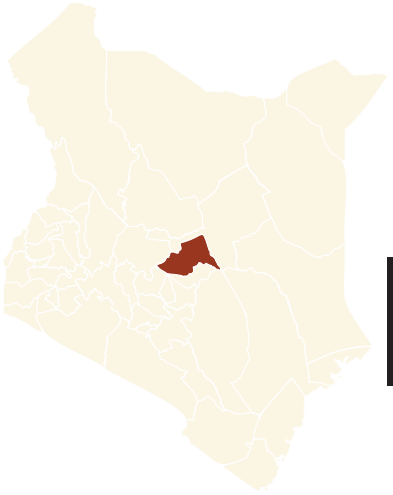


REPUBLIC OF KENYA

KNBS
KENYA NATIONAL BUREAU OF STATISTICS
Keeping you informed

2025-26 Kenya Mini Demographic and Health Survey Fact sheet

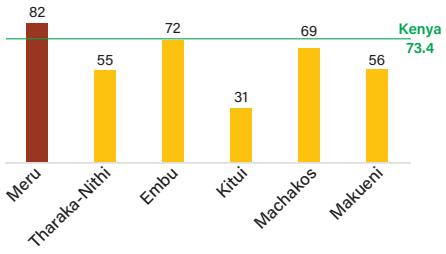
Meru County

Indicator	Meru	Kenya
Characteristics of Households and Respondents		
Household population relying on clean fuels and technologies for cooking, space heating, & lighting (%)	12	27
Household population with access to at least basic drinking water service (%)	82	73
Household population with at least basic sanitation service (%)	54	45
Women age 15-49 with no formal education (%)	4	6
Women age 15–49 are registered with the Social Health Authority (SHA) (%)	31	42
Married women age 15-49 who have registered their marriage	19	18
Median age at first sexual intercourse for women age 20-49	18	18
Fertility and Family Planning (FP)		
Total fertility rate (number of children per woman)	2.8	3.1
Teenage pregnancy (% age 15-19 who have ever been pregnant)	9	12
Use of modern method of FP[1] (% of married women age 15-49)	72	56
Unmet need for FP (% of married women age 15-49)	8	16
Demand for FP satisfied by modern methods (% of married women age 15-49)	85	74
Maternal and Child Health		
Health facility delivery (%)	89	91
Births delivered by a skilled provider[2] (%)	91	92
Women age 15-49 who had a live birth and had 4+ antenatal visits (%)	48	72
Women age 15-49 with a postnatal check during the first 2 days after birth (%)	81	85
Births with a postnatal check during the first 2 days after birth (%)	85	86
Women age 15-49 Tested for Cervical Cancer (%)	16	19
Women age 15-49 Tested for Breast Cancer (%)	14	16
Percentage of children age 3–59 months who are developmentally on track	88	84
Nutrition		
Percentage of children age 6-59 months given vitamin A suppliments in the last 6 months	60	68
Percentage of children age 12-59 months given deworming medication in the last 6 months	66	72
Malaria		
Household population with access to ITNs (%)	21	36
Household population who slept under ITN the night before the survey (%)	18	32
Technology Facilitated Gender-based Violence (TFGBV)		
Women age 15-49 who have ever experienced TFGBV by any perpetrator (%)	22	26
Women age 15-49 who have experienced TFGBV by any perpetrator in the 12 months preceding the survey (%)	16	21
Distribution of Households that have heard of people who blame women or girls for the violence they experienced (%)	44	36

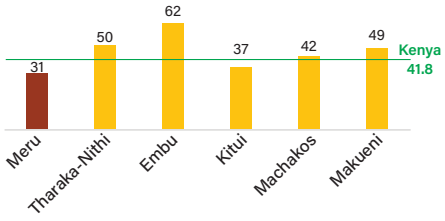
Footnotes: [1] Women who do not want any more children or want to wait at least 2 years before their next birth but are not currently using a method of FP. [2] Skilled provider is a doctor, nurse, midwife, or clinical officer.

Meru County: Key Indicators from the 2025-26 KMDHS

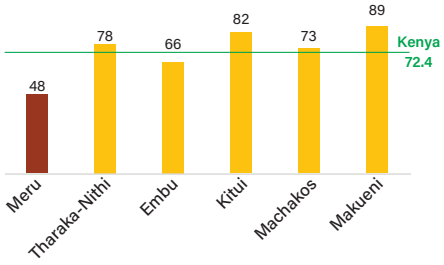
Household population with access to at least basic drinking water service (%)



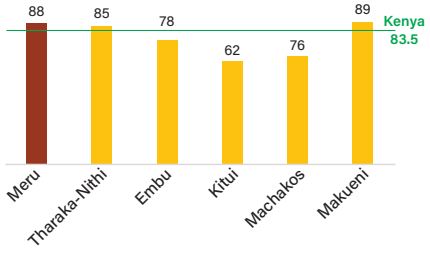
Women age 15–49 are registered with the Social Health Authority (SHA) (%)



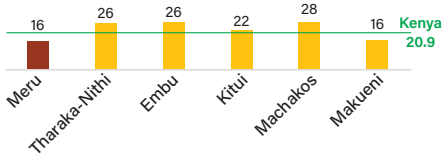
Women age 15-49 who had a live birth and had 4+ antenatal visits (%)



Percentage of children age 3–59 months who are developmentally on track in health, learning, and psychosocial well-being according to the combined Early Childhood Development Index 2030 (ECDI2030)1 and Global Scales of Early Development (GSED)



Percentage who have experienced TFGBV by any perpetrator in the 12 months preceding the survey, according to county



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