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The 2018 Zambia Demographic and Health Survey (2018 ZDHS) was implemented by the Zambia Statistics Agency in partnership with the Ministry of Health, the University Teaching Hospital–Virology Laboratory (UTH-VL), and the Department of Population Studies at the University of Zambia (UNZA) under the overall guidance of the National Steering Committee. Funding for the 2018 ZDHS was provided by the United States Agency for International Development (USAID). Additional funding was provided by the Global Fund, the Department for International Development (DfID), and the United Nations Population Fund (UNFPA). ICF provided technical assistance through The DHS Program, a USAID-funded project providing support and technical assistance in the implementation of population and health surveys in countries worldwide.

### HIV Prevalence by Marital Status

<table>
<thead>
<tr>
<th>Marital Status</th>
<th>Women</th>
<th>Men</th>
</tr>
</thead>
<tbody>
<tr>
<td>Never married</td>
<td>7.0</td>
<td>2.8</td>
</tr>
<tr>
<td>Married/living together</td>
<td>14.1</td>
<td>10.6</td>
</tr>
<tr>
<td>Divorced or separated</td>
<td>29.1</td>
<td>22.6</td>
</tr>
<tr>
<td>Widowed</td>
<td>43.5</td>
<td>(37.2)</td>
</tr>
</tbody>
</table>

*Figures in parentheses are based on a limited number of cases.

### Prior HIV Testing

<table>
<thead>
<tr>
<th>Ever tested and received results</th>
<th>Women</th>
<th>Men</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>85</td>
<td>75</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Tested in the 12 months before the survey and received results</th>
<th>Women</th>
<th>Men</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>64</td>
<td>52</td>
</tr>
</tbody>
</table>
HIV: Data from the 2018 Zambia Demographic and Health Survey (ZDHS)

The 2018 Zambia Demographic and Health Survey (ZDHS) is the 6th Demographic and Health Survey conducted in the country. The survey provides reliable estimates at the national and provincial levels, for urban and rural areas, and for each of the 10 provinces.

Response rates and methodology: The survey included questions on HIV knowledge and behaviours, in addition to HIV testing. HIV prevalence data were obtained from blood samples voluntarily provided by women and men who were interviewed in the 2018 ZDHS. Of the 14,189 women age 15-49 and 13,251 men age 15-59 eligible for testing, 93% of women and 87% of men were tested.

Knowledge of HIV Prevention Methods
Percent of women and men 15-49 who know that the risk of HIV transmission can be reduced by:

- Using condoms: Women 83%, Men 87%
- Limiting sex to one uninfected partner: Women 92%, Men 94%
- Both: Women 80%, Men 84%

Awareness of PMTCT
Percent of women and men 15-49 who know that:

- HIV can be transmitted from mother-to-child during pregnancy, delivery, and by breastfeeding: Women 60%, Men 50%
- Transmission risk can be reduced by mother taking special drugs: Women 81%, Men 67%

11.1% of adults age 15-49 in Zambia are HIV positive (confidence interval of 10.3-11.9%).

14.2% of women age 15-49 (CI of 13.1-15.3%) and 7.5% of men age 15-49 (CI of 6.8-8.2%) are HIV positive.

HIV Prevalence by Province
Percent of women and men age 15-49 who are HIV positive
- Zambia: 11.1%
- Luapula: 7.9%
- Copperbelt: 15.4%
- North Western: 6.1%
- Western: 10.6%
- Southern: 12.4%
- Eastern: 7.4%
- Lusaka: 15.1%
- Muchinga: 5.4%
- Northern: 5.6%
- Central: 12.4%
- Muchinga: 5.4%

8% of couples in Zambia have discordant HIV results— that is, one is HIV positive and one is HIV negative.