms during sexual intercourse and having just one uninfected faithful partner can reduce the chance of getting HIV, knowing that a healthy-looking person can have HIV, and rejecting the two most common local misconceptions about AIDS transmission or prevention of HIV. The components of comprehensive knowledge are presented in Tables 12.2, 12.3.1 and 12.3.2.
${ }^{2}$ For this table, the following responses are not considered a source for condoms: friends, family members, and home.

Table 12.19 Age at first sexual intercourse among young people
Percentage of young women and young men age 15-24 who had sexual intercourse before age 15 and percentage of young women and young men age 18-24 who had sexual intercourse before age 18, by background characteristics, Lesotho 2014

| Background characteristic | Women age 15-24 |  | Women age 18-24 |  | Men age 15-24 |  | Men age 18-24 |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Percentage who had sexual intercourse before age 15 | Number of women | Percentage who had sexual intercourse before age 18 | Number of women | Percentage who had sexual intercourse before age 15 | Number of men | Percentage who had sexual intercourse before age 18 | Number of men |
| Age |  |  |  |  |  |  |  |  |
| 15-19 | 6.0 | 1,440 | na | na | 24.6 | 691 | na | na |
| 15-17 | 6.8 | 874 | na | na | 22.8 | 415 | na | na |
| 18-19 | 4.8 | 566 | 55.0 | 566 | 27.4 | 277 | 72.4 | 277 |
| 20-24 | 4.6 | 1,325 | 41.9 | 1,325 | 20.9 | 561 | 63.6 | 561 |
| 20-22 | 3.9 | 841 | 42.4 | 841 | 19.5 | 361 | 62.7 | 361 |
| 23-24 | 6.0 | 484 | 41.1 | 484 | 23.5 | 200 | 65.2 | 200 |
| Marital status |  |  |  |  |  |  |  |  |
| Never married | 3.2 | 1,719 | 34.1 | 912 | 22.8 | 1,151 | 65.8 | 738 |
| Ever married | 8.8 | 1,046 | 56.7 | 979 | 24.7 | 101 | 71.8 | 99 |
| Knows condom source ${ }^{1}$ |  |  |  |  |  |  |  |  |
| Yes | 5.3 | 2,359 | 46.3 | 1,737 | 23.7 | 1,090 | 68.0 | 760 |
| No | 5.4 | 406 | 39.7 | 154 | 18.1 | 161 | 51.6 | 77 |
| Residence |  |  |  |  |  |  |  |  |
| Urban | 4.7 | 922 | 41.8 | 660 | 23.3 | 384 | 67.8 | 278 |
| Rural | 5.7 | 1,843 | 47.9 | 1,231 | 22.8 | 868 | 65.8 | 560 |
| Education |  |  |  |  |  |  |  |  |
| No education | * | 3 | * | 3 | (6.6) | 28 | * | 24 |
| Primary incomplete | 11.8 | 370 | 64.4 | 191 | 28.0 | 404 | 65.9 | 232 |
| Primary complete | 8.0 | 396 | 59.4 | 284 | 25.6 | 122 | 69.2 | 86 |
| Secondary | 3.8 | 1,852 | 42.9 | 1,271 | 20.0 | 629 | 67.4 | 428 |
| More than secondary | 1.0 | 144 | 20.5 | 143 | (22.5) | 68 | (68.8) | 68 |
| Total | 5.3 | 2,765 | 45.8 | 1,891 | 23.0 | 1,252 | 66.5 | 837 |

Note: Figures in parentheses are based on 25-49 unweighted cases. An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.
na $=$ Not applicable
${ }^{1}$ For this table, the following responses are not considered a source for condoms: friends, family members and home.

Table 12.20 Premarital sexual intercourse and condom use during premarital sexual intercourse among young people
Among never-married women and men age 15-24, the percentage who have never had sexual intercourse, the percentage who had sexual intercourse in the past 12 months, and, among those who had premarital sexual intercourse in the past 12 months, the percentage who used a condom at the last sexual intercourse, by background characteristics, Lesotho 2014

| Background characteristic | Never-married women age 15-24 |  |  |  |  | Never-married men age 15-24 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Percentage who have never had sexual intercourse | Percentage who had sexual intercourse in the past 12 months | Number of never married respondents | Women who had sexual intercourse in the past 12 months |  | Percentage who have never had sexual intercourse | Percentage who had sexual intercourse in the past 12 months | Number of never married respondents | Men who had sexual intercourse in the past 12 months |  |
|  |  |  |  | Percentage who used a condom at last sexual intercourse | Number of women |  |  |  | Percentage who used a condom at last sexual intercourse | Number of men |
| Age |  |  |  |  |  |  |  |  |  |  |
| 15-19 | 66.3 | 25.4 | 1,175 | 80.1 | 298 | 40.8 | 47.4 | 684 | 77.8 | 324 |
| 15-17 | 76.0 | 19.1 | 807 | 77.8 | 154 | 54.7 | 35.1 | 413 | 75.5 | 145 |
| 18-19 | 45.1 | 39.1 | 368 | 82.6 | 144 | 19.5 | 66.0 | 271 | 79.6 | 179 |
| 20-24 | 16.6 | 62.8 | 544 | 84.4 | 342 | 9.9 | 73.7 | 467 | 81.6 | 344 |
| 20-22 | 19.5 | 57.1 | 404 | 85.1 | 231 | 9.8 | 72.5 | 318 | 77.6 | 230 |
| 23-24 | 8.1 | 79.1 | 141 | 83.0 | 111 | 10.1 | 76.4 | 149 | 89.8 | 114 |
| Knows condom source ${ }^{1}$ |  |  |  |  |  |  |  |  |  |  |
| Yes | 44.7 | 41.8 | 1,396 | 83.3 | 584 | 24.8 | 61.9 | 1,000 | 81.4 | 619 |
| No | 75.9 | 17.4 | 323 | 72.6 | 56 | 51.0 | 32.5 | 151 | (59.6) | 49 |
| Residence |  |  |  |  |  |  |  |  |  |  |
| Urban | 48.5 | 41.7 | 668 | 85.2 | 279 | 27.1 | 55.9 | 359 | 87.2 | 201 |
| Rural | 51.9 | 34.3 | 1,051 | 80.2 | 361 | 28.8 | 59.0 | 792 | 76.6 | 467 |
| Education |  |  |  |  |  |  |  |  |  |  |
| No education | * | * | 1 | * | 1 | * | * | 23 | * | 12 |
| Primary incomplete | 73.0 | 17.7 | 218 | (74.1) | 39 | 28.6 | 59.0 | 363 | 65.6 | 214 |
| Primary complete | 52.0 | 33.1 | 172 | 78.4 | 57 | 23.4 | 55.9 | 110 | 77.0 | 61 |
| Secondary | 48.9 | 38.7 | 1,226 | 82.5 | 475 | 30.2 | 56.2 | 590 | 88.5 | 332 |
| More than secondary | 20.2 | 67.7 | 102 | 89.4 | 69 | (12.4) | (75.6) | 65 | (94.7) | 49 |
| Total 15-24 | 50.6 | 37.2 | 1,719 | 82.4 | 640 | 28.3 | 58.1 | 1,151 | 79.8 | 668 |

Note: Figures in parentheses are based on 25-49 unweighted cases. An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.
${ }^{1}$ For this table, the following responses are not considered a source for condoms: friends, family members and home.

Table 12.21.1 Multiple sexual partners in the past 12 months among young people: Women
Among all young women age 15-24, the percentage who had sexual intercourse with more than one partner in the past 12 months, and among those having more than one partner in the past 12 months, the percentage reporting that a condom was used at last intercourse, by background characteristics, Lesotho 2014

| Background characteristic | Women age 15-24 |  | Women age 15-24 who had 2+ partners in the past 12 months |  |
| :---: | :---: | :---: | :---: | :---: |
|  | Percentage who had 2+ partners in the past 12 months | Number of women | Percentage who reported using a condom at last intercourse | Number of women |
| Age |  |  |  |  |
| 15-19 | 2.9 | 1,440 | (57.9) | 41 |
| 15-17 | 1.6 | 874 | * | 14 |
| 18-19 | 4.9 | 566 | * | 27 |
| 20-24 | 7.6 | 1,325 | 71.0 | 100 |
| 20-22 | 6.7 | 841 | 67.6 | 56 |
| 23-24 | 9.1 | 484 | (75.3) | 44 |
| Marital status |  |  |  |  |
| Never married | 5.0 | 1,719 | 80.7 | 86 |
| Ever married | 5.3 | 1,046 | 46.2 | 55 |
| Knows condom source ${ }^{1}$ |  |  |  |  |
| Yes | 5.5 | 2,359 | 66.1 | 129 |
| No | 3.2 | 406 | * | 13 |
| Residence |  |  |  |  |
| Urban | 5.9 | 922 | 83.1 | 54 |
| Rural | 4.7 | 1,843 | 57.3 | 87 |
| Education |  |  |  |  |
| No education | * | 3 | * | 1 |
| Primary incomplete | 2.8 | 370 | * | 10 |
| Primary complete | 4.7 | 396 | * | 18 |
| Secondary | 5.0 | 1,852 | 68.2 | 92 |
| More than secondary | 13.7 | 144 | * | 20 |
| Total 15-24 | 5.1 | 2,765 | 67.2 | 142 |

Note: Figures in parentheses are based on 25-49 unweighted cases. An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.
${ }^{1}$ For this table, the following responses are not considered a source for condoms: friends, family members and home.

Table 12.21.2 Multiple sexual partners in the past 12 months among young people: Men
Among all young men age 15-24, the percentage who had sexual intercourse with more than one partner in the past 12 months, and among those having more than one partner in the past 12 months, the percentage reporting that a condom was used at last intercourse, by background characteristics, Lesotho 2014

| Background characteristic | Men age 15-24 |  | Men age 15-24 who had 2+ partners in the past 12 months |  |
| :---: | :---: | :---: | :---: | :---: |
|  | Percentage who had $2+$ partners in the past 12 months | Number of men | Percentage who reported using a condom at last intercourse | Number of men |
| Age |  |  |  |  |
| 15-19 | 15.3 | 691 | 79.7 | 106 |
| 15-17 | 9.8 | 415 | (80.2) | 41 |
| 18-19 | 23.5 | 277 | 79.4 | 65 |
| 20-24 | 31.8 | 561 | 77.3 | 178 |
| 20-22 | 28.1 | 361 | 71.1 | 102 |
| 23-24 | 38.5 | 200 | 85.4 | 77 |
| Marital status |  |  |  |  |
| Never married | 21.3 | 1,151 | 82.7 | 245 |
| Ever married | 38.5 | 101 | (49.8) | 39 |
| Knows condom source ${ }^{1}$ |  |  |  |  |
| Yes | 24.2 | 1,090 | 79.8 | 264 |
| No | 12.3 | 161 | * | 20 |
| Residence |  |  |  |  |
| Urban | 25.5 | 384 | 84.3 | 98 |
| Rural | 21.4 | 868 | 74.9 | 186 |
| Education |  |  |  |  |
| No education | (27.8) | 28 | * | 8 |
| Primary incomplete | 20.4 | 404 | 70.4 | 83 |
| Primary complete | 22.7 | 122 | (78.4) | 28 |
| Secondary | 21.9 | 629 | 82.5 | 138 |
| More than secondary | (41.0) | 68 | * | 28 |
| Total 15-24 | 22.7 | 1,252 | 78.2 | 284 |

Note: Figures in parentheses are based on 25-49 unweighted cases. An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.
${ }^{1}$ For this table, the following responses are not considered a source for condoms: friends, family members and home.

Table 12.22 Age-mixing in sexual relationships among women and men age 15-19
Among women and men age 15-19 who had sexual intercourse in the past 12 months, percentage who had sexual intercourse with a partner who was 10 or more years older than themselves, by background characteristics, Lesotho 2014

| Background characteristic | Women age 15-19 who had sexual intercourse in the past 12 months |  | Men age 15-19 who had sexual intercourse in the past 12 months |  |
| :---: | :---: | :---: | :---: | :---: |
|  | Percentage who had sexual intercourse with a man 10+ years older | Number of women | Percentage who had sexual intercourse with a woman 10+ years older | Number of men |
| Age |  |  |  |  |
| 15-17 | 7.5 | 218 | 2.1 | 147 |
| 18-19 | 8.3 | 322 | 0.0 | 184 |
| Marital status |  |  |  |  |
| Never married | 1.4 | 298 | 1.0 | 324 |
| Ever married | 16.0 | 243 | * | 7 |
| Knows condom source ${ }^{1}$ |  |  |  |  |
| Yes | 8.2 | 466 | 1.0 | 305 |
| No | 6.3 | 75 | (0.0) | 26 |
| Residence |  |  |  |  |
| Urban | 7.7 | 139 | 3.2 | 79 |
| Rural | 8.0 | 402 | 0.2 | 253 |
| Education |  |  |  |  |
| No education | nc | 0 | nc | 0 |
| Primary incomplete | 10.7 | 64 | 2.4 | 130 |
| Primary complete | 10.0 | 79 | (0.0) | 26 |
| Secondary | 7.2 | 392 | 0.0 | 172 |
| More than secondary | * | 6 | * | 3 |
| Total 15-19 | 7.9 | 540 | 0.9 | 331 |

Note: Figures in parentheses are based on 25-49 unweighted cases. An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.
$\mathrm{nc}=$ No cases
${ }^{1}$ For this table, the following responses are not considered a source for condoms: friends, family members and home.

Table 12.23 Recent HIV tests among young people
Among young women and young men age 15-24 who have had sexual intercourse in the past 12 months, the percentage who were tested for HIV in the past 12 months and received the results of the last test, by background characteristics, Lesotho 2014

| Background characteristic | Women age 15-24 who have had sexual intercourse in the past 12 months: |  | Men age 15-24 who have had sexual intercourse in the past 12 months: |  |
| :---: | :---: | :---: | :---: | :---: |
|  | Percentage who have been tested for HIV in the past 12 months and received the results of the last test | Number of women | Percentage who have been tested for HIV in the past 12 months and received the results of the last test | Number of men |
| Age |  |  |  |  |
| 15-19 | 56.9 | 540 | 25.5 | 331 |
| 15-17 | 46.8 | 218 | 28.4 | 147 |
| 18-19 | 63.6 | 322 | 23.2 | 184 |
| 20-24 | 70.8 | 1,080 | 36.4 | 433 |
| 20-22 | 71.2 | 646 | 34.3 | 272 |
| 23-24 | 70.3 | 434 | 39.8 | 161 |
| Marital status |  |  |  |  |
| Never married | 51.0 | 640 | 31.0 | 668 |
| Ever married | 76.1 | 981 | 36.8 | 96 |
| Knows condom source ${ }^{1}$ |  |  |  |  |
| Yes | 68.0 | 1,494 | 33.1 | 707 |
| No | 45.0 | 126 | 14.0 | 58 |
| Residence |  |  |  |  |
| Urban | 59.9 | 525 | 47.1 | 225 |
| Rural | 69.2 | 1,095 | 25.2 | 539 |
| Education |  |  |  |  |
| No education | * | 1 | * | 16 |
| Primary incomplete | 63.6 | 181 | 14.8 | 252 |
| Primary complete | 73.2 | 261 | 25.8 | 74 |
| Secondary | 66.5 | 1,068 | 42.1 | 371 |
| More than secondary | 50.6 | 109 | (54.3) | 52 |
| Total 15-24 | 66.2 | 1,621 | 31.7 | 764 |

Note: Figures in parentheses are based on 25-49 unweighted cases. An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.
${ }^{1}$ For this table, the following responses are not considered a source for condoms: friends, family members and home.

## Key Findings

- HIV prevalence: Twenty-five percent of adults age 15-49 in Lesotho are infected with HIV. In both 2004 and 2009, the HIV prevalence rate for adults was slightly less-23\%. The difference among the three surveys is not statistically significant, however.
- HIV prevalence by sex: The HIV prevalence rate is $30 \%$ among women and $19 \%$ among men.
- HIV prevalence by district: HIV prevalence among adults age $15-49$ varies by district, from $17 \%$ in Mokhotlong to $28 \%$ in Maseru.
- HIV prevalence among couples: Overall, $35 \%$ of couples have at least one partner with HIV. In 20\% of couples, both partners are HIV positive. Fifteen percent of couples are discordant, that is, one partner is HIV positive and the other is HIV negative.
- HIV incidence: HIV incidence among women and men age $15-49$ is 1.9 new infections per 100 person-years (PY) of exposure (confidence interval: 1.2-2.6).

Tlen years ago, the 2004 LDHS included HIV testing among survey respondents, providing the first direct estimates of HIV prevalence among the general female and male populations in Lesotho. In a follow-up LDHS survey in 2009, HIV prevalence estimates among the general population were repeated. The 2014 LDHS once again included HIV testing among women and men, to track trends in HIV prevalence among the general population, and for the first time, to provide an estimate of HIV incidence. The results of this testing will be used to refine HIV prevalence estimates based on the sentinel surveillance system and to allow better monitoring of the epidemic.

The methodology used to conduct HIV testing in the 2014 LDHS is described in detail in Appendix C. This chapter provides information on HIV testing coverage rates among eligible survey respondents and the results of the testing. It also compares HIV prevalence estimates from the 2004, 2009, and 2014 LDHS surveys and discusses levels and differentials in HIV prevalence among those who were tested. Finally, it includes an estimate of HIV incidence among survey respondents.

### 13.1 Coverage Rates for HIV Testing

Overall, $92 \%$ of LDHS respondents who were eligible for testing were both interviewed and tested (Table 13.1). Testing coverage rates were higher among women than among men ( $94 \%$ and $89 \%$, respectively). Among all respondents eligible for testing, $2 \%$ refused to provide blood and $3 \%$ were absent at the time of
blood collection. Among women, absenteeism and refusal contributed nearly equally to nonresponse; among men, absenteeism contributed more to nonresponse than refusal ( $4 \%$ and $2 \%$, respectively).

## HIV testing response rate

Percentage of women and men who are tested for HIV as part of the DHS survey
Sample: Women and men who are in households selected for HIV testing and are within the eligible age range for HIV testing based on information collected in the household questionnaire.
The HIV testing response rate is calculated as follows:
Women age 15-49 and men age 15-59 who were interviewed and whose blood sample underwent the complete HIV testing algorithm with a final result of positive, negative, or indeterminate.

All women age 15-49 and men age 15-59 in households selected for HIV testing

Trends: A comparison of the 2004, 2009, and 2014 LDHS indicates that HIV coverage rates have increased; from $81 \%$ in 2004 to $94 \%$ in 2009 and 2014 among women age $15-49$ and from $68 \%$ in 2004 to $88 \%$ in 2009 to $89 \%$ among men age $15-59$. For women age $15-49$ and men age $15-59$ combined, the HIV testing response rates have increased from $75 \%$ in 2004 to $91 \%$ in 2009 to $92 \%$ in 2014.

## Patterns by background characteristics

- Coverage of HIV testing among all eligible respondents varied from a low of $90 \%$ in Berea and Leribe to a high of $94 \%$ in Butha-Buthe.
- Among both women and men, coverage levels were lowest among those who had no education (81\% of women and $81 \%$ of men) (Table 13.2).
- Women and men in the highest wealth quintile had lower coverage rates ( $90 \%$ and $85 \%$, respectively) than those in the four lowest wealth quintiles (95-96\% for women and $88-91 \%$ for men).

Additional tables describing the relationship between participation in HIV testing and characteristics related to HIV risk are presented in Appendix A (Tables A.7-A.10). Overall, the results in Tables A.7-A. 10 do not show a systematic relationship between participation in testing and variables associated with a higher risk of HIV infection.

### 13.2 HIV Prevalence

### 13.2.1 HIV Prevalence by Age and Sex

## HIV prevalence

Percentage of women and men testing positive for HIV as part of the DHS survey. See testing methodology in Appendix C.
Sample: Women and men age 15-49 who are tested for HIV as part of the survey

According to the 2014 LDHS, $25 \%$ of adults age 15-49 in Lesotho are HIVpositive (Table 13.3 and Figure 13.1). HIV prevalence is higher among women ( $30 \%$ ) than men $(19 \%)$. These findings are in line with other recent estimates. For example, using data from antenatal clinic surveillance and mathematical modelling (Spectrum), the prevalence of HIV in 2013 among ANC clients was estimated to be $26 \%$ ( MOH 2014b). The 2014 UNAIDS estimate for HIV prevalence among adults age $15-49$ was $23 \%$ (MOH 2015b).

Trends: A comparison of the 2004, 2009, and 2014 LDHS HIV prevalence estimates indicates that HIV prevalence has increased from $23 \%$ in 2004 and 2009 to $25 \%$ among adults age 15-49. Prevalence among women has increased from $26 \%$ in 2004 to $27 \%$ in 2009 to $30 \%$ in 2014, and prevalence among men has remained stable, shifting from $19 \%$ in 2004 to $18 \%$ in 2009 to $19 \%$ in 2014

Figure 13.1 HIV prevalence by residence and sex


Figure 13.2 Trends in HIV prevalence

(Figure 13.2). ${ }^{1,2}$
Statistical testing indicates that none of these changes over time is statistically significant, with the exception of the increase among women from $26 \%$ in 2004 to $30 \%$ in 2014 ( $p<0.05$ ).

## Patterns by background characteristics

- Among both women and men, HIV prevalence initially increases with age and then declines. For women, HIV prevalence peaks at $46 \%$ in the 35-39 age group. For men, HIV prevalence peaks at $44 \%$ in the $40-44$ age group (Figure 13.3).

Figure 13.3 HIV prevalence by age


[^11]- HIV prevalence is higher among employed women and men ( $39 \%$ and $23 \%$, respectively) than those who are not employed ( $21 \%$ and $9 \%$, respectively) (Table 13.4).
- HIV prevalence among adults age 15-49 varies dramatically by district, ranging from a low of $17 \%$ in Mokhotlong to a high of $28 \%$ in Maseru (Figure 13.4).
- Among men age 15-49, HIV prevalence generally decreases with an increase in level of education, from $30 \%$ among those with no education to $10 \%$ among those with more than a secondary education. HIV prevalence does not vary consistently with education among women; HIV prevalence is highest among women with complete primary education (37\%) (Table 13.4).

Patterns by other sociodemographic and health characteristics

Figure 13.4 HIV prevalence by district


- HIV prevalence varies by marital status and is highest among those who are widowed (65\%). HIV prevalence is also high among women and men who are divorced or separated ( $49 \%$ and $43 \%$, respectively) compared with those who are currently married or living with a partner ( $31 \%$ and $30 \%$, respectively) (Table 13.5).
- A sizeable proportion (5\%) of respondents who said they had never had sex were HIV positive, indicating that some women and men failed to report sexual activity or that there is some degree of nonsexual transmission of HIV.
- Among women who slept away from home five or more times in the past 12 months, $35 \%$ are infected with HIV compared with $28 \%$ who did not sleep away from home in the past 12 months. Among men, those who slept away from home five or more times in the past 12 months were more likely to have HIV than men who slept away from home less than five times ( $21 \%$ versus $16-18 \%$ ).
- Women who were pregnant at the time of the survey had a lower HIV prevalence than those who were not pregnant or who were unsure of their pregnancy status ( $25 \%$ and $30 \%$, respectively).
- Male circumcision has been shown to reduce the risk of HIV infection. Several studies in sub-Saharan Africa, including clinical trials conducted in South Africa, Kenya, and Uganda (Auvert et al. 2005; NIAID 2006) have documented that the protective effect of male circumcision is significant. The 2014 LDHS asked about two different kinds of circumcision: traditional and medical. HIV prevalence among men who reported that they were only medically circumcised ( $14 \%$ ) was lower than among those who reported that they had not been circumcised ( $21 \%$ ) or had only been traditionally circumcised ( $21 \%$ ) (Table 13.5). Additional information on HIV prevalence by male circumcision and by background characteristics is shown in Table 13.6.


### 13.2.2 HIV Prevalence by Sexual Risk Behaviour

HIV prevalence rates by sexual behaviour characteristics among respondents who have ever had sexual intercourse are presented in Table 13.7. In reviewing these results, it is important to remember that responses about sexual risk behaviours may be subject to reporting bias. Also, sexual behaviour in the 12 months preceding the survey may not adequately reflect lifetime sexual risk. Nor is it possible to know the sequence of events (e.g., whether any reported condom use occurred before or after HIV transmission).

- Among women who ever had sex, HIV prevalence is highest among women whose first had sex before age 16 . Among these women, HIV prevalence was $36 \%$ compared with $33 \%$ among women who initiated sexual intercourse at age 16 or older. In contrast, among men, HIV prevalence increases with increasing age at first sex. Among men who initiated sexual intercourse before age 16, HIV prevalence is $15 \%$ compared with $33 \%$ among those who initiated sexual intercourse at age 20 and older.
- HIV prevalence was higher among women and men who had concurrent partners in the past 12 months ( $55 \%$ and $27 \%$, respectively) than among those who had two or more partners in the past 12 months that did not overlap, and those with one or no sexual partners in the past 12 months.
- Women who used a condom during their most recent sexual intercourse in the 12 -month period before the survey were more likely to be HIV positive than those who did not ( $41 \%$ and $26 \%$, respectively). One possible explanation for this pattern is that HIV-positive respondents are more likely to use condoms because they either know or suspect that they are infected with HIV and use condoms to prevent transmission.
- Among both women and men, HIV prevalence increases with the increasing number of lifetime partners. For example, $20 \%$ of women and $12 \%$ of men who had had only one sexual partner in their lifetime are HIV-positive, compared with $70 \%$ of women and $29 \%$ of men with 10 or more lifetime sexual partners (Figure 13.5).

Figure 13.5 HIV prevalence by number of lifetime partners

HIV prevalence among women and men age 15-49 who ever had sex


Number of lifetime partners

In summary, the results presented in Table 13.7 do not demonstrate a consistent relationship between sexual risk behaviour and HIV prevalence. More detailed analysis is clearly necessary to understand these relationships because they are often confounded by other factors that are associated with both behavioural measures and HIV prevalence such as age, marital status, and residence.

### 13.2.3 HIV Prevalence among Young People

Young people in the 15-24 age range are an important group for monitoring reduction of HIV. Ten percent of respondents age 15-24 ( $13 \%$ of young women and $6 \%$ of young men) are HIV positive (Table 13.8). HIV prevalence is higher among young women and men who are married than among their never-married counterparts. The HIV prevalence among young adults who have never had sex ( $4 \%$ among women and $6 \%$ among men) may reflect underreporting of sexual activity among young people, survival of children infected through mother-to-child transmission, or other determinants of HIV transmission.

## Patterns by background characteristics

- Young people in urban areas are somewhat more likely to be infected than those in rural areas (13\% versus 8\%).
- Among young women, HIV prevalence is highest in Maseru (16\%) and lowest in Quthing (10\%). Among young men, HIV prevalence is highest in Maseru (10\%) and lowest in Berea (1\%).

For additional information on HIV prevalence among young people by sexual behaviour, see Table 13.9.

### 13.2.4 HIV Prevalence by Other Characteristics Related to HIV Risk

The LDHS also looks at HIV prevalence by other characteristics related to HIV risk among women and men age 15-49 who have ever had sex. As expected, women and men with a history of a sexually transmitted infection (STI) or STI symptoms in the past 12 months have higher rates of HIV infection than those with no history or symptoms ( $33 \%$ versus $27 \%$ ). Individuals who had been tested for HIV previously were twice as likely to be HIV positive as those who had never been tested ( $31 \%$ versus $15 \%$ ) (Table 13.10).

The relationship between prior HIV testing and the actual HIV status of respondents is seen in Table 13.11. The results show that the majority of individuals who are HIV positive have been tested previously and received the result of their last test. Eighty-five percent of people living with HIV have been tested for HIV and received the result of their last test, including $91 \%$ of HIV-positive women and $73 \%$ of HIV-positive men. This represents a large increase from the 2009 LDHS in which only $71 \%$ of HIV-positive women and $52 \%$ of HIV-positive men had been previously tested and received the result of their last test. However, $15 \%$ of HIVpositive respondents have never been tested or were tested but did not receive the results of their last test, and, therefore, cannot be aware of their status.

### 13.2.5 HIV Prevalence among Couples

Among the women and men tested for HIV in the 2014 LDHS there are 708 cohabiting couples. In $65 \%$ of cohabiting couples, both partners tested negative for HIV (Table 13.12). Both partners were HIV positive in $20 \%$ of cohabiting couples, while $15 \%$ of couples were discordant; that is, one partner is HIV-positive and the other is HIV-negative. In $8 \%$ of couples, the male partner has HIV and the woman does not, and in $7 \%$ of couples, the woman has HIV and the man does not.

### 13.3 HIV Incidence

## HIV incidence

HIV incidence is a measure of people newly infected with HIV among individuals who are at risk for becoming infected within a given time frame (UNAIDS/WHO 2015).
See testing and calculation methodology in Appendix C.
Sample: Women and men age 15-49 who are tested for HIV as part of the survey

According to the 2014 LDHS, HIV incidence among women and men age 15-49 in Lesotho is 1.9 new infections per 100 person-years (PY) of exposure (confidence interval: 1.2-2.6). HIV incidence appears to be lower among women (1.7 infections per 100 PY ; confidence interval: 0.8-2.6) than men (2.1 infections per 100

PY; confidence interval: 1.1-3.2). However, the difference between women and men is not statistically significant (Figure 13.6).

## Figure 13.6 HIV incidence by sex

New infections per 100 person-years of exposure


## List of Tables

For detailed information on HIV prevalence, see the following tables:

- Table 13.1 Coverage of HIV testing by residence, ecological zone, and district
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- Table 13.3 HIV prevalence by age
- Table 13.4 HIV prevalence by socioeconomic characteristics
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- Table 13.9 HIV prevalence among young people by sexual behaviour
- Table 13.10 HIV prevalence by other characteristics
- Table 13.11 Prior HIV testing by current HIV status
- Table 13.12 HIV prevalence among couples

Table 13.1 Coverage of HIV testing by residence, ecological zone, and district
Percent distribution of women age 15-49 and men age 15-59 eligible for HIV testing by testing status, according to residence, ecological zone, and district (unweighted), Lesotho 2014

| Residence, zone, and district | Testing status |  |  |  |  |  |  |  |  | Number |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | DBS Tested ${ }^{1}$ |  | Refused to provide blood |  | Absent at the time of blood collection |  | Other/missing ${ }^{2}$ |  | Total |  |
|  | Interviewed | Not interviewed | Interviewed | Not interviewed | Interviewed | Not interviewed | Interviewed | Not interviewed |  |  |
| WOMEN 15-49 |  |  |  |  |  |  |  |  |  |  |
| Residence |  |  |  |  |  |  |  |  |  |  |
| Urban | 92.4 | 0.4 | 2.7 | 0.1 | 0.3 | 1.8 | 0.8 | 1.6 | 100.0 | 1,166 |
| Rural | 95.4 | 0.1 | 0.9 | 0.0 | 0.1 | 1.1 | 1.3 | 1.1 | 100.0 | 2,353 |
| Ecological zone |  |  |  |  |  |  |  |  |  |  |
| Lowlands | 93.1 | 0.3 | 2.1 | 0.0 | 0.2 | 1.4 | 1.5 | 1.4 | 100.0 | 1,730 |
| Foothills | 93.2 | 0.0 | 2.0 | 0.0 | 0.0 | 1.1 | 2.3 | 1.4 | 100.0 | 352 |
| Mountains | 96.4 | 0.2 | 0.4 | 0.0 | 0.2 | 1.2 | 0.4 | 1.3 | 100.0 | 1,018 |
| Senqu River Valley | 95.7 | 0.2 | 1.2 | 0.2 | 0.0 | 1.2 | 0.5 | 1.0 | 100.0 | 419 |
| District |  |  |  |  |  |  |  |  |  |  |
| Butha-Buthe | 95.9 | 0.3 | 0.6 | 0.0 | 0.0 | 0.0 | 2.5 | 0.6 | 100.0 | 318 |
| Leribe | 92.4 | 0.0 | 1.0 | 0.0 | 0.2 | 2.5 | 2.9 | 1.0 | 100.0 | 408 |
| Berea | 91.3 | 1.0 | 2.0 | 0.0 | 0.2 | 2.5 | 1.5 | 1.5 | 100.0 | 402 |
| Maseru | 92.7 | 0.0 | 3.1 | 0.0 | 0.2 | 1.2 | 1.0 | 1.8 | 100.0 | 491 |
| Mafeteng | 95.3 | 0.0 | 2.5 | 0.0 | 0.0 | 0.6 | 0.0 | 1.6 | 100.0 | 319 |
| Mohale's Hoek | 95.6 | 0.0 | 1.8 | 0.0 | 0.0 | 0.3 | 1.2 | 1.2 | 100.0 | 339 |
| Quthing | 96.4 | 0.3 | 1.3 | 0.3 | 0.0 | 1.0 | 0.0 | 0.6 | 100.0 | 308 |
| Qacha's Nek | 95.1 | 0.3 | 0.7 | 0.0 | 0.7 | 1.4 | 0.0 | 1.7 | 100.0 | 287 |
| Mokhotlong | 96.0 | 0.3 | 0.3 | 0.0 | 0.0 | 2.1 | 0.0 | 1.2 | 100.0 | 329 |
| Thaba-Tseka | 95.3 | 0.0 | 0.6 | 0.0 | 0.0 | 0.9 | 1.6 | 1.6 | 100.0 | 318 |
| Total | 94.4 | 0.2 | 1.5 | 0.0 | 0.1 | 1.3 | 1.1 | 1.3 | 100.0 | 3,519 |
| MEN 15-59 |  |  |  |  |  |  |  |  |  |  |
| Residence |  |  |  |  |  |  |  |  |  |  |
| Urban | 88.6 | 0.3 | 2.9 | 0.0 | 0.5 | 3.1 | 2.0 | 2.5 | 100.0 | 960 |
| Rural | 88.6 | 0.2 | 1.7 | 0.0 | 0.4 | 3.6 | 2.7 | 2.8 | 100.0 | 2,172 |
| Ecological zone 00.0 |  |  |  |  |  |  |  |  |  |  |
| Lowlands | 88.6 | 0.2 | 2.4 | 0.0 | 0.4 | 3.0 | 2.8 | 2.6 | 100.0 | 1,585 |
| Foothills | 85.3 | 0.3 | 1.9 | 0.0 | 0.3 | 5.0 | 3.4 | 3.8 | 100.0 | 320 |
| Mountains | 90.0 | 0.2 | 1.6 | 0.1 | 0.6 | 3.5 | 1.5 | 2.5 | 100.0 | 881 |
| Senqu River Valley | 88.2 | 0.3 | 1.7 | 0.0 | 0.6 | 4.0 | 2.6 | 2.6 | 100.0 | 346 |
| District |  |  |  |  |  |  |  |  |  |  |
| Butha-Buthe | 91.4 | 0.4 | 1.1 | 0.0 | 0.0 | 1.1 | 3.7 | 2.2 | 100.0 | 267 |
| Leribe | 86.8 | 0.3 | 1.8 | 0.0 | 0.3 | 3.2 | 4.1 | 3.5 | 100.0 | 341 |
| Berea | 87.6 | 0.3 | 2.6 | 0.0 | 0.8 | 5.4 | 1.5 | 1.8 | 100.0 | 388 |
| Maseru | 88.6 | 0.2 | 2.8 | 0.0 | 0.4 | 3.7 | 2.4 | 1.8 | 100.0 | 492 |
| Mafeteng | 88.8 | 0.0 | 1.9 | 0.0 | 0.0 | 1.6 | 2.6 | 5.1 | 100.0 | 313 |
| Mohale's Hoek | 90.3 | 0.0 | 2.2 | 0.0 | 0.4 | 2.5 | 2.5 | 2.2 | 100.0 | 278 |
| Quthing | 86.2 | 0.4 | 1.2 | 0.0 | 0.8 | 2.4 | 3.3 | 5.7 | 100.0 | 246 |
| Qacha's Nek | 91.0 | 0.8 | 1.2 | 0.0 | 0.4 | 5.3 | 0.0 | 1.2 | 100.0 | 245 |
| Mokhotlong | 88.6 | 0.0 | 1.3 | 0.0 | 0.3 | 5.7 | 1.7 | 2.3 | 100.0 | 299 |
| Thaba-Tseka | 87.5 | 0.0 | 3.4 | 0.4 | 1.1 | 3.0 | 2.7 | 1.9 | 100.0 | 263 |
| Total | 88.6 | 0.2 | 2.0 | 0.0 | 0.4 | 3.5 | 2.5 | 2.7 | 100.0 | 3,132 |
| TOTAL (WOMEN 15-49 and MEN 15-59) |  |  |  |  |  |  |  |  |  |  |
| Residence 00.7 en |  |  |  |  |  |  |  |  |  |  |
| Urban | 90.7 | 0.4 | 2.8 | 0.0 | 0.4 | 2.4 | 1.3 | 2.0 | 100.0 | 2,126 |
| Rural | 92.1 | 0.2 | 1.3 | 0.0 | 0.2 | 2.3 | 2.0 | 1.9 | 100.0 | 4,525 |
| Ecological zone |  |  |  |  |  |  |  |  |  |  |
| Lowlands | 91.0 | 0.2 | 2.2 | 0.0 | 0.3 | 2.2 | 2.1 | 2.0 | 100.0 | 3,315 |
| Foothills | 89.4 | 0.1 | 1.9 | 0.0 | 0.1 | 3.0 | 2.8 | 2.5 | 100.0 | 672 |
| Mountains | 93.4 | 0.2 | 0.9 | 0.1 | 0.4 | 2.3 | 0.9 | 1.8 | 100.0 | 1,899 |
| Senqu River Valley | 92.3 | 0.3 | 1.4 | 0.1 | 0.3 | 2.5 | 1.4 | 1.7 | 100.0 | 765 |
| District |  |  |  |  |  |  |  |  |  |  |
| Butha-Buthe | 93.8 | 0.3 | 0.9 | 0.0 | 0.0 | 0.5 | 3.1 | 1.4 | 100.0 | 585 |
| Leribe | 89.9 | 0.1 | 1.3 | 0.0 | 0.3 | 2.8 | 3.5 | 2.1 | 100.0 | 749 |
| Berea | 89.5 | 0.6 | 2.3 | 0.0 | 0.5 | 3.9 | 1.5 | 1.6 | 100.0 | 790 |
| Maseru | 90.6 | 0.1 | 3.0 | 0.0 | 0.3 | 2.4 | 1.7 | 1.8 | 100.0 | 983 |
| Mafeteng | 92.1 | 0.0 | 2.2 | 0.0 | 0.0 | 1.1 | 1.3 | 3.3 | 100.0 | 632 |
| Mohale's Hoek | 93.2 | 0.0 | 1.9 | 0.0 | 0.2 | 1.3 | 1.8 | 1.6 | 100.0 | 617 |
| Quthing | 91.9 | 0.4 | 1.3 | 0.2 | 0.4 | 1.6 | 1.4 | 2.9 | 100.0 | 554 |
| Qacha's Nek | 93.2 | 0.6 | 0.9 | 0.0 | 0.6 | 3.2 | 0.0 | 1.5 | 100.0 | 532 |
| Mokhotlong | 92.5 | 0.2 | 0.8 | 0.0 | 0.2 | 3.8 | 0.8 | 1.8 | 100.0 | 628 |
| Thaba-Tseka | 91.7 | 0.0 | 1.9 | 0.2 | 0.5 | 1.9 | 2.1 | 1.7 | 100.0 | 581 |
| Total | 91.7 | 0.2 | 1.7 | 0.0 | 0.3 | 2.3 | 1.8 | 2.0 | 100.0 | 6,651 |

[^12]Table 13.2 Coverage of HIV testing by selected background characteristics
Percent distribution of women age 15-49 and men age 15-59 eligible for HIV testing by testing status, according to selected background characteristics (unweighted), Lesotho 2014

| Background characteristic | Testing status |  |  |  |  |  |  |  |  | Number |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | DBS Tested ${ }^{1}$ |  | Refused to provide blood |  | Absent at the time of blood collection |  | Other/missing ${ }^{2}$ |  | Total |  |
|  | Interviewed | Not interviewed | Interviewed | Not interviewed | Interviewed | Not interviewed | Interviewed | Not interviewed |  |  |
| WOMEN 15-49 |  |  |  |  |  |  |  |  |  |  |
| 15-19 | 96.1 | 0.0 | 0.7 | 0.0 | 0.4 | 1.5 | 0.7 | 0.6 | 100.0 | 822 |
| 20-24 | 94.2 | 0.3 | 1.2 | 0.0 | 0.1 | 1.5 | 1.2 | 1.5 | 100.0 | 673 |
| 25-29 | 93.4 | 0.2 | 1.7 | 0.0 | 0.0 | 1.9 | 1.0 | 1.7 | 100.0 | 580 |
| 30-34 | 91.9 | 0.2 | 2.0 | 0.2 | 0.0 | 0.4 | 2.9 | 2.4 | 100.0 | 491 |
| 35-39 | 95.5 | 0.3 | 1.6 | 0.0 | 0.3 | 0.5 | 0.3 | 1.6 | 100.0 | 378 |
| 40-44 | 93.9 | 0.3 | 2.2 | 0.0 | 0.0 | 2.2 | 0.6 | 0.6 | 100.0 | 312 |
| 45-49 | 95.1 | 0.8 | 1.9 | 0.0 | 0.0 | 0.8 | 1.1 | 0.4 | 100.0 | 263 |
| 50-54 | na | na | na | na | na | na | na | na | na | na |
| 55-59 | na | na | na | na | na | na | na | na | na | na |
| Education |  |  |  |  |  |  |  |  |  |  |
| No education | 80.8 | 0.0 | 0.0 | 0.0 | 0.0 | 5.8 | 0.0 | 13.5 | 100.0 | 52 |
| Primary incomplete | 95.4 | 0.0 | 0.7 | 0.0 | 0.0 | 0.7 | 0.9 | 2.2 | 100.0 | 668 |
| Primary complete | 95.0 | 0.4 | 1.3 | 0.0 | 0.0 | 1.2 | 1.3 | 0.8 | 100.0 | 753 |
| Secondary | 95.0 | 0.2 | 1.4 | 0.0 | 0.3 | 1.1 | 1.2 | 0.8 | 100.0 | 1,762 |
| More than secondary | 89.7 | 0.4 | 4.3 | 0.4 | 0.0 | 3.2 | 0.7 | 1.4 | 100.0 | 282 |
| Missing | 0.0 | 50.0 | 0.0 | 0.0 | 0.0 | 50.0 | 0.0 | 0.0 | 100.0 | 2 |
| Wealth quintile |  |  |  |  |  |  |  |  |  |  |
| Lowest | 95.3 | 0.2 | 0.3 | 0.0 | 0.2 | 2.0 | 0.8 | 1.3 | 100.0 | 612 |
| Second | 96.2 | 0.2 | 0.5 | 0.0 | 0.0 | 0.6 | 0.9 | 1.6 | 100.0 | 638 |
| Middle | 96.3 | 0.1 | 0.7 | 0.0 | 0.1 | 0.7 | 1.3 | 0.6 | 100.0 | 674 |
| Fourth | 95.3 | 0.0 | 1.8 | 0.0 | 0.3 | 0.7 | 0.7 | 1.3 | 100.0 | 762 |
| Highest | 89.9 | 0.6 | 3.4 | 0.1 | 0.1 | 2.4 | 1.8 | 1.7 | 100.0 | 833 |
| Total | 94.4 | 0.2 | 1.5 | 0.0 | 0.1 | 1.3 | 1.1 | 1.3 | 100.0 | 3,519 |
| MEN 15-59 |  |  |  |  |  |  |  |  |  |  |
| 15-19 | 91.6 | 0.1 | 1.0 | 0.0 | 0.1 | 2.6 | 2.2 | 2.3 | 100.0 | 726 |
| 20-24 | 90.1 | 0.2 | 1.4 | 0.0 | 0.7 | 3.2 | 2.5 | 2.0 | 100.0 | 563 |
| 25-29 | 87.9 | 0.2 | 2.6 | 0.0 | 0.5 | 4.0 | 2.9 | 1.9 | 100.0 | 420 |
| 30-34 | 84.9 | 0.0 | 3.4 | 0.0 | 0.3 | 4.0 | 3.2 | 4.2 | 100.0 | 377 |
| 35-39 | 87.0 | 0.0 | 3.1 | 0.0 | 0.7 | 3.8 | 2.7 | 2.7 | 100.0 | 293 |
| 40-44 | 86.0 | 0.0 | 3.3 | 0.0 | 0.4 | 4.5 | 2.1 | 3.7 | 100.0 | 242 |
| 45-49 | 83.9 | 1.1 | 2.2 | 0.0 | 1.1 | 4.8 | 2.2 | 4.8 | 100.0 | 186 |
| 50-54 | 88.8 | 1.1 | 1.1 | 0.6 | 0.0 | 3.4 | 2.8 | 2.2 | 100.0 | 179 |
| 55-59 | 93.1 | 0.0 | 1.4 | 0.0 | 0.7 | 2.1 | 0.7 | 2.1 | 100.0 | 145 |
| Education |  |  |  |  |  |  |  |  |  |  |
| No education | 81.1 | 0.0 | 1.6 | 0.0 | 0.8 | 6.3 | 2.9 | 7.3 | 100.0 | 381 |
| Primary incomplete | 89.7 | 0.3 | 1.9 | 0.1 | 0.3 | 2.7 | 2.4 | 2.7 | 100.0 | 1,083 |
| Primary complete | 89.8 | 0.0 | 1.6 | 0.0 | 0.3 | 3.2 | 2.7 | 2.4 | 100.0 | 372 |
| Secondary | 90.2 | 0.4 | 2.0 | 0.0 | 0.4 | 3.1 | 2.6 | 1.4 | 100.0 | 1,076 |
| More than secondary | 87.6 | 0.0 | 4.6 | 0.0 | 1.4 | 3.7 | 0.9 | 1.8 | 100.0 | 217 |
| Missing | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 100.0 | 0.0 | 0.0 | 100.0 | 3 |
| Wealth quintile |  |  |  |  |  |  |  |  |  |  |
| Lowest | 87.5 | 0.2 | 1.2 | 0.2 | 0.7 | 4.1 | 3.5 | 2.6 | 100.0 | 567 |
| Second | 89.7 | 0.0 | 2.0 | 0.0 | 0.2 | 3.8 | 2.3 | 2.0 | 100.0 | 604 |
| Middle | 89.9 | 0.2 | 1.1 | 0.0 | 0.3 | 3.2 | 2.0 | 3.4 | 100.0 | 654 |
| Fourth | 90.8 | 0.2 | 1.8 | 0.0 | 0.3 | 2.5 | 1.9 | 2.5 | 100.0 | 628 |
| Highest | 85.3 | 0.6 | 4.0 | 0.0 | 0.7 | 3.8 | 2.7 | 2.9 | 100.0 | 679 |
| Total | 88.6 | 0.2 | 2.0 | 0.0 | 0.4 | 3.5 | 2.5 | 2.7 | 100.0 | 3,132 |

${ }^{1}$ Includes all dried blood spots (DBS) tested at the lab and for which there is a result, i.e., positive, negative, or indeterminate. Indeterminate means that the sample went through the entire algorithm, but the final result was inconclusive.
${ }^{2}$ Includes (1) other results of blood collection (e.g., technical problem in the field), (2) lost specimens, (3) noncorresponding bar codes, and (4) other lab results such as blood not tested for technical reason, not enough blood to complete the algorithm, etc.

Table 13.3 HIV prevalence by age
Among the de facto women age 15-49 and men age 15-59 who were interviewed and tested, the percentage HIV positive, by age, Lesotho 2014

| Age | Women |  | Men |  | Total |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Percentage HIV positive | Number | Percentage HIV positive | Number | Percentage HIV positive | Number |
| 15-19 | 5.4 | 704 | 4.8 | 706 | 5.1 | 1,410 |
| 20-24 | 21.5 | 638 | 7.5 | 566 | 14.9 | 1,204 |
| 25-29 | 37.5 | 528 | 17.9 | 402 | 29.1 | 929 |
| 30-34 | 44.9 | 454 | 27.5 | 319 | 37.7 | 773 |
| 35-39 | 45.5 | 335 | 41.2 | 270 | 43.6 | 605 |
| 40-44 | 44.6 | 274 | 43.5 | 217 | 44.1 | 491 |
| 45-49 | 37.2 | 242 | 30.4 | 166 | 34.4 | 408 |
| 50-59 | na | na | 28.8 | 275 | na | na |
| Total 15-49 | 29.7 | 3,175 | 18.6 | 2,646 | 24.6 | 5,821 |
| Total 15-59 | na | na | 19.6 | 2,921 | na | na |

na $=$ Not applicable

| Table 13.4 HIV prevalence by socioeconomic characteristics |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percentage HIV positive among women and men age 15-49 who were tested, by socioeconomic characteristics, Lesotho 2014 |  |  |  |  |  |  |
|  | Women |  | Men |  | Total |  |
| Background characteristic | Percentage HIV positive | Number | Percentage HIV positive | Number | Percentage HIV positive | Number |
| Religion |  |  |  |  |  |  |
| Roman Catholic | 29.9 | 1,266 | 18.9 | 1,091 | 24.8 | 2,357 |
| Lesotho Evangelical | 29.0 | 537 | 19.7 | 473 | 24.6 | 1,010 |
| Anglican | 29.6 | 207 | 22.6 | 200 | 26.2 | 407 |
| Pentecostal | 30.6 | 801 | 17.3 | 494 | 25.5 | 1,295 |
| Other Christian | 29.1 | 310 | 14.8 | 189 | 23.7 | 499 |
| Other non-Christian | (23.4) | 31 | (22.3) | 37 | 22.8 | 68 |
| No religion | (17.3) | 23 | 16.1 | 163 | 16.2 | 186 |
| Employment (past 12 months) |  |  |  |  |  |  |
| Not employed | 21.4 | 1,699 | 9.4 | 802 | 17.6 | 2,501 |
| Employed | 39.2 | 1,476 | 22.6 | 1,844 | 30.0 | 3,320 |
| Residence |  |  |  |  |  |  |
| Urban | 35.6 | 1,129 | 23.1 | 919 | 30.0 | 2,048 |
| Rural | 26.4 | 2,046 | 16.2 | 1,727 | 21.8 | 3,773 |
| Ecological zone |  |  |  |  |  |  |
| Lowlands | 31.7 | 1,986 | 20.2 | 1,699 | 26.4 | 3,685 |
| Foothills | 27.9 | 311 | 18.4 | 246 | 23.7 | 557 |
| Mountains | 25.6 | 640 | 13.9 | 528 | 20.3 | 1,169 |
| Senqu River Valley | 26.1 | 238 | 17.3 | 173 | 22.4 | 411 |
| District |  |  |  |  |  |  |
| Butha-Buthe | 22.0 | 191 | 20.2 | 142 | 21.2 | 333 |
| Leribe | 31.4 | 507 | 17.5 | 385 | 25.4 | 892 |
| Berea | 31.7 | 420 | 18.4 | 377 | 25.4 | 797 |
| Maseru | 33.3 | 876 | 22.4 | 810 | 28.0 | 1,686 |
| Mafeteng | 29.1 | 271 | 20.6 | 240 | 25.1 | 512 |
| Mohale's Hoek | 25.6 | 264 | 12.9 | 201 | 20.1 | 465 |
| Quthing | 26.8 | 160 | 11.5 | 104 | 20.8 | 264 |
| Qacha's Nek | 27.1 | 94 | 12.9 | 73 | 20.9 | 168 |
| Mokhotlong | 23.4 | 167 | 9.6 | 143 | 17.0 | 309 |
| Thaba-Tseka | 27.7 | 225 | 20.7 | 169 | 24.7 | 395 |
| Education |  |  |  |  |  |  |
| No education | (24.9) | 36 | 29.7 | 212 | 29.0 | 247 |
| Primary incomplete | 32.7 | 559 | 19.2 | 870 | 24.4 | 1,429 |
| Primary complete | 37.1 | 681 | 20.4 | 311 | 31.9 | 992 |
| Secondary | 26.7 | 1,643 | 17.0 | 1,042 | 23.0 | 2,685 |
| More than secondary | 23.2 | 256 | 10.4 | 211 | 17.4 | 467 |
| Wealth quintile |  |  |  |  |  |  |
| Lowest | 24.5 | 456 | 19.9 | 373 | 22.4 | 828 |
| Second | 25.0 | 526 | 15.1 | 477 | 20.3 | 1,003 |
| Middle | 29.6 | 602 | 17.4 | 539 | 23.8 | 1,140 |
| Fourth | 34.9 | 774 | 21.6 | 625 | 29.0 | 1,399 |
| Highest | 30.7 | 817 | 18.6 | 633 | 25.4 | 1,450 |
| Total 15-49 | 29.7 | 3,175 | 18.6 | 2,646 | 24.6 | 5,821 |
| 50-59 | na | na | 28.8 | 275 | na | na |
| Total 15-59 | na | na | 19.6 | 2,921 | na | na |

Note: Figures in parentheses are based on 25-49 unweighted cases.
na $=$ Not applicable

Table 13.5 HIV prevalence by demographic characteristics
Percentage HIV positive among women and men age 15-49 who were tested, by demographic characteristics, Lesotho 2014

| Demographic characteristic | Women |  | Men |  | Total |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Percentage HIV positive | Number | Percentage HIV positive | Number | Percentage HIV positive | Number |
| Marital status |  |  |  |  |  |  |
| Never married | 16.1 | 1,055 | 8.7 | 1,512 | 11.7 | 2,566 |
| Ever had sex | 23.8 | 655 | 9.3 | 1,165 | 14.5 | 1,820 |
| Never had sex | 3.6 | 399 | 6.7 | 347 | 5.0 | 746 |
| Married/living together | 31.0 | 1,718 | 29.6 | 967 | 30.5 | 2,686 |
| Divorced or separated | 48.6 | 169 | 43.3 | 124 | 46.3 | 293 |
| Widowed | 67.9 | 233 | (49.3) | 43 | 64.9 | 276 |
| Type of union |  |  |  |  |  |  |
| In polygynous union | (65.1) | 38 | * | 27 | 62.7 | 64 |
| In non-polygynous union | 29.9 | 1,613 | 28.8 | 940 | 29.5 | 2,553 |
| Not currently in union | 28.2 | 1,456 | 12.3 | 1,679 | 19.7 | 3,136 |
| In union, polygyny status unknown | 37.8 | 68 | nc | 0 | na | na |
| Times slept away from home in past 12 months |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
| None | 27.5 | 1,583 | 18.1 | 1,249 | 23.3 | 2,832 |
| 1-2 | 28.9 | 713 | 17.6 | 498 | 24.2 | 1,211 |
| 3-4 | 32.9 | 304 | 16.3 | 239 | 25.6 | 543 |
| 5+ | 34.9 | 574 | 21.2 | 659 | 27.6 | 1,233 |
| Time away in past 12 months |  |  |  |  |  |  |
| Away for more than 1 month | 27.0 | 462 | 18.8 | 483 | 22.8 | 944 |
| Away for less than 1 month | 33.8 | 1,130 | 19.2 | 913 | 27.3 | 2,043 |
| Not away | 27.5 | 1,583 | 18.1 | 1,251 | 23.4 | 2,834 |
| Time away in past 5 years |  |  |  |  |  |  |
| Away for 3 or more months at a time once <br> 32.9 <br> 345 <br> 16.9 <br> 366 <br> 24.7 |  |  |  |  |  |  |
| Away for 3 or more months at a time more than once | 33.6 | 314 | 21.8 | 383 | 27.1 | 697 |
| Not away for 3 or more months at a time | 28.7 | 2,516 | 18.3 | 1,897 | 24.3 | 4,413 |
| Currently pregnant |  |  |  |  |  |  |
| Pregnant | 24.7 | 131 | na | na | na | na |
| Not pregnant or not sure | 29.9 | 3,044 | na | na | na | na |
| ANC for last birth in the last 3 years |  |  |  |  |  |  |
| ANC provided by the public sector | 26.8 | 664 | na | na | na | na |
| ANC provided by other than the public sector | 26.2 | 226 | na | na | na | na |
| No ANC/No birth in last 3 years | 30.8 | 2,285 | na | na | na | na |
| Male circumcision |  |  |  |  |  |  |
| Traditionally or medically circumcised ${ }^{1}$ | na | na | 17.8 | 1,926 | na | na |
| Traditionally circumcised only | na | na | 20.8 | 1,175 | na | na |
| Medically circumcised only | na | na | 13.5 | 624 | na | na |
| Both traditionally and medically circumcised | na | na | 11.0 | 124 | na | na |
| Not circumcised | na | na | 20.8 | 719 | na | na |
| Don't know | na | na | * | 1 | na | na |
| Total 15-49 | 29.7 | 3,175 | 18.6 | 2,646 | 24.6 | 5,821 |
| 50-59 | na | na | 28.8 | 275 | na | na |
| Total 15-59 | na | na | 19.6 | 2,921 | na | na |

Notes: Total includes 1 man for whom information on times slept away from home in the past 12 months is missing. Figures in parentheses are based on 25-49 unweighted cases. An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.
na $=$ Not applicable
$\mathrm{nc}=$ No cases
${ }^{1}$ Includes men who know that they have been traditionally circumcised but not whether they have been medically circumcised, and men who know that they have been medically circumcised but not whether they have been traditionally circumcised.

Table 13.6 HIV prevalence by male circumcision
Among men age 15-49 who were tested for HIV, the percentage HIV positive by whether traditionally or medically circumcised, according to background characteristics, Lesotho 2014

| Background characteristic | Traditionally or medically circumcised ${ }^{1}$ |  | Traditionally circumcised only |  | Medically circumcised only |  | Both traditionally and medically circumcised |  | Not circumcised |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Percentage HIV positive | Number | Percentage HIV positive | Number | Percentage HIV positive | Number | Percentage HIV positive | Number | Percentage <br> HIV positive | Number |
| Age |  |  |  |  |  |  |  |  |  |  |
| 15-19 | 2.8 | 416 | 4.7 | 177 | 1.5 | 217 | * | 23 | 7.6 | 290 |
| 20-24 | 7.0 | 468 | 3.8 | 262 | 11.3 | 160 | (9.9) | 46 | 10.2 | 98 |
| 25-29 | 17.5 | 313 | 22.1 | 213 | 8.5 | 75 | * | 26 | 19.7 | 89 |
| 30-34 | 28.2 | 244 | 25.9 | 170 | 37.0 | 65 | * | 9 | 25.6 | 74 |
| 35-39 | 38.7 | 199 | 42.9 | 135 | (27.8) | 48 | * | 12 | 48.3 | 71 |
| 40-44 | 39.2 | 157 | 40.2 | 124 | (38.4) | 27 | * | 6 | (54.7) | 60 |
| 45-49 | 28.6 | 129 | 29.4 | 94 | (28.2) | 33 | * | 2 | (36.7) | 37 |
| Religion |  |  |  |  |  |  |  |  |  |  |
| Roman Catholic | 18.6 | 790 | 19.7 | 486 | 16.4 | 258 | (19.8) | 46 | 19.7 | 302 |
| Lesotho Evangelical | 19.0 | 363 | 23.2 | 211 | 13.7 | 124 | (10.8) | 27 | 22.0 | 108 |
| Anglican | 13.7 | 138 | 11.5 | 90 | (20.9) | 41 | * | 7 | 42.3 | 62 |
| Pentecostal | 17.4 | 367 | 25.4 | 216 | 6.1 | 119 | * | 28 | 17.1 | 127 |
| Other Christian | 16.4 | 127 | 25.6 | 67 | 7.2 | 50 | * | 10 | 11.7 | 61 |
| Other non-Christian | * | 26 | * | 15 | * | 9 | * | 1 | * | 11 |
| No religion | 13.8 | 116 | 15.1 | 90 | * | 21 | * | 5 | (21.5) | 47 |
| Residence |  |  |  |  |  |  |  |  |  |  |
| Urban | 20.6 | 642 | 32.8 | 206 | 15.3 | 388 | (10.4) | 48 | 29.1 | 276 |
| Rural | 16.4 | 1,284 | 18.3 | 969 | 10.5 | 236 | 11.3 | 76 | 15.6 | 443 |
| Ecological zone |  |  |  |  |  |  |  |  |  |  |
| Lowlands | 18.1 | 1,205 | 23.3 | 596 | 13.2 | 531 | (11.6) | 78 | 25.5 | 492 |
| Foothills | 20.9 | 180 | 20.0 | 147 | * | 24 | * | 7 | 11.9 | 67 |
| Mountains | 15.2 | 407 | 16.5 | 332 | 7.3 | 44 | (13.1) | 29 | 9.6 | 122 |
| Senqu River Valley | 19.0 | 134 | 21.8 | 100 | 12.0 | 25 | * | 9 | 11.1 | 38 |
| District |  |  |  |  |  |  |  |  |  |  |
| Butha-Buthe | 21.6 | 112 | 22.4 | 88 | (17.2) | 18 | * | 6 | (15.2) | 30 |
| Leribe | 15.6 | 286 | 20.4 | 175 | 1.9 | 93 | * | 16 | 23.0 | 100 |
| Berea | 16.2 | 263 | 22.2 | 131 | 11.3 | 114 | * | 17 | 23.4 | 115 |
| Maseru | 20.3 | 561 | 25.4 | 249 | 17.6 | 269 | * | 43 | 27.1 | 248 |
| Mafeteng | 21.6 | 176 | 21.6 | 121 | 23.5 | 48 | * | 8 | 18.2 | 63 |
| Mohale's Hoek | 13.8 | 149 | 15.2 | 124 | (9.6) | 18 | * | 5 | 10.3 | 52 |
| Quthing | 15.1 | 78 | 16.5 | 49 | (15.0) | 20 | * | 8 | (1.0) | 27 |
| Qacha's Nek | 12.5 | 55 | 15.0 | 40 | (7.4) | 10 | * | 5 | (14.0) | 18 |
| Mokhotlong | 10.1 | 112 | 12.2 | 88 | (4.1) | 13 | * | 11 | (7.5) | 31 |
| Thaba-Tseka | 21.8 | 134 | 24.8 | 109 | (9.2) | 21 | * | 4 | (16.4) | 36 |
| Education |  |  |  |  |  |  |  |  |  |  |
| No education | 28.5 | 185 | 28.3 | 171 | * | 1 | * | 9 | (38.0) | 27 |
| Primary incomplete | 19.9 | 631 | 21.8 | 541 | (8.9) | 51 | (7.8) | 39 | 17.2 | 239 |
| Primary complete | 18.6 | 227 | 17.2 | 162 | (23.5) | 52 | * | 13 | 25.2 | 84 |
| Secondary | 14.8 | 725 | 16.7 | 290 | 14.1 | 388 | (9.0) | 48 | 22.1 | 317 |
| More than secondary | 9.3 | 158 | * | 11 | 9.6 | 131 | * | 16 | (13.7) | 52 |
| Wealth quintile |  |  |  |  |  |  |  |  |  |  |
| Lowest | 21.5 | 286 | 21.8 | 260 | * | 9 | * | 17 | 14.4 | 87 |
| Second | 16.3 | 357 | 18.7 | 280 | (6.2) | 49 | * | 25 | 11.6 | 120 |
| Middle | 15.5 | 386 | 17.1 | 289 | 12.6 | 80 | * | 17 | 22.0 | 153 |
| Fourth | 19.9 | 447 | 23.9 | 226 | 15.0 | 190 | * | 31 | 26.1 | 179 |
| Highest | 16.6 | 452 | 26.8 | 121 | 13.8 | 295 | (5.0) | 34 | 23.8 | 180 |
| Total 15-49 | 17.8 | 1,926 | 20.8 | 1,175 | 13.5 | 624 | 11.0 | 124 | 20.8 | 719 |
| 50-59 | 27.9 | 192 | 29.4 | 152 | (23.8) | 36 | * | 3 | 30.8 | 80 |
| Total 15-59 | 18.7 | 2,118 | 21.8 | 1,328 | 14.1 | 659 | 10.9 | 127 | 21.8 | 799 |

Note: Figures in parentheses are based on 25-49 unweighted cases. An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.
${ }^{1}$ Includes men who know that they have been traditionally circumcised but not whether they have been medically circumcised, and men who know that they have been medically circumcised but not whether they have been traditionally circumcised.

Table 13.7 HIV prevalence by sexual behaviour
Percentage HIV positive among women and men age 15-49 who ever had sex and were tested for HIV, by sexual behaviour characteristics, Lesotho 2014

| Sexual behaviour characteristic | Women |  | Men |  | Total |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Percentage HIV positive | Number | Percentage HIV positive | Number | Percentage HIV positive | Number |
| Age at first sexual intercourse |  |  |  |  |  |  |
| <16 | 36.4 | 509 | 14.6 | 752 | 23.4 | 1,261 |
| 16-17 | 32.7 | 865 | 17.9 | 600 | 26.7 | 1,465 |
| 18-19 | 33.0 | 738 | 20.6 | 429 | 28.5 | 1,167 |
| 20+ | 32.7 | 639 | 32.7 | 481 | 32.7 | 1,120 |
| Don't know/missing | (29.1) | 25 | (16.9) | 37 | 21.8 | 62 |
| Multiple sexual partners and partner concurrency in past 12 months |  |  |  |  |  |  |
| 0 | 34.6 | 344 | 16.1 | 248 | 26.8 | 593 |
| 1 | 31.8 | 2,197 | 21.1 | 1,316 | 27.8 | 3,513 |
| 2+ | 46.7 | 212 | 20.5 | 698 | 26.6 | 909 |
| Had concurrent partners ${ }^{1}$ | 55.2 | 65 | 27.4 | 202 | 34.2 | 268 |
| None of the partners were concurrent | 42.9 | 147 | 17.7 | 495 | 23.4 | 642 |
| Missing | (52.1) | 23 | (22.5) | 38 | 33.6 | 61 |
| Condom use at last sexual intercourse in past 12 months |  |  |  |  |  |  |
| Used condom | 40.5 | 1,181 | 20.2 | 1,243 | 30.1 | 2,424 |
| Did not use condom | 25.9 | 1,228 | 22.1 | 770 | 24.4 | 1,998 |
| No sexual intercourse in last 12 months | 35.7 | 367 | 16.9 | 286 | 27.5 | 653 |
| Number of lifetime partners |  |  |  |  |  |  |
| 1 | 19.8 | 982 | 11.5 | 222 | 18.3 | 1,203 |
| 2 | 33.3 | 748 | 14.1 | 312 | 27.7 | 1,061 |
| 3-4 | 41.9 | 693 | 15.9 | 569 | 30.2 | 1,263 |
| 5-9 | 51.0 | 256 | 22.2 | 571 | 31.1 | 828 |
| 10+ | 69.7 | 71 | 29.1 | 573 | 33.6 | 644 |
| Don't know | (52.4) | 25 | 30.7 | 52 | 37.8 | 77 |
| Paid for sexual intercourse in past |  |  |  |  |  |  |
| 12 months |  |  |  |  |  |  |
| Yes | na | na | 16.8 | 79 | na | na |
| Used condom | na | na | 18.0 | 71 | na | na |
| Did not use condom | na | na | * | 9 | na | na |
| No/no sexual intercourse in past 12 months | na | na | 20.5 | 2,220 | na | na |
| Total 15-49 | 33.4 | 2,776 | 20.4 | 2,300 | 27.5 | 5,075 |
| 50-59 | na | na | 29.0 | 273 | na | na |
| Total 15-59 | na | na | 21.3 | 2,572 | na | na |

Note: Figures in parentheses are based on 25-49 unweighted cases. An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.
na = Not applicable
${ }^{1}$ A respondent is considered to have had concurrent partners if he or she had overlapping sexual partnerships with two or more people during the 12 months before the survey. (Respondents with concurrent partners include polygynous men who had overlapping sexual partnerships with two or more wives).

Table 13.8 HIV prevalence among young people by background characteristics
Percentage HIV positive among women and men age 15-24 who were tested for HIV, by background characteristics, Lesotho 2014

| Background characteristic | Women |  | Men |  | Total |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Percentage HIV positive | Number | Percentage HIV positive | Number | Percentage HIV positive | Number |
| Age |  |  |  |  |  |  |
| 15-19 | 5.4 | 704 | 4.8 | 706 | 5.1 | 1,410 |
| 15-17 | 5.6 | 424 | 4.8 | 423 | 5.2 | 848 |
| 18-19 | 5.2 | 280 | 4.7 | 283 | 5.0 | 563 |
| 20-24 | 21.5 | 638 | 7.5 | 566 | 14.9 | 1,204 |
| 20-22 | 17.1 | 409 | 5.7 | 365 | 11.7 | 774 |
| 23-24 | 29.3 | 230 | 10.9 | 201 | 20.7 | 431 |
| Marital status |  |  |  |  |  |  |
| Never married | 8.9 | 836 | 5.5 | 1,174 | 6.9 | 2,010 |
| Ever had sex | 13.6 | 443 | 5.1 | 847 | 8.0 | 1,290 |
| Never had sex | 3.7 | 392 | 6.3 | 327 | 4.9 | 720 |
| Married/living together | 17.4 | 460 | 11.7 | 92 | 16.5 | 552 |
| Divorced/separated/widowed |  | 47 | * | 6 | (41.9) | 53 |
| Currently pregnant |  |  |  |  |  |  |
| Pregnant | 16.9 | 77 | na | na | na | na |
| Not pregnant or not sure | 12.9 | 1,266 | na | na | na | na |
| Residence |  |  |  |  |  |  |
| Urban | 16.3 | 443 | 9.2 | 402 | 12.9 | 845 |
| Rural | 11.5 | 899 | 4.5 | 870 | 8.1 | 1,769 |
| Ecological zone |  |  |  |  |  |  |
| Lowlands | 14.1 | 843 | 6.6 | 830 | 10.4 | 1,673 |
| Foothills | 13.0 | 131 | 3.2 | 119 | 8.4 | 250 |
| Mountains | 11.6 | 271 | 4.8 | 237 | 8.4 | 507 |
| Senqu River Valley | 8.9 | 98 | 7.0 | 87 | 8.0 | 184 |
| District |  |  |  |  |  |  |
| Butha-Buthe | 11.3 | 84 | 4.6 | 64 | 8.4 | 148 |
| Leribe | 12.4 | 208 | 5.8 | 194 | 9.2 | 402 |
| Berea | 11.8 | 168 | 1.4 | 179 | 6.5 | 347 |
| Maseru | 15.9 | 373 | 9.5 | 391 | 12.6 | 764 |
| Mafeteng | 14.1 | 122 | 6.8 | 118 | 10.5 | 240 |
| Mohale's Hoek | 10.7 | 109 | 4.1 | 101 | 7.5 | 210 |
| Quthing | 9.7 | 76 | 4.8 | 55 | 7.7 | 131 |
| Qacha's Nek | 11.7 | 39 | 3.1 | 35 | 7.6 | 74 |
| Mokhotlong | 11.0 | 81 | 2.1 | 71 | 6.8 | 152 |
| Thaba-Tseka | 14.0 | 82 | 7.5 | 64 | 11.1 | 146 |
| Education |  |  |  |  |  |  |
| No education | * | 1 | (10.6) | 27 | (10.4) | 28 |
| Primary incomplete | 12.1 | 186 | 5.3 | 404 | 7.4 | 590 |
| Primary complete | 15.0 | 188 | 6.2 | 122 | 11.5 | 310 |
| Secondary | 12.5 | 904 | 6.3 | 649 | 9.9 | 1,552 |
| More than secondary | 18.1 | 63 | (5.2) | 70 | 11.3 | 134 |
| Wealth quintile |  |  |  |  |  |  |
| Lowest | 13.3 | 204 | 7.8 | 147 | 11.0 | 351 |
| Second | 8.6 | 236 | 3.1 | 225 | 5.9 | 462 |
| Middle | 12.6 | 273 | 3.2 | 285 | 7.8 | 558 |
| Fourth | 16.6 | 329 | 8.4 | 324 | 12.5 | 653 |
| Highest | 13.1 | 300 | 7.5 | 292 | 10.3 | 591 |
| Total 15-24 | 13.1 | 1,342 | 6.0 | 1,272 | 9.6 | 2,615 |

Note: Figures in parentheses are based on 25-49 unweighted cases. An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.
na $=$ Not applicable

Table 13.9 HIV prevalence among young people by sexual behaviour
Percentage HIV-positive among women and men age 15-24 who have ever had sex and were tested for HIV, by sexual behaviour, Lesotho 2014

| Sexual behaviour characteristic | Women |  | Men |  | Total |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Percentage HIV positive | Number | Percentage HIV positive | Number | Percentage HIV positive | Number |
| Multiple sexual partners and partner concurrency in past 12 months |  |  |  |  |  |  |
| 0 | 12.8 | 136 | 4.1 | 147 | 8.3 | 282 |
| 1 | 17.5 | 738 | 4.5 | 494 | 12.3 | 1,232 |
| 2+ | 19.1 | 71 | 8.4 | 286 | 10.6 | 357 |
| Had concurrent partners ${ }^{1}$ | * | 12 | 7.0 | 59 | 8.6 | 71 |
| None of the partners were concurrent | 19.6 | 60 | 8.8 | 226 | 11.1 | 286 |
| Condom use at last sexual intercourse in past 12 months |  |  |  |  |  |  |
| Used condom | 20.7 | 476 | 5.6 | 600 | 12.3 | 1,076 |
| Did not use condom | 13.3 | 333 | 7.3 | 180 | 11.2 | 513 |
| No sexual intercourse in last 12 months | 13.1 | 141 | 5.5 | 165 | 9.0 | 306 |
| Total 15-24 | 17.0 | 950 | 5.9 | 945 | 11.4 | 1,895 |

Notes: Total includes 5 women and 18 men for whom information on multiple sexual partners and partner concurrency in the past 12 months is missing. An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.
${ }^{1}$ A respondent is considered to have had concurrent partners if he or she had overlapping sexual partnerships with two or more people during the 12 months before the survey. (Respondents with concurrent partners include polygynous men who had overlapping sexual partnerships with two or more wives).

Table 13.10 HIV prevalence by other characteristics
Percentage HIV positive among women and men age 15-49 who ever had sex and were tested for HIV, by whether had an STI in the past 12 months and by prior testing for HIV, Lesotho 2014

| Characteristic | Women |  | Men |  | Total |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Percentage HIV positive | Number | Percentage HIV positive | Number | Percentage HIV positive | Number |
| Sexually transmitted infection in past 12 months |  |  |  |  |  |  |
| Had STI or STI symptoms | 36.1 | 458 | 28.5 | 271 | 33.3 | 729 |
| No STI, no symptoms | 32.9 | 2,305 | 19.3 | 2,021 | 26.6 | 4,326 |
| Don't know | * | 13 | * | 8 | * | 21 |
| Prior HIV testing |  |  |  |  |  |  |
| Ever tested | 35.0 | 2,541 | 23.4 | 1,585 | 30.5 | 4,126 |
| Received results | 34.4 | 2,483 | 23.1 | 1,527 | 30.1 | 4,010 |
| Did not received results | 59.4 | 58 | 31.7 | 58 | 45.5 | 116 |
| Never tested | 16.8 | 235 | 13.8 | 714 | 14.5 | 949 |
| Total 15-49 | 33.4 | 2,776 | 20.4 | 2,300 | 27.5 | 5,075 |

Note: An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.

Table 13.11 Prior HIV testing by current HIV status
Percent distribution of women and men age 15-49 who tested HIV positive and who tested HIV negative by HIV testing status prior to the survey, Lesotho 2014

| HIV testing prior to the survey | Women |  | Men |  | Total |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | HIV positive | HIV negative | HIV positive | HIV negative | HIV positive | HIV negative |
| Previously tested |  |  |  |  |  |  |
| Received result of last test | 91.1 | 79.7 | 73.4 | 61.2 | 85.0 | 70.6 |
| Did not receive result of last test | 4.0 | 1.5 | 3.8 | 1.9 | 3.9 | 1.7 |
| Not previously tested | 4.9 | 18.8 | 22.8 | 36.8 | 11.0 | 27.6 |
| Total | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 |
| Number | 942 | 2,233 | 493 | 2,154 | 1,435 | 4,386 |

## Table 13.12 HIV prevalence among couples

Percent distribution of couples living in the same household, both of whom were tested for HIV, by HIV status, according to background characteristics, Lesotho 2014

| Background characteristic | Both HIV positive | Man HIV positive, woman HIV negative | Woman HIV positive, man HIV negative | Both HIV negative | Total | Number |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Woman's age |  |  |  |  |  |  |
| 15-19 | 1.2 | 6.6 | 1.3 | 90.9 | 100.0 | 52 |
| 20-29 | 18.3 | 7.5 | 11.3 | 63.0 | 100.0 | 270 |
| 30-39 | 25.3 | 7.4 | 4.7 | 62.6 | 100.0 | 234 |
| 40-49 | 20.7 | 11.2 | 4.7 | 63.4 | 100.0 | 151 |
| Man's age |  |  |  |  |  |  |
| 15-19 | * | * | * | * | 100.0 | 8 |
| 20-29 | 11.6 | 4.6 | 7.8 | 76.0 | 100.0 | 180 |
| 30-39 | 21.3 | 10.1 | 8.9 | 59.7 | 100.0 | 252 |
| 40-49 | 29.1 | 7.1 | 3.4 | 60.4 | 100.0 | 190 |
| 50-59 | 13.9 | 13.5 | 7.9 | 64.7 | 100.0 | 79 |
| Age difference between partners |  |  |  |  |  |  |
| Woman older | (10.7) | (0.0) | (6.0) | (83.2) | 100.0 | 26 |
| Same age/man older by 0-4 years | 19.6 | 7.4 | 5.0 | 68.0 | 100.0 | 355 |
| Man older by 5-9 years | 19.7 | 10.8 | 9.1 | 60.5 | 100.0 | 242 |
| Man older by 10-14 years | 17.6 | 8.5 | 11.4 | 62.5 | 100.0 | 65 |
| Man older by $15+$ years | * | * | * | * | 100.0 | 20 |
| Type of union |  |  |  |  |  |  |
| Non-polygynous | 18.8 | 8.2 | 6.9 | 66.1 | 100.0 | 686 |
| Polygynous | * | * | * | * | 100.0 | 10 |
| In union, polygyny status unknown or missing | * | * | * | * | 100.0 | 12 |
| Multiple partners in past 12 months ${ }^{1}$ |  |  |  |  |  |  |
| Both no | 21.3 | 7.6 | 4.9 | 66.2 | 100.0 | 484 |
| Man yes, woman no | 13.3 | 9.4 | 10.8 | 66.4 | 100.0 | 180 |
| Woman yes, man no | * | * | * | * | 100.0 | 20 |
| Both yes | * | * | * | * | 100.0 | 17 |
| Either missing | * | * | * | * | 100.0 | 7 |
| Concurrent sexual partners in past 12 months ${ }^{2}$ |  |  |  |  |  |  |
| Both no | 20.9 | 7.4 | 6.3 | 65.4 | 100.0 | 609 |
| Man yes, woman no | 13.6 | 14.0 | 7.1 | 65.2 | 100.0 | 83 |
| Woman yes, man no | * | * | * | * | 100.0 | 11 |
| Both yes | * | * | * | * | 100.0 | 4 |
| Residence |  |  |  |  |  |  |
| Urban | 27.8 | 6.4 | 8.6 | 57.2 | 100.0 | 238 |
| Rural | 15.9 | 9.1 | 6.1 | 69.0 | 100.0 | 470 |
| Ecological zone |  |  |  |  |  |  |
| Lowlands | 21.3 | 9.6 | 7.6 | 61.5 | 100.0 | 423 |
| Foothills | 21.0 | 7.4 | 6.1 | 65.5 | 100.0 | 68 |
| Mountains | 16.4 | 4.2 | 6.8 | 72.6 | 100.0 | 173 |
| Senqu River Valley | 17.3 | 11.8 | 2.7 | 68.2 | 100.0 | 43 |
| District |  |  |  |  |  |  |
| Butha-Buthe | 12.1 | 3.3 | 5.5 | 79.1 | 100.0 | 45 |
| Leribe | 11.7 | 14.6 | 9.3 | 64.3 | 100.0 | 95 |
| Berea | 16.4 | 10.7 | 9.9 | 63.0 | 100.0 | 90 |
| Maseru | 30.1 | 6.8 | 5.6 | 57.5 | 100.0 | 222 |
| Mafeteng | 16.2 | 10.7 | 4.8 | 68.3 | 100.0 | 54 |
| Mohale's Hoek | 15.6 | 8.8 | 2.1 | 73.5 | 100.0 | 46 |
| Quthing | (15.4) | (2.9) | (7.6) | (74.1) | 100.0 | 23 |
| Qacha's Nek | 14.7 | 2.7 | 9.6 | 73.0 | 100.0 | 18 |
| Mokhotlong | 13.9 | 5.7 | 9.7 | 70.6 | 100.0 | 49 |
| Thaba-Tseka | 20.3 | 6.4 | 7.0 | 66.3 | 100.0 | 67 |
| Woman's education |  |  |  |  |  |  |
| No education | * | * | * | * | 100.0 | 13 |
| Primary incomplete | 21.1 | 10.6 | 8.5 | 59.8 | 100.0 | 148 |
| Primary complete | 18.2 | 10.2 | 5.5 | 66.2 | 100.0 | 182 |
| Secondary | 21.5 | 6.2 | 5.4 | 66.9 | 100.0 | 301 |
| More than secondary | 15.0 | 7.8 | 14.1 | 63.1 | 100.0 | 63 |


| Table 13.12-Continued |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Background characteristic | Both HIV positive | Man HIV positive, woman HIV negative | Woman HIV positive, man HIV negative | Both HIV negative | Total | Number |
| Man's education |  |  |  |  |  |  |
| No education | 20.9 | 6.5 | 4.3 | 68.3 | 100.0 | 101 |
| Primary incomplete | 18.5 | 9.6 | 7.0 | 64.9 | 100.0 | 260 |
| Primary complete | 14.8 | 12.0 | 9.1 | 64.1 | 100.0 | 92 |
| Secondary | 27.1 | 6.4 | 4.6 | 61.9 | 100.0 | 194 |
| More than secondary | 8.9 | 4.8 | 15.4 | 70.9 | 100.0 | 61 |
| Wealth quintile |  |  |  |  |  |  |
| Lowest | 15.1 | 9.5 | 6.2 | 69.2 | 100.0 | 133 |
| Second | 15.7 | 6.9 | 5.9 | 71.5 | 100.0 | 133 |
| Middle | 15.9 | 9.9 | 9.6 | 64.6 | 100.0 | 122 |
| Fourth | 28.7 | 7.1 | 4.2 | 59.9 | 100.0 | 152 |
| Highest | 21.8 | 7.9 | 8.8 | 61.4 | 100.0 | 168 |
| Total | 19.9 | 8.2 | 6.9 | 65.0 | 100.0 | 708 |

Notes: The table is based on couples for which a valid test result (positive or negative) is available for both partners. Figures in parentheses are based on 25-49 unweighted cases. An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed
${ }^{1}$ A respondent is considered to have had multiple sexual partners in the past 12 months if he or she had sexual intercourse with two or more people during this time period. (Respondents with multiple partners include polygynous men who had sexual intercourse with two or more wives.)
${ }^{2}$ A respondent is considered to have had concurrent partners if he or she had overlapping sexual partnerships with two or more people during the 12 months before the survey. (Respondents with concurrent partners include polygynous men who had overlapping sexual partnerships with two or more wives).

## WOMEN'S EMPOWERMENT

## Key Findings

- Employment and control over earnings: About half of currently married women are employed compared with $83 \%$ of currently married men. One-third of currently married women who receive cash earnings report deciding for themselves how earnings will be used; $62 \%$ say they decide on use of earnings with their husband.
- Ownership of assets: About one third of women own a house, and $28 \%$ own land. In contrast, only one in four men owns a house or land.
- Participation in decision making: Sixty-five percent of currently married women make decisions, either alone or jointly, about their own health care, whether to visit their families and relatives, and major household purchases.
- Attitude towards wife beating: Thirty-three percent of women and $40 \%$ of men believe that a husband is justified in beating his wife in at least one of five specified circumstances.

TThis chapter explores women's empowerment in terms of employment, earnings, control over earnings, and magnitude of earnings relative to those of their partners. In addition, responses to specific questions are used to define two different indicators of women's empowerment: women's participation in household decision making and women's attitudes towards wife beating.

### 14.1 Married Women's and Men's Employment

## Employment

Respondents are considered to be employed if they have done any work other than their housework in the 12 months before the survey.
Sample: Currently married women and men age 15-49

## Earning cash for employment

Respondents are asked if they are paid for their labour in cash or in kind. Only those who receive payment in cash only or in cash and in kind are considered to earn cash for their employment.
Sample: Currently married women and men age 15-49 employed in the 12 months before the survey

Men are more likely to be employed than women. Half of currently married women age 15-49 reported being employed at any time in the 12 months before the survey compared with $83 \%$ of currently married men age 15-49 (Table 14.1).

Not all women and men receive earnings for the work they do; however, among those who do receive earnings, most but not all receive cash. Among those employed, cash only is the most common form of payment for both women and men; however women are slightly more likely to be paid in cash only for their work compared with men ( $82 \%$ and $78 \%$, respectively). Fourteen percent of women and $15 \%$ of men do not receive any form of earnings for their work.

Trends: Since 2004, employment among currently married women has remained stable at 49-50\%. The proportion of women receiving cash earnings only, increased from $53 \%$ in 2004 to $67 \%$ in 2009 , and to $82 \%$ in 2014, while the proportion who did not receive any earnings for their work decreased from $39 \%$ in 2004 to $27 \%$ in 2009 to $14 \%$ in 2014. Among currently married men employment increased from $63 \%$ in 2004 to $85 \%$ in 2009 before falling slightly to $83 \%$ in 2014 . The proportion of men receiving cash earnings alone decreased from $75 \%$ in 2004 to $60 \%$ in 2009 , but then increased to $78 \%$ in 2014 . The proportion that did not receive any earnings for their work increased from $18 \%$ in 2004 to $32 \%$ in 2009 and decreased to $15 \%$ in 2014.

Figure 14.1 Women's and men's employment by age

Percentage of currently married women and men who were employed at any time in the past 12 months


Patterns by background characteristics

- Employment increases with age among currently married women, peaking in the 30-34 age group (62\%), and then declining. Similarly, employment among currently married men rises with age, peaking in the 3539 age group (88\%), and then declining slightly (Figure 14.1).
- The youngest and oldest age groups of currently married, employed women (those age 15-19 and 45-49) are the most likely not to be paid ( $22 \%$ for each) compared with other age groups. This contrasts with men, where the oldest age group (45-49) of currently married, employed men is the least likely to not be paid (11\%).


### 14.2 Control over Women's Earnings

## Control over one's own cash earnings

Respondents are considered to have control over their own earnings if they participate in decisions alone or jointly with their husband about how their own earnings will be used.
Sample: Currently married women age 15-49 who received cash earnings for employment during the 12 months before the survey

To assess women's autonomy, currently married women who earned cash for their work in the 12 months before the survey were asked who the main decision maker was with regard to the use of their earnings. Women gain direct access to economic resources when they are paid for work in cash and have autonomy to make decisions about how to spend this earned cash.

One-third (33\%)of currently married women who receive cash earnings report deciding for themselves how their earnings are used, while $62 \%$ indicated that the decision is made jointly with their husband (Table 14.2.1, Figure 14.2). Only $4 \%$ of women report that their husband mainly decides how their earnings are used. In couples where both women and men earned cash, $55 \%$ of women reported that they earn less than their husbands and $15 \%$ report earning more.

Trends: Since 2004, women's ability to make independent decisions on the use of their earnings has declined (from 52\% in 2004 to $37 \%$ in 2009 and $33 \%$ in 2014). However, during this same time frame, women's ability to make joint decisions with their husband has increased (from $36 \%$ in 2004 to $58 \%$ in 2009 and to $62 \%$

Figure 14.2 Control over women's earnings

Percent distribution of currently married
women with cash earnings in the
last 12 months
$\begin{aligned} & \text { Wife and } \\ & \text { husband } \\ & \text { jointly } \\ & 62 \%\end{aligned}$
Mainly
Musband
$4 \%$ in 2014). Overall, in the last decade, women's ability to make decisions either independently or jointly with their husbands on the use of their earnings has increased, from $88 \%$ in 2004 to $94 \%$ in 2009 to $95 \%$ in 2014.

## Patterns by background characteristics

- Women in rural areas (37\%) are more likely to make independent decisions on the use of their earnings than women in the urban areas ( $30 \%$ ).
- Decision-making on the use of their earnings by currently married women differs across districts. The proportion of women whose husbands mainly make decisions on the use of their cash earnings ranges from a low of $1 \%$ in Mokhotlong to a high of $11 \%$ in Qacha's Nek.
- Women with less education (primary incomplete) are much more likely to independently control their cash earnings (43\%) than women with more education (30-33\%). Making joint decisions is highest (67\%) among women with more than secondary education.


### 14.3 Control over Men's EARNings

Among married men age $15-49$ who receive cash earnings, $76 \%$ report that they decide jointly with their wives how to spend those earnings (Table 14.2.2). Only $14 \%$ of men indicated that they decide alone how to spend their earnings. Married women were also asked who decides how their husband's earnings are used; 72\% reported that this decision was taken jointly, while $11 \%$ reported that it was mainly the husband that made the decision.

For information on women's control over their own earnings and over those of their husbands by women's earnings relative to their husband's earnings, see Table 14.3.

### 14.4 Women's and Men’s Ownership of Assets

## Ownership of a house or land

Respondents who own a house or land, whether alone or jointly with someone else
Sample: Women and men age 15-49

Thirty-five percent of women own a house, either alone, jointly with someone, or both alone and jointly; similarly, $28 \%$ of women report that they own land, either alone, jointly, or both alone and jointly (Table 14.4.1,
Figure 14.3). Joint ownership of these assets is more common among women than is sole ownership: $26 \%$ of women own a house jointly with someone, while $21 \%$ own land jointly with someone.

Strikingly, the proportion of men age $15-49$ who own a house ( $25 \%$ ) or own land $(25 \%)$ is smaller than the

Figure 14.3 Ownership of assets
Percent distribution of women and men age 15-49 by house and land ownership
 proportion of women who own either asset (Table 14.4.2). Similar to women, joint ownership of either asset is more common among women than sole ownership.

## Patterns by background characteristics

- House and land ownership, either alone or jointly, increases with age for both women and men. While $2 \%$ of women age 15-19 own a house and $5 \%$ own land, $86 \%$ of women age $45-49$ own a house and $50 \%$ own land.
- Women's ownership of a house, either alone or jointly, is more common in rural areas than in urban areas. Forty-one percent of rural women own a house compared with $25 \%$ of urban women. No difference is seen in women's ownership of land; $28 \%$ of both rural and urban women own land, either alone or jointly. In contrast, rural men are equally likely to own a home, either alone or jointly, as urban men ( $25 \%$ for each), and rural men are less likely to own land, either alone or jointly, than urban men ( $21 \%$ versus $31 \%$ ).


### 14.5 Women's Participation in Decision Making

## Participation in major household decisions

Women are considered to participate in household decisions if they make decisions alone or jointly with their husband in all three of the following areas:
(1) the woman's own health care, (2) major household purchases, and
(3) visits to the woman's family or relatives.

Sample: Currently married women age 15-49

The 2014 LDHS sought information from currently married women on their participation in three types of household decisions: the respondent's own health care; making major household purchases; and visits to family or relatives (Table 14.5). More than seven in 10 women participate in each individual decision. Fewer women ( $72 \%$ ) participate in making decisions to visit their family or relatives than in making decisions regarding their own health care ( $89 \%$ ) or making major household purchases ( $89 \%$ ). Sixty-five percent of women participate in all three decisions, while only $3 \%$ participate in none of the three decisions (Table 14.6.1, Figure 14.4).

## Patterns by background characteristics

- Participation in all three decisions, either solely or jointly with their husband, increases with age, rising from $36 \%$ of women age 15-19 to a peak of $75 \%$ of women age 35-39.
- Urban women are more likely to participate in all three decisions, either alone or jointly with their husbands, than rural women ( $74 \%$ and $62 \%$, respectively).
- Women's participation in decision making, either alone or jointly with their husbands, increases substantially with education and wealth; $48 \%$ of women with no education participate in all three decisions compared with $83 \%$ of women with more than secondary education. Women in the wealthiest households ( $76 \%$ ) are more likely to participate in all three decisions than women in the poorest households ( $53 \%$ ).

The 2014 LDHS also collected information from currently married men on their participation in two types of household decisions: their own health care and making major household purchases. Information on men's participation in decision making is shown in Table 14.5 and Table 14.6.2.

### 14.6 Attitudes towards Wife Beating

## Attitudes towards wife beating

Respondents are asked if they agree that a husband is justified in hitting or beating his wife under each of the following five circumstances: she burns the food, she argues with him, she goes out without telling him, she neglects the children, and she refuses to have sex with him. If respondents answer 'yes' in at least one circumstance, they are considered to have attitudes justifying wife beating.
Sample: Women and men age 15-49

In Lesotho, one-third of women believe that a husband is justified in beating his wife for at least one of five specified circumstances
(Table 14.7.1). The comparable figure among men is $40 \%$ (Table

### 14.7.2, Figure 14.5).

Additionally, for each of the specified circumstances that respondents were asked about, men were just as likely as or more likely than women to agree that wife beating was justified.

Trends: Tolerance of wife beating appears to have declined over time among women and men. The proportion of women who agree that wife beating is justified in at least one of five specified circumstances has fallen from $48 \%$ in 2004 to $37 \%$ in 2009 , and to $33 \%$ in 2014 . Among men, the proportion has decreased from $53 \%$ in 2004 to $48 \%$ in 2009, finally dropping to $40 \%$ in 2014.

## Patterns by background characteristics

- Tolerance for wife beating is higher among never-married women than among ever-married women; 37\% of women who have never married agree that wife beating is justified in at least one of the five specified circumstances compared with $32 \%$ of married women and $28 \%$ of divorced, separated, or widowed women.
- Wife beating is more acceptable in rural areas than urban areas; $39 \%$ of women and $44 \%$ of men in rural areas agree that wife beating is justified in at least one of the five specified circumstances compared with $23 \%$ of women and $32 \%$ of men in urban areas.
- Women's tolerance of wife beating generally decreases with education, and a similar pattern occurs among men. Fifty-two percent of women with incomplete primary education agree with wife beating in at least one of five specified circumstances compared with only $5 \%$ of women with more than secondary education. Over half ( $53 \%$ ) of men with no education find wife beating acceptable for at least one reason compared with $17 \%$ of men with more than secondary education.
- For both women and men, tolerance of wife beating decreases steadily with wealth. However, the magnitude of the decrease differs; while about half of women and men in the lowest wealth quintile agree with wife beating in at least one of five specified circumstances, only $5 \%$ of women in the highest wealth quintile do. In contrast, $28 \%$ of men in the highest wealth quintile agree with wife beating in at least one circumstance.

For additional information on indicators of women's empowerment and variation of selected health indicators by women's empowerment, see Tables 14.8, 14.9, 14.10, 14.11, and 14.12.

For detailed information on women's empowerment and demographic and health outcomes, see the following tables:

- Table 14.1 Employment and cash earnings of currently married women and men
- Table 14.2.1 Control over women's cash earnings and relative magnitude of women's cash earnings
- Table 14.2.2 Control over men's cash earnings
- Table 14.3 Women's control over their own earnings and over those of their husbands
- Table 14.4.1 Ownership of assets: Women
- Table 14.4.2 Ownership of assets: Men
- Table 14.5 Participation in decision making
- Table 14.6.1 Women's participation in decision making by background characteristics
- Table 14.6.2 Men's participation in decision making by background characteristics
- Table 14.7.1 Attitude towards wife beating: Women
- Table 14.7.2 Attitude towards wife beating: Men
- Table 14.8 Indicators of women's empowerment
- Table 14.9 Current use of contraception by women's empowerment
- Table 14.10 Ideal number of children and unmet need for family planning by women's empowerment
- Table 14.11 Reproductive health care by women's empowerment
- Table 14.12 Early childhood mortality rates by indicators of women's empowerment

Table 14.1 Employment and cash earnings of currently married women and men
Percentage of currently married women and men age 15-49 who were employed at any time in the past 12 months and percent distribution of currently married women and men employed in the past 12 months by type of earnings, according to age, Lesotho 2014

| Age | Among currently married respondents: |  | Percent distribution of currently married respondents employed in the past 12 months, by type of earnings |  |  |  | Total | Number of respondents |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Percentage employed in past 12 months | Number of respondents | Cash only | Cash and in-kind | In-kind only | Not paid |  |  |
| WOMEN |  |  |  |  |  |  |  |  |
| 15-19 | 23.1 | 255 | 75.2 | 0.0 | 3.3 | 21.5 | 100.0 | 59 |
| 20-24 | 36.3 | 701 | 79.7 | 1.3 | 3.7 | 15.3 | 100.0 | 254 |
| 25-29 | 48.1 | 757 | 88.5 | 1.9 | 1.4 | 8.2 | 100.0 | 364 |
| 30-34 | 61.7 | 669 | 82.5 | 1.8 | 1.9 | 13.8 | 100.0 | 413 |
| 35-39 | 60.0 | 544 | 85.4 | 3.6 | 1.5 | 9.6 | 100.0 | 327 |
| 40-44 | 58.2 | 377 | 76.8 | 3.6 | 1.0 | 18.6 | 100.0 | 219 |
| 45-49 | 49.0 | 310 | 75.3 | 0.9 | 2.2 | 21.6 | 100.0 | 152 |
| Total | 49.5 | 3,612 | 82.3 | 2.2 | 2.0 | 13.6 | 100.0 | 1,788 |
| MEN |  |  |  |  |  |  |  |  |
| 15-19 | * | 7 | * | * | * | * | * | 3 |
| 20-24 | 74.1 | 87 | 68.3 | 1.1 | 3.5 | 27.1 | 100.0 | 64 |
| 25-29 | 83.2 | 207 | 77.4 | 3.2 | 2.8 | 16.7 | 100.0 | 172 |
| 30-34 | 84.2 | 206 | 77.4 | 4.8 | 2.9 | 14.9 | 100.0 | 173 |
| 35-39 | 87.7 | 175 | 81.3 | 7.2 | 0.0 | 11.6 | 100.0 | 153 |
| 40-44 | 84.1 | 172 | 79.0 | 4.2 | 4.0 | 12.7 | 100.0 | 144 |
| 45-49 | 82.7 | 130 | 82.9 | 5.8 | 0.0 | 11.3 | 100.0 | 107 |
| Total 15-49 | 83.2 | 983 | 78.3 | 4.6 | 2.2 | 14.9 | 100.0 | 818 |
| 50-59 | 70.3 | 188 | 56.0 | 5.4 | 2.6 | 36.0 | 100.0 | 132 |
| Total 15-59 | 81.1 | 1,171 | 75.2 | 4.7 | 2.2 | 17.9 | 100.0 | 950 |

Note: An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.

Table 14.2.1 Control over women's cash earnings and relative magnitude of women's cash earnings
Percent distribution of currently married women age 15-49 who received cash earnings for employment in the 12 months preceding the survey by person who decides how wife's cash earnings are used and by whether she earned more or less than her husband, according to background characteristics, Lesotho 2014

| Background characteristic | Person who decides how the wife's cash earnings are used: |  |  |  | Total | Wife's cash earnings compared with husband's cash earnings: |  |  |  |  | Total | Number of women |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Mainly wife | Wife and husband jointly | Mainly husband | Other |  | More | Less | About the same | Husband has no earnings | Don't know |  |  |
| Age |  |  |  |  |  |  |  |  |  |  |  |  |
| 15-19 | (32.4) | (49.3) | (3.8) | (14.5) | 100.0 | (2.1) | (68.5) | (3.5) | (20.1) | (5.9) | 100.0 | 44 |
| 20-24 | 33.4 | 60.5 | 4.3 | 1.8 | 100.0 | 10.5 | 64.6 | 2.6 | 17.1 | 5.2 | 100.0 | 206 |
| 25-29 | 29.7 | 67.1 | 2.6 | 0.5 | 100.0 | 14.8 | 59.0 | 8.9 | 16.5 | 0.8 | 100.0 | 329 |
| 30-34 | 34.3 | 61.0 | 4.6 | 0.2 | 100.0 | 17.6 | 51.9 | 11.2 | 16.0 | 3.3 | 100.0 | 348 |
| 35-39 | 35.3 | 60.1 | 4.6 | 0.0 | 100.0 | 14.3 | 57.9 | 7.0 | 20.0 | 0.8 | 100.0 | 290 |
| 40-44 | 32.7 | 65.1 | 2.2 | 0.0 | 100.0 | 21.8 | 40.9 | 7.6 | 24.1 | 5.7 | 100.0 | 176 |
| 45-49 | 34.4 | 62.4 | 3.2 | 0.0 | 100.0 | 16.5 | 43.7 | 8.5 | 30.5 | 0.8 | 100.0 | 116 |
| Number of living children |  |  |  |  |  |  |  |  |  |  |  |  |
| 0 | 38.7 | 51.3 | 3.1 | 6.9 | 100.0 | 11.4 | 62.8 | 2.3 | 19.1 | 4.4 | 100.0 | 138 |
| 1-2 | 32.6 | 62.7 | 4.4 | 0.3 | 100.0 | 15.2 | 55.7 | 8.0 | 18.3 | 2.9 | 100.0 | 882 |
| 3-4 | 31.9 | 66.3 | 1.8 | 0.0 | 100.0 | 16.4 | 53.2 | 10.0 | 18.8 | 1.5 | 100.0 | 402 |
| 5+ | 35.2 | 58.0 | 6.8 | 0.0 | 100.0 | 18.0 | 42.5 | 5.1 | 30.5 | 4.0 | 100.0 | 88 |
| Residence |  |  |  |  |  |  |  |  |  |  |  |  |
| Urban | 29.7 | 66.6 | 3.5 | 0.2 | 100.0 | 18.0 | 57.0 | 8.8 | 13.8 | 2.5 | 100.0 | 756 |
| Rural | 36.6 | 58.0 | 3.9 | 1.4 | 100.0 | 12.6 | 52.8 | 6.9 | 24.6 | 3.0 | 100.0 | 754 |
| Ecological zone |  |  |  |  |  |  |  |  |  |  |  |  |
| Lowlands | 33.3 | 62.4 | 3.7 | 0.7 | 100.0 | 16.7 | 56.5 | 8.3 | 15.6 | 2.9 | 100.0 | 1,146 |
| Foothills | 39.1 | 57.0 | 2.8 | 1.1 | 100.0 | 9.0 | 48.7 | 3.6 | 35.2 | 3.5 | 100.0 | 121 |
| Mountains | 29.0 | 65.5 | 3.8 | 1.7 | 100.0 | 11.8 | 48.9 | 8.3 | 29.2 | 1.8 | 100.0 | 170 |
| Senqu River Valley | 30.5 | 63.0 | 5.7 | 0.8 | 100.0 | 12.0 | 54.0 | 7.2 | 25.9 | 0.9 | 100.0 | 73 |
| District |  |  |  |  |  |  |  |  |  |  |  |  |
| Butha-Buthe | 25.5 | 70.4 | 2.9 | 1.2 | 100.0 | 9.1 | 52.4 | 6.2 | 31.1 | 1.2 | 100.0 | 57 |
| Leribe | 42.8 | 52.7 | 4.0 | 0.5 | 100.0 | 14.0 | 57.9 | 5.6 | 17.5 | 5.0 | 100.0 | 263 |
| Berea | 33.3 | 61.6 | 3.4 | 1.7 | 100.0 | 15.0 | 55.2 | 10.2 | 16.8 | 2.8 | 100.0 | 224 |
| Maseru | 28.2 | 68.4 | 3.3 | 0.0 | 100.0 | 17.0 | 54.0 | 8.9 | 18.1 | 2.0 | 100.0 | 577 |
| Mafeteng | 42.9 | 52.6 | 2.8 | 1.6 | 100.0 | 22.6 | 56.4 | 7.7 | 11.4 | 1.9 | 100.0 | 108 |
| Mohale's Hoek | 35.8 | 57.2 | 5.5 | 1.5 | 100.0 | 9.9 | 64.8 | 4.2 | 17.0 | 4.0 | 100.0 | 89 |
| Quthing | 37.0 | 59.4 | 2.5 | 1.1 | 100.0 | 10.2 | 61.4 | 8.7 | 17.6 | 2.0 | 100.0 | 49 |
| Qacha's Nek | 34.0 | 55.4 | 10.5 | 0.0 | 100.0 | 8.3 | 55.0 | 8.0 | 27.4 | 1.2 | 100.0 | 30 |
| Mokhotlong | 22.8 | 72.1 | 1.3 | 3.9 | 100.0 | 14.4 | 41.4 | 8.2 | 32.1 | 3.9 | 100.0 | 42 |
| Thaba-Tseka | 27.8 | 64.5 | 5.8 | 1.9 | 100.0 | 15.8 | 40.5 | 5.1 | 37.5 | 1.1 | 100.0 | 71 |
| Education |  |  |  |  |  |  |  |  |  |  |  |  |
| No education | * | * | * | * | 100.0 | * | * | * | * | * | 100.0 | 14 |
| Primary incomplete | 42.5 | 53.4 | 3.1 | 1.1 | 100.0 | 11.1 | 50.9 | 9.7 | 27.2 | 1.1 | 100.0 | 221 |
| Primary complete | 29.6 | 64.0 | 5.8 | 0.6 | 100.0 | 10.6 | 55.2 | 7.7 | 23.7 | 2.9 | 100.0 | 314 |
| Secondary | 32.9 | 62.5 | 3.8 | 0.9 | 100.0 | 15.4 | 58.7 | 6.6 | 16.3 | 3.0 | 100.0 | 758 |
| More than secondary | 31.1 | 67.4 | 0.9 | 0.6 | 100.0 | 27.0 | 46.0 | 10.8 | 13.1 | 3.1 | 100.0 | 203 |
| Wealth quintile |  |  |  |  |  |  |  |  |  |  |  |  |
| Lowest | 39.5 | 55.6 | 2.8 | 2.1 | 100.0 | 11.6 | 40.6 | 5.8 | 39.6 | 2.4 | 100.0 | 116 |
| Second | 29.5 | 66.2 | 3.4 | 0.8 | 100.0 | 11.5 | 46.3 | 10.3 | 29.3 | 2.7 | 100.0 | 157 |
| Middle | 36.5 | 57.7 | 4.4 | 1.4 | 100.0 | 13.5 | 57.0 | 7.2 | 18.1 | 4.3 | 100.0 | 252 |
| Fourth | 31.2 | 64.7 | 3.3 | 0.8 | 100.0 | 14.8 | 59.0 | 6.9 | 17.6 | 1.7 | 100.0 | 401 |
| Highest | 32.7 | 63.0 | 3.9 | 0.3 | 100.0 | 18.3 | 56.4 | 8.5 | 14.1 | 2.8 | 100.0 | 585 |
| Total | 33.1 | 62.3 | 3.7 | 0.8 | 100.0 | 15.3 | 54.9 | 7.9 | 19.2 | 2.7 | 100.0 | 1,510 |

Note: Figures in parentheses are based on 25-49 unweighted cases. An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.

## Table 14.2.2 Control over men's cash earnings

Percent distributions of currently married men age 15-49 who receive cash earnings and of currently married women age 15-49 whose husbands receive cash earnings, by person who decides how husband's cash earnings are used, according to background characteristics, Lesotho 2014

| Background characteristic | Men |  |  |  |  |  | Women |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Person who decides how husband's cash earnings are used: |  |  |  | Total | Number of men | Person who decides how husband's cash earnings are used: |  |  |  | Total | Number of women |
|  | Mainly wife | Husband and wife jointly | Mainly husband | Other |  |  | Mainly wife | Husband and wife jointly | Mainly husband | Other |  |  |
| Age |  |  |  |  |  |  |  |  |  |  |  |  |
| 15-19 | * | * | * | * | 100.0 | 1 | 17.6 | 65.1 | 13.0 | 4.3 | 100.0 | 177 |
| 20-24 | (7.5) | (69.8) | (22.6) | (0.0) | 100.0 | 45 | 17.6 | 72.7 | 9.2 | 0.5 | 100.0 | 571 |
| 25-29 | 7.3 | 79.0 | 12.0 | 1.7 | 100.0 | 139 | 17.9 | 71.5 | 10.5 | 0.1 | 100.0 | 631 |
| 30-34 | 9.8 | 77.4 | 12.8 | 0.0 | 100.0 | 142 | 17.9 | 70.7 | 11.2 | 0.2 | 100.0 | 561 |
| 35-39 | 15.0 | 75.3 | 9.8 | 0.0 | 100.0 | 136 | 16.0 | 73.7 | 10.2 | 0.1 | 100.0 | 450 |
| 40-44 | 8.0 | 74.9 | 16.3 | 0.8 | 100.0 | 120 | 13.9 | 69.8 | 16.1 | 0.2 | 100.0 | 300 |
| 45-49 | 6.7 | 77.7 | 14.2 | 1.4 | 100.0 | 95 | 12.3 | 73.9 | 13.8 | 0.0 | 100.0 | 231 |
| Number of living children |  |  |  |  |  |  |  |  |  |  |  |  |
| 0 | 8.8 | 72.1 | 19.0 | 0.0 | 100.0 | 78 | 20.5 | 68.9 | 8.6 | 1.9 | 100.0 | 271 |
| 1-2 | 9.2 | 77.4 | 12.5 | 0.9 | 100.0 | 377 | 16.8 | 71.3 | 11.5 | 0.4 | 100.0 | 1,686 |
| 3-4 | 8.1 | 75.0 | 16.2 | 0.8 | 100.0 | 178 | 15.0 | 73.0 | 11.9 | 0.0 | 100.0 | 730 |
| 5+ | (18.0) | (80.1) | (1.8) | (0.0) | 100.0 | 45 | 16.9 | 71.4 | 11.5 | 0.2 | 100.0 | 234 |
| Residence |  |  |  |  |  |  |  |  |  |  |  |  |
| Urban | 9.0 | 78.5 | 12.5 | 0.0 | 100.0 | 322 | 17.9 | 72.9 | 9.1 | 0.2 | 100.0 | 1,005 |
| Rural | 9.9 | 74.5 | 14.4 | 1.3 | 100.0 | 356 | 16.1 | 70.9 | 12.5 | 0.6 | 100.0 | 1,917 |
| Ecological zone |  |  |  |  |  |  |  |  |  |  |  |  |
| Lowlands | 9.2 | 76.3 | 13.6 | 0.9 | 100.0 | 504 | 17.1 | 72.7 | 10.1 | 0.1 | 100.0 | 1,796 |
| Foothills | (15.1) | (66.9) | (18.0) | (0.0) | 100.0 | 51 | 14.3 | 71.3 | 12.5 | 2.0 | 100.0 | 328 |
| Mountains | 9.2 | 79.5 | 11.4 | 0.0 | 100.0 | 89 | 18.8 | 66.6 | 14.2 | 0.4 | 100.0 | 598 |
| Senqu River Valley | 6.2 | 82.8 | 11.0 | 0.0 | 100.0 | 34 | 10.9 | 76.9 | 11.5 | 0.7 | 100.0 | 199 |
| District |  |  |  |  |  |  |  |  |  |  |  |  |
| Butha-Buthe | 5.4 | 69.7 | 24.9 | 0.0 | 100.0 | 33 | 16.1 | 74.7 | 8.7 | 0.5 | 100.0 | 172 |
| Leribe | 17.7 | 75.7 | 6.6 | 0.0 | 100.0 | 92 | 15.8 | 71.1 | 13.1 | 0.0 | 100.0 | 488 |
| Berea | 8.0 | 71.2 | 20.8 | 0.0 | 100.0 | 116 | 16.6 | 69.9 | 12.0 | 1.4 | 100.0 | 389 |
| Maseru | 7.8 | 81.4 | 10.2 | 0.6 | 100.0 | 252 | 17.7 | 73.1 | 9.1 | 0.0 | 100.0 | 785 |
| Mafeteng | 7.3 | 66.4 | 22.1 | 4.2 | 100.0 | 55 | 19.4 | 68.2 | 11.5 | 1.0 | 100.0 | 258 |
| Mohale's Hoek | (12.0) | (76.1) | (9.7) | (2.2) | 100.0 | 36 | 12.8 | 75.9 | 11.0 | 0.4 | 100.0 | 251 |
| Quthing | (1.7) | (90.3) | (8.0) | (0.0) | 100.0 | 18 | 15.6 | 72.6 | 11.1 | 0.7 | 100.0 | 140 |
| Qacha's Nek | (10.6) | (64.1) | (25.3) | (0.0) | 100.0 | 16 | 14.3 | 69.4 | 15.2 | 1.1 | 100.0 | 84 |
| Mokhotlong | (10.8) | (80.1) | (9.1) | (0.0) | 100.0 | 25 | 10.0 | 80.2 | 9.3 | 0.4 | 100.0 | 126 |
| Thaba-Tseka | 12.0 | 77.4 | 10.6 | 0.0 | 100.0 | 34 | 21.8 | 61.8 | 16.1 | 0.3 | 100.0 | 230 |
| Education |  |  |  |  |  |  |  |  |  |  |  |  |
| No education | 10.7 | 73.7 | 15.6 | 0.0 | 100.0 | 45 | (13.6) | (69.8) | (16.6) | (0.0) | 100.0 | 32 |
| Primary incomplete | 15.0 | 69.2 | 15.1 | 0.8 | 100.0 | 196 | 20.5 | 64.9 | 14.1 | 0.6 | 100.0 | 514 |
| Primary complete | 6.7 | 76.6 | 15.5 | 1.3 | 100.0 | 104 | 16.8 | 69.6 | 13.3 | 0.3 | 100.0 | 710 |
| Secondary | 7.5 | 80.8 | 11.0 | 0.7 | 100.0 | 241 | 16.7 | 73.7 | 9.1 | 0.6 | 100.0 | 1,404 |
| More than secondary | 5.6 | 81.2 | 13.3 | 0.0 | 100.0 | 91 | 9.4 | 78.3 | 12.2 | 0.0 | 100.0 | 261 |
| Wealth quintile |  |  |  |  |  |  |  |  |  |  |  |  |
| Lowest | 9.8 | 79.1 | 11.1 | 0.0 | 100.0 | 58 | 20.5 | 64.5 | 14.6 | 0.5 | 100.0 | 403 |
| Second | 10.0 | 75.0 | 12.2 | 2.8 | 100.0 | 83 | 13.8 | 72.9 | 12.1 | 1.2 | 100.0 | 452 |
| Middle | 11.9 | 67.4 | 19.7 | 1.0 | 100.0 | 130 | 17.7 | 68.5 | 12.9 | 0.8 | 100.0 | 555 |
| Fourth | 8.4 | 80.4 | 11.2 | 0.0 | 100.0 | 173 | 17.2 | 74.3 | 8.4 | 0.2 | 100.0 | 721 |
| Highest | 8.6 | 78.2 | 12.8 | 0.4 | 100.0 | 234 | 15.2 | 74.0 | 10.8 | 0.0 | 100.0 | 791 |
| Total 15-49 | 9.5 | 76.4 | 13.5 | 0.7 | 100.0 | 678 | 16.7 | 71.5 | 11.3 | 0.4 | 100.0 | 2,922 |
| 50-59 | 9.4 | 74.8 | 15.8 | 0.0 | 100.0 | 81 | na | na | na | na | na | na |
| Total 15-59 | 9.5 | 76.2 | 13.7 | 0.6 | 100.0 | 759 | na | na | na | na | na | na |

Note: Figures in parentheses are based on 25-49 unweighted cases. An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.
na $=$ Not applicable

## Table 14.3 Women's control over their own earnings and over those of their husbands

Percent distribution of currently married women age 15-49 with cash earnings in the last 12 months by person who decides how the wife's cash earnings are used and percent distribution of currently married women age 15-49 whose husbands have cash earnings by person who decides how the husband's cash earnings are used, according to the relation between wife's and husband's cash earnings, Lesotho 2014

| Women's earnings relative to husband's earnings | Person who decides how the wife's cash earnings are used: |  |  |  |  | $\begin{gathered} \text { Number } \\ \text { of } \\ \text { women } \\ \hline \end{gathered}$ | Person who decides how husband's cash earnings are used: |  |  |  | Total | Number of women |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Mainly wife | Wife and husband jointly | Mainly husband | Other | Total |  | Mainly wife | Wife and husband jointly | Mainly husband | Other |  |  |
| More than husband | 38.6 | 56.6 | 4.7 | 0.0 | 100.0 | 232 | 23.4 | 63.2 | 13.4 | 0.0 | 100.0 | 232 |
| Less than husband | 35.6 | 59.8 | 4.0 | 0.6 | 100.0 | 829 | 19.2 | 71.8 | 8.8 | 0.1 | 100.0 | 829 |
| Same as husband | 23.7 | 75.4 | 0.9 | 0.0 | 100.0 | 119 | 12.6 | 83.5 | 3.9 | 0.0 | 100.0 | 119 |
| Husband has no cash earnings or did not work | 24.6 | 71.1 | 3.3 | 1.0 | 100.0 | 290 | na | na | na | na | na | 0 |
| Woman worked but has no cash earnings | na | na | na | na | na | 0 | 16.9 | 72.5 | 10.4 | 0.2 | 100.0 | 226 |
| Woman did not work | na | na | na | na | na | 0 | 14.6 | 72.1 | 12.5 | 0.8 | 100.0 | 1,476 |
| Don't know | (40.3) | (45.6) | (3.1) | (11.0) | 100.0 | 41 | (13.2) | (51.4) | (35.4) | (0.0) | 100.0 | 41 |
| Total ${ }^{1}$ | 33.1 | 62.3 | 3.7 | 0.8 | 100.0 | 1,510 | 16.7 | 71.5 | 11.3 | 0.4 | 100.0 | 2,922 |

Note: Figures in parentheses are based on 25-49 unweighted cases.
na $=$ Not applicable
${ }^{1}$ Includes cases where a woman does not know whether she earned more or less than her husband

Table 14.4.1 Ownership of assets: Women
Percent distribution of women age 15-49 by ownership of a house and land, according to background characteristics, Lesotho 2014

| Background characteristic | Percentage who own a house: |  |  | Percentage who do not own a house | Total | Percentage who own land: |  |  | Percentage who do not own land | Total | Number of women |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Alone | Jointly | Alone and jointly |  |  | Alone | Jointly | Alone and jointly |  |  |  |
| Age |  |  |  |  |  |  |  |  |  |  |  |
| 15-19 | 0.4 | 1.8 | 0.0 | 97.8 | 100.0 | 0.9 | 4.0 | 0.1 | 95.0 | 100.0 | 1,440 |
| 20-24 | 1.8 | 10.7 | 0.8 | 86.8 | 100.0 | 2.1 | 13.2 | 0.8 | 83.8 | 100.0 | 1,325 |
| 25-29 | 3.5 | 28.9 | 0.8 | 66.9 | 100.0 | 4.3 | 24.5 | 1.0 | 70.2 | 100.0 | 1,094 |
| 30-34 | 8.5 | 36.5 | 2.1 | 52.8 | 100.0 | 6.7 | 29.0 | 1.4 | 62.9 | 100.0 | 957 |
| 35-39 | 11.8 | 48.9 | 2.6 | 36.7 | 100.0 | 8.7 | 33.2 | 1.1 | 57.0 | 100.0 | 744 |
| 40-44 | 20.5 | 49.6 | 3.2 | 26.7 | 100.0 | 16.2 | 34.3 | 3.2 | 46.4 | 100.0 | 562 |
| 45-49 | 30.9 | 52.3 | 2.4 | 14.4 | 100.0 | 18.0 | 30.8 | 1.4 | 49.7 | 100.0 | 499 |
| Residence |  |  |  |  |  |  |  |  |  |  |  |
| Urban | 6.2 | 18.4 | 0.7 | 74.7 | 100.0 | 6.5 | 20.4 | 0.8 | 72.3 | 100.0 | 2,419 |
| Rural | 8.5 | 30.7 | 1.7 | 59.1 | 100.0 | 5.7 | 20.9 | 1.2 | 72.2 | 100.0 | 4,202 |
| Ecological zone |  |  |  |  |  |  |  |  |  |  |  |
| Lowlands | 6.5 | 22.6 | 1.0 | 69.9 | 100.0 | 6.4 | 21.2 | 0.8 | 71.6 | 100.0 | 4,184 |
| Foothills | 9.5 | 32.1 | 2.2 | 56.2 | 100.0 | 6.2 | 24.2 | 2.2 | 67.5 | 100.0 | 688 |
| Mountains | 9.5 | 34.3 | 1.8 | 54.4 | 100.0 | 4.8 | 19.0 | 1.4 | 74.9 | 100.0 | 1,288 |
| Senqu River Valley | 10.3 | 27.9 | 1.4 | 60.4 | 100.0 | 5.9 | 15.8 | 0.5 | 77.8 | 100.0 | 461 |
| District |  |  |  |  |  |  |  |  |  |  |  |
| Butha-Buthe | 8.6 | 31.6 | 0.8 | 59.0 | 100.0 | 7.5 | 30.2 | 1.4 | 60.9 | 100.0 | 385 |
| Leribe | 7.1 | 30.3 | 0.7 | 62.0 | 100.0 | 3.2 | 21.5 | 0.2 | 75.1 | 100.0 | 1,064 |
| Berea | 7.1 | 22.7 | 2.2 | 68.0 | 100.0 | 8.0 | 19.4 | 1.8 | 70.8 | 100.0 | 892 |
| Maseru | 6.5 | 22.5 | 1.0 | 70.1 | 100.0 | 7.2 | 22.7 | 1.0 | 69.1 | 100.0 | 1,864 |
| Mafeteng | 6.6 | 20.0 | 1.0 | 72.4 | 100.0 | 6.8 | 21.4 | 0.8 | 71.0 | 100.0 | 576 |
| Mohale's Hoek | 9.3 | 25.4 | 1.8 | 63.5 | 100.0 | 5.6 | 16.2 | 1.1 | 77.0 | 100.0 | 519 |
| Quthing | 7.7 | 25.4 | 1.1 | 65.7 | 100.0 | 6.3 | 15.5 | 0.8 | 77.4 | 100.0 | 315 |
| Qacha's Nek | 10.1 | 31.6 | 0.3 | 58.0 | 100.0 | 8.0 | 18.2 | 0.2 | 73.6 | 100.0 | 204 |
| Mokhotlong | 5.9 | 26.7 | 4.9 | 62.5 | 100.0 | 2.9 | 15.6 | 3.3 | 78.3 | 100.0 | 349 |
| Thaba-Tseka | 13.9 | 41.1 | 0.9 | 44.1 | 100.0 | 3.4 | 18.2 | 0.5 | 77.9 | 100.0 | 452 |
| Education |  |  |  |  |  |  |  |  |  |  |  |
| No education | 20.4 | 40.0 | 2.5 | 37.1 | 100.0 | 7.7 | 21.0 | 0.8 | 70.5 | 100.0 | 68 |
| Primary incomplete | 10.9 | 32.4 | 2.0 | 54.7 | 100.0 | 7.6 | 22.2 | 1.5 | 68.7 | 100.0 | 1,178 |
| Primary complete | 12.3 | 35.8 | 1.8 | 50.1 | 100.0 | 6.9 | 22.7 | 1.3 | 69.1 | 100.0 | 1,375 |
| Secondary | 4.7 | 21.0 | 0.9 | 73.5 | 100.0 | 4.8 | 19.0 | 0.8 | 75.4 | 100.0 | 3,418 |
| More than secondary | 5.8 | 20.3 | 1.7 | 72.2 | 100.0 | 7.9 | 23.0 | 1.1 | 68.0 | 100.0 | 581 |
| Wealth quintile |  |  |  |  |  |  |  |  |  |  |  |
| Lowest | 12.5 | 31.9 | 2.5 | 53.1 | 100.0 | 5.2 | 16.7 | 1.9 | 76.3 | 100.0 | 960 |
| Second | 8.5 | 27.5 | 1.4 | 62.6 | 100.0 | 5.9 | 19.2 | 0.7 | 74.2 | 100.0 | 1,033 |
| Middle | 7.7 | 26.9 | 1.1 | 64.3 | 100.0 | 5.1 | 19.7 | 1.2 | 74.0 | 100.0 | 1,244 |
| Fourth | 6.0 | 23.8 | 1.0 | 69.2 | 100.0 | 5.2 | 21.2 | 0.5 | 73.1 | 100.0 | 1,605 |
| Highest | 6.0 | 24.1 | 1.2 | 68.7 | 100.0 | 7.9 | 24.0 | 1.2 | 66.8 | 100.0 | 1,778 |
| Total | 7.6 | 26.2 | 1.3 | 64.8 | 100.0 | 6.0 | 20.7 | 1.1 | 72.2 | 100.0 | 6,621 |

Table 14.4.2 Ownership of assets: Men
Percent distribution of men age 15-49 by ownership of a house and land, according to background characteristics, Lesotho 2014

| Background characteristic | Percentage who own a house: |  |  | Percentage who do not own a house | Total | Percentage who own land: |  |  | Percentage who do not own land | Total | Number of men |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Alone | Jointly | Alone and jointly |  |  | Alone | Jointly | Alone and jointly |  |  |  |
| Age |  |  |  |  |  |  |  |  |  |  |  |
| 15-19 | 0.9 | 0.1 | 0.0 | 99.0 | 100.0 | 2.4 | 0.7 | 0.0 | 96.9 | 100.0 | 691 |
| 20-24 | 2.7 | 2.3 | 0.5 | 94.5 | 100.0 | 5.4 | 2.4 | 0.1 | 92.1 | 100.0 | 561 |
| 25-29 | 9.6 | 14.0 | 0.9 | 75.5 | 100.0 | 12.6 | 13.9 | 1.5 | 71.9 | 100.0 | 410 |
| 30-34 | 13.8 | 26.3 | 2.2 | 57.7 | 100.0 | 12.4 | 21.4 | 3.5 | 62.6 | 100.0 | 334 |
| 35-39 | 15.5 | 30.2 | 0.5 | 53.8 | 100.0 | 22.9 | 24.9 | 0.6 | 51.6 | 100.0 | 276 |
| 40-44 | 15.4 | 44.2 | 2.5 | 37.8 | 100.0 | 16.6 | 37.3 | 4.3 | 41.7 | 100.0 | 221 |
| 45-49 | 24.0 | 48.2 | 5.1 | 22.6 | 100.0 | 14.8 | 34.8 | 3.7 | 46.8 | 100.0 | 168 |
| Residence |  |  |  |  |  |  |  |  |  |  |  |
| Urban | 11.1 | 13.1 | 1.2 | 74.7 | 100.0 | 13.7 | 15.7 | 1.7 | 68.9 | 100.0 | 920 |
| Rural | 7.0 | 17.3 | 1.1 | 74.7 | 100.0 | 7.9 | 12.2 | 1.1 | 78.7 | 100.0 | 1,741 |
| Ecological zone |  |  |  |  |  |  |  |  |  |  |  |
| Lowlands | 9.1 | 13.1 | 1.0 | 76.8 | 100.0 | 11.5 | 13.4 | 1.4 | 73.7 | 100.0 | 1,711 |
| Foothills | 5.1 | 15.9 | 1.8 | 77.2 | 100.0 | 9.3 | 15.0 | 2.6 | 73.1 | 100.0 | 252 |
| Mountains | 7.7 | 24.4 | 1.2 | 66.7 | 100.0 | 5.8 | 14.3 | 1.2 | 78.7 | 100.0 | 523 |
| Senqu River Valley | 8.7 | 16.9 | 0.8 | 73.6 | 100.0 | 7.5 | 8.5 | 0.0 | 84.0 | 100.0 | 174 |
| District |  |  |  |  |  |  |  |  |  |  |  |
| Butha-Buthe | 7.3 | 21.2 | 1.8 | 69.7 | 100.0 | 9.0 | 22.5 | 1.1 | 67.4 | 100.0 | 143 |
| Leribe | 8.9 | 19.0 | 0.4 | 71.7 | 100.0 | 10.4 | 12.4 | 1.1 | 76.2 | 100.0 | 390 |
| Berea | 7.4 | 12.7 | 1.1 | 78.7 | 100.0 | 10.4 | 11.0 | 1.7 | 76.9 | 100.0 | 379 |
| Maseru | 9.4 | 14.7 | 1.2 | 74.7 | 100.0 | 12.2 | 16.5 | 1.7 | 69.6 | 100.0 | 809 |
| Mafeteng | 6.8 | 7.0 | 1.6 | 84.6 | 100.0 | 10.6 | 11.0 | 2.3 | 76.0 | 100.0 | 242 |
| Mohale's Hoek | 6.5 | 13.6 | 0.6 | 79.4 | 100.0 | 5.5 | 8.5 | 0.0 | 86.0 | 100.0 | 202 |
| Quthing | 7.9 | 12.5 | 0.0 | 79.6 | 100.0 | 8.6 | 8.8 | 0.0 | 82.6 | 100.0 | 105 |
| Qacha's Nek | 10.7 | 16.3 | 0.8 | 72.2 | 100.0 | 8.4 | 10.7 | 0.6 | 80.3 | 100.0 | 74 |
| Mokhotlong | 3.4 | 19.4 | 3.1 | 74.1 | 100.0 | 5.5 | 11.8 | 2.7 | 80.1 | 100.0 | 144 |
| Thaba-Tseka | 13.9 | 30.0 | 0.9 | 55.2 | 100.0 | 7.7 | 13.5 | 0.0 | 78.7 | 100.0 | 172 |
| Education |  |  |  |  |  |  |  |  |  |  |  |
| No education | 13.7 | 32.7 | 3.1 | 50.5 | 100.0 | 7.2 | 19.4 | 2.6 | 70.8 | 100.0 | 213 |
| Primary incomplete | 8.9 | 16.4 | 1.1 | 73.6 | 100.0 | 9.8 | 12.2 | 1.7 | 76.3 | 100.0 | 875 |
| Primary complete | 7.6 | 21.6 | 0.2 | 70.6 | 100.0 | 9.3 | 14.1 | 2.0 | 74.6 | 100.0 | 316 |
| Secondary | 7.1 | 9.1 | 0.9 | 83.0 | 100.0 | 9.7 | 10.9 | 0.5 | 78.8 | 100.0 | 1,043 |
| More than secondary | 8.8 | 21.1 | 1.9 | 68.1 | 100.0 | 15.2 | 23.4 | 1.8 | 59.5 | 100.0 | 214 |
| Wealth quintile |  |  |  |  |  |  |  |  |  |  |  |
| Lowest | 10.8 | 24.6 | 1.9 | 62.7 | 100.0 | 8.1 | 11.9 | 1.2 | 78.8 | 100.0 | 376 |
| Second | 9.9 | 17.4 | 0.6 | 72.1 | 100.0 | 10.0 | 12.4 | 1.2 | 76.4 | 100.0 | 479 |
| Middle | 6.3 | 14.6 | 0.7 | 78.4 | 100.0 | 6.7 | 11.3 | 1.2 | 80.8 | 100.0 | 536 |
| Fourth | 7.4 | 12.1 | 0.2 | 80.2 | 100.0 | 9.9 | 13.3 | 1.3 | 75.5 | 100.0 | 616 |
| Highest | 8.6 | 14.1 | 2.2 | 75.1 | 100.0 | 13.7 | 16.8 | 1.7 | 67.8 | 100.0 | 654 |
| Total 15-49 | 8.4 | 15.8 | 1.1 | 74.7 | 100.0 | 9.9 | 13.4 | 1.3 | 75.3 | 100.0 | 2,660 |
| 50-59 | 33.2 | 48.8 | 4.2 | 13.8 | 100.0 | 25.7 | 35.4 | 4.8 | 34.1 | 100.0 | 271 |
| Total 15-59 | 10.7 | 18.9 | 1.4 | 69.0 | 100.0 | 11.4 | 15.4 | 1.7 | 71.5 | 100.0 | 2,931 |

Table 14.5 Participation in decision making
Percent distribution of currently married women and currently married men age 15-49 by person who usually makes decisions about various issues, Lesotho 2014

|  | Mainly wife | Wife and <br> husband <br> jointly | Mainly <br> husband | Someone <br> else | Other | Total | Number |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Decision |  | WOMEN |  |  |  |  |  |
|  | 40.3 | 49.0 | 9.0 | 1.5 | 0.2 | 100.0 | 3,612 |
| Own health care <br> Major household purchases <br> Visits to her family or <br> relatives 13.7 | 75.2 | 9.0 | 1.3 | 1.0 | 100.0 | 3,612 |  |
|  | 22.5 | 49.7 | 24.9 | 2.5 | 0.4 | 100.0 | 3,612 |

Table 14.6.1 Women's participation in decision making by background characteristics
Percentage of currently married women age 15-49 who usually make specific decisions either by themselves or jointly with their husband, by background characteristics, Lesotho 2014

| Background characteristic | Specific decisions |  |  | All three decisions | None of the three decisions | Number of women |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Woman's own health care | Making major household purchases | Visits to her family or relatives |  |  |  |
| Age |  |  |  |  |  |  |
| 15-19 | 72.0 | 72.5 | 44.1 | 36.2 | 12.8 | 255 |
| 20-24 | 88.8 | 88.1 | 68.2 | 61.9 | 3.5 | 701 |
| 25-29 | 91.6 | 90.8 | 71.9 | 65.2 | 1.9 | 757 |
| 30-34 | 91.1 | 91.2 | 74.8 | 68.4 | 1.6 | 669 |
| 35-39 | 91.7 | 91.9 | 80.7 | 74.6 | 2.4 | 544 |
| 40-44 | 92.1 | 90.0 | 78.7 | 70.8 | 1.3 | 377 |
| 45-49 | 87.8 | 87.2 | 76.9 | 68.4 | 3.1 | 310 |
| Employment (past 12 months) |  |  |  |  |  |  |
| Not employed | 87.3 | 85.4 | 68.3 | 61.0 | 4.5 | 1,824 |
| Employed for cash | 91.4 | 92.7 | 77.1 | 70.7 | 1.4 | 1,510 |
| Employed not for cash | 91.2 | 89.8 | 71.0 | 64.9 | 2.1 | 278 |
| Number of living children |  |  |  |  |  |  |
| 0 | 82.4 | 81.8 | 54.8 | 47.0 | 7.6 | 355 |
| 1-2 | 90.0 | 90.1 | 73.5 | 67.3 | 2.7 | 2,043 |
| 3-4 | 90.3 | 89.9 | 75.4 | 68.2 | 2.0 | 902 |
| 5+ | 90.0 | 85.2 | 74.5 | 65.3 | 3.1 | 312 |
| Residence |  |  |  |  |  |  |
| Urban | 93.1 | 93.7 | 79.3 | 73.5 | 1.2 | 1,150 |
| Rural | 87.6 | 86.5 | 68.9 | 61.6 | 3.9 | 2,463 |
| Ecological zone |  |  |  |  |  |  |
| Lowlands | 90.9 | 91.6 | 76.0 | 69.7 | 1.9 | 2,134 |
| Foothills | 89.0 | 87.9 | 71.5 | 62.4 | 2.8 | 427 |
| Mountains | 85.7 | 83.2 | 62.8 | 56.0 | 5.5 | 797 |
| Senqu River Valley | 87.8 | 84.8 | 71.0 | 63.5 | 4.8 | 254 |
| District |  |  |  |  |  |  |
| Butha-Buthe | 90.7 | 91.9 | 76.4 | 72.0 | 3.5 | 211 |
| Leribe | 90.0 | 90.7 | 76.8 | 67.4 | 1.5 | 577 |
| Berea | 87.5 | 88.9 | 71.5 | 63.9 | 3.0 | 461 |
| Maseru | 92.4 | 93.4 | 78.2 | 73.0 | 1.5 | 968 |
| Mafeteng | 85.0 | 86.0 | 64.4 | 57.1 | 5.0 | 312 |
| Mohale's Hoek | 91.8 | 84.0 | 70.9 | 63.1 | 3.1 | 297 |
| Quthing | 91.0 | 89.0 | 71.6 | 66.3 | 3.1 | 158 |
| Qacha's Nek | 86.3 | 83.7 | 61.2 | 56.3 | 5.7 | 114 |
| Mokhotlong | 88.6 | 85.5 | 63.6 | 56.9 | 3.5 | 205 |
| Thaba-Tseka | 83.1 | 80.5 | 62.5 | 54.2 | 7.0 | 308 |
| Education |  |  |  |  |  |  |
| No education | 79.0 | 77.9 | 70.7 | 47.9 | 4.9 | 47 |
| Primary incomplete | 84.7 | 84.3 | 65.5 | 58.7 | 6.0 | 695 |
| Primary complete | 87.4 | 88.1 | 69.6 | 61.8 | 3.8 | 909 |
| Secondary | 91.5 | 90.0 | 73.7 | 67.5 | 1.9 | 1,665 |
| More than secondary | 95.2 | 96.8 | 87.6 | 82.7 | 0.0 | 297 |
| Wealth quintile |  |  |  |  |  |  |
| Lowest | 82.9 | 82.6 | 61.8 | 52.6 | 6.1 | 592 |
| Second | 88.5 | 85.8 | 68.8 | 62.2 | 4.3 | 602 |
| Middle | 87.9 | 87.6 | 71.6 | 63.1 | 2.9 | 676 |
| Fourth | 91.2 | 91.0 | 72.5 | 66.7 | 1.9 | 844 |
| Highest | 93.4 | 93.9 | 81.6 | 76.3 | 1.4 | 898 |
| Total | 89.3 | 88.8 | 72.2 | 65.4 | 3.0 | 3,612 |


| Percentage of currently married men age 15-49 who usually make specific decisions either alone or jointly with their wife, by background characteristics, Lesotho 2014 |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | Specific decisions |  |  |  |  |
| Background characteristic | Man's own health | Making major household purchases | Both decisions | Neither of the two decisions | Number of men |
| Age |  |  |  |  |  |
| 15-19 | * | * | * | * | 7 |
| 20-24 | 90.5 | 75.1 | 70.7 | 5.1 | 87 |
| 25-29 | 87.1 | 85.9 | 78.7 | 5.8 | 207 |
| 30-34 | 91.7 | 90.6 | 83.0 | 0.7 | 206 |
| 35-39 | 84.5 | 84.6 | 73.5 | 4.3 | 175 |
| 40-44 | 91.6 | 87.9 | 85.7 | 6.2 | 172 |
| 45-49 | 94.3 | 84.2 | 82.0 | 3.5 | 130 |
| Employment (past 12 months) |  |  |  |  |  |
| Not employed | 86.9 | 88.0 | 79.9 | 5.0 | 165 |
| Employed for cash | 90.3 | 85.1 | 79.0 | 3.6 | 678 |
| Employed not for cash | 89.6 | 86.6 | 82.0 | 5.7 | 140 |
| Number of living children |  |  |  |  |  |
| 0 | 88.8 | 76.2 | 67.6 | 2.6 | 121 |
| 1-2 | 89.1 | 87.4 | 80.3 | 3.8 | 530 |
| 3-4 | 90.8 | 87.8 | 83.1 | 4.4 | 252 |
| $5+$ | 90.6 | 83.5 | 81.7 | 7.6 | 81 |
| Residence |  |  |  |  |  |
| Urban | 92.8 | 86.2 | 81.1 | 2.1 | 349 |
| Rural | 87.9 | 85.6 | 78.7 | 5.2 | 634 |
| Ecological zone |  |  |  |  |  |
| Lowlands | 92.0 | 84.9 | 80.1 | 3.3 | 593 |
| Foothills | 88.0 | 89.6 | 83.2 | 5.5 | 100 |
| Mountains | 85.3 | 87.1 | 77.7 | 5.3 | 229 |
| Senqu River Valley | 85.8 | 83.5 | 74.9 | 5.6 | 61 |
| District |  |  |  |  |  |
| Butha-Buthe | 94.8 | 93.8 | 92.5 | 3.9 | 57 |
| Leribe | 82.7 | 86.1 | 76.6 | 7.8 | 130 |
| Berea | 92.0 | 88.2 | 81.9 | 1.8 | 142 |
| Maseru | 94.1 | 85.9 | 83.6 | 3.6 | 291 |
| Mafeteng | 88.3 | 83.0 | 74.4 | 3.2 | 87 |
| Mohale's Hoek | 77.5 | 78.3 | 62.9 | 7.1 | 68 |
| Quthing | 90.9 | 72.1 | 70.1 | 7.1 | 28 |
| Qacha's Nek | 88.9 | 85.9 | 80.2 | 5.4 | 26 |
| Mokhotlong | 87.9 | 87.0 | 76.9 | 1.9 | 64 |
| Thaba-Tseka | 89.6 | 88.2 | 81.1 | 3.3 | 91 |
| Education |  |  |  |  |  |
| No education | 87.8 | 86.7 | 80.0 | 5.5 | 114 |
| Primary incomplete | 87.6 | 82.7 | 77.1 | 6.8 | 337 |
| Primary complete | 91.5 | 91.9 | 85.3 | 1.9 | 146 |
| Secondary | 91.5 | 86.7 | 80.2 | 2.0 | 292 |
| More than secondary | 90.4 | 83.7 | 77.0 | 3.0 | 94 |
| Wealth quintile |  |  |  |  |  |
| Lowest | 88.3 | 86.4 | 79.4 | 4.7 | 164 |
| Second | 85.5 | 89.0 | 79.3 | 4.7 | 171 |
| Middle | 89.2 | 85.6 | 78.6 | 3.8 | 196 |
| Fourth | 91.3 | 85.3 | 80.3 | 3.7 | 206 |
| Highest | 92.2 | 83.7 | 79.9 | 3.9 | 246 |
| Total 15-49 | 89.6 | 85.8 | 79.6 | 4.1 | 983 |
| 50-59 | 90.0 | 90.3 | 82.2 | 1.8 | 188 |
| Total 15-59 | 89.7 | 86.5 | 80.0 | 3.8 | 1,171 |

Table 14.7.1 Attitude towards wife beating: Women
Percentage of all women age 15-49 who agree that a husband is justified in hitting or beating his wife for specific reasons, by background characteristics, Lesotho 2014

| Background characteristic | Husband is justified in hitting or beating his wife if she: |  |  |  |  | Percentage who agree with at least one specified reason | Number of women |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Burns the food | Argues with him | Goes out without telling him | Neglects the children | Refuses to have sexual intercourse with him |  |  |
| Age |  |  |  |  |  |  |  |
| 15-19 | 10.7 | 36.1 | 15.9 | 32.9 | 9.6 | 48.0 | 1,440 |
| 20-24 | 6.0 | 25.6 | 10.4 | 21.7 | 11.0 | 34.0 | 1,325 |
| 25-29 | 4.9 | 22.1 | 9.0 | 18.9 | 8.7 | 29.7 | 1,094 |
| 30-34 | 4.4 | 19.2 | 8.5 | 16.4 | 7.8 | 25.6 | 957 |
| 35-39 | 4.5 | 18.3 | 8.5 | 17.5 | 9.0 | 25.3 | 744 |
| 40-44 | 4.2 | 18.5 | 8.3 | 16.7 | 8.6 | 26.4 | 562 |
| 45-49 | 6.3 | 20.3 | 10.7 | 21.4 | 11.1 | 31.5 | 499 |
| Employment (past 12 months) |  |  |  |  |  |  |  |
| Not employed | 7.8 | 29.1 | 13.4 | 25.6 | 11.8 | 38.6 | 3,548 |
| Employed for cash | 3.9 | 17.7 | 7.0 | 16.1 | 6.0 | 25.1 | 2,615 |
| Employed not for cash | 8.8 | 28.6 | 11.5 | 28.0 | 10.3 | 39.2 | 458 |
| Number of living children |  |  |  |  |  |  |  |
| 0 | 7.9 | 27.0 | 12.0 | 25.3 | 7.6 | 37.2 | 2,152 |
| 1-2 | 5.4 | 22.1 | 9.3 | 19.2 | 9.2 | 29.8 | 2,897 |
| 3-4 | 5.1 | 25.7 | 11.2 | 22.3 | 12.4 | 34.2 | 1,169 |
| 5+ | 7.6 | 25.4 | 13.1 | 23.2 | 12.0 | 35.1 | 403 |
| Marital status |  |  |  |  |  |  |  |
| Never married | 8.3 | 26.8 | 11.1 | 25.1 | 7.3 | 37.3 | 2,190 |
| Married or living together | 6.0 | 24.1 | 11.1 | 20.5 | 10.9 | 32.1 | 3,612 |
| Divorced/separated/widowed | 2.8 | 20.6 | 7.9 | 20.1 | 8.7 | 28.0 | 819 |
| Residence |  |  |  |  |  |  |  |
| Urban | 3.2 | 15.8 | 5.8 | 15.7 | 4.8 | 22.8 | 2,419 |
| Rural | 8.1 | 29.6 | 13.5 | 25.6 | 12.1 | 39.4 | 4,202 |
| Ecological zone |  |  |  |  |  |  |  |
| Lowlands | 4.5 | 20.5 | 7.7 | 18.4 | 6.7 | 28.6 | 4,184 |
| Foothills | 8.7 | 34.9 | 16.4 | 26.7 | 14.0 | 44.1 | 688 |
| Mountains | 10.0 | 31.1 | 16.3 | 29.5 | 15.9 | 41.6 | 1,288 |
| Senqu River Valley | 9.2 | 27.8 | 13.8 | 26.8 | 8.8 | 37.0 | 461 |
| District |  |  |  |  |  |  |  |
| Butha-Buthe | 3.9 | 22.7 | 11.4 | 19.2 | 9.6 | 31.3 | 385 |
| Leribe | 5.4 | 21.1 | 8.2 | 19.1 | 8.9 | 30.1 | 1,064 |
| Berea | 3.4 | 20.6 | 8.8 | 17.0 | 7.7 | 28.3 | 892 |
| Maseru | 5.6 | 22.2 | 8.7 | 20.9 | 7.7 | 31.2 | 1,864 |
| Mafeteng | 7.6 | 32.1 | 12.8 | 25.7 | 8.8 | 39.8 | 576 |
| Mohale's Hoek | 7.3 | 22.3 | 12.1 | 19.6 | 7.9 | 27.4 | 519 |
| Quthing | 10.7 | 30.9 | 12.4 | 32.6 | 12.3 | 44.2 | 315 |
| Qacha's Nek | 9.6 | 34.1 | 14.8 | 28.1 | 10.6 | 44.3 | 204 |
| Mokhotlong | 12.4 | 33.9 | 19.8 | 33.4 | 18.6 | 46.4 | 349 |
| Thaba-Tseka | 7.2 | 28.8 | 13.5 | 24.6 | 13.9 | 37.2 | 452 |
| Education |  |  |  |  |  |  |  |
| No education | 9.9 | 32.6 | 13.8 | 29.6 | 15.0 | 41.7 | 68 |
| Primary incomplete | 12.4 | 40.6 | 22.0 | 35.7 | 18.6 | 52.1 | 1,178 |
| Primary complete | 7.9 | 29.1 | 12.9 | 25.9 | 13.0 | 38.4 | 1,375 |
| Secondary | 4.5 | 20.8 | 7.5 | 18.9 | 6.2 | 29.4 | 3,418 |
| More than secondary | 0.5 | 2.6 | 1.3 | 2.3 | 0.5 | 5.4 | 581 |
| Wealth quintile |  |  |  |  |  |  |  |
| Lowest | 12.0 | 38.2 | 19.8 | 32.9 | 17.9 | 48.0 | 960 |
| Second | 8.8 | 35.4 | 16.9 | 29.7 | 14.7 | 46.2 | 1,033 |
| Middle | 6.5 | 26.6 | 10.4 | 25.4 | 9.3 | 37.0 | 1,244 |
| Fourth | 5.1 | 21.7 | 8.8 | 19.7 | 7.8 | 29.7 | 1,605 |
| Highest | 2.8 | 12.0 | 4.2 | 11.2 | 3.3 | 18.5 | 1,778 |
| Total | 6.3 | 24.6 | 10.7 | 22.0 | 9.4 | 33.3 | 6,621 |

Table 14.7.2 Attitude towards wife beating: Men
Percentage of all men age 15-49 who agree that a husband is justified in hitting or beating his wife for specific reasons, by background characteristics, Lesotho 2014

| Background characteristic | Husband is justified in hitting or beating his wife if she: |  |  |  |  | Percentage who agree with at least one specified reason | Number of men |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Burns the food | Argues with him | Goes out without telling him | Neglects the children | Refuses to have sexual intercourse with him |  |  |
| Age |  |  |  |  |  |  |  |
| 15-19 | 10.1 | 31.0 | 15.7 | 33.6 | 10.6 | 48.9 | 691 |
| 20-24 | 6.6 | 28.1 | 15.7 | 29.4 | 8.4 | 42.8 | 561 |
| 25-29 | 5.3 | 22.7 | 16.3 | 26.2 | 9.3 | 38.6 | 410 |
| 30-34 | 2.2 | 22.0 | 12.2 | 19.6 | 6.1 | 32.3 | 334 |
| 35-39 | 4.5 | 21.2 | 15.2 | 20.9 | 10.5 | 33.3 | 276 |
| 40-44 | 6.2 | 26.0 | 20.6 | 20.1 | 9.2 | 33.4 | 221 |
| 45-49 | 5.1 | 19.4 | 14.9 | 13.7 | 10.5 | 26.0 | 168 |
| Employment (past 12 months) |  |  |  |  |  |  |  |
| Not employed | 8.8 | 30.8 | 17.6 | 29.5 | 11.7 | 46.2 | 810 |
| Employed for cash | 4.2 | 20.8 | 13.2 | 20.9 | 6.0 | 32.8 | 1,336 |
| Employed not for cash | 8.2 | 30.9 | 19.1 | 34.2 | 13.8 | 46.9 | 514 |
| Number of living children |  |  |  |  |  |  |  |
| 0 | 7.7 | 26.9 | 15.7 | 29.5 | 9.1 | 43.1 | 1,607 |
| 1-2 | 3.9 | 24.7 | 13.6 | 20.2 | 8.1 | 34.0 | 686 |
| 3-4 | 4.6 | 20.4 | 16.7 | 21.7 | 9.5 | 31.9 | 279 |
| 5+ | 8.2 | 31.7 | 26.9 | 25.4 | 19.3 | 44.1 | 87 |
| Marital status |  |  |  |  |  |  |  |
| Never married | 7.2 | 27.3 | 15.3 | 29.6 | 9.2 | 43.6 | 1,501 |
| Married or living together | 5.2 | 24.3 | 16.9 | 22.7 | 9.4 | 34.4 | 983 |
| Divorced/separated/widowed | 5.8 | 21.6 | 11.5 | 15.8 | 8.2 | 33.7 | 176 |
| Residence |  |  |  |  |  |  |  |
| Urban | 3.6 | 19.5 | 10.0 | 21.5 | 5.1 | 31.8 | 920 |
| Rural | 7.8 | 29.2 | 18.7 | 28.6 | 11.4 | 43.7 | 1,741 |
| Ecological zone |  |  |  |  |  |  |  |
| Lowlands | 5.4 | 22.6 | 11.2 | 22.4 | 6.3 | 34.8 | 1,711 |
| Foothills | 7.4 | 30.6 | 22.6 | 30.0 | 10.2 | 44.5 | 252 |
| Mountains | 8.7 | 33.0 | 25.6 | 36.9 | 17.3 | 51.8 | 523 |
| Senqu River Valley | 7.6 | 28.5 | 19.5 | 24.8 | 12.3 | 43.1 | 174 |
| District |  |  |  |  |  |  |  |
| Butha-Buthe | 2.3 | 28.8 | 16.1 | 23.9 | 11.2 | 37.5 | 143 |
| Leribe | 4.6 | 26.3 | 13.5 | 25.6 | 9.2 | 41.0 | 390 |
| Berea | 6.6 | 21.6 | 13.7 | 22.2 | 7.6 | 33.5 | 379 |
| Maseru | 6.5 | 24.9 | 12.4 | 24.5 | 7.5 | 37.2 | 809 |
| Mafeteng | 8.9 | 26.4 | 16.8 | 27.5 | 6.4 | 39.1 | 242 |
| Mohale's Hoek | 4.7 | 26.3 | 22.3 | 26.2 | 8.1 | 39.1 | 202 |
| Quthing | 6.5 | 25.9 | 16.0 | 27.3 | 10.3 | 41.7 | 105 |
| Qacha's Nek | 5.5 | 34.7 | 20.5 | 29.0 | 7.9 | 48.6 | 74 |
| Mokhotlong | 10.9 | 25.2 | 26.7 | 38.2 | 15.6 | 48.9 | 144 |
| Thaba-Tseka | 7.8 | 31.2 | 18.9 | 31.4 | 19.5 | 51.2 | 172 |
| Education |  |  |  |  |  |  |  |
| No education | 8.9 | 38.2 | 28.8 | 35.9 | 19.7 | 52.5 | 213 |
| Primary incomplete | 9.4 | 35.3 | 22.0 | 34.4 | 14.3 | 50.1 | 875 |
| Primary complete | 5.0 | 25.7 | 17.9 | 27.9 | 9.6 | 39.9 | 316 |
| Secondary | 4.7 | 18.6 | 9.2 | 19.8 | 4.2 | 32.7 | 1,043 |
| More than secondary | 1.7 | 9.9 | 4.6 | 10.4 | 2.1 | 17.1 | 214 |
| Wealth quintile |  |  |  |  |  |  |  |
| Lowest | 8.2 | 37.0 | 28.2 | 37.9 | 18.0 | 53.9 | 376 |
| Second | 9.1 | 30.5 | 20.5 | 30.5 | 13.0 | 47.1 | 479 |
| Middle | 7.7 | 28.8 | 17.1 | 27.5 | 10.0 | 42.5 | 536 |
| Fourth | 3.5 | 21.0 | 10.5 | 23.5 | 5.5 | 34.9 | 616 |
| Highest | 4.9 | 18.1 | 8.6 | 17.4 | 4.3 | 27.9 | 654 |
| Total 15-49 | 6.4 | 25.8 | 15.7 | 26.1 | 9.2 | 39.6 | 2,660 |
| 50-59 | 4.9 | 20.5 | 15.3 | 19.3 | 9.2 | 30.9 | 271 |
| Total 15-59 | 6.3 | 25.3 | 15.6 | 25.5 | 9.2 | 38.8 | 2,931 |

Table 14.8 Indicators of women's empowerment
Percentage of currently married women age 15-49 who participate in all decision making and the percentage who disagree with all of the reasons justifying wife-beating, by value on each of the indicators of women's empowerment, Lesotho 2014

|  |  | Percentage who <br> disagree with all <br> the reasons |  |
| :--- | :---: | :---: | :---: |
| Empowerment indicator | Percentage who <br> participate in all <br> decision making | justifying wife- <br> beating | Number <br> of women |
| Number of decisions in which |  |  |  |
| women participate ${ }^{1}$ | na |  |  |
| 0 | na | 45.0 | 110 |
| $1-2$ | na | 57.9 | 1,141 |
| 3 |  | 73.8 | 2,361 |
| Number of reasons for which | 71.0 |  |  |
| wife-beating is justified ${ }^{2}$ | 58.0 | na |  |
| 0 | 46.1 | na | 2,454 |
| $1-2$ | 41.8 | na | 736 |
| $3-4$ |  | na | 338 |
| 5 |  |  | 85 |

na $=$ Not applicable
${ }^{1}$ See Table 14.6.1 for the list of decisions
${ }^{2}$ See Table 14.7.1 for the list of reasons

## Table 14.9 Current use of contraception by women's empowerment

Percent distribution of currently married women age 15-49 by current contraceptive method, according to selected indicators of women's status, Lesotho 2014

| Empowerment indicator | Any method | Modern methods |  |  |  |  | Any traditional method | Not currently using | Total | Number of women |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Any modern method | Female sterilisation | Male sterilisation | Temporary modern female methods ${ }^{1}$ | Male condom |  |  |  |  |
| Number of decisions in which women participate ${ }^{2}$ |  |  |  |  |  |  |  |  |  |  |
| 0 | 42.0 | 42.0 | 1.4 | 0.0 | 27.8 | 12.8 | 0.0 | 58.0 | 100.0 | 110 |
| 1-2 | 56.3 | 56.2 | 1.5 | 0.0 | 39.1 | 15.6 | 0.1 | 43.7 | 100.0 | 1,141 |
| 3 | 62.9 | 62.4 | 1.8 | 0.1 | 42.8 | 17.7 | 0.5 | 37.1 | 100.0 | 2,361 |
| Number of reasons for which wife-beating is justified ${ }^{3}$ |  |  |  |  |  |  |  |  |  |  |
| 0 | 61.9 | 61.5 | 1.7 | 0.1 | 41.7 | 18.0 | 0.4 | 38.1 | 100.0 | 2,454 |
| 1-2 | 57.9 | 57.4 | 1.9 | 0.0 | 38.7 | 16.8 | 0.4 | 42.1 | 100.0 | 736 |
| 3-4 | 58.1 | 57.8 | 1.3 | 0.0 | 45.5 | 11.0 | 0.3 | 41.9 | 100.0 | 338 |
| 5 | 37.5 | 37.5 | 0.0 | 0.0 | 29.5 | 8.0 | 0.0 | 62.5 | 100.0 | 85 |
| Total | 60.2 | 59.8 | 1.7 | 0.1 | 41.2 | 16.9 | 0.4 | 39.8 | 100.0 | 3,612 |

Note: If more than one method is used, only the most effective method is considered in this tabulation.
${ }^{1}$ Pill, IUCD, injectables, implants, and female condom
${ }^{2}$ See Table 14.6.1 for the list of decisions
${ }^{3}$ See Table 14.7.1 for the list of reasons.

Table $\mathbf{1 4 . 1 0}$ Ideal number of children and unmet need for family planning by women's empowerment
Mean ideal number of children for women 15-49 and the percentage of currently married women age 15-49 with an unmet need for family planning, by indicators of women's empowerment, Lesotho 2014

| Empowerment indicator | Mean ideal number of children ${ }^{1}$ | Number of women | Percentage of currently married women with an unmet need for family planning ${ }^{2}$ |  |  | Number of currently married women |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | For spacing | For limiting | Total |  |
| Number of decisions in which women participate ${ }^{3}$ |  |  |  |  |  |  |
| 0 | 3.2 | 110 | 19.3 | 12.8 | 32.1 | 110 |
| 1-2 | 3.0 | 1,139 | 9.7 | 10.1 | 19.8 | 1,141 |
| 3 | 2.9 | 2,351 | 7.5 | 9.7 | 17.1 | 2,361 |
| Number of reasons for which wife-beating is justified ${ }^{4}$ |  |  |  |  |  |  |
| 0 | 2.6 | 4,404 | 7.8 | 10.3 | 18.0 | 2,454 |
| 1-2 | 2.6 | 1,423 | 9.6 | 8.5 | 18.0 | 736 |
| 3-4 | 2.7 | 659 | 10.2 | 10.4 | 20.6 | 338 |
| 5 | 2.9 | 122 | 14.5 | 9.5 | 23.9 | 85 |
| Total | 2.6 | 6,608 | 8.5 | 9.9 | 18.4 | 3,612 |

${ }^{1}$ Mean excludes respondents who gave non-numeric responses.
${ }^{2}$ See Table 7.9 .1 for the definition of unmet need for family planning.
${ }^{3}$ Restricted to currently married women. See Table 14.6.1 for the list of decisions.
${ }^{4}$ See Table 14.7.1 for the list of reasons.

## Table 14.11 Reproductive health care by women's empowerment

Percentage of women age 15-49 with a live birth in the 5 years preceding the survey who received antenatal care, delivery assistance and postnatal care from health personnel for the most recent birth, by indicators of women's empowerment, Lesotho 2014

|  | Percentage <br> receiving <br> antenatal care <br> from a skilled <br> provider $^{1}$ | Percentage <br> receiving <br> delivery care <br> from a skilled <br> provider $^{1}$ | Percentage of <br> women with a <br> postnatal check <br> in the first 2 days <br> after birth | Number of <br> women with a <br> child born in the <br> past 5 years |
| :--- | :---: | :---: | :---: | :---: |
| Number of decisions in which |  |  |  |  |
| women participate ${ }^{3}$ |  |  |  |  |
| 0 | 97.0 | 71.3 | 57.8 | 63 |
| 1-2 | 96.9 | 77.8 | 62.4 | 639 |
| 3 | 95.9 | 83.0 | 64.6 | 1,306 |
| Number of reasons for which |  |  |  |  |
| wife-beating is justified ${ }^{4}$ |  |  |  |  |
| 0 | 95.0 | 83.5 | 65.4 | 1,677 |
| 1-2 | 94.6 | 75.4 | 55.0 | 570 |
| 3-4 | 96.6 | 70.0 | 51.3 | 281 |
| 5 | (97.6) | $(61.5)$ | $(48.1)$ | 48 |
| Total | 95.2 | 79.8 | 61.3 | 2,575 |

Note: Figures in parentheses are based on 25-49 unweighted cases.
1 'Skilled provider' includes doctor or nurse/midwife.
${ }^{2}$ Includes women who received a postnatal check from a doctor or nurse/midwife or village health worker in the first 2 days after the birth. Includes women who gave birth in a health facility and those who did not give birth in a health facility.
${ }^{3}$ Restricted to currently married women. See Table 14.6.1 for the list of decisions.
${ }^{4}$ See Table 14.7.1 for the list of reasons.

Table 14.12 Early childhood mortality rates by indicators of women's empowerment

Infant, child, and under-5 mortality rates for the 10-year period preceding the survey, by indicators of women's empowerment, Lesotho 2014

| Empowerment indicator | Infant mortality <br> $\left(1 q_{0}\right)$ | Child mortality <br> $\left(4 q_{1}\right)$ | Under-5 <br> mortality <br> $\left(5 q_{0}\right)$ |
| :--- | :---: | :---: | ---: |
| Number of decisions in which <br> women participate ${ }^{1}$ |  |  |  |
| 0 | $*$ | $*$ | $*$ |
| 1-2 | 87 | 27 | 112 |
| 3 | 62 | 23 | 83 |
| Number of reasons for which |  |  |  |
| $\quad$ wife-beating is justified ${ }^{2}$ |  |  |  |
| 0 | 59 | 25 | 83 |
| 1-2 | 85 | 30 | 112 |
| $3-4$ | 71 | 18 | 88 |
| 5 | $*$ | $*$ | $*$ |

Note: An asterisk indicates that a rate is based on fewer than 250 unweighted person-years exposure to the risk of death and has been suppressed.
${ }^{1}$ Restricted to currently married women. See Table 14.6.1 for the list of decisions.
${ }^{2}$ See Table 14.7.1 for the list of reasons.

## ADULT AND MATERNAL MORTALITY

## Key Findings

- Adult mortality: For women and men who have reached age 15 , the probability of dying before age 50 is $44 \%$ and $48 \%$, respectively.
- Maternal mortality ratio: The maternal mortality ratio is 1,024 maternal deaths per 100,000 live births for the 7 -year period before the survey. This ratio does not differ significantly from the one reported in the 2009 LDHS.
- Lifetime risk of maternal death: Current levels of fertility and mortality indicate that 1 in 32 women will die from pregnancy or childbearing.

Adult and maternal mortality indicators can be used to assess the health status of a population, especially in developing countries such as Lesotho. Estimation of mortality rates requires complete and accurate data on adult deaths, including maternal deaths. In the 2014 LDHS, data were collected from women on the survival of their sisters and brothers to obtain an estimate of adult mortality. The inclusion of questions to determine whether any of the sisters' deaths were maternity-related permits estimation of maternal mortality, a key indicator of maternal health and well-being.

The term maternal mortality, used in this chapter and in previous LDHS surveys, corresponds to the term pregnancy-related mortality, which is defined in the latest version of the International Classification of Diseases (ICD-10). The ICD-10 definition of a pregnancy-related death is 'the death of a woman while pregnant or within 42 days of termination of pregnancy, irrespective of the cause of death’ (WHO 2011). In keeping with this definition, the sibling survival module used in the DHS surveys measures only the timing of death and not the cause of death. The data collected in the LDHS questionnaire refer to deaths within 2 months following a birth rather than 42 days following a birth.

This chapter includes results estimated from sibling history data collected in the sibling survival module (commonly referred to as the maternal mortality module) that is part of the Woman's Questionnaire. In addition to adult mortality rates for 5 -year age groups, the chapter includes a summary measure $\left({ }_{35} \mathrm{q}_{15}\right)$ that represents the probability of dying between exact ages 15 and 50 - that is, between the 15th and 50th birthdays. To allow assessment of trends in adult mortality probabilities, ${ }_{35} \mathrm{q}_{15}$ values for the 2009 and 2004 LDHS are included for comparison.

### 15.1 Data

To obtain a sibling history, each female respondent was first asked to give the total number of her mother's live births (including the birth of the respondent). The respondent was then asked to provide a list of all of the brothers and sisters born to her mother, starting with the first born. The respondent was next asked whether each sibling was still alive at the survey date. For living siblings, the current age was recorded. For deceased siblings, the age at death and number of years since death were recorded. Interviewers were instructed that, when a respondent could not provide precise information on age at death or years since death, approximate but
quantitative answers were acceptable. For sisters who died at age 12 or above, three questions were used to determine whether the death was maternity-related: 'Was [NAME OF SISTER] pregnant when she died?' and, if not, 'Did she die during childbirth?' and, if not, 'Did she die within two months after the end of a pregnancy or childbirth?' Table $\mathbf{1 5 . 1}$ shows the number of living and dead siblings reported by the respondents and the completeness of data on current age for living siblings and on age at death and years since death for dead siblings.

Overall, the sibling history data collected in the 2014 LDHS are fairly complete:

- For $99.9 \%$ of deceased siblings, both age at death and years since death (or year of death) were reported.
- There are very few siblings for whom survival status was not reported ( $0.1 \%$ ). Among surviving siblings, current age was reported for all but 3 of 21,168 siblings. Rather than exclude siblings with missing data from further analysis, information on the birth order of siblings in conjunction with other information was used to impute the missing data. ${ }^{1}$
- The sex ratio for enumerated siblings (the ratio of brothers to sisters multiplied by 100) is 99 (Appendix Table C.7). This figure is identical to the ratio of 99 in the 2009 LDHS. Since 1986, the sex ratio at birth in Lesotho has ranged between 102 and 105 (BOS 2013), suggesting that brothers were underreported in the 2009 and 2014 LDHS.


### 15.2 Direct Estimates of Adult Mortality

## Adult mortality rate

The number of adult deaths per 1,000 population age $15-49$. Adult mortality rates by 5 -year age groups are calculated as follows: the number of deaths to respondent's siblings in each age group are divided by the number of personyears of exposure to the risk of dying in that age group during a specified period prior to the survey. The number of deaths is the number of siblings (brothers or sisters) reported as having died within the specified period. The person-years of exposure in each age group are calculated for both surviving and dead siblings based on their current age (living siblings) or age at death and years since death (dead siblings).
Sample: Siblings (both living and dead) who were age 15-49 in the specified 7 -year period preceding the survey by sex and 5 -year age groups.

One way to assess the quality of the data used to estimate maternal mortality is to evaluate the plausibility and stability of overall adult mortality. It is reasoned that if estimated rates of overall adult mortality are implausible, rates based on a subset of deaths (maternal deaths in particular) are unlikely to be free of serious problems.

[^13]The reported ages at death and years since death of the respondents' brothers and sisters are used to make direct estimates of adult mortality. Because of the differentials in exposure to the risk of dying, age- and sex-specific death rates are presented in this report. Table 15.2 and Figure $\mathbf{1 5 . 1}$ show age-specific mortality rates among women and men age 15-49 for the 7 years before the 2014 LDHS. To ensure a sufficiently large number of adult deaths to generate a robust estimate, the rates are calculated for the 7-year period before the survey (roughly late-2007 to late-2014). Nevertheless, agespecific mortality rates obtained in this manner are subject to considerable sampling variation. Use of this 7year period is a compromise between the desire for the most recent data and the need to minimise the level of sampling error.

Figure 15.1 Adult mortality rates among women and men age 15-49

Deaths per 1,000 population


- Overall, adult mortality is slightly higher among men (14.0 deaths per 1,000 population) than among women ( 12.8 deaths per 1,000 population).
- Mortality levels rise rapidly with age. Mortality rates are higher among women than men in the younger age groups (between ages 20 and 34), while the reverse is true in the older age groups (age 35 and older).


### 15.3 Trends in Adult Mortality

Adult mortality, summarised here by the age-adjusted rate for ages $15-49$, changed modestly since the 2009 LDHS. ${ }^{2}$ The rate decreased from 13.7 deaths to 12.8 deaths per 1,000 population among women and from 16.6 deaths to 14.0 deaths per 1,000 population among men. Age-specific assessments of mortality rates indicate a declining trend for women in all age groups except 40-44 and 45-49; for men, there is a declining trend in all age groups except age $15-19$, where there is no change.

Table $\mathbf{1 5 . 3}$ provides an alternative summary, the probability of dying between exact ages 15 and $50,{ }_{35} \mathrm{q}_{15}$. That is, ${ }_{35} \mathrm{q}_{15}$ is the probability of a 15 -year-old woman or man dying before age 50 , if experiencing the agespecific death rates in Table 15.2. The 2014 LDHS data show that women and men have similar probabilities: 436 of 1,000 women age 15 , and 476 of 1,000 men age 15 , would be expected to die before reaching age 50 . In the 5 years between the 2009 and 2014 LDHS, the probability of dying between exact ages 15 and 50 decreased from 446 to 436 among women and from 535 to 476 among men. Confidence intervals for the ${ }_{35} q_{15}$ estimates are presented in Appendix B. 19 and indicate that the change between the surveys is not significant.

[^14]
### 15.4 Direct Estimates of Maternal Mortality

## Maternal mortality rate

The number of maternal deaths per 1,000 women age 15-49. Maternal mortality rates by 5 -year age groups are calculated by dividing the number of maternal deaths to female siblings of respondents in each age group by the total person-years of exposure of the sisters to the risk of dying in that age group during the 7 years prior to the survey. The number of deaths is the number of sisters reported as having died during pregnancy or delivery, or in the 2 months following the delivery in the specified period by their age group at the time of death. The person-years of exposure in each age group are calculated for both surviving and dead sisters based on their reported current age (living sisters) or age at death and years since death (dead sisters).
Sample: Sisters (both living and dead) age 15-49 in the specified period, by sex and 5 -year age groups.

## Maternal mortality ratio

The number of maternal deaths per 100,000 live births. The maternal mortality ratio is calculated by dividing the age-standardised maternal mortality rate for women age 15-49 for the specified period by the general fertility rate (GFR) for the same time period.

Maternal deaths are a subset of all female deaths; they are defined as any deaths that occur during pregnancy or childbirth, or within 2 months after the birth or termination of a pregnancy. Estimates of maternal mortality are therefore based solely on the timing of the death in relationship to the pregnancy. Two methods are generally used to estimate maternal mortality in developing countries: the indirect sisterhood method (Graham et al. 1989) and a direct variant of the sisterhood method (Rutenberg and Sullivan 1991; Stanton et al. 1997). In this report, the direct estimation procedure is applied. Age-specific estimates of maternal mortality from reported survivorship of sisters are shown in Table 15.4 for the 7-year period before the 2014 survey.

- The maternal mortality rate among women age 15-49 is 1.1 deaths per 1,000 woman-years of exposure.
- By 5-year age groups, the maternal mortality rate is highest among women age 35-39 (2.1) and lowest among women age 40-44 (0.2).
- The percentage of female deaths that are maternal deaths varies by age and ranges from less than $1 \%$ among women age 40-44 to $25 \%$ among women age 15-19.
- The estimated age-specific mortality rates display a plausible pattern, being generally higher during the peak childbearing ages than in the younger and older age groups. However, the age-specific pattern should be interpreted with caution because of the small number of events: only 67 maternal deaths were reported among women of all ages, representing $9 \%$ of female deaths.
- The maternal mortality ratio (MMR) has been estimated at 1,024 deaths per 100,000 live births during the 7 -year period before the survey. In other words, for every 1,000 live births in Lesotho during the 7 years before the 2014 LDHS, slightly more than 10 women died during pregnancy, during childbirth, or within 2 months of childbirth.
- The lifetime risk of maternal death ( 0.032 ) indicates that in the 7 -year period before the survey, $3 \%$ of women died during pregnancy or childbirth, or within 2 months of childbirth.

The estimated maternal mortality ratio in 2014 $(1,024)$ is lower than in the 2009 LDHS $(1,243)$ and higher than in the 2004 LDHS (939). As shown in Table 15.3 and Figure 15.2, the confidence interval surrounding the maternal mortality ratio of 1,024 deaths per 100,000 live births is 731 to 1,318 , while the confidence interval for the 2009 ratio of 1,243 deaths per 100,000 live births is $921-1,565$, and the confidence interval for the 2004 ratio of 939 deaths per 100,000 live births is 682 to 1,196 , showing that the MMR confidence intervals overlap substantially for the 2004, 2009, and 2014 surveys. ${ }^{3}$ The MMR estimates for 2004, 2009, and 2014 are not significantly different from one another. There is no evidence to conclude that the maternal mortality ratio has changed over the last decade.

Figure 15.2 Trends in maternal mortality ratios with confidence intervals

Maternal deaths per 100,000 live births


## List of Tables

For detailed information on adult and maternal mortality, see the following tables:

- Table 15.1 Completeness of information on siblings
- Table 15.2 Adult mortality rates
- Table 15.3 Adult mortality probabilities
- Table 15.4 Maternal mortality

[^15]Table 15.1 Completeness of information on siblings
Completeness of data on survival status of all sisters and brothers reported by interviewed women, age of living siblings, and age at death (AD) and years since death (YSD) of dead siblings (unweighted), Lesotho 2014

|  | Sisters |  | Brothers |  | All siblings |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Number | Percent | Number | Percent | Number | Percent |
| All siblings | 13,515 | 100.0 | 13,476 | 100.0 | 26,991 | 100.0 |
| Living | 10,784 | 79.8 | 10,384 | 77.1 | 21,168 | 78.4 |
| Dead | 2,715 | 20.1 | 3,080 | 22.9 | 5,795 | 21.5 |
| Survival status unknown | 16 | 0.1 | 12 | 0.1 | 28 | 0.1 |
| Living siblings | 10,784 | 100.0 | 10,384 | 100.0 | 21,168 | 100.0 |
| Age reported | 10,783 | 100.0 | 10,382 | 100.0 | 21,165 | 100.0 |
| Age missing | 1 | 0.0 | 2 | 0.0 | 3 | 0.0 |
| Dead siblings | 2,715 | 100.0 | 3,080 | 100.0 | 5,795 | 100.0 |
| AD and YSD reported | 2,714 | 100.0 | 3,078 | 99.9 | 5,792 | 99.9 |
| Missing only AD | nc | 0.0 | nc | 0.0 | nc | 0.0 |
| Missing only YSD | nc | 0.0 | nc | 0.0 | nc | 0.0 |
| Missing AD and YSD | 1 | 0.0 | 2 | 0.1 | 3 | 0.1 |

nc = No cases

Table 15.2 Adult mortality rates
Direct estimates of female and male mortality rates for the 7 years preceding the survey, by 5 -year age groups, Lesotho 2014

| Age | Deaths | Exposure years Mortality rates ${ }^{1}$ |  |
| :--- | ---: | ---: | ---: |
| WOMEN |  |  |  |
| $15-19$ | 23 | 10,201 | 2.29 |
| $20-24$ | 73 | 13,097 | 5.57 |
| $25-29$ | 137 | 12,511 | 10.93 |
| $30-34$ | 178 | 9,957 | 17.84 |
| $35-39$ | 130 | 6,785 | 19.12 |
| $40-44$ | 111 | 3,945 | 28.21 |
| $45-49$ | 83 | 2,732 | 30.29 |
| $15-49$ | 734 | 59,229 | $12.82^{\text {a }}$ |
|  |  |  |  |
|  | MEN |  |  |
| $15-19$ | 26 | 9,684 | 2.64 |
| $20-24$ | 68 | 12,325 | 5.49 |
| $25-29$ | 117 | 12,100 | 9.65 |
| $30-34$ | 163 | 9,277 | 16.51 |
| $35-39$ | 114 | 6,449 | 25.26 |
| $40-44$ | 104 | 3,907 | 29.28 |
| $45-49$ | 744 | 2,589 | 40.00 |
| $15-49$ | 56,331 | $13.99^{\text {a }}$ |  |

${ }^{1}$ Expressed per 1,000 population
${ }^{\text {a }}$ Age-adjusted rate

| Table 15.3 Adult mortality probabilities |  |  |
| :---: | :---: | :---: |
| The probability of dying between the ages of 15 and 50 for women and men for the 7 years preceding the survey, Lesotho 2014 |  |  |
|  | Women | Men |
| Survey | ${ }_{35} \mathrm{q}_{15}{ }^{1}$ | ${ }_{35} \mathrm{q}_{15}{ }^{1}$ |
| 2014 LDHS | 436 | 476 |
| 2009 LDHS | 446 | 535 |
| 2004 LDHS | 394 | 470 |

${ }^{1}$ The probability of dying between exact ages 15 and 50 , expressed per 1,000 persons who reach age 15
Table 15.4 Maternal mortality
Direct estimates of maternal mortality rates for the 7 years preceding the survey, by
Lesotho 2014

## Key Findings

- Knowledge of the cause of tuberculosis: Only $13 \%$ of women and $12 \%$ of men age 15-49 know that tuberculosis is caused by a microbe.
- Knowledge of modes of transmission of tuberculosis: Eighty-five percent of women and 75\% of men know that tuberculosis can be transmitted through the air by coughing and sneezing.
- Treatment-seeking behaviour for tuberculosis: Fiftynine percent of women and $50 \%$ of men sought treatment when experiencing symptoms associated with tuberculosis.

Tuberculosis (TB) is one of the top ten causes of morbidity and mortality in Lesotho. In 2014, the estimated per capita incidence of TB was $852 / 100,000$, ranking Lesotho first globally in terms of TB incidence (WHO 2015b). Co-infection with HIV is common; in 2014, $74 \%$ of TB patients tested were HIV positive (MOH 2015). Nevertheless, the TB case notification rate has declined over the last several years, and is now below $50 \%$ (WHO 2015b).

This chapter examines awareness of the factors that influence treatment-seeking behaviour. The information is organised in three sections: (1) knowledge of TB and its symptoms, cause, and modes of transmission; (2) the self-reported identification of symptoms associated with TB and, among those with symptoms who do not seek treatment, the reasons given for not seeking treatment; and (3) attitudes towards those who have had TB.

### 16.1 Respondents' Knowledge of Tuberculosis

### 16.1.1 Awareness of Tuberculosis and Knowledge that Tuberculosis Can Be Cured

Knowledge of tuberculosis among the general population is widespread (Table 16.1). The vast majority of both women and men age 15-49 ( $97 \%$ and $91 \%$, respectively) have heard of TB. Nine in 10 women and 8 in 10 men know that TB can be cured.

## Patterns by background characteristics

- The proportion of respondents who know that TB can be cured varies by district. Among women, knowledge that TB can be cured ranges from a low of $79 \%$ in Thaba-Tseka to a high of $93 \%$ in Maseru; among men, knowledge that TB can be cured ranges from $71 \%$ in Thaba-Tseka to $83 \%$ in Berea, Maseru, Mohale's Hoek, and Qacha's Nek.
- Knowledge that TB can be cured increases with education (Figure 16.1) and generally with wealth. For example, $74 \%$ of women and $68 \%$ of men with no education know that TB can be cured compared with $97 \%$ of women and $90 \%$ of men with more than secondary education.


### 16.1.2 Knowledge of Symptoms Associated with Tuberculosis

Survey respondents who had heard of tuberculosis were asked what signs and symptoms would lead them to think that a person had TB. Among respondents age 1549 , the symptoms of TB most commonly reported were coughing for several weeks ( $61 \%$ of women and $51 \%$ of men) followed by weight loss ( $48 \%$ of women and $37 \%$ of men), and night sweating ( $47 \%$ of women and $24 \%$ of men). Only $9 \%$ of women and $10 \%$ of men cited blood in the sputum as a symptom of TB (Table 16.2). Notably, nearly 1 in 10 women and 1 in 5 men were unable to name any TB-associated symptoms.

### 16.1.3 Knowledge of the Cause of Tuberculosis and Its Mode of Transmission

Tuberculosis is caused by the bacterium Mycobacterium tuberculosis and is mainly transmitted through the inhalation of $M$. tuberculosis-containing airborne particles produced by individuals with active pulmonary tuberculosis.

Respondents were asked what they thought the cause(s) of tuberculosis are. As shown in Tables 16.3.1 and 16.3.2, only $13 \%$ of women and $12 \%$ of men age 15-49 correctly stated that microbes are the cause of tuberculosis (Figure 16.2). Instead, the most common answers provided by respondents were dust or pollution ( $44 \%$ of women and $53 \%$ of men), smoking ( $25 \%$ of women and $34 \%$ of men), and exposure to cold temperatures ( $16 \%$ of women and $14 \%$ of men). Almost one in three women ( $29 \%$ ) and one in four men ( $23 \%$ ) were unable to name any cause of tuberculosis.

## Patterns by background characteristics

- Urban women ( $18 \%$ ) and men (19\%) are more aware than rural women $(10 \%)$ and men $(8 \%)$ that TB is caused by microbes.
- Knowledge that TB is caused by microbes increases with education. For example, only $1 \%$ of women and $4 \%$ of men with no education are aware that TB is caused by microbes compared with $39 \%$ of women and $41 \%$ of men with more than secondary education.
- Knowledge of the cause of TB also increases with wealth. Only 5\% of women in the poorest households know that TB is caused by microbes compared with $20 \%$ in the wealthiest households. Likewise, only $3 \%$ of men in the lowest wealth quintile know the cause of TB compared with $23 \%$ in the highest quintile.

Although knowledge of the cause of tuberculosis was low among respondents, $85 \%$ of women and $75 \%$ of men age 15-49 are aware that tuberculosis is spread through the air via coughing or sneezing (Table 16.4).

### 16.2 Self-Reported Symptoms, Diagnosis, and Treatment

### 16.2.1 Self-reported Tuberculosis Symptoms

To identify respondents who currently suffer from
Figure 16.3 Experience of tuberculosis symptoms tuberculosis or may have in the past, respondents were asked if they had experienced any of the following symptoms since age 15 : a cough for 2 weeks or more, fever for 2 weeks or more, sweating at night, and weight loss. Men were generally more likely than women to report having had symptoms associated with TB
(Figure 16.3). Among women age 15-49, 13\% reported a cough for 2 weeks or more, $10 \%$ reported fever for 2 weeks or more, $12 \%$ reported night sweating, and $24 \%$ reported weight loss (Table 16.5.1). Among men age $15-49,17 \%$ reported a cough for 2 weeks or more, $12 \%$ reported fever for 2 weeks or more, $17 \%$ reported night sweating, and $23 \%$ reported weight loss (Table 16.5.2).


### 16.2.2 Treatment Seeking for Tuberculosis Symptoms

Respondents who reported a least one symptom associated with tuberculosis were asked whether they had sought a consultation or treatment from any source. Fifty-nine percent of women and 50\% of men age 15-49 sought a consultation or treatment (Tables 16.6.1 and 16.6.2). Those respondents who did not seek a consultation or treatment were asked the main reason they did not. By far the most common reason given for women ( $80 \%$ ) and men ( $77 \%$ ) was that the symptoms they experienced were harmless. Although treatment for tuberculosis is provided free of charge in Lesotho, cost was cited by $5 \%$ of women and $6 \%$ of men as the main reason for not seeking a consultation or treatment.

## Patterns by background characteristics

- In general, the proportion of women and men who sought a consultation or treatment increased with age. For example, only $41 \%$ of women and $36 \%$ of men age $15-19$ who experienced a symptom associated with tuberculosis sought a consultation or treatment compared with $75 \%$ of women and $82 \%$ of men age 40-44.
- Rural men are more likely to seek a consultation or treatment than urban men ( $52 \%$ versus $46 \%$ ). Similar differences by residence are not seen for women.


### 16.2.3 Tuberculosis Diagnosis and Treatment

Respondents who had at least one symptom associated with tuberculosis were asked whether they were told they had TB by a doctor or nurse. Twelve percent of women and $15 \%$ of men say that they had been told by a doctor or a nurse that they had TB (Table 16.7). Among those who were told that they had TB, $98 \%$ (of both women and men) received medicine (Table 16.8).

The duration of standard (short course) TB treatment is 6 months. Among respondents told that they had TB who were provided with medicine, $87 \%$ of women and $78 \%$ of men reported that they were told to take treatment for 6 months. Seven percent of women and $6 \%$ of men were told to take treatment for more than 6 months, and $4 \%$ of women and $14 \%$ of men were told to take treatment for less than 6 months (Figure 16.4).

Figure 16.4 Tuberculosis treatment length
Percent distribution of women and men age 15-49 diagnosed with tuberculosis who received medicine for tuberculosis and were told to take it for the specified period of time


### 16.3 Attitudes towards Those Treated for Tuberculosis

Respondents who had heard of TB were asked if they would be willing to work with someone who had previously been treated for the disease. Ninety-five percent of women and $92 \%$ of men indicated that they would be willing to (Table 16.9). The proportion of respondents with positive attitudes towards those who had received treatment was higher among urban respondents than rural respondents, and generally increased with education and wealth.

For detailed information on tuberculosis-related knowledge, attitudes, and behaviours, see the following tables:

- Table 16.1 Knowledge of tuberculosis
- Table 16.2 Knowledge of specific symptoms of tuberculosis
- Table 16.3.1 Knowledge of the cause of tuberculosis: Women
- Table 16.3.2 Knowledge of the cause of tuberculosis: Men
- Table 16.4 Knowledge of the mode of tuberculosis transmission
- Table 16.5.1 Experience of symptoms of tuberculosis: Women
- Table 16.5.2 Experience of symptoms of tuberculosis: Men
- Table 16.6.1 Treatment seeking for symptoms of tuberculosis: Women
- Table 16.6.2 Treatment seeking for symptoms of tuberculosis: Men
- Table 16.7 Diagnosis of tuberculosis
- Table 16.8 Received medicine for tuberculosis
- Table 16.9 Positive attitudes towards those with tuberculosis

| Table 16.1 Knowledge of tuberculosis |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percentage of women and men who have heard of tuberculosis (TB), and who believe that TB can be cured, by background characteristics, Lesotho 2014 |  |  |  |  |  |  |
|  | Women |  |  | Men |  |  |
| Background characteristic | Has heard of TB | Believes TB can be cured | Number of women | Has heard of TB | Believes TB can be cured | Number of men |
| Age |  |  |  |  |  |  |
| 15-19 | 94.1 | 81.1 | 1,440 | 93.1 | 73.6 | 691 |
| 20-24 | 96.2 | 89.0 | 1,325 | 95.3 | 82.8 | 561 |
| 25-29 | 97.3 | 91.0 | 1,094 | 94.6 | 87.1 | 410 |
| 30-34 | 98.0 | 93.7 | 957 | 89.2 | 80.9 | 334 |
| 35-39 | 98.7 | 94.0 | 744 | 86.0 | 80.0 | 276 |
| 40-44 | 97.5 | 95.6 | 562 | 81.3 | 78.0 | 221 |
| 45-49 | 98.1 | 93.7 | 499 | 84.0 | 79.5 | 168 |
| Marital status |  |  |  |  |  |  |
| Never married | 95.7 | 86.5 | 2,190 | 92.8 | 77.6 | 1,501 |
| Married or living together | 96.9 | 90.5 | 3,612 | 90.2 | 84.1 | 983 |
| Divorced/separated/widowed | 98.2 | 95.0 | 819 | 80.6 | 77.0 | 176 |
| Residence |  |  |  |  |  |  |
| Urban | 98.3 | 93.6 | 2,419 | 93.6 | 85.7 | 920 |
| Rural | 95.8 | 87.5 | 4,202 | 89.6 | 76.9 | 1,741 |
| Ecological zone |  |  |  |  |  |  |
| Lowlands | 97.9 | 91.9 | 4,184 | 92.5 | 83.0 | 1,711 |
| Foothills | 95.8 | 87.2 | 688 | 86.7 | 73.9 | 252 |
| Mountains | 93.7 | 84.2 | 1,288 | 88.7 | 73.3 | 523 |
| Senqu River Valley | 95.8 | 89.3 | 461 | 90.2 | 78.5 | 174 |
| District |  |  |  |  |  |  |
| Butha-Buthe | 93.6 | 86.6 | 385 | 88.3 | 76.1 | 143 |
| Leribe | 97.1 | 88.8 | 1,064 | 93.7 | 79.8 | 390 |
| Berea | 95.3 | 90.2 | 892 | 89.0 | 82.6 | 379 |
| Maseru | 98.7 | 92.5 | 1,864 | 91.9 | 82.5 | 809 |
| Mafeteng | 98.1 | 91.4 | 576 | 91.4 | 80.2 | 242 |
| Mohale's Hoek | 98.3 | 92.1 | 519 | 93.1 | 82.5 | 202 |
| Quthing | 94.4 | 89.1 | 315 | 88.7 | 76.3 | 105 |
| Qacha's Nek | 96.9 | 88.6 | 204 | 92.2 | 82.6 | 74 |
| Mokhotlong | 96.3 | 88.9 | 349 | 92.3 | 71.6 | 144 |
| Thaba-Tseka | 91.3 | 79.4 | 452 | 84.2 | 70.6 | 172 |
| Education |  |  |  |  |  |  |
| No education | 90.5 | 73.5 | 68 | 82.2 | 67.9 | 213 |
| Primary incomplete | 94.4 | 83.9 | 1,178 | 87.2 | 73.8 | 875 |
| Primary complete | 95.8 | 87.6 | 1,375 | 89.9 | 79.2 | 316 |
| Secondary | 97.6 | 91.7 | 3,418 | 95.7 | 85.7 | 1,043 |
| More than secondary | 98.7 | 97.2 | 581 | 94.4 | 90.1 | 214 |
| Wealth quintile |  |  |  |  |  |  |
| Lowest | 92.5 | 81.4 | 960 | 84.3 | 66.2 | 376 |
| Second | 94.8 | 86.0 | 1,033 | 86.9 | 78.3 | 479 |
| Middle | 96.7 | 89.2 | 1,244 | 91.6 | 81.1 | 536 |
| Fourth | 98.8 | 92.9 | 1,605 | 94.3 | 84.5 | 616 |
| Highest | 98.2 | 94.0 | 1,778 | 94.4 | 83.9 | 654 |
| Total 15-49 | 96.7 | 89.8 | 6,621 | 91.0 | 79.9 | 2,660 |
| 50-59 | na | na | na | 84.3 | 76.2 | 271 |
| Total 15-59 | na | na | na | 90.4 | 79.6 | 2,931 |


| Table 16.2 Knowledge of specific symptoms of tuberculosis |  |  |  |  |
| :--- | ---: | ---: | ---: | :---: |
| Among women and men age |  |  | 15-49 who have heard of tuberculosis, |  |
| percentage who cite specific symptoms of tuberculosis, Lesotho 2014 |  |  |  |  |
| Symptom | Women | Men | Total |  |
| Coughing | 22.2 | 21.5 | 22.0 |  |
| Coughing with sputum | 8.3 | 10.1 | 8.8 |  |
| Coughing for several weeks | 60.5 | 50.9 | 57.8 |  |
| Fever | 8.5 | 4.5 | 7.4 |  |
| Blood in sputum | 8.8 | 9.5 | 9.0 |  |
| Loss of appetite | 28.2 | 14.3 | 24.4 |  |
| Night sweating | 47.4 | 23.6 | 40.9 |  |
| Pain in chest or back | 7.1 | 7.1 | 7.1 |  |
| Tiredness/fatigue | 6.3 | 5.7 | 6.1 |  |
| Weight loss | 48.3 | 37.2 | 45.2 |  |
| Other | 0.0 | 14.6 | 4.0 |  |
| Does not know | 8.8 | 17.2 | 11.1 |  |
| No symptoms | 0.2 | 0.7 | 0.3 |  |
| Number of respondents | 6,403 | 2,421 | 8,824 |  |

Table 16.3.1 Knowledge of the cause of tuberculosis: Women
Among women age 15-49 who have heard of tuberculosis, percentage who cite specific causes of tuberculosis, by background characteristics, Lesotho 2014

| Background characteristic | Causes cited |  |  |  |  |  |  |  |  | Number of women |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Microbes/ germs/ bacteria | Inherited | Lifestyle | Smoking | Alcohol drinking | $\begin{gathered} \text { Exposure } \\ \text { to cold } \\ \text { temperatures } \end{gathered}$ | Dust/ pollution | Other | Don't know |  |
| Age |  |  |  |  |  |  |  |  |  |  |
| 15-19 | 11.8 | 0.6 | 0.8 | 22.8 | 7.8 | 9.8 | 42.9 | 4.4 | 31.4 | 1,354 |
| 20-24 | 9.9 | 0.5 | 0.5 | 24.7 | 8.9 | 16.8 | 44.1 | 3.6 | 29.9 | 1,275 |
| 25-29 | 12.6 | 1.0 | 1.1 | 28.3 | 11.1 | 16.8 | 43.3 | 4.8 | 29.3 | 1,064 |
| 30-34 | 13.3 | 1.1 | 1.0 | 25.4 | 10.6 | 21.6 | 44.5 | 4.4 | 27.8 | 938 |
| 35-39 | 16.5 | 0.9 | 1.0 | 23.6 | 9.6 | 14.8 | 45.7 | 5.6 | 27.3 | 734 |
| 40-44 | 14.1 | 1.3 | 0.7 | 26.5 | 10.0 | 15.9 | 46.4 | 3.9 | 25.9 | 548 |
| 45-49 | 13.6 | 1.7 | 0.6 | 21.5 | 9.4 | 17.0 | 47.5 | 4.6 | 25.1 | 490 |
| Marital status |  |  |  |  |  |  |  |  |  |  |
| Never married | 13.7 | 0.8 | 0.8 | 24.8 | 8.8 | 15.4 | 44.6 | 4.8 | 27.3 | 2,097 |
| Married or living together | 11.7 | 1.0 | 0.9 | 25.1 | 10.0 | 15.4 | 44.1 | 4.3 | 29.7 | 3,502 |
| Divorced/separated/ widowed | 13.9 | 0.9 | 0.7 | 23.3 | 9.1 | 18.0 | 45.3 | 3.7 | 28.8 | 804 |
| Residence |  |  |  |  |  |  |  |  |  |  |
| Urban | 17.6 | 1.2 | 1.0 | 27.2 | 11.4 | 18.3 | 44.9 | 4.7 | 23.2 | 2,379 |
| Rural | 9.7 | 0.7 | 0.7 | 23.4 | 8.4 | 14.2 | 44.1 | 4.3 | 32.1 | 4,024 |
| Ecological zone |  |  |  |  |  |  |  |  |  |  |
| Lowlands | 15.4 | 1.2 | 0.8 | 25.8 | 10.8 | 18.2 | 48.6 | 4.6 | 22.7 | 4,095 |
| Foothills | 8.0 | 0.4 | 1.3 | 22.9 | 7.4 | 13.3 | 37.1 | 2.8 | 36.9 | 659 |
| Mountains | 7.3 | 0.3 | 0.7 | 22.5 | 6.5 | 9.2 | 37.2 | 4.3 | 41.7 | 1,207 |
| Senqu River Valley | 9.1 | 0.8 | 0.6 | 24.0 | 8.4 | 13.9 | 35.9 | 6.1 | 37.9 | 442 |
| District |  |  |  |  |  |  |  |  |  |  |
| Butha-Buthe | 10.9 | 0.3 | 0.9 | 21.5 | 5.7 | 5.9 | 43.8 | 1.4 | 37.6 | 360 |
| Leribe | 14.2 | 0.6 | 0.7 | 25.4 | 9.3 | 13.0 | 51.7 | 4.4 | 23.5 | 1,032 |
| Berea | 16.6 | 1.0 | 2.0 | 35.3 | 10.9 | 21.1 | 58.9 | 5.7 | 13.5 | 851 |
| Maseru | 13.5 | 1.2 | 0.3 | 22.8 | 11.6 | 21.7 | 41.4 | 3.9 | 27.4 | 1,839 |
| Mafeteng | 13.1 | 1.2 | 1.0 | 21.2 | 8.5 | 15.2 | 41.0 | 4.4 | 29.6 | 565 |
| Mohale's Hoek | 10.7 | 1.1 | 0.6 | 20.1 | 9.5 | 10.0 | 30.5 | 5.2 | 41.7 | 510 |
| Quthing | 8.7 | 1.3 | 0.8 | 29.7 | 9.2 | 15.5 | 46.1 | 5.9 | 28.2 | 297 |
| Qacha's Nek | 11.9 | 0.9 | 0.8 | 25.4 | 7.8 | 9.8 | 34.3 | 8.2 | 34.9 | 197 |
| Mokhotlong | 6.3 | 0.1 | 0.6 | 26.1 | 6.3 | 4.6 | 39.8 | 3.8 | 41.6 | 336 |
| Thaba-Tseka | 8.9 | 0.3 | 0.8 | 19.1 | 6.0 | 13.3 | 39.5 | 3.3 | 42.2 | 413 |
| Education |  |  |  |  |  |  |  |  |  |  |
| No education | 0.5 | 0.0 | 2.4 | 13.0 | 7.7 | 23.5 | 39.4 | 9.7 | 35.8 | 61 |
| Primary incomplete | 4.7 | 0.1 | 0.6 | 22.7 | 9.0 | 15.0 | 37.5 | 5.0 | 38.5 | 1,113 |
| Primary complete | 5.5 | 0.8 | 0.7 | 23.5 | 8.3 | 16.9 | 43.3 | 3.2 | 35.0 | 1,318 |
| Secondary | 13.8 | 1.1 | 0.7 | 26.0 | 10.5 | 15.7 | 47.8 | 4.5 | 24.9 | 3,337 |
| More than secondary | 38.9 | 1.4 | 2.2 | 25.8 | 7.7 | 13.9 | 41.1 | 5.3 | 17.5 | 574 |
| Wealth quintile |  |  |  |  |  |  |  |  |  |  |
| Lowest | 4.5 | 0.2 | 0.7 | 24.2 | 7.7 | 10.2 | 34.4 | 5.1 | 44.0 | 888 |
| Second | 6.5 | 0.6 | 0.9 | 21.6 | 7.7 | 13.8 | 39.5 | 4.1 | 36.7 | 980 |
| Middle | 12.0 | 0.6 | 0.6 | 23.7 | 8.6 | 16.0 | 45.3 | 5.1 | 29.5 | 1,203 |
| Fourth | 13.2 | 1.1 | 0.4 | 25.8 | 10.9 | 15.4 | 51.1 | 3.7 | 24.3 | 1,586 |
| Highest | 20.2 | 1.5 | 1.4 | 26.7 | 10.8 | 19.7 | 45.6 | 4.4 | 20.3 | 1,747 |
| Total 15-49 | 12.7 | 0.9 | 0.8 | 24.8 | 9.5 | 15.7 | 44.4 | 4.4 | 28.8 | 6,403 |

Table 16.3.2 Knowledge of the cause of tuberculosis: Men
Among men age 15-49 who have heard of tuberculosis, percentage who cite specific causes of tuberculosis, by background characteristics, Lesotho 2014

| Background characteristic | Causes cited |  |  |  |  |  |  |  |  | Number of men |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Microbes/ germs/ bacteria | Inherited | Lifestyle | Smoking | Alcohol drinking | $\begin{gathered} \text { Exposure } \\ \text { to cold } \\ \text { temperatures } \end{gathered}$ | Dust/ pollution | Other | Don't know |  |
| Age |  |  |  |  |  |  |  |  |  |  |
| 15-19 | 8.8 | 0.2 | 0.4 | 26.6 | 6.1 | 10.0 | 50.3 | 2.8 | 29.7 | 644 |
| 20-24 | 12.0 | 0.8 | 2.2 | 34.6 | 9.4 | 14.9 | 49.7 | 2.8 | 23.0 | 534 |
| 25-29 | 12.3 | 0.5 | 2.0 | 41.5 | 13.5 | 14.3 | 57.1 | 5.6 | 18.5 | 387 |
| 30-34 | 9.7 | 0.5 | 1.2 | 37.5 | 10.0 | 19.7 | 56.0 | 3.7 | 19.1 | 298 |
| 35-39 | 13.4 | 0.7 | 0.4 | 39.8 | 10.4 | 16.3 | 55.5 | 7.0 | 18.6 | 237 |
| 40-44 | 17.8 | 3.0 | 0.0 | 32.6 | 7.7 | 17.5 | 55.9 | 3.1 | 15.0 | 179 |
| 45-49 | 15.0 | 0.5 | 2.9 | 34.2 | 13.5 | 14.9 | 59.3 | 8.2 | 21.1 | 141 |
| Marital status |  |  |  |  |  |  |  |  |  |  |
| Never married | 11.1 | 0.6 | 1.3 | 30.9 | 7.6 | 13.3 | 51.0 | 3.7 | 25.5 | 1,393 |
| Married or living together | 12.4 | 0.8 | 1.2 | 38.7 | 12.6 | 16.2 | 57.1 | 4.2 | 18.0 | 887 |
| Divorced/separated/ widowed | 12.8 | 0.5 | 1.5 | 39.2 | 8.1 | 14.2 | 54.4 | 7.0 | 20.4 | 142 |
| Residence |  |  |  |  |  |  |  |  |  |  |
| Urban | 19.3 | 1.0 | 2.5 | 38.8 | 10.7 | 17.6 | 52.2 | 4.6 | 16.7 | 861 |
| Rural | 7.5 | 0.5 | 0.6 | 31.8 | 8.8 | 12.7 | 54.0 | 3.8 | 25.6 | 1,560 |
| Ecological zone |  |  |  |  |  |  |  |  |  |  |
| Lowlands | 14.2 | 0.9 | 1.8 | 36.8 | 10.7 | 16.9 | 54.9 | 4.3 | 18.4 | 1,582 |
| Foothills | 8.7 | 0.3 | 0.5 | 30.6 | 5.0 | 12.9 | 48.4 | 2.4 | 28.0 | 218 |
| Mountains | 6.3 | 0.2 | 0.2 | 26.8 | 7.0 | 6.8 | 49.6 | 3.9 | 33.4 | 464 |
| Senqu River Valley | 6.2 | 0.9 | 0.4 | 36.2 | 10.8 | 13.6 | 56.8 | 5.4 | 23.6 | 157 |
| District |  |  |  |  |  |  |  |  |  |  |
| Butha-Buthe | 6.6 | 0.8 | 0.5 | 36.3 | 6.8 | 4.2 | 56.7 | 2.4 | 26.4 | 126 |
| Leribe | 13.4 | 0.6 | 1.2 | 35.4 | 6.2 | 11.7 | 69.6 | 4.8 | 13.7 | 365 |
| Berea | 11.1 | 1.2 | 3.5 | 42.5 | 13.1 | 22.0 | 56.9 | 5.6 | 14.4 | 338 |
| Maseru | 15.8 | 0.8 | 1.4 | 35.5 | 11.2 | 20.3 | 48.0 | 3.2 | 19.8 | 744 |
| Mafeteng | 8.8 | 0.7 | 0.8 | 26.3 | 9.2 | 8.9 | 48.8 | 4.0 | 29.7 | 221 |
| Mohale's Hoek | 11.8 | 0.0 | 0.3 | 31.4 | 12.2 | 8.6 | 42.2 | 5.3 | 33.4 | 188 |
| Quthing | 7.2 | 1.6 | 0.6 | 39.0 | 11.2 | 14.5 | 56.2 | 4.1 | 19.4 | 93 |
| Qacha's Nek | 12.3 | 0.9 | 1.1 | 35.6 | 10.6 | 11.8 | 50.5 | 6.5 | 25.5 | 69 |
| Mokhotlong | 3.4 | 0.3 | 0.0 | 26.6 | 4.7 | 2.3 | 48.3 | 5.2 | 37.7 | 133 |
| Thaba-Tseka | 6.2 | 0.0 | 0.0 | 23.1 | 2.3 | 10.6 | 54.8 | 1.6 | 34.6 | 145 |
| Education |  |  |  |  |  |  |  |  |  |  |
| No education | 3.6 | 0.8 | 0.0 | 28.4 | 7.5 | 13.5 | 49.3 | 5.4 | 26.8 | 175 |
| Primary incomplete | 3.3 | 0.3 | 0.5 | 31.3 | 7.9 | 10.2 | 47.4 | 4.1 | 33.2 | 763 |
| Primary complete | 8.3 | 1.1 | 1.4 | 41.0 | 12.7 | 14.6 | 63.1 | 3.0 | 18.2 | 284 |
| Secondary | 14.4 | 0.8 | 1.6 | 34.5 | 9.9 | 16.6 | 57.8 | 3.9 | 17.1 | 998 |
| More than secondary | 41.4 | 0.8 | 3.6 | 40.0 | 10.4 | 19.8 | 44.2 | 5.5 | 10.8 | 202 |
| Wealth quintile |  |  |  |  |  |  |  |  |  |  |
| Lowest | 2.7 | 0.2 | 0.2 | 30.7 | 7.6 | 7.8 | 50.0 | 4.9 | 30.5 | 317 |
| Second | 7.6 | 0.6 | 0.8 | 32.8 | 7.8 | 13.9 | 52.7 | 3.3 | 26.6 | 416 |
| Middle | 5.9 | 0.4 | 0.6 | 36.5 | 10.8 | 11.2 | 55.1 | 3.9 | 25.4 | 491 |
| Fourth | 12.6 | 0.7 | 0.7 | 35.4 | 9.5 | 15.8 | 56.6 | 3.2 | 20.9 | 581 |
| Highest | 22.6 | 1.2 | 3.3 | 34.2 | 10.5 | 19.4 | 51.3 | 5.3 | 14.6 | 617 |
| Total 15-49 | 11.7 | 0.7 | 1.3 | 34.3 | 9.5 | 14.4 | 53.4 | 4.1 | 22.5 | 2,421 |
| 50-59 | 8.8 | 2.8 | 1.0 | 27.5 | 10.2 | 11.5 | 56.1 | 8.0 | 23.4 | 228 |
| Total 15-59 | 11.4 | 0.9 | 1.3 | 33.7 | 9.5 | 14.2 | 53.6 | 4.4 | 22.5 | 2,650 |


| Table 16.4 Knowledge of the mode of tuberculosis transmission |  |  |  |
| :--- | ---: | ---: | ---: |
|  | Among women and men age 15-49 who have heard of tuberculosis (TB), |  |  |
| percentage who cite specific modes of TB transmission, Lesotho 2014 |  |  |  |
| Mode of transmission | Women | Men | Total |
| Through the air when coughing or sneezing | 84.7 | 75.2 | 82.1 |
| Sharing utensils | 8.0 | 7.4 | 7.8 |
| Touching a person with TB | 1.9 | 1.8 | 1.9 |
| Sharing food | 1.7 | 2.4 | 1.9 |
| Sexual contact | 1.1 | 1.8 | 1.3 |
| Mosquito bites | 0.0 | 0.1 | 0.0 |
| Other | 4.3 | 4.7 | 4.4 |
| Does not know | 13.1 | 20.8 | 15.2 |
| Number of respondents | 6,403 | 2,421 | 8,824 |


| Percentage of women age 15-49 who have had symptoms associated with tuberculosis since age 15, by background characteristics, Lesotho 2014 |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Background characteristic | Cough for 2 weeks or more | Fever for 2 weeks or more | Night sweating | Weight loss | Number of women |
| Age |  |  |  |  |  |
| 15-19 | 11.5 | 6.4 | 9.4 | 17.0 | 1,440 |
| 20-24 | 11.4 | 7.4 | 8.8 | 23.0 | 1,325 |
| 25-29 | 12.3 | 8.7 | 11.5 | 25.9 | 1,094 |
| 30-34 | 16.1 | 10.8 | 13.0 | 27.4 | 957 |
| 35-39 | 12.8 | 10.0 | 12.2 | 24.7 | 744 |
| 40-44 | 16.5 | 14.7 | 18.0 | 27.4 | 562 |
| 45-49 | 17.7 | 19.3 | 21.9 | 33.3 | 499 |
| Marital status |  |  |  |  |  |
| Never married | 13.1 | 8.1 | 10.2 | 19.3 | 2,190 |
| Married or living together | 12.3 | 9.6 | 11.8 | 25.5 | 3,612 |
| Divorced/separated/widowed | 18.6 | 14.5 | 18.7 | 31.1 | 819 |
| Residence |  |  |  |  |  |
| Urban | 14.6 | 10.0 | 12.9 | 24.2 | 2,419 |
| Rural | 12.6 | 9.6 | 11.7 | 24.1 | 4,202 |
| Ecological zone |  |  |  |  |  |
| Lowlands | 14.8 | 10.8 | 13.0 | 25.0 | 4,184 |
| Foothills | 12.8 | 7.9 | 10.7 | 30.2 | 688 |
| Mountains | 10.2 | 7.9 | 10.7 | 20.0 | 1,288 |
| Senqu River Valley | 9.3 | 7.5 | 10.4 | 19.1 | 461 |
| District |  |  |  |  |  |
| Butha-Buthe | 8.1 | 5.9 | 6.4 | 20.5 | 385 |
| Leribe | 13.8 | 8.9 | 10.9 | 24.9 | 1,064 |
| Berea | 13.1 | 9.3 | 11.8 | 23.6 | 892 |
| Maseru | 17.9 | 12.5 | 16.1 | 29.2 | 1,864 |
| Mafeteng | 12.1 | 11.4 | 13.0 | 24.0 | 576 |
| Mohale's Hoek | 9.7 | 7.9 | 9.5 | 16.8 | 519 |
| Quthing | 8.3 | 7.1 | 11.6 | 20.9 | 315 |
| Qacha's Nek | 14.9 | 9.1 | 9.9 | 22.8 | 204 |
| Mokhotlong | 13.2 | 10.1 | 14.8 | 30.3 | 349 |
| Thaba-Tseka | 7.1 | 5.7 | 5.7 | 12.2 | 452 |
| Education |  |  |  |  |  |
| No education | 16.6 | 15.2 | 22.1 | 30.5 | 68 |
| Primary incomplete | 16.3 | 14.4 | 17.3 | 29.8 | 1,178 |
| Primary complete | 11.8 | 10.1 | 12.3 | 26.8 | 1,375 |
| Secondary | 12.9 | 8.7 | 11.1 | 22.1 | 3,418 |
| More than secondary | 12.9 | 4.7 | 6.6 | 17.4 | 581 |
| Wealth quintile |  |  |  |  |  |
| Lowest | 10.4 | 8.9 | 11.7 | 22.2 | 960 |
| Second | 13.5 | 10.1 | 12.8 | 27.2 | 1,033 |
| Middle | 15.2 | 11.3 | 12.3 | 26.4 | 1,244 |
| Fourth | 12.3 | 10.5 | 12.4 | 25.4 | 1,605 |
| Highest | 14.4 | 8.2 | 11.8 | 20.6 | 1,778 |
| Total 15-49 | 13.3 | 9.7 | 12.1 | 24.1 | 6,621 |

Table 16.5.2 Experience of symptoms of tuberculosis: Men
Percentage of men age 15-49 who have had symptoms associated with tuberculosis since age 15, by background characteristics, Lesotho 2014

| Background characteristic | Cough for 2 weeks or more | Fever for 2 weeks or more | Night sweating | Weight loss | Number of men |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Age |  |  |  |  |  |
| 15-19 | 13.8 | 6.1 | 10.7 | 12.1 | 691 |
| 20-24 | 15.0 | 10.1 | 13.6 | 21.4 | 561 |
| 25-29 | 14.2 | 10.2 | 15.4 | 26.5 | 410 |
| 30-34 | 17.6 | 11.3 | 19.2 | 27.7 | 334 |
| 35-39 | 18.3 | 18.6 | 23.8 | 31.1 | 276 |
| 40-44 | 26.7 | 25.1 | 26.9 | 34.9 | 221 |
| 45-49 | 20.6 | 18.9 | 25.1 | 24.2 | 168 |
| Marital status |  |  |  |  |  |
| Never married | 15.7 | 9.5 | 12.6 | 18.4 | 1,501 |
| Married or living together | 16.5 | 13.3 | 20.5 | 27.2 | 983 |
| Divorced/separated/widowed | 24.3 | 24.2 | 30.0 | 36.7 | 176 |
| Residence |  |  |  |  |  |
| Urban | 16.3 | 11.4 | 17.5 | 22.8 | 920 |
| Rural | 16.7 | 12.1 | 16.3 | 22.9 | 1,741 |
| Ecological zone |  |  |  |  |  |
| Lowlands | 17.6 | 13.0 | 18.3 | 24.3 | 1,711 |
| Foothills | 18.4 | 10.5 | 14.7 | 25.0 | 252 |
| Mountains | 13.7 | 9.7 | 13.1 | 19.0 | 523 |
| Senqu River Valley | 12.2 | 10.0 | 14.4 | 17.3 | 174 |
| District |  |  |  |  |  |
| Butha-Buthe | 16.3 | 13.4 | 14.5 | 28.0 | 143 |
| Leribe | 18.2 | 12.4 | 12.9 | 20.8 | 390 |
| Berea | 13.9 | 10.8 | 15.7 | 18.8 | 379 |
| Maseru | 20.0 | 13.9 | 22.4 | 28.5 | 809 |
| Mafeteng | 18.2 | 14.8 | 21.7 | 25.1 | 242 |
| Mohale's Hoek | 11.2 | 7.8 | 8.9 | 14.8 | 202 |
| Quthing | 13.0 | 7.9 | 11.8 | 16.5 | 105 |
| Qacha's Nek | 13.8 | 7.1 | 11.5 | 13.3 | 74 |
| Mokhotlong | 16.5 | 9.4 | 17.2 | 26.6 | 144 |
| Thaba-Tseka | 10.3 | 9.7 | 9.8 | 17.0 | 172 |
| Education |  |  |  |  |  |
| No education | 21.0 | 18.6 | 19.5 | 29.6 | 213 |
| Primary incomplete | 18.0 | 15.0 | 20.2 | 27.1 | 875 |
| Primary complete | 16.0 | 12.0 | 19.8 | 29.2 | 316 |
| Secondary | 15.5 | 9.2 | 13.1 | 18.6 | 1,043 |
| More than secondary | 12.2 | 5.2 | 12.7 | 10.0 | 214 |
| Wealth quintile |  |  |  |  |  |
| Lowest | 20.6 | 12.5 | 17.1 | 26.8 | 376 |
| Second | 15.8 | 15.3 | 19.7 | 23.0 | 479 |
| Middle | 16.0 | 11.4 | 14.0 | 21.9 | 536 |
| Fourth | 15.7 | 11.0 | 17.2 | 25.1 | 616 |
| Highest | 16.1 | 10.2 | 16.0 | 19.3 | 654 |
| Total 15-49 | 16.6 | 11.9 | 16.7 | 22.9 | 2,660 |
| 50-59 | 27.1 | 21.7 | 29.5 | 34.6 | 271 |
| Total 15-59 | 17.5 | 12.8 | 17.9 | 23.9 | 2,931 |

Table 16.6.1 Treatment seeking for symptoms of tuberculosis: Women
Percentage of women age 15-49 who have had symptoms associated with tuberculosis since age 15, by whether they sought treatment for the symptoms and by reason for not seeking treatment, according to background characteristics, Lesotho 2014

| Background characteristic | Percentage seeking consultation or treatment | Number of women | Reason for not seeking consultation/treatment |  |  |  |  |  | Total | Number of women who did not seek treatment |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | Symptoms harmless | Cost | Distance | Embarrassed | Long queue | Other |  |  |
| Age |  |  |  |  |  |  |  |  |  |  |
| 15-19 | 41.2 | 358 | 78.3 | 5.8 | 1.0 | 0.3 | 0.0 | 14.6 | 100.0 | 210 |
| 20-24 | 50.6 | 383 | 81.8 | 2.8 | 2.6 | 0.0 | 0.9 | 12.0 | 100.0 | 189 |
| 25-29 | 64.6 | 335 | 84.5 | 3.6 | 3.1 | 0.0 | 1.5 | 7.2 | 100.0 | 119 |
| 30-34 | 64.1 | 326 | 81.1 | 1.6 | 0.4 | 0.0 | 2.5 | 14.4 | 100.0 | 117 |
| 35-39 | 61.0 | 232 | 83.5 | 8.4 | 0.0 | 1.1 | 0.0 | 6.9 | 100.0 | 91 |
| 40-44 | 74.5 | 189 | 80.8 | 8.1 | 2.6 | 0.0 | 0.0 | 8.5 | 100.0 | 48 |
| 45-49 | 73.1 | 202 | (66.9) | (6.2) | (8.7) | (0.0) | (0.0) | (18.3) | 100.0 | 55 |
| Marital status |  |  |  |  |  |  |  |  |  |  |
| Never married | 48.2 | 606 | 81.1 | 5.3 | 1.2 | 0.2 | 0.5 | 11.7 | 100.0 | 314 |
| Married or living together | 60.5 | 1,108 | 80.7 | 4.1 | 2.2 | 0.2 | 1.1 | 11.7 | 100.0 | 437 |
| Divorced/separated/ widowed | 75.5 | 311 | 75.3 | 5.5 | 4.9 | 0.0 | 0.0 | 14.3 | 100.0 | 76 |
| Employment status |  |  |  |  |  |  |  |  |  |  |
| Currently working | 64.1 | 846 | 82.5 | 3.7 | 1.6 | 0.0 | 1.4 | 10.8 | 100.0 | 304 |
| Currently not working, but worked in past |  |  |  |  |  |  |  |  |  |  |
| 12 months | 60.0 | 231 | 80.0 | 7.2 | 0.5 | 0.0 | 0.0 | 12.3 | 100.0 | 92 |
| Has not worked in more than 12 months | 54.4 | 947 | 78.9 | 4.8 | 2.7 | 0.4 | 0.5 | 12.7 | 100.0 | 432 |
| Residence |  |  |  |  |  |  |  |  |  |  |
| Urban | 58.5 | 784 | 85.8 | 0.5 | 2.3 | 0.2 | 1.0 | 10.1 | 100.0 | 326 |
| Rural | 59.5 | 1,240 | 76.8 | 7.4 | 1.9 | 0.2 | 0.6 | 13.1 | 100.0 | 502 |
| Ecological zone |  |  |  |  |  |  |  |  |  |  |
| Lowlands | 58.6 | 1,366 | 80.7 | 5.1 | 2.4 | 0.1 | 0.9 | 10.7 | 100.0 | 566 |
| Foothills | 58.4 | 234 | 81.4 | 3.7 | 1.8 | 0.0 | 0.0 | 13.1 | 100.0 | 97 |
| Mountains | 59.6 | 318 | 76.4 | 4.2 | 1.4 | 0.8 | 0.9 | 16.3 | 100.0 | 128 |
| Senqu River Valley | 66.2 | 106 | 85.2 | 1.2 | 0.5 | 0.0 | 0.0 | 13.2 | 100.0 | 36 |
| District |  |  |  |  |  |  |  |  |  |  |
| Butha-Buthe | 57.2 | 89 | 83.0 | 11.6 | 0.0 | 0.0 | 0.0 | 5.4 | 100.0 | 38 |
| Leribe | 58.5 | 344 | 76.7 | 1.1 | 3.6 | 0.0 | 2.7 | 15.9 | 100.0 | 143 |
| Berea | 64.1 | 267 | 84.6 | 7.9 | 0.0 | 0.0 | 0.0 | 7.6 | 100.0 | 96 |
| Maseru | 59.0 | 709 | 81.7 | 3.0 | 3.3 | 0.0 | 0.5 | 11.5 | 100.0 | 290 |
| Mafeteng | 52.8 | 174 | 81.4 | 6.3 | 0.7 | 0.8 | 0.0 | 10.8 | 100.0 | 82 |
| Mohale's Hoek | 59.1 | 107 | 82.2 | 12.0 | 0.0 | 0.0 | 0.0 | 5.9 | 100.0 | 44 |
| Quthing | 59.0 | 78 | 67.7 | 2.6 | 0.5 | 0.0 | 0.0 | 29.2 | 100.0 | 32 |
| Qacha's Nek | 61.3 | 60 | 78.5 | 2.1 | 0.0 | 0.0 | 2.1 | 17.3 | 100.0 | 23 |
| Mokhotlong | 54.5 | 125 | 83.2 | 4.0 | 0.9 | 1.8 | 0.0 | 10.1 | 100.0 | 57 |
| Thaba-Tseka | 67.8 | 73 | (68.5) | (9.7) | (5.4) | (0.0) | (2.6) | (13.8) | 100.0 | 24 |
| Education |  |  |  |  |  |  |  |  |  |  |
| No education | (44.9) | 24 | * | * | * | * | * | * | 100.0 | 13 |
| Primary incomplete | 59.4 | 426 | 66.4 | 12.5 | 2.4 | 0.0 | 0.4 | 18.3 | 100.0 | 173 |
| Primary complete | 66.1 | 431 | 78.8 | 5.8 | 3.8 | 0.7 | 0.0 | 10.9 | 100.0 | 146 |
| Secondary | 57.5 | 991 | 86.0 | 2.0 | 1.7 | 0.2 | 1.4 | 8.7 | 100.0 | 422 |
| More than secondary | 51.7 | 153 | 87.8 | 0.0 | 0.0 | 0.0 | 0.0 | 12.2 | 100.0 | 74 |
| Wealth quintile |  |  |  |  |  |  |  |  |  |  |
| Lowest | 60.7 | 255 | 72.2 | 8.6 | 1.0 | 1.0 | 0.6 | 16.6 | 100.0 | 100 |
| Second | 60.6 | 336 | 74.9 | 9.0 | 2.5 | 0.0 | 0.9 | 12.7 | 100.0 | 132 |
| Middle | 60.0 | 402 | 74.5 | 7.9 | 3.0 | 0.0 | 1.9 | 12.6 | 100.0 | 161 |
| Fourth | 59.6 | 507 | 84.6 | 1.9 | 3.9 | 0.3 | 0.0 | 9.3 | 100.0 | 205 |
| Highest | 56.2 | 526 | 87.3 | 0.6 | 0.0 | 0.0 | 0.6 | 11.5 | 100.0 | 230 |
| Total 15-49 | 59.1 | 2,025 | 80.3 | 4.7 | 2.1 | 0.2 | 0.8 | 12.0 | 100.0 | 828 |

Note: Figures in parentheses are based on 25-49 unweighted cases. An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.

Table 16.6.2 Treatment seeking for symptoms of tuberculosis: Men
Percentage of men aged 15-49 who have had symptoms associated with tuberculosis since age 15, by whether they sought treatment for the symptoms and by reason for not seeking treatment, according to background characteristics, Lesotho 2014

| Background characteristic | Percentage seeking consultation or treatment | Number of men | Reason for not seeking consultation/treatment |  |  |  |  |  | Total | Number of men who did not seek treatment |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | Symptoms harmless | Cost | Distance | Embarrassed | Long queue | Other |  |  |
| Age |  |  |  |  |  |  |  |  |  |  |
| 15-19 | 36.0 | 164 | 77.0 | 6.0 | 4.3 | 1.3 | 0.0 | 11.4 | 100.0 | 105 |
| 20-24 | 37.2 | 174 | 83.3 | 4.1 | 2.6 | 1.6 | 0.0 | 8.5 | 100.0 | 109 |
| 25-29 | 43.4 | 148 | 73.1 | 9.5 | 2.8 | 1.2 | 0.0 | 13.3 | 100.0 | 84 |
| 30-34 | 51.7 | 119 | 76.7 | 0.0 | 1.3 | 4.8 | 0.0 | 17.2 | 100.0 | 58 |
| 35-39 | 53.7 | 112 | (67.1) | (14.0) | (1.8) | (0.0) | (0.0) | (17.1) | 100.0 | 52 |
| 40-44 | 81.9 | 99 | * | ( | * | * | * | (17.1) | 100.0 | 18 |
| 45-49 | 71.8 | 57 | * | * | * | * | * | * | 100.0 | 16 |
| Marital status |  |  |  |  |  |  |  |  |  |  |
| Never married | 41.9 | 428 | 77.7 | 6.3 | 2.6 | 1.9 | 0.0 | 11.5 | 100.0 | 249 |
| Married or living together | 54.6 | 360 | 78.0 | 3.4 | 3.7 | 0.5 | 0.0 | 14.4 | 100.0 | 163 |
| Divorced/separated/ widowed | 65.9 | 85 | (60.1) | (17.9) | (0.0) | (4.3) | (3.8) | (13.8) | 100.0 | 29 |
| Employment status |  |  |  |  |  |  |  |  |  |  |
| Currently working | 47.4 | 561 | 75.5 | 5.6 | 2.7 | 1.4 | 0.4 | 14.5 | 100.0 | 295 |
| Currently not working, but worked in past 12 months | 59.1 | 116 | (78.1) | (14.9) | (3.9) | (0.0) | (0.0) | (3.1) | 100.0 | 47 |
| Has not worked in more than 12 months | 49.6 | 196 | 79.6 | 3.0 | 2.7 | 2.7 | 0.0 | 12.0 | 100.0 | 99 |
| Residence |  |  |  |  |  |  |  |  |  |  |
| Urban | 45.8 | 331 | 81.5 | 7.5 | 0.7 | 1.3 | 0.0 | 9.0 | 100.0 | 179 |
| Rural | 51.7 | 542 | 73.4 | 5.0 | 4.3 | 1.7 | 0.4 | 15.3 | 100.0 | 262 |
| Ecological zone |  |  |  |  |  |  |  |  |  |  |
| Lowlands | 48.6 | 613 | 78.6 | 7.3 | 1.9 | 1.3 | 0.4 | 10.7 | 100.0 | 315 |
| Foothills | 46.3 | 86 | (71.8) | (6.6) | (2.2) | (3.5) | (0.0) | (15.9) | 100.0 | 46 |
| Mountains | 54.5 | 133 | 75.5 | 0.9 | 6.0 | 0.0 | 0.0 | 17.7 | 100.0 | 61 |
| Senqu River Valley | 52.1 | 41 | (61.5) | (0.0) | (9.5) | (5.8) | (0.0) | (23.2) | 100.0 | 20 |
| District |  |  |  |  |  |  |  |  |  |  |
| Butha-Buthe | 44.3 | 47 | (62.4) | (5.5) | (14.1) | (8.0) | (0.0) | (10.0) | 100.0 | 26 |
| Leribe | 60.0 | 123 | (77.7) | (0.0) | (5.6) | (3.5) | (0.0) | (13.2) | 100.0 | 49 |
| Berea | 44.0 | 116 | 86.4 | 4.1 | 0.0 | 0.0 | 0.0 | 9.5 | 100.0 | 65 |
| Maseru | 47.2 | 333 | 78.0 | 10.5 | 0.0 | 0.7 | 0.0 | 10.7 | 100.0 | 176 |
| Mafeteng | 46.8 | 86 | 74.5 | 2.9 | 7.0 | 1.5 | 2.4 | 11.7 | 100.0 | 46 |
| Mohale's Hoek | 51.5 | 43 | (61.8) | (9.3) | (13.4) | (0.0) | (0.0) | (15.5) | 100.0 | 21 |
| Quthing | (55.2) | 24 | * | * | * | * | * |  | 100.0 | 11 |
| Qacha's Nek | (52.4) | 18 | (71.8) | (0.0) | (0.0) | (2.5) | (0.0) | (25.7) | 100.0 | 8 |
| Mokhotlong | 43.9 | 49 | (84.6) | (1.9) | (0.0) | (0.0) | (0.0) | (13.5) | 100.0 | 27 |
| Thaba-Tseka | (65.2) | 35 | * | * | * | * | * | * | 100.0 | 12 |
| Education |  |  |  |  |  |  |  |  |  |  |
| No education | 60.4 | 78 | (74.1) | (6.8) | (2.3) | (2.5) | (0.0) | (14.2) | 100.0 | 31 |
| Primary incomplete | 46.5 | 318 | 69.2 | 9.3 | 4.0 | 1.9 | 0.7 | 14.9 | 100.0 | 170 |
| Primary complete | 55.3 | 123 | 85.3 | 1.5 | 0.0 | 0.4 | 0.0 | 12.8 | 100.0 | 55 |
| Secondary | 47.2 | 300 | 78.8 | 4.8 | 3.1 | 1.7 | 0.0 | 11.6 | 100.0 | 158 |
| More than secondary | (50.0) | 53 | * | * | * | * | * | * | 100.0 | 27 |
| Wealth quintile |  |  |  |  |  |  |  |  |  |  |
| Lowest | 54.8 | 129 | 67.4 | 1.4 | 7.5 | 2.8 | 0.0 | 21.0 | 100.0 | 58 |
| Second | 53.6 | 148 | 73.6 | 5.7 | 1.7 | 2.5 | 1.6 | 14.8 | 100.0 | 69 |
| Middle | 44.8 | 167 | 71.2 | 11.7 | 4.0 | 1.6 | 0.0 | 11.5 | 100.0 | 92 |
| Fourth | 53.0 | 207 | 78.6 | 5.8 | 0.0 | 2.1 | 0.0 | 13.4 | 100.0 | 97 |
| Highest | 43.8 | 222 | 85.2 | 4.2 | 2.5 | 0.0 | 0.0 | 8.0 | 100.0 | 124 |
| Total 15-49 | 49.5 | 873 | 76.7 | 6.0 | 2.8 | 1.6 | 0.3 | 12.7 | 100.0 | 441 |
| 50-59 | 72.1 | 125 | (67.4) | (7.7) | (7.9) | (0.0) | (0.0) | (17.0) | 100.0 | 35 |
| Total 15-59 | 52.3 | 998 | 76.0 | 6.1 | 3.2 | 1.4 | 0.2 | 13.0 | 100.0 | 476 |

Note: Figures in parentheses are based on 25-49 unweighted cases. An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.

| Table 16.7 Diagnosis of tuberculosis |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| Among women and men age 15-49 who have had any of the specific symptoms associated with tuberculosis (TB) since age 15, percentage who were told by a doctor or a nurse that they had TB, by background characteristics, Lesotho 2014 |  |  |  |  |
|  | Women |  | Men |  |
| Background characteristic | Percentage diagnosed with TB | Number with TB-specific symptoms | Percentage diagnosed with TB | Number with TB-specific symptoms |
| Age |  |  |  |  |
| 15-19 | 3.5 | 358 | 0.6 | 164 |
| 20-24 | 5.2 | 383 | 3.3 | 174 |
| 25-29 | 12.2 | 335 | 7.0 | 148 |
| 30-34 | 13.4 | 326 | 22.5 | 119 |
| 35-39 | 15.6 | 232 | 23.6 | 112 |
| 40-44 | 28.9 | 189 | 36.9 | 99 |
| 45-49 | 21.0 | 202 | 39.3 | 57 |
| Marital status |  |  |  |  |
| Never married | 7.3 | 606 | 7.0 | 428 |
| Married or living together | 11.1 | 1,108 | 20.1 | 360 |
| Divorced/separated/widowed | 26.6 | 311 | 31.7 | 85 |
| Employment status |  |  |  |  |
| Currently working | 14.6 | 846 | 12.9 | 561 |
| Currently not working but worked in past 12 months | 9.2 | 231 | 21.0 | 116 |
| Has not worked in more than |  |  |  |  |
| 12 months | 11.2 | 947 | 16.6 | 196 |
| Residence |  |  |  |  |
| Urban | 14.3 | 784 | 13.1 | 331 |
| Rural | 11.1 | 1,240 | 15.8 | 542 |
| Ecological zone |  |  |  |  |
| Lowlands | 13.1 | 1,366 | 14.9 | 613 |
| Foothills | 6.2 | 234 | 16.0 | 86 |
| Mountains | 13.2 | 318 | 12.5 | 133 |
| Senqu River Valley | 13.7 | 106 | 18.7 | 41 |
| District |  |  |  |  |
| Butha-Buthe | 10.0 | 89 | 15.4 | 47 |
| Leribe | 8.7 | 344 | 14.8 | 123 |
| Berea | 14.8 | 267 | 14.7 | 116 |
| Maseru | 14.1 | 709 | 13.9 | 333 |
| Mafeteng | 9.6 | 174 | 18.6 | 86 |
| Mohale's Hoek | 14.5 | 107 | 12.2 | 43 |
| Quthing | 16.1 | 78 | (15.5) | 24 |
| Qacha's Nek | 9.3 | 60 | (16.5) | 18 |
| Mokhotlong | 13.1 | 125 | 11.8 | 49 |
| Thaba-Tseka | 7.7 | 73 | (19.1) | 35 |
| Education |  |  |  |  |
| No education | * | 24 | 23.1 | 78 |
| Primary incomplete | 12.2 | 426 | 15.7 | 318 |
| Primary complete | 15.3 | 431 | 17.6 | 123 |
| Secondary | 11.7 | 991 | 9.9 | 300 |
| More than secondary | 9.7 | 153 | (18.4) | 53 |
| Wealth quintile |  |  |  |  |
| Lowest | 8.1 | 255 | 19.9 | 129 |
| Second | 12.8 | 336 | 17.7 | 148 |
| Middle | 14.3 | 402 | 14.5 | 167 |
| Fourth | 11.4 | 507 | 14.5 | 207 |
| Highest | 13.7 | 526 | 10.3 | 222 |
| Total 15-49 | 12.4 | 2,025 | 14.8 | 873 |
| 50-59 | na | na | 28.5 | 125 |
| Total 15-59 | na | na | 16.5 | 998 |

Note: Figures in parentheses are based on 25-49 unweighted cases. An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.
na $=$ Not applicable

Table 16.8 Received medicine for tuberculosis
Among women and men age 15-49 who were told by a doctor or nurse that they had tuberculosis (TB), percentage who received medicine, by background characteristics, Lesotho 2014

| Background characteristic | Women |  | Men |  |
| :---: | :---: | :---: | :---: | :---: |
|  | Percentage diagnosed who received medicine | Number told they had TB | Percentage diagnosed who received medicine | Number told they had TB |
| Age |  |  |  |  |
| 15-19 | * | 12 | * | 1 |
| 20-24 | * | 20 | * | 6 |
| 25-29 | (100.0) | 41 | * | 10 |
| 30-34 | (97.0) | 44 | ** | 27 |
| 35-39 | (98.6) | 36 | (100.0) | 26 |
| 40-44 | 94.1 | 55 | (100.0) | 37 |
| 45-49 | (100.0) | 42 | * | 22 |
| Marital status |  |  |  |  |
| Never married | (97.0) | 44 | (100.0) | 30 |
| Married or living together | 98.3 | 123 | 97.2 | 72 |
| Divorced/separated/widowed | 98.0 | 83 | (100.0) | 27 |
| Employment status |  |  |  |  |
| Currently working | 100.0 | 123 | 97.2 | 72 |
| Currently not working but worked in past 12 months | * | 21 | * | 24 |
| Has not worked in more than |  |  |  |  |
| Residence |  |  |  |  |
| Urban | 100.0 | 112 | (95.3) | 43 |
| Rural | 96.4 | 138 | 100.0 | 86 |
| Ecological zone |  |  |  |  |
| Lowlands | 98.6 | 179 | 97.8 | 91 |
| Foothills | * | 15 | * | 14 |
| Mountains | 94.0 | 42 | * | 17 |
| Senqu River Valley | (100.0) | 15 | * | 8 |
| Education |  |  |  |  |
| No education | * | 2 | * | 18 |
| Primary incomplete | 95.2 | 52 | (100.0) | 50 |
| Primary complete | 99.3 | 66 | * | 22 |
| Secondary | 98.2 | 116 | (100.0) | 30 |
| More than secondary | * | 15 | * | 10 |
| Wealth quintile |  |  |  |  |
| Lowest | (97.6) | 21 | (100.0) | 26 |
| Second | (89.5) | 43 | * | 26 |
| Middle | 100.0 | 57 | * | 24 |
| Fourth | (100.0) | 58 | (100.0) | 30 |
| Highest | 100.0 | 72 | * | 23 |
| Total 15-49 | 98.0 | 250 | 98.4 | 129 |
| 50-59 | na | na | (100.0) | 36 |
| Total 15-59 | na | na | 98.8 | 165 |

Note: Figures in parentheses are based on 25-49 unweighted cases. An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.
na $=$ Not applicable

| Percentage of women and men who have heard of tuberculosis who are willing to work with someone who has previously been treated for tuberculosis, according to background characteristics, Lesotho 2014 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  | Women |  | Men |  |
| Background characteristic | Willing to work with someone previously treated for TB | Number | Willing to work with someone previously treated for TB | Number |
| Age |  |  |  |  |
| 15-19 | 90.4 | 1,354 | 86.0 | 644 |
| 20-24 | 95.6 | 1,275 | 91.7 | 534 |
| 25-29 | 94.5 | 1,064 | 93.9 | 387 |
| 30-34 | 96.3 | 938 | 96.1 | 298 |
| 35-39 | 97.0 | 734 | 96.0 | 237 |
| 40-44 | 97.5 | 548 | 95.6 | 179 |
| 45-49 | 94.6 | 490 | 93.8 | 141 |
| Marital status |  |  |  |  |
| Never married | 94.0 | 2,097 | 89.4 | 1,393 |
| Married or living together | 94.7 | 3,502 | 95.3 | 887 |
| Divorced/separated/widowed | 96.2 | 804 | 95.5 | 142 |
| Employment status |  |  |  |  |
|  | 97.1 | 2,393 | 93.2 | 1,439 |
| Currently not working but |  |  |  |  |
| Has not worked in more than |  |  |  |  |
| Residence |  |  |  |  |
| Urban | 97.2 | 2,379 | 96.8 | 861 |
| Rural | 93.2 | 4,024 | 89.2 | 1,560 |
| Ecological zone |  |  |  |  |
| Lowlands | 96.2 | 4,095 | 94.6 | 1,582 |
| Foothills | 93.0 | 659 | 88.1 | 218 |
| Mountains | 90.9 | 1,207 | 84.8 | 464 |
| Senqu River Valley | 93.1 | 442 | 91.1 | 157 |
| District |  |  |  |  |
| Butha-Buthe | 93.6 | 360 | 89.1 | 126 |
| Leribe | 96.3 | 1,032 | 93.6 | 365 |
| Berea | 96.0 | 851 | 96.2 | 338 |
| Maseru | 96.4 | 1,839 | 95.3 | 744 |
| Mafeteng | 93.9 | 565 | 86.2 | 221 |
| Mohale's Hoek | 92.3 | 510 | 91.4 | 188 |
| Quthing | 92.4 | 297 | 91.8 | 93 |
| Qacha's Nek | 93.1 | 197 | 92.9 | 69 |
| Mokhotlong | 91.5 | 336 | 81.2 | 133 |
| Thaba-Tseka | 89.7 | 413 | 81.6 | 145 |
| Education |  |  |  |  |
| No education | 81.7 | 61 | 83.7 | 175 |
| Primary incomplete | 87.2 | 1,113 | 84.4 | 763 |
| Primary complete | 94.9 | 1,318 | 94.3 | 284 |
| Secondary | 96.6 | 3,337 | 97.4 | 998 |
| More than secondary | 98.6 | 574 | 97.1 | 202 |
| Wealth quintile |  |  |  |  |
| Lowest | 88.7 | 888 | 81.1 | 317 |
| Second | 91.6 | 980 | 90.5 | 416 |
| Middle | 94.7 | 1,203 | 92.5 | 491 |
| Fourth | 96.7 | 1,586 | 92.3 | 581 |
| Highest | 97.6 | 1,747 | 97.6 | 617 |
| Total 15-49 | 94.7 | 6,403 | 91.9 | 2,421 |
| 50-59 | na | na | 92.5 | 228 |
| Total 15-59 | na | na | 92.0 | 2,650 |
| na $=$ Not applicable |  |  |  |  |

## Key Findings

- Breast cancer screening: One in 10 women (10\%) age 15-49 have had a clinical exam for breast cancer in the past 12 months.
- Cervical cancer screening: Eleven percent of women age 15-49 have had a Pap smear, $4 \%$ in the past 12 months.
- Knowledge of diabetes: Most women (91\%) and men ( $87 \%$ ) age 15-49 have heard of diabetes, but 4 in 10 women ( $43 \%$ ) and 5 in 10 men (53\%) do not know any symptoms.
- Blood pressure: Nineteen percent of women and 13\% of men age 15-49 have hypertension. One in five women and one in seven men with hypertension ( $5 \%$ of all women and $2 \%$ of all men age $15-49$ ) have their hypertension controlled with medication.

Noncommunicable diseases (NCDs) are a significant and growing burden on the health of individuals and populations worldwide. Screening and prevention are key tools in the control of NCDs. This chapter presents information on knowledge of breast cancer, experience with breast self-exams and clinical breast exams, knowledge of cervical cancer and experience with screening for cervical cancer via a Pap smear exam, knowledge and history of diabetes, and history of blood pressure screening and blood pressure status. Lesotho instituted its noncommunicable disease program in 2000.

### 17.1 Knowledge of Breast Cancer

Most women ( $87 \%$ ) and men ( $70 \%$ ) age 15-49 in Lesotho have heard of breast cancer (Figure 17.1). However, only $16 \%$ of women and $17 \%$ of men who have heard of breast cancer know that both women and men can develop breast cancer (Tables 17.1.1 and 17.1.2).

Patterns by background characteristics

Figure 17.1 Knowledge of breast cancer by education
Percentage of women and men age 15-49 who have heard of breast cancer


- Urban women (95\%) and men
$(84 \%)$ are more likely to have heard of breast cancer than rural women ( $82 \%$ ) and men ( $62 \%$ ).
- There is a range in knowledge by district among both women and men. Thaba-Tseka has the lowest level of knowledge among districts for both women (73\%) and men (48\%). The highest levels of knowledge are $92 \%$ among women in Berea and Maseru and $79 \%$ among men in Leribe.
- Knowledge of breast cancer increases with both education (Figure 17.1) and wealth among both sexes.


### 17.2 Breast Self-examination and Clinical Exam

Slightly fewer than 4 in 10 women age 15-49 (38\%) have performed a breast self-exam in the past 12 months, and 1 in 10 women ( $10 \%$ ) has had a clinical exam for breast cancer in the past 12 months (Table 17.2).

Trends: The prevalence of self-exams has increased over time, from $26 \%$ in 2009 to $38 \%$ in 2014. Similarly, the prevalence of clinical breast exams has increased from 5\% in 2009 to $10 \%$ in 2014.

## Patterns by background characteristics

- The youngest women (age 15-19) are the least likely to have conducted a self-exam (30\%) or to have had a clinical exam ( $6 \%$ ) in the past 12 months.
- Urban women are more likely than rural women to report conducting a self-exam ( $44 \%$ versus $34 \%$ ) but only slightly more likely to report having a clinical exam ( $11 \%$ versus $9 \%$ ).
- The likelihood of having conducted a self-exam or having had a clinical exam generally increases with education and wealth. Fifteen percent of women with more than secondary education have had a clinical exam compared with $6-10 \%$ of women with less education. Likewise, $59 \%$ of women with more than secondary education have conducted a self-exam compared with $23-40 \%$ with less education. Women in the highest wealth quintile are more likely to conduct self-exams ( $47 \%$ ) and have clinical exams $(12 \%)$ than women in lower wealth categories (28-40\% and 6-11\%).


### 17.3 Knowledge of and Experience with Cervical Cancer Exam

The Papanicolaou (Pap) smear exam is used to screen for cervical cancer, the leading cause of cancer deaths among women in the developing world. Less than half (47\%) of women age 15-49 have heard of the Pap smear exam. Eleven percent have ever had a Pap smear, and $4 \%$ have had a Pap smear in the past 12 months (Table 17.3).

Trends: While the proportion of women who have heard of the Pap smear exam has increased from $31 \%$ in 2009 to $47 \%$ in 2014, the proportion of women who have had a Pap smear in the past 12 months has decreased slightly from $6 \%$ in 2009 to $4 \%$ in 2014.

Patterns by background characteristics

- Urban women are more likely than rural women to have heard of the Pap smear ( $58 \%$ versus $40 \%$ ), to have ever had a Pap smear ( $15 \%$ versus $8 \%$ ), or had a Pap smear in the past 12 months ( $5 \%$ versus $3 \%$ ).
- The likelihood of having heard of the Pap smear, having ever had a Pap smear, or having had a Pap smear in the past 12 months increases with education (Figure 17.2) and wealth. Women with more than secondary education ( $24 \%$ ) and women in the highest wealth quintile ( $19 \%$ ) are much more likely than women with lower levels of education (2-11\%) or women in lower wealth quintiles (3-10\%) to have ever had a Pap smear.


### 17.4 Knowledge and History of Diabetes

Large majorities of women (91\%) and men (87\%) age 15-49 have heard of diabetes (Table 17.4). However, more than 4 in 10 women ( $43 \%$ ) and 5 in 10 men ( $53 \%$ ) do not know any symptoms (Table 17.5). Less than 1 percent of women and men have been diagnosed with diabetes by a doctor or a nurse (Table 17.6).

Trends: The proportion of women who report having ever been diagnosed with diabetes by a doctor or nurse has changed only slightly since 2009 ( $2 \%$ in 2009 compared with $1 \%$ in 2014).

### 17.5 History of High Blood Pressure

Three in 10 women (30\%) and nearly 6 in 10 men (59\%) age 15-49 report never having had their blood pressure measured. Most of those who have had their blood pressure measured report that the most recent measurement took place less than 6 months before the survey ( $62 \%$ of women and $47 \%$ of men). Seventeen percent of women and $11 \%$ of men whose blood pressure has ever been measured were told they had high blood pressure by a doctor or nurse, and nearly all women (95\%) and men (93\%) told they had high blood pressure report taking some action to lower their blood pressure (Table 17.7). The most common actions taken were to take medication they had been prescribed ( $77 \%$ of women and $60 \%$ of men), cut down on salt in food consumed ( $76 \%$ of women and $66 \%$ of men), and exercising ( $53 \%$ of women and $69 \%$ of men).

Trends: The proportion of women who have had their blood pressure checked has increased, rising from 53\% in 2009 to $70 \%$ in 2014.

### 17.6 Blood Pressure Status

The 2014 LDHS asked a subset of women and all men if they would agree to have their blood pressure measured; almost all selected women ( $96 \%$ ) and men ( $95 \%$ ) age 15-49 consented (Table 17.8).

| Blood pressure status | Systolic ( mmHg ) |  | Diastolic ( mmHg ) |
| :---: | :---: | :---: | :---: |
| Optimal | <120 | AND | <80 |
| Normal | 120-129 | OR | 80-84 |
| High normal | 130-139 | OR | 85-89 |
| Level of hypertension |  |  |  |
| Grade 1, mildly elevated | 140-159 | OR | 90-99 |
| Grade 2, moderately elevated | 160-179 | OR | 100-109 |
| Grade 3, severely elevated | 180+ | OR | 110+ |

Note: Respondents whose blood pressure would fall in two different rows based on their systolic and diastolic levels are classified according to the highest blood pressure row they fall in on either of those two measures.

Individuals were classified as hypertensive if their systolic blood pressure was 140 mmHg or higher or if their diastolic blood pressure was 90 mmHg or higher. Elevated blood pressure was classified as mild, moderate, or severe, according to the cutoff points recommended by the World Health Organization and the National Institutes of Health (WHO 1999; NIH 1997). Following internationally recommended guidelines, individuals were also considered hypertensive if they had a normal average blood pressure reading but were taking antihypertensive medication.

In Lesotho, $19 \%$ of women and $13 \%$ of men age 15-49 have hypertension. Five percent of women and $2 \%$ of men have normal blood pressure and are taking medication to control blood pressure (Tables 17.9.1 and 17.9.2).

## Patterns by background characteristics

- As expected, the prevalence of hypertension generally increases with age among both women and men.
- The prevalence of hypertension is higher in urban areas than in rural areas for both women ( $23 \%$ versus $18 \%$ ) and men ( $16 \%$ versus $11 \%$ ).

Figure 17.3 Hypertension and Body Mass Index (BMI)

Percentage of women and men age 15-49 with hypertension by BMI category

■Thin $■$ Normal ■Overweight ■ Obese

- There is a larger difference in rates of hypertension between those who use tobacco and those who do not among women ( $29 \%$ versus 18\%) than among men (14\% versus $12 \%$ ) (Tables 17.10.1 and 17.10.2).
- More women (77\%) than men (64\%) with hypertension had previously been told by a doctor or a nurse that they had high blood pressure.

- Rates of hypertension increase with BMI among both women and men (Figure 17.3).

For detailed information on noncommunicable diseases, see the following tables:

- Table 17.1.1 Knowledge of breast cancer: Women
- Table 17.1.2 Knowledge of breast cancer: Men
- Table 17.2 Breast self-exam and clinical exam
- Table 17.3 Knowledge of, and experience with, the Pap smear exam
- Table 17.4 Knowledge of diabetes
- Table 17.5 Knowledge of specific symptoms of diabetes
- Table 17.6 History of diabetes
- Table 17.7 History of high blood pressure and actions taken to lower blood pressure
- Table 17.8 Coverage of blood pressure measurement among women and men
- Table 17.9.1 Blood pressure status: Women
- Table 17.9.2 Blood pressure status: Men
- Table 17.10.1 Blood pressure status by health status measures: Women
- Table 17.10.2 Blood pressure status by health status measures: Men


## Table 17.1.1 Knowledge of breast cancer: Women

Percentage of women age 15-49 who have heard of breast cancer, and among women who have heard of breast cancer, the percentage who say women only, men only, or both women and men can get breast cancer; by background characteristics, Lesotho 2014

| Background characteristics | Has heard of breast cancer | Number of women | Among women who have heard of breast cancer, percentage who |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | Says only women can get breast cancer | Says only men can get breast cancer | Says both women and men can get breast cancer | Total | Number of women |
| Age |  |  |  |  |  |  |  |
| 15-19 | 77.2 | 1,440 | 91.0 | 0.2 | 8.8 | 100.0 | 1,111 |
| 20-24 | 87.2 | 1,325 | 85.7 | 0.1 | 14.2 | 100.0 | 1,156 |
| 25-29 | 88.4 | 1,094 | 81.4 | 0.0 | 18.6 | 100.0 | 967 |
| 30-34 | 90.2 | 957 | 84.6 | 0.0 | 15.4 | 100.0 | 864 |
| 35-39 | 91.7 | 744 | 82.4 | 0.3 | 17.3 | 100.0 | 682 |
| 40-44 | 91.5 | 562 | 79.0 | 0.2 | 20.7 | 100.0 | 514 |
| 45-49 | 91.3 | 499 | 78.0 | 0.0 | 22.0 | 100.0 | 456 |
| Marital status |  |  |  |  |  |  |  |
| Never married | 82.8 | 2,190 | 84.4 | 0.2 | 15.4 | 100.0 | 1,813 |
| Married or living together | 88.6 | 3,612 | 84.4 | 0.1 | 15.5 | 100.0 | 3,199 |
| Divorced/separated/widowed | 90.0 | 819 | 82.9 | 0.0 | 17.1 | 100.0 | 736 |
| Residence |  |  |  |  |  |  |  |
| Urban | 94.9 | 2,419 | 80.5 | 0.1 | 19.3 | 100.0 | 2,297 |
| Rural | 82.2 | 4,202 | 86.7 | 0.1 | 13.2 | 100.0 | 3,452 |
| Ecological zone |  |  |  |  |  |  |  |
| Lowlands | 93.1 | 4,184 | 82.4 | 0.1 | 17.5 | 100.0 | 3,894 |
| Foothills | 78.4 | 688 | 89.1 | 0.0 | 10.9 | 100.0 | 539 |
| Mountains | 74.8 | 1,288 | 88.5 | 0.1 | 11.4 | 100.0 | 963 |
| Senqu River Valley | 76.3 | 461 | 85.7 | 0.3 | 14.1 | 100.0 | 352 |
| District |  |  |  |  |  |  |  |
| Butha-Buthe | 75.6 | 385 | 87.9 | 0.1 | 12.0 | 100.0 | 291 |
| Leribe | 91.2 | 1,064 | 87.1 | 0.1 | 12.8 | 100.0 | 970 |
| Berea | 92.1 | 892 | 81.3 | 0.0 | 18.7 | 100.0 | 822 |
| Maseru | 92.3 | 1,864 | 81.4 | 0.1 | 18.4 | 100.0 | 1,721 |
| Mafeteng | 90.0 | 576 | 84.2 | 0.2 | 15.6 | 100.0 | 518 |
| Mohale's Hoek | 80.1 | 519 | 86.9 | 0.0 | 13.1 | 100.0 | 416 |
| Quthing | 78.0 | 315 | 81.8 | 0.4 | 17.9 | 100.0 | 245 |
| Qacha's Nek | 79.0 | 204 | 84.4 | 0.5 | 15.0 | 100.0 | 161 |
| Mokhotlong | 78.6 | 349 | 86.1 | 0.0 | 13.9 | 100.0 | 274 |
| Thaba-Tseka | 72.8 | 452 | 91.5 | 0.0 | 8.5 | 100.0 | 329 |
| Education |  |  |  |  |  |  |  |
| No education | 74.1 | 68 | 91.1 | 0.0 | 8.9 | 100.0 | 50 |
| Primary incomplete | 73.7 | 1,178 | 86.4 | 0.3 | 13.2 | 100.0 | 868 |
| Primary complete | 84.0 | 1,375 | 88.1 | 0.2 | 11.7 | 100.0 | 1,155 |
| Secondary | 90.7 | 3,418 | 85.3 | 0.0 | 14.7 | 100.0 | 3,099 |
| More than secondary | 99.2 | 581 | 67.0 | 0.2 | 32.8 | 100.0 | 577 |
| Wealth quintile |  |  |  |  |  |  |  |
| Lowest | 70.1 | 960 | 91.0 | 0.1 | 9.0 | 100.0 | 673 |
| Second | 77.7 | 1,033 | 89.5 | 0.0 | 10.5 | 100.0 | 803 |
| Middle | 86.6 | 1,244 | 87.1 | 0.1 | 12.8 | 100.0 | 1,077 |
| Fourth | 92.7 | 1,605 | 84.4 | 0.1 | 15.5 | 100.0 | 1,488 |
| Highest | 96.0 | 1,778 | 77.1 | 0.2 | 22.7 | 100.0 | 1,707 |
| Total 15-49 | 86.8 | 6,621 | 84.2 | 0.1 | 15.7 | 100.0 | 5,749 |

## Table 17.1.2 Knowledge of breast cancer: Men

Percentage of men age 15-49 who have heard of breast cancer, and among men who have heard of breast cancer, the percentage who say women only, men only, or both women and men can get breast cancer; by background characteristics, Lesotho 2014

| Background characteristics | Has heard of breast cancer | Number of men | Among men who have heard of breast cancer, percentage who |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | Say only women can get breast cancer | Say only men can get breast cancer | Say both women and men can get breast cancer | Total | Number of men |
| Age |  |  |  |  |  |  |  |
| 15-19 | 54.9 | 691 | 87.3 | 0.0 | 12.7 | 100.0 | 380 |
| 20-24 | 68.7 | 561 | 85.5 | 0.1 | 14.4 | 100.0 | 385 |
| 25-29 | 71.6 | 410 | 80.7 | 0.9 | 18.4 | 100.0 | 293 |
| 30-34 | 78.2 | 334 | 83.0 | 0.0 | 17.0 | 100.0 | 261 |
| 35-39 | 79.1 | 276 | 82.9 | 0.0 | 17.1 | 100.0 | 218 |
| 40-44 | 78.1 | 221 | 75.3 | 0.0 | 24.7 | 100.0 | 172 |
| 45-49 | 83.0 | 168 | 80.5 | 1.0 | 18.5 | 100.0 | 140 |
| Marital status |  |  |  |  |  |  |  |
| Never married | 63.4 | 1,501 | 85.3 | 0.0 | 14.7 | 100.0 | 952 |
| Married or living together | 76.9 | 983 | 81.1 | 0.6 | 18.3 | 100.0 | 757 |
| Divorced/separated/widowed | 80.1 | 176 | 78.9 | 0.0 | 21.1 | 100.0 | 141 |
| Residence |  |  |  |  |  |  |  |
| Urban | 84.0 | 920 | 81.5 | 0.3 | 18.2 | 100.0 | 772 |
| Rural | 61.9 | 1,741 | 84.3 | 0.2 | 15.6 | 100.0 | 1,077 |
| Ecological zone |  |  |  |  |  |  |  |
| Lowlands | 79.2 | 1,711 | 83.5 | 0.3 | 16.2 | 100.0 | 1,355 |
| Foothills | 58.7 | 252 | 81.9 | 0.0 | 18.1 | 100.0 | 148 |
| Mountains | 48.5 | 523 | 83.6 | 0.0 | 16.4 | 100.0 | 254 |
| Senqu River Valley | 53.7 | 174 | 77.6 | 0.4 | 22.0 | 100.0 | 93 |
| District |  |  |  |  |  |  |  |
| Butha-Buthe | 55.1 | 143 | 80.3 | 0.0 | 19.7 | 100.0 | 79 |
| Leribe | 79.1 | 390 | 85.5 | 0.0 | 14.5 | 100.0 | 308 |
| Berea | 75.2 | 379 | 84.1 | 0.5 | 15.4 | 100.0 | 285 |
| Maseru | 78.4 | 809 | 83.1 | 0.4 | 16.5 | 100.0 | 634 |
| Mafeteng | 68.2 | 242 | 80.5 | 0.0 | 19.5 | 100.0 | 165 |
| Mohale's Hoek | 55.2 | 202 | 87.8 | 0.0 | 12.2 | 100.0 | 112 |
| Quthing | 60.7 | 105 | 75.7 | 0.0 | 24.3 | 100.0 | 64 |
| Qacha's Nek | 61.3 | 74 | 80.3 | 0.8 | 18.9 | 100.0 | 46 |
| Mokhotlong | 52.0 | 144 | 81.2 | 0.0 | 18.8 | 100.0 | 75 |
| Thaba-Tseka | 48.0 | 172 | 81.6 | 0.0 | 18.4 | 100.0 | 82 |
| Education |  |  |  |  |  |  |  |
| No education | 51.3 | 213 | 77.4 | 0.0 | 22.6 | 100.0 | 109 |
| Primary incomplete | 51.4 | 875 | 81.8 | 0.0 | 18.2 | 100.0 | 450 |
| Primary complete | 70.2 | 316 | 85.5 | 0.0 | 14.5 | 100.0 | 222 |
| Secondary | 82.5 | 1,043 | 87.2 | 0.5 | 12.3 | 100.0 | 860 |
| More than secondary | 97.9 | 214 | 69.7 | 0.0 | 30.3 | 100.0 | 209 |
| Wealth quintile |  |  |  |  |  |  |  |
| Lowest | 45.7 | 376 | 86.9 | 0.0 | 13.1 | 100.0 | 172 |
| Second | 59.6 | 479 | 82.0 | 0.0 | 18.0 | 100.0 | 285 |
| Middle | 69.0 | 536 | 86.4 | 0.5 | 13.1 | 100.0 | 370 |
| Fourth | 76.1 | 616 | 86.4 | 0.5 | 13.1 | 100.0 | 469 |
| Highest | 84.8 | 654 | 77.6 | 0.0 | 22.4 | 100.0 | 555 |
| Total 15-49 | 69.5 | 2,660 | 83.1 | 0.2 | 16.6 | 100.0 | 1,850 |
| 50-59 | 79.9 | 271 | 71.6 | 1.1 | 27.3 | 100.0 | 216 |
| Total 15-59 | 70.5 | 2,931 | 81.9 | 0.3 | 17.8 | 100.0 | 2,066 |

Table 17.2 Breast self-exam and clinical exam
Percentage of women age $15-49$ who performed a breast self-exam in the past 12 months and percentage of women who had a breast cancer clinical exam in the past 12 months, by background characteristics, Lesotho 2014
\(\left.\left.$$
\begin{array}{lccc}\hline & \begin{array}{c}\text { Percentage of } \\
\text { women who } \\
\text { performed breast } \\
\text { self-exam in the } \\
\text { past } 12 \text { months }\end{array} & \begin{array}{c}\text { Percentage of } \\
\text { women who had a } \\
\text { breast cancer } \\
\text { clinical exam in } \\
\text { the past }\end{array} & \\
\text { 12 months }\end{array}
$$\right] \begin{array}{c}Number <br>

of women\end{array}\right]\)| Background |
| :--- |
| characteristics |

## Table 17.3 Knowledge of, and experience with, the Pap smear exam

Percentage of women age 15-49 who have heard of the Pap smear, percentage of women who have had a Pap smear, and percentage of women who have had a Pap smear in the past 12 months, by background characteristics, Lesotho 2014

| Background characteristics | Percentage who have heard of the Pap smear | Percentage who have ever had a Pap smear | Percentage who have had a Pap smear in the past 12 months | Number of women |
| :---: | :---: | :---: | :---: | :---: |
| Age |  |  |  |  |
| 15-19 | 23.0 | 3.5 | 1.9 | 1,440 |
| 20-24 | 42.1 | 5.3 | 2.4 | 1,325 |
| 25-29 | 51.9 | 9.8 | 4.2 | 1,094 |
| 30-34 | 60.6 | 14.6 | 6.8 | 957 |
| 35-39 | 56.9 | 15.5 | 4.1 | 744 |
| 40-44 | 60.9 | 20.1 | 6.4 | 562 |
| 45-49 | 59.7 | 20.3 | 5.4 | 499 |
| Marital status |  |  |  |  |
| Never married | 36.6 | 4.6 | 1.8 | 2,190 |
| Married or living together | 50.6 | 13.3 | 5.0 | 3,612 |
| Divorced/separated/widowed | 57.7 | 14.0 | 5.5 | 819 |
| Residence |  |  |  |  |
| Urban | 58.4 | 14.6 | 5.3 | 2,419 |
| Rural | 40.2 | 8.2 | 3.2 | 4,202 |
| Ecological zone |  |  |  |  |
| Lowlands | 54.6 | 13.2 | 5.0 | 4,184 |
| Foothills | 34.8 | 5.6 | 1.7 | 688 |
| Mountains | 30.2 | 5.0 | 2.5 | 1,288 |
| Senqu River Valley | 40.5 | 9.1 | 2.6 | 461 |
| District |  |  |  |  |
| Butha-Buthe | 40.3 | 7.3 | 3.4 | 385 |
| Leribe | 49.1 | 10.9 | 3.2 | 1,064 |
| Berea | 57.0 | 15.2 | 6.5 | 892 |
| Maseru | 53.0 | 13.0 | 4.8 | 1,864 |
| Mafeteng | 45.4 | 9.5 | 4.1 | 576 |
| Mohale's Hoek | 45.8 | 8.0 | 1.6 | 519 |
| Quthing | 36.5 | 7.2 | 3.3 | 315 |
| Qacha's Nek | 36.8 | 5.7 | 1.8 | 204 |
| Mokhotlong | 31.9 | 5.4 | 3.8 | 349 |
| Thaba-Tseka | 27.9 | 5.6 | 2.2 | 452 |
| Education |  |  |  |  |
| No education | 26.9 | 2.4 | 2.4 | 68 |
| Primary incomplete | 31.5 | 6.0 | 2.6 | 1,178 |
| Primary complete | 42.0 | 8.9 | 3.1 | 1,375 |
| Secondary | 48.4 | 10.6 | 4.2 | 3,418 |
| More than secondary | 82.3 | 24.1 | 7.9 | 581 |
| Wealth quintile |  |  |  |  |
| Lowest | 24.9 | 3.1 | 1.5 | 960 |
| Second | 36.1 | 5.9 | 2.7 | 1,033 |
| Middle | 43.9 | 9.0 | 3.4 | 1,244 |
| Fourth | 51.4 | 9.9 | 4.0 | 1,605 |
| Highest | 62.9 | 18.9 | 6.4 | 1,778 |
| Total | 46.8 | 10.5 | 4.0 | 6,621 |

## Table 17.4 Knowledge of diabetes

Percentage of women and men age 15-49 who have heard of diabetes, by background characteristics, Lesotho 2014

| Background characteristics | Women |  | Men |  |
| :---: | :---: | :---: | :---: | :---: |
|  | Have heard of diabetes | Number | Have heard of diabetes | Number |
| Age |  |  |  |  |
| 15-19 | 85.1 | 1,440 | 77.9 | 691 |
| 20-24 | 90.6 | 1,325 | 87.8 | 561 |
| 25-29 | 91.6 | 1,094 | 91.8 | 410 |
| 30-34 | 94.5 | 957 | 91.2 | 334 |
| 35-39 | 94.7 | 744 | 88.7 | 276 |
| 40-44 | 94.2 | 562 | 91.6 | 221 |
| 45-49 | 95.9 | 499 | 89.3 | 168 |
| Marital status |  |  |  |  |
| Never married | 89.2 | 2,190 | 83.9 | 1,501 |
| Married or living together | 92.2 | 3,612 | 90.1 | 983 |
| Divorced/separated/widowed | 92.8 | 819 | 92.9 | 176 |
| Residence |  |  |  |  |
| Urban | 95.5 | 2,419 | 94.4 | 920 |
| Rural | 88.9 | 4,202 | 82.8 | 1,741 |
| Ecological zone |  |  |  |  |
| Lowlands | 94.7 | 4,184 | 91.5 | 1,711 |
| Foothills | 88.3 | 688 | 81.2 | 252 |
| Mountains | 82.9 | 1,288 | 74.7 | 523 |
| Senqu River Valley | 88.4 | 461 | 84.7 | 174 |
| District |  |  |  |  |
| Butha-Buthe | 81.3 | 385 | 69.4 | 143 |
| Leribe | 94.5 | 1,064 | 89.3 | 390 |
| Berea | 90.5 | 892 | 83.6 | 379 |
| Maseru | 96.0 | 1,864 | 95.7 | 809 |
| Mafeteng | 94.3 | 576 | 89.2 | 242 |
| Mohale's Hoek | 88.4 | 519 | 83.7 | 202 |
| Quthing | 90.6 | 315 | 87.1 | 105 |
| Qacha's Nek | 89.1 | 204 | 84.7 | 74 |
| Mokhotlong | 82.7 | 349 | 75.9 | 144 |
| Thaba-Tseka | 82.3 | 452 | 70.8 | 172 |
| Education |  |  |  |  |
| No education | 83.9 | 68 | 77.7 | 213 |
| Primary incomplete | 84.6 | 1,178 | 80.0 | 875 |
| Primary complete | 89.9 | 1,375 | 85.6 | 316 |
| Secondary | 93.0 | 3,418 | 92.2 | 1,043 |
| More than secondary | 98.7 | 581 | 98.8 | 214 |
| Wealth quintile |  |  |  |  |
| Lowest | 79.9 | 960 | 72.9 | 376 |
| Second | 86.3 | 1,033 | 83.3 | 479 |
| Middle | 93.0 | 1,244 | 85.6 | 536 |
| Fourth | 94.6 | 1,605 | 90.7 | 616 |
| Highest | 96.3 | 1,778 | 94.6 | 654 |
| Total 15-49 | 91.3 | 6,621 | 86.8 | 2,660 |
| 50-59 | na | na | 93.8 | 271 |
| Total 15-59 | na | na | 87.4 | 2,931 |

na $=$ Not applicable

| Table 17.5 Knowledge of specific symptoms of diabetes |  |  |
| :--- | ---: | ---: |
| Among women and men age 15-49, percentage who cite specific |  |  |
| symptoms of diabetes, Lesotho 2014 |  |  |
| Women | Men |  |
|  |  |  |
| Frequent urination | 14.2 | 6.7 |
| Feeling very thirsty | 17.7 | 6.7 |
| Feeling very hungry | 7.1 | 4.2 |
| Extreme fatigue | 6.3 | 4.3 |
| Blurry vision | 5.5 | 3.9 |
| Cuts/bruises slow to heal | 16.1 | 11.5 |
| Weight loss | 8.1 | 5.3 |
| Pain/tingling/numbness in hands and feet | 3.5 | 3.0 |
| Other | 10.2 | 9.6 |
| Don't know | 43.3 | 52.5 |
| Number of respondents | 6,621 | 2,660 |

Table 17.6 History of diabetes
Percent distribution of women and men age 15-49 by history of diabetes, and, among women and men diagnosed with diabetes and receiving medication, the method of taking medicine, Lesotho 2014

|  | Women | Men |
| :---: | :---: | :---: |
| History of diabetes |  |  |
| Told had diabetes by a doctor or a nurse | 0.9 | 0.5 |
| Receiving treatment | 0.5 | 0.2 |
| Not receiving treatment | 0.3 | 0.3 |
| Never told had diabetes | 99.1 | 99.5 |
| Total | 100.0 | 100.0 |
| Number of respondents | 6,621 | 2,660 |
| Method of taking medicine |  |  |
| Injected | (20.0) | * |
| Orally | (66.7) | * |
| Both injected and orally | (13.3) | * |
| Total | 100.0 | 100.0 |
| Number of respondents diagnosed with diabetes and receiving treatment | 36 | 5 |

Note: Figures in parentheses are based on 25-49 unweighted cases. An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.

| Table 17.7 History of high blood pressure and actions taken to |  |  |
| :---: | :---: | :---: |
| Percent distribution of women and men age 15-49 by whether or not they have ever had their blood pressure measured, and among those who have had their blood pressure measured, when the last check was performed and who performed the check; among women and men age 15-49, the percentage who were ever told by a doctor or nurse that they have high blood pressure and, among those told they had high blood pressure, the percentage taking various actions to lower their blood pressure, Lesotho 2014 |  |  |
| History of high blood pressure and actions taken to treat hypertension | Women | Men |
| History of high blood pressure |  |  |
| Percentage never measured | 29.9 | 58.5 |
| Percentage who have ever had blood pressure measured | 70.1 | 41.5 |
| Total | 100.0 | 100.0 |
| Number of respondents | 6,621 | 2,660 |
| When last had blood pressure checked |  |  |
| Less than 6 months ago | 61.7 | 46.9 |
| 6-11 months ago | 16.0 | 17.5 |
| 1-5 years ago | 20.5 | 31.4 |
| More than 5 years ago | 1.8 | 3.9 |
| Don't know | 0.0 | 0.4 |
| Total | 100.0 | 100.0 |
| Number of respondents who ever had blood pressure checked | 4,645 | 1,104 |
| Person who last checked blood pressure |  |  |
| Doctor/nurse | 96.6 | 94.0 |
| Pharmacist | 1.2 | 0.6 |
| Self | 0.2 | 0.6 |
| Other | 1.9 | 4.3 |
| Don't know | 0.1 | 0.5 |
| Total | 100.0 | 100.0 |
| Number of respondents who ever had blood pressure checked | 4,645 | 1,104 |
| Ever told had high blood pressure by doctor/nurse |  |  |
| Percentage ever told had high blood pressure | 17.3 | 11.4 |
| Percentage told does not have high blood pressure | 82.7 | 88.6 |
| Total | 100.0 | 100.0 |
| Number of respondents who ever had blood pressure checked | 4,645 | 1,104 |
| Actions taken to lower blood pressure |  |  |
| Percentage taking some action to lower |  |  |
| Taking prescribed medication | 76.8 | 60.1 |
| Controlling weight/losing weight | 38.5 | 48.5 |
| Cutting down on salt in diet | 76.0 | 66.1 |
| Exercising | 53.4 | 69.2 |
| Cut down alcohol | 19.5 | 41.0 |
| Stopped smoking | 12.9 | 24.4 |
| Taking traditional medicine/herbs | 26.9 | 38.2 |
| Number of respondents with a history of high blood pressure | 806 | 126 |


| Percentage of eligible women and men age 15-49 who were measured for blood pressure, by background characteristics (unweighted), Lesotho 2014 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  | Women |  | Men |  |
| Background characteristics | Percentage measured for blood pressure | Number of women | Percentage measured for blood pressure | Number of men |
| Age |  |  |  |  |
| 15-19 | 97.4 | 806 | 95.4 | 690 |
| 20-24 | 95.2 | 650 | 96.4 | 534 |
| 25-29 | 95.3 | 558 | 91.6 | 394 |
| 30-34 | 96.6 | 475 | 94.8 | 345 |
| 35-39 | 97.3 | 369 | 95.6 | 275 |
| 40-44 | 95.7 | 302 | 94.6 | 222 |
| 45-49 | 96.1 | 258 | 94.0 | 166 |
| Marital status |  |  |  |  |
| Never married | 96.7 | 1,120 | 95.6 | 1,464 |
| Ever married | 96.1 | 2,298 | 93.8 | 1,162 |
| Residence |  |  |  |  |
| Urban | 96.6 | 1,120 | 95.1 | 821 |
| Rural | 96.1 | 2,298 | 94.7 | 1,805 |
| Ecological zone |  |  |  |  |
| Lowlands | 96.5 | 1,676 | 95.3 | 1,348 |
| Foothills | 95.3 | 343 | 92.2 | 258 |
| Mountains | 96.9 | 991 | 96.0 | 734 |
| Senqu River Valley | 94.9 | 408 | 92.0 | 286 |
| District |  |  |  |  |
| Butha-Buthe | 93.0 | 315 | 91.0 | 222 |
| Leribe | 98.7 | 394 | 97.2 | 283 |
| Berea | 98.4 | 382 | 97.2 | 326 |
| Maseru | 95.2 | 476 | 93.0 | 427 |
| Mafeteng | 97.1 | 312 | 95.9 | 268 |
| Mohale's Hoek | 95.5 | 334 | 95.0 | 241 |
| Quthing | 91.0 | 301 | 89.8 | 187 |
| Qacha's Nek | 99.3 | 277 | 99.5 | 201 |
| Mokhotlong | 98.4 | 317 | 96.3 | 241 |
| Thaba-Tseka | 95.8 | 310 | 92.6 | 230 |
| Education |  |  |  |  |
| No education | 97.6 | 42 | 94.9 | 237 |
| Primary incomplete | 96.3 | 648 | 94.2 | 911 |
| Primary complete | 97.1 | 735 | 95.9 | 317 |
| Secondary | 96.1 | 1,726 | 95.1 | 972 |
| More than secondary | 94.8 | 267 | 94.7 | 189 |
| Wealth quintile |  |  |  |  |
| Lowest | 96.4 | 591 | 92.5 | 468 |
| Second | 97.1 | 623 | 98.0 | 501 |
| Middle | 96.8 | 664 | 94.1 | 542 |
| Fourth | 95.4 | 747 | 94.7 | 550 |
| Highest | 95.8 | 793 | 94.7 | 565 |
| Total 15-49 | 96.3 | 3,418 | 94.8 | 2,626 |
| 50-59 | na | na | 96.1 | 305 |
| Total 15-59 | na | na | 95.0 | 2,931 |
| na = Not applicable |  |  |  |  |

Table 17.9.1 Blood pressure status: Women
Among women age 15-49, prevalence of hypertension, percent distribution of blood pressure values, and percentage having normal blood pressure and taking medication, by background characteristics, Lesotho, 2014

| Socioeconomic characteristics | Classification of blood pressure |  |  |  |  |  |  |  | Normal blood pressure and taking medication | Number of women |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Normal |  |  | Elevated |  |  |  |  |  |
|  | Prevalence of hypertension ${ }^{1}$ | $\begin{gathered} \text { Optimal } \\ <120 /<80 \\ \mathrm{mmHg} \\ \hline \end{gathered}$ | Normal 120-129/ 80-84 mmHg | High normal 130-139/ 85-89 mmHg | Mildly elevated (Grade 1) 140-159/ 90-99 mmHg | Moderately elevated (Grade 2) 160-179/ 100-109 mmHg | Severely elevated (Grade 3) 180+/ 110+ mmHg | Total |  |  |
| Age |  |  |  |  |  |  |  |  |  |  |
| 15-19 | 6.2 | 65.3 | 18.4 | 11.2 | 4.3 | 0.6 | 0.1 | 100.0 | 1.3 | 724 |
| 20-24 | 12.6 | 57.1 | 24.5 | 10.4 | 7.0 | 1.0 | 0.0 | 100.0 | 4.6 | 641 |
| 25-29 | 17.5 | 53.8 | 22.9 | 10.2 | 10.8 | 1.8 | 0.4 | 100.0 | 4.8 | 539 |
| 30-34 | 21.9 | 42.1 | 22.6 | 17.6 | 13.8 | 1.6 | 2.4 | 100.0 | 6.6 | 476 |
| 35-39 | 27.5 | 38.2 | 22.6 | 13.9 | 17.2 | 5.5 | 2.6 | 100.0 | 4.8 | 347 |
| 40-44 | 36.3 | 38.8 | 16.3 | 11.6 | 20.1 | 10.5 | 2.7 | 100.0 | 5.7 | 280 |
| 45-49 | 43.5 | 20.9 | 22.9 | 15.4 | 22.2 | 12.0 | 6.7 | 100.0 | 9.3 | 247 |
| Marital status |  |  |  |  |  |  |  |  |  |  |
| Never married | 11.2 | 59.1 | 21.1 | 11.3 | 7.5 | 0.8 | 0.2 | 100.0 | 2.9 | 1,072 |
| Ever married | 23.3 | 45.3 | 21.8 | 13.0 | 13.3 | 4.5 | 2.1 | 100.0 | 5.5 | 2,182 |
| Residence |  |  |  |  |  |  |  |  |  |  |
| Urban | 22.5 | 49.3 | 20.4 | 11.7 | 13.8 | 3.6 | 1.2 | 100.0 | 5.1 | 1,140 |
| Rural | 17.6 | 50.1 | 22.2 | 12.9 | 10.1 | 3.1 | 1.6 | 100.0 | 4.4 | 2,114 |
| Ecological zone |  |  |  |  |  |  |  |  |  |  |
| Lowlands | 21.0 | 50.7 | 20.4 | 11.7 | 12.1 | 3.6 | 1.6 | 100.0 | 5.4 | 2,037 |
| Foothills | 16.8 | 45.7 | 25.9 | 13.9 | 9.6 | 2.9 | 2.2 | 100.0 | 4.4 | 326 |
| Mountains | 15.3 | 50.2 | 23.1 | 13.1 | 10.9 | 1.7 | 1.0 | 100.0 | 2.8 | 654 |
| Senqu River Valley | 18.9 | 47.9 | 21.5 | 15.1 | 9.3 | 5.3 | 0.8 | 100.0 | 4.3 | 237 |
| District |  |  |  |  |  |  |  |  |  |  |
| Butha-Buthe | 16.6 | 43.2 | 27.1 | 14.9 | 12.1 | 1.5 | 1.1 | 100.0 | 2.9 | 190 |
| Leribe | 16.3 | 52.2 | 23.4 | 10.5 | 9.1 | 2.7 | 2.0 | 100.0 | 4.5 | 531 |
| Berea | 20.3 | 52.6 | 23.0 | 6.9 | 11.1 | 5.8 | 0.6 | 100.0 | 3.4 | 435 |
| Maseru | 25.0 | 48.0 | 19.0 | 12.7 | 15.1 | 3.4 | 1.9 | 100.0 | 6.5 | 890 |
| Mafeteng | 19.0 | 50.5 | 17.0 | 16.9 | 10.8 | 2.9 | 2.0 | 100.0 | 5.4 | 281 |
| Mohale's Hoek | 15.0 | 52.4 | 22.0 | 13.4 | 9.4 | 1.7 | 1.2 | 100.0 | 4.0 | 270 |
| Quthing | 21.6 | 45.9 | 20.2 | 14.5 | 11.8 | 5.6 | 2.0 | 100.0 | 4.1 | 152 |
| Qacha's Nek | 16.2 | 52.8 | 20.4 | 11.5 | 9.3 | 2.9 | 3.1 | 100.0 | 4.0 | 99 |
| Mokhotlong | 14.6 | 50.6 | 24.4 | 13.3 | 10.3 | 1.3 | 0.1 | 100.0 | 3.0 | 176 |
| Thaba-Tseka | 13.6 | 49.0 | 24.4 | 16.5 | 7.0 | 3.1 | 0.0 | 100.0 | 3.5 | 229 |
| Education |  |  |  |  |  |  |  |  |  |  |
| No education | (42.3) | (41.2) | (26.6) | (5.3) | (17.1) | (9.8) | (0.0) | 100.0 | (15.4) | 36 |
| Primary incomplete | 16.2 | 50.3 | 23.7 | 12.7 | 9.2 | 2.5 | 1.5 | 100.0 | 4.4 | 562 |
| Primary complete | 23.7 | 46.4 | 20.1 | 12.9 | 13.9 | 4.0 | 2.7 | 100.0 | 5.8 | 708 |
| Secondary | 17.1 | 52.3 | 21.3 | 12.4 | 10.0 | 3.0 | 1.0 | 100.0 | 4.0 | 1,687 |
| More than secondary | 25.4 | 43.9 | 22.0 | 11.8 | 17.4 | 3.5 | 1.4 | 100.0 | 4.5 | 260 |
| Wealth quintile |  |  |  |  |  |  |  |  |  |  |
| Lowest | 15.0 | 52.3 | 22.7 | 11.9 | 9.6 | 2.7 | 0.8 | 100.0 | 2.7 | 466 |
| Second | 15.5 | 45.4 | 25.7 | 15.9 | 9.7 | 1.8 | 1.5 | 100.0 | 3.9 | 538 |
| Middle | 17.5 | 51.9 | 20.8 | 12.1 | 9.2 | 4.1 | 1.8 | 100.0 | 4.2 | 623 |
| Fourth | 21.9 | 49.9 | 20.6 | 11.3 | 13.9 | 2.7 | 1.6 | 100.0 | 5.3 | 785 |
| Highest | 23.1 | 49.8 | 19.7 | 11.9 | 12.7 | 4.4 | 1.4 | 100.0 | 5.9 | 841 |
| Total | 19.3 | 49.9 | 21.6 | 12.5 | 11.4 | 3.3 | 1.4 | 100.0 | 4.7 | 3,254 |

Note: Figures in parentheses are based on 25-49 unweighted cases.
${ }^{1}$ An individual was classified as having hypertension if he/she had a systolic blood pressure level of 140 mmHg or above or a diastolic blood pressure level of 90 mmHg or above at the time of the survey or was currently taking antihypertensive medication to control his/her blood pressure. The term hypertension as used in this table is not meant to represent a clinical diagnosis of the disease; rather, it provides an indication of the disease burden in the population at the time of the survey.

## Table 17.9.2 Blood pressure status: Men

Among men age 15-49, prevalence of hypertension, percent distribution of blood pressure values, and percentage having normal blood pressure and taking medication, by background characteristics, Lesotho, 2014

|  | Classification of blood pressure |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | Normal |  |  | Elevated |  |  |  |  |
| Background characteristics | Prevalence of hypertension ${ }^{1}$ | $\begin{gathered} \text { Optimal } \\ <120 / \\ <80 \\ \mathrm{mmHg} \\ \hline \end{gathered}$ | Normal 120-129/ 80-84 mmHg | $\begin{gathered} \text { High } \\ \text { normal } \\ 130-139 / \\ 85-89 \\ \mathrm{mmHg} \\ \hline \end{gathered}$ | Mildly elevated (Grade 1) 140-159/ 90-99 mmHg | Moderately elevated (Grade 2) 160-179/ 100-109 mmHg | Severely elevated (Grade 3) 180+/ 110+ mmHg | Total | Normal blood pressure and taking medication | Number of men |
| Age |  |  |  |  |  |  |  |  |  |  |
| 15-19 | 4.6 | 58.8 | 25.1 | 11.5 | 4.3 | 0.4 | 0.0 | 100.0 | 0.0 | 658 |
| 20-24 | 12.3 | 42.1 | 32.2 | 13.8 | 10.3 | 1.4 | 0.2 | 100.0 | 0.7 | 538 |
| 25-29 | 10.5 | 40.0 | 30.7 | 18.6 | 8.7 | 0.9 | 1.1 | 100.0 | 1.0 | 375 |
| 30-34 | 16.8 | 38.5 | 29.5 | 18.7 | 12.1 | 1.1 | 0.0 | 100.0 | 3.6 | 310 |
| 35-39 | 19.3 | 40.4 | 25.4 | 16.5 | 12.8 | 2.8 | 2.1 | 100.0 | 3.6 | 261 |
| 40-44 | 24.9 | 39.4 | 18.8 | 21.5 | 17.0 | 2.8 | 0.4 | 100.0 | 5.1 | 206 |
| 45-49 | 18.5 | 29.5 | 31.3 | 22.4 | 10.0 | 4.2 | 2.7 | 100.0 | 4.3 | 159 |
| Marital status |  |  |  |  |  |  |  |  |  |  |
| Never married | 9.6 | 48.0 | 29.1 | 13.7 | 7.9 | 1.0 | 0.2 | 100.0 | 0.6 | 1,437 |
| Ever married | 17.0 | 39.9 | 26.4 | 18.9 | 11.6 | 2.0 | 1.2 | 100.0 | 3.4 | 1,071 |
| Residence |  |  |  |  |  |  |  |  |  |  |
| Urban | 16.2 | 39.9 | 28.8 | 16.8 | 12.1 | 1.9 | 0.6 | 100.0 | 2.2 | 851 |
| Rural | 11.0 | 46.9 | 27.5 | 15.6 | 8.2 | 1.2 | 0.6 | 100.0 | 1.6 | 1,657 |
| Ecological zone |  |  |  |  |  |  |  |  |  |  |
| Lowlands | 13.7 | 42.8 | 27.6 | 16.9 | 10.2 | 1.8 | 0.7 | 100.0 | 1.7 | 1,612 |
| Foothills | 10.3 | 46.4 | 30.6 | 15.1 | 7.3 | 0.1 | 0.5 | 100.0 | 2.9 | 235 |
| Mountains | 9.7 | 48.5 | 27.3 | 15.4 | 7.3 | 0.8 | 0.7 | 100.0 | 1.7 | 502 |
| Senqu River Valley | 15.6 | 46.7 | 29.7 | 9.3 | 12.4 | 1.8 | 0.0 | 100.0 | 1.3 | 159 |
| District |  |  |  |  |  |  |  |  |  |  |
| Butha-Buthe | 12.0 | 53.1 | 22.2 | 14.8 | 8.3 | 1.4 | 0.3 | 100.0 | 2.3 | 131 |
| Leribe | 9.4 | 45.6 | 27.5 | 18.1 | 5.8 | 1.8 | 1.2 | 100.0 | 1.8 | 379 |
| Berea | 12.2 | 42.6 | 29.6 | 15.7 | 8.5 | 2.1 | 1.4 | 100.0 | 1.6 | 366 |
| Maseru | 15.2 | 41.6 | 28.7 | 16.4 | 11.9 | 1.0 | 0.3 | 100.0 | 2.2 | 746 |
| Mafeteng | 13.2 | 45.8 | 26.3 | 16.0 | 9.4 | 1.7 | 0.8 | 100.0 | 2.1 | 230 |
| Mohale's Hoek | 10.6 | 45.3 | 28.0 | 16.1 | 10.0 | 0.7 | 0.0 | 100.0 | 0.0 | 192 |
| Quthing | 13.2 | 43.1 | 30.6 | 13.4 | 9.4 | 2.5 | 0.9 | 100.0 | 1.3 | 94 |
| Qacha's Nek | 15.2 | 48.1 | 26.9 | 12.8 | 9.8 | 2.4 | 0.0 | 100.0 | 3.0 | 74 |
| Mokhotlong | 11.5 | 46.6 | 27.8 | 16.7 | 7.9 | 0.6 | 0.3 | 100.0 | 3.0 | 139 |
| Thaba-Tseka | 12.9 | 47.8 | 27.5 | 12.3 | 11.0 | 1.3 | 0.1 | 100.0 | 0.6 | 157 |
| Education |  |  |  |  |  |  |  |  |  |  |
| No education | 15.5 | 46.6 | 26.1 | 12.0 | 11.9 | 0.8 | 2.5 | 100.0 | 2.8 | 203 |
| Primary incomplete | 9.9 | 47.5 | 27.8 | 15.4 | 7.9 | 0.9 | 0.3 | 100.0 | 1.1 | 822 |
| Primary complete | 11.5 | 44.6 | 27.5 | 17.9 | 9.2 | 0.4 | 0.5 | 100.0 | 1.9 | 304 |
| Secondary | 13.0 | 44.7 | 27.8 | 15.4 | 9.5 | 2.0 | 0.6 | 100.0 | 1.5 | 978 |
| More than secondary | 22.4 | 29.0 | 31.4 | 21.7 | 14.1 | 3.2 | 0.6 | 100.0 | 5.0 | 200 |
| Wealth quintile |  |  |  |  |  |  |  |  |  |  |
| Lowest | 11.4 | 48.4 | 26.8 | 14.0 | 9.2 | 0.8 | 0.8 | 100.0 | 1.4 | 349 |
| Second | 10.2 | 45.1 | 27.7 | 17.7 | 7.6 | 1.1 | 0.8 | 100.0 | 1.4 | 471 |
| Middle | 9.5 | 49.8 | 24.6 | 17.0 | 7.3 | 0.5 | 0.8 | 100.0 | 1.6 | 503 |
| Fourth | 12.9 | 45.0 | 29.2 | 14.0 | 9.3 | 2.4 | 0.2 | 100.0 | 1.3 | 578 |
| Highest | 18.1 | 37.1 | 30.4 | 16.6 | 13.2 | 1.9 | 0.7 | 100.0 | 3.0 | 608 |
| Total 15-49 | 12.7 | 44.5 | 27.9 | 16.0 | 9.5 | 1.4 | 0.6 | 100.0 | 1.8 | 2,508 |
| 50-59 | 33.9 | 27.0 | 23.1 | 17.8 | 22.5 | 7.9 | 1.8 | 100.0 | 3.6 | 259 |
| Total 15-59 | 14.7 | 42.9 | 27.5 | 16.1 | 10.7 | 2.0 | 0.7 | 100.0 | 2.0 | 2,767 |

${ }^{1}$ An individual was classified as having hypertension if he/she had a systolic blood pressure level of 140 mmHg or above or a diastolic blood pressure level of 90 mmHg or above at the time of the survey or was currently taking antihypertensive medication to control his/her blood pressure. The term hypertension as used in this table is not meant to represent clinical diagnosis of the disease; rather, it provides an indication of the disease burden in the population at the time of the survey.

Table 17.10.1 Blood pressure status by health status measures: Women
Among women age 15-49, prevalence of hypertension, percent distribution of blood pressure values, and percentage having normal blood pressure and taking medication, by health status measures, Lesotho 2014

| Health status measures | Classification of blood pressure |  |  |  |  |  |  |  | Normal blood pressure and taking medication | Number of women |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Prevalence of hypertension ${ }^{1}$ | Normal |  |  | Elevated |  |  |  |  |  |
|  |  | $\begin{gathered} \text { Optimal } \\ <120 /<80 \\ \mathrm{mmHg} \\ \hline \end{gathered}$ | $\begin{gathered} \text { Normal } \\ 120-129 / \\ 80-84 \\ \mathrm{mmHg} \\ \hline \end{gathered}$ | High normal 130-139/ 85-89 mmHg | Mildly elevated (Grade 1) 140-159/ 90-99 mmHg | Moderately elevated (Grade 2) 160179/ 100-109 mmHg | Severely elevated (Grade 3) 180+/ 110+ mmHg | Total |  |  |
| Use of tobacco products |  |  |  |  |  |  |  |  |  |  |
| Uses tobacco products | 28.6 | 46.6 | 19.2 | 10.8 | 13.1 | 7.4 | 2.9 | 100.0 | 8.2 | 298 |
| Does not use tobacco products | 18.4 | 50.2 | 21.8 | 12.6 | 11.2 | 2.9 | 1.3 | 100.0 | 4.3 | 2,956 |
| History of hypertension |  |  |  |  |  |  |  |  |  |  |
| Told had high blood pressure by a doctor or a nurse | 77.4 | 18.0 | 17.0 | 16.3 | 25.0 | 14.6 | 9.1 | 100.0 | 37.7 | 402 |
| Never told had high blood pressure | 11.1 | 54.4 | 22.2 | 11.9 | 9.5 | 1.7 | 0.4 | 100.0 | 0.0 | 2,851 |
| Nutritional status |  |  |  |  |  |  |  |  |  |  |
| Thin (BMI<18.5) | 6.1 | 78.8 | 9.0 | 8.5 | 2.3 | 1.4 | 0.0 | 100.0 | 2.4 | 128 |
| Normal (BMI 18.5-24.9) | 12.7 | 57.4 | 21.4 | 11.0 | 8.1 | 1.6 | 0.5 | 100.0 | 3.0 | 1,565 |
| Overweight (BMI 25.0-29.9) | 24.7 | 43.2 | 23.3 | 13.9 | 14.2 | 4.3 | 1.1 | 100.0 | 6.2 | 759 |
| Obese ( $\mathrm{BMI} \geq 30.0$ ) | 33.8 | 27.4 | 22.2 | 17.7 | 20.2 | 7.5 | 5.0 | 100.0 | 6.1 | 588 |
| Not eligible (pregnant or recent birth) | 14.0 | 63.9 | 21.2 | 4.9 | 7.5 | 1.7 | 0.7 | 100.0 | 4.7 | 181 |
| Total 15-49 | 19.3 | 49.9 | 21.6 | 12.5 | 11.4 | 3.3 | 1.4 | 100.0 | 4.7 | 3,254 |

Note: Total includes 33 women for whom nutritional status information was out of range.
${ }^{1}$ An individual was classified as having hypertension if he/she had a systolic blood pressure level of 140 mmHg or above or a diastolic blood pressure level of 90 mmHg or above at the time of the survey or was currently taking antihypertensive medication to control his/her blood pressure. The term hypertension as used in this table is not meant to represent clinical diagnosis of the disease; rather, it provides an indication of the disease burden in the population at the time of the survey.

## Table 17.10.2 Blood pressure status by health status measures: Men

Among men age 15-49, prevalence of hypertension, percent distribution of blood pressure values, and percentage having normal blood pressure and taking medication, by health status measures, Lesotho 2014

| Health status measures | Classification of blood pressure |  |  |  |  |  |  |  | Normal blood pressure and taking medication | Number of men |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Prevalence of hypertension ${ }^{1}$ | Normal |  |  | Elevated |  |  | Total |  |  |
|  |  | $\begin{gathered} \text { Optimal } \\ <120 / \\ <80 \\ \mathrm{mmHg} \\ \hline \end{gathered}$ | Normal 120-129/ 80-84 mmHg | $\begin{gathered} \text { High } \\ \text { normal } \\ 130-139 / \\ 85-89 \\ \mathrm{mmHg} \\ \hline \end{gathered}$ | Mildly elevated (Grade 1) 140-159/ 90-99 mmHg | Moderately elevated (Grade 2) 160-179/ 100-109 mmHg | Severely elevated (Grade 3) 180+/ 110+ mmHg |  |  |  |
| Use of tobacco products |  |  |  |  |  |  |  |  |  |  |
| Uses tobacco products | 13.8 | 42.6 | 28.6 | 15.9 | 10.3 | 1.7 | 0.9 | 100.0 | 1.8 | 1,047 |
| Does not use tobacco products | 12.0 | 45.9 | 27.4 | 16.0 | 8.9 | 1.3 | 0.4 | 100.0 | 1.8 | 1,461 |
| History of hypertension |  |  |  |  |  |  |  |  |  |  |
| Told had high blood pressure by a doctor or a nurse | 64.1 | 14.6 | 25.3 | 32.8 | 17.9 | 5.9 | 3.6 | 100.0 | 40.4 | 112 |
| Never told had high blood pressure | 10.3 | 45.9 | 28.1 | 15.2 | 9.1 | 1.2 | 0.5 | 100.0 | 0.0 | 2,395 |
| Nutritional status |  |  |  |  |  |  |  |  |  |  |
| Thin (BMI<18.5) | 5.9 | 65.0 | 19.8 | 9.3 | 4.9 | 0.5 | 0.4 | 100.0 | 0.5 | 354 |
| Normal (BMI 18.5-24.9) | 11.4 | 44.3 | 29.5 | 15.8 | 8.7 | 1.1 | 0.5 | 100.0 | 1.6 | 1,821 |
| Overweight (BMI 25.0-29.9) | 23.8 | 22.8 | 31.6 | 23.0 | 17.7 | 4.2 | 0.7 | 100.0 | 1.9 | 211 |
| Obese (BMI $\geq 30.0$ ) | 46.9 | 14.0 | 21.2 | 27.0 | 29.1 | 4.4 | 4.3 | 100.0 | 13.4 | 74 |
| Total 15-49 | 12.7 | 44.5 | 27.9 | 16.0 | 9.5 | 1.4 | 0.6 | 100.0 | 1.8 | 2,508 |
| 50-59 | 33.9 | 27.0 | 23.1 | 17.8 | 22.5 | 7.9 | 1.8 | 100.0 | 3.6 | 259 |
| Total 15-59 | 14.7 | 42.9 | 27.5 | 16.1 | 10.7 | 2.0 | 0.7 | 100.0 | 2.0 | 2,767 |

Note: Total includes 47 men for whom nutritional status information was out of range.
${ }^{1}$ An individual was classified as having hypertension if he/she had a systolic blood pressure level of 140 mmHg or above or a diastolic blood pressure level of 90 mmHg or above at the time of the survey or was currently taking antihypertensive medication to control his/her blood pressure. The term hypertension as used in this table is not meant to represent clinical diagnosis of the disease; rather, it provides an indication of the disease burden in the population at the time of the survey.

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## SAMPLE DESIGN

## A. 1 Introduction

TThe 2014 Lesotho Demographic and Health Survey (2014 LDHS) is the third DHS conducted in Lesotho and follows surveys carried out in 2004 and 2009. The 2014 LDHS was designed to provide up-to-date information on key indicators needed to track progress in Lesotho's population and health programmes. These indicators include fertility and child mortality levels, maternal mortality, fertility preferences and contraceptive use, utilisation of maternal and child health services, women's and children's nutrition status and knowledge, and attitudes and behaviours relating to HIV/AIDS and other sexually transmitted diseases.

To obtain these data, a nationally representative sample of households was selected. All women age 15-49 who were usual residents of the sampled households or stayed in the households on the night before the interview were eligible for interview in the LDHS. In addition, in a subsample of households (every second household), all men age 15-59 who were usual residents of the households or stayed in the households on the night before the interview were eligible for interview. In the subsample of households selected for the male survey, all women and men who were eligible for the individual survey were asked to consent to provide a blood sample for HIV and anaemia testing. Women and men in this subsample were also weighed and measured and asked to consent to blood pressure measurement. In addition, all children under age 5 in the subsample were weighed; their height/length and mid-upper arm circumference were measured; and with consent from their parents or guardians, all children 6-59 months were tested for anaemia.

The survey was designed to provide representative estimates for main demographic and health indicators for the country as a whole, for the urban and rural areas separately, for each of the four ecological zones, and for each of the ten administrative districts.

## A. 2 Sample Frame

The 2014 LDHS sample was selected using a stratified, two-stage cluster design. The frame used for the first stage of the selection of the 2014 LDHS sample was based on an updated version of the 2006 Population and Housing Census (2006 PHC), provided by the Lesotho Bureau of Statistics (BOS). The frame file is a complete list of all census enumeration areas (EAs) within the territory of Lesotho, with identification information, administrative unit, and a measure of size (the number of residential households located in each EA). The updating consisted of combining small census EAs to form EAs of an adequate size, that is, a size of about 100 households per EA. The small size of the EAs and the availability of sketch maps and other materials to delimit their geographic boundaries made the census EA an ideal unit for use as the first stage sampling unit of the LDHS sample. Households were the units for second-stage sampling.

Lesotho is administratively divided into 10 districts; each district is subdivided into a number of constituencies, and each constituency into a number of community councils. Table A. 1 shows the distribution of households by district and by type of residence as described in the updated 2006 census frame. The size of the districts by total number of households varies greatly, ranging from a low of $3.4 \%$ for Qacha's Nek to a high of $26.6 \%$ for Maseru. The urbanisation of the districts also varies greatly, ranging from a low of $6.8 \%$ urban households in Thaba-Tseka district to a high of 54.1\% urban households in Maseru. Overall, 29.8\% of the households in Lesotho are located in urban areas.

Table A. 2 presents the distribution of EAs and their average size in number of households in the sample frame by district and residence. In total, there are 4,097 EAs in Lesotho; 1,107 are urban, and 2,990 are rural. The average EA size is 110 households; the average urban EA size is 121 households, and the average rural EA is 106 households.

| Table A. 1 Household distribution |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Distribution of residential households in the sampling frame by district and by type of residence, the percentage of each district that is urban, and the percentage that each district contributes to the total household number, Lesotho 2014 |  |  |  |  |  |  |
|  | Household distribution |  |  | Percentage of district that is urban | Percentage district contributes to the total number of households |  |
| District | Urban | Rural | District |  |  |  |
| Butha-Buthe | 5692 | 20106 | 25798 | 22.1 |  |  |
| Leribe | 19019 | 52957 | 71976 | 26.4 |  |  |
| Berea | 18447 | 41393 | 59840 | 30.8 |  |  |
| Maseru | 64838 | 55067 | 119905 | 54.1 |  |  |
| Mafeteng | 9068 | 34772 | 43840 | 20.7 |  |  |
| Mohale's Hoek | 6351 | 32459 | 38810 | 16.4 |  |  |
| Quthing | 3675 | 21973 | 25648 | 14.3 |  |  |
| Qacha's Nek | 2742 | 12423 | 15165 | 18.1 |  |  |
| Mokhotlong | 2437 | 18871 | 21308 | 11.4 |  |  |
| Thaba-Tseka | 1908 | 25981 | 27889 | 6.8 |  |  |
| Lesotho | 134177 | 316002 | 450179 | 29.8 |  |  |
| Table A. 2 Enumeration areas and households |  |  |  |  |  |  |
| Distribution of the enumeration areas (EAs) and households in the sampling frame by district and residence, Lesotho 2014 |  |  |  |  |  |  |
| District | Number of EAs |  |  | Average EA size |  |  |
|  | Urban | Rural | District | Urban | Rural | District |
| Butha-Buthe | 49 | 184 | 233 | 116 | 109 | 111 |
| Leribe | 161 | 468 | 629 | 118 | 113 | 114 |
| Berea | 153 | 363 | 516 | 121 | 114 | 116 |
| Maseru | 518 | 514 | 1032 | 125 | 107 | 116 |
| Mafeteng | 81 | 301 | 382 | 112 | 116 | 115 |
| Mohale's Hoek | 56 | 343 | 399 | 113 | 95 | 97 |
| Quthing | 28 | 230 | 258 | 131 | 96 | 99 |
| Qacha's Nek | 24 | 129 | 153 | 114 | 96 | 99 |
| Mokhotlong | 22 | 200 | 222 | 111 | 94 | 96 |
| Thaba-Tseka | 15 | 258 | 273 | 127 | 101 | 102 |
| Lesotho | 1107 | 2990 | 4097 | 121 | 106 | 110 |

## A. 3 Sample Design and Implementation

The sample for 2014 LDHS was a stratified sample selected in two stages. Stratification was achieved by separating each district into urban and rural areas; in total, 20 sampling strata were created. Samples were selected independently in each sampling stratum, by a two-stage selection process. In the first stage, 400 EAs were selected with a probability proportional to size and with independent selection in each sampling stratum. The EA size is the number of residential households in the EA during the 2006 PHC. Implicit stratification was achieved at each of the lower administrative unit levels by sorting the sampling frame before the sample selection, according to ecological zone and lower level administrative units, within each of the explicit stratum, and by using a probability proportional to size selection procedure.

After the selection of EAs and before the main survey, a household listing operation was carried out in all selected EAs, and the resulting lists of households served as the sampling frame for the selection of households in the second stage. If an EA was too large to be a DHS cluster (>200 households), the EA was divided into smaller segments following specified guidelines, and one of the resulting segments was selected with
probability proportional to size. The household listing was conducted only in the selected segment, and the listing of the segment was then used to select the final household sample. So a 2014 LDHS cluster was either an EA or a segment of an EA.

In the second stage of selection, a fixed number of 25 households were selected in every urban and rural cluster, by an equal probability systematic sampling. A spreadsheet indicating the selected household numbers for each cluster was prepared. The survey interviewers were asked to interview only the pre-selected households. To prevent bias, replacements and changes of the pre-selected households were not allowed.

Table A. 3 shows the sample allocation of EAs and households, by district and by type of residence. The sample allocation was a power allocation (with the number of households as a measure of size) with small adjustments that took into account the district population and its urban-rural distribution. A proportional allocation was not applied because of the lack of parity in the district size. Among the 400 clusters selected, 118 clusters were in urban areas and 282 clusters were in rural areas. The total number of households selected in the 2014 LDHS was 10,$000 ; 2,950$ were in urban areas and 7,050 in rural areas.

Table A. 3 Sample allocation of clusters and households
Sample allocation of clusters and households by district, according to residence, Lesotho 2014

|  | Allocation of clusters |  |  |  | Allocation of households |  |  |
| :--- | ---: | :---: | :---: | :---: | :---: | :---: | :---: | ---: |
| District | Urban | Rural | Total |  | Urban | Rural | Total |
| Butha-Buthe | 10 | 25 | 35 |  | 250 | 625 | 875 |
| Leribe | 15 | 31 | 46 |  | 375 | 775 | 1150 |
| Berea | 16 | 28 | 44 |  | 400 | 700 | 1100 |
| Maseru | 27 | 24 | 51 |  | 675 | 600 | 1275 |
| Mafeteng | 11 | 29 | 40 |  | 275 | 725 | 1000 |
| Mohale's Hoek | 9 | 30 | 39 |  | 225 | 750 | 975 |
| Quthing | 8 | 27 | 35 |  | 200 | 675 | 875 |
| Qacha's Nek | 10 | 28 | 38 |  | 250 | 700 | 950 |
| Mokhotlong | 7 | 29 | 36 |  | 175 | 725 | 900 |
| Thaba-Tseka | 5 | 31 | 36 |  | 125 | 775 | 900 |
| Lesotho | 118 | 282 | 400 |  | 2950 | 7050 | 10000 |

Table A. 4 below shows the expected number of women's and men's interviews by district and by type of residence. The expected survey results were calculated based on the survey results of the 2009 LDHS: the average number of women age 15-49 per household was 0.83 ; the average number of men age 15-59 per household was 0.72 ; the household response rate was $94 \%$; the women's individual response rate was $97.9 \%$; and the men's individual response rate was $95 \%$.

Table A. 4 Sample allocation of completed interviews with women and men
Sample allocation of expected number of completed interviews with women and men by district, according to residence, Lesotho 2014

|  | Women 15-49 |  |  |  | Men 15-59 |  |  |  |
| :--- | ---: | ---: | ---: | ---: | ---: | ---: | ---: | ---: |
| District | Urban | Rural | Total |  |  | Urban | Rural | Total |
| Butha-Buthe | 174 | 459 | 633 |  | 79 | 212 | 291 |  |
| Leribe | 304 | 663 | 967 |  | 118 | 263 | 381 |  |
| Berea | 326 | 604 | 930 |  | 126 | 237 | 363 |  |
| Maseru | 543 | 509 | 1052 |  | 212 | 204 | 416 |  |
| Mafeteng | 193 | 534 | 727 |  | 86 | 246 | 332 |  |
| Mohale's Hoek | 157 | 552 | 709 |  | 71 | 254 | 325 |  |
| Quthing | 139 | 496 | 635 |  | 63 | 229 | 292 |  |
| Qacha's Nek | 155 | 458 | 613 |  | 79 | 237 | 316 |  |
| Mokhotlong | 125 | 547 | 672 |  | 55 | 246 | 301 |  |
| Thaba-Tseka | 90 | 587 | 677 |  | 40 | 263 | 303 |  |
| Lesotho | 2206 | 5409 | 7615 |  | 929 | 2391 | 3320 |  |

An examination of response rates for the 2014 LDHS indicates that the survey was successfully implemented.
Table A. 5 and Table A. 6 present the interview response rates in the 2014 LDHS for women and men, respectively, by urban and rural area, ecological zone, and district. Overall, the number of completed interviews is somewhat lower than the expected number for both women and men. The coverage of HIV testing was slightly higher in the 2014 LDHS than in the 2009 survey. Tables A.7-A. 10 present response rates for the HIV testing by background characteristics.

## A. 4 Sample Probabilities and Sampling Weights

Due to the nonproportional allocation of the sample across districts and the differential response rates, sampling weights must be used in all analyses of the 2014 LDHS results to ensure that survey results are representative at both the national and domain level. Since the 2014 LDHS sample is a two-stage stratified cluster sample, sampling weights are based on sampling probabilities calculated separately for each sampling stage and for each cluster where:

$$
\begin{array}{ll}
P_{1 h i}: & \text { first-stage sampling probability of the } i^{t^{h}} \text { cluster in stratum } h \\
P_{2 h i}: \quad \text { second-stage sampling probability within the } i^{\text {th }} \text { cluster (households) }
\end{array}
$$

The following describes the calculation of these probabilities:
Let $a_{\mathrm{h}}$ be the number of clusters selected in stratum $h, M_{h i}$ the number of households according to the sampling frame in the $i^{\text {th }}$ cluster, and $\sum M_{h i}$ the total number of households in the stratum. The probability of selecting the $i^{\text {th }}$ cluster in stratum $h$ in the 2014 LDHS sample is calculated as follows:

$$
\frac{a_{h} M_{h i}}{\sum M_{h i}}
$$

Let $b_{h i}$ be the proportion of households in the selected segment compared with the total number of households in cluster $i$ in stratum $h$ if the cluster is segmented, otherwise $b_{h i}=1$. Then the probability of selecting cluster $i$ in the sample is:

$$
P_{1 h i}=\frac{a_{h} M_{h i}}{\sum M_{h i}} \times b_{h i}
$$

Let $L_{h i}$ be the number of households listed in the household listing operation in cluster $i$ in stratum $h$, and let $g_{h i}$ be the number of households selected in the cluster. The second stage's selection probability for each household in the cluster is calculated as follows:

$$
P_{2 h i}=\frac{g_{h i}}{L_{h i}}
$$

The overall selection probability of each household in cluster $i$ of stratum $h$ in the 2014 LDHS is therefore the product of the two stages' selection probabilities:

$$
P_{h i}=P_{1 h i} \times P_{2 h i}
$$

The design weight for each household in cluster $i$ of stratum $h$ is the inverse of its overall selection probability:

$$
W_{h i}=1 / P_{h i}
$$

A spreadsheet containing all sampling parameters and selection probabilities was prepared to facilitate the calculation of the design weights. Design weights were adjusted for household nonresponse and individual nonresponse to obtain the sampling weights for households and for women and men, respectively. Nonresponse is adjusted at the sampling stratum level. For the household sampling weight, the household design weight is multiplied by the inverse of the household response rate, by stratum. For the women's individual sampling weight, the household sampling weight is multiplied by the inverse of the women's individual response rate, by stratum. For the men's individual sampling weight, the household sampling weight for the male subsample is multiplied by the inverse of the men's individual response rate, by stratum. After adjusting for nonresponse, the sampling weights are normalised to get the final standard weights that appear in the data files. The normalisation process is aimed at obtaining a total number of unweighted cases equal to the total number of weighted cases using normalised weights at the national level, for the total number of households, women, and men. Normalisation is done by multiplying the sampling weight by the estimated total sampling fraction obtained from the survey for the household weight, the individual woman's weight, and the individual man's weight. The normalised weights are relative weights that are valid for estimating means, proportions, ratios, and rates, but they are not valid for estimating population totals or for pooled data. The sampling weights for HIV testing are calculated in a similar way, but the normalization of the HIV weights is different. The individual HIV testing weights are normalized at the national level for women and men together so that HIV prevalence estimates calculated for women and men together are valid.
Table A. 5 Sample implementation: Women
 zone, and district (unweighted), Lesotho 2014

| Result | Residence |  | Ecological zone |  |  |  | District |  |  |  |  |  |  |  |  |  | Total |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Urban | Rural | Lowlands | Foothills | Mountains | Senqu River Valley | ButhaButhe | Leribe | Berea | Maseru | Mafeteng | Mohale's Hoek | Quthing | Qacha's Nek | Mokhotlong | ThabaTseka |  |
| Selected households |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Completed (C) | 95.4 | 94.2 | 94.2 | 94.9 | 94.4 | 96.1 | 98.7 | 92.7 | 92.1 | 93.3 | 94.0 | 97.8 | 98.1 | 92.3 | 93.4 | 95.0 | 94.6 |
| Household present but no competent respondent at home (HP) | 0.6 | 1.2 | 0.8 | 0.7 | 1.5 | 1.0 | 0.5 | 1.9 | 0.6 | 0.9 | 0.5 | 0.4 | 0.8 | 2.1 | 1.2 | 1.0 | 1.0 |
| Postponed (P) | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.1 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 |
| Refused (R) | 0.4 | 0.0 | 0.3 | 0.0 | 0.0 | 0.1 | 0.1 | 0.4 | 0.1 | 0.4 | 0.2 | 0.0 | 0.0 | 0.2 | 0.0 | 0.0 | 0.2 |
| Dwelling not found (DNF) | 0.4 | 0.2 | 0.4 | 0.1 | 0.2 | 0.0 | 0.0 | 0.3 | 0.2 | 0.4 | 0.7 | 0.0 | 0.0 | 0.2 | 0.2 | 0.2 | 0.2 |
| Household absent (HA) | 1.3 | 2.7 | 2.0 | 2.7 | 2.5 | 2.1 | 0.2 | 1.7 | 3.5 | 2.9 | 2.5 | 1.1 | 0.6 | 3.4 | 3.9 | 2.3 | 2.3 |
| Dwelling vacant/address not a dwelling (DV) | 1.3 | 1.6 | 2.0 | 1.4 | 1.1 | 0.6 | 0.3 | 2.8 | 2.5 | 1.8 | 2.0 | 0.5 | 0.3 | 1.5 | 1.2 | 1.0 | 1.5 |
| Dwelling destroyed (DD) | 0.1 | 0.1 | 0.0 | 0.2 | 0.3 | 0.1 | 0.1 | 0.0 | 0.1 | 0.2 | 0.1 | 0.0 | 0.1 | 0.3 | 0.1 | 0.4 | 0.1 |
| Other (O) | 0.4 | 0.0 | 0.3 | 0.0 | 0.0 | 0.0 | 0.0 | 0.1 | 1.0 | 0.1 | 0.0 | 0.1 | 0.0 | 0.0 | 0.0 | 0.0 | 0.1 |
| Total | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 |
| Number of sampled households | 2,934 | 7,008 | 4,731 | 996 | 2,953 | 1,262 | 871 | 1,144 | 1,072 | 1,273 | 996 | 971 | 862 | 950 | 903 | 900 | 9,942 |
| Household response rate $(H R R)^{1}$ | 98.4 | 98.6 | 98.5 | 99.2 | 98.2 | 98.9 | 99.4 | 97.1 | 99.1 | 98.2 | 98.5 | 99.6 | 99.2 | 97.3 | 98.5 | 98.7 | 98.5 |
| Eligible women |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Completed (EWC) | 96.5 | 97.4 | 96.9 | 97.4 | 97.2 | 97.6 | 98.3 | 96.8 | 95.7 | 96.2 | 98.0 | 98.9 | 97.4 | 97.2 | 96.0 | 97.7 | 97.1 |
| Not at home (EWNH) | 1.5 | 1.1 | 1.3 | 1.2 | 1.4 | 0.9 | 0.3 | 1.8 | 2.3 | 1.3 | 0.6 | 0.3 | 0.9 | 1.2 | 2.2 | 1.0 | 1.3 |
| Postponed (EWP) | 0.1 | 0.0 | 0.0 | 0.0 | 0.0 | 0.1 | 0.0 | 0.0 | 0.1 | 0.0 | 0.0 | 0.0 | 0.2 | 0.0 | 0.0 | 0.0 | 0.0 |
| Refused (EWR) | 0.6 | 0.2 | 0.4 | 0.1 | 0.3 | 0.1 | 0.3 | 0.4 | 0.4 | 0.6 | 0.0 | 0.2 | 0.2 | 0.5 | 0.2 | 0.3 | 0.3 |
| Partly completed (EWPC) | 0.3 | 0.0 | 0.2 | 0.1 | 0.0 | 0.0 | 0.2 | 0.0 | 0.3 | 0.5 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.1 |
| Incapacitated (EWI) | 0.6 | 1.0 | 0.8 | 1.0 | 0.9 | 1.0 | 0.7 | 0.9 | 0.6 | 1.0 | 0.9 | 0.6 | 0.7 | 1.0 | 1.3 | 1.0 | 0.9 |
| Other (EWO) | 0.4 | 0.2 | 0.4 | 0.1 | 0.2 | 0.3 | 0.2 | 0.1 | 0.6 | 0.3 | 0.5 | 0.0 | 0.7 | 0.0 | 0.3 | 0.0 | 0.3 |
| Total | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 |
| Number of women | 2,282 | 4,536 | 3,396 | 688 | 1,951 | 783 | 603 | 811 | 794 | 967 | 637 | 628 | 571 | 574 | 630 | 603 | 6,818 |
| Eligible women response rate (EWRR) ${ }^{2}$ | 96.5 | 97.4 | 96.9 | 97.4 | 97.2 | 97.6 | 98.3 | 96.8 | 95.7 | 96.2 | 98.0 | 98.9 | 97.4 | 97.2 | 96.0 | 97.7 | 97.1 |
| Overall women response rate (ORR) ${ }^{3}$ | 95.0 | 96.0 | 95.4 | 96.6 | 95.5 | 96.5 | 97.8 | 94.0 | 94.9 | 94.4 | 96.5 | 98.5 | 96.6 | 94.6 | 94.6 | 96.4 | 95.7 |

${ }^{1}$ Using the number of households falling into specific response categories, the household response rate (HRR) is calculated as:

[^16]Table A. 6 Sample implementation: Men
 and district (unweighted), Lesotho 2014

| Result | Residence |  | Ecological zone |  |  |  | District |  |  |  |  |  |  |  |  |  | Total |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Urban | Rural | Lowlands | Foothills | Mountains | Senqu River Valley | ButhaButhe | Leribe | Berea | Maseru | Mafeteng | Mohale's Hoek | Quthing | Qacha's Nek | Mokhotlong | ThabaTseka |  |
| Selected households |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Completed (C) | 95.6 | 93.6 | 94.1 | 94.7 | 93.9 | 94.9 | 98.4 | 91.9 | 92.1 | 94.1 | 93.6 | 98.3 | 97.9 | 90.7 | 93.1 | 93.2 | 94.2 |
| Household present but no competent respondent at home (HP) | 0.7 | 1.5 | 0.9 | 0.6 | 1.8 | 1.6 | 0.7 | 2.6 | 0.4 | 0.8 | 0.6 | 0.2 | 0.9 | 3.2 | 1.3 | 1.6 | 1.2 |
| Postponed (P) | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.2 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 |
| Refused (R) | 0.5 | 0.1 | 0.3 | 0.0 | 0.1 | 0.0 | 0.2 | 0.7 | 0.0 | 0.5 | 0.0 | 0.0 | 0.0 | 0.2 | 0.0 | 0.0 | 0.2 |
| Dwelling not found (DNF) | 0.5 | 0.2 | 0.4 | 0.0 | 0.3 | 0.0 | 0.0 | 0.2 | 0.4 | 0.3 | 0.8 | 0.0 | 0.0 | 0.2 | 0.2 | 0.5 | 0.3 |
| Household absent (HA) | 1.2 | 2.8 | 1.9 | 3.0 | 2.6 | 2.7 | 0.5 | 1.6 | 3.5 | 2.5 | 2.4 | 0.8 | 0.5 | 4.4 | 3.6 | 3.2 | 2.3 |
| Dwelling vacant/address not a dwelling (DV) | 1.2 | 1.8 | 2.1 | 1.6 | 1.2 | 0.6 | 0.2 | 2.6 | 3.1 | 1.9 | 2.4 | 0.6 | 0.5 | 1.3 | 1.6 | 1.1 | 1.6 |
| Dwelling destroyed (DD) | 0.1 | 0.1 | 0.0 | 0.2 | 0.2 | 0.2 | 0.0 | 0.0 | 0.0 | 0.0 | 0.2 | 0.0 | 0.2 | 0.0 | 0.2 | 0.5 | 0.1 |
| Other (O) | 0.2 | 0.0 | 0.2 | 0.0 | 0.0 | 0.0 | 0.0 | 0.2 | 0.6 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.1 |
| Total | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 |
| Number of sampled households | 1,471 | 3,503 | 2,369 | 508 | 1,468 | 629 | 440 | 571 | 542 | 642 | 499 | 482 | 430 | 474 | 450 | 444 | 4,974 |
| Household response rate (HRR) ${ }^{1}$ | 98.3 | 98.2 | 98.2 | 99.4 | 97.8 | 98.4 | 99.1 | 96.2 | 99.2 | 98.4 | 98.5 | 99.8 | 99.1 | 96.2 | 98.4 | 97.9 | 98.2 |
| Eligible men |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Completed (EMC) | 94.1 | 93.3 | 94.1 | 90.9 | 93.7 | 93.1 | 96.3 | 93.0 | 92.5 | 94.3 | 93.3 | 95.3 | 91.5 | 92.7 | 92.0 | 94.7 | 93.6 |
| Not at home (EMNH) | 2.8 | 3.5 | 2.5 | 4.7 | 3.7 | 4.0 | 1.5 | 2.3 | 4.9 | 2.8 | 1.6 | 2.2 | 2.4 | 6.1 | 5.7 | 3.0 | 3.3 |
| Postponed (EMP) | 0.1 | 0.0 | 0.1 | 0.0 | 0.0 | 0.0 | 0.0 | 0.6 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.1 |
| Refused (EMR) | 1.6 | 0.8 | 1.5 | 0.6 | 0.8 | 0.3 | 1.1 | 2.1 | 1.0 | 0.8 | 1.3 | 1.4 | 0.4 | 0.0 | 1.0 | 1.1 | 1.1 |
| Partly completed (EMPC) | 0.1 | 0.1 | 0.1 | 0.3 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.4 | 0.3 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.1 |
| Incapacitated (EMI) | 0.6 | 1.7 | 1.0 | 2.8 | 1.1 | 2.3 | 0.7 | 1.2 | 1.3 | 0.8 | 2.9 | 0.7 | 3.7 | 0.8 | 1.0 | 1.1 | 1.4 |
| Other (EMO) | 0.7 | 0.6 | 0.6 | 0.6 | 0.7 | 0.3 | 0.4 | 0.9 | 0.3 | 0.8 | 0.6 | 0.4 | 2.0 | 0.4 | 0.3 | 0.0 | 0.6 |
| Total | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 |
| Number of men | 960 | 2,173 | 1,585 | 320 | 882 | 346 | 267 | 341 | 388 | 492 | 313 | 278 | 246 | 245 | 299 | 264 | 3,133 |
| Eligible men response rate (EMRR) ${ }^{2}$ | 94.1 | 93.3 | 94.1 | 90.9 | 93.7 | 93.1 | 96.3 | 93.0 | 92.5 | 94.3 | 93.3 | 95.3 | 91.5 | 92.7 | 92.0 | 94.7 | 93.6 |
| Overall men response rate (ORR) ${ }^{3}$ | 92.5 | 91.7 | 92.5 | 90.4 | 91.6 | 91.5 | 95.4 | 89.4 | 91.8 | 92.8 | 91.9 | 95.1 | 90.6 | 89.1 | 90.5 | 92.7 | 91.9 |

${ }^{1}$ Using the number of households falling into specific response categories, the household response rate (HRR) is calculated as:
2 The eligible men response rate (EMRR) is equivalent to the percentage of interviews completed (EMC).
${ }^{3}$ The overall men response rate (OMRR) is calculated as: OMRR $=H R R$ * EMRR/100

Table A. 7 Coverage of HIV testing by social and demographic characteristics: Women
Percent distribution of interviewed women age 15-49 by HIV testing status, according to social and demographic characteristics (unweighted), Lesotho 2014

| Characteristic | Testing status |  |  |  | Total | Number of women |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | DBS Tested ${ }^{1}$ | Refused to provide blood | Absent at the time of blood collection | Other/missing ${ }^{2}$ |  |  |
| Marital status |  |  |  |  |  |  |
| Never married | 97.5 | 1.3 | 0.2 | 1.1 | 100.0 | 1,120 |
| Ever had sex | 97.5 | 1.3 | 0.0 | 1.2 | 100.0 | 668 |
| Never had sex | 97.6 | 1.1 | 0.4 | 0.9 | 100.0 | 452 |
| Married/living together | 97.0 | 1.6 | 0.2 | 1.2 | 100.0 | 1,866 |
| Divorced or separated | 98.3 | 1.7 | 0.0 | 0.0 | 100.0 | 173 |
| Widowed | 96.1 | 1.9 | 0.0 | 1.9 | 100.0 | 259 |
| Type of union |  |  |  |  |  |  |
| In polygynous union | 94.6 | 2.7 | 0.0 | 2.7 | 100.0 | 37 |
| In non-polygynous union | 97.0 | 1.7 | 0.2 | 1.2 | 100.0 | 1,739 |
| Not currently in union | 97.4 | 1.4 | 0.1 | 1.1 | 100.0 | 1,552 |
| In union, polygyny status unknown | 98.9 | 0.0 | 0.0 | 1.1 | 100.0 | 90 |
| Ever had sexual intercourse |  |  |  |  |  |  |
| Yes | 97.1 | 1.6 | 0.1 | 1.2 | 100.0 | 2,966 |
| No | 97.6 | 1.1 | 0.4 | 0.9 | 100.0 | 452 |
| Currently pregnant |  |  |  |  |  |  |
| Pregnant | 96.5 | 2.8 | 0.0 | 0.7 | 100.0 | 142 |
| Not pregnant or not sure | 97.2 | 1.5 | 0.2 | 1.2 | 100.0 | 3,276 |
| Times slept away from home in past 12 months |  |  |  |  |  |  |
| None | 97.6 | 1.2 | 0.2 | 1.0 | 100.0 | 1,777 |
| 1-2 | 96.9 | 1.6 | 0.0 | 1.6 | 100.0 | 763 |
| 3-4 | 95.6 | 1.6 | 0.3 | 2.5 | 100.0 | 315 |
| 5+ | 97.0 | 2.3 | 0.2 | 0.5 | 100.0 | 563 |
| Time away in past 12 months |  |  |  |  |  |  |
| Away for more than 1 month | 97.2 | 1.8 | 0.0 | 1.0 | 100.0 | 509 |
| Away for less than 1 month | 96.4 | 1.9 | 0.2 | 1.6 | 100.0 | 1,132 |
| Not away | 97.6 | 1.2 | 0.2 | 1.0 | 100.0 | 1,777 |
| Time away in past 5 years |  |  |  |  |  |  |
| Away for 3 or more months at a time once | 97.2 | 1.7 | 0.0 | 1.1 | 100.0 | 363 |
| Away for 3 or more months at a time more than once | 97.7 | 1.4 | 0.0 | 0.9 | 100.0 | 345 |
| Not away for 3 or more months at a time | 97.1 | 1.5 | 0.2 | 1.2 | 100.0 | 2,710 |
| Religion |  |  |  |  |  |  |
| Roman Catholic | 97.9 | 1.1 | 0.0 | 0.9 | 100.0 | 1,314 |
| Lesotho Evangelical | 96.8 | 2.0 | 0.5 | 0.7 | 100.0 | 598 |
| Anglican | 94.4 | 3.7 | 0.0 | 1.9 | 100.0 | 215 |
| Pentecostal | 97.0 | 0.7 | 0.2 | 2.1 | 100.0 | 869 |
| Other Christian | 96.6 | 2.8 | 0.0 | 0.6 | 100.0 | 353 |
| Other non-Christian | 97.3 | 2.7 | 0.0 | 0.0 | 100.0 | 37 |
| No religion | 100.0 | 0.0 | 0.0 | 0.0 | 100.0 | 32 |
| Total 15-49 | 97.2 | 1.5 | 0.1 | 1.2 | 100.0 | 3,418 |

${ }^{1}$ Includes all dried blood spots (DBS) tested at the lab and for which there is a result, i.e. positive, negative, or indeterminate. Indeterminate means that the sample went through the entire algorithm, but the final result was inconclusive.
${ }^{2}$ Includes (1) other results of blood collection (e.g. technical problem in the field), (2) lost specimens, (3) non corresponding bar codes, and (4) other lab results such as blood not tested for technical reason, not enough blood to complete the algorithm, etc.

Table A. 8 Coverage of HIV testing by social and demographic characteristics: Men
Percent distribution of interviewed men 15-59 by HIV testing status, according to social and demographic characteristics (unweighted), Lesotho 2014

| Characteristic | Testing status |  |  |  | Total | Number of men |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | DBS Tested ${ }^{1}$ | Refused to provide blood | Absent at the time of blood collection | Other/missing ${ }^{2}$ |  |  |
| Marital status |  |  |  |  |  |  |
| Never married | 95.4 | 1.6 | 0.3 | 2.8 | 100.0 | 1,476 |
| Ever had sex | 95.6 | 1.7 | 0.3 | 2.5 | 100.0 | 1,130 |
| Never had sex | 94.8 | 1.2 | 0.3 | 3.8 | 100.0 | 346 |
| Married/living together | 94.4 | 2.6 | 0.6 | 2.5 | 100.0 | 1,208 |
| Divorced or separated | 90.5 | 4.8 | 1.4 | 3.4 | 100.0 | 147 |
| Widowed | 94.9 | 3.0 | 1.0 | 1.0 | 100.0 | 99 |
| Type of union |  |  |  |  |  |  |
| In polygynous union | 100.0 | 0.0 | 0.0 | 0.0 | 100.0 | 29 |
| In non-polygynous union | 94.2 | 2.6 | 0.6 | 2.5 | 100.0 | 1,179 |
| Not currently in union | 94.9 | 1.9 | 0.4 | 2.7 | 100.0 | 1,722 |
| Ever had sexual intercourse |  |  |  |  |  |  |
| Yes | 94.7 | 2.3 | 0.5 | 2.5 | 100.0 | 2,584 |
| No | 94.8 | 1.2 | 0.3 | 3.8 | 100.0 | 346 |
| Male circumcision |  |  |  |  |  |  |
| Traditionally or medically circumcised | 95.1 | 1.8 | 0.5 | 2.6 | 100.0 | 2,173 |
| Traditionally circumcised only | 94.8 | 1.9 | 0.4 | 2.9 | 100.0 | 1,447 |
| Medically circumcised only | 95.3 | 1.7 | 0.7 | 2.3 | 100.0 | 597 |
| Both traditionally and medically circumcised | 96.8 | 2.4 | 0.0 | 0.8 | 100.0 | 126 |
| Not circumcised | 93.8 | 3.2 | 0.5 | 2.5 | 100.0 | 753 |
| Don't know | 75.0 | 0.0 | 0.0 | 25.0 | 100.0 | 4 |
| Times slept away from home in past |  |  |  |  |  |  |
| 12 months |  |  |  |  |  |  |
| None | 94.1 | 2.1 | 0.6 | 3.3 | 100.0 | 1,450 |
| 1-2 | 95.8 | 2.1 | 0.4 | 1.7 | 100.0 | 521 |
| 3-4 | 93.7 | 3.0 | 0.0 | 3.4 | 100.0 | 268 |
| 5+ | 95.6 | 2.2 | 0.6 | 1.6 | 100.0 | 689 |
| Missing | 100.0 | 0.0 | 0.0 | 0.0 | 100.0 | 2 |
| Time away in past 12 months |  |  |  |  |  |  |
| Away for more than 1 month | 95.2 | 1.8 | 0.4 | 2.6 | 100.0 | 504 |
| Away for less than 1 month | 95.4 | 2.6 | 0.4 | 1.6 | 100.0 | 974 |
| Not away | 94.1 | 2.1 | 0.6 | 3.3 | 100.0 | 1,452 |
| Time away in past 5 years |  |  |  |  |  |  |
| Away for 3 or more months at a time once <br> 95.4 <br> 1.6 <br> 0.3 <br> 2.7 <br> 100.0 <br> 373 |  |  |  |  |  |  |
| Away for 3 or more months at a time more than once | 93.4 | 2.7 | 1.1 | 2.7 | 100.0 | 437 |
| Not away for 3 or more months at a time | 94.9 | 2.2 | 0.4 | 2.6 | 100.0 | 2,120 |
| Religion |  |  |  |  |  |  |
| Roman Catholic | 95.4 | 1.8 | 0.5 | 2.2 | 100.0 | 1,137 |
| Lesotho Evangelical | 93.8 | 2.8 | 0.7 | 2.6 | 100.0 | 535 |
| Anglican | 93.0 | 1.8 | 0.9 | 4.4 | 100.0 | 228 |
| Pentecostal | 94.6 | 2.5 | 0.2 | 2.7 | 100.0 | 557 |
| Other Christian | 98.6 | 0.9 | 0.0 | 0.5 | 100.0 | 216 |
| Other non-Christian | 87.5 | 7.5 | 0.0 | 5.0 | 100.0 | 40 |
| No religion | 92.6 | 2.3 | 0.5 | 4.6 | 100.0 | 217 |
| Total 15-59 | 94.7 | 2.2 | 0.5 | 2.6 | 100.0 | 2,930 |

${ }^{1}$ Includes all dried blood spots (DBS) tested at the lab and for which there is a result, i.e. positive, negative, or indeterminate. Indeterminate means that the sample went through the entire algorithm, but the final result was inconclusive.
${ }^{2}$ Includes (1) other results of blood collection (e.g. technical problem in the field), (2) lost specimens, (3) non corresponding bar codes, and (4) other lab results such as blood not tested for technical reason, not enough blood to complete the algorithm, etc.

Table A. 9 Coverage of HIV testing by sexual behaviour characteristics: Women
Percent distribution of interviewed women age 15-49 who ever had sexual intercourse by HIV test status, according to sexual behaviour characteristics (unweighted), Lesotho 2014

| Sexual behaviour characteristic | Testing status |  |  |  | Total | Number of women |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | DBS Tested ${ }^{1}$ | Refused to provide blood | Absent at the time of blood collection | Other/ missing ${ }^{2}$ |  |  |
| Age at first sexual intercourse |  |  |  |  |  |  |
| <16 | 97.2 | 1.6 | 0.0 | 1.2 | 100.0 | 563 |
| 16-17 | 98.3 | 0.8 | 0.1 | 0.9 | 100.0 | 916 |
| 18-19 | 97.2 | 1.4 | 0.1 | 1.3 | 100.0 | 791 |
| 20+ | 95.3 | 2.9 | 0.2 | 1.7 | 100.0 | 665 |
| Don't know/missing | 96.8 | 3.2 | 0.0 | 0.0 | 100.0 | 31 |
| Multiple sexual partners and partner concurrency in past 12 months |  |  |  |  |  |  |
| 0 | 97.6 | 1.3 | 0.0 | 1.1 | 100.0 | 375 |
| 1 | 97.1 | 1.5 | 0.1 | 1.3 | 100.0 | 2,329 |
| 2+ | 98.7 | 0.9 | 0.0 | 0.4 | 100.0 | 230 |
| Had concurrent partners ${ }^{3}$ | 97.2 | 1.4 | 0.0 | 1.4 | 100.0 | 72 |
| None of the partners were concurrent | 99.4 | 0.6 | 0.0 | 0.0 | 100.0 | 158 |
| Missing | 78.1 | 15.6 | 3.1 | 3.1 | 100.0 | 32 |
| Condom use at last sexual intercourse in past 12 months |  |  |  |  |  |  |
| Used condom | 96.9 | 1.6 | 0.1 | 1.4 | 100.0 | 1,191 |
| Did not use condom | 97.6 | 1.3 | 0.1 | 1.0 | 100.0 | 1,368 |
| No sexual intercourse in last 12 months | 96.1 | 2.5 | 0.2 | 1.2 | 100.0 | 407 |
| Number of lifetime partners |  |  |  |  |  |  |
| 1 | 97.3 | 1.4 | 0.2 | 1.2 | 100.0 | 1,096 |
| 2 | 97.6 | 1.5 | 0.0 | 0.9 | 100.0 | 776 |
| 3-4 | 97.1 | 1.5 | 0.1 | 1.2 | 100.0 | 733 |
| 5-9 | 97.6 | 0.4 | 0.0 | 2.0 | 100.0 | 254 |
| 10+ | 98.6 | 1.4 | 0.0 | 0.0 | 100.0 | 73 |
| Don't know | 73.5 | 20.6 | 0.0 | 5.9 | 100.0 | 34 |
| Prior HIV testing |  |  |  |  |  |  |
| Ever tested | 97.1 | 1.6 | 0.1 | 1.2 | 100.0 | 2,715 |
| Received results | 97.1 | 1.6 | 0.1 | 1.2 | 100.0 | 2,651 |
| Did not received results | 96.9 | 3.1 | 0.0 | 0.0 | 100.0 | 64 |
| Never tested | 97.2 | 1.2 | 0.0 | 1.6 | 100.0 | 251 |
| Total 15-49 | 97.1 | 1.6 | 0.1 | 1.2 | 100.0 | 2,966 |

${ }^{1}$ Includes all dried blood spots (DBS) tested at the lab and for which there is a result, i.e. positive, negative, or indeterminate. Indeterminate means that the sample went through the entire algorithm, but the final result was inconclusive.
${ }^{2}$ Includes (1) other results of blood collection (e.g. technical problem in the field), (2) lost specimens, (3) non corresponding bar codes, and (4) other lab results such as blood not tested for technical reason, not enough blood to complete the algorithm, etc.
${ }^{3}$ A respondent is considered to have had concurrent partners if he or she had overlapping sexual partnerships with two or more people during the 12 months before the survey.

Table A. 10 Coverage of HIV testing by sexual behaviour characteristics: Men
Percent distribution of interviewed men age 15-59 who ever had sexual intercourse by HIV test status, according to sexual behaviour characteristics (unweighted), Lesotho 2014

| Sexual behaviour characteristic | Testing status |  |  |  | Total | Number of men |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | DBS Tested ${ }^{1}$ | Refused to provide blood | Absent at the time of blood collection | Other/ missing ${ }^{2}$ |  |  |
| Age at first sexual intercourse |  |  |  |  |  |  |
| <16 | 95.5 | 1.7 | 0.4 | 2.5 | 100.0 | 771 |
| 16-17 | 95.8 | 1.5 | 0.7 | 2.0 | 100.0 | 596 |
| 18-19 | 94.7 | 2.9 | 0.4 | 2.1 | 100.0 | 486 |
| 20+ | 93.7 | 2.8 | 0.6 | 2.8 | 100.0 | 671 |
| Don't know/missing | 85.0 | 8.3 | 0.0 | 6.7 | 100.0 | 60 |
| Multiple sexual partners and partner concurrency in past 12 months |  |  |  |  |  |  |
| 0 | 94.5 | 2.9 | 0.0 | 2.6 | 100.0 | 274 |
| 1 | 95.1 | 1.9 | 0.6 | 2.5 | 100.0 | 1,550 |
| 2+ | 94.3 | 2.5 | 0.6 | 2.7 | 100.0 | 714 |
| Had concurrent partners ${ }^{3}$ | 94.3 | 1.6 | 0.8 | 3.2 | 100.0 | 247 |
| None of the partners were concurrent | 94.2 | 3.0 | 0.4 | 2.4 | 100.0 | 467 |
| Missing | 89.1 | 10.9 | 0.0 | 0.0 | 100.0 | 46 |
| Condom use at last sexual intercourse in past 12 months |  |  |  |  |  |  |
| Used condom | 95.0 | 2.2 | 0.3 | 2.4 | 100.0 | 1,272 |
| Did not use condom | 94.6 | 1.9 | 0.9 | 2.6 | 100.0 | 992 |
| No sexual intercourse in last 12 months | 93.8 | 4.1 | 0.0 | 2.2 | 100.0 | 320 |
| Paid for sexual intercourse in past 12 months |  |  |  |  |  |  |
| Yes | 97.0 | 1.5 | 0.0 | 1.5 | 100.0 | 67 |
| Used condom | 96.6 | 1.7 | 0.0 | 1.7 | 100.0 | 58 |
| Did not use condom | 100.0 | 0.0 | 0.0 | 0.0 | 100.0 | 9 |
| No (No paid sexual intercourse/no sexual intercourse in last 12 months) | 94.6 | 2.3 | 0.5 | 2.5 | 100.0 | 2,517 |
| Number of lifetime partners |  |  |  |  |  |  |
| 1 | 93.3 | 2.2 | 0.7 | 3.7 | 100.0 | 270 |
| 2 | 96.9 | 1.5 | 0.6 | 0.9 | 100.0 | 324 |
| 3-4 | 95.8 | 1.3 | 0.5 | 2.4 | 100.0 | 621 |
| 5-9 | 93.8 | 2.1 | 0.2 | 3.9 | 100.0 | 665 |
| 10+ | 95.9 | 2.3 | 0.5 | 1.3 | 100.0 | 609 |
| Don't know | 82.1 | 13.7 | 2.1 | 2.1 | 100.0 | 95 |
| Prior HIV testing |  |  |  |  |  |  |
| Ever tested | 95.2 | 2.0 | 0.4 | 2.3 | 100.0 | 1,781 |
| Received results | 95.3 | 1.9 | 0.5 | 2.3 | 100.0 | 1,707 |
| Did not received results | 93.2 | 4.1 | 0.0 | 2.7 | 100.0 | 74 |
| Never tested | 93.5 | 3.0 | 0.6 | 2.9 | 100.0 | 803 |
| Total 15-59 | 94.7 | 2.3 | 0.5 | 2.5 | 100.0 | 2,584 |

${ }^{1}$ Includes all dried blood spots (DBS) tested at the lab and for which there is a result, i.e. positive, negative, or indeterminate. Indeterminate means that the sample went through the entire algorithm, but the final result was inconclusive.
${ }^{2}$ Includes (1) other results of blood collection (e.g. technical problem in the field), (2) lost specimens, (3) non corresponding bar codes, and (4) other lab results such as blood not tested for technical reason, not enough blood to complete the algorithm, etc.
${ }^{3} \mathrm{~A}$ respondent is considered to have had concurrent partners if he or she had overlapping sexual partnerships with two or more people during the 12 months before the survey. (Respondents with concurrent partners includes polygynous men who had overlapping sexual partnerships with two or more wives).

## ESTIMATES OF SAMPLING ERRORS

${ }_{\text {Aponatix }} \mathbf{B}$

TThe estimates from a sample survey are affected by two types of errors: nonsampling errors and sampling errors. Nonsampling errors are the results of mistakes made in implementing data collection and data processing, such as failure to locate and interview the correct household, misunderstanding of the questions on the part of either the interviewer or the respondent, and data entry errors. Although numerous efforts were made during the implementation of the 2014 Lesotho Demographic and Health Survey (2014 LDHS) to minimize this type of error, nonsampling errors are impossible to avoid and difficult to evaluate statistically.

Sampling errors, on the other hand, can be evaluated statistically. The sample of respondents selected in the 2014 LDHS is only one of many samples that could have been selected from the same population, using the same design and expected size. Each of these samples would yield results that differ somewhat from the results of the actual sample selected. Sampling errors are a measure of the variability among all possible samples. Although the degree of variability is not known exactly, it can be estimated from the survey results.

Sampling error is usually measured in terms of the standard error for a particular statistic (mean, percentage, etc.), which is the square root of the variance. The standard error can be used to calculate confidence intervals within which the true value for the population can reasonably be assumed to fall. For example, for any given statistic calculated from a sample survey, the value of that statistic will fall within a range of plus or minus two times the standard error of that statistic in $95 \%$ of all possible samples of identical size and design.

If the sample of respondents had been selected as a simple random sample, it would have been possible to use straightforward formulas for calculating sampling errors. However, the 2014 LDHS sample is the result of a multi-stage stratified design, and, consequently, it was necessary to use more complex formulas. Sampling errors are computed by SAS programs developed by ICF International. These programs use the Taylor linearisation method to estimate variances for survey estimates that are means, proportions, or ratios. The Jackknife repeated replication method is used for variance estimation of more complex statistics such as fertility and mortality rates.

The Taylor linearisation method treats any percentage or average as a ratio estimate, $r=y / x$, where $y$ represents the total sample value for variable $y$, and $x$ represents the total number of cases in the group or subgroup under consideration. The variance of $r$ is computed using the formula given below, with the standard error being the square root of the variance:

$$
S E^{2}(r)=\operatorname{var}(r)=\frac{1-f}{x^{2}} \sum_{h=1}^{H}\left[\frac{m_{h}}{m_{h}-1}\left(\sum_{i=1}^{m_{h}} z_{h i}^{2}-\frac{z_{h}^{2}}{m_{h}}\right)\right]
$$

in which

$$
z_{h i}=y_{h i}-r x_{h i}, \text { and } z_{h}=y_{h}-r x_{h}
$$

where $h \quad$ represents the stratum which varies from 1 to $H$,
$m_{h} \quad$ is the total number of clusters selected in the $h^{\text {th }}$ stratum,
$y_{h i} \quad$ is the sum of the weighted values of variable $y$ in the $i^{\text {th }}$ cluster in the $h^{\text {th }}$ stratum,
$x_{h i} \quad$ is the sum of the weighted number of cases in the $i^{\text {th }}$ cluster in the $h^{\text {th }}$ stratum, and
$f \quad$ is the overall sampling fraction, which is so small that it is ignored.
The Jackknife repeated replication method derives estimates of complex rates from each of several replications of the parent sample, and calculates standard errors for these estimates using simple formulas. Each replication considers all but one cluster in the calculation of the estimates. Pseudo-independent replications are thus created. In the 2014 LDHS there were 399 non-empty clusters. Hence, 399 replications were created. The variance of a rate $r$ is calculated as follows:

$$
S E^{2}(r)=\operatorname{var}(r)=\frac{1}{k(k-1)} \sum_{i=1}^{k}\left(r_{i}-r\right)^{2}
$$

in which

$$
r_{i}=k r-(k-1) r_{(i)}
$$

where $r$ is the estimate computed from the full sample of 399 clusters,
$r_{(i)} \quad$ is the estimate computed from the reduced sample of 398 clusters ( $i^{\text {th }}$ cluster excluded), and
$k \quad$ is the total number of clusters.
In addition to the standard error, the design effect (DEFT) for each estimate is also calculated The design effect is defined as the ratio between the standard error using the given sample design and the standard error that would result if a simple random sample had been used. A DEFT value of 1.0 indicates that the sample design is as efficient as a simple random sample, while a value greater than 1.0 indicates the increase in the sampling error due to the use of a more complex and less statistically efficient design. Relative standard errors and confidence limits for the estimates are also calculated.

Sampling errors for the 2014 LDHS are calculated for selected variables considered to be of primary interest. The results are presented in this appendix for the country as a whole, for urban and rural areas, for four ecological zones, and for 10 districts. For each variable, the type of statistic (mean, proportion, or rate) and the base population are given in Table B.1. Tables B. 2 through B. 19 present the value of the statistic (R), its standard error (SE), the number of unweighted ( N ) and weighted ( WN ) cases, the design effect (DEFT), the relative standard error (SE/R), and the $95 \%$ confidence limits ( $\mathrm{R} \pm 2 \mathrm{SE}$ ), for each variable. The sampling errors for mortality rates are presented for the 5 -year period preceding the survey for the national sample and for the 10 -year period preceding the survey at domain levels. The DEFT is considered undefined when the standard error considering a simple random sample is zero (when the estimate is close to 0 or 1 ).

The confidence interval (e.g., as calculated for children ever born to women age 40-49) can be interpreted as follows: the overall average number of children ever born to women age 40-49 from the national sample is 3.796 and its standard error is 0.091 . Therefore, to obtain the $95 \%$ confidence limits, one adds and subtracts twice the standard error to the sample estimate, i.e., $3.796 \pm 2 \times 0.091$. There is a high probability ( $95 \%$ ) that the true average number of children ever born to all women age 40 to 49 is between 3.613 and 3.979.

For the total sample, the value of the DEFT, averaged over all variables, is 1.29 . This means that, due to multistage clustering of the sample, the average standard error is increased by a factor of 1.29 over that in an equivalent simple random sample.

| Variable | Estimate | Base population |
| :---: | :---: | :---: |
| WOMEN |  |  |
| Urban residence | Proportion | All women 15-49 |
| Literacy | Proportion | All women 15-49 |
| No education | Proportion | All women 15-49 |
| Secondary education or higher | Proportion | All women 15-49 |
| Never married/in union | Proportion | All women 15-49 |
| Currently married/in union | Proportion | All women 15-49 |
| Married before age 20 | Proportion | All women 20-49 |
| Had sexual intercourse before age 18 | Proportion | All women 20-49 |
| Currently pregnant | Proportion | All women 15-49 |
| Children ever born | Mean | All women 15-49 |
| Children surviving | Mean | All women 15-49 |
| Children ever born to women age 40-49 | Mean | All women 40-49 |
| Know any contraceptive method | Proportion | Currently married women 15-49 |
| Know a modern method | Proportion | Currently married women 15-49 |
| Currently using any method | Proportion | Currently married women 15-49 |
| Currently using a modern method | Proportion | Currently married women 15-49 |
| Currently using pill | Proportion | Currently married women 15-49 |
| Currently using IUCD | Proportion | Currently married women 15-49 |
| Currently using male condoms | Proportion | Currently married women 15-49 |
| Currently using injectables | Proportion | Currently married women 15-49 |
| Currently using implants | Proportion | Currently married women 15-49 |
| Currently using female sterilisation | Proportion | Currently married women 15-49 |
| Used public sector source | Proportion | Current users of modern method |
| Want no more children | Proportion | Currently married women 15-49 |
| Want to delay next birth at least 2 years | Proportion | Currently married women 15-49 |
| Ideal number of children | Mean | All women 15-49 |
| Mother received antenatal care for last birth | Proportion | Women with a live birth in last five years |
| Mothers protected against tetanus for last birth | Proportion | Women with a live birth in last five years |
| Births with skilled attendant at delivery | Proportion | Births occurring 1-59 months before survey |
| Had diarrhoea in the past 2 weeks | Proportion | Children under 5 |
| Treated with ORS | Proportion | Children under 5 with diarrhoea in past 2 weeks |
| Sought medical treatment | Proportion | Children under 5 with diarrhoea in past 2 weeks |
| Vaccination card seen | Proportion | Children 12-23 months |
| Received BCG vaccination | Proportion | Children 12-23 months |
| Received DPT/pentavalent vaccination (3 doses) | Proportion | Children 12-23 months |
| Received polio vaccination (3 doses) | Proportion | Children 12-23 months |
| Received measles vaccination | Proportion | Children 12-23 months |
| Received all basic vaccinations | Proportion | Children 12-23 months |
| Height-for-age (-2SD) | Proportion | Children under 5 who are measured |
| Weight-for-height (-2SD) | Proportion | Children under 5 who are measured |
| Weight-for-age (-2SD) | Proportion | Children under 5 who are measured |
| Prevalence of anaemia (children 6-59 months) | Proportion | All children 6-59 months who were tested |
| Prevalence of anaemia (women 15-49) | Proportion | All women 15-49 who were tested |
| Body Mass Index (BMI) <18.5 | Proportion | All women 15-49 who were measured |
| Body Mass Index (BMI) $\geq 25$ | Proportion | All women 15-49 who were measured |
| Had 2+ sexual partners in past 12 months | Proportion | All women 15-49 |
| Condom use at last sex | Proportion | Women 15-49 with $2+$ partners in past 12 months |
| Abstinence among youth (never had sex) | Proportion | Never-married women 15-24 |
| Sexually active in past 12 months among never-married youth | Proportion | Never-married women 15-24 |
| Had an HIV test and received results in past 12 months | Proportion | All women 15-49 |
| Accepting attitudes towards people with HIV | Proportion | All women who have heard of HIVIAIDS |
| Total fertility rate (3 years) | Rate | Women-years of exposure to childbearing |
| Neonatal mortality rate ${ }^{1}$ | Rate | Children exposed to the risk of mortality |
| Post-neonatal mortality rate ${ }^{1}$ | Rate | Children exposed to the risk of mortality |
| Infant mortality rate ${ }^{1}$ | Rate | Children exposed to the risk of mortality |
| Child mortality rate ${ }^{1}$ | Rate | Children exposed to the risk of mortality |
| Under-five mortality rate ${ }^{1}$ | Rate | Children exposed to the risk of mortality |
| HIV prevalence among all women 15-49 | Proportion | All interviewed women with DBS tested at the lab |
| HIV prevalence among young women 15-24 | Proportion | All interviewed women 15-24 with DBS tested at the lab |

(Continued...)

| Table B.1—Continued |  |  |
| :---: | :---: | :---: |
| Variable | Estimate | Base population |
| MEN |  |  |
| Urban residence | Proportion | All men 15-49 |
| Literacy | Proportion | All men 15-49 |
| No education | Proportion | All men 15-49 |
| Secondary education or higher | Proportion | All men 15-49 |
| Never married/in union | Proportion | All men 15-49 |
| Currently married/in union | Proportion | All men 15-49 |
| Had sexual intercourse before age 18 | Proportion | All men 20-49 |
| Know any contraceptive method | Proportion | Currently married men 15-49 |
| Know a modern method | Proportion | Currently married men 15-49 |
| Want no more children | Proportion | Currently married men 15-49 |
| Want to delay next birth at least 2 years | Proportion | Currently married men 15-49 |
| Ideal number of children | Mean | All men 15-49 |
| Body Mass Index (BMI) <18.5 | Proportion | All men 15-49 who were measured |
| Body Mass Index (BMI) $\geq 25$ | Proportion | All men 15-49 who were measured |
| Prevalence of anaemia | Proportion | All men 15-49 who were tested |
| Had 2+ sexual partners in past 12 months | Proportion | All men 15-49 |
| Condom use at last sex | Proportion | Men 15-49 with 2+ partners in past 12 months |
| Abstinence among youth (never had sex) | Proportion | Never-married men 15-24 |
| Sexually active in past 12 months among never-married youth | Proportion | Never-married men 15-24 |
| Paid for sexual intercourse in past 12 months | Proportion | All men 15-49 |
| Had an HIV test and received results in past 12 months | Proportion | All men 15-49 |
| Accepting attitudes towards people with HIV | Proportion | All men who have heard of HIVIAIDS |
| HIV prevalence among all men 15-49 | Proportion | All interviewed men with DBS tested at the lab |
| HIV prevalence among all men 15-59 | Proportion | All interviewed men 15-59 with DBS tested at the lab |
| HIV prevalence among young men 15-24 | Proportion | All interviewed men 15-24 with DBS tested at the lab |
| WOMEN AND MEN |  |  |
| HIV prevalence all respondents age 15-49 | Proportion | All interviewed women and men 15-49 with DBS tested at the lab |
| HIV prevalence all respondents age 15-24 | Proportion | All interviewed women and men 15-24 with DBS tested at the lab |

${ }^{1}$ The mortality rates are calculated for 5 years before the survey for the national sample, and 10 years before the survey for the zonal and district samples.

|  |  |  | Number of cases |  | Design effect (DEFT) | Relative error (SE/R) | Confidence limits |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Variable | Value (R) | Standard error (SE) | Unweighted <br> (N) | Weighted (WN) |  |  | R-2SE | R+2SE |
|  |  | WOMEN |  |  |  |  |  |  |
| Urban residence | 0.365 | 0.015 | 6621 | 6621 | 2.498 | 0.040 | 0.336 | 0.395 |
| Literacy | 0.970 | 0.002 | 6621 | 6621 | 1.167 | 0.003 | 0.965 | 0.975 |
| No education | 0.010 | 0.001 | 6621 | 6621 | 1.120 | 0.135 | 0.007 | 0.013 |
| Secondary education or higher | 0.604 | 0.011 | 6621 | 6621 | 1.784 | 0.018 | 0.583 | 0.626 |
| Never married/in union | 0.331 | 0.007 | 6621 | 6621 | 1.270 | 0.022 | 0.316 | 0.345 |
| Currently married/in union | 0.546 | 0.009 | 6621 | 6621 | 1.441 | 0.016 | 0.528 | 0.563 |
| Married before age 20 | 0.452 | 0.010 | 5079 | 5181 | 1.409 | 0.022 | 0.432 | 0.471 |
| Had sexual intercourse before age 18 | 0.423 | 0.010 | 5079 | 5181 | 1.380 | 0.023 | 0.404 | 0.442 |
| Currently pregnant | 0.043 | 0.003 | 6621 | 6621 | 1.166 | 0.068 | 0.037 | 0.049 |
| Children ever born | 1.748 | 0.029 | 6621 | 6621 | 1.276 | 0.016 | 1.691 | 1.805 |
| Children surviving | 1.579 | 0.026 | 6621 | 6621 | 1.276 | 0.016 | 1.528 | 1.631 |
| Children ever born to women age 40-49 | 3.796 | 0.091 | 1072 | 1062 | 1.370 | 0.024 | 3.613 | 3.979 |
| Know any contraceptive method | 0.995 | 0.002 | 3609 | 3612 | 1.323 | 0.002 | 0.991 | 0.998 |
| Know a modern method | 0.995 | 0.002 | 3609 | 3612 | 1.323 | 0.002 | 0.991 | 0.998 |
| Currently using any method | 0.602 | 0.011 | 3609 | 3612 | 1.375 | 0.019 | 0.579 | 0.624 |
| Currently using a modern method | 0.598 | 0.011 | 3609 | 3612 | 1.385 | 0.019 | 0.575 | 0.621 |
| Currently using pill | 0.142 | 0.007 | 3609 | 3612 | 1.265 | 0.052 | 0.128 | 0.157 |
| Currently using IUCD | 0.013 | 0.002 | 3609 | 3612 | 1.180 | 0.169 | 0.009 | 0.018 |
| Currently using male condoms | 0.169 | 0.008 | 3609 | 3612 | 1.287 | 0.048 | 0.153 | 0.185 |
| Currently using injectables | 0.240 | 0.009 | 3609 | 3612 | 1.322 | 0.039 | 0.222 | 0.259 |
| Currently using implants | 0.014 | 0.002 | 3609 | 3612 | 1.251 | 0.177 | 0.009 | 0.018 |
| Currently using female sterilisation | 0.017 | 0.003 | 3609 | 3612 | 1.340 | 0.172 | 0.011 | 0.022 |
| Used public sector source | 0.632 | 0.011 | 3194 | 3213 | 1.290 | 0.017 | 0.610 | 0.654 |
| Want no more children | 0.578 | 0.009 | 3609 | 3612 | 1.138 | 0.016 | 0.559 | 0.596 |
| Want to delay next birth at least 2 years | 0.241 | 0.008 | 3609 | 3612 | 1.165 | 0.034 | 0.224 | 0.257 |
| Ideal number of children | 2.636 | 0.021 | 6608 | 6608 | 1.272 | 0.008 | 2.594 | 2.678 |
| Mother received antenatal care for last birth | 0.952 | 0.005 | 2596 | 2575 | 1.178 | 0.005 | 0.942 | 0.962 |
| Mothers protected against tetanus for last birth | 0.744 | 0.012 | 2596 | 2575 | 1.340 | 0.016 | 0.721 | 0.767 |
| Births with skilled attendant at delivery | 0.779 | 0.011 | 3138 | 3112 | 1.373 | 0.015 | 0.756 | 0.802 |
| Had diarrhoea in the past 2 weeks | 0.118 | 0.009 | 2915 | 2896 | 1.409 | 0.072 | 0.101 | 0.135 |
| Treated with ORS | 0.534 | 0.033 | 328 | 342 | 1.189 | 0.061 | 0.469 | 0.599 |
| Sought medical treatment | 0.509 | 0.029 | 328 | 342 | 1.057 | 0.057 | 0.451 | 0.567 |
| Vaccination card seen | 0.771 | 0.020 | 655 | 655 | 1.200 | 0.026 | 0.731 | 0.811 |
| Received BCG vaccination | 0.980 | 0.006 | 655 | 655 | 1.045 | 0.006 | 0.968 | 0.991 |
| Received DPT/pentavalent vaccination (3 doses) | 0.854 | 0.016 | 655 | 655 | 1.172 | 0.019 | 0.821 | 0.886 |
| Received polio vaccination (3 doses) | 0.757 | 0.020 | 655 | 655 | 1.209 | 0.027 | 0.716 | 0.798 |
| Received measles vaccination | 0.901 | 0.013 | 655 | 655 | 1.107 | 0.014 | 0.875 | 0.927 |
| Received all basic vaccinations | 0.683 | 0.022 | 655 | 655 | 1.201 | 0.032 | 0.639 | 0.727 |
| Height-for-age (-2SD) | 0.332 | 0.013 | 1882 | 1869 | 1.162 | 0.040 | 0.306 | 0.359 |
| Weight-for-height (-2SD) | 0.028 | 0.004 | 1882 | 1869 | 1.062 | 0.147 | 0.020 | 0.036 |
| Weight-for-age (-2SD) | 0.103 | 0.009 | 1882 | 1869 | 1.189 | 0.083 | 0.086 | 0.120 |
| Prevalence of anaemia (children 6-59 months) | 0.508 | 0.016 | 1726 | 1709 | 1.283 | 0.031 | 0.476 | 0.540 |
| Prevalence of anaemia (women 15-49) | 0.273 | 0.010 | 3349 | 3297 | 1.287 | 0.037 | 0.253 | 0.293 |
| Body Mass Index (BMI) <18.5 | 0.043 | 0.004 | 3193 | 3155 | 1.131 | 0.095 | 0.035 | 0.051 |
| Body Mass Index (BMI) $\geq 25$ | 0.446 | 0.011 | 3193 | 3155 | 1.247 | 0.025 | 0.424 | 0.468 |
| Had 2+ sexual partners in past 12 months | 0.066 | 0.004 | 6621 | 6621 | 1.343 | 0.062 | 0.058 | 0.074 |
| Condom use at last sex | 0.539 | 0.032 | 430 | 435 | 1.322 | 0.059 | 0.475 | 0.603 |
| Abstinence among youth (never had sex) | 0.506 | 0.015 | 1772 | 1719 | 1.238 | 0.029 | 0.476 | 0.535 |
| Sexually active in past 12 months among never-married youth | 0.372 | 0.015 | 1772 | 1719 | 1.286 | 0.040 | 0.343 | 0.402 |
| Had an HIV test and received results in past 12 months | 0.580 | 0.009 | 6621 | 6621 | 1.414 | 0.015 | 0.563 | 0.597 |
| Accepting attitudes towards people with HIV | 0.463 | 0.010 | 6539 | 6552 | 1.611 | 0.021 | 0.443 | 0.483 |
| Total fertility rate (3 years) | 3.263 | 0.102 | 18347 | 18463 | 1.291 | 0.031 | 3.060 | 3.466 |
| Neonatal mortality rate (last 0-4 years) | 33.529 | 3.712 | 3161 | 3134 | 1.068 | 0.111 | 26.105 | 40.952 |
| Post-neonatal mortality rate (last 0-4 years) | 25.960 | 3.783 | 3154 | 3127 | 1.312 | 0.146 | 18.394 | 33.526 |
| Infant mortality rate (last 0-4 years) | 59.489 | 5.067 | 3164 | 3136 | 1.139 | 0.085 | 49.356 | 69.622 |
| Child mortality rate (last 0-4 years) | 27.438 | 3.929 | 2966 | 2945 | 1.244 | 0.143 | 19.581 | 35.295 |
| Under-five mortality rate (last 0-4 years) | 85.294 | 6.017 | 3193 | 3165 | 1.143 | 0.071 | 73.260 | 97.328 |
| HIV prevalence among all women 15-49 | 0.297 | 0.010 | 3321 | 3175 | 1.319 | 0.035 | 0.276 | 0.318 |
| HIV prevalence among young women 15-24 | 0.131 | 0.011 | 1424 | 1342 | 1.265 | 0.086 | 0.108 | 0.153 |


| Table B.2-Continued |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Variable | Value (R) | Standard error (SE) | Number of cases |  | Design effect (DEFT) | Relative error (SE/R) | Confidence limits |  |
|  |  |  | Unweighted (N) | Weighted (WN) |  |  | R-2SE | R+2SE |
| MEN |  |  |  |  |  |  |  |  |
| Urban residence | 0.346 | 0.016 | 2626 | 2660 | 1.761 | 0.047 | 0.313 | 0.378 |
| Literacy | 0.845 | 0.010 | 2626 | 2660 | 1.456 | 0.012 | 0.824 | 0.865 |
| No education | 0.080 | 0.007 | 2626 | 2660 | 1.322 | 0.088 | 0.066 | 0.094 |
| Secondary education or higher | 0.472 | 0.016 | 2626 | 2660 | 1.648 | 0.034 | 0.440 | 0.505 |
| Never married/in union | 0.564 | 0.013 | 2626 | 2660 | 1.341 | 0.023 | 0.538 | 0.590 |
| Currently married/in union | 0.370 | 0.013 | 2626 | 2660 | 1.335 | 0.034 | 0.344 | 0.395 |
| Had sexual intercourse before age 18 | 0.487 | 0.015 | 1936 | 1969 | 1.277 | 0.030 | 0.458 | 0.516 |
| Know any contraceptive method | 0.991 | 0.004 | 993 | 983 | 1.373 | 0.004 | 0.983 | 0.999 |
| Know a modern method | 0.990 | 0.004 | 993 | 983 | 1.385 | 0.004 | 0.981 | 0.999 |
| Want no more children | 0.400 | 0.020 | 993 | 983 | 1.312 | 0.051 | 0.359 | 0.440 |
| Want to delay next birth at least 2 years | 0.341 | 0.019 | 993 | 983 | 1.289 | 0.057 | 0.302 | 0.380 |
| Ideal number of children | 3.016 | 0.035 | 2605 | 2640 | 1.160 | 0.012 | 2.946 | 3.086 |
| Body Mass Index (BMI) <18.5 | 0.142 | 0.009 | 2560 | 2583 | 1.364 | 0.066 | 0.123 | 0.161 |
| Body Mass Index (BMI) $\geq 25$ | 0.117 | 0.008 | 2560 | 2583 | 1.192 | 0.065 | 0.101 | 0.132 |
| Prevalence of anaemia | 0.141 | 0.009 | 2505 | 2517 | 1.277 | 0.063 | 0.123 | 0.159 |
| Had 2+ sexual partners in past 12 months | 0.267 | 0.013 | 2626 | 2660 | 1.527 | 0.049 | 0.241 | 0.294 |
| Condom use at last sex | 0.653 | 0.020 | 670 | 711 | 1.074 | 0.030 | 0.614 | 0.693 |
| Abstinence among youth (never had sex) | 0.283 | 0.018 | 1119 | 1151 | 1.332 | 0.064 | 0.247 | 0.318 |
| Sexually active in past 12 months among never-married youth | 0.581 | 0.019 | 1119 | 1151 | 1.306 | 0.033 | 0.542 | 0.619 |
| Paid for sexual intercourse in past 12 months | 0.031 | 0.004 | 2626 | 2660 | 1.317 | 0.144 | 0.022 | 0.040 |
| Had an HIV test and received results in past 12 months | 0.364 | 0.012 | 2626 | 2660 | 1.308 | 0.034 | 0.339 | 0.389 |
| Accepting attitudes towards people with HIV | 0.356 | 0.013 | 2568 | 2606 | 1.327 | 0.035 | 0.330 | 0.381 |
| HIV prevalence among all men 15-49 | 0.186 | 0.011 | 2481 | 2646 | 1.353 | 0.057 | 0.165 | 0.207 |
| HIV prevalence among all men 15-59 | 0.196 | 0.010 | 2775 | 2921 | 1.343 | 0.052 | 0.175 | 0.216 |
| HIV prevalence among young men 15-24 | 0.060 | 0.010 | 1173 | 1272 | 1.425 | 0.165 | 0.040 | 0.080 |
| MEN AND WOMEN |  |  |  |  |  |  |  |  |
| HIV prevalence among all respondents 15-49 | 0.246 | 0.008 | 5802 | 5821 | 1.434 | 0.033 | 0.230 | 0.263 |
| HIV prevalence among all respondents 15-24 | 0.096 | 0.008 | 2597 | 2615 | 1.424 | 0.086 | 0.080 | 0.113 |

${ }^{1}$ The mortality rates are calculated for 5 years before the survey for the national sample, and 10 years before the survey for the zonal and district samples.

| Table B.3 Sampling errors for urban sample, Lesotho 2014 |  |  |  |  |  |
| :--- | ---: | ---: | ---: | ---: | ---: | ---: | ---: |
|  |  |  |  |  |  |
|  |  |  |  |  |  |


| Table B.3-Continued |  |  |  |  |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |

na $=$ Not applicable

|  |  |  |  |  |  |
| :--- | ---: | ---: | ---: | ---: | ---: | ---: |
| Table B.4 Sampling errors for rural sample, Lesotho 2014 |  |  |  |  |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |


| Table B.4-Continued |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Variable | Value (R) | Standard error (SE) | Number of cases |  | Design effect (DEFT) | Relative error (SE/R) | Confidence limits |  |
|  |  |  | Unweighted <br> (N) | Weighted (WN) |  |  | R-2SE | R+2SE |
|  |  | MEN |  |  |  |  |  |  |
| Urban residence | 0.000 | 0.000 | 1805 | 1741 | na | na | 0.000 | 0.000 |
| Literacy | 0.804 | 0.013 | 1805 | 1741 | 1.372 | 0.016 | 0.779 | 0.830 |
| No education | 0.109 | 0.010 | 1805 | 1741 | 1.302 | 0.087 | 0.090 | 0.129 |
| Secondary education or higher | 0.355 | 0.018 | 1805 | 1741 | 1.558 | 0.049 | 0.320 | 0.390 |
| Never married/in union | 0.578 | 0.015 | 1805 | 1741 | 1.258 | 0.025 | 0.549 | 0.607 |
| Currently married/in union | 0.364 | 0.014 | 1805 | 1741 | 1.224 | 0.038 | 0.337 | 0.392 |
| Had sexual intercourse before age 18 | 0.469 | 0.016 | 1299 | 1236 | 1.171 | 0.035 | 0.436 | 0.501 |
| Know any contraceptive method | 0.993 | 0.003 | 680 | 634 | 1.001 | 0.003 | 0.986 | 0.999 |
| Know a modern method | 0.992 | 0.004 | 680 | 634 | 1.108 | 0.004 | 0.984 | 0.999 |
| Want no more children | 0.402 | 0.022 | 680 | 634 | 1.173 | 0.055 | 0.358 | 0.447 |
| Want to delay next birth at least 2 years | 0.346 | 0.023 | 680 | 634 | 1.233 | 0.065 | 0.301 | 0.391 |
| Ideal number of children | 3.173 | 0.045 | 1789 | 1727 | 1.178 | 0.014 | 3.083 | 3.262 |
| Body Mass Index (BMI) <18.5 | 0.155 | 0.012 | 1757 | 1688 | 1.344 | 0.075 | 0.132 | 0.178 |
| Body Mass Index (BMI) $\geq 25$ | 0.083 | 0.008 | 1757 | 1688 | 1.252 | 0.099 | 0.067 | 0.100 |
| Prevalence of anaemia | 0.137 | 0.009 | 1724 | 1656 | 1.045 | 0.063 | 0.120 | 0.155 |
| Had 2+ sexual partners in past 12 months | 0.239 | 0.012 | 1805 | 1741 | 1.202 | 0.050 | 0.215 | 0.264 |
| Condom use at last sex | 0.616 | 0.027 | 428 | 417 | 1.146 | 0.044 | 0.562 | 0.670 |
| Abstinence among youth (never had sex) | 0.288 | 0.021 | 793 | 792 | 1.281 | 0.072 | 0.247 | 0.329 |
| Sexually active in past 12 months among never-married youth | 0.590 | 0.021 | 793 | 792 | 1.210 | 0.036 | 0.548 | 0.633 |
| Paid for sexual intercourse in past 12 months | 0.021 | 0.004 | 1805 | 1741 | 1.104 | 0.176 | 0.014 | 0.029 |
| Had an HIV test and received results in past 12 months | 0.309 | 0.015 | 1805 | 1741 | 1.343 | 0.047 | 0.280 | 0.339 |
| Accepting attitudes towards people with HIV | 0.332 | 0.015 | 1752 | 1692 | 1.333 | 0.045 | 0.302 | 0.362 |
| HIV prevalence among all men 15-49 | 0.162 | 0.011 | 1708 | 1727 | 1.284 | 0.071 | 0.139 | 0.185 |
| HIV prevalence among all men 15-59 | 0.173 | 0.011 | 1924 | 1932 | 1.264 | 0.063 | 0.151 | 0.195 |
| HIV prevalence among young men 15-24 | 0.045 | 0.010 | 837 | 870 | 1.407 | 0.224 | 0.025 | 0.065 |
| MEN AND WOMEN |  |  |  |  |  |  |  |  |
| HIV prevalence among all respondents 15-49 | 0.218 | 0.008 | 3952 | 3773 | 1.248 | 0.038 | 0.201 | 0.234 |
| HIV prevalence among all respondents 15-24 | 0.081 | 0.008 | 1820 | 1769 | 1.241 | 0.098 | 0.065 | 0.097 |

na $=$ Not applicable

| Table B.5 Sampling errors for Lowlands sample, Lesotho | 2014 |  |  |  |  |  |
| :--- | ---: | ---: | ---: | ---: | ---: | ---: | ---: |
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| Table B.5-Continued |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Variable | Value (R) | Standard error (SE) | Number of cases |  | Design effect (DEFT) | Relative error (SE/R) | Confidence limits |  |
|  |  |  | Unweighted <br> (N) | Weighted (WN) |  |  | R-2SE | R+2SE |
| MEN |  |  |  |  |  |  |  |  |
| Urban residence | 0.494 | 0.022 | 1348 | 1711 | 1.594 | 0.044 | 0.451 | 0.538 |
| Literacy | 0.911 | 0.010 | 1348 | 1711 | 1.325 | 0.011 | 0.891 | 0.932 |
| No education | 0.029 | 0.006 | 1348 | 1711 | 1.205 | 0.190 | 0.018 | 0.040 |
| Secondary education or higher | 0.587 | 0.020 | 1348 | 1711 | 1.469 | 0.034 | 0.548 | 0.626 |
| Never married/in union | 0.576 | 0.017 | 1348 | 1711 | 1.268 | 0.030 | 0.542 | 0.610 |
| Currently married/in union | 0.346 | 0.017 | 1348 | 1711 | 1.292 | 0.048 | 0.313 | 0.380 |
| Had sexual intercourse before age 18 | 0.499 | 0.019 | 998 | 1277 | 1.202 | 0.038 | 0.461 | 0.537 |
| Know any contraceptive method | 0.991 | 0.006 | 473 | 593 | 1.421 | 0.006 | 0.979 | 1.003 |
| Know a modern method | 0.990 | 0.006 | 473 | 593 | 1.410 | 0.007 | 0.977 | 1.003 |
| Want no more children | 0.403 | 0.029 | 473 | 593 | 1.276 | 0.071 | 0.346 | 0.461 |
| Want to delay next birth at least 2 years | 0.335 | 0.026 | 473 | 593 | 1.200 | 0.078 | 0.283 | 0.387 |
| Ideal number of children | 2.832 | 0.040 | 1341 | 1703 | 1.093 | 0.014 | 2.752 | 2.913 |
| Body Mass Index (BMI) <18.5 | 0.146 | 0.012 | 1308 | 1655 | 1.245 | 0.083 | 0.122 | 0.171 |
| Body Mass Index (BMI) $\geq 25$ | 0.136 | 0.010 | 1308 | 1655 | 1.057 | 0.074 | 0.116 | 0.156 |
| Prevalence of anaemia | 0.132 | 0.012 | 1279 | 1613 | 1.301 | 0.094 | 0.107 | 0.157 |
| Had 2+ sexual partners in past 12 months | 0.278 | 0.019 | 1348 | 1711 | 1.537 | 0.068 | 0.240 | 0.315 |
| Condom use at last sex | 0.695 | 0.025 | 334 | 475 | 0.982 | 0.036 | 0.646 | 0.745 |
| Abstinence among youth (never had sex) | 0.272 | 0.023 | 587 | 751 | 1.257 | 0.085 | 0.225 | 0.318 |
| Sexually active in past 12 months among never-married youth | 0.580 | 0.025 | 587 | 751 | 1.235 | 0.043 | 0.530 | 0.630 |
| Paid for sexual intercourse in past 12 months | 0.039 | 0.006 | 1348 | 1711 | 1.235 | 0.168 | 0.026 | 0.051 |
| Had an HIV test and received results in past 12 months | 0.399 | 0.016 | 1348 | 1711 | 1.180 | 0.039 | 0.368 | 0.430 |
| Accepting attitudes towards people with HIV | 0.387 | 0.017 | 1334 | 1693 | 1.249 | 0.043 | 0.353 | 0.420 |
| HIV prevalence among all men 15-49 | 0.202 | 0.014 | 1265 | 1699 | 1.278 | 0.071 | 0.174 | 0.231 |
| HIV prevalence among all men 15-59 | 0.212 | 0.014 | 1404 | 1869 | 1.259 | 0.065 | 0.185 | 0.240 |
| HIV prevalence among young men 15-24 | 0.066 | 0.013 | 611 | 830 | 1.329 | 0.202 | 0.039 | 0.093 |
| MEN AND WOMEN |  |  |  |  |  |  |  |  |
| HIV prevalence among all respondents 15-49 | 0.264 | 0.011 | 2876 | 3685 | 1.371 | 0.043 | 0.242 | 0.287 |
| HIV prevalence among all respondents 15-24 | 0.104 | 0.012 | 1307 | 1673 | 1.375 | 0.112 | 0.080 | 0.127 |

na $=$ Not applicable

| Variable | Value (R) | Standard error (SE) | Number of cases |  | Design effect (DEFT) | Relative error (SE/R) | Confidence limits |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | Unweighted <br> (N) | Weighted (WN) |  |  | R-2SE | R+2SE |
|  |  | WOMEN |  |  |  |  |  |  |
| Urban residence | 0.000 | 0.000 | 670 | 688 | na | na | 0.000 | 0.000 |
| Literacy | 0.961 | 0.010 | 670 | 688 | 1.356 | 0.011 | 0.941 | 0.982 |
| No education | 0.008 | 0.003 | 670 | 688 | 0.983 | 0.430 | 0.001 | 0.014 |
| Secondary education or higher | 0.431 | 0.033 | 670 | 688 | 1.734 | 0.077 | 0.365 | 0.498 |
| Never married/in union | 0.259 | 0.020 | 670 | 688 | 1.203 | 0.079 | 0.218 | 0.300 |
| Currently married/in union | 0.621 | 0.024 | 670 | 688 | 1.294 | 0.039 | 0.572 | 0.669 |
| Married before age 20 | 0.615 | 0.040 | 516 | 527 | 1.852 | 0.065 | 0.536 | 0.695 |
| Had sexual intercourse before age 18 | 0.466 | 0.029 | 516 | 527 | 1.312 | 0.062 | 0.408 | 0.524 |
| Currently pregnant | 0.052 | 0.008 | 670 | 688 | 0.908 | 0.149 | 0.037 | 0.068 |
| Children ever born | 2.144 | 0.079 | 670 | 688 | 0.976 | 0.037 | 1.985 | 2.303 |
| Children surviving | 1.964 | 0.074 | 670 | 688 | 1.007 | 0.038 | 1.815 | 2.113 |
| Children ever born to women age 40-49 | 4.568 | 0.264 | 124 | 130 | 1.242 | 0.058 | 4.040 | 5.096 |
| Know any contraceptive method | 0.998 | 0.002 | 412 | 427 | 0.972 | 0.002 | 0.993 | 1.002 |
| Know a modern method | 0.998 | 0.002 | 412 | 427 | 0.972 | 0.002 | 0.993 | 1.002 |
| Ever used any contraceptive method | 0.554 | 0.037 | 412 | 427 | 1.506 | 0.067 | 0.480 | 0.628 |
| Currently using any method | 0.554 | 0.037 | 412 | 427 | 1.506 | 0.067 | 0.480 | 0.628 |
| Currently using a modern method | 0.139 | 0.019 | 412 | 427 | 1.104 | 0.135 | 0.101 | 0.177 |
| Currently using pill | 0.012 | 0.005 | 412 | 427 | 0.980 | 0.430 | 0.002 | 0.023 |
| Currently using IUCD | 0.116 | 0.022 | 412 | 427 | 1.367 | 0.187 | 0.073 | 0.159 |
| Currently using male condoms | 0.265 | 0.024 | 412 | 427 | 1.116 | 0.092 | 0.217 | 0.314 |
| Currently using injectables | 0.005 | 0.005 | 412 | 427 | 1.339 | 0.957 | 0.000 | 0.014 |
| Currently using female sterilisation | 0.013 | 0.008 | 412 | 427 | 1.413 | 0.608 | 0.000 | 0.029 |
| Used public sector source | 0.715 | 0.033 | 304 | 314 | 1.258 | 0.046 | 0.650 | 0.781 |
| Want no more children | 0.617 | 0.023 | 412 | 427 | 0.951 | 0.037 | 0.571 | 0.662 |
| Want to delay nest birth at least 2 years | 0.259 | 0.019 | 412 | 427 | 0.861 | 0.072 | 0.221 | 0.296 |
| Ideal number of children | 2.817 | 0.079 | 669 | 687 | 1.299 | 0.028 | 2.658 | 2.975 |
| Mothers protected against tetanus for last birth | 0.911 | 0.019 | 303 | 316 | 1.188 | 0.021 | 0.872 | 0.949 |
| Births with skilled attendant at delivery | 0.681 | 0.038 | 303 | 316 | 1.424 | 0.055 | 0.606 | 0.757 |
| Had diarrhoea in the past 2 weeks | 0.607 | 0.037 | 366 | 380 | 1.284 | 0.061 | 0.534 | 0.681 |
| Treated with ORS | 0.132 | 0.019 | 335 | 348 | 1.051 | 0.143 | 0.094 | 0.169 |
| Sought medical treatment | 0.622 | 0.078 | 42 | 46 | 1.072 | 0.125 | 0.467 | 0.778 |
| Vaccination card seen | 0.564 | 0.078 | 42 | 46 | 1.052 | 0.138 | 0.408 | 0.720 |
| Received BCG vaccination | 0.784 | 0.053 | 63 | 66 | 1.030 | 0.067 | 0.678 | 0.889 |
| Received DPT/pentavalent vaccination (3 doses) | 0.975 | 0.019 | 63 | 66 | 0.984 | 0.020 | 0.936 | 1.013 |
| Received polio vaccination (3 doses) | 0.891 | 0.041 | 63 | 66 | 1.061 | 0.046 | 0.809 | 0.974 |
| Received measles vaccination | 0.692 | 0.065 | 63 | 66 | 1.125 | 0.094 | 0.562 | 0.821 |
| Received all basic vaccinations | 0.936 | 0.036 | 63 | 66 | 1.173 | 0.038 | 0.865 | 1.008 |
| Height-for-age (-2SD) | 0.658 | 0.066 | 63 | 66 | 1.113 | 0.100 | 0.526 | 0.789 |
| Weight-for-height (-2SD) | 0.409 | 0.032 | 217 | 221 | 1.017 | 0.079 | 0.345 | 0.473 |
| Weight-for-age (-2SD) | 0.045 | 0.016 | 217 | 221 | 1.132 | 0.348 | 0.014 | 0.077 |
| Prevalence of anaemia (children 6-59 months) | 0.149 | 0.039 | 217 | 221 | 1.528 | 0.262 | 0.071 | 0.227 |
| Prevalence of anaemia (women 15-49) | 0.215 | 0.028 | 341 | 335 | 1.209 | 0.128 | 0.160 | 0.270 |
| Body Mass Index (BMI) <18.5 | 0.215 | 0.028 | 341 | 335 | 1.209 | 0.128 | 0.160 | 0.270 |
| Body Mass Index (BMI) $\geq 25$ | 0.049 | 0.011 | 316 | 311 | 0.899 | 0.227 | 0.027 | 0.072 |
| Had 2+ sexual partners in past 12 months | 0.440 | 0.029 | 316 | 311 | 1.013 | 0.066 | 0.382 | 0.498 |
| Condom use at last sex | 0.067 | 0.009 | 670 | 688 | 0.937 | 0.135 | 0.049 | 0.086 |
| Abstinence among youth (never had sex) | 0.369 | 0.095 | 45 | 46 | 1.293 | 0.257 | 0.180 | 0.559 |
| Sexually active in past 12 months among never-married youth | 0.537 | 0.051 | 140 | 145 | 1.204 | 0.095 | 0.435 | 0.639 |
| Had an HIV test and received results in past 12 months | 0.316 | 0.050 | 140 | 145 | 1.270 | 0.159 | 0.216 | 0.417 |
| Accepting attitudes towards people with HIV | 0.594 | 0.023 | 670 | 688 | 1.193 | 0.038 | 0.549 | 0.640 |
| HIV prevalence all respondents | 0.457 | 0.023 | 660 | 678 | 1.166 | 0.050 | 0.412 | 0.503 |
| Total fertility rate (3 years) | 4.194 | 0.258 | 1868 | 1904 | 0.974 | 0.061 | 3.679 | 4.710 |
| Neonatal mortality (last 0-9 years) | 38.704 | 9.230 | 700 | 721 | 1.125 | 0.238 | 20.244 | 57.163 |
| Post-neonatal mortality (last 0-9 years) | 24.070 | 6.583 | 694 | 714 | 1.080 | 0.273 | 10.905 | 37.235 |
| Infant mortality (last 0-9 years) | 62.774 | 10.929 | 700 | 721 | 1.068 | 0.174 | 40.916 | 84.632 |
| Child mortality (last 0-9 years) | 18.251 | 6.195 | 655 | 675 | 1.047 | 0.339 | 5.861 | 30.641 |
| Under-five mortality (last 0-9 years) | 79.879 | 10.801 | 701 | 722 | 0.996 | 0.135 | 58.278 | 101.480 |
| HIV prevalence among all women 15-49 | 0.279 | 0.028 | 328 | 311 | 1.118 | 0.099 | 0.224 | 0.335 |
| HIV prevalence among young women 15-24 | 0.130 | 0.038 | 142 | 131 | 1.321 | 0.288 | 0.055 | 0.205 |


| Table B.6-Continued |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Variable | Value (R) | Standard error (SE) | Number of cases |  | Design effect (DEFT) | Relative error (SE/R) | Confidence limits |  |
|  |  |  | Unweighted (N) | Weighted (WN) |  |  | R-2SE | R+2SE |
| MEN |  |  |  |  |  |  |  |  |
| Urban residence | 0.000 | 0.000 | 258 | 252 | na | na | 0.000 | 0.000 |
| Literacy | 0.797 | 0.033 | 258 | 252 | 1.296 | 0.041 | 0.732 | 0.862 |
| No education | 0.132 | 0.019 | 258 | 252 | 0.882 | 0.141 | 0.095 | 0.170 |
| Secondary education or higher | 0.269 | 0.035 | 258 | 252 | 1.247 | 0.128 | 0.200 | 0.338 |
| Never married/in union | 0.566 | 0.037 | 258 | 252 | 1.198 | 0.065 | 0.492 | 0.640 |
| Currently married/in union | 0.399 | 0.035 | 258 | 252 | 1.131 | 0.087 | 0.330 | 0.468 |
| Had sexual intercourse before age 18 | 0.493 | 0.044 | 195 | 187 | 1.218 | 0.089 | 0.406 | 0.581 |
| Know any contraceptive method | 1.000 | 0.000 | 104 | 100 | na | 0.000 | 1.000 | 1.000 |
| Know a modern method | 1.000 | 0.000 | 104 | 100 | na | 0.000 | 1.000 | 1.000 |
| Want no more children | 0.414 | 0.071 | 104 | 100 | 1.461 | 0.172 | 0.271 | 0.556 |
| Want to delay next birth at least 2 years | 0.333 | 0.048 | 104 | 100 | 1.039 | 0.145 | 0.237 | 0.430 |
| Ideal number of children | 3.009 | 0.128 | 253 | 248 | 1.356 | 0.042 | 2.754 | 3.265 |
| Body Mass Index (BMI) <18.5 | 0.152 | 0.035 | 254 | 246 | 1.549 | 0.232 | 0.082 | 0.222 |
| Body Mass Index (BMI) $\geq 25$ | 0.079 | 0.021 | 254 | 246 | 1.203 | 0.259 | 0.038 | 0.120 |
| Prevalence of anaemia | 0.199 | 0.027 | 247 | 237 | 1.059 | 0.137 | 0.144 | 0.253 |
| Had 2+ sexual partners in past 12 months | 0.275 | 0.035 | 258 | 252 | 1.257 | 0.128 | 0.205 | 0.345 |
| Condom use at last sex | 0.633 | 0.075 | 69 | 69 | 1.280 | 0.119 | 0.483 | 0.784 |
| Abstinence among youth (never had sex) | 0.335 | 0.070 | 105 | 107 | 1.508 | 0.209 | 0.195 | 0.476 |
| Sexually active in past 12 months among never-married youth | 0.556 | 0.075 | 105 | 107 | 1.520 | 0.134 | 0.407 | 0.705 |
| Paid for sexual intercourse in past 12 months | 0.023 | 0.009 | 258 | 252 | 0.987 | 0.404 | 0.004 | 0.041 |
| Had an HIV test and received results in past 12 months | 0.320 | 0.037 | 258 | 252 | 1.269 | 0.115 | 0.246 | 0.394 |
| Accepting attitudes towards people with HIV | 0.313 | 0.031 | 249 | 243 | 1.062 | 0.100 | 0.251 | 0.376 |
| HIV prevalence among all men 15-49 | 0.184 | 0.024 | 243 | 246 | 0.968 | 0.131 | 0.136 | 0.232 |
| HIV prevalence among all men 15-59 | 0.180 | 0.023 | 273 | 275 | 0.995 | 0.129 | 0.134 | 0.226 |
| HIV prevalence among young men 15-24 | 0.032 | 0.016 | 114 | 119 | 0.972 | 0.499 | 0.000 | 0.065 |
| MEN AND WOMEN |  |  |  |  |  |  |  |  |
| HIV prevalence among all respondents 15-49 | 0.237 | 0.020 | 571 | 557 | 1.149 | 0.086 | 0.196 | 0.278 |
| HIV prevalence among all respondents 15-24 | 0.084 | 0.021 | 256 | 250 | 1.229 | 0.255 | 0.041 | 0.126 |

na $=$ Not applicable

|  |  |  | Number of cases |  | Design effect (DEFT) | Relative error (SE/R) | Confidence limits |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Variable | Value (R) | Standard error (SE) | Unweighted <br> ( N ) | Weighted (WN) |  |  | R-2SE | R+2SE |
|  |  | WOMEN |  |  |  |  |  |  |
| Urban residence | 0.120 | 0.013 | 1897 | 1288 | 1.686 | 0.105 | 0.094 | 0.145 |
| Literacy | 0.948 | 0.006 | 1897 | 1288 | 1.185 | 0.006 | 0.935 | 0.960 |
| No education | 0.026 | 0.005 | 1897 | 1288 | 1.246 | 0.176 | 0.017 | 0.035 |
| Secondary education or higher | 0.411 | 0.018 | 1897 | 1288 | 1.601 | 0.044 | 0.375 | 0.447 |
| Never married/in union | 0.270 | 0.016 | 1897 | 1288 | 1.611 | 0.061 | 0.237 | 0.303 |
| Currently married/in union | 0.619 | 0.021 | 1897 | 1288 | 1.843 | 0.033 | 0.578 | 0.660 |
| Married before age 20 | 0.587 | 0.014 | 1403 | 967 | 1.101 | 0.025 | 0.558 | 0.615 |
| Had sexual intercourse before age 18 | 0.459 | 0.019 | 1403 | 967 | 1.398 | 0.041 | 0.422 | 0.496 |
| Currently pregnant | 0.045 | 0.006 | 1897 | 1288 | 1.220 | 0.129 | 0.034 | 0.057 |
| Children ever born | 2.128 | 0.068 | 1897 | 1288 | 1.379 | 0.032 | 1.992 | 2.264 |
| Children surviving | 1.919 | 0.057 | 1897 | 1288 | 1.297 | 0.030 | 1.804 | 2.034 |
| Children ever born to women age 40-49 | 4.589 | 0.222 | 288 | 194 | 1.485 | 0.048 | 4.145 | 5.033 |
| Know any contraceptive method | 0.990 | 0.004 | 1122 | 797 | 1.399 | 0.004 | 0.981 | 0.998 |
| Know a modern method | 0.990 | 0.004 | 1122 | 797 | 1.399 | 0.004 | 0.981 | 0.998 |
| Ever used any contraceptive method | 0.531 | 0.020 | 1122 | 797 | 1.373 | 0.039 | 0.490 | 0.571 |
| Currently using any method | 0.526 | 0.021 | 1122 | 797 | 1.392 | 0.039 | 0.485 | 0.568 |
| Currently using a modern method | 0.108 | 0.010 | 1122 | 797 | 1.119 | 0.096 | 0.088 | 0.129 |
| Currently using pill | 0.003 | 0.001 | 1122 | 797 | 0.918 | 0.511 | 0.000 | 0.006 |
| Currently using IUCD | 0.128 | 0.012 | 1122 | 797 | 1.217 | 0.095 | 0.104 | 0.152 |
| Currently using male condoms | 0.256 | 0.020 | 1122 | 797 | 1.551 | 0.079 | 0.215 | 0.296 |
| Currently using injectables | 0.016 | 0.004 | 1122 | 797 | 1.048 | 0.248 | 0.008 | 0.023 |
| Currently using female sterilisation | 0.013 | 0.004 | 1122 | 797 | 1.194 | 0.310 | 0.005 | 0.021 |
| Used public sector source | 0.840 | 0.016 | 836 | 553 | 1.281 | 0.019 | 0.807 | 0.872 |
| Want no more children | 0.557 | 0.022 | 1122 | 797 | 1.463 | 0.039 | 0.514 | 0.601 |
| Want to delay nest birth at least 2 years | 0.255 | 0.018 | 1122 | 797 | 1.358 | 0.069 | 0.219 | 0.290 |
| Ideal number of children | 2.899 | 0.061 | 1891 | 1284 | 1.730 | 0.021 | 2.777 | 3.020 |
| Mothers protected against tetanus for last birth | 0.950 | 0.009 | 818 | 598 | 1.152 | 0.009 | 0.933 | 0.967 |
| Births with skilled attendant at delivery | 0.715 | 0.021 | 818 | 598 | 1.360 | 0.029 | 0.673 | 0.757 |
| Had diarrhoea in the past 2 weeks | 0.688 | 0.020 | 1025 | 752 | 1.316 | 0.029 | 0.648 | 0.729 |
| Treated with ORS | 0.108 | 0.012 | 957 | 703 | 1.194 | 0.110 | 0.085 | 0.132 |
| Sought medical treatment | 0.673 | 0.046 | 99 | 76 | 1.014 | 0.069 | 0.580 | 0.765 |
| Vaccination card seen | 0.622 | 0.047 | 99 | 76 | 0.998 | 0.076 | 0.528 | 0.716 |
| Received BCG vaccination | 0.756 | 0.035 | 226 | 172 | 1.272 | 0.046 | 0.686 | 0.826 |
| Received DPT/pentavalent vaccination (3 doses) | 0.974 | 0.010 | 226 | 172 | 0.999 | 0.010 | 0.954 | 0.995 |
| Received polio vaccination (3 doses) | 0.819 | 0.034 | 226 | 172 | 1.400 | 0.042 | 0.750 | 0.888 |
| Received measles vaccination | 0.716 | 0.037 | 226 | 172 | 1.293 | 0.052 | 0.642 | 0.791 |
| Received all basic vaccinations | 0.834 | 0.028 | 226 | 172 | 1.185 | 0.034 | 0.777 | 0.890 |
| Height-for-age (-2SD) | 0.625 | 0.047 | 226 | 172 | 1.509 | 0.075 | 0.532 | 0.719 |
| Weight-for-height (-2SD) | 0.420 | 0.024 | 624 | 475 | 1.176 | 0.057 | 0.373 | 0.468 |
| Weight-for-age (-2SD) | 0.041 | 0.009 | 624 | 475 | 1.220 | 0.227 | 0.022 | 0.059 |
| Prevalence of anaemia (children 6-59 months) | 0.131 | 0.015 | 624 | 475 | 1.089 | 0.112 | 0.102 | 0.160 |
| Prevalence of anaemia (women 15-49) | 0.208 | 0.015 | 983 | 672 | 1.142 | 0.071 | 0.178 | 0.237 |
| Body Mass Index (BMI) <18.5 | 0.208 | 0.015 | 983 | 672 | 1.142 | 0.071 | 0.178 | 0.237 |
| Body Mass Index (BMI) $\geq 25$ | 0.043 | 0.008 | 939 | 639 | 1.142 | 0.176 | 0.028 | 0.058 |
| Had 2+ sexual partners in past 12 months | 0.355 | 0.018 | 939 | 639 | 1.123 | 0.049 | 0.320 | 0.390 |
| Condom use at last sex | 0.052 | 0.007 | 1897 | 1288 | 1.364 | 0.133 | 0.038 | 0.066 |
| Abstinence among youth (never had sex) | 0.375 | 0.063 | 106 | 67 | 1.320 | 0.167 | 0.249 | 0.500 |
| Sexually active in past 12 months among never-married youth | 0.642 | 0.025 | 500 | 313 | 1.146 | 0.038 | 0.592 | 0.691 |
| Had an HIV test and received results in past 12 months | 0.225 | 0.024 | 500 | 313 | 1.273 | 0.106 | 0.178 | 0.273 |
| Accepting attitudes towards people with HIV | 0.589 | 0.014 | 1897 | 1288 | 1.246 | 0.024 | 0.561 | 0.618 |
| HIV prevalence all respondents | 0.392 | 0.015 | 1855 | 1256 | 1.329 | 0.038 | 0.361 | 0.422 |
| Total fertility rate (3 years) | 4.250 | 0.223 | 5167 | 3530 | 1.499 | 0.053 | 3.804 | 4.697 |
| Neonatal mortality (last 0-9 years) | 35.767 | 5.061 | 2036 | 1492 | 1.210 | 0.141 | 25.645 | 45.888 |
| Post-neonatal mortality (last 0-9 years) | 30.808 | 3.965 | 2030 | 1486 | 0.959 | 0.129 | 22.877 | 38.738 |
| Infant mortality (last 0-9 years) | 66.574 | 6.829 | 2040 | 1495 | 1.164 | 0.103 | 52.917 | 80.232 |
| Child mortality (last 0-9 years) | 17.708 | 3.819 | 1967 | 1431 | 1.188 | 0.216 | 10.069 | 25.346 |
| Under-five mortality (last 0-9 years) | 83.103 | 8.300 | 2046 | 1497 | 1.299 | 0.100 | 66.504 | 99.703 |
| HIV prevalence among all women 15-49 | 0.256 | 0.017 | 981 | 640 | 1.252 | 0.068 | 0.221 | 0.291 |
| HIV prevalence among young women 15-24 | 0.116 | 0.021 | 419 | 271 | 1.335 | 0.181 | 0.074 | 0.158 |


|  |  |  | Number | f cases | n | Relative | Confid | limits |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Variable | Value (R) | Standard error (SE) | Unweighted (N) | Weighted (WN) | $\begin{gathered} \text { effect } \\ \text { (DEFT) } \\ \hline \end{gathered}$ | $\begin{gathered} \text { error } \\ \text { (SE/R) } \end{gathered}$ | R-2SE | R+2SE |
| MEN |  |  |  |  |  |  |  |  |
| Urban residence | 0.115 | 0.012 | 734 | 523 | 1.017 | 0.104 | 0.091 | 0.139 |
| Literacy | 0.658 | 0.022 | 734 | 523 | 1.267 | 0.034 | 0.614 | 0.703 |
| No education | 0.218 | 0.019 | 734 | 523 | 1.234 | 0.086 | 0.180 | 0.255 |
| Secondary education or higher | 0.224 | 0.020 | 734 | 523 | 1.287 | 0.088 | 0.185 | 0.264 |
| Never married/in union | 0.510 | 0.025 | 734 | 523 | 1.362 | 0.049 | 0.459 | 0.560 |
| Currently married/in union | 0.437 | 0.023 | 734 | 523 | 1.280 | 0.054 | 0.390 | 0.484 |
| Had sexual intercourse before age 18 | 0.416 | 0.028 | 531 | 379 | 1.315 | 0.068 | 0.360 | 0.472 |
| Know any contraceptive method | 0.987 | 0.008 | 315 | 229 | 1.174 | 0.008 | 0.972 | 1.002 |
| Know a modern method | 0.987 | 0.008 | 315 | 229 | 1.174 | 0.008 | 0.972 | 1.002 |
| Want no more children | 0.390 | 0.030 | 315 | 229 | 1.073 | 0.076 | 0.330 | 0.449 |
| Want to delay next birth at least 2 years | 0.368 | 0.045 | 315 | 229 | 1.632 | 0.121 | 0.279 | 0.458 |
| Ideal number of children | 3.515 | 0.081 | 727 | 517 | 1.161 | 0.023 | 3.353 | 3.677 |
| Body Mass Index (BMI) <18.5 | 0.114 | 0.018 | 719 | 513 | 1.545 | 0.161 | 0.078 | 0.151 |
| Body Mass Index (BMI) $\geq 25$ | 0.084 | 0.017 | 719 | 513 | 1.599 | 0.197 | 0.051 | 0.118 |
| Prevalence of anaemia | 0.159 | 0.013 | 708 | 503 | 0.977 | 0.085 | 0.132 | 0.186 |
| Had 2+ sexual partners in past 12 months | 0.232 | 0.016 | 734 | 523 | 1.029 | 0.069 | 0.200 | 0.264 |
| Condom use at last sex | 0.517 | 0.045 | 186 | 122 | 1.220 | 0.087 | 0.427 | 0.607 |
| Abstinence among youth (never had sex) | 0.314 | 0.034 | 304 | 213 | 1.290 | 0.110 | 0.245 | 0.383 |
| Sexually active in past 12 months among never-married youth | 0.570 | 0.036 | 304 | 213 | 1.267 | 0.063 | 0.498 | 0.642 |
| Paid for sexual intercourse in past 12 months | 0.014 | 0.004 | 734 | 523 | 1.014 | 0.309 | 0.006 | 0.023 |
| Had an HIV test and received results in past 12 months | 0.276 | 0.026 | 734 | 523 | 1.590 | 0.095 | 0.223 | 0.328 |
| Accepting attitudes towards people with HIV | 0.273 | 0.029 | 707 | 503 | 1.723 | 0.106 | 0.216 | 0.331 |
| HIV prevalence among all men 15-49 | 0.139 | 0.021 | 702 | 528 | 1.619 | 0.152 | 0.097 | 0.181 |
| HIV prevalence among all men 15-59 | 0.153 | 0.020 | 793 | 583 | 1.587 | 0.133 | 0.112 | 0.194 |
| HIV prevalence among young men 15-24 | 0.048 | 0.021 | 320 | 237 | 1.760 | 0.439 | 0.006 | 0.091 |
| MEN AND WOMEN |  |  |  |  |  |  |  |  |
| HIV prevalence among all respondents 15-49 | 0.203 | 0.013 | 1683 | 1169 | 1.340 | 0.065 | 0.177 | 0.230 |
| HIV prevalence among all respondents 15-24 | 0.084 | 0.013 | 739 | 507 | 1.245 | 0.151 | 0.059 | 0.110 |


| Variable | Value (R) | Standard error (SE) | Number of cases |  | Design effect (DEFT) | Relative error (SE/R) | Confidence limits |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | Unweighted <br> (N) | Weighted (WN) |  |  | R-2SE | R+2SE |
|  |  | WOMEN |  |  |  |  |  |  |
| Urban residence | 0.103 | 0.014 | 764 | 461 | 1.230 | 0.132 | 0.076 | 0.130 |
| Literacy | 0.965 | 0.007 | 764 | 461 | 1.059 | 0.007 | 0.951 | 0.979 |
| No education | 0.014 | 0.005 | 764 | 461 | 1.108 | 0.331 | 0.005 | 0.024 |
| Secondary education or higher | 0.515 | 0.028 | 764 | 461 | 1.530 | 0.054 | 0.459 | 0.570 |
| Never married/in union | 0.316 | 0.022 | 764 | 461 | 1.311 | 0.070 | 0.271 | 0.360 |
| Currently married/in union | 0.552 | 0.022 | 764 | 461 | 1.206 | 0.039 | 0.508 | 0.595 |
| Married before age 20 | 0.497 | 0.024 | 592 | 357 | 1.172 | 0.049 | 0.448 | 0.545 |
| Had sexual intercourse before age 18 | 0.499 | 0.024 | 592 | 357 | 1.146 | 0.047 | 0.452 | 0.546 |
| Currently pregnant | 0.036 | 0.006 | 764 | 461 | 0.888 | 0.166 | 0.024 | 0.048 |
| Children ever born | 1.978 | 0.076 | 764 | 461 | 1.115 | 0.038 | 1.826 | 2.131 |
| Children surviving | 1.782 | 0.073 | 764 | 461 | 1.182 | 0.041 | 1.635 | 1.928 |
| Children ever born to women age 40-49 | 4.161 | 0.158 | 142 | 83 | 0.958 | 0.038 | 3.844 | 4.477 |
| Know any contraceptive method | 0.993 | 0.004 | 421 | 254 | 1.005 | 0.004 | 0.984 | 1.001 |
| Know a modern method | 0.993 | 0.004 | 421 | 254 | 1.005 | 0.004 | 0.984 | 1.001 |
| Ever used any contraceptive method | 0.594 | 0.028 | 421 | 254 | 1.157 | 0.047 | 0.539 | 0.650 |
| Currently using any method | 0.592 | 0.028 | 421 | 254 | 1.163 | 0.047 | 0.536 | 0.648 |
| Currently using a modern method | 0.169 | 0.024 | 421 | 254 | 1.291 | 0.140 | 0.122 | 0.216 |
| Currently using pill | 0.007 | 0.005 | 421 | 254 | 1.114 | 0.650 | 0.000 | 0.016 |
| Currently using IUCD | 0.126 | 0.019 | 421 | 254 | 1.181 | 0.152 | 0.088 | 0.164 |
| Currently using male condoms | 0.262 | 0.024 | 421 | 254 | 1.100 | 0.090 | 0.215 | 0.309 |
| Currently using injectables | 0.020 | 0.007 | 421 | 254 | 1.046 | 0.362 | 0.005 | 0.034 |
| Currently using female sterilisation | 0.008 | 0.004 | 421 | 254 | 0.890 | 0.476 | 0.000 | 0.016 |
| Used public sector source | 0.681 | 0.034 | 402 | 236 | 1.450 | 0.050 | 0.613 | 0.748 |
| Want no more children | 0.556 | 0.029 | 421 | 254 | 1.191 | 0.052 | 0.498 | 0.614 |
| Want to delay nest birth at least 2 years | 0.259 | 0.023 | 421 | 254 | 1.062 | 0.088 | 0.214 | 0.305 |
| Ideal number of children | 2.723 | 0.060 | 764 | 461 | 1.238 | 0.022 | 2.602 | 2.844 |
| Mothers protected against tetanus for last birth | 0.946 | 0.015 | 328 | 202 | 1.182 | 0.015 | 0.917 | 0.975 |
| Births with skilled attendant at delivery | 0.747 | 0.031 | 328 | 202 | 1.287 | 0.041 | 0.686 | 0.808 |
| Had diarrhoea in the past 2 weeks | 0.749 | 0.036 | 398 | 247 | 1.673 | 0.048 | 0.676 | 0.821 |
| Treated with ORS | 0.089 | 0.020 | 367 | 228 | 1.343 | 0.224 | 0.049 | 0.129 |
| Sought medical treatment | 0.435 | 0.081 | 35 | 20 | 0.947 | 0.186 | 0.273 | 0.598 |
| Vaccination card seen | 0.543 | 0.074 | 35 | 20 | 0.862 | 0.136 | 0.395 | 0.692 |
| Received BCG vaccination | 0.818 | 0.041 | 71 | 46 | 0.890 | 0.050 | 0.736 | 0.901 |
| Received DPT/pentavalent vaccination (3 doses) | 1.000 | 0.000 | 71 | 46 | na | 0.000 | 1.000 | 1.000 |
| Received polio vaccination (3 doses) | 0.912 | 0.033 | 71 | 46 | 1.010 | 0.036 | 0.847 | 0.978 |
| Received measles vaccination | 0.733 | 0.059 | 71 | 46 | 1.128 | 0.080 | 0.615 | 0.850 |
| Received all basic vaccinations | 0.962 | 0.027 | 71 | 46 | 1.223 | 0.028 | 0.909 | 1.016 |
| Height-for-age (-2SD) | 0.694 | 0.072 | 71 | 46 | 1.334 | 0.104 | 0.550 | 0.838 |
| Weight-for-height (-2SD) | 0.344 | 0.034 | 250 | 165 | 1.158 | 0.099 | 0.276 | 0.411 |
| Weight-for-age (-2SD) | 0.034 | 0.014 | 250 | 165 | 1.046 | 0.414 | 0.006 | 0.063 |
| Prevalence of anaemia (children 6-59 months) | 0.098 | 0.017 | 250 | 165 | 0.919 | 0.178 | 0.063 | 0.132 |
| Prevalence of anaemia (women 15-49) | 0.238 | 0.027 | 398 | 247 | 1.293 | 0.114 | 0.184 | 0.293 |
| Body Mass Index (BMI) <18.5 | 0.238 | 0.027 | 398 | 247 | 1.293 | 0.114 | 0.184 | 0.293 |
| Body Mass Index (BMI) $\geq 25$ | 0.045 | 0.010 | 383 | 238 | 0.998 | 0.232 | 0.024 | 0.066 |
| Had 2+ sexual partners in past 12 months | 0.391 | 0.031 | 383 | 238 | 1.279 | 0.080 | 0.328 | 0.454 |
| Condom use at last sex | 0.068 | 0.009 | 764 | 461 | 1.004 | 0.134 | 0.050 | 0.087 |
| Abstinence among youth (never had sex) | 0.459 | 0.068 | 55 | 32 | 1.004 | 0.149 | 0.322 | 0.595 |
| Sexually active in past 12 months among never-married youth | 0.414 | 0.037 | 190 | 114 | 1.027 | 0.089 | 0.340 | 0.487 |
| Had an HIV test and received results in past 12 months | 0.410 | 0.042 | 190 | 114 | 1.174 | 0.103 | 0.326 | 0.494 |
| Accepting attitudes towards people with HIV | 0.614 | 0.023 | 764 | 461 | 1.295 | 0.037 | 0.568 | 0.659 |
| HIV prevalence all respondents | 0.443 | 0.029 | 752 | 453 | 1.573 | 0.064 | 0.386 | 0.500 |
| Total fertility rate (3 years) | 3.696 | 0.256 | 2138 | 1293 | 1.170 | 0.069 | 3.184 | 4.209 |
| Neonatal mortality (last 0-9 years) | 36.890 | 7.765 | 769 | 479 | 1.024 | 0.210 | 21.360 | 52.420 |
| Post-neonatal mortality (last 0-9 years) | 38.270 | 7.150 | 771 | 480 | 1.017 | 0.187 | 23.970 | 52.570 |
| Infant mortality (last 0-9 years) | 75.160 | 9.949 | 769 | 479 | 0.955 | 0.132 | 55.261 | 95.058 |
| Child mortality (last 0-9 years) | 27.355 | 6.343 | 730 | 459 | 0.973 | 0.232 | 14.669 | 40.040 |
| Under-five mortality (last 0-9 years) | 100.458 | 10.639 | 772 | 481 | 0.888 | 0.106 | 79.181 | 121.736 |
| HIV prevalence among all women 15-49 | 0.261 | 0.026 | 401 | 238 | 1.168 | 0.098 | 0.209 | 0.312 |
| HIV prevalence among young women 15-24 | 0.089 | 0.027 | 167 | 98 | 1.206 | 0.299 | 0.036 | 0.143 |


| Table B.8-Continued |  |  |  |  |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |

na $=$ Not applicable

| Table B.9 Sampling errors for Butha-Buthe sample, Lesotho 2014 |  |  |  |  |  |
| :--- | ---: | ---: | ---: | ---: | ---: | ---: | ---: |
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| Table B.9-Continued |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Variable | Value (R) | Standard error (SE) | Number of cases |  | Design effect (DEFT) | Relative error (SE/R) | Confidence limits |  |
|  |  |  | Unweighted <br> (N) | Weighted (WN) |  |  | R-2SE | R+2SE |
| MEN |  |  |  |  |  |  |  |  |
| Urban residence | 0.185 | 0.036 | 222 | 143 | 1.361 | 0.192 | 0.114 | 0.257 |
| Literacy | 0.867 | 0.030 | 222 | 143 | 1.305 | 0.034 | 0.808 | 0.927 |
| No education | 0.085 | 0.023 | 222 | 143 | 1.231 | 0.273 | 0.039 | 0.131 |
| Secondary education or higher | 0.423 | 0.047 | 222 | 143 | 1.403 | 0.110 | 0.330 | 0.517 |
| Never married/in union | 0.521 | 0.040 | 222 | 143 | 1.198 | 0.077 | 0.440 | 0.602 |
| Currently married/in union | 0.400 | 0.040 | 222 | 143 | 1.208 | 0.100 | 0.321 | 0.480 |
| Had sexual intercourse before age 18 | 0.349 | 0.039 | 167 | 106 | 1.047 | 0.111 | 0.271 | 0.426 |
| Know any contraceptive method | 1.000 | 0.000 | 90 | 57 | na | 0.000 | 1.000 | 1.000 |
| Know a modern method | 1.000 | 0.000 | 90 | 57 | na | 0.000 | 1.000 | 1.000 |
| Want no more children | 0.439 | 0.065 | 90 | 57 | 1.236 | 0.149 | 0.308 | 0.569 |
| Want to delay next birth at least 2 years | 0.349 | 0.060 | 90 | 57 | 1.177 | 0.171 | 0.229 | 0.468 |
| Ideal number of children | 3.170 | 0.130 | 219 | 142 | 1.061 | 0.041 | 2.909 | 3.431 |
| Body Mass Index (BMI) <18.5 | 0.128 | 0.043 | 221 | 142 | 1.908 | 0.337 | 0.042 | 0.215 |
| Body Mass Index (BMI) $\geq 25$ | 0.107 | 0.024 | 221 | 142 | 1.146 | 0.223 | 0.060 | 0.155 |
| Prevalence of anaemia | 0.219 | 0.033 | 217 | 140 | 1.168 | 0.150 | 0.153 | 0.285 |
| Had 2+ sexual partners in past 12 months | 0.142 | 0.027 | 222 | 143 | 1.157 | 0.191 | 0.088 | 0.196 |
| Condom use at last sex | 0.722 | 0.082 | 33 | 20 | 1.037 | 0.114 | 0.558 | 0.887 |
| Abstinence among youth (never had sex) | 0.476 | 0.061 | 84 | 55 | 1.114 | 0.128 | 0.354 | 0.599 |
| Sexually active in past 12 months among never-married youth | 0.439 | 0.056 | 84 | 55 | 1.022 | 0.127 | 0.327 | 0.550 |
| Paid for sexual intercourse in past 12 months | 0.012 | 0.007 | 222 | 143 | 1.016 | 0.627 | 0.000 | 0.026 |
| Had an HIV test and received results in past 12 months | 0.374 | 0.042 | 222 | 143 | 1.303 | 0.113 | 0.290 | 0.459 |
| Accepting attitudes towards people with HIV | 0.407 | 0.039 | 216 | 138 | 1.150 | 0.095 | 0.329 | 0.484 |
| HIV prevalence among all men 15-49 | 0.202 | 0.036 | 211 | 142 | 1.283 | 0.176 | 0.131 | 0.273 |
| HIV prevalence among all men 15-59 | 0.207 | 0.032 | 244 | 161 | 1.214 | 0.152 | 0.144 | 0.271 |
| HIV prevalence among young men 15-24 | 0.046 | 0.025 | 92 | 64 | 1.143 | 0.547 | 0.000 | 0.096 |
| MEN AND WOMEN |  |  |  |  |  |  |  |  |
| HIV prevalence among all respondents 15-49 | 0.212 | 0.019 | 516 | 333 | 1.063 | 0.090 | 0.174 | 0.250 |
| HIV prevalence among all respondents 15-24 | 0.084 | 0.023 | 224 | 148 | 1.241 | 0.275 | 0.038 | 0.130 |

na $=$ Not applicable

|  |  |  | Number of cases |  | Design effect (DEFT) | $\begin{gathered} \text { Relative } \\ \text { error } \\ \text { (SE/R) } \\ \hline \end{gathered}$ | Confidence limits |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Variable | Value (R) | Standard error (SE) | Unweighted (N) | Weighted (WN) |  |  | R-2SE | R+2SE |
|  |  | WOMEN |  |  |  |  |  |  |
| Urban residence | 0.329 | 0.031 | 785 | 1064 | 1.859 | 0.095 | 0.266 | 0.391 |
| Literacy | 0.969 | 0.007 | 785 | 1064 | 1.205 | 0.008 | 0.954 | 0.984 |
| No education | 0.008 | 0.004 | 785 | 1064 | 1.138 | 0.454 | 0.001 | 0.015 |
| Secondary education or higher | 0.659 | 0.022 | 785 | 1064 | 1.323 | 0.034 | 0.615 | 0.704 |
| Never married/never in union | 0.333 | 0.017 | 785 | 1064 | 0.982 | 0.050 | 0.300 | 0.366 |
| Currently married/in union | 0.542 | 0.018 | 785 | 1064 | 1.015 | 0.033 | 0.506 | 0.579 |
| Married before age 20 | 0.453 | 0.024 | 600 | 819 | 1.159 | 0.052 | 0.405 | 0.500 |
| Had sexual intercourse before age 18 | 0.412 | 0.028 | 600 | 819 | 1.368 | 0.067 | 0.357 | 0.467 |
| Currently pregnant | 0.036 | 0.006 | 785 | 1064 | 0.831 | 0.153 | 0.025 | 0.047 |
| Children ever born | 1.747 | 0.052 | 785 | 1064 | 0.841 | 0.030 | 1.642 | 1.852 |
| Children surviving | 1.573 | 0.053 | 785 | 1064 | 0.942 | 0.034 | 1.467 | 1.678 |
| Children ever born to women age 40-49 | 3.736 | 0.182 | 134 | 183 | 1.129 | 0.049 | 3.373 | 4.099 |
| Know any contraceptive method | 1.000 | 0.000 | 422 | 577 | na | 0.000 | 1.000 | 1.000 |
| Know a modern method | 1.000 | 0.000 | 422 | 577 | na | 0.000 | 1.000 | 1.000 |
| Currently using any method | 0.642 | 0.033 | 422 | 577 | 1.398 | 0.051 | 0.577 | 0.708 |
| Currently using a modern method | 0.634 | 0.032 | 422 | 577 | 1.374 | 0.051 | 0.570 | 0.699 |
| Currently using pill | 0.124 | 0.019 | 422 | 577 | 1.177 | 0.152 | 0.086 | 0.162 |
| Currently using IUCD | 0.024 | 0.007 | 422 | 577 | 0.980 | 0.308 | 0.009 | 0.038 |
| Currently using male condoms | 0.186 | 0.021 | 422 | 577 | 1.114 | 0.113 | 0.144 | 0.229 |
| Currently using injectables | 0.242 | 0.027 | 422 | 577 | 1.285 | 0.111 | 0.188 | 0.296 |
| Currently using implants | 0.020 | 0.007 | 422 | 577 | 0.972 | 0.334 | 0.007 | 0.033 |
| Currently using female sterilisation | 0.037 | 0.009 | 422 | 577 | 1.008 | 0.251 | 0.018 | 0.055 |
| Used public sector source | 0.650 | 0.029 | 404 | 547 | 1.214 | 0.044 | 0.592 | 0.707 |
| Want no more children | 0.558 | 0.025 | 422 | 577 | 1.021 | 0.044 | 0.509 | 0.608 |
| Want to delay next birth at least 2 years | 0.271 | 0.024 | 422 | 577 | 1.117 | 0.089 | 0.223 | 0.319 |
| Ideal number of children | 2.704 | 0.045 | 782 | 1059 | 1.026 | 0.017 | 2.613 | 2.795 |
| Mothers received antenatal care for last birth | 0.975 | 0.009 | 300 | 423 | 0.955 | 0.009 | 0.958 | 0.992 |
| Mothers protected against tetanus for last birth | 0.744 | 0.032 | 300 | 423 | 1.270 | 0.043 | 0.680 | 0.807 |
| Births with skilled attendant at delivery | 0.850 | 0.025 | 351 | 494 | 1.106 | 0.029 | 0.801 | 0.900 |
| Had diarrhoea in the past 2 weeks | 0.152 | 0.023 | 322 | 455 | 1.131 | 0.150 | 0.107 | 0.198 |
| Vaccination card seen | 0.762 | 0.052 | 76 | 109 | 1.047 | 0.068 | 0.658 | 0.867 |
| Received BCG vaccination | 0.989 | 0.011 | 76 | 109 | 0.948 | 0.011 | 0.966 | 1.011 |
| Received DPT/pentavalent vaccination (3 doses) | 0.906 | 0.045 | 76 | 109 | 1.370 | 0.050 | 0.816 | 0.996 |
| Received polio vaccination (3 doses) | 0.771 | 0.056 | 76 | 109 | 1.141 | 0.073 | 0.658 | 0.883 |
| Received measles vaccination | 0.920 | 0.033 | 76 | 109 | 1.065 | 0.035 | 0.854 | 0.985 |
| Received all basic vaccinations | 0.693 | 0.069 | 76 | 109 | 1.294 | 0.100 | 0.555 | 0.831 |
| Height-for-age (-2SD) | 0.313 | 0.038 | 198 | 283 | 1.177 | 0.123 | 0.236 | 0.389 |
| Weight-for-height (-2SD) | 0.033 | 0.012 | 198 | 283 | 0.999 | 0.382 | 0.008 | 0.058 |
| Weight-for-age (-2SD) | 0.080 | 0.017 | 198 | 283 | 0.904 | 0.214 | 0.046 | 0.114 |
| Prevalence of anaemia (children 6-59 months) | 0.557 | 0.034 | 181 | 262 | 0.892 | 0.061 | 0.489 | 0.625 |
| Prevalence of anaemia (women 15-49) | 0.254 | 0.022 | 381 | 519 | 1.009 | 0.088 | 0.209 | 0.299 |
| Body Mass Index (BMI) < 18.5 | 0.031 | 0.010 | 365 | 498 | 1.071 | 0.313 | 0.012 | 0.050 |
| Body Mass Index (BMI) $\geq 25$ | 0.477 | 0.032 | 365 | 498 | 1.216 | 0.067 | 0.413 | 0.540 |
| Had 2+ sexual partners in past 12 months | 0.079 | 0.010 | 785 | 1064 | 1.030 | 0.126 | 0.059 | 0.099 |
| Condom use at last sex | 0.642 | 0.065 | 66 | 84 | 1.090 | 0.101 | 0.513 | 0.772 |
| Abstinence among youth (never had sex) | 0.471 | 0.036 | 212 | 277 | 1.034 | 0.075 | 0.400 | 0.542 |
| Sexually active in past 12 months among never-married youth | 0.413 | 0.036 | 212 | 277 | 1.049 | 0.086 | 0.342 | 0.484 |
| Had an HIV test and received results in past 12 months | 0.584 | 0.020 | 785 | 1064 | 1.128 | 0.034 | 0.544 | 0.624 |
| Accepting attitudes towards people with HIV | 0.399 | 0.021 | 782 | 1058 | 1.223 | 0.054 | 0.356 | 0.442 |
| Total fertility rate (3 years) | 3.512 | 0.230 | 2183 | 2964 | 1.132 | 0.065 | 3.053 | 3.971 |
| Neonatal mortality (last 0-9 years) | 31.937 | 7.461 | 663 | 939 | 1.052 | 0.234 | 17.015 | 46.859 |
| Post-neonatal mortality (last 0-9 years) | 52.263 | 8.742 | 663 | 939 | 0.912 | 0.167 | 34.779 | 69.747 |
| Infant mortality (last 0-9 years) | 84.200 | 11.279 | 667 | 943 | 0.985 | 0.134 | 61.641 | 106.758 |
| Child mortality (last 0-9 years) | 24.290 | 6.667 | 636 | 901 | 1.006 | 0.274 | 10.957 | 37.623 |
| Under-five mortality (last 0-9 years) | 106.445 | 13.951 | 670 | 948 | 1.130 | 0.131 | 78.542 | 134.347 |
| HIV prevalence among all women 15-49 | 0.314 | 0.024 | 377 | 507 | 0.984 | 0.075 | 0.267 | 0.361 |
| HIV prevalence among young women 15-24 | 0.124 | 0.029 | 156 | 208 | 1.098 | 0.234 | 0.066 | 0.182 |


|  |  |  | Number | of cases | Design | Relative | Confid | e limits |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Variable | Value (R) | Standard error (SE) | Unweighted ( N ) | Weighted (WN) | $\begin{aligned} & \text { effect } \\ & \text { (DEFT) } \end{aligned}$ | $\begin{gathered} \text { error } \\ \text { (SE/R) } \\ \hline \end{gathered}$ | R-2SE | R+2SE |
|  |  | MEN |  |  |  |  |  |  |
| Urban residence | 0.282 | 0.034 | 283 | 390 | 1.252 | 0.119 | 0.215 | 0.349 |
| Literacy | 0.914 | 0.020 | 283 | 390 | 1.177 | 0.022 | 0.875 | 0.953 |
| No education | 0.055 | 0.019 | 283 | 390 | 1.379 | 0.341 | 0.018 | 0.093 |
| Secondary education or higher | 0.524 | 0.041 | 283 | 390 | 1.390 | 0.079 | 0.441 | 0.607 |
| Never married/in union | 0.599 | 0.026 | 283 | 390 | 0.906 | 0.044 | 0.546 | 0.652 |
| Currently married/in union | 0.335 | 0.029 | 283 | 390 | 1.046 | 0.088 | 0.276 | 0.393 |
| Had sexual intercourse before age 18 | 0.521 | 0.039 | 189 | 262 | 1.072 | 0.075 | 0.443 | 0.599 |
| Know any contraceptive method | 1.000 | 0.000 | 97 | 130 | na | 0.000 | 1.000 | 1.000 |
| Know a modern method | 1.000 | 0.000 | 97 | 130 | na | 0.000 | 1.000 | 1.000 |
| Want no more children | 0.410 | 0.051 | 97 | 130 | 1.007 | 0.123 | 0.309 | 0.511 |
| Want to delay next birth at least 2 years | 0.328 | 0.055 | 97 | 130 | 1.153 | 0.169 | 0.218 | 0.439 |
| Ideal number of children | 3.113 | 0.108 | 283 | 390 | 1.241 | 0.035 | 2.897 | 3.328 |
| Body Mass Index (BMI) <18.5 | 0.157 | 0.023 | 269 | 370 | 1.031 | 0.146 | 0.111 | 0.203 |
| Body Mass Index (BMI) $\geq 25$ | 0.092 | 0.019 | 269 | 370 | 1.053 | 0.202 | 0.055 | 0.129 |
| Prevalence of anaemia | 0.120 | 0.028 | 266 | 365 | 1.392 | 0.232 | 0.064 | 0.176 |
| Had 2+ sexual partners in past 12 months | 0.302 | 0.027 | 283 | 390 | 1.001 | 0.091 | 0.248 | 0.357 |
| Condom use at last sex | 0.728 | 0.048 | 84 | 118 | 0.975 | 0.065 | 0.633 | 0.823 |
| Abstinence among youth (never had sex) | 0.222 | 0.048 | 133 | 183 | 1.315 | 0.215 | 0.127 | 0.318 |
| Sexually active in past 12 months among never-married youth | 0.644 | 0.048 | 133 | 183 | 1.143 | 0.074 | 0.549 | 0.740 |
| Paid for sexual intercourse in past 12 months | 0.027 | 0.010 | 283 | 390 | 1.023 | 0.367 | 0.007 | 0.046 |
| Had an HIV test and received results in past 12 months | 0.367 | 0.033 | 283 | 390 | 1.158 | 0.091 | 0.301 | 0.434 |
| Accepting attitudes towards people with HIV | 0.335 | 0.038 | 281 | 386 | 1.356 | 0.114 | 0.258 | 0.411 |
| HIV prevalence among all men 15-49 | 0.175 | 0.030 | 264 | 385 | 1.280 | 0.171 | 0.115 | 0.235 |
| HIV prevalence among all men 15-59 | 0.190 | 0.027 | 296 | 430 | 1.166 | 0.140 | 0.137 | 0.244 |
| HIV prevalence among young men 15-24 | 0.058 | 0.024 | 133 | 194 | 1.157 | 0.405 | 0.011 | 0.105 |
| MEN AND WOMEN |  |  |  |  |  |  |  |  |
| HIV prevalence among all respondents 15-49 | 0.254 | 0.019 | 641 | 892 | 1.076 | 0.073 | 0.217 | 0.291 |
| HIV prevalence among all respondents 15-24 | 0.092 | 0.019 | 289 | 402 | 1.138 | 0.210 | 0.054 | 0.131 |

na $=$ Not applicable

| Table B.11 Sampling errors for Berea sample, Lesotho 2014 |  |  |  |  |  |
| :--- | ---: | ---: | ---: | ---: | ---: | ---: | ---: |
|  |  |  |  |  |  |
|  |  |  |  |  |  |


|  |  |  | Number | of cases | Design | Relative | Confid | e limits |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Variable | Value (R) | Standard error (SE) | Unweighted <br> (N) | Weighted (WN) | effect <br> (DEFT) | error (SE/R) | R-2SE | R+2SE |
| MEN |  |  |  |  |  |  |  |  |
| Urban residence | 0.343 | 0.038 | 326 | 379 | 1.453 | 0.112 | 0.266 | 0.419 |
| Literacy | 0.895 | 0.024 | 326 | 379 | 1.421 | 0.027 | 0.847 | 0.944 |
| No education | 0.056 | 0.016 | 326 | 379 | 1.287 | 0.293 | 0.023 | 0.089 |
| Secondary education or higher | 0.532 | 0.038 | 326 | 379 | 1.383 | 0.072 | 0.455 | 0.609 |
| Never married/in union | 0.545 | 0.034 | 326 | 379 | 1.230 | 0.062 | 0.477 | 0.613 |
| Currently married/in union | 0.374 | 0.030 | 326 | 379 | 1.131 | 0.081 | 0.313 | 0.435 |
| Had sexual intercourse before age 18 | 0.422 | 0.036 | 246 | 285 | 1.150 | 0.086 | 0.349 | 0.494 |
| Know any contraceptive method | 1.000 | 0.000 | 122 | 142 | na | 0.000 | 1.000 | 1.000 |
| Know a modern method | 1.000 | 0.000 | 122 | 142 | na | 0.000 | 1.000 | 1.000 |
| Want no more children | 0.500 | 0.043 | 122 | 142 | 0.945 | 0.086 | 0.415 | 0.586 |
| Want to delay next birth at least 2 years | 0.206 | 0.040 | 122 | 142 | 1.086 | 0.194 | 0.126 | 0.285 |
| Ideal number of children | 2.798 | 0.084 | 326 | 379 | 0.995 | 0.030 | 2.631 | 2.965 |
| Body Mass Index (BMI) <18.5 | 0.140 | 0.024 | 319 | 371 | 1.249 | 0.174 | 0.091 | 0.189 |
| Body Mass Index (BMI) $\geq 25$ | 0.153 | 0.022 | 319 | 371 | 1.082 | 0.143 | 0.109 | 0.197 |
| Prevalence of anaemia | 0.097 | 0.017 | 311 | 360 | 1.014 | 0.176 | 0.063 | 0.131 |
| Had 2+ sexual partners in past 12 months | 0.239 | 0.028 | 326 | 379 | 1.197 | 0.119 | 0.182 | 0.295 |
| Condom use at last sex | 0.611 | 0.058 | 79 | 91 | 1.057 | 0.096 | 0.494 | 0.727 |
| Abstinence among youth (never had sex) | 0.317 | 0.056 | 139 | 163 | 1.416 | 0.178 | 0.205 | 0.430 |
| Sexually active in past 12 months among never-married youth | 0.557 | 0.055 | 139 | 163 | 1.306 | 0.099 | 0.447 | 0.668 |
| Paid for sexual intercourse in past 12 months | 0.013 | 0.006 | 326 | 379 | 0.947 | 0.453 | 0.001 | 0.025 |
| Had an HIV test and received results in past 12 months | 0.371 | 0.033 | 326 | 379 | 1.248 | 0.090 | 0.304 | 0.438 |
| Accepting attitudes towards people with HIV | 0.408 | 0.026 | 318 | 370 | 0.930 | 0.063 | 0.357 | 0.459 |
| HIV prevalence among all men 15-49 | 0.184 | 0.023 | 308 | 377 | 1.054 | 0.127 | 0.137 | 0.231 |
| HIV prevalence among all men 15-59 | 0.205 | 0.020 | 340 | 417 | 0.921 | 0.098 | 0.164 | 0.245 |
| HIV prevalence among young men 15-24 | 0.014 | 0.010 | 146 | 179 | 1.032 | 0.711 | 0.000 | 0.035 |
| MEN AND WOMEN |  |  |  |  |  |  |  |  |
| HIV prevalence among all respondents 15-49 | 0.254 | 0.020 | 675 | 797 | 1.215 | 0.080 | 0.213 | 0.295 |
| HIV prevalence among all respondents 15-24 | 0.065 | 0.016 | 293 | 347 | 1.120 | 0.250 | 0.032 | 0.097 |

na $=$ Not applicable

|  |  |  | Number of cases |  | Design effect (DEFT) | Relative error (SE/R) | Confidence limits |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Variable | Value (R) | Standard error (SE) | Unweighted <br> ( N ) | Weighted (WN) |  |  | R-2SE | R+2SE |
|  |  | WOMEN |  |  |  |  |  |  |
| Urban residence | 0.632 | 0.032 | 930 | 1864 | 1.998 | 0.050 | 0.569 | 0.696 |
| Literacy | 0.979 | 0.005 | 930 | 1864 | 1.101 | 0.005 | 0.969 | 0.989 |
| No education | 0.007 | 0.003 | 930 | 1864 | 0.986 | 0.378 | 0.002 | 0.013 |
| Secondary education or higher | 0.674 | 0.024 | 930 | 1864 | 1.540 | 0.035 | 0.626 | 0.721 |
| Never married/never in union | 0.346 | 0.016 | 930 | 1864 | 1.010 | 0.046 | 0.315 | 0.378 |
| Currently married/in union | 0.519 | 0.022 | 930 | 1864 | 1.322 | 0.042 | 0.476 | 0.563 |
| Married before age 20 | 0.391 | 0.021 | 762 | 1536 | 1.214 | 0.055 | 0.348 | 0.434 |
| Had sexual intercourse before age 18 | 0.419 | 0.022 | 762 | 1536 | 1.230 | 0.052 | 0.375 | 0.463 |
| Currently pregnant | 0.044 | 0.008 | 930 | 1864 | 1.126 | 0.171 | 0.029 | 0.060 |
| Children ever born | 1.597 | 0.066 | 930 | 1864 | 1.185 | 0.041 | 1.465 | 1.728 |
| Children surviving | 1.423 | 0.057 | 930 | 1864 | 1.179 | 0.040 | 1.309 | 1.537 |
| Children ever born to women age 40-49 | 3.479 | 0.233 | 151 | 282 | 1.333 | 0.067 | 3.013 | 3.945 |
| Know any contraceptive method | 0.994 | 0.004 | 478 | 968 | 1.166 | 0.004 | 0.986 | 1.002 |
| Know a modern method | 0.994 | 0.004 | 478 | 968 | 1.166 | 0.004 | 0.986 | 1.002 |
| Currently using any method | 0.625 | 0.028 | 478 | 968 | 1.251 | 0.044 | 0.570 | 0.681 |
| Currently using a modern method | 0.623 | 0.028 | 478 | 968 | 1.276 | 0.045 | 0.566 | 0.679 |
| Currently using pill | 0.140 | 0.018 | 478 | 968 | 1.149 | 0.130 | 0.104 | 0.177 |
| Currently using IUCD | 0.013 | 0.006 | 478 | 968 | 1.109 | 0.443 | 0.001 | 0.024 |
| Currently using male condoms | 0.213 | 0.021 | 478 | 968 | 1.109 | 0.098 | 0.172 | 0.255 |
| Currently using injectables | 0.227 | 0.022 | 478 | 968 | 1.132 | 0.096 | 0.183 | 0.270 |
| Currently using implants | 0.012 | 0.007 | 478 | 968 | 1.313 | 0.545 | 0.000 | 0.025 |
| Currently using female sterilisation | 0.013 | 0.005 | 478 | 968 | 1.011 | 0.410 | 0.002 | 0.023 |
| Used public sector source | 0.543 | 0.021 | 471 | 925 | 0.916 | 0.039 | 0.501 | 0.586 |
| Want no more children | 0.595 | 0.020 | 478 | 968 | 0.872 | 0.033 | 0.556 | 0.634 |
| Want to delay next birth at least 2 years | 0.211 | 0.017 | 478 | 968 | 0.928 | 0.082 | 0.177 | 0.246 |
| Ideal number of children | 2.482 | 0.042 | 929 | 1863 | 1.068 | 0.017 | 2.397 | 2.567 |
| Mothers received antenatal care for last birth | 0.955 | 0.012 | 320 | 636 | 1.065 | 0.013 | 0.930 | 0.980 |
| Mothers protected against tetanus for last birth | 0.754 | 0.028 | 320 | 636 | 1.162 | 0.037 | 0.698 | 0.811 |
| Births with skilled attendant at delivery | 0.820 | 0.029 | 391 | 786 | 1.286 | 0.035 | 0.763 | 0.878 |
| Had diarrhoea in the past 2 weeks | 0.132 | 0.024 | 364 | 731 | 1.376 | 0.184 | 0.083 | 0.181 |
| Vaccination card seen | 0.763 | 0.055 | 80 | 157 | 1.139 | 0.072 | 0.653 | 0.872 |
| Received BCG vaccination | 0.973 | 0.016 | 80 | 157 | 0.896 | 0.017 | 0.941 | 1.006 |
| Received DPT/pentavalent vaccination (3 doses) | 0.780 | 0.043 | 80 | 157 | 0.928 | 0.056 | 0.694 | 0.867 |
| Received polio vaccination (3 doses) | 0.755 | 0.054 | 80 | 157 | 1.108 | 0.071 | 0.648 | 0.863 |
| Received measles vaccination | 0.909 | 0.030 | 80 | 157 | 0.937 | 0.033 | 0.849 | 0.970 |
| Received all basic vaccinations | 0.661 | 0.052 | 80 | 157 | 0.972 | 0.079 | 0.557 | 0.765 |
| Height-for-age (-2SD) | 0.299 | 0.034 | 220 | 444 | 1.008 | 0.115 | 0.230 | 0.368 |
| Weight-for-height (-2SD) | 0.018 | 0.008 | 220 | 444 | 0.874 | 0.432 | 0.002 | 0.034 |
| Weight-for-age (-2SD) | 0.087 | 0.025 | 220 | 444 | 1.267 | 0.283 | 0.038 | 0.136 |
| Prevalence of anaemia (children 6-59 months) | 0.485 | 0.049 | 203 | 402 | 1.317 | 0.100 | 0.388 | 0.583 |
| Prevalence of anaemia (women 15-49) | 0.342 | 0.025 | 459 | 901 | 1.109 | 0.073 | 0.293 | 0.392 |
| Body Mass Index (BMI) < 18.5 | 0.041 | 0.009 | 439 | 868 | 0.947 | 0.221 | 0.023 | 0.059 |
| Body Mass Index (BMI) $\geq 25$ | 0.468 | 0.027 | 439 | 868 | 1.144 | 0.059 | 0.413 | 0.523 |
| Had 2+ sexual partners in past 12 months | 0.070 | 0.011 | 930 | 1864 | 1.324 | 0.158 | 0.048 | 0.093 |
| Condom use at last sex | 0.584 | 0.082 | 68 | 131 | 1.352 | 0.140 | 0.420 | 0.748 |
| Abstinence among youth (never had sex) | 0.492 | 0.038 | 237 | 472 | 1.167 | 0.077 | 0.416 | 0.568 |
| Sexually active in past 12 months among never-married youth | 0.418 | 0.035 | 237 | 472 | 1.098 | 0.084 | 0.347 | 0.488 |
| Had an HIV test and received results in past 12 months | 0.580 | 0.023 | 930 | 1864 | 1.421 | 0.040 | 0.534 | 0.626 |
| Accepting attitudes towards people with HIV | 0.511 | 0.024 | 928 | 1861 | 1.479 | 0.048 | 0.463 | 0.560 |
| Total fertility rate ( 3 years) | 2.635 | 0.214 | 2629 | 5286 | 1.125 | 0.081 | 2.207 | 3.064 |
| Neonatal mortality (last 0-9 years) | 31.035 | 7.749 | 752 | 1496 | 1.097 | 0.250 | 15.537 | 46.534 |
| Post-neonatal mortality (last 0-9 years) | 38.185 | 10.053 | 750 | 1494 | 1.237 | 0.263 | 18.079 | 58.290 |
| Infant mortality (last 0-9 years) | 69.220 | 12.605 | 753 | 1496 | 1.233 | 0.182 | 44.010 | 94.431 |
| Child mortality (last 0-9 years) | 27.992 | 7.228 | 720 | 1431 | 1.051 | 0.258 | 13.537 | 42.447 |
| Under-five mortality (last 0-9 years) | 95.275 | 14.763 | 755 | 1499 | 1.266 | 0.155 | 65.749 | 124.800 |
| HIV prevalence among all women 15-49 | 0.333 | 0.027 | 455 | 876 | 1.199 | 0.080 | 0.280 | 0.386 |
| HIV prevalence among young women 15-24 | 0.159 | 0.030 | 196 | 373 | 1.137 | 0.187 | 0.099 | 0.218 |


| Table B.12-Continued |  |  |  |  |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |


| Variable | Value (R) | Standard error (SE) | Number of cases |  | Design effect (DEFT) | Relative error (SE/R) | Confidence limits |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | Unweighted ( N ) | Weighted (WN) |  |  | R-2SE | R+2SE |
| WOMEN |  |  |  |  |  |  |  |  |
| Urban residence | 0.313 | 0.030 | 624 | 576 | 1.607 | 0.095 | 0.253 | 0.373 |
| Literacy | 0.973 | 0.007 | 624 | 576 | 1.046 | 0.007 | 0.959 | 0.987 |
| No education | 0.001 | 0.001 | 624 | 576 | 0.925 | 1.003 | 0.000 | 0.004 |
| Secondary education or higher | 0.624 | 0.027 | 624 | 576 | 1.377 | 0.043 | 0.571 | 0.678 |
| Never married/never in union | 0.348 | 0.020 | 624 | 576 | 1.058 | 0.058 | 0.307 | 0.388 |
| Currently married/in union | 0.542 | 0.023 | 624 | 576 | 1.162 | 0.043 | 0.496 | 0.588 |
| Married before age 20 | 0.445 | 0.031 | 458 | 429 | 1.349 | 0.071 | 0.383 | 0.508 |
| Had sexual intercourse before age 18 | 0.408 | 0.022 | 458 | 429 | 0.966 | 0.054 | 0.364 | 0.453 |
| Currently pregnant | 0.061 | 0.010 | 624 | 576 | 0.996 | 0.157 | 0.042 | 0.080 |
| Children ever born | 1.536 | 0.076 | 624 | 576 | 1.175 | 0.050 | 1.383 | 1.689 |
| Children surviving | 1.391 | 0.064 | 624 | 576 | 1.081 | 0.046 | 1.262 | 1.519 |
| Children ever born to women age 40-49 | 3.469 | 0.185 | 91 | 81 | 0.937 | 0.053 | 3.100 | 3.839 |
| Know any contraceptive method | 0.997 | 0.003 | 330 | 312 | 1.012 | 0.003 | 0.991 | 1.003 |
| Know a modern method | 0.997 | 0.003 | 330 | 312 | 1.012 | 0.003 | 0.991 | 1.003 |
| Currently using any method | 0.586 | 0.021 | 330 | 312 | 0.788 | 0.037 | 0.543 | 0.629 |
| Currently using a modern method | 0.582 | 0.020 | 330 | 312 | 0.748 | 0.035 | 0.541 | 0.622 |
| Currently using pill | 0.234 | 0.023 | 330 | 312 | 0.971 | 0.097 | 0.189 | 0.279 |
| Currently using IUCD | 0.003 | 0.003 | 330 | 312 | 1.054 | 1.001 | 0.000 | 0.010 |
| Currently using male condoms | 0.133 | 0.023 | 330 | 312 | 1.243 | 0.175 | 0.086 | 0.179 |
| Currently using injectables | 0.205 | 0.025 | 330 | 312 | 1.129 | 0.123 | 0.155 | 0.255 |
| Currently using implants | 0.000 | 0.000 | 330 | 312 | na | na | 0.000 | 0.000 |
| Currently using female sterilisation | 0.006 | 0.005 | 330 | 312 | 1.032 | 0.709 | 0.000 | 0.015 |
| Used public sector source | 0.612 | 0.039 | 285 | 266 | 1.335 | 0.063 | 0.535 | 0.690 |
| Want no more children | 0.568 | 0.032 | 330 | 312 | 1.172 | 0.056 | 0.504 | 0.632 |
| Want to delay next birth at least 2 years | 0.225 | 0.026 | 330 | 312 | 1.108 | 0.113 | 0.174 | 0.277 |
| Ideal number of children | 2.595 | 0.061 | 622 | 574 | 1.227 | 0.023 | 2.473 | 2.717 |
| Mothers received antenatal care for last birth | 0.936 | 0.017 | 227 | 213 | 1.054 | 0.018 | 0.902 | 0.970 |
| Mothers protected against tetanus for last birth | 0.768 | 0.028 | 227 | 213 | 1.015 | 0.037 | 0.712 | 0.825 |
| Births with skilled attendant at delivery | 0.751 | 0.040 | 272 | 253 | 1.300 | 0.053 | 0.670 | 0.831 |
| Had diarrhoea in the past 2 weeks | 0.120 | 0.022 | 248 | 232 | 1.080 | 0.184 | 0.076 | 0.164 |
| Vaccination card seen | 0.825 | 0.052 | 56 | 51 | 1.001 | 0.063 | 0.721 | 0.928 |
| Received BCG vaccination | 0.976 | 0.016 | 56 | 51 | 0.784 | 0.017 | 0.944 | 1.009 |
| Received DPT/pentavalent vaccination (3 doses) | 0.918 | 0.034 | 56 | 51 | 0.909 | 0.037 | 0.850 | 0.986 |
| Received polio vaccination (3 doses) | 0.861 | 0.043 | 56 | 51 | 0.916 | 0.050 | 0.774 | 0.947 |
| Received measles vaccination | 0.916 | 0.038 | 56 | 51 | 1.005 | 0.041 | 0.841 | 0.992 |
| Received all basic vaccinations | 0.795 | 0.053 | 56 | 51 | 0.966 | 0.067 | 0.689 | 0.902 |
| Height-for-age (-2SD) | 0.259 | 0.034 | 181 | 170 | 0.963 | 0.130 | 0.191 | 0.326 |
| Weight-for-height (-2SD) | 0.026 | 0.012 | 181 | 170 | 0.976 | 0.446 | 0.003 | 0.049 |
| Weight-for-age (-2SD) | 0.108 | 0.028 | 181 | 170 | 1.143 | 0.258 | 0.052 | 0.164 |
| Prevalence of anaemia (children 6-59 months) | 0.445 | 0.052 | 167 | 158 | 1.280 | 0.117 | 0.340 | 0.549 |
| Prevalence of anaemia (women 15-49) | 0.277 | 0.026 | 308 | 285 | 1.035 | 0.095 | 0.224 | 0.330 |
| Body Mass Index (BMI) < 18.5 | 0.055 | 0.015 | 285 | 265 | 1.129 | 0.276 | 0.025 | 0.086 |
| Body Mass Index (BMI) $\geq 25$ | 0.479 | 0.036 | 285 | 265 | 1.230 | 0.076 | 0.406 | 0.552 |
| Had 2+ sexual partners in past 12 months | 0.050 | 0.008 | 624 | 576 | 0.916 | 0.159 | 0.034 | 0.066 |
| Condom use at last sex | 0.316 | 0.090 | 31 | 29 | 1.061 | 0.286 | 0.136 | 0.497 |
| Abstinence among youth (never had sex) | 0.564 | 0.034 | 174 | 154 | 0.903 | 0.060 | 0.496 | 0.632 |
| Sexually active in past 12 months among never-married youth | 0.303 | 0.032 | 174 | 154 | 0.910 | 0.105 | 0.239 | 0.366 |
| Had an HIV test and received results in past 12 months | 0.525 | 0.023 | 624 | 576 | 1.137 | 0.043 | 0.480 | 0.571 |
| Accepting attitudes towards people with HIV | 0.472 | 0.019 | 621 | 574 | 0.971 | 0.041 | 0.433 | 0.511 |
| Total fertility rate (3 years) | 2.782 | 0.260 | 1689 | 1566 | 1.061 | 0.093 | 2.262 | 3.302 |
| Neonatal mortality (last 0-9 years) | 49.639 | 13.795 | 503 | 475 | 1.223 | 0.278 | 22.048 | 77.230 |
| Post-neonatal mortality (last 0-9 years) | 31.776 | 8.402 | 503 | 475 | 1.006 | 0.264 | 14.971 | 48.581 |
| Infant mortality (last 0-9 years) | 81.415 | 15.652 | 504 | 476 | 1.101 | 0.192 | 50.112 | 112.718 |
| Child mortality (last 0-9 years) | 26.433 | 8.575 | 489 | 461 | 1.189 | 0.324 | 9.283 | 43.584 |
| Under-five mortality (last 0-9 years) | 105.696 | 15.789 | 506 | 477 | 1.038 | 0.149 | 74.117 | 137.275 |
| HIV prevalence among all women 15-49 | 0.291 | 0.031 | 304 | 271 | 1.184 | 0.106 | 0.229 | 0.353 |
| HIV prevalence among young women 15-24 | 0.141 | 0.030 | 139 | 122 | 1.019 | 0.214 | 0.080 | 0.201 |


| Table B.13-Continued |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Variable | Value (R) | Standard error (SE) | Number of cases |  | $\begin{gathered} \text { Design } \\ \text { effect } \\ \text { (DEFT) } \end{gathered}$ | $\begin{aligned} & \text { Relative } \\ & \text { error } \\ & \text { (SE/R) } \\ & \hline \end{aligned}$ | Confidence limits |  |
|  |  |  | Unweighted (N) | Weighted (WN) |  |  | R-2SE | R+2SE |
| MEN |  |  |  |  |  |  |  |  |
| Urban residence | 0.324 | 0.038 | 268 | 242 | 1.338 | 0.118 | 0.247 | 0.401 |
| Literacy | 0.868 | 0.023 | 268 | 242 | 1.119 | 0.027 | 0.822 | 0.915 |
| No education | 0.066 | 0.017 | 268 | 242 | 1.110 | 0.256 | 0.032 | 0.100 |
| Secondary education or higher | 0.408 | 0.034 | 268 | 242 | 1.121 | 0.083 | 0.341 | 0.476 |
| Never married/in union | 0.584 | 0.039 | 268 | 242 | 1.297 | 0.067 | 0.506 | 0.663 |
| Currently married/in union | 0.360 | 0.040 | 268 | 242 | 1.349 | 0.110 | 0.280 | 0.439 |
| Had sexual intercourse before age 18 | 0.465 | 0.033 | 195 | 173 | 0.927 | 0.071 | 0.399 | 0.532 |
| Know any contraceptive method | 1.000 | 0.000 | 95 | 87 | na | 0.000 | 1.000 | 1.000 |
| Know a modern method | 1.000 | 0.000 | 95 | 87 | na | 0.000 | 1.000 | 1.000 |
| Want no more children | 0.274 | 0.048 | 95 | 87 | 1.045 | 0.176 | 0.178 | 0.370 |
| Want to delay next birth at least 2 years | 0.439 | 0.057 | 95 | 87 | 1.104 | 0.129 | 0.326 | 0.553 |
| Ideal number of children | 2.786 | 0.107 | 262 | 236 | 1.185 | 0.039 | 2.571 | 3.001 |
| Body Mass Index (BMI) <18.5 | 0.179 | 0.025 | 261 | 234 | 1.066 | 0.142 | 0.128 | 0.230 |
| Body Mass Index (BMI) $\geq 25$ | 0.103 | 0.021 | 261 | 234 | 1.103 | 0.203 | 0.061 | 0.144 |
| Prevalence of anaemia | 0.117 | 0.021 | 254 | 229 | 1.024 | 0.177 | 0.075 | 0.158 |
| Had 2+ sexual partners in past 12 months | 0.227 | 0.030 | 268 | 242 | 1.168 | 0.132 | 0.167 | 0.287 |
| Condom use at last sex | 0.563 | 0.070 | 58 | 55 | 1.062 | 0.124 | 0.423 | 0.703 |
| Abstinence among youth (never had sex) | 0.305 | 0.056 | 116 | 105 | 1.304 | 0.184 | 0.193 | 0.417 |
| Sexually active in past 12 months among never-married youth | 0.579 | 0.048 | 116 | 105 | 1.032 | 0.082 | 0.483 | 0.674 |
| Paid for sexual intercourse in past 12 months | 0.037 | 0.011 | 268 | 242 | 0.967 | 0.302 | 0.015 | 0.059 |
| Had an HIV test and received results in past 12 months | 0.304 | 0.030 | 268 | 242 | 1.073 | 0.099 | 0.243 | 0.364 |
| Accepting attitudes towards people with HIV | 0.355 | 0.024 | 264 | 237 | 0.826 | 0.069 | 0.306 | 0.403 |
| HIV prevalence among all men 15-49 | 0.206 | 0.032 | 255 | 240 | 1.268 | 0.156 | 0.142 | 0.270 |
| HIV prevalence among all men 15-59 | 0.208 | 0.032 | 278 | 261 | 1.312 | 0.154 | 0.144 | 0.272 |
| HIV prevalence among young men 15-24 | 0.068 | 0.021 | 124 | 118 | 0.942 | 0.315 | 0.025 | 0.111 |
| MEN AND WOMEN |  |  |  |  |  |  |  |  |
| HIV prevalence among all respondents 15-49 | 0.251 | 0.023 | 559 | 512 | 1.265 | 0.093 | 0.205 | 0.298 |
| HIV prevalence among all respondents 15-24 | 0.105 | 0.021 | 263 | 240 | 1.102 | 0.199 | 0.063 | 0.147 |

na $=$ Not applicable

| Table B.14 Sampling errors for Mohale's Hoek sample, Lesotho 2014 |  |  |  |  |  |
| :--- | ---: | ---: | ---: | ---: | ---: | ---: | ---: |
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| Table B.14-Continued |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Variable | Value (R) | Standard error (SE) | Number of cases |  | Design effect (DEFT) | Relative error (SE/R) | Confidence limits |  |
|  |  |  | Unweighted <br> (N) | Weighted (WN) |  |  | R-2SE | R+2SE |
| MEN |  |  |  |  |  |  |  |  |
| Urban residence | 0.153 | 0.030 | 241 | 202 | 1.294 | 0.197 | 0.092 | 0.213 |
| Literacy | 0.787 | 0.037 | 241 | 202 | 1.391 | 0.047 | 0.713 | 0.860 |
| No education | 0.124 | 0.029 | 241 | 202 | 1.375 | 0.237 | 0.065 | 0.182 |
| Secondary education or higher | 0.394 | 0.043 | 241 | 202 | 1.373 | 0.110 | 0.307 | 0.481 |
| Never married/in union | 0.593 | 0.043 | 241 | 202 | 1.351 | 0.072 | 0.507 | 0.679 |
| Currently married/in union | 0.334 | 0.036 | 241 | 202 | 1.184 | 0.108 | 0.262 | 0.407 |
| Had sexual intercourse before age 18 | 0.490 | 0.059 | 172 | 142 | 1.526 | 0.119 | 0.373 | 0.607 |
| Know any contraceptive method | 0.988 | 0.012 | 78 | 68 | 0.959 | 0.012 | 0.965 | 1.012 |
| Know a modern method | 0.977 | 0.023 | 78 | 68 | 1.356 | 0.024 | 0.930 | 1.024 |
| Want no more children | 0.348 | 0.063 | 78 | 68 | 1.161 | 0.181 | 0.222 | 0.475 |
| Want to delay next birth at least 2 years | 0.350 | 0.090 | 78 | 68 | 1.640 | 0.258 | 0.170 | 0.530 |
| Ideal number of children | 3.054 | 0.132 | 239 | 200 | 1.379 | 0.043 | 2.790 | 3.319 |
| Body Mass Index (BMI) <18.5 | 0.166 | 0.032 | 237 | 198 | 1.310 | 0.192 | 0.102 | 0.230 |
| Body Mass Index (BMI) $\geq 25$ | 0.094 | 0.032 | 237 | 198 | 1.687 | 0.343 | 0.030 | 0.159 |
| Prevalence of anaemia | 0.170 | 0.023 | 232 | 194 | 0.914 | 0.133 | 0.125 | 0.215 |
| Had 2+ sexual partners in past 12 months | 0.235 | 0.030 | 241 | 202 | 1.110 | 0.129 | 0.174 | 0.295 |
| Condom use at last sex | 0.661 | 0.072 | 57 | 47 | 1.140 | 0.109 | 0.517 | 0.806 |
| Abstinence among youth (never had sex) | 0.350 | 0.039 | 113 | 93 | 0.856 | 0.110 | 0.273 | 0.427 |
| Sexually active in past 12 months among never-married youth | 0.557 | 0.027 | 113 | 93 | 0.571 | 0.048 | 0.504 | 0.611 |
| Paid for sexual intercourse in past 12 months | 0.010 | 0.006 | 241 | 202 | 0.932 | 0.610 | 0.000 | 0.021 |
| Had an HIV test and received results in past 12 months | 0.296 | 0.043 | 241 | 202 | 1.466 | 0.146 | 0.209 | 0.382 |
| Accepting attitudes towards people with HIV | 0.347 | 0.036 | 236 | 198 | 1.166 | 0.105 | 0.274 | 0.419 |
| HIV prevalence among all men 15-49 | 0.129 | 0.027 | 228 | 201 | 1.230 | 0.212 | 0.074 | 0.184 |
| HIV prevalence among all men 15-59 | 0.130 | 0.026 | 251 | 220 | 1.219 | 0.200 | 0.078 | 0.181 |
| HIV prevalence among young men 15-24 | 0.041 | 0.018 | 118 | 101 | 0.963 | 0.428 | 0.006 | 0.077 |
| MEN AND WOMEN |  |  |  |  |  |  |  |  |
| HIV prevalence among all respondents 15-49 | 0.201 | 0.022 | 552 | 465 | 1.308 | 0.111 | 0.156 | 0.246 |
| HIV prevalence among all respondents 15-24 | 0.075 | 0.017 | 258 | 210 | 1.037 | 0.227 | 0.041 | 0.110 |

na $=$ Not applicable

| Table B.15 Sampling errors for Quthing sample, Lesotho 2014 |  |  |  |  |  |  |
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| Table B.15-Continued |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Variable | Value (R) | Standard error (SE) | Number of cases |  | Design effect (DEFT) | Relative error (SE/R) | Confidence limits |  |
|  |  |  | Unweighted (N) | Weighted (WN) |  |  | R-2SE | R+2SE |
| MEN |  |  |  |  |  |  |  |  |
| Urban residence | 0.133 | 0.025 | 187 | 105 | 1.016 | 0.190 | 0.083 | 0.184 |
| Literacy | 0.801 | 0.036 | 187 | 105 | 1.219 | 0.045 | 0.730 | 0.873 |
| No education | 0.121 | 0.030 | 187 | 105 | 1.233 | 0.244 | 0.062 | 0.180 |
| Secondary education or higher | 0.447 | 0.059 | 187 | 105 | 1.614 | 0.132 | 0.328 | 0.565 |
| Never married/in union | 0.680 | 0.036 | 187 | 105 | 1.052 | 0.053 | 0.608 | 0.752 |
| Currently married/in union | 0.268 | 0.035 | 187 | 105 | 1.067 | 0.129 | 0.199 | 0.338 |
| Had sexual intercourse before age 18 | 0.629 | 0.043 | 132 | 72 | 1.020 | 0.068 | 0.543 | 0.715 |
| Know any contraceptive method | 1.000 | 0.000 | 55 | 28 | na | 0.000 | 1.000 | 1.000 |
| Know a modern method | 1.000 | 0.000 | 55 | 28 | na | 0.000 | 1.000 | 1.000 |
| Want no more children | 0.338 | 0.073 | 55 | 28 | 1.128 | 0.215 | 0.193 | 0.484 |
| Want to delay next birth at least 2 years | 0.439 | 0.068 | 55 | 28 | 1.009 | 0.155 | 0.303 | 0.576 |
| Ideal number of children | 3.342 | 0.134 | 186 | 104 | 1.159 | 0.040 | 3.073 | 3.611 |
| Body Mass Index (BMI) <18.5 | 0.152 | 0.031 | 181 | 102 | 1.153 | 0.203 | 0.090 | 0.213 |
| Body Mass Index (BMI) $\geq 25$ | 0.115 | 0.025 | 181 | 102 | 1.064 | 0.219 | 0.065 | 0.166 |
| Prevalence of anaemia | 0.061 | 0.017 | 177 | 99 | 0.923 | 0.273 | 0.028 | 0.094 |
| Had 2+ sexual partners in past 12 months | 0.219 | 0.033 | 187 | 105 | 1.073 | 0.149 | 0.154 | 0.284 |
| Condom use at last sex | 0.605 | 0.087 | 43 | 23 | 1.153 | 0.144 | 0.430 | 0.779 |
| Abstinence among youth (never had sex) | 0.222 | 0.049 | 87 | 52 | 1.095 | 0.221 | 0.124 | 0.321 |
| Sexually active in past 12 months among never-married youth | 0.588 | 0.052 | 87 | 52 | 0.985 | 0.089 | 0.483 | 0.692 |
| Paid for sexual intercourse in past 12 months | 0.020 | 0.010 | 187 | 105 | 0.954 | 0.495 | 0.000 | 0.039 |
| Had an HIV test and received results in past 12 months | 0.253 | 0.031 | 187 | 105 | 0.984 | 0.124 | 0.190 | 0.316 |
| Accepting attitudes towards people with HIV | 0.301 | 0.035 | 179 | 100 | 1.021 | 0.117 | 0.231 | 0.371 |
| HIV prevalence among all men 15-49 | 0.115 | 0.025 | 176 | 104 | 1.018 | 0.213 | 0.066 | 0.164 |
| HIV prevalence among all men 15-59 | 0.151 | 0.025 | 212 | 126 | 1.019 | 0.166 | 0.101 | 0.202 |
| HIV prevalence among young men 15-24 | 0.048 | 0.025 | 87 | 55 | 1.077 | 0.517 | 0.000 | 0.098 |
| MEN AND WOMEN |  |  |  |  |  |  |  |  |
| HIV prevalence among all respondents 15-49 | 0.208 | 0.021 | 473 | 264 | 1.104 | 0.099 | 0.167 | 0.249 |
| HIV prevalence among all respondents 15-24 | 0.077 | 0.019 | 228 | 131 | 1.050 | 0.242 | 0.040 | 0.114 |

na $=$ Not applicable

| Table B.16 Sampling errors for Qacha's Nek sample, Lesotho 2014 |  |  |  |  |  |
| :--- | ---: | ---: | ---: | ---: | ---: | ---: | ---: |
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| Table B.16-Continued |  |  |  |  |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |

na $=$ Not applicable

|  |  |  | Number of cases |  | Design effect (DEFT) | $\begin{aligned} & \text { Relative } \\ & \text { error } \\ & \text { (SE/R) } \\ & \hline \end{aligned}$ | Confidence limits |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Variable | Value (R) | Standard error (SE) | Unweighted <br> ( N ) | Weighted (WN) |  |  | R-2SE | R+2SE |
|  |  | WOMEN |  |  |  |  |  |  |
| Urban residence | 0.125 | 0.027 | 605 | 349 | 1.983 | 0.214 | 0.072 | 0.179 |
| Literacy | 0.950 | 0.009 | 605 | 349 | 1.024 | 0.010 | 0.932 | 0.968 |
| No education | 0.025 | 0.006 | 605 | 349 | 0.937 | 0.238 | 0.013 | 0.037 |
| Secondary education or higher | 0.423 | 0.031 | 605 | 349 | 1.553 | 0.074 | 0.360 | 0.485 |
| Never married/never in union | 0.312 | 0.022 | 605 | 349 | 1.146 | 0.069 | 0.269 | 0.355 |
| Currently married/in union | 0.588 | 0.022 | 605 | 349 | 1.093 | 0.037 | 0.544 | 0.632 |
| Married before age 20 | 0.571 | 0.027 | 427 | 250 | 1.130 | 0.048 | 0.516 | 0.625 |
| Had sexual intercourse before age 18 | 0.416 | 0.039 | 427 | 250 | 1.623 | 0.093 | 0.339 | 0.494 |
| Currently pregnant | 0.052 | 0.009 | 605 | 349 | 0.988 | 0.171 | 0.034 | 0.070 |
| Children ever born | 2.111 | 0.140 | 605 | 349 | 1.533 | 0.066 | 1.831 | 2.390 |
| Children surviving | 1.898 | 0.111 | 605 | 349 | 1.339 | 0.059 | 1.676 | 2.121 |
| Children ever born to women age 40-49 | 4.894 | 0.447 | 91 | 55 | 1.680 | 0.091 | 3.999 | 5.789 |
| Know any contraceptive method | 0.973 | 0.014 | 337 | 205 | 1.558 | 0.014 | 0.946 | 1.001 |
| Know a modern method | 0.973 | 0.014 | 337 | 205 | 1.558 | 0.014 | 0.946 | 1.001 |
| Currently using any method | 0.492 | 0.033 | 337 | 205 | 1.201 | 0.067 | 0.427 | 0.558 |
| Currently using a modern method | 0.484 | 0.035 | 337 | 205 | 1.288 | 0.073 | 0.413 | 0.554 |
| Currently using pill | 0.116 | 0.022 | 337 | 205 | 1.275 | 0.192 | 0.071 | 0.160 |
| Currently using IUCD | 0.000 | 0.000 | 337 | 205 | na | na | 0.000 | 0.000 |
| Currently using male condoms | 0.104 | 0.016 | 337 | 205 | 0.962 | 0.154 | 0.072 | 0.136 |
| Currently using injectables | 0.226 | 0.027 | 337 | 205 | 1.199 | 0.121 | 0.171 | 0.281 |
| Currently using implants | 0.024 | 0.009 | 337 | 205 | 1.022 | 0.353 | 0.007 | 0.042 |
| Currently using female sterilisation | 0.014 | 0.007 | 337 | 205 | 1.156 | 0.537 | 0.000 | 0.028 |
| Used public sector source | 0.869 | 0.025 | 222 | 130 | 1.124 | 0.029 | 0.818 | 0.920 |
| Want no more children | 0.565 | 0.028 | 337 | 205 | 1.042 | 0.050 | 0.509 | 0.622 |
| Want to delay next birth at least 2 years | 0.275 | 0.024 | 337 | 205 | 0.977 | 0.086 | 0.228 | 0.323 |
| Ideal number of children | 2.792 | 0.062 | 603 | 348 | 1.068 | 0.022 | 2.667 | 2.916 |
| Mothers received antenatal care for last birth | 0.964 | 0.013 | 267 | 161 | 1.145 | 0.013 | 0.938 | 0.990 |
| Mothers protected against tetanus for last birth | 0.689 | 0.027 | 267 | 161 | 0.964 | 0.039 | 0.635 | 0.743 |
| Births with skilled attendant at delivery | 0.628 | 0.039 | 336 | 203 | 1.325 | 0.062 | 0.550 | 0.705 |
| Had diarrhoea in the past 2 weeks | 0.160 | 0.025 | 310 | 187 | 1.174 | 0.159 | 0.109 | 0.211 |
| Vaccination card seen | 0.690 | 0.051 | 65 | 38 | 0.886 | 0.074 | 0.588 | 0.793 |
| Received BCG vaccination | 0.959 | 0.023 | 65 | 38 | 0.940 | 0.024 | 0.913 | 1.006 |
| Received DPT/pentavalent vaccination (3 doses) | 0.675 | 0.064 | 65 | 38 | 1.087 | 0.094 | 0.548 | 0.803 |
| Received polio vaccination (3 doses) | 0.603 | 0.050 | 65 | 38 | 0.816 | 0.083 | 0.503 | 0.703 |
| Received measles vaccination | 0.764 | 0.050 | 65 | 38 | 0.941 | 0.066 | 0.664 | 0.864 |
| Received all basic vaccinations | 0.475 | 0.057 | 65 | 38 | 0.905 | 0.119 | 0.362 | 0.588 |
| Height-for-age (-2SD) | 0.477 | 0.048 | 204 | 124 | 1.366 | 0.100 | 0.382 | 0.573 |
| Weight-for-height (-2SD) | 0.036 | 0.015 | 204 | 124 | 1.174 | 0.416 | 0.006 | 0.067 |
| Weight-for-age (-2SD) | 0.158 | 0.025 | 204 | 124 | 0.973 | 0.155 | 0.109 | 0.207 |
| Prevalence of anaemia (children 6-59 months) | 0.585 | 0.047 | 195 | 118 | 1.253 | 0.080 | 0.491 | 0.679 |
| Prevalence of anaemia (women 15-49) | 0.244 | 0.029 | 316 | 178 | 1.199 | 0.121 | 0.185 | 0.302 |
| Body Mass Index (BMI) < 18.5 | 0.046 | 0.015 | 300 | 167 | 1.201 | 0.324 | 0.016 | 0.075 |
| Body Mass Index (BMI) $\geq 25$ | 0.274 | 0.024 | 300 | 167 | 0.912 | 0.087 | 0.227 | 0.322 |
| Had 2+ sexual partners in past 12 months | 0.044 | 0.009 | 605 | 349 | 1.107 | 0.209 | 0.026 | 0.063 |
| Condom use at last sex | 0.371 | 0.071 | 26 | 16 | 0.736 | 0.190 | 0.230 | 0.512 |
| Abstinence among youth (never had sex) | 0.653 | 0.034 | 185 | 101 | 0.978 | 0.053 | 0.585 | 0.722 |
| Sexually active in past 12 months among never-married youth | 0.252 | 0.036 | 185 | 101 | 1.138 | 0.144 | 0.179 | 0.325 |
| Had an HIV test and received results in past 12 months | 0.540 | 0.026 | 605 | 349 | 1.263 | 0.047 | 0.489 | 0.592 |
| Accepting attitudes towards people with HIV | 0.461 | 0.027 | 597 | 342 | 1.316 | 0.058 | 0.407 | 0.515 |
| Total fertility rate (3 years) | 4.399 | 0.387 | 1642 | 950 | 1.362 | 0.088 | 3.625 | 5.173 |
| Neonatal mortality (last 0-9 years) | 33.106 | 8.264 | 651 | 394 | 0.964 | 0.250 | 16.577 | 49.635 |
| Post-neonatal mortality (last 0-9 years) | 43.997 | 8.661 | 647 | 392 | 1.091 | 0.197 | 26.674 | 61.320 |
| Infant mortality (last 0-9 years) | 77.103 | 13.065 | 653 | 395 | 1.074 | 0.169 | 50.972 | 103.234 |
| Child mortality (last 0-9 years) | 15.439 | 5.850 | 620 | 371 | 0.993 | 0.379 | 3.738 | 27.139 |
| Under-five mortality (last 0-9 years) | 91.352 | 14.599 | 655 | 396 | 1.097 | 0.160 | 62.153 | 120.550 |
| HIV prevalence among all women 15-49 | 0.234 | 0.021 | 316 | 167 | 0.867 | 0.088 | 0.193 | 0.276 |
| HIV prevalence among young women 15-24 | 0.110 | 0.027 | 153 | 81 | 1.079 | 0.249 | 0.055 | 0.165 |


| Table B.17—Continued |  |  |  |  |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |

na $=$ Not applicable

|  |  |  | Number of cases |  | Design effect (DEFT) | Relative error (SE/R) | Confidence limits |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Variable | Value (R) | Standard error (SE) | Unweighted (N) | Weighted (WN) |  |  | R-2SE | R+2SE |
|  |  | WOMEN |  |  |  |  |  |  |
| Urban residence | 0.068 | 0.017 | 589 | 452 | 1.643 | 0.251 | 0.034 | 0.102 |
| Literacy | 0.950 | 0.008 | 589 | 452 | 0.882 | 0.008 | 0.935 | 0.966 |
| No education | 0.020 | 0.007 | 589 | 452 | 1.130 | 0.326 | 0.007 | 0.033 |
| Secondary education or higher | 0.390 | 0.029 | 589 | 452 | 1.427 | 0.074 | 0.332 | 0.447 |
| Never married/never in union | 0.201 | 0.020 | 589 | 452 | 1.237 | 0.102 | 0.160 | 0.242 |
| Currently married/in union | 0.680 | 0.027 | 589 | 452 | 1.407 | 0.040 | 0.626 | 0.734 |
| Married before age 20 | 0.594 | 0.028 | 467 | 360 | 1.217 | 0.047 | 0.539 | 0.650 |
| Had sexual intercourse before age 18 | 0.447 | 0.025 | 467 | 360 | 1.069 | 0.055 | 0.398 | 0.497 |
| Currently pregnant | 0.043 | 0.010 | 589 | 452 | 1.241 | 0.241 | 0.022 | 0.064 |
| Children ever born | 2.251 | 0.099 | 589 | 452 | 1.142 | 0.044 | 2.054 | 2.449 |
| Children surviving | 2.078 | 0.089 | 589 | 452 | 1.136 | 0.043 | 1.901 | 2.256 |
| Children ever born to women age 40-49 | 4.644 | 0.375 | 91 | 69 | 1.401 | 0.081 | 3.895 | 5.393 |
| Know any contraceptive method | 0.996 | 0.004 | 387 | 308 | 1.214 | 0.004 | 0.988 | 1.004 |
| Know a modern method | 0.996 | 0.004 | 387 | 308 | 1.214 | 0.004 | 0.988 | 1.004 |
| Currently using any method | 0.567 | 0.036 | 387 | 308 | 1.423 | 0.063 | 0.495 | 0.639 |
| Currently using a modern method | 0.564 | 0.036 | 387 | 308 | 1.431 | 0.064 | 0.491 | 0.636 |
| Currently using pill | 0.106 | 0.017 | 387 | 308 | 1.104 | 0.163 | 0.072 | 0.141 |
| Currently using IUCD | 0.003 | 0.003 | 387 | 308 | 1.096 | 1.010 | 0.000 | 0.009 |
| Currently using male condoms | 0.136 | 0.021 | 387 | 308 | 1.175 | 0.151 | 0.095 | 0.177 |
| Currently using injectables | 0.290 | 0.033 | 387 | 308 | 1.443 | 0.115 | 0.223 | 0.357 |
| Currently using implants | 0.018 | 0.007 | 387 | 308 | 1.051 | 0.398 | 0.004 | 0.032 |
| Currently using female sterilisation | 0.010 | 0.005 | 387 | 308 | 0.950 | 0.478 | 0.000 | 0.020 |
| Used public sector source | 0.860 | 0.027 | 285 | 211 | 1.291 | 0.031 | 0.807 | 0.914 |
| Want no more children | 0.538 | 0.025 | 387 | 308 | 1.001 | 0.047 | 0.487 | 0.589 |
| Want to delay next birth at least 2 years | 0.259 | 0.019 | 387 | 308 | 0.867 | 0.075 | 0.220 | 0.297 |
| Ideal number of children | 3.089 | 0.108 | 585 | 449 | 1.593 | 0.035 | 2.874 | 3.305 |
| Mothers received antenatal care for last birth | 0.916 | 0.019 | 266 | 212 | 1.116 | 0.020 | 0.879 | 0.954 |
| Mothers protected against tetanus for last birth | 0.747 | 0.037 | 266 | 212 | 1.407 | 0.050 | 0.672 | 0.821 |
| Births with skilled attendant at delivery | 0.710 | 0.034 | 328 | 266 | 1.321 | 0.047 | 0.643 | 0.777 |
| Had diarrhoea in the past 2 weeks | 0.067 | 0.017 | 310 | 251 | 1.224 | 0.252 | 0.033 | 0.101 |
| Vaccination card seen | 0.792 | 0.052 | 67 | 55 | 1.052 | 0.065 | 0.689 | 0.896 |
| Received BCG vaccination | 0.966 | 0.024 | 67 | 55 | 1.093 | 0.025 | 0.918 | 1.013 |
| Received DPT/pentavalent vaccination (3 doses) | 0.907 | 0.035 | 67 | 55 | 1.002 | 0.039 | 0.837 | 0.977 |
| Received polio vaccination (3 doses) | 0.797 | 0.042 | 67 | 55 | 0.869 | 0.053 | 0.712 | 0.881 |
| Received measles vaccination | 0.848 | 0.041 | 67 | 55 | 0.952 | 0.049 | 0.765 | 0.930 |
| Received all basic vaccinations | 0.723 | 0.054 | 67 | 55 | 0.995 | 0.075 | 0.616 | 0.831 |
| Height-for-age (-2SD) | 0.400 | 0.034 | 195 | 162 | 0.906 | 0.085 | 0.332 | 0.468 |
| Weight-for-height (-2SD) | 0.041 | 0.014 | 195 | 162 | 1.034 | 0.347 | 0.013 | 0.070 |
| Weight-for-age (-2SD) | 0.142 | 0.027 | 195 | 162 | 1.047 | 0.192 | 0.087 | 0.196 |
| Prevalence of anaemia (children 6-59 months) | 0.535 | 0.035 | 180 | 149 | 0.909 | 0.066 | 0.465 | 0.605 |
| Prevalence of anaemia (women 15-49) | 0.169 | 0.024 | 308 | 238 | 1.139 | 0.144 | 0.120 | 0.217 |
| Body Mass Index (BMI) < 18.5 | 0.058 | 0.015 | 295 | 229 | 1.077 | 0.251 | 0.029 | 0.088 |
| Body Mass Index (BMI) $\geq 25$ | 0.318 | 0.035 | 295 | 229 | 1.309 | 0.111 | 0.247 | 0.388 |
| Had 2+ sexual partners in past 12 months | 0.057 | 0.013 | 589 | 452 | 1.374 | 0.231 | 0.031 | 0.083 |
| Condom use at last sex | 0.346 | 0.084 | 34 | 26 | 1.010 | 0.242 | 0.179 | 0.513 |
| Abstinence among youth (never had sex) | 0.767 | 0.048 | 115 | 81 | 1.203 | 0.062 | 0.671 | 0.862 |
| Sexually active in past 12 months among never-married youth | 0.165 | 0.038 | 115 | 81 | 1.095 | 0.231 | 0.089 | 0.241 |
| Had an HIV test and received results in past 12 months | 0.663 | 0.024 | 589 | 452 | 1.249 | 0.037 | 0.614 | 0.712 |
| Accepting attitudes towards people with HIV | 0.377 | 0.022 | 578 | 444 | 1.102 | 0.059 | 0.332 | 0.421 |
| Total fertility rate (3 years) | 3.995 | 0.321 | 1636 | 1259 | 1.265 | 0.080 | 3.353 | 4.637 |
| Neonatal mortality (last 0-9 years) | 28.414 | 6.431 | 678 | 551 | 1.002 | 0.226 | 15.553 | 41.275 |
| Post-neonatal mortality (last 0-9 years) | 20.742 | 4.993 | 676 | 549 | 1.003 | 0.241 | 10.757 | 30.727 |
| Infant mortality (last 0-9 years) | 49.156 | 8.852 | 679 | 552 | 1.082 | 0.180 | 31.452 | 66.860 |
| Child mortality (last 0-9 years) | 13.539 | 5.346 | 662 | 535 | 1.217 | 0.395 | 2.848 | 24.230 |
| Under-five mortality (last 0-9 years) | 62.030 | 11.174 | 680 | 553 | 1.275 | 0.180 | 39.681 | 84.378 |
| HIV prevalence among all women 15-49 | 0.277 | 0.035 | 303 | 225 | 1.341 | 0.125 | 0.208 | 0.346 |
| HIV prevalence among young women 15-24 | 0.140 | 0.046 | 109 | 82 | 1.364 | 0.327 | 0.048 | 0.231 |


| Table B.18-Continued |  |  |  |  |  |  |
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| Variable | Value$(\mathrm{R})$ | $\begin{aligned} & \hline \text { Standard } \\ & \text { error } \\ & \text { (SE) } \\ & \hline \end{aligned}$ | Number of cases |  | Design effect (DEFT) | Relative error (SE/R) | Confidence limits |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | Unweighted <br> (N) | Weighted (WN) |  |  | R-2SE | $\mathrm{R}+2 \mathrm{SE}$ |
| WOMEN |  |  |  |  |  |  |  |  |
| Adult mortality rates |  |  |  |  |  |  |  |  |
| 15-19 | 2.286 | 0.590 | 10516 | 10201 | 1.250 | 0.258 | 1.107 | 3.465 |
| 20-24 | 5.572 | 0.756 | 13075 | 13097 | 1.156 | 0.136 | 4.060 | 7.085 |
| 25-29 | 10.933 | 1.086 | 12644 | 12511 | 1.180 | 0.099 | 8.761 | 13.105 |
| 30-34 | 17.838 | 1.605 | 9993 | 9957 | 1.182 | 0.090 | 14.628 | 21.048 |
| 35-39 | 19.121 | 1.923 | 6826 | 6785 | 1.146 | 0.101 | 15.275 | 22.967 |
| 40-44 | 28.207 | 3.422 | 3970 | 3945 | 1.232 | 0.121 | 21.364 | 35.050 |
| 45-49 | 30.288 | 3.923 | 2682 | 2732 | 1.150 | 0.130 | 22.443 | 38.133 |
| 15-49 (age-adjusted) | 12.824 | 0.574 | 59706 | 59229 | 1.181 | 0.045 | 11.675 | 13.973 |
| Adult mortality probabilities |  |  |  |  |  |  |  |  |
| ${ }_{35} \mathrm{q}_{15} 2014$ | 436 | 16 | 59706 | 59229 | 1.403 | 0.038 | 403 | 469 |
| ${ }_{35} q_{15} 2009$ | 446 | 16 | 73638 | 73526 | 1.440 | 0.037 | 413 | 479 |
| ${ }_{35} \mathrm{q}_{15} 2004$ | 394 | 15 | 72817 | 71656 | 1.307 | 0.038 | 363 | 424 |
| Maternal mortality rates |  |  |  |  |  |  |  |  |
| 15-19 | 0.571 | 0.326 | 10516 | 10201 | 1.379 | 0.571 | 0.000 | 1.223 |
| 20-24 | 0.805 | 0.304 | 13075 | 13097 | 1.225 | 0.377 | 0.198 | 1.412 |
| 25-29 | 1.700 | 0.413 | 12644 | 12511 | 1.123 | 0.243 | 0.874 | 2.525 |
| 30-34 | 1.115 | 0.338 | 9993 | 9957 | 1.010 | 0.303 | 0.438 | 1.791 |
| 35-39 | 2.092 | 0.656 | 6826 | 6785 | 1.182 | 0.313 | 0.780 | 3.404 |
| 40-44 | 0.147 | 0.148 | 3970 | 3945 | 0.763 | 1.002 | 0.000 | 0.442 |
| 45-49 | 1.310 | 0.540 | 2682 | 2732 | 0.780 | 0.412 | 0.229 | 2.390 |
| 15-49 (age-adjusted) | 1.073 | 0.152 | 59706 | 59229 | 1.130 | 0.142 | 0.769 | 1.378 |
| Maternal mortality ratio (MMR) 2014 | 1024 | 147 | 59706 | 59229 | 1.130 | 0.143 | 731 | 1318 |
| Maternal mortality ratio (MMR) 2009 | 1243 | 161 | 73638 | 73526 | 1.267 | 0.130 | 921 | 1565 |
| Maternal mortality ratio (MMR) 2004 | 939 | 129 | 72817 | 71656 | 1.098 | 0.137 | 682 | 1196 |
| MEN |  |  |  |  |  |  |  |  |
| Adult mortality rates |  |  |  |  |  |  |  |  |
| 15-19 | 2.643 | 0.756 | 10004 | 9684 | 1.359 | 0.286 | 1.131 | 4.155 |
| 20-24 | 5.488 | 0.803 | 12393 | 12325 | 1.213 | 0.146 | 3.881 | 7.094 |
| 25-29 | 9.648 | 1.019 | 12213 | 12100 | 1.126 | 0.106 | 7.610 | 11.687 |
| 30-34 | 16.507 | 1.736 | 9517 | 9277 | 1.287 | 0.105 | 13.036 | 19.978 |
| 35-39 | 25.259 | 2.551 | 6448 | 6449 | 1.266 | 0.101 | 20.158 | 30.361 |
| 40-44 | 29.279 | 3.293 | 3812 | 3907 | 1.184 | 0.112 | 22.693 | 35.865 |
| 45-49 | 39.996 | 6.407 | 2487 | 2589 | 1.480 | 0.160 | 27.183 | 52.809 |
| 15-49 (age-adjusted) | 13.993 | 0.672 | 56873 | 56331 | 1.326 | 0.048 | 12.649 | 15.336 |
| Adult mortality probabilities |  |  |  |  |  |  |  |  |
| $35 q_{15} 2014$ | 476 | 20 | 56873 | 56331 | 1.611 | 0.041 | 437 | 516 |
| $35 q_{15} 2009$ | 535 | 15 | 71288 | 69843 | 1.354 | 0.028 | 506 | 565 |
| ${ }_{35} q_{15} 2004$ | 470 | 15 | 71100 | 70644 | 1.387 | 0.033 | 439 | 501 |

HIV testing in the 2014 Lesotho Demographic and Health Survey (2014 LDHS) was performed to generate national, zonal, and district estimates of HIV prevalence, and national estimates of incidence.

The HIV prevalence algorithm consisted of two stages. In the first stage, dried blood spot (DBS) specimens were identified as negative or screen positive. In the second stage, specimens that were identified as screen positive (reactive) were subjected to a confirmatory test.

To classify specimens as HIV negative or screen postive, all specimens were first tested with the Vironostika ${ }^{\circledR}$ HIV Ag/Ab (Biomérieux) enzyme-linked immunoassay (ELISA) (Figure C.1). A negative result was recorded as negative. All Vironostika-positives were subjected to a second ELISA, the Enzygnost ${ }^{\circledR}$ HIV Integral 4 assay (Siemens). Specimens that were reactive on both the Vironostika test and on the Enzygnost test were recorded as screen positive. If the first and second tests were discordant, the two ELISAs were repeated. If the results remained discordant, a third test, the Genetic Systems HIV-1 Western blot (BioRad), was administered. The final result for the specimen was recorded as positive if the Western blot confirmed it to be positive and negative if the Western blot confirmed it to be negative. If the Western blot results were indeterminate, the specimen was recorded as indeterminate. Vironostika and Enzygnost ELISA testing took place at the National Reference Lab in Maseru, Lesotho. Western blot testing took place at the National Institute for Communicable Diseases (NICD) in Johannesburg, South Africa.

Figure C. 1 Stage 1 HIV testing algorithm


In the 2014 LDHS, HIV incidence was measured via a recent infection testing algorithm (RITA) which used HIV avidity as a biomarker for recent HIV infection. All specimens testing positive or screen positive on stage 1 of the HIV prevalence algorithm were subjected to the RITA to confirm their HIV status and to estimate HIV incidence (Figure C.2). The RITA included a limiting antigen (LAg) avidity assay for detection of recent infections (LAg-recent) and HIV viral load testing. The 2014 LDHS used the LAg avidity assay (Maxim) and NucliSENS EasyQ HIV-1 v. 2.0 viral load assay (Biomérieux), both of which have been validated for testing dried blood spots.

Figure C. 2 Stage 2 Algorithm for HIV incidence testing and serological confirmation


Classification of screen positive specimens as preliminary recent or long-term HIV infection was dependent on the normalised optical density ( ODn ) from screening and confirmatory LAg testing. LAg-screened specimens with ODn greater than 2.0 were classified as long-term infections. LAg-screened specimens with ODn less than or equal to 2.0 were confirmed in triplicate. LAg-confirmed specimens with median ODn greater than 1.5 were classified as long-term infection; those with median ODn of less than or equal to 1.5 were classified as preliminary recent infection. Specimens whose screening and confirmatory LAg results differed were retested in triplicate. The HIV serostatus of specimens with final ODn of less than 0.4 was confirmed by the Genetic Systems HIV-1 Western blot (Bio-Rad). Any specimens with negative or indeterminate results on the Western blot were reclassified in the serology database accordingly, and were treated as HIV negative for both prevalence and incidence calculations.

A small proportion of individuals who are identified by the LAg assay as having 'recent' infections will correspond to individuals who have long-term infections. Such 'false recents' may be persons on antiretroviral therapy, long-term nonprogressors, those in the late stages of AIDS, and those with other health issues or complicating factors. To improve the accuracy of the incidence rate calculation, the false recent rate (FRR)
must be brought as close as possible to zero. For this reason, all specimens with median ODn of less than or equal to 1.5 (excluding those found to be negative or indeterminate following Western blot confirmatory testing) were further tested for HIV-1 viral load. Specimens with a viral load less than 1000 copies/ml may represent long-term nonprogressors or individuals on antiretroviral therapy (ART) and were reclassified as long-term infections. Specimens with LAg ODn less than or equal to 1.5 and a viral load greater than or equal to 1000 copies/ml were finally classified as recent HIV infections. Once a final HIV result (HIV positive, HIV negative, or indeterminate) was assigned to each specimen, sample weights were applied and HIV prevalence calculated. All HIV LAg assay and viral load testing took place at NICD.

The annualised HIV incidence estimate was computed using an incidence calculation tool developed by the US Centers for Disease Control and Prevention, Atlanta, which uses a formula by Kassanjee et al. (2012). The FRR was assumed to be zero, and the mean duration of recent infection was assumed to be 130 days. The formula includes separate design effects for HIV prevalence and HIV incidence to account for the survey’s complex sample design in the calculation of the confidence intervals. The design effects (DEFT) for HIV prevalence in the 2014 LDHS for women, men, and both sexes combined are shown in Table B.2. The value input into the calculation tool is the square of the DEFT (also known as the DEFF). The DEFT for HIV incidence was assumed to be 1.0.

Among specimens requiring viral load for final recency classification, 29\% (weighted) were missing viral load results due to equipment malfunction. The proportion recent (i.e., viral load greater than or equal to 1000 copies $/ \mathrm{ml}$ ) from among the preliminary recent specimens with viral load results was applied to those with missing viral load results to produce the final counts of specimens with recent and long-term classifications. For the incidence rates according to sex, the sex-specific proportions were applied. It is possible that these missing data could affect the accuracy of the HIV incidence estimates for the 2014 LDHS. A sensitivity calculation was conducted assuming first that all specimens missing viral load results were long-term infections and second that all specimens missing viral load results were recent. The results are shown in Table C.1.

| Table C. 1 Sensitivity calculations for potential impact of missing viral load results on HIV incidence estimates, |  |  |  |
| :--- | :--- | :--- | :--- |
| Lesotho 2014 |  |  |  |
| Treatment of specimens missing viral load results |  |  |  |
| Proportional allocation | Total 15-49 | Women 15-49 | Men 15-49 |
| All long-term | 1.9 per 100 PY | 1.7 per 100 PY | 2.1 per 100 PY |
| All recent | 1.4 per 100 PY | 1.2 per 100 PY | 1.6 per 100 PY |

[^17]| Table D. 1 Household age distribution |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Single-year age distribution of the de facto household population by sex (weighted), Lesotho 2014 |  |  |  |  |  |  |  |  |  |
| Age | Female |  | Male |  | Age | Female |  | Male |  |
|  | Number | Percent | Number | Percent |  | Number | Percent | Number | Percent |
| 0 | 388 | 2.3 | 340 | 2.3 | 36 | 180 | 1.1 | 120 | 0.8 |
| 1 | 352 | 2.1 | 377 | 2.6 | 37 | 135 | 0.8 | 129 | 0.9 |
| 2 | 378 | 2.3 | 403 | 2.7 | 38 | 168 | 1.0 | 111 | 0.8 |
| 3 | 435 | 2.6 | 339 | 2.3 | 39 | 131 | 0.8 | 123 | 0.8 |
| 4 | 379 | 2.3 | 444 | 3.0 | 40 | 136 | 0.8 | 142 | 1.0 |
| 5 | 397 | 2.4 | 365 | 2.5 | 41 | 96 | 0.6 | 101 | 0.7 |
| 6 | 441 | 2.6 | 446 | 3.0 | 42 | 143 | 0.9 | 129 | 0.9 |
| 7 | 444 | 2.7 | 423 | 2.9 | 43 | 101 | 0.6 | 60 | 0.4 |
| 8 | 447 | 2.7 | 422 | 2.9 | 44 | 122 | 0.7 | 117 | 0.8 |
| 9 | 474 | 2.8 | 422 | 2.9 | 45 | 89 | 0.5 | 89 | 0.6 |
| 10 | 431 | 2.6 | 458 | 3.1 | 46 | 113 | 0.7 | 110 | 0.8 |
| 11 | 433 | 2.6 | 376 | 2.6 | 47 | 101 | 0.6 | 64 | 0.4 |
| 12 | 441 | 2.6 | 445 | 3.0 | 48 | 120 | 0.7 | 67 | 0.5 |
| 13 | 434 | 2.6 | 442 | 3.0 | 49 | 95 | 0.6 | 79 | 0.5 |
| 14 | 416 | 2.5 | 412 | 2.8 | 50 | 159 | 0.9 | 87 | 0.6 |
| 15 | 309 | 1.8 | 343 | 2.3 | 51 | 143 | 0.9 | 79 | 0.5 |
| 16 | 337 | 2.0 | 380 | 2.6 | 52 | 172 | 1.0 | 55 | 0.4 |
| 17 | 274 | 1.6 | 300 | 2.0 | 53 | 119 | 0.7 | 59 | 0.4 |
| 18 | 297 | 1.8 | 354 | 2.4 | 54 | 198 | 1.2 | 96 | 0.7 |
| 19 | 298 | 1.8 | 291 | 2.0 | 55 | 122 | 0.7 | 78 | 0.5 |
| 20 | 323 | 1.9 | 260 | 1.8 | 56 | 114 | 0.7 | 85 | 0.6 |
| 21 | 287 | 1.7 | 283 | 1.9 | 57 | 119 | 0.7 | 67 | 0.5 |
| 22 | 274 | 1.6 | 288 | 2.0 | 58 | 110 | 0.7 | 62 | 0.4 |
| 23 | 284 | 1.7 | 227 | 1.5 | 59 | 102 | 0.6 | 68 | 0.5 |
| 24 | 246 | 1.5 | 229 | 1.6 | 60 | 121 | 0.7 | 92 | 0.6 |
| 25 | 234 | 1.4 | 219 | 1.5 | 61 | 114 | 0.7 | 77 | 0.5 |
| 26 | 275 | 1.6 | 212 | 1.4 | 62 | 132 | 0.8 | 106 | 0.7 |
| 27 | 235 | 1.4 | 186 | 1.3 | 63 | 69 | 0.4 | 67 | 0.5 |
| 28 | 189 | 1.1 | 248 | 1.7 | 64 | 115 | 0.7 | 86 | 0.6 |
| 29 | 226 | 1.3 | 194 | 1.3 | 65 | 79 | 0.5 | 68 | 0.5 |
| 30 | 198 | 1.2 | 197 | 1.3 | 66 | 68 | 0.4 | 66 | 0.4 |
| 31 | 210 | 1.3 | 165 | 1.1 | 67 | 99 | 0.6 | 68 | 0.5 |
| 32 | 234 | 1.4 | 195 | 1.3 | 68 | 74 | 0.4 | 62 | 0.4 |
| 33 | 143 | 0.9 | 134 | 0.9 | 69 | 83 | 0.5 | 53 | 0.4 |
| 34 | 224 | 1.3 | 178 | 1.2 | 70+ | 1,126 | 6.7 | 575 | 3.9 |
| 35 | 173 | 1.0 | 181 | 1.2 |  |  |  |  |  |
|  |  |  |  |  | Total | 16,727 | 100.0 | 14,679 | 100.0 |

Note: The de facto population includes all residents and nonresidents who stayed in the household the night before the interview.

Table D.2.1 Age distribution of eligible and interviewed women
De facto household population of women age 10-54, number and percent distribution of interviewed women age 15-49, and percentage of eligible women who were interviewed (weighted), by five-year age groups, Lesotho 2014

| Age group | Household population of women age 10-54 | Interviewed women age 15-49 |  | Percentage of eligible women interviewed |
| :---: | :---: | :---: | :---: | :---: |
|  |  | Number | Percentage |  |
| 10-14 | 2,154 | na | na | na |
| 15-19 | 1,516 | 1,467 | 21.7 | 96.8 |
| 20-24 | 1,415 | 1,368 | 20.2 | 96.7 |
| 25-29 | 1,159 | 1,111 | 16.4 | 95.8 |
| 30-34 | 1,009 | 982 | 14.5 | 97.3 |
| 35-39 | 787 | 764 | 11.3 | 97.2 |
| 40-44 | 597 | 574 | 8.5 | 96.2 |
| 45-49 | 518 | 501 | 7.4 | 96.7 |
| 50-54 | 790 | na | na | na |
| 15-49 | 7,001 | 6,767 | 100.0 | 96.7 |

Note: The de facto population includes all residents and nonresidents who stayed in the household the night before the interview. Weights for both household population of women and interviewed women are household weights. Age is based on the Household Questionnaire.
na $=$ Not applicable

## Table D.2.2 Age distribution of eligible and interviewed men

De facto household population of men age 10-64, number and percent distribution of interviewed men age 15-59, and percentage of eligible men who were interviewed (weighted), by five-year age groups, Lesotho 2014

|  |  |  |  |  |
| :--- | :---: | :---: | :---: | :---: |
| Household |  |  |  |  |
| Age group | Hopulation of men <br> age 10-64 | Interviewed men age 15-59 | Percentage of <br> eligible men <br> interviewed |  |
| $10-14$ | 1,056 | Number | Percentage | na |
| $15-19$ | 775 | 739 | na | na |
| $20-24$ | 608 | 571 | 24.1 | 95.3 |
| $25-29$ | 465 | 438 | 18.6 | 94.0 |
| $30-34$ | 388 | 357 | 14.3 | 94.3 |
| $35-39$ | 310 | 290 | 11.6 | 92.0 |
| $40-44$ | 237 | 216 | 9.4 | 93.5 |
| $45-49$ | 200 | 180 | 7.0 | 91.1 |
| $50-54$ | 165 | 152 | 5.8 | 89.7 |
| $55-59$ | 133 | 128 | 5.0 | 92.0 |
| $60-64$ | 227 | na | 4.2 | 96.1 |
| $15-59$ | 3,281 | 3,070 | na | na |

Note: The de facto population includes all residents and nonresidents who stayed in the household the night before the interview. Weights for both household population of men and interviewed men are household weights. Age is based on the Household Questionnaire.
na $=$ Not applicable

| Table D. 3 Completeness of reporting |  |  |  |
| :---: | :---: | :---: | :---: |
| Percentage of observations missing information for selected demographic and health questions (weighted), Lesotho 2014 |  |  |  |
| Subject | Reference group | Percentage with information missing | Number of cases |
| Birth date | Births in the 15 years preceding the survey |  |  |
| Month only |  | 0.28 | 8,142 |
| Month and year |  | 0.05 | 8,142 |
| Age at death | Deceased children born in the 15 years preceding the survey | 0.00 | 759 |
| Age/date at first union ${ }^{1}$ | Ever-married women age 15-49 | 0.24 | 4,431 |
|  | Ever-married men age 15-59 | 0.89 | 1,421 |
| Respondent's education | All women age 15-49 | 0.00 | 6,621 |
|  | All men age 15-59 | 0.00 | 2,931 |
| Diarrhoea in past 2 weeks | Living children age 0-59 months | 3.56 | 2,896 |
| Anthropometry of children | Living children age 0-59 months (from the Household |  |  |
| Height | Questionnaire) | 2.46 | 1,972 |
| Weight |  | 2.12 | 1,972 |
| Height or weight |  | 2.46 | 1,972 |
| Anthropometry of women | Women age 15-49 (from the Household Questionnaire) |  |  |
| Height |  | 4.11 | 3,583 |
| Weight |  | 4.08 | 3,583 |
| Height or weight |  | 4.11 | 3,583 |
| Anthropometry of men | Men age 15-59 (from the Household Questionnaire) |  |  |
| Height |  | 8.65 | 3,296 |
| Weight |  | 8.59 | 3,296 |
| Height or weight |  | 8.65 | 3,296 |
| Anaemia | Living children age 6-59 months (from the |  |  |
| Children | Household Questionnaire) | 4.02 | 1,781 |
| Women | All women (from the Household Questionnaire) | 5.65 | 3,583 |
| Men | All men (from the Household Questionnaire) | 10.91 | 3,296 |
| ${ }^{1}$ Both year and age missing |  |  |  |

## Table D. 4 Births by calendar years

Number of births, percentage with complete birth date, sex ratio at birth, and calendar year ratio by calendar year, according to living, dead, and total children (weighted), Lesotho 2014

| Calendar year | Number of births |  |  | Percentage with complete birth date ${ }^{1}$ |  |  | Sex ratio at birth ${ }^{2}$ |  |  | Calendar year ratio ${ }^{3}$ |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Living | Dead | Total | Living | Dead | Total | Living | Dead | Total | Living | Dead | Total |
| 2014 | 556 | 26 | 582 | 100.0 | 100.0 | 100.0 | 86.5 | 89.5 | 86.6 | na | na | na |
| 2013 | 664 | 38 | 703 | 100.0 | 100.0 | 100.0 | 103.5 | 175.5 | 106.5 | na | na | na |
| 2012 | 619 | 46 | 665 | 100.0 | 100.0 | 100.0 | 96.7 | 113.9 | 97.8 | 108.8 | 98.1 | 108.0 |
| 2011 | 474 | 55 | 530 | 100.0 | 97.6 | 99.7 | 82.9 | 80.8 | 82.7 | 82.6 | 118.3 | 85.3 |
| 2010 | 529 | 47 | 576 | 100.0 | 100.0 | 100.0 | 115.3 | 71.2 | 110.8 | 112.1 | 93.9 | 110.4 |
| 2009 | 469 | 46 | 514 | 100.0 | 97.9 | 99.8 | 98.7 | 150.6 | 102.4 | 85.7 | 85.9 | 85.8 |
| 2008 | 564 | 59 | 623 | 99.9 | 100.0 | 99.9 | 96.7 | 110.0 | 97.9 | 112.2 | 120.4 | 112.9 |
| 2007 | 537 | 52 | 590 | 99.9 | 99.3 | 99.9 | 95.1 | 192.3 | 101.1 | 102.5 | 80.3 | 100.1 |
| 2006 | 484 | 71 | 555 | 99.8 | 97.9 | 99.6 | 91.4 | 169.1 | 98.8 | 96.7 | 134.6 | 100.3 |
| 2005 | 464 | 54 | 518 | 99.5 | 100.0 | 99.6 | 102.1 | 131.3 | 104.8 | 100.4 | 82.7 | 98.2 |
| 2010-2014 | 2,842 | 213 | 3,055 | 100.0 | 99.4 | 100.0 | 96.8 | 98.4 | 96.9 | na | na | na |
| 2005-2009 | 2,518 | 282 | 2,800 | 99.8 | 99.0 | 99.8 | 96.7 | 147.5 | 100.8 | na | na | na |
| 2000-2004 | 1,993 | 260 | 2,253 | 99.7 | 95.1 | 99.2 | 94.1 | 128.9 | 97.5 | na | na | na |
| 1995-1999 | 1,516 | 157 | 1,673 | 99.5 | 95.6 | 99.1 | 105.7 | 132.9 | 107.9 | na | na | na |
| $\leq 1994$ | 1,582 | 212 | 1,794 | 98.9 | 94.5 | 98.4 | 98.3 | 115.9 | 100.2 | na | na | na |
| All | 10,451 | 1,124 | 11,575 | 99.7 | 96.8 | 99.4 | 97.7 | 124.6 | 100.0 | na | na | na |

na $=$ Not applicable
${ }^{1}$ Both year and month of birth given
${ }^{2}\left(B_{m} / B_{f}\right) \times 100$, where $B_{m}$ and $B_{f}$ are the numbers of male and female births, respectively
${ }^{3}\left[2 B_{x} /\left(B x-1+B_{x+1}\right)\right] \times 100$, where $B_{x}$ is the number of births in calendar year $x$

## Table D. 5 Reporting of age at death in days

Distribution of reported deaths under one month of age by age at death in days and the percentage of neonatal deaths reported to occur at ages 0-6 days, for five-year periods of birth preceding the survey (weighted), Lesotho 2014

|  | Number of years preceding the survey |  |  |  | Total |
| :--- | ---: | ---: | ---: | ---: | ---: |
| Age at death (days) | $0-4$ | $5-9$ | $10-14$ | $15-19$ | $0-19$ |
| $<1$ | 33 | 47 | 41 | 18 | 139 |
| 1 | 27 | 17 | 18 | 16 | 77 |
| 2 | 9 | 5 | 5 | 5 | 23 |
| 3 | 9 | 2 | 7 | 1 | 19 |
| 4 | 4 | 0 | 2 | 0 | 6 |
| 5 | 1 | 2 | 3 | 0 | 7 |
| 6 | 2 | 0 | 1 | 1 | 3 |
| 7 | 6 | 6 | 7 | 1 | 20 |
| 8 | 0 | 2 | 1 | 0 | 2 |
| 10 | 0 | 2 | 0 | 1 | 3 |
| 12 | 3 | 0 | 0 | 0 | 3 |
| 14 | 3 | 1 | 1 | 2 | 7 |
| 15 | 1 | 0 | 0 | 0 | 1 |
| 16 | 0 | 1 | 0 | 0 | 1 |
| 17 | 1 | 0 | 0 | 0 | 1 |
| 21 | 3 | 7 | 2 | 3 | 15 |
| 23 | 1 | 0 | 0 | 0 | 1 |
| 24 | 1 | 0 | 0 | 0 | 1 |
| 25 | 0 | 1 | 0 | 0 | 1 |
| 28 | 1 | 0 | 0 | 2 | 3 |
| 29 | 1 | 0 | 1 | 0 | 2 |
| 30 | 0 | 1 | 1 | 0 | 1 |
| Total 0-30 | 105 | 94 | 88 | 49 | 336 |
| Percentage early neonatal ${ }^{1}$ | 80.9 | 78.5 | 86.3 | 82.4 | 81.9 |

${ }^{1} 0-6$ days / 0-30 days

## Table D. 6 Reporting of age at death in months

Distribution of reported deaths under two years of age by age at death in months and the percentage of infant deaths reported to occur at age under one month, for five-year periods of birth preceding the survey, Lesotho 2014

|  | Number of years preceding the survey |  |  |  | Total |
| :--- | ---: | ---: | ---: | ---: | ---: |
| Age at death (months) | $0-4$ | $5-9$ | $10-14$ | $15-19$ | $0-19$ |
| $<^{\text {a }}$ | 105 | 94 | 88 | 49 | 336 |
| 1 | 12 | 14 | 14 | 7 | 46 |
| 2 | 12 | 14 | 11 | 3 | 40 |
| 3 | 10 | 22 | 19 | 6 | 57 |
| 4 | 7 | 13 | 6 | 4 | 30 |
| 5 | 8 | 7 | 7 | 0 | 22 |
| 6 | 2 | 13 | 13 | 7 | 35 |
| 7 | 3 | 5 | 11 | 4 | 22 |
| 8 | 8 | 4 | 5 | 1 | 19 |
| 9 | 4 | 22 | 4 | 6 | 35 |
| 10 | 0 | 3 | 3 | 1 | 8 |
| 11 | 5 | 6 | 4 | 0 | 15 |
| 12 | 4 | 6 | 4 | 1 | 14 |
| 13 | 3 | 2 | 2 | 5 | 13 |
| 14 | 0 | 5 | 3 | 4 | 12 |
| 15 | 4 | 2 | 1 | 1 | 9 |
| 16 | 1 | 3 | 0 | 1 | 5 |
| 17 | 3 | 2 | 2 | 3 | 9 |
| 18 | 7 | 10 | 3 | 1 | 20 |
| 19 | 0 | 0 | 0 | 0 | 0 |
| 20 | 0 | 7 | 3 | 3 | 13 |
| 21 | 2 | 1 | 4 | 0 | 7 |
| 22 | 2 | 0 | 0 | 1 | 3 |
| 23 | 2 | 0 | 0 | 1 | 3 |
| Total 0-11 | 177 | 217 | 184 | 88 | 666 |
| Percentage neonatal ${ }^{1}$ | 59.5 | 43.3 | 47.6 | 56.4 | 50.5 |

${ }^{\text {a }}$ Includes deaths under one month reported in days
${ }^{1}$ Under one month / under one year

| Table D. 7 | Sibship size and sex ratio of siblings |
| :--- | :---: | :---: |
| Mean sibship size and sex ratio of siblings at birth, |  |
| Lesotho 2014 |  |

# PERSONS INVOLVED IN THE 2014 LESOTHO DEMOGRAPHIC AND HEALTH SURVEY 

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Mr. Moeketse John Kuenane<br>Ms. Rethabile Selebalo

## Pretest Participants

Ms. Rethabile Selebalo
Ms. Palesa Mabea
Mr. Moeketse John Kuenane
Ms. ‘Makhongoana Ntoi
Mr. Makoae Mathaha
Ms. Matšeliso Pheane
Ms. Molulela Mojakhomo
Mr. Leutsoa Matsoso

Ms. 'Mathebane Ramataboee
Ms. Anna Masheane-Moseneke
Ms. 'Masebeo Koto
Ms. 'Mabathabile Matabane
Ms. Bataung Moffman
Mr. Matlotlo Mohasi
Mr. Tlebere Mpo
Ms. Mahlape Ramoseme

## Data Collection

Team 1

Team Member
Molulela Mojakhomo
Makatse Matela
'Makhongoana Ntoi
Nthati Moqecho
Maphasa Tšoloane
Ntoetsi Motšoene

## Team Member

'Masetabele Masilo
Mokau Tšepo
Maphole Befole
Lerato Mokebe
'Mabathabile Matabane
Mzimkhulu Maseko

Team Rank
Supervisor
Interviewer
Interviewer Interviewer Interviewer Interviewer

## Team 2

Team Rank
Supervisor Interviewer Interviewer Interviewer Interviewer Interviewer

## District

Mafeteng
Mohales’s Hoek

District
Quthing

## Team 3

Team Member<br>Lebohang Rantsatsi<br>Lintle Potiane Joalane Molefi Setjekola Khobotlo Rethabile Ntakatsane Qenehelo Matjama

Team Rank
Supervisor
Interviewer
Interviewer
Interviewer
Interviewer
Interviewer

Team 4

Team Member<br>Mokobane Moremoholo<br>Paballo Pheko<br>Limpho Lekhooa<br>Mohlomi Sello<br>Molikeng Mokhula<br>‘Mantolo Moshoeshoe

## Team Member

Mathaha Makoae
Khauhelo 'Mota
Nthabeleng Shale
Ngoliso Tšolo
Lehlohonolo Mohasoa
'Mamoseli Tlali

Team Member<br>Sele Maphalala<br>Seisa Majoro<br>'Mannini Malefane<br>'Mapenane Lesaoana<br>Tumelo Nkobolo<br>'Mamokhohlane Sekoto

Team Member
Thabo Teba
Palesa Mabea
Mothobi Tlali
Mpolokeng Nkopane
Nthabiseng Molahloe
Pheello Tsokeli

Team Member
Matlotlo Mohasi
Ntšutheleng Nōkō
Mapena Katiso
Thato Khemane
Lehlohonolo Kotseli
'Maneo Makeoane-Phakisi

Rank
Team Rank
Supervisor
Interviewer
Interviewer
Interviewer
Interviewer Interviewer

## Team 5

Team Rank
Supervisor
Interviewer
Interviewer
Interviewer
Interviewer Interviewer

Team 6
Team Rank
Supervisor
Interviewer
Interviewer
Interviewer Interviewer Interviewer

Team 7
Team Rank
Supervisor
Interviewer
Interviewer
Interviewer
Interviewer
Interviewer
Team 8
Team Rank
Supervisor Interviewer Interviewer Interviewer Interviewer
Interviewer

## District

Qacha's Nek

## District

Thaba-Tseka
Leribe
Mokhotlong

District
Mohale's Hoek

## District

Quthing
Mohale's Hoek
Qacha's Nek

## District

Mokhotlong

## District

Qacha’s Nek
Thaba-Tseka Mokhotlong
Team Member
Bataung Moffman
‘Mamaria Mpojane
Nkomile Mochesane
Rorisang Ponya
Lineo Sonopo
Lehlohonolo Lemeke

Team Member<br>Lineo Nyathi<br>Lineo Lechela<br>Rethabile Putsoane<br>Molapo Mohalenyane<br>Moeletsi Khoanyane<br>‘Maliakae Lekhula

Team Rank
Supervisor
Interviewer
Interviewer
Interviewer
Interviewer
Interviewer

## Team 10

Team Rank
Supervisor
Interviewer
Interviewer
Interviewer
Interviewer
Interviewer

## Team 11

Team Rank
Supervisor
Interviewer
Interviewer
Interviewer
Interviewer
Interviewer

Team 12
Team Rank
Supervisor
Interviewer
Interviewer
Interviewer
Interviewer
Interviewer

Team 13
Team Member
Matšeliso Leballo
Morienyane Kutloano
Ntsatsi Motsetsela
Felleng Joele
Matšeliso Pheane
Kopanye Lephophosi

## Team Member

Elia Masilo
Rorisang Mpharoe Moroesi Mohlomi
Lehloka Jeremiah
Mota kholopo
Dikomo Phumo
Team Member
Thato Seutloali
Nthabiseng Khabele
Tšelisehang Mohlapiso
Matsilili Tseka
Sekonyela Leoatha
Ntebaleng Molemane

Team Member
Matlakala Mosito
Lebohang Molapo
Thuso Mohloki
Mpho Matlanyane
Maletete Letete
Thelisi Lenoesa

Team 14
Team Rank
Supervisor
Interviewer
Interviewer
Interviewer
Interviewer
Interviewer

## eam 9

## District

Butha-Buthe
Leribe

## District

Butha-Buthe

## District

Leribe
Berea

## District

Berea
Maseru

## District

Maseru
Mafeteng

District
Maseru
Mafeteng

## Team 15

| Team Member | Team Rank |  | District |
| :--- | :--- | :--- | :--- |
| Lehlohonolo Kalane | Supervisor | Berea |  |
| 'Makananelo Shale | Interviewer |  |  |
| Liteboho Kali | Interviewer |  |  |
| Thabo Makholela | Interviewer |  |  |
| Khotso Mpakoana | Interviewer |  |  |
| Paulina Makhale | Interviewer |  |  |

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Dissemination Specialist
Dissemination Specialist
Reviewer
Reviewer
Reviewer
Reviewer
Reviewer
Reviewer
Reviewer
Consultant (former DHS Deputy Director)

## 2014 LESOTHO DEMOGRAPHIC AND HEALTH SURVEY household questionnaire



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Hello. My name is $\qquad$ . I am working with the Ministry of Health. We are conducting a survey about health all over Lesotho. The information we collect will help the government to plan health services. Your household was selected for the survey. I would like to ask you some questions about your household. The questions usually take about 15 to 20 minutes. All of the answers you give will be confidential and will not be shared with anyone other than members of our survey team. You don't have to be in the survey, but we hope you will agree to answer the questions since your views are important. If I ask you any question you don't want to answer, just let me know and I will go on to the next question or you can stop the interview at any time.
In case you need more information about the survey, you may contact the person listed on this card.

## GIVE CARD WITH CONTACT INFORMATION

Do you have any questions?
May I begin the interview now?

SIGNATURE OF INTERVIEWER: $\qquad$ DATE: $\qquad$

RESPONDENT AGREES TO BE INTERVIEWED . . . 1 RESPONDENT DOES NOT AGREE TO BE INTERVIEWED . . . $2 \rightarrow$ END

HOUSEHOLD SCHEDULE


## TICK HERE IF CONTINUATION SHEET USED

8A) Just to make sure that I have a complete listing: are there any other persons such as small children or infants that we have not listed?

8B) Are there any other people who may not be members of your family, such as domestic servants, lodgers, or friends who usually live here?

8C) Are there any guests or temporary visitors staying here, or anyone else who stayed here last night, who have not been listed?


CODES FOR Q. 3: RELATIONSHIP TO HEAD OF HOUSEHOLD
$01=$ HEAD
02 = WIFE OR HUSBAND
03 = SON OR DAUGHTER $04=$ SON-IN-LAW OR

DAUGHTER-IN-LAW
$05=$ GRANDCHILD
$06=$ PARENT
$07=$ PARENT-IN-LAW
$08=$ BROTHER OR SISTER
$09=$ OTHER RELATIVE
$10=$ ADOPTED/FOSTER/STEPCHILD
11 = DOMESTIC EMPLOYEE
$12=$ HERDBOY
13 = OTHER NON RELATIVE
98 = DON'T KNOW
$\square$ ADD TO no

|  | IF AGE 0-17 YEARS |  |  |  | IF AGE 5 YEARS OR OLDER |  | IF AGE 5-24 YEARS |  | $\begin{aligned} & \text { IF AGE } \\ & 0-4 \text { YEARS } \end{aligned}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| LINE NO. | SURVIVORSHIP AND RESIDENCE OF BIOLOGICAL PARENTS |  |  |  | EVER ATTENDED SCHOOL |  | CURRENT/RECENT SCHOOL ATTENDANCE |  | BIRTH <br> REGIS- <br> TRATION |
|  | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 |
|  | Is (NAME)'s natural mother alive? | Does <br> (NAME)'s <br> natural <br> mother usually live in this household or was she a guest last night? <br> IF YES: What is her name? <br> RECORD <br> MOTHER'S <br> LINE <br> NUMBER. <br> IF NO, <br> RECORD '00'. | Is (NAME)'s natural father alive? | Does (NAME)'s natural father usually live in this household or was he a guest last night? <br> IF YES: What is his name? <br> RECORD <br> FATHER'S <br> LINE <br> NUMBER. <br> IF NO, <br> RECORD '00'. | Has <br> (NAME) <br> ever <br> attended <br> school? | What is the highest level of school (NAME) has attended? <br> What is the highest grade (NAME) completed at that level? <br> SEE CODES BELOW. | Did <br> (NAME) <br> attend <br> school at <br> any time <br> during the <br> 2014 <br> school <br> year? | During this/that school year, what level and grade [is/was] (NAME) attending? <br> SEE CODES BELOW. | Does (NAME) have a birth certificate? <br> IF NO, PROBE: Has (NAME)'s birth ever been registered with the civil authority? $1 \text { = HAS }$ <br> CERTIFICATE <br> 2 = REGISTERED <br> 3 = NEITHER <br> 8 = DON'T <br> KNOW |
| 01 | $\left\lvert\, \begin{array}{lll} \mathrm{Y} & \mathrm{~N} & \mathrm{DK} \\ 1 & 2 & 8 \\ & & 8 \\ & \text { GO TO } 16 \end{array}\right.$ |  | $\begin{array}{llr} \mathrm{Y} & \mathrm{~N} & \mathrm{DK} \\ 1 & 2 & \\ & & 8 \\ & \text { GO TO } & 18 \end{array}$ |  | $\begin{array}{cc} \mathrm{Y} & \mathrm{~N} \\ 1 & 2 \\ & \frac{1}{\top} \\ \text { NEXT } & \text { LINE } \end{array}$ | LEVEL GRADE $\square$ |  | LEVEL GRADE |  |
| 02 | 1 |  | 1 |  |  |  |  |  |  |
| 03 |  |  | 1 |  |  |  |  |  |  |
| 04 | $\begin{array}{rlll} 1 & 2 & 8 \\ & \text { GO To } 16 \end{array}$ |  | 1 |  |  |  |  |  |  |
| 05 | $\begin{array}{lll} 1 & 2 & 8 \\ & \text { GO TO } 16 \end{array}$ |  | 1 |  |  | $\square \square$ |  |  |  |
| 06 | $\begin{array}{rl}1 & 2 \mp^{8} \\ & 8 \text { TO } 16\end{array}$ |  | 1 |  |  |  |  |  |  |
| 07 | 1 |  | 1 |  |  |  |  |  |  |
| 08 | 1 |  | 1 |  |  |  |  |  |  |
| 09 | 1 |  | 1 |  |  | $\square \square$ |  |  |  |
| 10 | $\begin{array}{rlr}1 & 2 & 8 \\ & \text { GO TO } 16\end{array}$ |  | 1 |  |  |  |  | $\square \square$ | $\square$ |

## CODES FOR QS. 19 AND 21: LEVEL

$0=$ PRE-PRIMARY/PRESCHOOL
1 = PRIMARY
$2=$ VOC. /TECH. TRAINING AFTER PRIMARY
3 = SECONDARY/HIGH
4 = VOC. /TECH. TRAINING AFTER SECONDARY/HIGH
5 = COLLEGE
$6=$ GRADUATE/POST GRADUATE
8 = DON'T KNOW

CODES FOR Qs. 19 AND 21: GRADE
$00=$ LESS THAN 1 YEAR COMPLETED (NOT ALLOWED FOR Q. 21)
STANDARD 01-07 = LEVEL 1 (PRIMARY SCHOOL)
YEAR 01-06 = LEVEL 2 (VOC./TECH. AFTER PRIMARY)
FORM 01-05 = LEVEL 3 (SECONDARY/HIGH)
YEAR 01-06 = LEVEL 4 (VOC./TECH. AFTER SECONDARY)
YEAR 01-03 = LEVEL 5 (COLLEGE)
YEAR 01-06 = LEVEL 6 (GRAD./POST GRAD).
98 = DON'T KNOW

HOUSEHOLD CHARACTERISTICS

| NO. | QUESTIONS AND FILTERS | CODING CATEGORIE |  | SKIP |
| :---: | :---: | :---: | :---: | :---: |
| 101 | How often does anyone smoke inside your house? Would you say daily, weekly, monthly, less than monthly, or never? | DAILY <br> WEEKLY <br> MONTHLY <br> LESS THAN MONTHLY <br> NEVER | 1 2 3 4 5 |  |
| 102 | What is the main source of drinking water for members of your household? | PIPED WATER <br> PIPED INTO DWELLING <br> PIPED TO YARD/PLOT <br> NEIGHBOR'S TAP <br> PUBLIC TAPISTANDPIPE <br> TUBE WELL OR BOREHOLE <br> DUG WELL <br> PROTECTED WELL <br> UNPROTECTED WELL <br> WATER FROM SPRING <br> PROTECTED SPRING <br> UNPROTECTED SPRING <br> RAINWATER <br> TANKER TRUCK/CART WITH SMALL TANK <br> SURFACE WATER (RIVER/DAM/ LAKE/POND/STREAM/CANAL/ IRRIGATION CHANNEL) BOTTLED WATER <br> OTHER $\qquad$ |  | $\longrightarrow 105$ |
| 103 | Where is that water source located? | IN OWN DWELLING IN OWN YARD/PLOT ELSEWHERE |  | $\xrightarrow{\longrightarrow} 105$ |
| 104 | How long does it take to go there, get water, and come back? | MINUTES <br> DON'T KNOW |  |  |
| 105 | Do you do anything to the water to make it safer to drink? | $\begin{aligned} & \text { YES . . . . . . . . } \\ & \text { NO . . . . . } \\ & \text { DON'T KNOW } \end{aligned}$ |  | $107$ |
| 106 | What do you usually do to make the water safer to drink? Anything else? <br> RECORD ALL MENTIONED. | BOIL <br> ADD BLEACH/CHLORINE STRAIN THROUGH A CLOTH USE WATER FILTER (CERAMIC/ SAND/COMPOSITE/ETC.) SOLAR DISINFECTION LET IT STAND AND SETTLE ... OTHER $\qquad$ | A B $C$ D E F P P Z |  |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 107 | What kind of toilet facility do members of your household usually use? |  | $\rightarrow 110$ |
| 108 | Do you share this toilet facility with other households? |  | $\longrightarrow 110$ |
| 109 | How many households use this toilet facility? |  |  |
| 110 | Does your household have: <br> a) Electricity that is connected? <br> b) A battery or generator for power? <br> c) A solar panel in working condition? <br> d) A radio in working condition? <br> e) A television in working condition? <br> f) A mobile telephone in working condition? <br> g) A non-mobile telephone in working condition? <br> h) A refrigerator in working condition? <br> i) A bed/mattress? <br> j) A computer? <br> k) Internet access? |  |  |
| 111 | What type of fuel does your household mainly use for cooking? |  | $\longrightarrow 114$ |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 112 | Is the cooking usually done in the house, in a separate building, or outdoors? |  | $\rightarrow 114$ |
| 113 | Do you have a separate room which is used as a kitchen? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . $\quad 1$ NO . . . . . . . . . . . . . . . . . . 2 |  |
| 114 | MAIN MATERIAL OF THE FLOOR RECORD OBSERVATION. |  |  |
| 115 | MAIN MATERIAL OF THE ROOF RECORD OBSERVATION. |  |  |
| 116 | MAIN MATERIAL OF THE EXTERIOR WALLS <br> RECORD OBSERVATION. |  |  |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES |  | SKIP |
| :---: | :---: | :---: | :---: | :---: |
| 117 | How many rooms in this household are used for sleeping? | ROOMS |  |  |
| 118 | Does any member of this household own: <br> a) A watch? <br> b) A bicycle? <br> c) A motorcycle or motor scooter? <br> d) A scotch cart? <br> e) A car or truck? | a) WATCH <br> b) BICYCLE <br> c) MOTORCYCLE/SCOOTER <br> d) SCOTCH CART <br> e) CAR/TRUCK | YES NO <br> 1 2 <br> 1 2 <br> 1 2 <br> 1 2 <br> 1 2 |  |
| 119 | Does any member of this household own any agricultural land? | $\begin{aligned} & \text { YES } \\ & \text { NO } \end{aligned}$ | $\begin{array}{ll} \ldots \ldots . . & 1 \\ \ldots \ldots . & 2 \end{array}$ | $\rightarrow 121$ |
| 120 | How many hectares of agricultural land do members of this household own? <br> IF 95 OR MORE, CIRCLE '950'. | HECTARES <br> 95 OR MORE HECTARES DON'T KNOW | $\begin{array}{cc} \text {. . . . . . } & 950 \\ \ldots & 998 \end{array}$ |  |
| 121 | Does this household own any livestock, herds, other farm animals, or poultry? | $\begin{aligned} & \text { YES } \\ & \text { NO } \end{aligned}$ | $\begin{array}{ll} \ldots \ldots & 1 \\ \ldots \ldots . & 2 \end{array}$ | $\longrightarrow 123$ |
| 122 | How many of the following animals does this household own? <br> IF NONE, ENTER '00'; IF 95 OR MORE, ENTER '95'. IF UNKNOWN, ENTER '98'. <br> a) Cattle? <br> b) Milk cows? <br> c) Bulls? <br> d) Horses, donkeys, or mules? <br> e) Goats? <br> f) Sheep? <br> g) Ordinary free range chickens? <br> h) Improved chickens? <br> i) Ordinary pigs? <br> j) Improved pigs? <br> k) Rabbits? | a) CATTLE <br> b) COWS <br> c) BULLS <br> d) HORSES/DONKEYS/MULES <br> e) GOATS <br> f) SHEEP <br> g) ORDINARY CHICKENS <br> h) IMPROVED CHICKENS <br> i) ORDINARY PIGS $\qquad$ <br> j) IMPROVED PIGS . $\qquad$ <br> k) RABBITS |  |  |
| 123 | Does any member of this household have a bank account? | $\begin{aligned} & \text { YES } \\ & \text { NO } \end{aligned}$ | $\begin{array}{ll} \ldots \ldots . . & 1 \\ \ldots \ldots . & 2 \end{array}$ |  |
| 124 | What is the name of the nearest health facility that provides health services to this community? <br> (NAME OF HEALTH FACILITY) | DON'T KNOW |  | $\longrightarrow 127$ |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 125 | How do you get from here to (HEALTH FACILITY NAME)? | CAR/TRUCK/BUS/TAXI MOTORCYCLE/SCOOTER BICYCLE HORSE/DONKEY/MULE SCOTCH CART WALKING COMBINATION WALKING AND BUS/TAXI HOUSEHOLD DOESN'T USE NEAREST HEALTH FACILITY OTHER | $\longrightarrow 127$ |
| 126 | How long does it take you to get from here to (HEALTH FACILITY NAME)? | HOURS $\qquad$ $\square$ <br> MINUTES $\qquad$ $\square$ |  |
| 127 | Please show me where members of your household most often wash their hands. | OBSERVED . . . . . . . . . . . . . . . . . . . . . . . . . . <br> NOT OBSERVED, <br> NOT IN DWELLING/YARD/PLOT . . . . . . . <br> NOT OBSERVED, <br> NO PERMISSION TO SEE <br> NOT OBSERVED, NO SPECIFIC PLACE <br> NOT OBSERVED, OTHER REASON | $\xrightarrow{\square} 130$ |
| 128 | OBSERVATION ONLY: <br> SEE IF THERE IS WATER AT PLACE FOR HANDWASHING | WATER IS AVAILABLE WATER IS NOT AVAILABLE |  |
| 129 | OBSERVATION ONLY: <br> OBSERVE PRESENCE OF SOAP, DETERGENT, OR OTHER CLEANSING AGENT. | SOAP OR DETERGENT <br> (BAR, LIQUID, POWDER, PASTE) <br> ASH, MUD, SAND <br> NONE |  |
| 130 | Can you please provide me with a teaspoonful of cooking salt? I will conduct a test to determine the presence of iodine. lodine prevents goiter. <br> ASK RESPONDENT FOR A TEASPOONFUL OF COOKING SALT. <br> TEST SALT FOR IODINE. | IODINE PRESENT <br> NO IODINE $\qquad$ <br> NO SALT IN HOUSEHOLD $\qquad$ <br> SALT NOT TESTED |  |

## 2014 LESOTHO DEMOGRAPHIC AND HEALTH SURVEY BIOMARKER DATA COLLECTION FORM



WEIGHT, HEIGHT, MUAC, AND HAEMOGLOBIN MEASUREMENT FOR CHILDREN AGE 0-5

| 201 | FROM THE LIST OF ELIGIBLE CHILDREN, RECORD THE NAME AND LINE NUMBER IN QUESTION 202 IN THE SAME ORDER THEY APPEAR. IF MORE THAN SIX CHILDREN, USE ADDITIONAL QUESTIONNAIRE(S). |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  | CHILD 1 | CHILD 2 | CHILD 3 |
| 202 | CHILD'S NAME <br> CHILD'S LINE NUMBER | NAME $\qquad$ <br> LINE <br> NUMBER | NAME $\qquad$ <br> LINE <br> NUMBER | NAME $\qquad$ <br> LINE <br> NUMBER |
| 203 | What is (NAME)'s birth date? |  |  | DAY $\quad \ldots . .$.    <br>     <br> MONTH $\ldots \ldots$    <br> YEAR    <br>     |
| 204 | CHECK 203: <br> CHILD BORN IN JANUARY 2009 OR LATER? | YES $\ldots \ldots \ldots \ldots \ldots$ NO $\ldots \ldots \ldots \ldots \ldots$ (GO TO 203 FOR NEXT CHILD OR, IF NO MORE CHILDREN, GO TO 216) |  | YES $\ldots \ldots \ldots \ldots \ldots$. NO $\ldots \ldots \ldots \ldots \ldots$ (GO TO 203 FOR NEXT CHILD OR, IF NO MORE CHILDREN, GO TO 216) |
| 205 | WEIGHT IN KILOGRAMS | NOT PRESENT <br> (GO TO 203 FOR NEXT CHILD OR, IF NO MORE CHILDREN, GO TO 216) <br> REFUSED . . . ..... 9995 <br> OTHER <br> . 9996 | NOT PRESENT <br> (GO TO 203 FOR NEXT CHILD OR, IF NO MORE CHILDREN, GO TO 216) <br> REFUSED . . ....... 9995 <br> OTHER <br> 9996 | NOT PRESENT (GO TO 203 FOR NEXT CHILD OR, IF NO MORE CHILDREN, GO TO 216) <br> REFUSED . . . . . . . . 9995 <br> OTHER ............. 9996 |
| 206 | HEIGHT IN CENTIMETERS |  |  |    <br> CM.   <br>    <br> REFUSED $\ldots \ldots$.   <br> OTHER $\ldots . \ldots 995$   |
| 207 | MEASURED LYING DOWN OR STANDING UP? | $\begin{aligned} & \text { LYING DOWN . . . . . . . . } 1 \\ & \text { STANDING UP . . . . . . } \\ & 2 \\ & \text { NOT MEASURED . . . } \end{aligned}$ | $\begin{aligned} & \text { LYING DOWN . . . . . . . . } \\ & \text { STANDING UP . . . . . } \\ & \text { ST } \\ & \text { NOT MEASURED . . . } \end{aligned}$ | $\begin{aligned} & \text { LYING DOWN . . . . . . . . } \\ & \text { STANDING UP . . . . . . } \\ & \text { ST MEASURED . . . } \end{aligned}$ |
| 208 | CHECK 203: <br> IS CHILD AGE 0-5 MONTHS, I.E., WAS CHILD BORN IN MONTH OF INTERVIEW OR FIVE PREVIOUS MONTHS? | 0-5 MONTHS ........ 1 (GO TO 203 FOR NEXT CHILD OR, IF NO MORE CHILDREN, GO TO 216) OLDER . . . . . . . . . . 2 | 0-5 MONTHS ......... 1 (GO TO 203 FOR NEXT CHILD OR, IF NO MORE CHILDREN, GO TO 216) OLDER |  |
| 208A | RECORD MUAC IN CENTIMETERS |  |  | CM. <br> REFUSED $\qquad$ 995 <br> OTHER <br> 996 |
| 209 | NAME OF PARENT/OTHER ADULT RESPONSIBLE FOR THE CHILD | NAME | NAME | NAME |
| 210 | ASK CONSENT FOR ANAEMIA TEST FROM PARENT/OTHER ADULT IDENTIFIED IN 209 AS RESPONSIBLE FOR CHILD. | As part of this survey, we are ask serious health problem that usual survey will assist the government children born in 2009 or later take from a finger or heel. The equipm been used before and will be thro immediately, and the result will be will not be shared with anyone oth <br> Do you have any questions? You can say yes to the test, or yo Will you allow (NAME OF CHILD) | ing people all over the country to ta y results from poor nutrition, infect to develop programs to prevent and part in anaemia testing in this surv ent used to take the blood is clean wn away after each test. The blood told to you right away. The result er than members of our survey tea <br> can say no. It is up to you to decide to participate in the anaemia test? | ke an anaemia test. Anaemia is a n, or chronic disease. This d treat anaemia. We ask that all ey and give a few drops of blood and completely safe. It has never will be tested for anaemia will be kept strictly confidential and m. <br> de. |
| 211 | CIRCLE THE APPROPRIATE CODE AND SIGN YOUR NAME. | $\begin{aligned} & \text { GRANTED } \ldots \ldots \ldots \\ & \hline \text { (SIGN) } \ldots \ldots \\ & \text { REFUSED } \ldots \ldots \ldots \\ & \hline \end{aligned}$ |  |  |
| 212 | RECORD HAEMOGLOBIN LEVEL HERE AND IN ANAEMIA PAMPHLET |  |  | G/DL $\square$ <br> REFUSED $\qquad$ 995 <br> OTHER <br> 996 |
| 213 | GO BACK TO 203 IN NEXT COLUMN OF THIS QUESTIONNAIRE OR IN THE FIRST COLUMN OF THE NEXT PAGE; IF NO MORE CHILDREN, GO TO 216. |  |  |  |


|  |  | CHILD 4 | CHILD 5 | CHILD 6 |
| :---: | :---: | :---: | :---: | :---: |
| 202 | CHILD'S NAME <br> CHILD'S LINE NUMBER | NAME <br> LINE <br> NUMBER | NAME <br> LINE <br> NUMBER | NAME <br> LINE <br> NUMBER $\square$ |
| 203 | What is (NAME)'s birth date? |  |  | DAY $\quad \ldots \ldots \ldots$ <br> MONTH $\quad \ldots .$. |
| 204 | CHECK 203: <br> CHILD BORN IN JANUARY 2009 OR LATER? | YES $\ldots \ldots \ldots \ldots \ldots \ldots$ NO $\ldots \ldots \ldots \ldots \ldots$ (GO TO 203 FOR NEXT CHILD OR, IF NO MORE CHILDREN, GO TO 216) | YES $\ldots \ldots \ldots \ldots \ldots \ldots$NO $\ldots \ldots \ldots \ldots \ldots$(GO TO 203 FOR NEXTCHILD OR, IF NO <br> MORE CHILDREN, GO TO 216)MO | YES $\ldots \ldots \ldots \ldots \ldots \ldots$ 1 <br> NO $\ldots \ldots \ldots \ldots \ldots$ 2 <br> (GO TO 203 IN FIRST  <br> COLUMN OF NEW  <br> MORE CHILDREN, GO TO 216) |
| 205 | WEIGHT IN KILOGRAMS | KG. $\square$ $\square$ <br> NOT PRESENT ... 9994 (GO TO 203 FOR NEXT CHILD OR, IF NO $\qquad$ MORE CHILDREN, GO TO 216) <br> REFUSED ......... 9995 OTHER ............ 9996 |  |  |
| 206 | HEIGHT IN CENTIMETERS |  |  | CM.   <br>    <br> REFUSED <br> OTHER ......... 9999 |
| 207 | MEASURED LYING DOWN OR STANDING UP? | $\begin{array}{lll}\text { LYING DOWN } \ldots \ldots . . & 1 \\ \text { STANDING UP ......... } & 2 \\ \text { NOT MEASURED ..... } & 3\end{array}$ | $\begin{array}{lll}\text { LYING DOWN } \ldots \ldots \ldots & 1 \\ \text { STANDING UP .......... } & 2 \\ \text { NOT MEASURED ..... } & 3\end{array}$ | LYING DOWN $\ldots \ldots .$. 1 <br> STANDING UP ........ 2 <br> NOT MEASURED ..... 3 |
| 208 | CHECK 203: <br> IS CHILD AGE 0-5 MONTHS, I.E., WAS CHILD BORN IN MONTH OF INTERVIEW OR FIVE PREVIOUS MONTHS? |  |  |  |
| 208A | RECORD MUAC IN CENTIMETERS |  |  |  |
| 209 | NAME OF PARENT/OTHER ADULT RESPONSIBLE FOR THE CHILD | NAME | NAME | NAME |
| 210 | ASK CONSENT FOR ANAEMIA TEST FROM PARENT/OTHER ADULT IDENTIFIED IN 209 AS RESPONSIBLE FOR CHILD. | As part of this survey, we are asking people all over the country to take an anaemia test. Anaemia is a serious health problem that usually results from poor nutrition, infection, or chronic disease. This survey will assist the government to develop programs to prevent and treat anaemia. We ask that all children born in 2009 or later take part in anaemia testing in this survey and give a few drops of blood from a finger or heel. The equipment used to take the blood is clean and completely safe. It has never been used before and will be thrown away after each test. The blood will be tested for anaemia immediately, and the result will be told to you right away. The result will be kept strictly confidential and will not be shared with anyone other than members of our survey team. <br> Do you have any questions? <br> You can say yes to the test, or you can say no. It is up to you to decide. <br> Will you allow (NAME OF CHILD) to participate in the anaemia test? |  |  |
| 211 | CIRCLE THE APPROPRIATE CODE AND SIGN YOUR NAME. |  |  |  |
| 212 | RECORD HAEMOGLOBIN LEVEL HERE AND IN ANAEMIA PAMPHLET |  | G/DL <br> REFUSED <br> OTHER <br> OT................... 995 |  |
| 213 | GO BACK TO 203 IN NEXT COLUMN OF THIS QUESTIONNAIRE OR IN THE FIRST COLUMN OF AN ADDITIONAL QUESTIONNAIRE; IF NO MORE CHILDREN, GO TO 216. |  |  |  |


| 214 | FROM THE LIST OF ELIGIBLE WOMEN, RECORD THE NAME, LINE NUMBER, AGE, AND MARITAL STATUS IN QUESTION 215 IN THE SAME ORDER THEY APPEAR. IF THERE ARE MORE THAN THREE WOMEN, USE ADDITIONAL QUESTIONNAIRE(S). |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  | WOMAN 1 | WOMAN 2 | WOMAN 3 |
| 215 | NAME <br> LINE <br> NUMBER <br> AGE <br> MARITAL STATUS |  |  |  |
| 216 | WEIGHT <br> IN KILOGRAMS |  |  |  |
| 217 | HEIGHT <br> IN CENTIMETERS | CM.CM <br> REFUSED <br> RE. ..................... 9995 <br> OTHER . . . . . . . . . . . . . . . . 9996 | CM.CM <br> REFUSED <br> RE. ..................... 9995 <br> OTHER . . . . . . . . . . . . . . . . 9996 |  |
| 218 | AGE: <br> CHECK 215 |  |  |  |
| 219 | MARITAL STATUS: <br> CHECK 215 |  |  |  |
| 220 | RECORD NAME OF PARENT/OTHER ADULT RESPONSIBLE FOR ADOLESCENT. | NAME | NAME | NAME |
| 221 | ASK CONSENT FOR <br> ANAEMIA TEST FROM PARENT/ OTHER ADULT IDENTIFIED IN 220 AS RESPONSIBLE FOR <br> NEVER IN UNION WOMEN AGE 15-17. | As part of this survey, we are asking people results from poor nutrition, infection, or chro anaemia. <br> For the anaemia testing, we will need a few safe. It has never been used before and will <br> The blood will be tested for anaemia immed will be kept strictly confidential and will not <br> Do you have any questions? <br> You can say yes to the test for (NAME OF <br> Will you allow (NAME OF ADOLESCENT) | ll over the country to take an anaemia test. A disease. This survey will assist the governm <br> ops of blood from a finger. The equipment e thrown away after each test. <br> tely, and the result will be told to you and (NAM shared with anyone other than members of <br> OLESCENT), or you can say no. It is up to y take the anaemia test? | emia is a serious health problem that usually t to develop programs to prevent and treat <br> d to take the blood is clean and completely <br> E OF ADOLESCENT) right away. The result survey team. <br> to decide. |
| 222 | CIRCLE THE APPROPRIATE CODE AND SIGN YOUR NAME. | GRANTED $\ldots \ldots \ldots \ldots \ldots \ldots$ PARENT/OTHER RESPONSIBLE ADULT REFUSED $\ldots \ldots \ldots \ldots$. (SIGN) (IF REFUSED, GO TO 228) | GRANTED $\ldots \ldots \ldots \ldots \ldots \ldots$ PARENT/OTHER RESPONSIBLE ADULT REFUSED $\ldots \ldots \ldots \ldots \ldots$ (SIGN) (IF REFUSED, GO TO 228) |  <br> (IF REFUSED, GO TO 228) |


|  |  | WOMAN 1 | WOMAN 2 | WOMAN 3 |
| :---: | :---: | :---: | :---: | :---: |
|  | NAME | NAME | NAME | NAME |
| 223 | ASK CONSENT FOR ANAEMIA TEST FROM RESPONDENT. | As part of this survey, we are asking people all over the country to take an anaemia test. Anaemia is a serious health problem that usually results from poor nutrition, infection, or chronic disease. This survey will assist the government to develop programs to prevent and treat anaemia. <br> For the anaemia testing, we will need a few drops of blood from a finger. The equipment used to take the blood is clean and completely safe. It has never been used before and will be thrown away after each test. The blood will be tested for anaemia immediately, and the result will be told to you right away. The result will be kept strictly confidential and will not be shared with anyone other than members of our survey team. <br> Do you have any questions? <br> You can say yes to the test, or you can say no. It is up to you to decide. <br> Will you take the anaemia test? |  |  |
| 224 | CIRCLE THE <br> APPROPRIATE <br> CODE AND SIGN <br> YOUR NAME. |  | $\begin{aligned} & \text { GRANTED . . . . . . . . . . . . . . . . . . } \\ & \text { RESPONDENT REFUSED } \\ & \text { (SIGN) } \\ & \\ & \text { (IF REFUSED, GO TO 226) } \end{aligned}$ | $\begin{aligned} & \text { GRANTED . . . . . . . . . . . . . . . . . . } \\ & \text { RESPONDENT REFUSED } \\ & \text { (SIGN) } \\ & \\ & \\ & \text { (IF REFUSED, GO TO } 226 \end{aligned}$ |
| 225 | Are you pregnant? |  |  |  |
| 226 | AGE: <br> CHECK 215 | $\begin{array}{rc}\text { 15-17 YEARS } & \ldots . . . . . . . . . . . ~\end{array}$ |  |  |
| 227 | MARITAL STATUS: CHECK 215 | NEVER IN UNION OTHER O. . . . . . . . . . . . . . . . (GO TO 230) |  |  |
| 228 | ASK CONSENT FOR DBS COLLECTION FROM PARENT/ OTHER ADULT IDENTIFIED IN 220 AS RESPONSIBLE FOR NEVER IN UNION WOMEN AGE 15-17. | As part of the survey we also are asking people all over the country to take an HIV test. HIV is the virus that causes AIDS. AIDS is a very serious illness. The HIV test is being done to see how big the AIDS problem is in Lesotho. <br> For the HIV test, we need a few (more) drops of blood from a finger. The equipment used to take the blood is clean and completely safe. It has never been used before and will be thrown away after each test. No names will be attached so we will not be able to tell you the test results. No one else will be able to know (NAME OF ADOLESCENT)'s test results either. If (NAME OF ADOLESCENT) wants to know his HIV status, I can provide him with a list of [nearby] facilities offering counselling and testing for HIV. <br> Do you have any questions? <br> You can say yes to the test for (NAME OF ADOLESCENT), or you can say no. It is up to you to decide. <br> Will you allow (NAME OF ADOLESCENT) to take the HIV test? |  |  |
| 229 | CIRCLE THE <br> APPROPRIATE <br> CODE AND <br> SIGN <br> YOUR NAME. | GRANTED $\ldots \ldots \ldots \ldots . \ldots$ <br> PARENT/OTHER RESPONSIBLE <br> ADULT REFUSED $\ldots \ldots \ldots \ldots$. <br> (SIGN) <br> (IF REFUSED, GO TO 239) | GRANTED $\ldots \ldots \ldots \ldots . \ldots$ <br> PARENT/OTHER RESPONSIBLE <br> ADULT REFUSED $\ldots \ldots \ldots \ldots$. <br> (SIGN) <br> (IF REFUSED, GO TO 239) | (IF REFUSED, GO TO 239) |


|  |  | WOMAN 1 | WOMAN 2 | WOMAN 3 |
| :---: | :---: | :---: | :---: | :---: |
|  | NAME | NAME | NAME | NAME |
| 230 | ASK CONSENT <br> FOR <br> DBS COLLECTION <br> FROM <br> RESPONDENT. | As part of the survey we also are asking people all over the country to take an HIV test. HIV is the virus that causes AIDS. AIDS is a very serious illness. The HIV test is being done to see how big the AIDS problem is in Lesotho. <br> For the HIV test, we need a few more drops of blood from a finger. The equipment used in taking the blood is clean and completely safe. It has never been used before and will be thrown away after each test. No names will be attached so we will not be able to tell you the test results. No one else will be able to know your test results either. If you want to know whether you have HIV, I can provide you with a list of [nearby] facilities offering counselling and testing for HIV. <br> Do you have any questions? <br> You can say yes to the test, or you can say no. It is up to you to decide. <br> Will you take the HIV test? |  |  |
| 231 | CIRCLE THE <br> APPROPRIATE <br> CODE, SIGN <br> YOUR NAME, AND <br> ENTER YOUR <br> INTERVIEWER <br> NUMBER. | (IF REFUSED, GO TO 239) |  | (IF REFUSED, GO TO 239) |
| 232 | AGE: <br> CHECK 215 |  |  |  |
| 233 | MARITAL STATUS: CHECK 215 |  |  | NEVER IN UNION $\quad \ldots \ldots \ldots \ldots$ <br> OTHER $\ldots \ldots \ldots \ldots$ <br> (GO TO 236) |
| 234 | ASK CONSENT <br> FOR ADDITIONAL <br> TESTING FROM <br> PARENT/OTHER <br> ADULT IDENTIFIED <br> IN 220 AS <br> RESPONSIBLE FOR <br> NEVER IN UNION <br> WOMEN AGE 15-17. | We ask you to allow the Ministry of Health to certain about what additional tests might be <br> The blood sample will not have any name or agree. If you do not want the blood sample testing in this survey. Will you allow us to ke | store part of the blood sample at the laborato ne. <br> ther data attached that could identify (NAME ored for additional testing, (NAME OF ADOL the blood sample stored for additional testi | for additional tests or research. We are not F ADOLESCENT). You do not have to CENT) can still participate in the HIV |
| 235 | CIRCLE THE <br> APPROPRIATE <br> CODE AND <br> SIGN <br> YOUR NAME. | (IF REFUSED, GO TO 238) | GRANTED $\ldots \ldots \ldots \ldots . \ldots$ PARENT/OTHER RESPONSIBLE ADULT REFUSED $\ldots \ldots \ldots \ldots$. $\frac{1}{}$ (SIGN) (IF REFUSED, GO TO 238) |  |


|  |  | WOMAN 1 | WOMAN 2 | WOMAN 3 |
| :---: | :---: | :---: | :---: | :---: |
|  | NAME | NAME | NAME | NAME |
| 236 | ASK CONSENT <br> FOR <br> ADDITIONAL <br> TESTING FROM <br> RESPONDENT. | We ask you to allow the Ministry of Health to store part of the blood sample at the laboratory for additional tests or research. We are not certain about what additional tests might be done. <br> The blood sample will not have any name or other data attached that could identify you. You do not have to agree. If you do not want the blood sample stored for additional testing, you can still participate in the HIV testing in this survey. Will you allow us to keep the blood sample stored for additional testing? |  |  |
| 237 | CIRCLE THE <br> APPROPRIATE <br> CODE AND <br> SIGN <br> YOUR NAME. |  |  |  |
| 238 | ADDITIONAL TESTS | CHECK 235 AND 237: <br> IF CONSENT HAS NOT BEEN GRANTED <br> WRITE "NO ADDITIONAL <br> TEST" ON THE FILTER PAPER. | CHECK 235 AND 237: <br> IF CONSENT HAS NOT BEEN GRANTED <br> WRITE "NO ADDITIONAL <br> TEST" ON THE FILTER PAPER. | CHECK 235 AND 237: <br> IF CONSENT HAS NOT BEEN GRANTED WRITE "NO ADDITIONAL TEST" ON THE FILTER PAPER. |
| 239 | PREPARE EQUIPMENT AND SUPPLIES ONLY FOR THE TEST(S) FOR WHICH CONSENT HAS BEEN OBTAINED AND PROCEED WITH THE TEST(S). |  |  |  |
| 240 | RECORD HEMO- <br> GLOBIN LEVEL <br> HERE AND IN <br> ANEMIA PAMPHLET |  |  |  |
| 241 | BAR CODE LABEL |  |  |  |
| 242 | GO BACK TO 216 IN NEXT COLUMN OF THIS QUESTIONNAIRE OR IN THE FIRST COLUMN OF AN ADDITIONAL QUESTIONNAIRE; IF NO MORE WOMEN, GO TO 245. |  |  |  |


| 243 | FROM THE LIST OF ELIGIBLE MEN, RECORD THE NAME, LINE NUMBER, AGE, AND MARITAL STATUS IN QUESTION 244 IN THE SAME ORDER THEY APPEAR. IF THERE ARE MORE THAN THREE MEN, USE ADDITIONAL QUESTIONNAIRE(S). |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  | MAN 1 | MAN 2 | MAN 3 |
| 244 | NAME <br> LINE <br> NUMBER <br> AGE <br> MARITAL STATUS |  |  |  |
| 245 | WEIGHT <br> IN KILOGRAMS |  |  | KG. $\left.\begin{array}{\|l\|l\|l\|l\|}\hline & & \\ \hline\end{array}\right]$ NOT PRESENT .......... 99994 (GO TO 245 FOR NEXT MAN OR, IF NO MORE MEN, END INTERVIEW. REFUSED ............... 99995 OTHER ................. 99996 |
| 246 | HEIGHT <br> IN CENTIMETERS |  |  |  |
| 247 | AGE: <br> CHECK 244 |  |  |  |
| 248 | MARITAL STATUS: <br> CHECK 244 |  |  |  |
| 249 | RECORD NAME OF PARENT/OTHER ADULT RESPONSIBLE FOR ADOLESCENT. | NAME | NAME | NAME |
| 250 | ASK CONSENT <br> FOR ANAEMIA TEST <br> FROM PARENT/ <br> OTHER ADULT <br> IDENTIFIED <br> IN 249 AS <br> RESPONSIBLE <br> FOR <br> NEVER IN UNION <br> MEN AGE 15-17. | As part of this survey, we are asking people results from poor nutrition, infection, or chron anaemia. <br> For the anaemia testing, we will need a few safe. It has never been used before and will <br> The blood will be tested for anaemia immedia will be kept strictly confidential and will not be <br> Do you have any questions? <br> You can say yes to the test for (NAME OF AD Will you allow (NAME OF ADOLESCENT) to | ll over the country to take an anaemia test. A disease. This survey will assist the governm <br> rops of blood from a finger. The equipment us e thrown away after each test. <br> tely, and the result will be told to you and (NAM shared with anyone other than members of <br> OLESCENT), or you can say no. It is up to y take the anaemia test? | aemia is a serious health problem that usually nt to develop programs to prevent and treat <br> d to take the blood is clean and completely <br> E OF ADOLESCENT) right away. The result survey team. <br> to decide. |
| 251 | CIRCLE THE APPROPRIATE CODE AND SIGN YOUR NAME. | GRANTED $\ldots \ldots \ldots \ldots \ldots \ldots$ <br> PARENT/OTHER RESPONSIBLE <br> ADULT REFUSED $\ldots \ldots \ldots \ldots$ <br>  <br> (SIGN) <br> (IF REFUSED, GO TO 256$)$ | GRANTED $\ldots \ldots \ldots \ldots \ldots \ldots$ <br> PARENT/OTHER RESPONSIBLE <br> ADULT REFUSED $\ldots \ldots \ldots \ldots$. <br>  <br> (SIGN) <br> (IF REFUSED, GO TO 256) | GRANTED $\ldots \ldots \ldots \ldots \ldots \ldots$ $1-\ldots \ldots$ <br> PARENT/OTHER RESPONSIBLE  <br> ADULT REFUSED $\ldots \ldots \ldots \ldots \ldots$ $2-$ <br> (SIGN) <br> (IF REFUSED, GO TO 256$)$  |


|  |  | MAN 1 | MAN 2 | MAN 3 |
| :---: | :---: | :---: | :---: | :---: |
|  | NAME | NAME | NAME | NAME |
| 252 | ASK CONSENT <br> FOR ANEMIA TEST <br> FROM <br> RESPONDENT. | As part of this survey, we are asking people all over the country to take an anaemia test. Anaemia is a serious health problem that usually results from poor nutrition, infection, or chronic disease. This survey will assist the government to develop programs to prevent and treat anaemia. <br> For the anaemia testing, we will need a few drops of blood from a finger. The equipment used to take the blood is clean and completely safe. It has never been used before and will be thrown away after each test. The blood will be tested for anaemia immediately, and the result will be told to you right away. The result will be kept strictly confidential and will not be shared with anyone other than members of our survey team. <br> Do you have any questions? <br> You can say yes to the test, or you can say no. It is up to you to decide. <br> Will you take the anaemia test? |  |  |
| 253 | CIRCLE THE <br> APPROPRIATE <br> CODE AND SIGN <br> YOUR NAME. |  |  |  |
| 254 | AGE: <br> CHECK 244 |  |  |  |
| 255 | MARITAL STATUS: <br> CHECK 244 |  |  | NEVER IN UNION $\ldots \ldots \ldots \ldots .$.OTHER $\ldots \ldots \ldots \ldots$ <br> (GO TO 258$)$ |
| 256 | ASK CONSENT FOR DBS COLLECTION FROM PARENT/ OTHER ADULT IDENTIFIED IN 249 AS <br> RESPONSIBLE FOR <br> NEVER IN UNION MEN AGE 15-17. | As part of the survey we also are asking people all over the country to take an HIV test. HIV is the virus that causes AIDS. AIDS is a very serious illness. The HIV test is being done to see how big the AIDS problem is in Lesotho. <br> For the HIV test, we need a few (more) drops of blood from a finger. The equipment used to take the blood is clean and completely safe. It has never been used before and will be thrown away after each test. No names will be attached so we will not be able to tell you the test results. No one else will be able to know (NAME OF ADOLESCENT)'s test results either. <br> Do you have any questions? <br> You can say yes to the test for (NAME OF ADOLESCENT), or you can say no. It is up to you to decide. <br> Will you allow (NAME OF ADOLESCENT) to take the HIV test? |  |  |
| 257 | CIRCLE THE <br> APPROPRIATE <br> CODE AND <br> SIGN <br> YOUR NAME. |  |  |  |


|  |  | MAN 1 | MAN 2 | MAN 3 |
| :---: | :---: | :---: | :---: | :---: |
|  | NAME | NAME | NAME | NAME |
| 258 | ASK CONSENT FOR DBS COLLECTION FROM RESPONDENT | As part of the survey we also are asking people all over the country to take an HIV test. HIV is the virus that causes AIDS. AIDS is a very serious illness. The HIV test is being done to see how big the AIDS problem is in Lesotho. <br> For the HIV test, we need a few more drops of blood from a finger. The equipment used in taking the blood is clean and completely safe. It has never been used before and will be thrown away after each test. No names will be attached so we will not be able to tell you the test results. No one else will be able to know your test results either. If you want to know whether you have HIV, I can provide you with a list of [nearby] facilities offering counselling and testing for HIV. <br> Do you have any questions? <br> You can say yes to the test, or you can say no. It is up to you to decide. <br> Will you take the HIV test? |  |  |
| 259 | CIRCLE THE <br> APPROPRIATE <br> CODE, SIGN <br> YOUR NAME, <br> AND ENTER YOUR <br> INTERVIEWER <br> NUMBER. | (IF REFUSED, GO TO 267) | (IF REFUSED, GO TO 267) | (IF REFUSED, GO TO 267) |
| 260 | AGE: <br> CHECK 244 |  | $\begin{array}{cc}\text { 15-17 YEARS } & \ldots . . . . . . . . . . . . ~\end{array}$ |  |
| 261 | MARITAL STATUS: <br> CHECK 244 |  |  | NEVER IN UNION $\ldots \ldots \ldots \ldots$ OTHER $\ldots \ldots \ldots \ldots \ldots$ (GO TO 264$) \longleftarrow$ |
| 262 | ASK CONSENT <br> FOR ADDITIONAL <br> TESTING FROM <br> PARENT/OTHER <br> ADULT IDENTIFIED <br> IN 249 AS <br> RESPONSIBLE FOR <br> NEVER IN UNION <br> MEN AGE 15-17. | We ask you to allow the Ministry of Health to certain about what additional tests might be <br> The blood sample will not have any name or agree. If you do not want the blood sample testing in this survey. Will you allow us to ke | store part of the blood sample at the laborato one. <br> ther data attached that could identify (NAME ored for additional testing, (NAME OF ADOL the blood sample stored for additional testi | for additional tests or research. We are not F ADOLESCENT). You do not have to SCENT) can still participate in the HIV ? |
| 263 | CIRCLE THE APPROPRIATE CODE AND SIGN YOUR NAME. |  | GRANTED $\ldots \ldots \ldots \ldots \ldots . . \ldots$ PARENT/OTHER RESPONSIBLE ADULT REFUSED $\ldots \ldots \ldots \ldots$. (SIGN) (IF REFUSED, GO TO 266 ) | (IF REFUSED, GO TO 266) |


|  |  | MAN 1 | MAN 2 | MAN 3 |
| :---: | :---: | :---: | :---: | :---: |
|  | NAME | NAME | NAME | NAME |
| 264 | ASK CONSENT FOR ADDITIONAL TESTING FROM RESPONDENT. | We ask you to allow the Ministry of Health to store part of the blood sample at the laboratory for additional tests or research. We are not certain about what additional tests might be done. <br> The blood sample will not have any name or other data attached that could identify you. You do not have to agree. If you do not want the blood sample stored for additional testing, you can still participate in the HIV testing in this survey. Will you allow us to keep the blood sample stored for additional testing? |  |  |
| 265 | CIRCLE THE APPROPRIATE CODE AND SIGN YOUR NAME. |  |  | $\begin{aligned} & \text { GRANTED . . . . . . . . . . . . . . . . . . } \\ & \text { RESPONDENT REFUSED } \\ & \\ & \\ & \\ & \text { (SIGN) } \\ & \\ & \text { (IF GRANTED, GO TO } 267 \text { ) } \end{aligned}$ |
| 266 | ADDITIONAL TESTS | CHECK 263 AND 265: <br> IF CONSENT HAS NOT BEEN GRANTED <br> WRITE "NO ADDITIONAL <br> TEST" ON THE FILTER PAPER. | CHECK 263 AND 265: <br> IF CONSENT HAS NOT BEEN GRANTED <br> WRITE "NO ADDITIONAL <br> TEST" ON THE FILTER PAPER. | CHECK 263 AND 265: <br> IF CONSENT HAS NOT BEEN GRANTED WRITE "NO ADDITIONAL TEST" ON THE FILTER PAPER. |
| 267 | PREPARE EQUIPMENT AND SUPPLIES ONLY FOR THE TEST(S) FOR WHICH CONSENT HAS BEEN OBTAINED AND PROCEED WITH THE TEST(S). |  |  |  |
| 268 | RECORD HEMO- <br> GLOBIN LEVEL <br> HERE AND IN <br> ANEMIA PAMPHLET |  |  |  |
| 269 | BAR CODE LABEL |  |  |  |
| 270 | GO BACK TO 245 IN NEXT COLUMN OF THIS QUESTIONNAIRE OR IN THE FIRST COLUMN OF AN ADDITIONAL QUESTIONNAIRE; IF NO MORE MEN, END INTERVIEW. |  |  |  |

## 2014 LESOTHO DEMOGRAPHIC AND HEALTH SURVEY WOMAN'S QUESTIONNAIRE



## INFORMED CONSENT

Hello. My name is $\qquad$ I am working with the Ministry of Health. We are conducting a survey about health all over the country. The information we collect will help the government to plan health services. Your household was selected for the survey. The questions usually take about 30 to 60 minutes. All of the answers you give will be confidential and will not be shared with anyone other than members of our survey team. You don't have to be in the survey, but we hope you will agree to answer the questions since your views are important. If I ask you any question you don't want to answer, just let me know and I will go on to the next question or you can stop the interview at any time.

In case you need more information about the survey, you may contact the person listed on the card that has already been given to your household.
Do you have any questions? May I begin the interview now?

SIGNATURE OF INTERVIEWER: $\qquad$ DATE: $\qquad$ RESPONDENT AGREES TO BE INTERVIEWED $\ldots \quad 1$ RESPONDENT DOES NOT AGREE TO BE INTERVIEWED $\ldots 2 \rightarrow$ END


Do you have any questions about the blood pressure measurement so far? If you have any questions about the procedure at any time, please ask me.

You can say yes or no to having the blood pressure measurement now. You can also decide at any time not to participate in the blood pressure measures.

Would you allow me to proceed to take your blood pressure measurement at this time?


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 101C | Before taking your blood pressure, I would like to ask a few questions about things that may affect these measurements. Have you done any of the following within the past 30 minutes: <br> a) Eaten anything? <br> b) Had coffee, tea, cola or other drink that has caffeine? <br> c) Smoked any tobacco product? |   YES NO <br> a) EATEN $\quad \ldots . \ldots \ldots \ldots . .$. 1 2  <br> b) HAD CAFFEINATED DRINK . . . 1 2  <br> c) SMOKED $\quad \ldots . \ldots . . . . .$. 1 2  |  |
| 101D | May I begin the process of measuring your blood pressure? <br> BEFORE TAKING THE FIRST BLOOD PRESSURE READING, MEASURE THE CIRCUMFERENCE OF THE RESPONDENT'S ARM MIDWAY BETWEEN THE ELBOW AND THE SHOULDER. RECORD THE MEASUREMENT IN CENTIMETRES. | ARM CIRCUMFERENCE <br> (IN CENTIMETRES) |  |
| 101E | USE THE ARM CIRCUMFERENCE MEASUREMENT TO SELECT THE APPROPRIATE CUFF SIZE. RECORD THE CODE FOR THE CUFF SIZE. | SMALL: $17 \mathrm{CM}-22 \mathrm{CM}$ $\ldots . . .$. 1 <br> MEDIUM: $23 \mathrm{CM}-32 \mathrm{CM}$ $\ldots \ldots .$. 2 <br> LARGE: $33 \mathrm{CM}-42 \mathrm{CM}$ $\ldots . . .$. 3 |  |
| 101F | TAKE THE FIRST BLOOD PRESSURE READING. RECORD THE SYSTOLIC AND DIASTOLIC PRESSURE. | SYSTOLIC . . . . . . . . . . . <br>  <br> DIASTOLIC . . . . . . . . . . . . |  |
| 102 | In what month and year were you born? | MONTH $\square$ <br> DON'T KNOW MONTH $\qquad$ <br> YEAR $\square$ <br> DON'T KNOW YEAR |  |
| 103 | How old were you at your last birthday? <br> COMPARE AND CORRECT 102 AND/OR 103 IF INCONSISTENT. | AGE IN COMPLETED YEARS $\quad \square$ |  |
| 104 | Have you ever attended school? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 2 | $\rightarrow 108$ |
| 105 | What is the highest level of school you attended: primary, secondary, or higher? |  |  |
| 106 | What is the highest (standard/form/year) you completed at that level? <br> IF COMPLETED LESS THAN ONE YEAR AT THAT LEVEL, RECORD '00'. | STANDARD/FORM/YEAR ... $\quad$ |  |
| 107 | CHECK 105: <br> PRIMARY $\square$ SECONDARY <br> VOCATIONAL / TECH. OR HIGHER AFTER PRIMARY ${ }^{\downarrow}$ |  | $\longrightarrow 110$ |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 108 | Now I would like you to read this sentence to me. <br> SHOW CARD TO RESPONDENT. <br> IF RESPONDENT CANNOT READ WHOLE SENTENCE, <br> PROBE: Can you read any part of the sentence to me? |  |  |
| 109 | CHECK 108: |  | $\rightarrow 111$ |
| 110 | Do you read a newspaper or magazine at least once a week, less than once a week or not at all? |  |  |
| 111 | Do you listen to the radio at least once a week, less than once a week or not at all? |  |  |
| 112 | Do you watch television at least once a week, less than once a week or not at all? |  |  |
| 113 | What religion do you belong to? <br> IF CHRISTIAN: What church do you belong to? |  |  |
| 115 | In the last 12 months, how many times have you been away from home for one or more nights? | NUMBER OF TIMES $\square$ <br> NONE <br> 00 | $\rightarrow 122$ |
| 116 | In the last 12 months, have you been away from home for more than one month at a time? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 2 | $\rightarrow 122$ |
| 117 | The last time you were away for more than a month, how many months were you away? <br> IF 12 MONTHS OR MORE, RECORD '95.' | NUMBER OF MONTHS $\square$ <br> 12 OR MORE MONTHS $\qquad$ |  |
| 118 | Where did you go? | ELSEWHERE IN LESOTHO . . . . . . . . . . . . . . . . . . . 1 <br> RSA . . . . . . . . . . . . . . . . . . . . . . . 2  |  |
| 120 | Why did you go there? <br> PROBE: What was the main purpose of your trip? | WORK . . . . . . . . . . . . . . . . . . . . . . . . . .1  <br> SCHOOL/UNIVERSITY . . . . . . . . . 2 <br> FAMILY/MARRIAGE . . . . . . . . . . 3 <br> ACCESS HEALTH OR OTHER  <br> SERVICES . . . . . . . . . . . . . . . . . . . . 4 <br> OTHER . . . . . . . . . . . . . . . . . . . . 6 |  |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 121 | CHECK 117: <br> '3' OR MORE MONTHS |  | $\longrightarrow 125$ |
| 122 | In the last 5 years, how many times have you been away from home for three or more months at a time? | NUMBER OF TIMES <br> NONE | $\rightarrow 201$ |
| 123 | The most recent time you were away from home for three or more months, where did you go? |  |  |
| 124 | Why did you go there? <br> PROBE: What was the main purpose of your trip? |  | $\square \rightarrow 201$ |
| 125 | Including the time you already mentioned, in the last 5 years, how many times have you been away from home for three or more months at a time? | NUMBER OF TIMES $\qquad$ $\square$ <br> ONE TIME $\qquad$ |  |

SECTION 2. REPRODUCTION

| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 201 | Now I would like to ask about all the births you have had during your life. Have you ever given birth? | YES ..................................................... 1 NO ......................... | $\longrightarrow 206$ |
| 202 | Do you have any sons or daughters to whom you have given birth who are now living with you? |  | $\rightarrow 204$ |
| 203 | a) How many sons live with you? <br> b) And how many daughters live with you? <br> IF NONE, RECORD '00'. | a) SONS AT HOME <br> b) DAUGHTERS AT HOME $\qquad$ |  |
| 204 | Do you have any sons or daughters to whom you have given birth who are alive but do not live with you? |  | $\longrightarrow 206$ |
| 205 | a) How many sons are alive but do not live with you? <br> b) And how many daughters are alive but do not live with you? <br> IF NONE, RECORD '00'. | a) SONS ELSEWHERE <br> b) DAUGHTERS ELSEWHERE. |  |
| 206 | Have you ever given birth to a son or a daughter who was born alive but later died? <br> IF NO, PROBE: Any baby who cried or showed signs of life but did not survive? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 1 NO . . . . . . . . . . . . . . . | $\longrightarrow 208$ |
| 207 | a) How many boys have died? <br> b) And how many girls have died? <br> IF NONE, RECORD '00'. | a) BOYS DEAD <br> b) GIRLS DEAD |  |
| 208 | SUM ANSWERS TO 203, 205, AND 207, AND ENTER TOTAL. IF NONE, RECORD '00'. | TOTAL BIRTHS ............. |  |
| 209 | CHECK 208: <br> Just to make sure that I have this right: you have had in TOTAL $\qquad$ births during your life. Is that correct? <br> PROBE AND <br> YES CORRECT <br> 201-208 AS NECESSARY. |  |  |
| 210 | CHECK 208: <br> ONE OR MORE <br> NO BIRTHS BIRTHS $\square$ |  | $\longrightarrow 226$ |

211 Now I would like to record the names of all your births, whether still alive or not, starting with the first one you had.
RECORD NAMES OF ALL THE BIRTHS IN 212. RECORD TWINS AND TRIPLETS ON SEPARATE ROWS.
(IF THERE ARE MORE THAN 6 BIRTHS, USE AN ADDITIONAL QUESTIONNAIRE, STARTING WITH THE SECOND ROW).



| NO. | QUESTIONS AND FILTERS |  | CODING CATEGORIES |  | SKIP |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 226 | Are you pregnant now? |  | YES <br> NO <br> UNSURE |  | $\xrightarrow{\longrightarrow} 230$ |
| 227 | How many months pregnant are you? <br> RECORD NUMBER OF COMPLETED MONTHS. <br> ENTER 'P's IN THE CALENDAR, BEGINNING WITH THE MONTH OF INTERVIEW AND FOR THE TOTAL NUMBER OF COMPLETED MONTHS. |  | MONTHS |  |  |
| 228 | When you got pregnant, did you want to get pregnant at that time? |  | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 1NO . . . . . . . . 2 |  | $\longrightarrow 230$ |
| 229 | Did you want to have a baby later on or did you not want any (more) children? |  | LATER <br> NO MORE |  |  |
| 230 | Have you ever had a pregnancy that miscarried, was aborted, or ended in a stillbirth? |  | $\begin{aligned} & \text { YES } \\ & \text { NO } \end{aligned}$ |  | $\longrightarrow 238$ |
| 231 | When did the last such pregnancy e |  | MONTH |  |  |
| 232 | LAST PREGNANCY ENDED IN $\square$ JANUARY 2009 OR LATER <br> LAST PREGNANCY ENDED BEFORE JANUARY 2009 |  |  |  |  |
|  | 232A <br> In what month and year did that pregnancy end? | 233 <br> How many months pregnant were you when that pregnancy ended? | 234 <br> Since January 2009, have you had any other pregnancies that did not result in a live birth? |  |  |
| 01 |  | NUMBER OF MONTHS |  |  |  |
| 02 | MONTH | NUMBER OF MONTHS |  |  |  |
| 03 | MONTH | NUMBER OF MONTHS | ; . . . . . . . . . . . . . . . . . . . . . . . . |  |  |
| 04 |  | NUMBER OF MONTHS |  |  | $\rightarrow 235$ |
| 235 | FOR EACH PREGNANCY THAT DID NOT RESULT IN A LIVE BIRTH IN JANUARY 2009 OR LATER, ENTER 'T' IN THE CALENDAR IN THE MONTH THAT THE PREGNANCY TERMINATED AND 'P' FOR THE REMAINING NUMBER OF COMPLETED MONTHS OF PREGNANCY. <br> IF THERE ARE MORE THAN FOUR PREGNANCIES THAT DID NOT END IN A LIVE BIRTH, USE AN ADDITIONAL QUESTIONNAIRE STARTING ON THE SECOND LINE. |  |  |  |  |



SECTION 3. CONTRACEPTION

| 301 | Now I would like to talk about family planning - the various ways or methods that a couple can use to delay or avoid a pregnancy. Have you ever heard of (METHOD)? |  |  |
| :---: | :---: | :---: | :---: |
| 01 | Female Sterilization. PROBE: Women can have an operation to avoid having any more children. | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 1 NO . . . . . . . . . . . . . . . . . . 2 |  |
| 02 | Male Sterilization. PROBE: Men can have an operation to avoid having any more children. | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 2 |  |
| 03 | IUCD. PROBE: Women can have a loop or coil placed inside them by a doctor or a nurse. | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 2 |  |
| 04 | Injectables/Depo. PROBE: Women can have an injection by a health provider that stops them from becoming pregnant for one or more months. | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 1 NO . . . . . . . . . . . . . . |  |
| 05 | Implants. PROBE: Women can have one or more small rods placed in their upper arm by a doctor or nurse which can prevent pregnancy for one or more years. | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 1 NO . . . . . . . . . . . 2 |  |
| 06 | Pill. PROBE: Women can take a pill every day to avoid becoming pregnant. | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 2 |  |
| 07 | Male condom. PROBE: Men can put a rubber sheath on their penis before sexual intercourse. | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 2 |  |
| 08 | Female Condom. PROBE: Women can place a sheath in their vagina before sexual intercourse. | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 1 NO . . . . . . . . . . . . |  |
| 09 | Rhythm Method. PROBE: To avoid pregnancy, women do not have sexual intercourse on the days of the month they think they can get pregnant. | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 1 NO . . . . . . . . . . . . . . . 2 |  |
| 10 | Withdrawal. PROBE: Men can be careful and pull out before climax. | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 1 NO . . . . . . . . . . . . . . . . . 2 |  |
| 11 | Emergency Contraception/Morning After Pill. PROBE: As an emergency measure, within five days after they have unprotected sexual intercourse, women can take special pills to prevent pregnancy. | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 1 NO . . . . . . . . . . . . . 2 |  |
| 12 | Have you heard of any other ways or methods that women or men can use to avoid pregnancy? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . <br> (SPECIFY) <br> NO . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 2 |  |
| 302 | CHECK 226: <br> NOT PREGNANT <br> PREGNANT OR UNSURE |  | $\longrightarrow 311$ |
| 303 | Are you or your partner currently doing something or using any method to delay or avoid getting pregnant? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 1 NO . . . . . . . . . . . . . . . . 2 | $\longrightarrow 311$ |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 304 | Which method are you using? <br> RECORD ALL MENTIONED. <br> IF MORE THAN ONE METHOD MENTIONED, FOLLOW SKIP INSTRUCTION FOR HIGHEST METHOD IN LIST. |  |  |
| 307 | In what facility did the sterilization take place? PROBE TO IDENTIFY THE TYPE OF SOURCE. <br> IF UNABLE TO DETERMINE IF PUBLIC OR PRIVATE SECTOR, WRITE THE NAME OF THE PLACE. <br> (NAME OF PLACE) |  |  |
| 308 $308 A$ | In what month and year was the sterilization performed? <br> Since what month and year have you been using (CURRENT METHOD) without stopping? <br> PROBE: For how long have you been using (CURRENT METHOD) now without stopping? | MONTH $\ldots \ldots . . . . . . . .$. <br> YEAR $\ldots \ldots . . . . .$. |  |
| 309 | CHECK 308/308A, 215 AND 231: <br> ANY BIRTH OR PREGNANCY TERMINATION AFTER MONTH AND YEAR OF START OF USE OF CONTRACEPTION IN 308/308A <br> GO BACK TO 308/308A, PROBE AND RECORD MONTH AND YEAR USE OF CURRENT METHOD (MUST BE AFTER LAST BIRTH OR | YES <br> NO <br> T START OF CONTINUOUS EGNANCY TERMINATION). |  |
| 310 | CHECK 308/308A: <br> YEAR IS 2009 OR LATER <br> ENTER CODE FOR METHOD USED IN MONTH OF INTERVIEW IN THE CALENDAR AND IN EACH MONTH BACK TO THE DATE STARTED USING. | YEAR IS 2008 OR EARLIER <br> ENTER CODE FOR METHOD USED IN INTERVIEW IN THE CALENDAR AND EACH MONTH BACK TO JANUARY 2009 <br> N SKIP TO $\qquad$ | ONTH OF |




| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 318 | Were you ever told by a health or family planning worker about side effects or problems you might have with the method? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 2 | $\rightarrow 320$ |
| 319 | Were you told what to do if you experienced side effects or problems? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 1 NO . . . . . . . . . . . |  |
| 320 | CHECK 317: <br> CODE '1' RECORDED <br> a) At that time, were you told about other methods of family planning that you could use? <br> b) When you obtained (CURRENT METHOD FROM 314) from (SOURCE OF METHOD FROM 307 OR 315), were you told about other methods of family planning that you could use? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 1 NO . . . . . . . . . . . . . . . . . . 2 | $\longrightarrow 322$ |
| 321 | Were you ever told by a health or family planning worker about other methods of family planning that you could use? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 2 |  |
| 322 | CHECK 304: <br> RECORD METHOD CODE: <br> IF MORE THAN ONE METHOD CODE RECORDED IN 304, RECORD CODE FOR HIGHEST METHOD IN LIST. |  |  |
| 323 | Where did you obtain (CURRENT METHOD) the last time? <br> PROBE TO IDENTIFY THE TYPE OF SOURCE. <br> IF UNABLE TO DETERMINE IF PUBLIC OR PRIVATE SECTOR, WRITE THE NAME OF THE PLACE. <br> (NAME OF PLACE) |  |  |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 324 | Do you know of a place where you can obtain a method of family planning? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 1 NO . . . . . . . . . . . . . . . . | $\longrightarrow 326$ |
| 325 | Where is that? <br> Any other place? <br> PROBE TO IDENTIFY EACH TYPE OF SOURCE. <br> IF UNABLE TO DETERMINE IF PUBLIC OR PRIVATE SECTOR, WRITE THE NAME OF THE PLACE. |  |  |
| 326 | In the last 12 months, were you visited by a fieldworker or a community-based distributor (CBD) who talked to you about family planning? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 2 |  |
| 327 | In the last 12 months, have you visited a health facility for care for yourself (or your children)? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 2 | $\longrightarrow 401$ |
| 328 | Did any staff member at the health facility speak to you about family planning methods? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 2 |  |

SECTION 4. PREGNANCY AND POSTNATAL CARE


| NO. | QUESTIONS AND FILTERS | LAST BIRTH <br> NAME $\qquad$ | NEXT-TO-LAST BIRTH <br> NAME $\qquad$ | SECOND-FROM-LAST BIRTH <br> NAME $\qquad$ |
| :---: | :---: | :---: | :---: | :---: |
| 410 | Where did you receive antenatal care for this pregnancy? <br> Anywhere else? <br> PROBE TO IDENTIFY EACH TYPE OF SOURCE. <br> IF UNABLE TO DETERMINE IF PUBLIC OR PRIVATE SECTOR, WRITE THE NAME OF THE PLACE. |  |  |  |
| 411 | How many months pregnant were you when you first received antenatal care for this pregnancy? | MONTHS <br> DON'T KNOW |  |  |
| 412 | How many times did you receive antenatal care during this pregnancy? | NUMBER OF TIMES $\square$ <br> DON'T KNOW ..... 98 |  |  |
| 412A | How many months pregnant were you the last time you received antenatal care for this pregnancy? | MONTHS <br> DON'T KNOW |  |  |
| 413 | As part of your antenatal care during this pregnancy, were any of the following done at least once: <br> a) Was your blood pressure measured? <br> b) <br> Did you give a urine sample? <br> c) <br> Did you give a blood sample? | a) $B P$ <br> b) URINE $\qquad$ 1 <br> c) BLOOD . 12 |  |  |
| 414 | During (any of) your antenatal care visit(s), were you told about things to look out for that might suggest problems with the pregnancy? | YES . . . . . . . . . . . . . . 1 <br> NO . . . . . . . . 2 <br> DON'T KNOW . . . . 8 |  |  |


| NO. | QUESTIONS AND FILTERS | LAST BIRTH <br> NAME $\qquad$ | NEXT-TO-LAST BIRTH <br> NAME $\qquad$ | SECOND-FROM-LAST BIRTH <br> NAME $\qquad$ |
| :---: | :---: | :---: | :---: | :---: |
| 415 | During this pregnancy, were you given an injection in the arm to prevent the baby from getting tetanus, that is, convulsions after birth? | $\begin{gathered} \text { YES } \ldots \ldots \ldots \ldots \\ \text { NO } \ldots \ldots \ldots \ldots \\ \text { NO . . . . . . . . . } \\ \text { (SKIP TO 418) } \\ \text { DON'T KNOW . . . } \\ \hline \end{gathered}$ |  |  |
| 416 | During this pregnancy, how many times did you get a tetanus injection? | TIMES $\square$ <br> DON'T KNOW |  |  |
| 417 | CHECK 416: |  |  |  |
| 418 | At any time before this pregnancy, did you receive any tetanus injections? | YES $\ldots \ldots \ldots \ldots$ 1  <br> NO $\ldots \ldots \ldots$ $\ldots$ $\ldots$ <br> (SKIP TO 421) 4 -1 <br> DON'T KNOW $\ldots$. 8  |  |  |
| 419 | Before this pregnancy, how many times did you receive a tetanus injection? <br> IF 7 OR MORE TIMES, RECORD ' 7 '. |  |  |  |
| 420 | How many years ago did you receive the last tetanus injection before this pregnancy? | YEARS  $\square$  <br> AGO $\ldots$   |  |  |
| 421 | During this pregnancy, were you given or did you buy any iron tablets? <br> SHOW TABLETS. | $\begin{array}{ccc}\text { YES . . . . . . . . . . . . } & 1 \\ \text { NO . . . . . . . . . } & 2 \\ \text { (SKIP TO 430) } & { }^{-} \\ & & \\ \text {DON'T KNOW . . . . } & 8\end{array}$ |  |  |
| 422 | During the whole pregnancy, for how many days did you take the tablets? <br> IF ANSWER IS NOT NUMERIC, PROBE FOR APPROXIMATE NUMBER OF DAYS. | DAYS $\square$ DON'T KNOW $\qquad$ 998 |  |  |
| 430 | When (NAME) was born, was he/she very large, larger than average, average, smaller than average, or very small? | VERY LARGE $\ldots .$. 1 <br> LARGER THAN   <br> AVERAGE $\ldots$. 2 <br> AVERAGE ....... 3  <br> SMALLER THAN   <br> AVERAGE $\ldots$. 4 <br> VERY SMALL $\ldots .$. 5 <br> DON'T KNOW $\ldots .$. 8 | VERY LARGE $\ldots .$. 1 <br> LARGER THAN   <br> AVERAGE $\ldots .$. 2 <br> AVERAGE ....... 3  <br> SMALLER THAN   <br> AVERAGE $\ldots$. 4 <br> VERY SMALL $\ldots .$. 5 <br> DON'T KNOW $\ldots .$. 8 | VERY LARGE $\ldots .$. 1 <br> LARGER THAN   <br> AVERAGE $\ldots .$. 2 <br> AVERAGE $\ldots . .$. 3  <br> SMALLER THAN   <br> AVERAGE $\ldots .$. 4 <br> VERY SMALL $\ldots$. 5 <br> DON'T KNOW $\ldots .$. 8 |
| 431 | Was (NAME) weighed at birth? |  | YES $\ldots \ldots \ldots \ldots$ 1  <br> NO $\ldots \ldots \ldots \ldots$ 2  <br> (SKIP TO 433)  1 <br> DON'T KNOW $\ldots .$. 8  |  |


| NO. | QUESTIONS AND FILTERS | LAST BIRTH <br> NAME $\qquad$ | NEXT-TO-LAST BIRTH <br> NAME $\qquad$ | SECOND-FROM-LAST BIRTH <br> NAME $\qquad$ |
| :---: | :---: | :---: | :---: | :---: |
| 432 | How much did (NAME) weigh? <br> RECORD WEIGHT IN KILOGRAMS FROM HEALTH BOOKLET, IF AVAILABLE. | KG FROM BOOKLET <br> 1 $\square$ <br> KG FROM RECALL <br> 2 $\square$ $\square$ DON'T KNOW ... 9998 | KG FROM BOOKLET <br> 1... $\square$ $\square$ KG FROM RECALL <br> 2 $\square$ $\square$ DON'T KNOW $\qquad$ | KG FROM BOOKLET <br> $1 \ldots$ $\square$ $\square$ <br> KG FROM RECALL <br> 2. $\square$ $\square$ |
| 433 | Who assisted with the delivery of (NAME)? <br> Anyone else? <br> PROBE FOR THE TYPE(S) OF PERSON(S) AND RECORD ALL MENTIONED. <br> IF RESPONDENT SAYS NO ONE ASSISTED, PROBE TO DETERMINE WHETHER ANY ADULTS WERE PRESENT AT THE DELIVERY. | HEALTH PERSONNEL <br> DOCTOR ..... A <br> NURSE/MIDWIFE . B COMMUNITY <br> HLTH WORKER C <br> OTHER PERSON <br> TRAD'L HEALER . D RELATIVE/FRIEND E OTHER $\qquad$ <br> NO ONE ASSISTED Y | HEALTH PERSONNEL <br> DOCTOR ..... A <br> NURSE/MIDWIFE . B <br> COMMUNITY <br> HLTH WORKER C <br> OTHER PERSON <br> TRAD'L HEALER . D RELATIVE/FRIEND E OTHER $\qquad$ <br> NO ONE ASSISTED | HEALTH PERSONNEL <br> DOCTOR ..... A <br> NURSE/MIDWIFE . B COMMUNITY <br> HLTH WORKER C <br> OTHER PERSON <br> TRAD'L HEALER . D RELATIVE/FRIEND E OTHER $\qquad$ |
| 434 | Where did you give birth to (NAME)? <br> PROBE TO IDENTIFY THE TYPE OF SOURCE. <br> IF UNABLE TO DETERMINE IF PUBLIC OR PRIVATE SECTOR, WRITE THE NAME OF THE PLACE. | ```HOME YOUR HOME ... 11 (SKIP TO 437A) OTHER HOME . . . 12 PUBLIC SECTOR GOVT. HOSPITAL }2 GOVT. HEALTH CENTER ..... }2 GOVT. HEALTH POST ........ }2 OTHER PUBLIC SECTOR``` $\qquad$ <br> ```(SPECIFY) \\ PRIVATE MED. SECTOR \\ CHAL \\ CHAL HOSPITAL 41 CHAL HEALTH CENTRE ..... 42 \\ CHAL HLTH POST 43 \\ RED CROSS HEALTH CENTER ......... 51 FACILITY OUTSIDE LESOTHO ..... 61 OTHER``` $\qquad$ <br> ```96 (SPECIFY) (SKIP TO 437A)``` |  | HOME <br> YOUR HOME ... <br>  <br> OTHER HOME ... <br> PUBLIC SECTOR <br> GOVT. HOSPITAL <br> GOVT. HEALTH <br> CENTER ..... 21 <br> GOVT. HEALTH <br> POST ........ 22 <br> OTHER PUBLIC <br> SECTOR <br>  <br> (SPECIFY) <br> PRIVATE MED. SECTOR <br> PVT. HOSPITAL/ CLINIC . . . . . . . . 31 <br> OTHER PRIVATE MED. SECTOR <br> CHAL <br> CHAL HOSPITAL <br> CHAL HEALTH CENTRE ..... 42 <br> CHAL HLTH POST 43 <br> RED CROSS HEALTH <br> CENTER . . . . . . . 51 <br> FACILITY OUTSIDE <br> LESOTHO ..... 61 <br> OTHER $\qquad$ 96 <br> (SKIP TO 448) |



| NO. | QUESTIONS AND FILTERS | LAST BIR <br> NAME | NEXT-TO-LAST BIRTH <br> NAME $\qquad$ | SECOND-FROM-LAST BIRTH <br> NAME $\qquad$ |
| :---: | :---: | :---: | :---: | :---: |
| 439 | Who checked on your health at that time? <br> PROBE FOR MOST QUALIFIED PERSON. | HEALTH PERS <br> DOCTOR NURSE/MID VILLAGE HEA WORKE OTHER PERS <br> TRAD. HEAL RELATIVE/F OTHER |  |  |
| 440 | How long after delivery did the first check take place? <br> IF LESS THAN ONE DAY, RECORD HOURS. <br> IF LESS THAN ONE WEEK, RECORD DAYS. | HOURS 1 <br> DAYS 2 <br> WEEKS 3 <br> DON'T KNOW |  |  |
| 442 | In the two months after (NAME) was born, did any health care provider check on his/her health? | YES NO <br> (SKIP TO DON'T KNOW |  |  |
| 443 | How many hours, days or weeks after the birth of (NAME) did the first check take place? <br> IF LESS THAN ONE DAY, RECORD HOURS. <br> IF LESS THAN ONE WEEK, RECORD DAYS. | HRS AFTER BIRTH 1 DAYS AFTER BIRTH 2 WKS AFTER BIRTH 3 DON'T KNOW |  |  |
| 444 | Who checked on (NAME)'s health at that time? <br> PROBE FOR MOST QUALIFIED PERSON. | HEALTH PERS <br> DOCTOR <br> NURSE/MID <br> VILLAGE HE <br> WORKER <br> OTHER PERS <br> TRAD. HEA <br> RELATIVE/F <br> OTHER <br> (SPE |  |  |



| NO. | QUESTIONS AND FILTERS | LAST BIRTH <br> NAME | NEXT-TO-LAST BIRTH <br> NAME $\qquad$ | SECOND-FROM-LAST BIRTH <br> NAME $\qquad$ |
| :---: | :---: | :---: | :---: | :---: |
| 453 | Did you ever breastfeed (NAME)? | YES . . . . . . . . . . . . .(SKIP TO 455)${ }^{1}$ NO . . . . . . . . . . . . 2 | YES ................ 1 NO ................. 2 | YES . . . . . . . . . . . . . 1 NO . . . . . . . . . . . . . . 2 |
| 454 | CHECK 404: <br> IS CHILD LIVING? |  |  |  |
| 455 | How long after birth did you first put (NAME) to the breast? <br> IF LESS THAN 1 HOUR, RECORD '00' HOURS. <br> IF LESS THAN 24 HOURS, RECORD HOURS. OTHERWISE, RECORD DAYS. | IMMEDIATELY ... 000 |  |  |
| 456 | In the first three days after delivery, was (NAME) given anything to drink other than breast milk? |  |  |  |
| 457 | What was (NAME) given to drink? <br> Anything else? <br> RECORD ALL LIQUIDS MENTIONED. |  |  |  |
| 458 | CHECK 404: IS CHILD LIVING? |  |  |  |
| 459 | Are you still breastfeeding (NAME)? | $\begin{aligned} & \text { YES . . . . . . . . . . . . . . . } \\ & \text { NO . . . . . . . . . . } \\ & \hline \end{aligned}$ |  |  |
| 460 | Did (NAME) drink anything from a bottle with a nipple yesterday or last night? | YES . . . . . . . . . . . . . 1 <br> NO . . . . . . . . . 2 <br> DON'T KNOW . . . . 8 | $\begin{array}{ll} \text { YES . . . . . . . . . . . . . . . . . } & 1 \\ \text { NO . . . . . . . . } & 2 \\ \text { DON'T KNOW . . . . } & 8 \end{array}$ | YES . . . . . . . . . . . . . . . . 1 <br> NO . . . . . . . 2 <br> DON'T KNOW . . . . 8 |
| 461 |  | GO BACK TO 405 IN NEXT COLUMN; OR, IF NO MORE BIRTHS, GO TO 501. | GO BACK TO 405 IN NEXT COLUMN; OR, IF NO MORE BIRTHS, GO TO 501. | GO BACK TO 405 IN NEXT-TO-LAST COLUMN OF NEW QUESTIONNAIRE OR IF NO MORE BIRTHS, GO TO 501. |

SECTION 5. CHILD IMMUNIZATION, HEALTH AND NUTRITION



| NO. | QUESTIONS AND FILTERS | LAST BIRTH <br> NAME $\qquad$ | NEXT-TO-LAST BIRTH <br> NAME $\qquad$ | SECOND-FROM-LAST BIRTH <br> NAME $\qquad$ |
| :---: | :---: | :---: | :---: | :---: |
| 508 | Has (NAME) had any vaccinations that are not recorded on this card, including vaccinations given in a national immunization day campaign? <br> RECORD 'YES' ONLY IF THE RESPONDENT MENTIONS AT LEAST ONE OF THE VACCINATIONS IN 506 THAT ARE NOT RECORDED AS HAVING BEEN GIVEN. | YES $\qquad$ 1 <br> (PROBE FOR <br> VACCINATIONS AND RECORD '66' IN THE CORRESPONDING <br> DAY COLUMN IN 507B) <br> (SKIP TO 510H) <br> NO | YES $\qquad$ 1 <br> (PROBE FOR VACCINATIONS AND RECORD '66' IN THE CORRESPONDING DAY COLUMN IN 507B) (SKIP TO 510H) <br> NO $\qquad$ DON'T KNOW 8 |  |
| 509 | Did (NAME) ever have any vaccinations to prevent him/her from getting diseases, including vaccinations received in a national immunization day campaign? |  |  |  |
| 510 $510 A$ | Please tell me if (NAME) had any of the following vaccinations: <br> A BCG vaccination against tuberculosis, that is, an injection in the left forearm or upper arm that usually causes a scar? | YES $\ldots \ldots . . . . .$. 1 <br> NO $\ldots \ldots . . . .$. 2 <br> DON'T KNOW . . . . . . 8 | YES $\ldots \ldots . . . . .$. 1 <br> NO $\ldots \ldots . . . .$. 2 <br> DON'T KNOW . . . . . . 8 | YES $\ldots \ldots . . . . .$. 1 <br> NO $\ldots \ldots . . . .$. 2 <br> DON'T KNOW . . . . . . 8 |
| 510B | Polio vaccine, that is, drops in the mouth? |  |  |  |
| 510C | Was the first polio vaccine given in the first two weeks after birth or later? | $\begin{array}{ll} \text { FIRST } 2 \text { WEEKS . . . } & 1 \\ \text { LATER . . . . . . . . . . } & 2 \end{array}$ | $\begin{aligned} & \text { FIRST } 2 \text { WEEKS . . . } \\ & \text { LATER . . . . . . . . . . } \\ & \hline \end{aligned}$ | FIRST 2 WEEKS ... 1 LATER ............. 2 |
| 510D | How many times was the polio vaccine given? | NUMBER <br> OF TIMES $\square$ | NUMBER <br> OF TIMES $\square$ | NUMBER OF TIMES |
| 510E | A DTP-Hep B-Hib vaccination, also known as a penta vaccination, that is, an injection given in the thigh, sometimes at the same time as polio drops? |  |  |  |
| 510F | How many times was the DTP-HepBHib vaccination given? | NUMBER OF TIMES $\square$ | NUMBER OF TIMES $\square$ | NUMBER <br> OF TIMES |
| 510G | A measles injection-that is, a shot in the right arm at the age of 9 months or older-to prevent him/her from getting measles? | YES $\ldots \ldots \ldots \ldots$ 1 <br> NO $\ldots \ldots \ldots \ldots$ 2 <br> DON'T KNOW . . . . . . . . 8 | YES $\ldots \ldots \ldots \ldots$ 1  <br> NO $\ldots \ldots \ldots \ldots$ 2  <br> DON'T KNOW $\ldots \ldots$ .... 8 | YES $\ldots \ldots . . . . . .$. 1 <br> NO $\ldots . . . . . . .$. 2 <br> DON'T KNOW . . . . . . 8 |
| 510 H | Were any of the vaccinations that (NAME) received given outside of Lesotho? | YES $\ldots \ldots \ldots . . .$. 1 <br> NO $\ldots \ldots . . . .$. 2 <br> DON'T KNOW $\ldots . .$. 8 | YES $\ldots \ldots \ldots . . . .$. 1 <br> NO $\ldots \ldots . . . .$. 2 <br> DON'T KNOW $\ldots . .$. 8 | YES $\ldots \ldots \ldots . . .$. 1 <br> NO $\ldots \ldots . . . .$. 2 <br> DON'T KNOW . . . . . . 8 |


| NO. | QUESTIONS AND FILTERS | LAST BIRTH <br> NAME $\qquad$ | NEXT-TO-LAST BIRTH <br> NAME $\qquad$ | SECOND-FROM-LAST BIRTH <br> NAME $\qquad$ |
| :---: | :---: | :---: | :---: | :---: |
| 511 | Within the last six months, was (NAME) given a vitamin A dose like (this/any of these)? <br> SHOW COMMON TYPES OF CAPSULES. |  |  | YES $\ldots . . . . . . . . .$. 1 <br> NO $\ldots . . . . . . .$. 2 <br> DON'T KNOW $\ldots .$. 8 |
| 513 | Was (NAME) given any drug for intestinal worms in the last six months? |  |  |  |
| 514 | Has (NAME) had diarrhoea in the last 2 weeks? |  |  | $$ |
| 515 | Was there any blood in the stools? | YES $\ldots . . . . . . . . . . . . ~$ 1 <br> NO . . . . . . . . . 2 <br> DON'T KNOW . . . . . 8 | YES $\ldots . . . . . . . . . . . . ~$ 1 <br> NO . . . . . . . . . 2 <br> DON'T KNOW . . . . . 8 |  |
| 516 | Now I would like to know how much (NAME) was given to drink during the diarrhoea (including breastmilk). Was he/she given less than usual to drink, about the same amount, or more than usual to drink? <br> IF LESS, PROBE: Was he/she given much less than usual to drink or somewhat less? | MUCH LESS $\ldots . . .$. 1 <br> SOMEWHAT LESS . . 2 <br> ABOUT THE SAME . . 3 <br> MORE . . . . . . . . . 4 <br> NOTHING TO DRINK 5 <br> DON'T KNOW . . . . . 8 | MUCH LESS $\ldots . . .$. 1 <br> SOMEWHAT LESS . . 2 <br> ABOUT THE SAME . 3 <br> MORE . . . . . . . . . 4 <br> NOTHING TO DRINK 5 <br> DON'T KNOW ...... 8 | MUCH LESS ....... 1 <br> SOMEWHAT LESS . 2 <br> ABOUT THE SAME . 3 <br> MORE . . . . . . . . . 4 <br> NOTHING TO DRINK 5 <br> DON'T KNOW . . . . . 8 |
| 517 | When (NAME) had diarrhoea, was he/she given less than usual to eat, about the same amount, more than usual, or nothing to eat? <br> IF LESS, PROBE: Was he/she given much less than usual to eat or somewhat less? | MUCH LESS ...... 1 <br> SOMEWHAT LESS . . 2 <br> ABOUT THE SAME . . 3 <br> MORE . . . . . . . . . 4 <br> STOPPED FOOD . . 5 <br> NEVER GAVE FOOD 6 <br> DON'T KNOW . . . . . 8 | MUCH LESS $\ldots . . .$. 1 <br> SOMEWHAT LESS . . 2 <br> ABOUT THE SAME . . 3 <br> MORE . . . . . . . . . 4 <br> STOPPED FOOD . . 5 <br> NEVER GAVE FOOD 6 <br> DON'T KNOW . . . . . 8 | MUCH LESS ...... 1 <br> SOMEWHAT LESS . . 2 <br> ABOUT THE SAME . . 3 <br> MORE . . . . . . . . . 4 <br> STOPPED FOOD . . 5 <br> NEVER GAVE FOOD 6 <br> DON'T KNOW . . . . . 8 |
| 518 | Did you seek advice or treatment for the diarrhoea from any source? |  | YES $\ldots \ldots \ldots \ldots \ldots$ NO . . . . . . . . . . . (SKIP TO 522) | YES $\ldots \ldots \ldots \ldots \ldots$ NO $\ldots \ldots \ldots \ldots$ $($ SKIP TO 522$) \longleftarrow$ |


| NO. | QUESTIONS AND FILTERS | LAST BIRTH <br> NAME | NEXT-TO-LAST BIRTH <br> NAME | SECOND-FROM-LAST BIRTH <br> NAME |
| :---: | :---: | :---: | :---: | :---: |
| 519 | Where did you seek advice or treatment? <br> Anywhere else? <br> PROBE TO IDENTIFY EACH TYPE OF SOURCE. <br> IF UNABLE TO DETERMINE IF PUBLIC OR PRIVATE SECTOR, WRITE THE NAME OF THE PLACE. |  | ```PUBLIC SECTOR GOVT. HOSPITAL A GOVT. HEALTH CENTER ...... B GOVT. HEALTH POST ........ C OTHER PUBLIC SECTOR``` $\qquad$ ```NoneNone ``` $\qquad$ ```None ``` | ```PUBLIC SECTOR GOVT. HOSPITAL A GOVT. HEALTH CENTER ...... B GOVT. HEALTH POST ........ C OTHER PUBLIC SECTOR``` $\qquad$ <br> ```(SPECIFY) \\ PRVT MEDICAL SECTOR PVT. HOSPITAL/ CLINIC........ ENone``` $\qquad$ <br> ```(SPECIFY) \\ CHAL \\ CHAL HOSPITAL . I \\ CHAL HLTH CENTRE . . . . . . J \\ CHAL HEALTH POST ......... K RED CROSS \\ HEALTH CENTEF. L VILLAGE HEALTH WORKER........ M FACILITY OUTSIDE \\ LESOTHO ...... N OTHER SOURCE TRADITIONAL HEALER . . .... P \\ OTHER``` $\qquad$ <br> ```XNone``` |
| 520 | CHECK 519: |  |  |  |
| 521 | Where did you first seek advice or treatment? <br> USE LETTER CODE FROM 519. | FIRST PLACE ... | FIRST PLACE ... | FIRST PLACE . . $\square$ |
| 522 | Was he/she given any of the following to drink at any time since he/she started having the diarrhoea: <br> a) A fluid made from a special packet called Motsoako or ORS? <br> b) A health clinic-recommended homemade fluid? | YES NO DK <br> a) FLUID FROM ORS PKT 128 <br> b) HOMEMADE <br> FLUID . 128 | YES NO DK <br> a) FLUID FROM <br> ORS PKT 128 <br> b) HOMEMADE FLUID . 128 | YES NO DK <br> a) FLUID FROM <br> ORS PKT 128 <br> b) HOMEMADE |


| NO. | QUESTIONS AND FILTERS | LAST BIRTH <br> NAME | NEXT-TO-LAST BIRTH <br> NAME $\qquad$ | SECOND-FROM-LAST BIRTH <br> NAME $\qquad$ |
| :---: | :---: | :---: | :---: | :---: |
| 523 | Was anything (else) given to treat the diarrhoea? | YES $\ldots \ldots \ldots \ldots \ldots$ 1  <br> NO $\ldots \ldots \ldots \ldots$ 2  <br> (SKIP TO 525)  1 <br> DON'T KNOW $\ldots \ldots$ 8  |  |  |
| 524 | What (else) was given to treat the diarrhoea? <br> Anything else? <br> RECORD ALL TREATMENTS GIVEN. | PILL OR SYRUP <br> ANTIBIOTIC . . . . . A <br> ANTIMOTILITY . . . B <br> ZINC ........... C <br> OTHER (NOT ANTI- <br> BIOTIC, ANTI-MOT- <br> ILITY OR ZINC) D <br> UNKNOWN PILL <br> OR SYRUP ... E <br> INJECTION <br> ANTIBIOTIC . . . . . F <br> NON-ANTIBIOTIC. G <br> UNKNOWN <br> INJECTION ... H <br> (IV) INTRAVENOUS I <br> HOME REMEDY/ <br> HERBAL MEDICINE J <br> OTHER $\qquad$ X |  |  |
| 525 | Has (NAME) been ill with a fever at any time in the last 2 weeks? |  |  | YES $\ldots \ldots \ldots . .$. 1 <br> NO $\ldots . . . . . . .$. 2 <br> DON'T KNOW $\ldots . .$. 8 |
| 527 | Has (NAME) had an illness with a cough at any time in the last 2 weeks? | YES $\ldots \ldots \ldots \ldots$ 1  <br> NO $\ldots \ldots \ldots \ldots$ 2  <br> (SKIP TO 530)  1 <br> DON'T KNOW $\ldots \ldots$ 8  |  |  |
| 528 | When (NAME) had an illness with a cough, did he/she breathe faster than usual with short, rapid breaths or have difficulty breathing? | YES $\ldots \ldots \ldots \ldots$ 1  <br> NO $\ldots \ldots \ldots \ldots$ 2  <br> (SKIP TO 531)   <br> DON'T KNOW $\ldots \ldots$   |  |  |
| 529 | Was the fast or difficult breathing due to a problem in the chest or to a blocked or runny nose? |  |  |  |
| 530 | CHECK 525: <br> HAD FEVER? |  | NO OR DK <br> (GO BACK TO 503 IN NEXT COLUMN; OR, IF NO MORE BIRTHS, GO TO 553) |  |



| NO. | QUESTIONS AND FILTERS | LAST BIRTH <br> NAME | NEXT-TO-LAST BIRTH <br> NAME | SECOND-FROM-LAST BIRTH <br> NAME |
| :---: | :---: | :---: | :---: | :---: |
| 535 | CHECK 534: |  |  |  |
| 536 | Where did you first seek advice or treatment? <br> USE LETTER CODE FROM 534. | FIRST PLACE ... | FIRST PLACE ... | FIRST PLACE ... $\square$ |
| 537 | At any time during the illness, did (NAME) take any drugs for the illness? | YES $\ldots \ldots \ldots \ldots \ldots$ 1 <br> NO $\ldots \ldots \ldots \ldots$ 2 <br> (GO BACK TO 503  <br> IN NEXT COLUMN;  <br> OR, IF NO MORE  <br> BIRTHS, GO TO 553)  <br> DON'T KNOW $\ldots \ldots$ 8 |  | YES $\ldots \ldots \ldots \ldots \ldots$ 1 <br> NO $\ldots \ldots \ldots \ldots$ 2 <br> (GO TO 503 IN  <br> NEXT-TO-LAST  <br> COLUMN OF NEW  <br> QUESTIONNAIRE;  <br> OR, IF NO MORE  <br> BIRTHS, GO TO 553)  <br> DON'T KNOW ......  |
| 538 | What drugs did (NAME) take? Any other drugs? <br> RECORD ALL MENTIONED. |  |  |  |
| 552 |  | GO BACK TO 503 IN NEXT COLUMN; OR, IF NO MORE BIRTHS, GO TO 553. | GO BACK TO 503 IN NEXT COLUMN; OR, IF NO MORE BIRTHS, GO TO 553. | GO TO 503 IN NEXT-TO-LAST COLUMN OF NEW QUESTIONNAIRE; OR, IF NO MORE BIRTHS, GO TO 553. |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 553 | CHECK 215 AND 218, ALL ROWS: <br> NUMBER OF CHILDREN BORN IN 2009 OR LATER LIVING WITH <br> ONE OR MORE NONE <br> RECORD NAME OF YOUNGEST CHILD LIVING WITH HER AND CONTINUE WITH 554 <br> (NAME) | HE RESPONDENT | $\longrightarrow 556$ |
| 554 | The last time (NAME FROM 553) passed stools, what was done to dispose of the stools? |  |  |
| 555 | CHECK 522(a) ALL COLUMNS: <br> NO CHILD ANY CHIL RECEIVED FLUID RECEIVED FROM ORS PACKET | FLUID $\square$ PACKET | $\rightarrow 557$ |
| 556 | Have you ever heard of a special product called ORS or Motsoako you can get for the treatment of diarrhoea? |  |  |
| 557 | CHECK 215 AND 218, ALL ROWS: <br> NUMBER OF CHILDREN BORN IN 2012 OR LATER LIVING WITH <br> ONE OR MORE NONE <br> RECORD NAME OF YOUNGEST CHILD LIVING WITH HER AND CONTINUE WITH 558 <br> (NAME) | HE RESPONDENT | $\rightarrow 601$ |



| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 560 | Did (NAME) eat any solid, semi-solid, or soft foods yesterday during the day or at night? <br> IF 'YES' PROBE: What kind of solid, semi-solid or soft foods did (NAME) eat? |  | $\longrightarrow 601$ |
| 561 | How many times did (NAME FROM 557) eat solid, semi-solid, or soft foods yesterday during the day or at night? <br> IF 7 OR MORE TIMES, RECORD ‘ 7 '. | NUMBER OF TIMES $\square$ <br> DON'T KNOW |  |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 600A | CHECK 101B: <br> AGREED TO MEASUREMENT $\square$ <br> DID NOT AGREE TO N OR WAS NOT | ASUREMENT <br> ASKED 101B | -601 |
| 600B | May I measure your blood pressure at this time? <br> INTERVIEWER SIGNATURE <br> RESPONDENT <br> AGREES <br> RECORD OUTCOME OF BLOOD PRESSURE MEASUREMENT. <br> DATE <br> RESPONDENT <br> DOES NOT AGREE <br> RECORD 994. |  |  |
| 601 | Are you currently married or living together with a man as if married? | YES, CURRENTLY MARRIED . . . . . . <br> YES, LIVING WITH A MAN . . . . . . . | $\xrightarrow{\longrightarrow} 604$ |
| 602 | Have you ever been married or lived together with a man as if married? |  | $\longrightarrow 612$ |
| 603 | What is your marital status now: are you widowed, divorced, or separated? | WIDOWED ............................ . . 1 <br> DIVORCED . . . . . . . . . . . . . . . . . . . . . . 2 <br> SEPARATED .......................... . . 3 | $\xrightarrow{\rightarrow} 609$ |
| 604 | Is your (husband/partner) living with you now or is he staying elsewhere? <br> PROBE: Elsewhere in Lesotho or outside of Lesotho? | $\begin{array}{ll} \text { LIVING WITH HER . . . . . . . . . . . . . . . . } & 1 \\ \text { STAYING ELSEWHERE IN LESOTHO . } & 2 \\ \text { STAYING ELSEWHERE OUTSIDE } \\ \text { LESOTHO . . . . . . . . . . . . . . . . } & \end{array}$ | $\longrightarrow 605$ |
| 604A | Does he stay there for work or another reason? | WORK . . . . . . . . . . . . . . . . . . . . . . . . . 1  <br> OTHER REASON . . . . . . . . . . . . 2 <br> DON'T KNOW . . . . . . . . . . . . . . . . 8  |  |
| 605 | RECORD THE HUSBAND'S/PARTNER'S NAME AND LINE NUMBER FROM THE HOUSEHOLD QUESTIONNAIRE. IF HE IS NOT LISTED IN THE HOUSEHOLD, RECORD '00'. | NAME $\qquad$ <br> LINE NO. $\qquad$ |  |
| 606 | Does your (husband/partner) have other wives or does he live with other women as if married? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 8 | $609$ |
| 607 | Including yourself, in total, how many wives or live-in partners does he have? | TOTAL NUMBER OF WIVES AND LIVE-IN PARTNERS <br> DON'T KNOW |  |
| 608 | Are you the first, second, ... wife? | RANK . . . . . . . . . . . . . . |  |
| 609 | Have you been married or lived with a man only once or more than once? |  |  |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIE | SKIP |
| :---: | :---: | :---: | :---: |
| 610 | CHECK 609: <br> MARRIED/ <br> LIVED WITH A MAN ONLY ONCE <br> a) In what month and year did you start living with your (husband/partner)? <br> MARRIED/ <br> LIVED WITH A MAN MORE THAN ONCE <br> b) Now I would like to ask about your first (husband/partner). In what month and year did you start living with him? | MONTH <br> DON'T KNOW MONTH <br> YEAR $\square$ <br> DON'T KNOW YEAR | $\rightarrow 612$ |
| 611 | How old were you when you first started living with him? | AGE |  |
| 612 | CHECK FOR THE PRESENCE OF OTHERS. BEFORE CONTINU | MAKE EVERY EFFORT TO EN |  |
| 613 | Now I would like to ask some questions about sexual activity in order to gain a better understanding of some important life issues. <br> How old were you when you had sexual intercourse for the very first time? | NEVER HAD SEXUAL INTERCOURSE <br> AGE IN YEARS <br> FIRST TIME WHEN STARTED LIVING WITH (FIRST) hUSBAND/PARTNER | $\rightarrow 628$ |
| 614 | Now I would like to ask you some questions about your recent sexua completely confidential and will not be told to anyone. If we should com know and we will go to the next question. | ctivity. Let me assure you again e to any question that you don't was | wers are r, just let me |
| 615 | When was the last time you had sexual intercourse? <br> IF LESS THAN 12 MONTHS, ANSWER MUST BE RECORDED IN DAYS, WEEKS OR MONTHS. <br> IF 12 MONTHS (ONE YEAR) OR MORE, ANSWER MUST BE RECORDED IN YEARS. |  |  |



| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 627 | In total, with how many different people have you had sexual intercourse in your lifetime? <br> IF NON-NUMERIC ANSWER, PROBE TO GET AN ESTIMATE. <br> IF NUMBER OF PARTNERS IS 95 OR MORE, RECORD ' 95 '. | NUMBER OF PARTNERS <br> IN LIFETIME. $\square$ <br> DON'T KNOW <br> 98 |  |
| 628 | PRESENCE OF OTHERS DURING THIS SECTION |   YES NO <br> CHILDREN $<10$ $\ldots \ldots \ldots$. 1 2 <br> MALE ADULTS $\ldots \ldots \ldots \ldots$ 1 2 <br> FEMALE ADULTS $\ldots \ldots .$. 1 2  |  |
| 629 | Do you know of a place where a person can get male condoms? | $\begin{aligned} & \text { YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . } 1 \\ & \text { NO . . . . . . . . . . . . . . . . . . . } 2 \end{aligned}$ | $\rightarrow 632$ |
| 630 | Where is that? <br> Any other place? <br> PROBE TO IDENTIFY EACH TYPE OF SOURCE. <br> IF UNABLE TO DETERMINE IF PUBLIC OR PRIVATE SECTOR, WRITE THE NAME OF THE PLACE. <br> (NAME OF PLACE(S)) |  |  |
| 631 | If you wanted to, could you yourself get a male condom? |  |  |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 632 | Do you know of a place where a person can get female condoms? |  | $\rightarrow 701$ |
| 633 | Where is that? <br> Any other place? <br> PROBE TO IDENTIFY EACH TYPE OF SOURCE. <br> IF UNABLE TO DETERMINE IF PUBLIC OR PRIVATE SECTOR, WRITE THE NAME OF THE PLACE. <br> (NAME OF PLACE(S)) |  |  |
| 634 | If you wanted to, could you yourself get a female condom? |  |  |

SECTION 7. FERTILITY PREFERENCES

| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 701 | CHECK 304: |  | $\rightarrow 712$ |
| 702 | CHECK 226: <br> NOT PREGNANT <br> PREGNANT OR UNSURE |  | $\rightarrow 704$ |
| 703 | Now I have some questions about the future. After the child you are expecting now, would you like to have another child, or would you prefer not to have any more children? |  | $\begin{array}{\|l} \longrightarrow \\ \longrightarrow \\ \longrightarrow \end{array} 711$ |
| 704 | Now I have some questions about the future. Would you like to have (a/another) child, or would you prefer not to have any (more) children? | HAVE (A/ANOTHER) CHILD $\ldots \ldots .$. 1  <br> NO MORE/NONE . . . . . . . . . . . . . . 2  <br> SAYS SHE CAN'T GET PREGNANT . 3 <br> UNDECIDED/DON'T KNOW . . . . . . . 8  | $\begin{array}{\|l} \longrightarrow \\ \\ \\ \\ \hline \end{array} 712$ |
| 705 | CHECK 226: <br> NOT PREGNANT PREGNANT $\square$ OR UNSURE $\square$ <br> a) How long would you like to <br> b) After the birth of the child you are wait from now before the expecting now, how long would birth of (a/another) child? you like to wait before the birth of another child? |  |  |
| 706 | CHECK 226: <br> NOT PREGNANT <br> PREGNANT OR UNSURE |  | $\rightarrow 711$ |
| 707 | CHECK 303: USING A CONTRACEPTIVE METHOD? <br> CURRENTLY <br> CURRENTLY USING $\square$ USING |  | $\rightarrow 712$ |
| 708 | CHECK 705: <br> 24 OR MORE MONTHS OR 02 OR MORE YEARS | -23 MONTHS 00-01 YEAR | $\rightarrow 711$ |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 709 | CHECK 704: <br> WANTS TO HAVE A/ANOTHER CHILD <br> a) You have said that you do not want (a/another) child soon. Can you tell me why you are not using a method to prevent pregnancy? <br> Any other reason? <br> WANTS NO MORE/ NONE <br> b) You have said that you do not want any (more) children. Can you tell me why you are not using a method to prevent pregnancy? Any other reason? |  |  |
| 710 | CHECK 303: USING A CONTRACEPTIVE METHOD? ASKED <br> NO, <br> NOT CURRENTLY USING <br> CURR | YES, NTLY USING $\square$ | $\rightarrow 712$ |
| 711 | Do you think you will use a contraceptive method to delay or avoid pregnancy at any time in the future? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 8 |  |
| 712 | CHECK 216: <br> HAS LIVING CHILDREN <br> NO LIVING CHILDREN <br> a) If you could go back to the <br> ib) If you could choose exactly the time you did not have any number of children to have in children and could choose your whole life, how many would exactly the number of children that be? to have in your whole life, how many would that be? |  | $\longrightarrow 714$ $\longrightarrow 714$ |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES |  |  |  | SKIP |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 713 | How many of these children would you like to be boys, how many would you like to be girls and for how many would it not matter if it's a boy or a girl? | NUMBER <br> OTHER | BOYS |  |  |  |
| 714 | In the last three months have you: <br> a) Heard about family planning on the radio? <br> b) Seen anything about family planning on the television? <br> c) Read about family planning in a newspaper or magazine? <br> d) Read about family planning on billboards, posters, or pamphlets? | a) RADIO <br> b) TELEVI <br> c) NEWSP <br> d) BILLBO <br> PAMP | ON PER OR RDS/POS HLET | MAGAZINE TERS/ | $$ |  |
| 716 | CHECK 601: |  |  |  |  | 801 |
| 717 | CHECK 303: USING A CONTRACEPTIVE METHOD? <br> NOT <br> CURRENTLY CURRENTLY USING <br> USING $\square$ <br> OR NOT ASKED |  |  |  |  | $\rightarrow 720$ |
| 718 | Would you say that using contraception is mainly your decision, mainly your (husband's/partner's) decision, or did you both decide together? | MAINLY R MAINLY H JOINT DE OTHER | SPONDE SBAND/P SION | TT <br> ARTNER <br> ECIFY) | $\begin{array}{cc} \ldots \ldots & 1 \\ \ldots \ldots & 2 \\ \ldots \ldots & 3 \\ & 6 \end{array}$ |  |
| 719 | CHECK 304: |  |  |  |  | $\rightarrow 801$ |
| 720 | Does your (husband/partner) want the same number of children that you want, or does he want more or fewer than you want? | SAME NU <br> MORE CH <br> FEWER C <br> DON'T KN | BER <br> DREN <br> ILDREN <br> W $\qquad$ |  | $\begin{array}{cc} \ldots \ldots & 1 \\ \ldots \ldots & 2 \\ \ldots \ldots & 3 \\ \ldots . . & 8 \end{array}$ |  |

SECTION 8. HUSBAND'S BACKGROUND AND WOMAN'S WORK


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 813 | Do you usually work throughout the year, or do you work seasonally, or only once in a while? | THROUGHOUT THE YEAR . . . . . . . . 1 <br> SEASONALLY/PART OF THE YEAR 2 <br> ONCE IN A WHILE $\ldots . . . . . . . . . .$. 3 |  |
| 814 | Are you paid in cash or kind for this work or are you not paid at all? |  |  |
| 814A | Where do you usually work? In your home community, elsewhere in Lesotho, or outside Lesotho? | HOME COMMUNITY . . . . . . . . . . . . . 1 <br> ELSEWHERE IN LESOTHO $\ldots . .$. 2 <br> OUTSIDE LESOTHO .............. 3 | $\rightarrow 815$ |
| 814B | The last time you worked away from your home community, how long were you away from home? |  |  |
| 815 | CHECK 601: <br> CURRENTLY <br> MARRIED/LIVING <br> NOT IN UNION <br> WITH A MAN |  | $\rightarrow 823$ |
| 816 | CHECK 814: <br> CODE 1 OR 2 <br> RECORDED <br> OTHER |  | $\rightarrow 819$ |
| 817 | Who usually decides how the money you earn will be used: you, your (husband/partner), or you and your (husband/partner) jointly? |  |  |
| 818 | Would you say that the money that you earn is more than what your (husband/partner) earns, less than what he earns, or about the same? |  | $\rightarrow 820$ |
| 819 | Who usually decides how your (husband's/partner's) earnings will be used: you, your (husband/partner), or you and your (husband/partner) jointly? |  |  |
| 820 | Who usually makes decisions about health care for yourself: you, your (husband/partner), you and your (husband/partner) jointly, or someone else? | RESPONDENT .................... 1  <br> HUSBAND/PARTNER . . . . . . . . . . . 2  <br> RESPONDENT AND   <br> HUSBAND/PARTNER JOINTLY ... 3 <br> SOMEONE ELSE . . . . . . . . . . . . . . . . . . 4  <br> OTHER . . . . . . . . . . . . . . . . . . 6  |  |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 821 | Who usually makes decisions about making major household purchases? |  |  |
| 822 | Who usually makes decisions about visits to your family or relatives? |  |  |
| 823 | Do you own this or any other house either alone or jointly with someone else? |  |  |
| 824 | Do you own any land either alone or jointly with someone else? |  |  |
| 825 | PRESENCE OF OTHERS AT THIS POINT (PRESENT AND LISTENING, PRESENT BUT NOT LISTENING, OR NOT PRESENT) |   PRES./ PRES./ NOT <br>   LISTEN. NOT PRES. <br> LISTEN.     |  |
| 826 | In your opinion, is a husband justified in hitting or beating his wife in the following situations: <br> a) If she goes out without telling him? <br> b) If she neglects the children? <br> c) If she argues with him? <br> d) If she refuses to have sex with him? <br> e) If she burns the food? |  YES NO DK <br> a) GOES OUT . . . . . . 1 2 8 <br> b) NEGL. CHILDREN . . 1 2 8 <br> c) ARGUES . . . . . . . 1 2 8 <br> d) REFUSES SEX $\ldots$. 1 2 8 <br> e) BURNS FOOD . . . . 1 2 8 |  |

SECTION 9. HIVIAIDS


| NO. | QUESTIONS AND FILTERS | CODING CATE |  | SKIP |
| :---: | :---: | :---: | :---: | :---: |
| 913 | CHECK FOR PRESENCE OF OTHERS. BEFORE CONTINUING, MAKE EVERY EFFORT TO ENSURE PRIVACY. |  |  |  |
| 914 | During any of the antenatal visits for your last birth were you given any information about: <br> a) Babies getting HIV from their mother? <br> b) Things that you can do to prevent getting HIV? <br> c) Getting tested for HIV? | a) AIDS FROM MOTHER <br> b) THINGS TO DO <br> c) TESTED FOR AIDS | NO DK <br> 2 8 <br> 2 8 <br> 2 8 |  |
| 915 | Were you offered a test for HIV as part of your antenatal care? | $\begin{aligned} & \text { YES . . . . . . . . . . . . . . . } \\ & \text { NO . . . . . . . . . . . . } \end{aligned}$ | $\begin{array}{ll} \ldots & 1 \\ \ldots & . \end{array}$ |  |
| 916 | I don't want to know the results, but were you tested for HIV as part of your antenatal care? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 1NO . . . . . . . . . . . . |  | $\longrightarrow 917$ |
| 916A | CHECK 915 and 916:$915=1 \text { AND } 916=2$$915=2 \text { AND } 916=2$$\square$ 920 |  |  |  |
| 916B | You told me you were offered a test for HIV as part of your antenatal care, but that you were not tested. Why were you not tested? |  |  | $\rightarrow 920$ |
| 917 | Where was the test done? <br> PROBE TO IDENTIFY TYPE OF SOURCE. <br> IF UNABLE TO DETERMINE IF PUBLIC OR PRIVATE SECTOR, WRITE THE NAME OF THE PLACE. <br> (NAME OF PLACE) | PUBLIC SECTOR <br> GOVT. HOSPITAL <br> GOVT. HEALTH CENT <br> GOVT. HEALTH POST <br> FAMILY PLANNING CL <br> OTHER PUBLIC <br> SECTOR $\qquad$ <br> PRIVATE MEDICAL SEC <br> PRIVATE HOSPITAL/C PHARMACY PRIVATE DOCTOR LESOTHO PLANNED PSI/NEW START CEN OTHER PRIVATE MED SECTOR $\qquad$ <br> CHAL <br> CHAL HOSPITAL . . . <br> CHAL HEALTH CENTE <br> CHAL HEALTH POST <br> RED CROSS HEALTH CE <br> VILLAGE HEALTH WORK SUPPORT GROUPS . . . <br> FACILITY OUTSIDE LES OTHER $\qquad$ | $\qquad$ $\qquad$ 15 <br> Y) <br> ...... 31 <br> ...... . 32 <br> . . . . . . 33 <br> ..... 41 <br> ....... 51 <br> ...... 52 <br> ..... 61 $\qquad$ 96 |  |
| 918 | I don't want to know the results, but did you get the results of the test? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 1NO . . . . . . . . . . . . . . . 2 |  | $\longrightarrow 924$ |
| 919 | All women are supposed to receive counseling after being tested. After you were tested, did you receive counseling? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 8 |  | $924$ |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 920 |  |  | $\rightarrow 926$ |
| 921 | Between the time you went for delivery but before the baby was born, were you offered a test for HIV? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . |  |
| 922 | I don't want to know the results, but were you tested for HIV at that time? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 2 | $\rightarrow 926$ |
| 923 | I don't want to know the results, but did you get the results of the test? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . |  |
| 924 | Have you been tested for HIV since that time you were tested during your pregnancy? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 2 | $\longrightarrow 927$ |
| 925 | How many months ago was your most recent HIV test? | MONTHS AGO <br> TWO OR MORE YEARS | $\rightarrow 931 \mathrm{~A}$ |
| 926 | I don't want to know the results, but have you ever been tested to see if you have HIV? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 1 NO . . . . . . . . . . . . 2 | $\longrightarrow 930$ |
| 927 | How many months ago was your most recent HIV test? | MONTHS AGO <br> TWO OR MORE YEARS |  |
| 928 | I don't want to know the results, but did you get the results of the test? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 2 |  |
| 929 | Where was the test done? <br> PROBE TO IDENTIFY TYPE OF SOURCE. <br> IF UNABLE TO DETERMINE IF PUBLIC OR PRIVATE SECTOR, WRITE THE NAME OF THE PLACE. |  |  |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 930 | Do you know of a place where people can go to get tested for HIV? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . | $\rightarrow$ 931A |
| 931 | Where is that? <br> Any other place? <br> PROBE TO IDENTIFY EACH TYPE OF SOURCE. <br> IF UNABLE TO DETERMINE IF PUBLIC OR PRIVATE SECTOR, WRITE THE NAME OF THE PLACE. | ```PUBLIC SECTOR GOVT. HOSPITAL ................ A GOVT. HEALTH CENTER ......... B GOVT. HEALTH POST ............ C FAMILY PLANNING CLINIC ......... D OTHER PUBLIC SECTOR``` $\qquad$ <br> ```(SPECIFY) \\ PRIVATE MEDICAL SECTOR \\ PRIVATE HOSPITAL/CLINIC ...... F PHARMACY``` $\qquad$ <br> ```PRIVATE DOCTOR``` $\qquad$ <br> ```H \\ LESOTHO PLANNED PARENTHOOD PSI/NEW START CENTER ......... J OTHER PRIVATE MEDICAL SECTOR``` $\qquad$ <br> ```(SPECIFY) \\ CHAL``` $\qquad$ <br> ```CHAL HEALTH CENTER ............ M CHAL HEALTH POST .............. N \\ RED CROSS HEALTH CENTER``` $\qquad$ <br> ```O \\ VILLAGE HEALTH WORKER ......... P SUPPORT GROUPS.................... Q \\ FACILITY OUTSIDE LESOTHO``` $\qquad$ <br> ```OTHER``` $\qquad$ <br> ```XNone``` |  |
| 931A | Some individuals choose not to go for HIV testing and counseling. In your opinion, why is this so? <br> PROBE: Any other reason? |  |  |
| 931B | CHECK 916, 922 AND 926: <br> HAS NOT BEEN <br> HAS BEEN TESTED FOR HIV |  | $\rightarrow 932$ |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 931C | What is the main reason you have not been tested for HIV? |  |  |
| 932 | Would you buy fresh vegetables from a shopkeeper or vendor if you knew that this person had HIV? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 8 |  |
| 933 | If a member of your family got infected with HIV, would you want it to remain a secret or not? | YES, REMAIN A SECRET $\ldots$ . . . . . . . 1 <br> NO . . . . . . . . . . . . . . . . . . . 2   <br> DK/NOT SURE/DEPENDS . . . . . . . . 8  |  |
| 934 | If a member of your family became sick with AIDS, would you be willing to care for her or him in your own household? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 2 <br> NO . . . . . . . . . . . . 8 |  |
| 935 | In your opinion, if a female teacher has HIV but is not sick, should she be allowed to continue teaching in the school? | SHOULD BE ALLOWED . . . . . . . . . . . 1 <br> SHOULD NOT BE ALLOWED 2 <br> DK/NOT SURE/DEPENDS . . . . . . . . . 8 |  |
| 936 | Should children age $12-14$ be taught about using a condom to avoid getting AIDS? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 2 NO . . . . . . . . . . . 8 |  |
| 937 | CHECK 901: <br> a) Apart from AIDS, have you heard about other infections that can be transmitted through sexual contact? <br> NOT HEARD <br> b) Have you heard about infections that can be transmitted through sexual contact? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 2 |  |
| 938 | CHECK 613: <br> HAS HAD SEXUAL <br> NEVER HAD SEXUAL INTERCOURSE INTERCOURSE |  | $\rightarrow 946$ |
| 939 | CHECK 937: HEARD ABOUT OTHER SEXUALLY TRANSMITTED IN <br> YES $\square$ | ECTIONS? <br> NO $\square$ | $\rightarrow 941$ |
| 940 | Now I would like to ask you some questions about your health in the last 12 months. During the last 12 months, have you had a disease which you got through sexual contact? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . |  |
| 941 | Sometimes women experience a bad-smelling abnormal genital discharge. During the last 12 months, have you had a bad-smelling abnormal genital discharge? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . |  |
| 942 | Sometimes women have a genital sore or ulcer. During the last 12 months, have you had a genital sore or ulcer? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . |  |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 943 | CHECK 940, 941, AND 942: <br> HAS HAD AN <br> HAS NOT HAD AN <br> INFECTION <br> INFECTION OR <br> (ANY 'YES') DOES NOT KNOW |  | $\rightarrow 946$ |
| 944 | The last time you had (PROBLEM FROM 940/941/942), did you seek any kind of advice or treatment? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 2 | $\longrightarrow 946$ |
| 945 | Where did you go? <br> Any other place? <br> PROBE TO IDENTIFY EACH TYPE OF SOURCE. <br> IF UNABLE TO DETERMINE IF PUBLIC OR PRIVATE SECTOR, WRITE THE NAME OF THE PLACE. |  |  |
| 946 | If a wife knows her husband has a disease that she can get during sexual intercourse, is she justified in asking that they use a condom when they have sex? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 8 |  |
| 947 | Is a wife justified in refusing to have sex with her husband when she knows he has sex with other women? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . |  |
| 948 | CHECK 601: <br> CURRENTLY MARRIED/ <br> LIVING WITH A MAN <br> NOT IN UNION |  | $\rightarrow 1001$ |
| 949 | Can you say no to your (husband/partner) if you do not want to have sexual intercourse? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 8  <br> NO . . . . . . . . . . 8 |  |
| 950 | Could you ask your (husband/partner) to use a condom if you wanted him to? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 8 |  |

SECTION 10. OTHER HEALTH ISSUES

| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES |  | SKIP |
| :---: | :---: | :---: | :---: | :---: |
| 1001A | Now I would like to ask you about something else. Since age 15, have you ever had the following symptoms: <br> a) Cough for two weeks or more? <br> b) Fever for two weeks or more? <br> c) Sweating at night? <br> d) Weight loss? |    <br> aES   <br> a) COUGH 2+ WEEKS $\ldots \ldots$ 1 <br> b) FEVER 2+ MORE $\ldots .$. 1 <br>    <br> c) NIGHT SWEATING $\ldots$. 1 <br> d) WEIGHT LOSS $\ldots .$. 1 | $\begin{gathered} \mathrm{NO} \\ 2 \\ 2 \\ \\ 2 \\ 2 \end{gathered}$ |  |
| 1001B | CHECK 1001A <br> AT LEAST ONE <br> NOT A SINGLE YES' YES' |  |  | $\rightarrow 1001 \mathrm{~L}$ |
| 1001C | Did you seek consultation or treatment for the symptoms? | YES <br> NO | $\begin{aligned} & 1 \\ & 2 \end{aligned}$ | $\rightarrow$ 1001E |
| 1001D | What is the main reason you did not seek treatment for the symptoms? | SYMPTOMS HARMLESS COST <br> DISTANCE <br> EmbarRASSED <br> LONG QUEUE <br> OTHER | $\begin{array}{ll} . & 1 \\ . & 2 \\ \ldots & 3 \\ \ldots & 4 \\ . & 5 \\ . & 6 \end{array}$ | 1001L |
| 1001E | The last time you had such symptoms, where did you first go for advice or treatment? <br> PROBE TO IDENTIFY TYPE OF SOURCE. <br> IF UNABLE TO DETERMINE IF PUBLIC OR PRIVATE MEDICAL SECTOR, WRITE THE NAME OF THE PLACE. | PUBLIC SECTOR <br> GOVERNMENT HOSPITAL <br> GOVT. HEALTH CENTER <br> GOVT. HEALTH POST <br> OTHER PUBLIC SECTOR <br> PRIVATE MEDICAL SECTOR <br> PVT HOSPITAL/CLINIC <br> PHARMACY <br> PVT DOCTOR <br> OTHER PRIVATE MEDICAL SECTOR <br> CHAL <br> CHAL HOSPITAL <br> CHAL HEALTH CENTER <br> RED CROSS HEALTH CENTER <br> VILLAGE HEALTH WORKER <br> SUPPORT GROUPS <br> FACILITY OUTSIDE LESOTHO <br> OTHER SOURCE <br> SHOP <br> CHURCH <br> FRIENDS/RELATIVES <br> TRADITIONAL HEALER <br> OTHER | $\begin{array}{ll} \ldots & 11 \\ \ldots & 12 \\ \ldots & 13 \\ \ldots & 16 \\ & \\ \ldots & 21 \\ \ldots & 22 \\ \ldots & 23 \\ & \\ \ldots & 26 \\ \ldots & 31 \\ \ldots & 32 \\ \ldots & 41 \\ \ldots & 51 \\ \ldots & 52 \\ \ldots & 61 \\ \hline \end{array}$ |  |
| 1001F | How soon after the symptom(s) appeared did you first seek consultation or treatment? |  |   <br>   <br>   |  |
| 1001G | Were you told by a doctor or a nurse that you had tuberculosis? | YES <br> NO | $\begin{array}{ll} \ldots & 1 \\ \ldots & 2 \end{array}$ | $\longrightarrow$ 1001L |
| 1001H | Were you given any medicine to treat TB? | YES <br> NO | $\begin{array}{ll} . & 1 \\ \ldots & 2 \end{array}$ | $\longrightarrow 1001 \mathrm{~J}$ |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 10011 | How long were you told to take the medicine? | NUMBER OF MONTHS $\square$ DON'T KNOW/DON'T REMEMBER |  |
| 1001J | Did you go anywhere else for advice or treatment after you were told that you had tuberculosis? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 2 | $\rightarrow 1002$ |
| 1001K | Where did you go? <br> PROBE TO IDENTIFY TYPE OF SOURCE. <br> IF UNABLE TO DETERMINE IF PUBLIC OR PRIVATE MEDICAL SECTOR, WRITE THE NAME OF THE PLACE. |  | $\longrightarrow 1002$ |
| 1001L | Have you ever heard of an illness called tuberculosis or TB? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 1 NO . . . . . . . . . . . | $\longrightarrow 1005$ |
| 1002 | How does tuberculosis spread from one person to another? <br> PROBE: Any other ways? <br> RECORD ALL MENTIONED. |  |  |
| 1003 | Can tuberculosis be cured? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 8 |  |
| 1004 | If a member of your family got tuberculosis, would you want it to remain a secret or not? |  |  |
| 1004A | Would you be willing to work with someone who has been previously treated for tuberculosis? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . <br> NO . . . . . <br> DON'T KNOW/NOT SURE/ <br> DEPENDS . . . . . . . . . . . . . . . . . . . |  |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 1004B | What signs or symptoms would lead you to think that a person has tuberculosis? <br> PROBE: Any other signs or symptoms? <br> RECORD ALL MENTIONED. |  |  |
| 1004C | What do you think is the cause of tuberculosis? <br> PROBE: Any other causes? <br> RECORD ALL MENTIONED. |  |  |
| 1005 | Now I would like to ask you some other questions relating to health matters. Have you had an injection for any reason in the last 12 months? <br> IF YES: How many injections have you had? <br> IF NUMBER OF INJECTIONS IS GREATER THAN 90, OR DAILY FOR 3 MONTHS OR MORE, RECORD '90'. IF NON-NUMERIC ANSWER, PROBE TO GET AN ESTIMATE. | NUMBER OF INJECTIONS <br> NONE <br> 00 | $\longrightarrow 1009$ |
| 1006 | Among these injections, how many were administered by a doctor, a nurse, a dentist, or any other health worker? <br> IF NUMBER OF INJECTIONS IS GREATER THAN 90, OR DAILY FOR 3 MONTHS OR MORE, RECORD ' 90 '. <br> IF NON-NUMERIC ANSWER, PROBE TO GET AN ESTIMATE. | NUMBER OF INJECTIONS <br> NONE <br> 00 | $\longrightarrow 1009$ |
| 1007 | The last time you got an injection from a health worker, did he/she take the syringe and needle from a new, unopened package? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . |  |
| 1009 | Do you currently smoke cigarettes, either manufactured or handrolled? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . | $\longrightarrow 1011$ |
| 1010 | In the last 24 hours, how many cigarettes did you smoke? | CIGARETTES |  |
| 1011 | Do you currently smoke or use any (other) type of tobacco? |  | $\longrightarrow$ 1012A |
| 1012 | What (other) type of tobacco do you currently smoke or use? <br> RECORD ALL MENTIONED. |  |  |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES |  | SKIP |
| :---: | :---: | :---: | :---: | :---: |
| 1012A | Now I want to talk about diabetes. Have you ever heard of an illness called diabetes? | $\begin{aligned} & \text { YES } \\ & \text { NO } \end{aligned}$ | $\begin{array}{ll} \text {. } & 1 \\ \ldots & 2 \end{array}$ | $\longrightarrow$ 1012E |
| 1012AA | What are symptoms of diabetes? <br> PROBE: Any other symptoms? <br> RECORD ALL MENTIONED. | FREQUENT URINATION FEELING VERY THIRSTY FEELING VERY HUNGRY EXTREME FATIGUE BLURRY VISION CUTS/BRUISES SLOW TO HEAL WEIGHT LOSS PAIN/TINGLING/NUMBNESS IN HAN AND FEET OTHER DON'T KNOW | $\begin{array}{cc} \ldots & A \\ \ldots & B \\ \ldots & C \\ \ldots & D \\ \ldots & E \\ \ldots & F \\ \ldots & G \end{array}$ <br> NDS $\begin{array}{ll} \ldots & H \\ \ldots & X \\ \ldots . & Z \end{array}$ |  |
| 1012B | Have you ever been told by a doctor or a nurse that you have diabetes? | $\begin{aligned} & \text { YES } \\ & \text { NO } \end{aligned}$ | $\begin{array}{ll} . & 1 \\ . & 2 \end{array}$ | $\longrightarrow$ 1012E |
| 1012C | Are you taking medications for diabetes? | $\begin{aligned} & \text { YES } \\ & \text { NO } \end{aligned}$ | $\begin{array}{ll} \ldots & 1 \\ \ldots & 2 \end{array}$ | $\longrightarrow$ 1012E |
| 1012D | How do you take the medicine? | INJECTED <br> ORALLY <br> BOTH INJECTED AND ORALLY | $\begin{array}{ll} \ldots & 1 \\ \ldots & 2 \\ \ldots & 3 \end{array}$ |  |
| 1012E | Now I want to talk about blood pressure. (Before this survey,) has your blood pressure ever been checked? | $\begin{aligned} & \text { YES } \\ & \text { NO } \end{aligned}$ | $\begin{array}{ll} \ldots & 1 \\ \ldots & 2 \end{array}$ | $\longrightarrow 1012 \mathrm{~J}$ |
| 1012F | When was the last time you had your blood pressure checked? | LESS THAN 6 MONTHS AGO <br> 6-11 MONTHS AGO <br> 1-5 YEARS AGO <br> MORE THAN 5 YEARS AGO DON'T KNOW | $\begin{array}{ll} & \\ \ldots . & 1 \\ \ldots . & 2 \\ \ldots . & 3 \\ \ldots . & 4 \\ \ldots & 8\end{array}$ |  |
| 1012G | Who took your blood pressure? | DOCTOR/NURSE <br> PHARMACIST <br> SELF <br> OTHER <br> DON'T KNOW | $\begin{array}{ll}\ldots . & 1 \\ \ldots . & 2 \\ \ldots . & 3 \\ \ldots . & 6 \\ \ldots . & 8\end{array}$ |  |
| 1012H | Have you ever been told by a doctor or a nurse that you have high blood pressure? | $\begin{aligned} & \text { YES } \\ & \text { NO } \end{aligned}$ | $\begin{array}{ll} \ldots & 1 \\ \ldots & 2 \end{array}$ | $\longrightarrow 1012 \mathrm{~J}$ |
| 10121 | To lower your blood pressure, are you now: <br> a) Taking prescribed medicine? <br> b) Controlling your weight or losing weight? <br> c) Cutting down on salt in your diet? <br> d) Exercising? <br> e) Cutting down on alcohol consumption? <br> f) Stopping smoking? <br> g) Taking traditional medicine/herbs? | YES | $\begin{array}{ll} \mathrm{NO} & \mathrm{~N} / \mathrm{A} \\ & \\ 2 & 3 \\ 2 & 3 \\ 2 & 3 \\ 2 & 3 \\ 2 & 3 \\ 2 & 3 \\ 2 & 3 \end{array}$ |  |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 1012J | Have you ever heard of a disease called breast cancer? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 1 NO . . . . . . . . . . | $\longrightarrow$ 1012L |
| 1012K | Who can get breast cancer: women only, men only, or both men and women? |  |  |
| 1012L | Have you performed a breast self exam to detect lumps within the last 12 months? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 2 |  |
| 1012M | Have you had a breast cancer clinical exam to detect breast cancer in the last 12 months? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 8 |  |
| 1012N | Have you ever heard of a pap smear, that is an exam that consists of removing cells from the cervix to detect changes that can suggest the presence of cancer in a woman's womb? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 2 | $\longrightarrow 1013$ |
| 10120 | Have you ever had such an exam in your life time? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 2 | $\longrightarrow 1013$ |
| 1012P | How long ago was the last exam performed? | LESS THAN 12 MONTHS AGO $\ldots .$. 1  <br> 1-3 YEARS $\ldots \ldots \ldots \ldots \ldots \ldots$ $\ldots .$. 2 <br> $4+$ YEARS $\ldots \ldots \ldots \ldots \ldots$ $\ldots .$. 3 <br> DON'T KNOW/REMEMBER $\ldots .$. 8  |  |
| 1013 | Many different factors can prevent women from getting medical advice or treatment for themselves. When you are sick and want to get medical advice or treatment, is each of the following a big problem or not? <br> a) Getting permission to go? <br> b) Getting money needed for treatment? <br> c) The distance to the health facility? <br> d) Not wanting to go alone? | $\left.\begin{array}{lccc} & \begin{array}{c}\text { BIG } \\ \text { PROB- }\end{array} & \begin{array}{c}\text { NOT A BIG } \\ \text { LEM }\end{array} \\ \text { PROB- } \\ \text { LEM }\end{array}\right]$ |  |
| 1014 | Are you covered by any health insurance? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 2 | $\longrightarrow 1101$ |
| 1015 | What type of health insurance are you covered by? <br> RECORD ALL MENTIONED. | MUTUAL HEALTH ORGANIZATION/ COMMUNITY-BASED HEALTH INSURANCE ..................... A HEALTH INSURANCE THROUGH EMPLOYER <br> OTHER PRIVATELY PURCHASED COMMERCIAL HEALTH INSURANCE. . . . . . . . . . . . . . . . . . . C OTHER |  |

SECTION 11. MATERNAL MORTALITY


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 1114 | CHECK Qs. 1110, 1111 AND 1112 FOR ALL SISTERS <br> ANY YES <br> ALL NO OR BLANK <br> Just to make sure I have this right, you told me that your sister(s) (pregnant/delivering/had just delivered). Is that correct? <br> IF CORRECT, CONTINUE. <br> IF NOT, CORRECT QUESTIONNAIRE AND CONTINUE TO 1115. | (NAME) died when she | $\rightarrow 1115$ |
| 1115 | CHECK 101B: <br> AGREED TO MEASUREMENT <br> DID NOT AGREE TO $\square$ OR WAS | EASUREMENT <br> T ASKED 101B | $\rightarrow 1117$ |
| 1116 | May I measure your blood pressure at this time? <br> DATE | SYSTOLIC <br> DIASTOLIC <br> REFUSED <br> TECHNICAL PROBLEMS OTHER |  |
| 1117 | RECORD THE TIME. | HOURS <br> MINUTES |  |

SECTION 12. AVERAGING BLOOD PRESSURE MEASURES

| NO. | QUESTIONS | FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: | :---: |
| 1201 | CHECK Q600B AND Q1116: |  |  | $\rightarrow 1207$ |
| 1202 | RECORD AND CALCULATE THE AVERAGE OF THE SYSTOLIC AND DIASTOLIC BLOOD PRESSURE FROM Q600B AND Q1116. |  |  |  |
| 1203 | BLOOD PRESSURE MEASUREMENTS FROM Q600B | SYSTOLIC |  |  |
| 1204 | BLOOD PRESSURE MEASUREMENTS FROM Q1116 |  | DIASTOLIC |  |
| 1205 | RECORD THE SUM OF THE SYSTOLIC AND DIASTOLIC MEASURES. | SUM SYSTOLIC <br> SUM DIASTOLIC |  |  |
| 1206 | CALCULATE THE AVERAGE SYSTOLIC AND DIASTOLIC PRESSURES BY DIVIDING THE SUM IN Q1205 BY 2. | AVERAGE SYSTOLIC | AVERAGE DIASTOLIC | $\longrightarrow 1211$ |
| 1207 | CHECK Q1116: <br> SYSTOLIC AND DIASTOLIC BLOOD PRESSURE NO RECORDED IN Q11 | BOTH SYSTOLIC AND DIASTOLIC BLOOD PRESSURE RECORDED IN Q1116 |  | $\longrightarrow 1210$ |
| 1208 | CHECK Q600B: <br> SYSTOLIC AN DIASTOLIC BLOOD PRESSURE NO RECORDED IN Q60 | BOTH SYSTOLIC AND DIASTOLIC BLOOD PRESSURE RECORDED IN Q600B |  | $\rightarrow 1210$ |
| 1209 | CHECK Q102F: <br> SYSTOLIC AN DIASTOLIC BLOOD PRESSURE RECORDED IN Q10 |  | LIC AND ESSURE <br> N Q102F | $\longrightarrow 1213$ |
| 1210 | RECORD THE SYSTOLIC AND DIASTOLIC PRESSURE. |  |  |  |


| 1211 | USE THE TABLE BELOW TO DETERMINE THE CORRECT CODE TO RECORD ON THE BLOOD PRESSURE REPORT AND REFERRAL FORM. <br> CIRCLE THE ROW IN WHICH THE VALUE FOR THE SYSTOLIC BLOOD PRESSURE FROM Q1206 OR Q1210 IS FOUND. <br> THEN CIRCLE THE COLUMN IN WHICH THE VALUE FOR THE DIASTOLIC BLOOD FROM Q1206 OR Q1210 IS FOUND. <br> THE VALUE WHERE THE ROW AND COLUMN YOU HAVE CIRCLED INTERSECT IN THE TABLE WILL BE USED IN COMPLETING Q1212. |  |
| :---: | :---: | :---: |
| 1212 | RECORD THE NUMBER YOU RECORDED IN Q1211 IN THE CHART BELOW. THEN USE THE INSTRUCTIONS TO THE RIGHT OF THAT NUMBER TO COMPLETE A BLOOD PRESSURE FINDINGS REPORT FORM FOR THE RESPONDENT. GIVE THE FORM TO THE RESPONDENT AND ANSWER ANY QUESTIONS SHE MAY HAVE. |  |
| 1213 | THANK THE RESPONDENT AND ADVISE THAT THE RESPONDENT OR OTHER MEMBERS OF THE HOUSEHOLD MAY BE ASKED TO PARTICIPATE AGAIN IN INTERVIEWS OR OTHER SURVEY ACTIVITIES IN THE FUTURE. <br> Thank you for taking the time to answer these questions. We may return to interview you or other members of your household again or to ask you to participate in other survey activities in the future. We hope that you will agree at that time. |  |

## INTERVIEWER'S OBSERVATIONS

TO BE FILLED IN AFTER COMPLETING INTERVIEW

COMMENTS ABOUT RESPONDENT:

COMMENTS ON SPECIFIC QUESTIONS:
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$

ANY OTHER COMMENTS:
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$

SUPERVISOR'S OBSERVATIONS
$\qquad$
$\qquad$
$\qquad$
$\qquad$ $\longrightarrow$
$\qquad$
$\qquad$
NAME OF SUPERVISOR: $\qquad$ DATE: $\qquad$

INSTRUCTIONS:
ONLY ONE CODE SHOULD APPEAR IN ANY BOX COLUMN 1 REQUIRES A CODE IN EVERY MONTH.

INFORMATION TO BE CODED FOR EACH COLUMN
COLUMN 1: BIRTHS, PREGNANCIES, CONTRACEPTIVE USE B BIRTHS
P PREGNANCIES
T TERMINATIONS
0 NO METHOD
1 FEMALE STERILIZATION
MALE STERILIZATION
IUCD
INJECTABLES
IMPLANTS
PILL
MALE CONDOM
FEMALE CONDOM
RHYTHM METHOD
M WITHDRAWAL
X OTHER MODERN METHOD
Y OTHER TRADITIONAL METHOD

COLUMN 2: DISCONTINUATION OF CONTRACEPTIVE USE
0 INFREQUENT SEX/HUSBAND AWAY
1 BECAME PREGNANT WHILE USING
WANTED TO BECOME PREGNANT
HUSBAND/PARTNER DISAPPROVED
WANTED MORE EFFECTIVE METHOD
SIDE EFFECTS/HEALTH CONCERNS
LACK OF ACCESS/TOO FAR
COSTS TOO MUCH
INCONVENIENT TO USE
F UP TO GOD/FATALISTIC
A DIFFICULT TO GET PREGNANT/MENOPAUSAL
D MARITAL DISSOLUTION/SEPARATION
X OTHER $\qquad$
z DON'T KNOW


## 2014 LESOTHO DEMOGRAPHIC AND HEALTH SURVEY MAN'S QUESTIONNAIRE



## INFORMED CONSENT

Hello. My name is $\qquad$ . I am working with the Ministry of Health. We are conducting a survey about health all over the country. The information we collect will help the government to plan health services. Your household was selected for the survey. The questions usually take about 20 minutes. All of the answers you give will be confidential and will not be shared with anyone other than members of our survey team. You don't have to be in the survey, but we hope you will agree to answer the questions since your views are important. If I ask you any question you don't want to answer, just let me know and I will go on to the next question or you can stop the interview at any time.

In case you need more information about the survey, you may contact the person listed on the card that has already been given to your household.

Do you have any questions? May I begin the interview now?
SIGNATURE OF INTERVIEWER:
RESPONDENT AGREES TO BE INTERVIEWED

| 101 | RECORD THE TIME. <br> HOUR |
| :---: | :---: |
| 101B | During the interview I would like to measure your blood pressure. This will be done three times during the interview. This is a harmless procedure. It is used to find out if a person has high blood pressure. If it is not treated, high blood pressure may eventually cause serious damage to the heart. <br> The results of this blood pressure measurement will be given to you after the interview together with an explanation of the meaning of your blood pressure numbers. If your blood pressure is high, we will suggest that you consult a health facility or doctor since we cannot provide any further testing or treatment during the survey. <br> Do you have any questions about the blood pressure measurement so far? If you have any questions about the procedure at any time, please ask me. <br> You can say yes or no to having the blood pressure measurement now. You can also decide at any time not to participate in the blood pressure measures. <br> Would you allow me to proceed to take your blood pressure measurement at this time? <br> Signature of interviewer: $\qquad$ Date: $\qquad$ <br> RESPONDENT AGREES $\qquad$ RESPONDENT DOES NOT AGREE $\qquad$ |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 101C | Before taking your blood pressure, I would like to ask a few questions about things that may affect these measurements. Have you done any of the following within the past 30 minutes: <br> a) Eaten anything? <br> b) Had coffee, tea, cola or other drink that has caffeine? <br> c) Smoked any tobacco product? |   YES NO <br> a) EATEN $\ldots \ldots \ldots \ldots \ldots$ 1 2  <br> b) HAD CAFFEINATED DRINK . 1 2  <br> c) SMOKED $\quad \ldots \ldots \ldots \ldots .$. 1 2  |  |
| 101D | May I begin the process of measuring your blood pressure? <br> BEFORE TAKING THE FIRST BLOOD PRESSURE READING, MEASURE THE CIRCUMFERENCE OF THE RESPONDENT'S ARM MIDWAY BETWEEN THE ELBOW AND THE SHOULDER. RECORD THE MEASUREMENT IN CENTIMETRES. | ARM CIRCUMFERENCE (IN CENTIMETRES) |  |
| 101E | USE THE ARM CIRCUMFERENCE MEASUREMENT TO SELECT the Appropriate cuff size. record the code for the CUFF SIZE. | SMALL: $17 \mathrm{CM}-22 \mathrm{CM}$ $\ldots \ldots \ldots$ 1 <br> MEDIUM: $23 \mathrm{CM}-32 \mathrm{CM}$ $\ldots \ldots \ldots$ 2 <br> LARGE: $33 \mathrm{CM}-42 \mathrm{CM}$ $\ldots \ldots \ldots$ 3 |  |
| 101F | TAKE THE FIRST BLOOD PRESSURE READING. RECORD THE SYSTOLIC AND DIASTOLIC PRESSURE. |  |  |
| 102 | In what month and year were you born? |  |  |
| 103 | How old were you at your last birthday? <br> COMPARE AND CORRECT 102 AND/OR 103 IF INCONSISTENT. | AGE IN COMPLETED YEARS  |  |
| 104 | Have you ever attended school? |  | $\rightarrow 108$ |
| 105 | What is the highest level of school you attended: primary, secondary, or higher? |  |  |
| 106 | What is the highest (standard/form/year) you completed at that level? <br> IF COMPLETED LESS THAN ONE YEAR AT THAT LEVEL, RECORD '00'. | STANDARD/FORM/YEAR ... |  |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 107 | CHECK 105: <br> PRIMARY SECONDARY <br> VOCATIONAL / TECH. OR HIGHER AFTER PRIMARY ${ }^{\downarrow}$ |  | $\rightarrow 110$ |
| 108 | Now I would like you to read this sentence to me. <br> SHOW CARD TO RESPONDENT. <br> IF RESPONDENT CANNOT READ WHOLE SENTENCE, <br> PROBE: Can you read any part of the sentence to me? | ```CANNOT READ AT ALL . . . . . ....... 1 ABLE TO READ ONLY PARTS OF SENTENCE ...................... . 2 ABLE TO READ WHOLE SENTENCE 3 NO CARD WITH REQUIRED LANGUAGE``` $\qquad$ ```NoneNone ``` |  |
| 109 | CHECK 108: $\square$ |  | $\rightarrow 111$ |
| 110 | Do you read a newspaper or magazine at least once a week, less than once a week or not at all? |  |  |
| 111 | Do you listen to the radio at least once a week, less than once a week or not at all? |  |  |
| 112 | Do you watch television at least once a week, less than once a week or not at all? | AT LEAST ONCE A WEEK $\ldots$ .... 1 <br> LESS THAN ONCE A WEEK $\ldots . .$. 2  <br> NOT AT ALL $\quad . . . . . . . . . . . . . . . . . . . .$. 3   |  |
| 113 | What religion do you belong to? <br> IF CHRISTIAN: What church do you belong to? |  |  |
| 115 | In the last 12 months, how many times have you been away from home for one or more nights? | NUMBER OF TIMES $\square$ <br> NONE | $\rightarrow 122$ |
| 116 | In the last 12 months, have you been away from home for more than one month at a time? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . | $\longrightarrow 122$ |
| 117 | The last time you were away for more than a month, how many months were you away? <br> IF 12 MONTHS OR MORE, RECORD '95.' | NUMBER OF MONTHS $\square$ <br> 12 OR MORE MONTHS |  |
| 118 | Where did you go? |  |  |
| 120 | Why did you go there? <br> PROBE: What was the main purpose of your trip? | WORK . . . . . . . . . . . . . . . . . . . . . . . . . <br> SCHOOL/UNIVERSITY . . . . . . . . . <br> FAMILY/MARRIAGE . . . . . . . . . . |  |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 121 | CHECK 117: |  | 125 |
| 122 | In the last 5 years, how many times have you been away from home for three or more months at a time? | NUMBER OF TIMES $\square$ <br> NONE $\qquad$ | $\rightarrow 201$ |
| 123 | The most recent time you were away from home for three or more months, where did you go? |  |  |
| 124 | Why did you go there? <br> PROBE: What was the main purpose of your trip? |  | 201 |
| 125 | Including the time you already mentioned, in the last 5 years, how many times have you been away from home for three or more months at a time? | NUMBER OF TIMES $\qquad$ $\square$ <br> ONE TIME $\qquad$ |  |

SECTION 2. REPRODUCTION

| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES |  | SKIP |
| :---: | :---: | :---: | :---: | :---: |
| 201 | Now I would like to ask about any children you have had during your life. I am interested in all of the children that are biologically yours, even if they are not legally yours or do not have your last name. Have you ever fathered any children with any woman? | YES <br> NO <br> DON'T KNOW | 8 | $\xrightarrow{\longrightarrow} 206$ |
| 202 | Do you have any sons or daughters that you have fathered who are now living with you? | YES <br> NO |  | $\longrightarrow 204$ |
| 203 | a) How many sons live with you? <br> b) And how many daughters live with you? <br> IF NONE, RECORD ‘00'. | a) SONS AT HOME <br> b) DAUGHTERS AT HOME |  |  |
| 204 | Do you have any sons or daughters that you have fathered who are alive but do not live with you? | YES <br> NO |  | $\longrightarrow 206$ |
| 205 | a) How many sons are alive but do not live with you? <br> b) And how many daughters are alive but do not live with you? <br> IF NONE, RECORD ‘00'. | a) SONS ELSEWHERE <br> b) DAUGHTERS ELSEWHERE . |  |  |
| 206 | Have you ever fathered a son or a daughter who was born alive but later died? <br> IF NO, PROBE: Any baby who cried or showed signs of life but did not survive? | YES <br> NO <br> DON'T KNOW |  | $\xrightarrow{\square} 208$ |
| 207 | a) How many boys have died? <br> b) And how many girls have died? <br> IF NONE, RECORD '00'. | a) BOYS DEAD <br> b) GIRLS DEAD |  |  |
| 208 | SUM ANSWERS TO 203, 205, AND 207, AND ENTER TOTAL. IF NONE, RECORD '00'. | TOTAL CHILDREN . |  |  |
| 209 | CHECK 208: | HAD  |  | $\begin{gathered} \longrightarrow 212 \\ \longrightarrow 301 \end{gathered}$ |
| 210 | Did all of the children you have fathered have the same biological mother? | YES <br> NO |  | $\longrightarrow 212$ |
| 211 | In all, how many women have you fathered children with? | NUMBER OF WOMEN . |  |  |
| 212 | How old were you when your (first) child was born? | AGE IN YEARS |  |  |
| 213 | CHECK 203 AND 205: <br> AT LEAST ONE LIVING CHILD | G $\square$ EN |  | $\longrightarrow 301$ |
| 214 | How old is your (youngest) child? | AGE IN YEARS |  |  |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 215 | CHECK 214: <br> (YOUNGEST) CHILD OTHER IS AGE 0-2 YEARS |  | $\rightarrow 301$ |
| 216 | What is the name of your (youngest) child? WRITE NAME OF (YOUNGEST) CHILD <br> (NAME OF (YOUNGEST) CHILD) |  |  |
| 217 | When (NAME)'s mother was pregnant with (NAME), did she have any antenatal check-ups? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 2 <br> NO . . . . . . . . . . . . 8 | $219$ |
| 218 | Were you ever present during any of those antenatal check-ups? | PRESENT ............................. 1 NOT PRESENT . . . . . . . . . . . . . . . 2 |  |
| 219 | Was (NAME) born in a health facility? | HOSPITAL/HEALTH FACILITY ..... 1 <br> OTHER .............................. 2  |  |
| 220 | When a child has diarrhoea, how much should he or she be given to drink: more than usual, about the same as usual, less than usual, or nothing to drink at all? |  |  |

SECTION 3. CONTRACEPTION

| 301 | Now I would like to talk about family planning - the various ways or methods that a couple can use to delay or avoid a pregnancy. Have you ever heard of (METHOD)? |  |  |
| :---: | :---: | :---: | :---: |
| 1 | Female Sterilization. PROBE: Women can have an operation to avoid having any more children. | $\begin{aligned} & \text { YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . } 1 \\ & \text { NO . . . . . . . . . . . . } 2 \end{aligned}$ |  |
| 2 | Male Sterilization. PROBE: Men can have an operation to avoid having any more children. | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 1 NO . . . . . . . . . 2 |  |
| 3 | IUCD. PROBE: Women can have a loop or coil placed inside them by a doctor or a nurse. | YES ....................................................... 2 |  |
| 4 | Injectables/Depo. PROBE: Women can have an injection by a health provider that stops them from becoming pregnant for one or more months. |  |  |
| 5 | Implants. PROBE: Women can have one or more small rods placed in their upper arm by a doctor or nurse which can prevent pregnancy for one or more years. |  |  |
| 6 | Pill. PROBE: Women can take a pill every day to avoid becoming pregnant. |  |  |
| 7 | Male Condom. PROBE: Men can put a rubber sheath on their penis before sexual intercourse. | YES ....................................................... 1 NO ........................... |  |
| 8 | Female Condom. PROBE: Women can place a sheath in their vagina before sexual intercourse. |  |  |
| 9 | Rhythm Method. PROBE: To avoid pregnancy, women do not have sexual intercourse on the days of the month they think they can get pregnant. |  |  |
| 10 | Withdrawal. PROBE: Men can be careful and pull out before climax. | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 1 NO . . . . . . . . . . . . 2 |  |
| 11 | Emergency Contraception/Morning After Pill. PROBE: As an emergency measure, within five days after they have unprotected sexual intercourse, women can take special pills to prevent pregnancy. |  |  |
| 12 | Have you heard of any other ways or methods that women or men can use to avoid pregnancy? | YES $\quad$ (SPECIFY) <br> (SPECIFY) <br> NO ............................................................ 1 |  |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 302 | In the last three months have you: <br> a) Heard about family planning on the radio? <br> b) Seen anything about family planning on the television? <br> c) Read about family planning in a newspaper or magazine? <br> d) Read about family planning on billboards, posters, pamphlets? |  |  |
| 303 | In the last few months, have you discussed family planning with a health worker or health professional? |  |  |
| 304 | Now I would like to ask you about a woman's risk of pregnancy. From one menstrual period to the next, are there certain days when a woman is more likely to become pregnant when she has sexual relations? |  |  |
| 305 | Is this time just before her period begins, during her period, right after her period has ended, or halfway between two periods? |  |  |
| 306 | I will now read you some statements about contraception. Please tell me if you agree or disagree with each one. <br> a) Contraception is a woman's business and a man should not have to worry about it. <br> b) Women who use contraception may become promiscuous. |  DIS-   <br>  AGREE AGREE DK  <br> a) CONTRACEPTION    <br> WOMAN'S BUSINESS 1 2 8 <br> b) GET PROMISCUOUS 1 2 8 |  |
| 307 | CHECK 301 (07): KNOWS MALE CONDOM <br> YES NO $\square$ |  | - 311 |
| 308 | Do you know of a place where a person can get male condoms? | $\begin{array}{ll} \text { YES } \ldots . . \text {. . . . . . . . . . . . . . . . . . . . . . . . . } & 1 \\ \text { NO . . . . . . . . . . . . . . . . . . . } \end{array}$ | $\rightarrow 311$ |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 309 | Where is that? <br> Any other place? <br> PROBE TO IDENTIFY EACH TYPE OF SOURCE. <br> IF UNABLE TO DETERMINE IF PUBLIC OR PRIVATE SECTOR, WRITE THE NAME OF THE PLACE. <br> (NAME OF PLACE(S)) |  |  |
| 310 | If you wanted to, could you yourself get a male condom? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 2 |  |
| 311 | CHECK 301 (08): KNOWS FEMALE CONDOM <br> YES $\square$ NO |  | $\rightarrow 401$ |
| 312 | Do you know of a place where a person can get female condoms? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 2 | $\longrightarrow 401$ |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 313 | Where is that? <br> Any other place? <br> PROBE TO IDENTIFY EACH TYPE OF SOURCE. <br> IF UNABLE TO DETERMINE IF PUBLIC OR PRIVATE SECTOR, WRITE THE NAME OF THE PLACE. <br> (NAME OF PLACE(S)) |  |  |
| 314 | If you wanted to, could you yourself get a female condom? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . |  |

SECTION 4. MARRIAGE AND SEXUAL ACTIVITY


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES |  | SKIP |
| :---: | :---: | :---: | :---: | :---: |
| 411 $411 A$ | In what month and year did you start living with your (wife/partner)? <br> Now I would like to ask about your first (wife/partner). In what month and year did you start living with her? | MONTH <br> DON'T KNOW MONTH <br> YEAR $\square$ <br> DON'T KNOW YEAR |   <br>   <br> $\ldots$  <br>   | $\longrightarrow 413$ |
| 412 | How old were you when you first started living with her? | AGE |  |  |
| 413 | CHECK FOR THE PRESENCE OF OTHERS. <br> BEFORE CONTINUING, MAKE EVERY EFFORT TO ENSURE PR |  |  |  |
| 414 | Now I would like to ask some questions about sexual activity in order to gain a better understanding of some important life issues. <br> How old were you when you had sexual intercourse for the very first time? | NEVER HAD SEXUAL <br> INTERCOURSE <br> AGE IN YEARS <br> FIRST TIME WHEN STARTED LIVING WITH (FIRST) WIFE/PARTNER | 95 | $\longrightarrow 501$ |
| 415 | Now I would like to ask you some questions about your recent sexual completely confidential and will not be told to anyone. If we should co know and we will go to the next question. | ctivity. Let me assure you again e to any question that you don't | t your answ t to answer | are jst let me |
| 416 | When was the last time you had sexual intercourse? <br> IF LESS THAN 12 MONTHS, ANSWER MUST BE RECORDED IN DAYS, WEEKS OR MONTHS. <br> IF 12 MONTHS (ONE YEAR) OR MORE, ANSWER MUST BE RECORDED IN YEARS. | DAYS AGO $\ldots . . . . . .$. 1   <br>     <br> WEEKS AGO $\ldots . . .$. 2  <br> MONTHS AGO $\ldots . .$. 3  <br>     <br> YEARS AGO $\ldots . . .$. 4  |   <br>   <br>   | $\begin{gathered} \xrightarrow{\xrightarrow{\longrightarrow}} 418 \\ \longrightarrow 430 \end{gathered}$ |


|  |  | LAST SEXUAL PARTNER | SECOND-TO-LAST SEXUAL PARTNER | THIRD-TO-LAST SEXUAL PARTNER |
| :---: | :---: | :---: | :---: | :---: |
| 417 | When was the last time you had sexual intercourse with this person? |  |  | DAYS <br> AGO 1 <br> WEEKS <br> AGO 2 <br> MONTHS <br> AGO 3 |
| 418 | The last time you had sexual intercourse (with this second/ third person), was a condom used? | $\begin{aligned} & \text { YES } \ldots \ldots \ldots \ldots \ldots \\ & \begin{array}{l} 1 \\ \text { NO } \ldots \ldots \ldots \ldots \ldots \end{array} \\ & \begin{array}{l} \text { (SKIP TO 420) } \end{array}{ }^{2} \ldots \end{aligned}$ |  | YES NO <br> (SKIP TO |
| 419 | Was a condom used every time you had sexual intercourse with this person in the last 12 months? | $\begin{array}{lll} \text { YES .................. } & 1 \\ \text { NO .............. } & 2 \end{array}$ | $\begin{array}{lll} \text { YES } \ldots \ldots \ldots \ldots \ldots & 1 \\ \text { NO } \ldots \ldots \ldots \ldots . . & 2 \end{array}$ | $\begin{aligned} & \text { YES } \ldots \text {. } \\ & \text { NO } . \ldots . . \end{aligned}$ |
| 420 | What was your relationship to this person with whom you had sexual intercourse? <br> IF GIRLFRIEND: Were you living together as if married? <br> IF YES, RECORD '2'. <br> IF NO, RECORD ' 3 '. |  |  |  |
| 421 | CHECK 410: | MARRIED MARRIED <br> ONLY MORE <br> ONCE THAN $\square$ <br> $\square$ ONCE <br> OR BLANK <br> (SKIP <br>  TO 423) | MARRIED MARRIED <br> ONLY MORE <br> ONCE THAN <br> $\square$ ONCE <br> OR BLANK <br> (SKIP <br>  TO 423) | MARRIED ONLY ONCE |
| 422 | CHECK 414: | FIRST TIME WHEN STARTED LIVING OTHER WITH FIRST WIFE $\square$ (SKIP TO 424) | FIRST TIME WHEN STARTED LIVING OTHER WITH FIRST WIFE $\square$ (SKIP ${ }^{\circ} \mathrm{F}$ 424) | FIRST TIME W STARTED LIV WITH FIRST (SKIP TO 424) |
| 423 | How long ago did you first have sexual intercourse with this (second/third) person? |  |  | DAYS  <br> AGO 1 <br> WEEKS  <br> AGO 2 <br> MONTHS  <br> AGO 3 <br> YEARS  <br> AGO 4 |
| 424 | How many times during the last 12 months did you have sexual intercourse with this person? <br> IF NON-NUMERIC ANSWER, PROBE TO GET AN ESTIMATE. IF NUMBER OF TIMES IS 95 OR MORE, WRITE '95'. | NUMBER OF TIMES $\square$ | NUMBER OF TIMES | NUMBER OF TIMES |
| 425 | How old is this person? | AGE OF PARTNER $\square$ DON'T KNOW $\qquad$ | AGE OF PARTNER $\square$ DON'T KNOW $\qquad$ | AGE OF PARTNER DON'T KNOW |
| 426 | Apart from (this person/these two people), have you had sexual intercourse with any other person in the last 12 months? |  |  |  |
| 427 | In total, with how many different people have you had sexual intercourse in the last 12 months? <br> IF NON-NUMERIC ANSWER, PROBE TO GET AN ESTIMATE. IF NUMBER OF PARTNERS IS 95 OR MORE, WRITE '95'. |  |  | NUMBER OF <br> PARTNERS <br> LAST 12 <br> MONTHS ... <br> DON'T KNOW |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 428 | CHECK 420 (ALL COLUMNS): <br> AT LEAST ONE PARTNER $\square$ NO PAR IS PROSTITUTE ARE PROST | NERS UTES | $\rightarrow 430$ |
| 429 | CHECK 420 AND 418 (ALL COLUMNS): <br> CONDOM USE <br> OTHER $\square$ |  | $\begin{aligned} & \longrightarrow 433 \\ & \longrightarrow 434 \end{aligned}$ |
| 430 | In the last 12 months, did you pay anyone in exchange for having sexual intercourse? |  | $\rightarrow 432$ |
| 431 | Have you ever paid anyone in exchange for having sexual intercourse? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 1 NO . . . . . . 2 | $\xrightarrow{\rightarrow} 434$ |
| 432 | The last time you paid someone in exchange for having sexual intercourse, was a condom used? |  | $\rightarrow 434$ |
| 433 | Was a condom used during sexual intercourse every time you paid someone in exchange for having sexual intercourse in the last 12 months? |  |  |
| 434 | In total, with how many different people have you had sexual intercourse in your lifetime? <br> IF NON-NUMERIC ANSWER, PROBE TO GET AN ESTIMATE. IF NUMBER OF PARTNERS IS 95 OR MORE, WRITE '95'. | NUMBER OF PARTNERS IN LIFETIME . $\qquad$ $\square$ DON'T KNOW $\qquad$ |  |
| 435 | CHECK 418, MOST RECENT PARTNER (FIRST COLUMN): <br> NOT ASKED <br> CONDOM <br> USED <br> NO CONDOM <br> USED |  | $\begin{aligned} & \longrightarrow 438 \\ & \longrightarrow 438 \end{aligned}$ |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 437 | You told me that a condom was used the last time you had sex. From where did you obtain the condom the last time? <br> PROBE TO IDENTIFY TYPE OF SOURCE. <br> IF UNABLE TO DETERMINE IF PUBLIC OR PRIVATE SECTOR, WRITE THE NAME OF THE PLACE. |  |  |
| 438 | The last time you had sex did you or your partner use any method (other than a condom) to avoid or prevent a pregnancy? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 8 | $\longrightarrow 501$ |
| 439 | What method did you or your partner use? <br> PROBE: Did you or your partner use any other method to prevent pregnancy? <br> RECORD ALL MENTIONED. |  |  |

SECTION 5. FERTILITY PREFERENCES


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES |  |  |  | SKIP |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 509 | CHECK 203 AND 205: <br> HAS LIVING CHILDREN <br> a) If you could go back to the time you did not have any children and could choose exactly the number of children to have in your whole life, how many would that be? <br> NO LIVING CHILDREN <br> b) If you could choose exactly the number of children to have in your whole life, how many would that be? | NONE <br> NUMBER <br> OTHER |  | $\overline{C I F Y)}$ | 96 | $\begin{array}{r} \longrightarrow 601 \\ \longrightarrow 601 \end{array}$ |
| 510 | How many of these children would you like to be boys, how many would you like to be girls and for how many would it not matter if it's a boy or a girl? | NUMBER <br> OTHER | BOYS <br> (S | CIFY) | $96$ |  |




SECTION 7. HIVIAIDS

| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 701 | Now I would like to talk about something else. Have you ever heard of an illness called AIDS? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 2 NO . . . . . . . . . . . . | $\longrightarrow 723$ |
| 702 | Can people reduce their chance of getting HIV by having just one uninfected sex partner who has no other sex partners? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 8 |  |
| 703 | Can people get HIV from mosquito bites? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . <br> NO . . . . . . . . . . . . . . . . . . |  |
| 704 | Can people reduce their chance of getting HIV by using a condom every time they have sex? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . |  |
| 705 | Can people get HIV by sharing food with a person who has AIDS? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 8 |  |
| 706 | Can people get HIV because of witchcraft or other supernatural means? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 8 |  |
| 707 | Is it possible for a healthy-looking person to have HIV? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 8 |  |
| 707A | Can AIDS be cured? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 8 | $\xrightarrow{\longrightarrow} 708$ |
| 707B | What can cure AIDS? <br> PROBE: Anything else? | MODERN DRUGS/ANTIRETROVIRALS A HERBS <br> PRAYER/GOD <br> OTHER <br> DON'T KNOW |  |
| 708 | Can HIV be transmitted from a mother to her baby: <br> a) During pregnancy? <br> b) During delivery? <br> c) By breastfeeding? |  YES NO DK <br> a) DURING PREG. . . . 1 2 8 <br> b) DURING DELIVERY . 1 2 8 <br> c) BREASTFEEDING . 1 2 |  |
| 709 | CHECK 708: <br> AT LEAST <br> ONE 'YES' | ER $\square$ | $\rightarrow 711$ |
| 710 | Are there any special drugs that a doctor or a nurse can give to a woman infected with HIV to reduce the risk of transmission to the baby? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 8 |  |
| 711 | CHECK FOR PRESENCE OF OTHERS. BEFORE CONTINUING, MAK | E EVERY EFFORT TO ENSURE PRIVACY. |  |
| 712 | I don't want to know the results, but have you ever been tested to see if you have HIV? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 2 | $\longrightarrow 716$ |
| 713 | How many months ago was your most recent HIV test? | MONTHS AGO <br> TWO OR MORE YEARS |  |
| 714 | I don't want to know the results, but did you get the results of the test? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 2 |  |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 715 | Where was the test done? <br> PROBE TO IDENTIFY TYPE OF SOURCE. <br> IF UNABLE TO DETERMINE IF PUBLIC OR PRIVATE SECTOR, WRITE THE NAME OF THE PLACE. |  | 717A |
| 716 | Do you know of a place where people can go to get tested for HIV? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 1 NO . . . . . . . . . . . . . . . . | $\rightarrow$ 717A |
| 717 | Where is that? <br> Any other place? <br> PROBE TO IDENTIFY EACH TYPE OF SOURCE. <br> IF UNABLE TO DETERMINE IF PUBLIC OR PRIVATE SECTOR, WRITE THE NAME OF THE PLACE. |  |  |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 717A | Some individuals choose not to go for HIV testing and counseling. In your opinion, why is this so? <br> PROBE: Any other reason? |  |  |
| 717B | CHECK 712: <br> HAS NOT BEEN <br> TESTED FOR HIV | ED | $\rightarrow 718$ |
| 717C | What is the main reason you have not been tested for HIV? |  |  |
| 718 | Would you buy fresh vegetables from a shopkeeper or vendor if you knew that this person had HIV? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 8 |  |
| 719 | If a member of your family got infected with HIV, would you want it to remain a secret or not? | YES, REMAIN A SECRET . . . . . . . . . . 1 <br> NO . . . . . . . . . . . . . . . . . . . . . 2  <br> DK/NOT SURE/DEPENDS . . . . . . . . 8  |  |
| 720 | If a member of your family became sick with AIDS, would you be willing to care for her or him in your own household? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 1 <br> NO . . . . . . . . 2 <br> DK/NOT SURE/DEPENDS . . . . . . . . 8 |  |
| 721 | In your opinion, if a female teacher has HIV but is not sick, should she be allowed to continue teaching in the school? | SHOULD BE ALLOWED . . . . . . . . . . . SHOULD NOT BE ALLOWED DK/NOT SURE/DEPENDS . . . . . . . . . 2 DK/NOT |  |
| 722 | Should children age 12-14 be taught about using a condom to avoid getting AIDS? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 1 <br> NO . . . . . . . . . . 1 <br> DK/NOT SURE/DEPENDS . . . . . . . . 8 |  |
| 723 | CHECK 701: <br> HEARD ABOUT <br> a) Apart from AIDS, have you heard about other infections that can be transmitted through sexual contact? <br> NOT HEARD <br> b) Have you heard about infections that can be transmitted through sexual contact? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 1 NO . . . . . . . . . . . . . . . 2 |  |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 724 | CHECK 414: <br> HAS HAD SEXUAL <br> HAS NOT HAD SEXUAL INTERCOURSE INTERCOURSE |  | $\rightarrow 732$ |
| 725 | CHECK 723: HEARD ABOUT OTHER SEXUALLY TRANSMITTED IN | FECTIONS? <br> NO $\square$ | $\rightarrow 727$ |
| 726 | Now I would like to ask you some questions about your health in the last 12 months. During the last 12 months, have you had a disease which you got through sexual contact? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 8 |  |
| 727 | Sometimes men experience an abnormal discharge from their penis. During the last 12 months, have you had an abnormal discharge from your penis? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 2 <br> NO . . . . . . . . . . . . . . . . . . . . . . . 8 |  |
| 728 | Sometimes men have a sore or ulcer near their penis. During the last 12 months, have you had a sore or ulcer near your penis? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 8 |  |
| 729 | CHECK 726, 727, AND 728: <br> HAS HAD AN <br> HAS NOT HAD AN <br> INFECTION <br> INFECTION OR <br> (ANY 'YES') DOES NOT KNOW |  | $\rightarrow 732$ |
| 730 | The last time you had (PROBLEM FROM 726/727/728), did you seek any kind of advice or treatment? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 2 | $\longrightarrow 732$ |
| 731 | Where did you go? <br> Any other place? <br> PROBE TO IDENTIFY EACH TYPE OF SOURCE. <br> IF UNABLE TO DETERMINE IF PUBLIC OR PRIVATE SECTOR, WRITE THE NAME OF THE PLACE. <br> (NAME OF PLACE(S)) | PUBLIC SECTOR <br> GOVT. HOSPITAL <br> GOVT. HEALTH CENTER <br> GOVT. HEALTH POST <br> FAMILY PLANNING CLINIC ......... D <br> OTHER PUBLIC <br> SECTOR $\qquad$ <br> PRIVATE MEDICAL SECTOR <br> PRIVATE HOSPITAL/CLINIC <br> PHARMACY <br> PRIVATE DOCTOR <br> LESOTHO PLANNED PARENTHOOD <br> PSI/NEW START CENTER <br> OTHER PRIVATE MEDICAL SECTOR $\qquad$ (SPECIFY) <br> CHAL <br> CHAL HOSPITAL . . . . . . . . . . . . . . . . L <br> CHAL HEALTH CENTER . . . . . . . . . . M <br> CHAL HEALTH POST . . . . . . . . . . . . N <br> RED CROSS HEALTH CENTER ..... O <br> VILLAGE HEALTH WORKER . . . . . . . . P <br> SUPPORT GROUPS ................. Q <br> FACILITY OUTSIDE LESOTHO ...... R <br> OTHER SOURCE <br> SHOP $\qquad$ <br> CHURCH <br> FRIEND/RELATIVE $\qquad$ U <br> TRADITIONAL HEALER . . . . . . . . . . V <br> OTHER $\qquad$ |  |
| 732 | If a wife knows her husband has a disease that she can get during sexual intercourse, is she justified in asking that they use a condom when they have sex? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 8 |  |
| 733 | Is a wife justified in refusing to have sex with her husband when she knows her husband has sex with other women? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 8 |  |

SECTION 8. OTHER HEALTH ISSUES

| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES |  | SKIP |
| :---: | :---: | :---: | :---: | :---: |
| 801A | Now I would like to ask you about something else. Since age 15, have you ever had the following symptoms: <br> a) Cough for two weeks or more? <br> b) Fever for two weeks or more? <br> c) Sweating at night? <br> d) Weight loss? |   YES <br> a) COUGH 2+ WEEKS $\ldots \ldots$ 1  <br> b) FEVER 2+ MORE . . . . . 1  <br>    <br> c) NIGHT SWEATING $\ldots \ldots$ 1  <br> d) WEIGHT LOSS $\quad . \ldots .$. 1  | NO <br> 2 <br> 2 <br> 2 |  |
| 801B | CHECK 801A: <br> NOT A SINGLE YES |  |  | $\rightarrow 801 \mathrm{~L}$ |
| 801C | Did you seek consultation or treatment for the symptoms? | YES NO | $\begin{array}{r} 1 \\ . \quad 2 \end{array}$ | $\rightarrow$ 801E |
| 801D | What is the main reason you did not seek treatment for the symptoms? | SYMPTOMS HARMLESS <br> COST <br> DISTANCE <br> EMBARRASSED <br> LONG QUEUE <br> OTHER | $\begin{array}{ll} . & 1 \\ . & 2 \\ . & 3 \\ . & 4 \\ . & 5 \\ . & 6 \end{array}$ |  |
| 801E | The last time you had such symptoms, where did you first go for advice or treatment? <br> PROBE TO IDENTIFY TYPE OF SOURCE. <br> IF UNABLE TO DETERMINE IF PUBLIC OR PRIVATE MEDICAL SECTOR, WRITE THE NAME OF THE PLACE. | PUBLIC SECTOR <br> GOVERNMENT HOSPITAL <br> GOVT. HEALTH CENTER <br> GOVT. HEALTH POST <br> OTHER PUBLIC SECTOR <br> PRIVATE MEDICAL SECTOR <br> PVT HOSPITAL/CLINIC <br> PHARMACY <br> PVT DOCTOR <br> OTHER PRIVATE MEDICAL SECTOR <br> CHAL <br> CHAL HOSPITAL . . . . . . . . . . . . <br> CHAL HEALTH CENTER <br> RED CROSS HEALTH CENTER <br> VILLAGE HEALTH WORKER SUPPORT GROUPS <br> FACILITY OUTSIDE LESOTHO <br> OTHER SOURCE <br> SHOP <br> CHURCH <br> FRIENDS/RELATIVES <br> TRADITIONAL HEALER <br> OTHER | $\begin{array}{ll}\text {. } & 11 \\ \text {. } & 12 \\ \text {. } & 13 \\ \text {. . } & 16\end{array}$ <br> . . 16 <br> . . 21 <br> .. 22 <br> .. 23 <br> . . 26 <br> . . 31 <br> . 32 <br> . 41 <br> 51 <br> .. 52 <br> .. 61 <br> .. 71 <br> . . 72 <br> 73 <br> 74 <br> 96 |  |
| 801F | How soon after the symptom(s) appeared did you first seek consultation or treatment? | DAYS ................ 1 <br> WEEKS ............... 2 <br> MONTHS <br> 3 <br> DON'T KNOW |   <br>   <br>   |  |
| 801G | Were you told by a doctor or a nurse that you had tuberculosis? | $\begin{aligned} & \text { YES } \\ & \text { NO } \end{aligned}$ | $\begin{aligned} & 1 \\ & 2 \end{aligned}$ | $\longrightarrow 801 \mathrm{~L}$ |
| 801H | Were you given any medicine to treat TB? | $\begin{aligned} & \text { YES } \\ & \text { NO } \end{aligned}$ | $\begin{array}{ll} \ldots & 1 \\ \ldots & 2 \end{array}$ | $\longrightarrow 801 \mathrm{~J}$ |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 8011 | How long were you told to take the medicine? | NUMBER OF MONTHS $\square$ DON'T KNOW/DON'T REMEMBER |  |
| 801J | Did you go anywhere else for advice or treatment after you were told that you had tuberculosis? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 2 | $\longrightarrow 802$ |
| 801K | Where did you go? <br> PROBE TO IDENTIFY TYPE OF SOURCE. <br> IF UNABLE TO DETERMINE IF PUBLIC OR PRIVATE MEDICAL SECTOR, WRITE THE NAME OF THE PLACE. |  | $\longrightarrow 802$ |
| 801L | Have you ever heard of an illness called tuberculosis or TB? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 1 NO . . . . . . . . . . | $\longrightarrow$ 805A |
| 802 | How does tuberculosis spread from one person to another? <br> PROBE: Any other ways? <br> RECORD ALL MENTIONED. |  |  |
| 803 | Can tuberculosis be cured? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 1 <br> NO . . . . . .  |  |
| 804 | If a member of your family got tuberculosis, would you want it to remain a secret or not? | YES, REMAIN A SECRET . . . . . . . . 1 <br> NO . . . . . . . . . . . . . . . . . . . . . . 2  <br> DON'T KNOW/NOT SURE/   <br> DEPENDS . . . . . . . . . . . . . . . . . . . 8  |  |
| 804A | Would you be willing to work with someone who has been previously treated for tuberculosis? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . NO . . . . . DON'T KNOW/NOT SURE/ DEPENDS . . . . . . . . . . . . . . . . . . . . 8 |  |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 804B | What signs or symptoms would lead you to think that a person has tuberculosis? <br> PROBE: Any other signs or symptoms? <br> RECORD ALL MENTIONED. |  |  |
| 804C | What do you think is the cause of tuberculosis? PROBE: Any other causes? <br> RECORD ALL MENTIONED. |  |  |
| 805A | Some men are traditionally circumcised by a traditional practitioner, family member or friend. Are you traditionally circumcised? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 1 <br> NO . . . . . . .  | $\xrightarrow{\longrightarrow} 805 \mathrm{C}$ |
| 805B | How old were you when you got traditionally circumcised? | AGE IN COMPLETED YEARS $\square$ DURING CHILDHOOD (<5 YEARS) . 95 DON'T KNOW . . . . . . . . . . . . . . . . . 98 |  |
| 805C | Some men are medically circumcised, that is the foreskin is completely removed from the penis by a health worker. Are you medically circumcised? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 8 | $\xrightarrow{\longrightarrow} 806$ |
| 805D | How old were you when you got medically circumcised? | AGE IN COMPLETED YEARS $\square$ DURING CHILDHOOD (<5 YEARS) DON'T KNOW $\qquad$ |  |
| 806 | Now I would like to ask you some other questions relating to health matters. Have you had an injection for any reason in the last 12 months? <br> IF YES: How many injections have you had? <br> IF NUMBER OF INJECTIONS IS GREATER THAN 90, OR DAILY FOR 3 MONTHS OR MORE, RECORD '90'. IF NON-NUMERIC ANSWER, PROBE TO GET AN ESTIMATE. | NUMBER OF INJECTIONS <br> NONE <br> 00 | $\longrightarrow 809$ |
| 807 | Among these injections, how many were administered by a doctor, a nurse, a dentist, or any other health worker? <br> IF NUMBER OF INJECTIONS IS GREATER THAN 90, OR DAILY FOR 3 MONTHS OR MORE, RECORD '90'. <br> IF NON-NUMERIC ANSWER, PROBE TO GET AN ESTIMATE. | NUMBER OF INJECTIONS <br> NONE <br> 00 | $\longrightarrow 809$ |
| 808 | The last time you got an injection from a health worker, did he/she take the syringe and needle from a new, unopened package? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 8 |  |



| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 812J | Have you ever heard of a disease called breast cancer? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . | $\longrightarrow 814$ |
| 812K | Who can get breast cancer: women only, men only, or both men and women? | WOMEN ONLY . . . . . . . . . . . . . . . . . . . . 1 <br> MEN ONLY . . . . . . . . . . . . . . . . . . . . 2 <br> BOTH . . . . . . . . . . . . . . . . . . . 3 |  |
| 814 | Are you covered by any health insurance? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 1 NO . . . . . . . . . . | $\longrightarrow 816$ |
| 815 | What type of health insurance are you covered by? <br> RECORD ALL MENTIONED. | MUTUAL HEALTH ORGANIZATION/ COMMUNITY-BASED HEALTH INSURANCE .................... A HEALTH INSURANCE THROUGH EMPLOYER <br> OTHER PRIVATELY PURCHASED COMMERCIAL HEALTH INSURANCE. . . . . . . . . . . . . . . . . . C OTHER |  |
| 816 | CHECK 101B: <br> AGREED TO MEASUREMENT <br> DID NOT AGREE TO M | ASUREMENT | $\rightarrow 818$ |
| 817 | May I measure your blood pressure at this time? <br> $\overline{\text { INTERVIEWER SIGNATURE }}$ <br> RESPONDENT <br> AGREES <br> RECORD OUTCOME OF BLOOD PRESSURE MEASUREMENT. <br> DATE <br> RESPONDENT <br> DOES NOT AGREE <br> RECORD 994. | SYSTOLIC . . . . . . . . . . . . <br>  <br> DIASTOLIC . . . . . . . . . . . |  |
| 818 | RECORD THE TIME. | HOURS <br> MINUTES |  |

SECTION 9. AVERAGING BLOOD PRESSURE MEASURES


| 911 | USE THE TABLE BELOW TO DETERMINE THE CORRECT CODE TO RECORD ON THE BLOOD PRESSURE REPORT AND REFERRAL FORM. <br> CIRCLE THE ROW IN WHICH THE VALUE FOR THE SYSTOLIC BLOOD PRESSURE FROM Q906 OR Q910 IS FOUND. <br> THEN CIRCLE THE COLUMN IN WHICH THE VALUE FOR THE DIASTOLIC BLOOD FROM Q906 OR Q910 IS FOUND. <br> the value where the row and column you have recorded intersect in the table will be USED IN COMPLETING Q912. |  |
| :---: | :---: | :---: |
|  | AVERAGE        <br> SYSTOLIC <br> PRESSURE AVERAGE DIASTOLIC PRESSURE <br> $<120$       <br>  $<85$ $85-89$ $90-99$ $100-109$ $\geq 110$   <br> $<130$ 1 2 3 4 5 6  <br> $130-139$ 2 2 3 4 5 6  <br> $140-159$ 3 3 3 4 5 6  <br> $160-179$ 4 4 4 4 5 6  <br> $\geq 180$ 5 5 5 5 5 6  |  |
| 912 | RECORD THE NUMBER YOU RECORDED IN Q911 IN THE CHART BELOW. THEN USE THE INSTRUCTIONS TO THE RIGHT OF THAT NUMBER TO COMPLETE A BLOOD PRESSURE FINDINGS REPORT FORM FOR THE RESPONDENT. GIVE THE FORM TO THE RESPONDENT AND ANSWER ANY QUESTIONS HE/SHE MAY HAVE. |  |
| 913 | THANK THE RESPONDENT AND ADVISE THAT THE RESPONDENT OR OTHER MEMBERS OF THE HOUSEHOLD MAY BE ASKED TO PARTICIPATE AGAIN IN INTERVIEWS OR OTHER SURVEY ACTIVITIES IN THE FUTURE. <br> Thank you for taking the time to answer these questions. We may return to interview you or other members of your household again or to ask you to participate in other survey activities in the future. We hope that you will agree at that time. |  |

## INTERVIEWER'S OBSERVATIONS

TO BE FILLED IN AFTER COMPLETING INTERVIEW

COMMENTS ABOUT RESPONDENT:

COMMENTS ON SPECIFIC QUESTIONS:
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$

ANY OTHER COMMENTS:
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$

SUPERVISOR'S OBSERVATIONS
$\qquad$
$\qquad$
$\qquad$
$\qquad$ $\longrightarrow$
$\qquad$
$\qquad$
NAME OF SUPERVISOR: $\qquad$ DATE: $\qquad$


[^0]:    ${ }^{1}$ Lowlands, Foothills, Mountains, and Senqu River Valley.
    ${ }^{2}$ Butha-Buthe, Leribe, Berea, Maseru, Mafeteng, Mohale’s Hoek, Quthing, Qacha’s Nek, Mokhotlong, and Thaba-Tseka.
    ${ }^{3}$ One rural EA was inadvertently dropped from the sample. After the fieldwork was completed, it was determined that the EA had not been visited.

[^1]:    ${ }^{4}$ Equipment shortages due to procurement issues necessitated that field practice teams share height boards, HemoCue analysers, and blood pressure monitors.

[^2]:    ${ }^{1}$ Respondents may report multiple treatment methods, so the sum of treatment may exceed $100 \%$.
    ${ }^{2}$ Appropriate treatment methods include boiling, bleaching, filtering, and solar disinfecting.

[^3]:    ${ }^{1}$ Completed $7{ }^{\text {th }}$ grade at the primary level
    ${ }^{2}$ Completed $5{ }^{\text {th }}$ grade at the secondary level

[^4]:    Notes: Medians are based on the status at the time of the survey (current status). Figures in parentheses are based on 25-49 unweighted cases. An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.
    ${ }^{1}$ Includes births for which mothers are either still amenorrhoeic or still abstaining (or both) following birth

[^5]:    Note: Figures in parentheses are based on 25-49 unweighted cases.

[^6]:    Note: An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.
    ${ }^{1}$ Includes women who received a check after 41 days
    ${ }^{2}$ Postnatal check from a doctor, nurse/midwife, or village health worker

[^7]:    Note: An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed
    ${ }^{1}$ Includes newborns who received a check after the first week

[^8]:    ${ }^{1}$ Children typically received DPT as part of DPT-HepB-Hib or DTap-IPV-Hib depending on whether they followed the immunisation schedule of Lesotho or the Republic of South Africa.

[^9]:    Note: Breastfeeding status and food consumed refer to a 24 -hour period (yesterday and last night).
    ${ }^{1}$ Other milk includes fresh, tinned, and powdered cow or other animal milk.
    ${ }^{2}$ Doesn't include plain water
    ${ }^{3}$ Includes fortified baby food
    ${ }^{4}$ Includes fruits and vegetables such as pumpkin, carrots, red pepper, squash, yellow or orange sweet potatoes, dark green leafy vegetables, ripe mangoes, apricots, dried peaches or papayas, and other locally grown fruits and vegetables that are rich in vitamin $A$

[^10]:    ${ }^{1}$ Two most common local misconceptions: HIV can be transmitted by mosquito bites and by sharing food with a person who has AIDS

[^11]:    ${ }^{1}$ All trend data and confidence intervals are taken from The DHS Program's STATcompiler. Due to corrections to the data files, the HIV prevalence presented here may differ slightly from the prevalences that were published in the 2004 and 2009 LDHS final reports.
    ${ }^{2}$ The HIV prevalence testing algorithm used in the 2014 LDHS included a confirmatory test that was not used in either the 2004 or 2009 LDHS.

[^12]:    ${ }^{1}$ Includes all dried blood spots (DBS) tested at the lab and for which there is a result, i.e., positive, negative, or indeterminate. Indeterminate means that the sample went through the entire algorithm, but the final result was inconclusive.
    ${ }^{2}$ Includes (1) other results of blood collection (e.g., technical problem in the field), (2) lost specimens, (3) noncorresponding bar codes, and (4) other lab results such as blood not tested for technical reason, not enough blood to complete the algorithm, etc.

[^13]:    ${ }^{1}$ The imputation procedure was based on the assumption that the reported birth ordering of siblings in the history was correct. The first step was to calculate birth dates for each living sibling with a reported age and each dead sibling with complete information on both age at death and years since death. For a sibling missing these data, a birth date was imputed within the range defined by the birth dates of the bracketing siblings. In the case of living siblings, an age was then calculated from the imputed birth date. In the case of dead siblings, if either age at death or years since death were reported, that information was combined with the birth date to produce the missing information. If both pieces of information were missing, the distribution of the ages at death for siblings for whom years since death were not reported but age at death was reported was used as a basis for imputing age at death.

[^14]:    ${ }^{2}$ The 2009 LDHS reported mortality estimates for maternal deaths occurring during the 10 -year period preceding the survey. For comparison purposes, these estimates have been recalculated for the 7 -year period preceding the 2009 LDHS.

[^15]:    ${ }^{3}$ The maternal mortality ratios presented in the 2009 LDHS ( 1,155 maternal deaths per 100,000 live births with a confidence interval of 874 to 1,435 deaths per 100,000 live births) and in the 2004 LDHS ( 762 maternal deaths per 100,000 live births with a confidence interval of 561 to 964 deaths per 100,000 live births) were calculated for the 10 -year period preceding the survey. For comparison purposes, these estimates have been recalculated for the 7 -year period preceding each survey.

[^16]:    2 The eligible women response rate (EWRR) is equivalent to the percentage of interviews completed (EWC)
    ${ }^{3}$ The overall women response rate (OWRR) is calculated as: OWRR $=$ HRR * EWRR/100

[^17]:    PY = person years

