The 2005 Cape Verde Demographic and Health Survey (IDSR-II) included HIV testing of over 5,500 women and men. The IDSR-II shows that 0.8 percent of Cape Verdians age 15-49 are infected by HIV-1 or HIV-2. Prevalence of HIV-1 only is 0.4 percent.

HIV prevalence is higher among men than among women (1.1% versus 0.4%). Prevalence is slightly higher in urban areas than in rural areas (0.9% versus 0.6%).

Prevalence of HIV-1 is only 0.4%. HIV-1 is more common among men than women and more common in urban areas than in rural areas.

Men have higher rates of HIV at all ages. For women, prevalence hits its peak at age 25-29, while prevalence among men is at its highest (5%) at age 45-49.

While most people know that a healthy-looking person can have HIV and that a person cannot be infected by sharing food with someone who has the AIDS virus, only about half know that HIV cannot be transmitted by mosquito bites.

Almost all women and men know that using a condom reduces the risk of HIV transmission. Three-quarters know that limiting sex to one uninfected, faithful partner reduces risk, while less than 60% know that abstaining from sexual intercourse reduces risk.
The IDSR-II was implemented by the Instituto Nacional de Estatística and the Ministry of Health, with technical assistance from Macro Internacional Inc. The IDSR-II was funded by the Government of Cape Verde, USAID, CCS-SIDA, Cooperação Portuguesa, UNFPA, UNICEF, UNDP, and the World Food Programme.

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Methodology and Response Rate:
HIV prevalence data were obtained from fingerstick dried blood spots voluntarily provided by women age 15-49 and men age 15-59 who were interviewed in the IDSR-II. Of the 6,699 eligible subjects who were interviewed during the survey (3,351 women age 15-49 and 3,348 men age 15-59), 88 percent of women and 79 percent of men provided blood spots.

Almost half of young women and more than six in ten young men had premarital sex in the year before the survey. More than half of these young people used a condom the last time they had sex.

HIV Testing During Antenatal Care
 Tested, did not receive results 5%
 Tested and received results 13%
 Not tested 82%

Only 13% of women who gave birth in the two years before the survey took an HIV test during antenatal care and received the results.

Premarital Sex and Condom Use Among Youth
Percent of unmarried youth who had sexual intercourse in the year before the survey

Among the young women who had premarital sex, 58% used a condom at the last sex.
Among the young men who had premarital sex, 77% used a condom at the last sex.

Women 15-24
Men 15-24

46
63