The 2009–10 Timor-Leste Demographic and Health Survey (TLDHS) provides up-to-date information on the population and health situation in Timor-Leste. The 2009–10 TLDHS is the second national demographic and health survey conducted in the country.

The survey is based on a nationally representative sample. It provides estimates for rural and urban areas of the country and for each of the 13 districts. The survey also included anemia testing.

**Coverage**
- Households interviewed: 11,463
- Women (age 15–49) interviewed: 13,137
- Men (age 15–54) interviewed: 4,076

**Response rates**
- Households interviewed: 98%
- Women interviewed: 95%
- Men interviewed: 92%

**Literacy of Respondents**
- Percent of women and men age 15-49 who are literate
  - Total: 68%
  - Urban: 84%
  - Rural: 52%
  - Women: 79%
  - Men: 89%

**Trends in Fertility**
- TFR for women for the 3-year period before the survey
  - 1997: 4.4
  - 2002: 7.4
  - 2003: 7.8
  - 2009-10: 5.7

**Total Fertility Rate**
- Total: 5.7

**Unmet Need for Family Planning**
- Percent of currently married women age 15-49 with an unmet need for family planning
  - Timor-Leste: 31%

**Trends in Contraceptive Use**
- Percent of currently married women
  - Any method
  - Any modern method

Women marry at a median age of 20.9 and have their first birth at a median age of 22.4.
Use of Mosquito Nets
Percent who slept under a mosquito net the night before the survey

- Anynet
- ITN

<table>
<thead>
<tr>
<th>Category</th>
<th>Anynet</th>
<th>ITN</th>
</tr>
</thead>
<tbody>
<tr>
<td>Children under five</td>
<td>45</td>
<td>41</td>
</tr>
<tr>
<td>Women 15-49</td>
<td>39</td>
<td>34</td>
</tr>
<tr>
<td>Pregnant women 15-49</td>
<td>45</td>
<td>41</td>
</tr>
</tbody>
</table>

Knowledge of HIV Prevention Methods
Percent who know HIV can be prevented by:

- Women 15-49
- Men 15-49

<table>
<thead>
<tr>
<th>Method</th>
<th>Women 15-49</th>
<th>Men 15-49</th>
</tr>
</thead>
<tbody>
<tr>
<td>Using condoms</td>
<td>30</td>
<td>45</td>
</tr>
<tr>
<td>Limiting sexual intercourse to one uninfected partner</td>
<td>36</td>
<td>49</td>
</tr>
<tr>
<td>Abstaining from sexual intercourse</td>
<td>26</td>
<td>33</td>
</tr>
</tbody>
</table>

Women’s Experience with Spousal Physical or Sexual Violence

Percent of ever-married women age 15-49 who have ever experienced physical or sexual violence committed by their husband/partner

- Timor-Leste 35%

For additional information on the results of the 2009–10 Timor-Leste Demographic and Health Survey, please contact:

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Website: www.measuredhs.com

The 2009-10 Timor-Leste Demographic and Health Survey (TLDHS) was implemented by the National Statistics Directorate of the Directorate General for Analysis and Research of the Ministry of Finance, under the aegis of the Ministry of Health (MOH) of Timor-Leste. ICF Macro, an ICF International company, provided technical assistance through every phase of the survey through the USAID-funded MEASURE DHS programme. Financial support was provided by USAID, the Government of Australia (AusAID), the Government of Ireland (Irish Aid), the United Nations Population Fund (UNFPA), the United Nations Children’s Fund (UNICEF), the United Nations Development Fund (UNDP), and the World Health Organization (WHO). UNFPA provided logistical, administrative, and technical assistance.
2009-10 Timor-Leste Demographic and Health Survey

Maternal and Child Health

Under-5 Mortality

Deaths per 1,000 live births for the 10-year period before the survey (national rate is for the 5-year period before the survey)

The maternal mortality ratio in Timor-Leste is 557 deaths per 100,000 live births.

Nutritional Status of Children

Nutritional Status of Children

Percent of children under 5

Trends in Immunization Coverage

Percent of children 12-23 months

Trends in Nutritional Status of Children

Nutrition

Prevalence of Anemia: Women

Prevalence of Anemia: Children

Women's Nutritional Status

Percent of women 15-49 with any anemia (<12.0 g/dl for not pregnant, <11.0 g/dl for pregnant)

Percent of children 6-59 months with any anemia (<11.0 g/dl)

Percent of women age 15-49 who are thin (BMI <18.5)