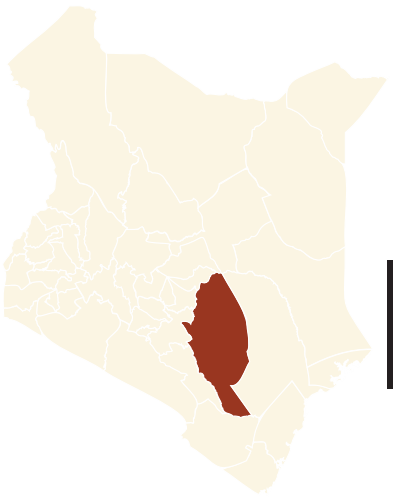

REPUBLIC OF KENYA

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# 2025-26 Kenya Mini Demographic and Health Survey Fact sheet

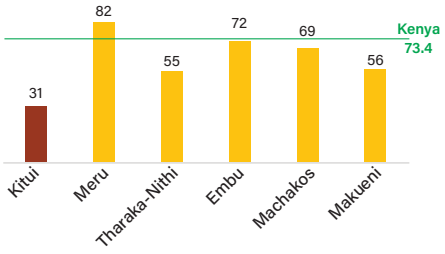
# Kitui County

| Indicator | Kitui | Kenya |
|---|---|---|
| **Characteristics of Households and Respondents** | | |
| Household population relying on clean fuels and technologies for cooking, space heating, & lighting (%) | 7 | 27 |
| Household population with access to at least basic drinking water service (%) | 31 | 73 |
| Household population with at least basic sanitation service (%) | 50 | 45 |
| Women age 15-49 with no formal education (%) | 2 | 6 |
| Women age 15–49 are registered with the Social Health Authority (SHA) (%) | 37 | 42 |
| Married women age 15-49 who have registered their marriage | 11 | 18 |
| Median age at first sexual intercourse for women age 20-49 | 17 | 18 |
| **Fertility and Family Planning (FP)** | | |
| Total fertility rate (number of children per woman) | 2.8 | 3.1 |
| Teenage pregnancy (% age 15-19 who have ever been pregnant) | 15 | 12 |
| Use of modern method of FP[1] (% of married women age 15-49) | 63 | 56 |
| Unmet need for FP (% of married women age 15-49) | 16 | 16 |
| Demand for FP satisfied by modern methods (% of married women age 15-49) | 78 | 74 |
| **Maternal and Child Health** | | |
| Health facility delivery (%) | 92 | 91 |
| Births delivered by a skilled provider[2] (%) | 92 | 92 |
| Women age 15-49 who had a live birth and had 4+ antenatal visits (%) | 82 | 72 |
| Women age 15-49 with a postnatal check during the first 2 days after birth (%) | 85 | 85 |
| Births with a postnatal check during the first 2 days after birth (%) | 84 | 86 |
| Women age 15-49 Tested for Cervical Cancer (%) | 20 | 19 |
| Women age 15-49 Tested for Breast Cancer (%) | 16 | 16 |
| Percentage of children age 3–59 months who are developmentally on track | 62 | 84 |
| **Nutrition** | | |
| Percentage of children age 6-59 months given vitamin A suppliments in the last 6 months | 90 | 68 |
| Percentage of children age 12-59 months given deworming medication in the last 6 months | 78 | 72 |
| **Malaria** | | |
| Household population with access to ITNs (%) | 23 | 36 |
| Household population who slept under ITN the night before the survey (%) | 17 | 32 |
| **Technology Facilitated Gender-based Violence (TFGBV)** | | |
| Women age 15-49 who have ever experienced TFGBV by any perpetrator (%) | 24 | 26 |
| Women age 15-49 who have experienced TFGBV by any perpetrator in the 12 months preceding the survey (%) | 22 | 21 |
| Distribution of Households that have heard of people who blame women or girls for the violence they experienced (%) | 16 | 36 |

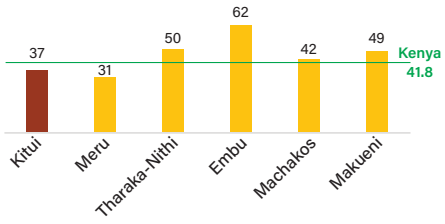
*Footnotes: [1] Women who do not want any more children or want to wait at least 2 years before their next birth but are not currently using a method of FP. [2] Skilled provider is a doctor, nurse, midwife, or clinical officer.*

# Kitui County: Key Indicators from the 2025-26 KMDHS

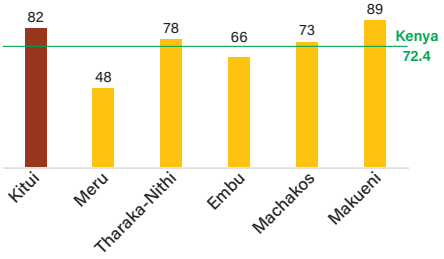
*Household population with access to at least basic drinking water service (%)*



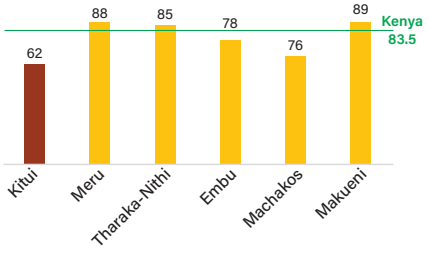

*Women age 15–49 are registered with the Social Health Authority (SHA) (%)*



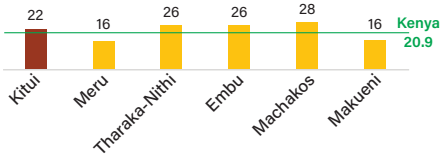

*Women age 15-49 who had a live birth and had 4+ antenatal visits (%)*




*Percentage of children age 3-59 months who are developmentally on track in health, learning, and psychosocial well-being according to the combined Early Childhood Development Index 2030 (ECDI2030)1 and Global Scales of Early Development (GSED)*




*Percentage who have experienced TFGBV by any perpetrator in the 12 months preceding the survey, according to county*

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