The 2009 National Survey on Prevalence, Behavioral Risks and Information about HIV and AIDS in Mozambique (INSIDA) included HIV testing of 16,597 women, men, and children age 0-64. According to the survey, 11.5% of Mozambicans age 15-49 are HIV-positive.

HIV prevalence ranges from a low of 3.7% in the northern province of Niassa to a high of 25.1% in the southern province of Gaza.

Overall, 13.1% of women and 9.2% of men age 15-49 are HIV-positive. HIV prevalence is higher among women than men in both urban and rural areas. Higher HIV prevalence is found in urban areas (15.9%), compared with rural areas (9.2%).

HIV prevalence is highest among children 0-11 months old at 2.3%. Prevalence decreases with age. After age 5-9 years, it begins to increase.

For both women and men, HIV infection rates are considerably higher among those who are widowed or divorced/separated than those who are married/living together or those who have never been in

Only 37% of women and 19% of men age 15-49 had been tested for HIV prior to the survey.
On average, HIV prevalence increases as the number of lifetime sexual partners increases.

In 15% of couples, one or both partners are HIV-positive. The proportion of couples where both partners are infected, only the wife is infected, or only the husband is approximately equal (5%).

Methodology and coverage rates: HIV prevalence data were obtained from testing dried blood spot (DBS) samples voluntarily provided by women and men age 12-64 who were interviewed and from children age 0-11 years whose mother, father, or caregiver was interviewed during the survey. The DBS were obtained from capillary blood. Of the 18,383 eligible subjects, 91% provided DBS specimens. Coverage rates were higher among people age 12-64 than among children age 0-11 (92% vs. 87%). Free HIV counseling and testing was offered to survey participants and their community.

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