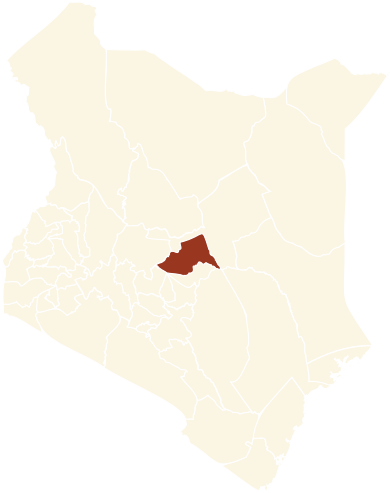


REPUBLIC OF KENYA

KNBS KENYA NATIONAL BUREAU OF STATISTICS *Keeping you informed*

2025-26 Kenya Mini Demographic and Health Survey Fact sheet

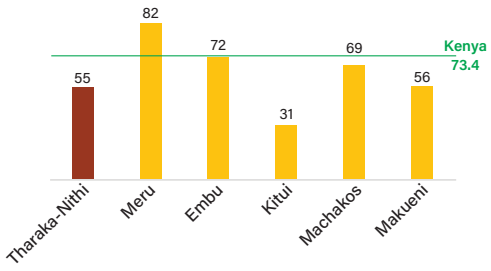
Tharaka-Nithi County

Indicator	Tharaka-Nithi	Kenya
Characteristics of Households and Respondents		
Household population relying on clean fuels and technologies for cooking, space heating, & lighting (%)	7	27
Household population with access to at least basic drinking water service (%)	55	73
Household population with at least basic sanitation service (%)	56	45
Women age 15-49 with no formal education (%)	1	6
women age 15–49 are registered with the Social Health Authority (SHA) (%)	50	42
Married women age 15-49 who have registered their marriage	16	18
Median age at first sexual intercourse for women age 20-49	19	18
Fertility and Family Planning (FP)		
Total fertility rate (number of children per woman)	2.7	3.1
Teenage pregnancy (% age 15-19 who have ever been pregnant)	7	12
Use of modern method of FP[1] (% of married women age 15-49)	65	56
Unmet need for FP (% of married women age 15-49)	11	16
Demand for FP satisfied by modern methods (% of married women age 15-49)	82	74
Maternal and Child Health		
Health facility delivery (%)	(88)	91
Births delivered by a skilled provider[2] (%)	(90)	92
Women age 15-49 who had a live birth and had 4+ antenatal visits (%)	(78)	72
Women age 15-49 with a postnatal check during the first 2 days after birth (%)	(73)	85
Births with a postnatal check during the first 2 days after birth (%)	(89)	86
Women age 15-49 Tested for Cervical Cancer (%)	20	19
Women age 15-49 Tested for Breast Cancer (%)	17	16
Percentage of children age 3–59 months who are developmentally on track	85	84
Nutrition		
Percentage of children age 6-59 months given vitamin A suppliments in the last 6 months	50	68
Percentage of children age 12-59 months given deworming medication in the last 6 months	50	72
Malaria		
Household population with access to ITNs (%)	27	36
Household population who slept under ITN the night before the survey (%)	23	32
Technology Facilitated Gender-based Violence (TFGBV)		
Women age 15-49 who have ever experienced TFGBV by any perpetrator (%)	29	26
Women age 15-49 who have experienced TFGBV by any perpetrator in the 12 months preceding the survey (%)	26	21
Distribution of Households that have heard of people who blame women or girls for the violence they experienced (%)	49	36

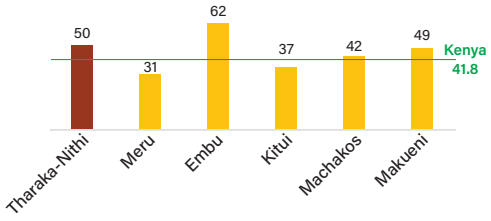
Footnotes: [1] Women who do not want any more children or want to wait at least 2 years before their next birth but are not currently using a method of FP. [2] Skilled provider is a doctor, nurse, midwife, or clinical officer. Figures in parentheses are based on 25-49 unweighted cases

Tharaka-Nithi County: Key Indicators from the 2025-26 KMDHS

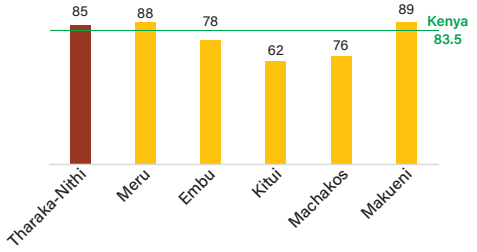
Household population with access to at least basic drinking water service (%)



Women age 15–49 are registered with the Social Health Authority (SHA) (%)



Percentage of children age 3–59 months who are developmentally on track in health, learning, and psychosocial well-being according to the combined Early Childhood Development Index 2030 (ECDI2030)1 and Global Scales of Early Development (GSED)



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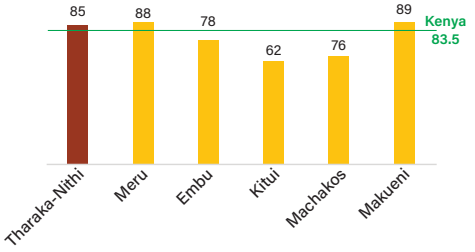
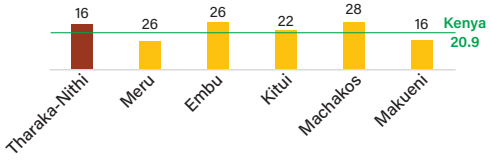


Percentage who have experienced TFGBV by any perpetrator in the 12 months preceding the survey, according to county



The 2025 - 2026 Kenya Mini Demographic and Health Survey (KMDHS) was implemented by the Kenya National Bureau of Statistics (KNBS) in collaboration with the Ministry of Health (MoH) and other stakeholders. Funding for the survey was provided by the Government of Kenya, the Gates Foundation, the Aga Khan University Institute of Human Development, the United Nations Children's Fund (UNICEF), the United Nations Population Fund (UNFPA), and the World Health Organization (WHO). ICF provided technical assistance through the DHS Program. Additional information about the 2025-26 KMDHS may be obtained from Kenya National Bureau of Statistics (KNBS), P.O. Box 30266-00100, GPO Nairobi, Kenya; +254-20-3317583, +254-20-2911000/1, +254-20-3317612/22/23/51; directorgeneral@knbs.or.ke, info@knbs.or.ke; www.knbs.or.ke. Information about The DHS Program may be obtained from ICF, 530 Gaither Road, Suite 500, Rockville, MD 20850, USA; +1-301-407-6500; fax: +1-301-407-6501; info@DHSprogram.com; www.DHSprogram.com. The contents of this report are the sole responsibility of KNBS and ICF and do not necessarily reflect the views of the donors.

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