Nutrition: Results from the 2012 KgDHS

The 2012 Kyrgyz Republic Demographic and Health Survey (KgDHS) provides up-to-date information on the population and health situation in the Kyrgyz Republic. The 2012 KgDHS is the second national DHS conducted in the country.

The 2012 KgDHS included questions on maternal and child nutrition, including breastfeeding and complementary feeding, micronutrient intake, testing of household salt for iodization, and weighing and measuring of children and women to assess nutritional status. The 2012 KgDHS also tested women and children for anemia.

Breastfeeding in the Kyrgyz Republic
99% of children are ever breastfed.

Only 56% of children are exclusively breastfed until 6 months of age, as recommended.

Exclusive Breastfeeding by Age
Percentage of children 0-6 months who are exclusively breastfed

Complementary foods
63% of breastfed children age 6-9 months are receiving complementary foods, as recommended.

Duration of Breastfeeding
Median duration of breastfeeding in months among children born in the 3 years before the survey

Children’s Micronutrient Intake
Percent of children 6-23 months
Consumed foods rich in vitamin A in last 24 hours
Consumed foods rich in iron in past 24 hours

Percent of children 6-59 months
Given iron supplements in last 7 days
Living in household with iodized salt

Trends in Children’s Nutritional Status
Percentage of children under age 5, according to 2006 WHO Child Growth Standards

Children’s Stunting by Region
Percent of children under 5 who are chronically malnourished
Kyrgyz Republic - 18%

Stunted
Wasted
Underweight
Overweight

Percent of children 6-23 months who are chronically malnourished

Consumed foods rich in vitamin A in last 24 hours
Consumed foods rich in iron in past 24 hours

Given iron supplements in last 7 days
Living in household with iodized salt

Children’s Stunting by Region

Chui 12%
Issyk-Kul 19%
Bishkek City 19%
Issyk-Kul 10%

Djalal-Abad 15%
Naryn 18%
Osh Oblast 25%
Batken 23%
For additional information on the results of the 2012 Kyrgyz Republic Demographic and Health Survey, please contact:

In Kyrgyz Republic:
National Statistical Committee of the Kyrgyz Republic
374, Frunze Street
Bishkek, 720033, Kyrgyz Republic
Telephone: (996-312) 665-662
Fax: (996-312) 660-138
email: nsc_mail@stat.kg

In USA:
MEASURE DHS, ICF International
11785 Beltsville Drive
Calverton, MD 20705 USA
Telephone: 301-572-0200
Fax: 301-572-0999
Website: www.measuredhs.com

The 2012 Kyrgyz Republic Demographic and Health Survey (KgDHS) was conducted by National Statistical Committee of the Kyrgyz Republic and the Ministry of Health from August 2012 through December 2012. ICF International provided technical assistance for the survey through the USAID-funded MEASURE DHS program. Funding for the KgDHS was received from USAID/Kyrgyz Republic. The United Nations Population Fund (UNFPA) provided funding for printing.

Cover photo © 2006 David Snyder, Courtesy of Photoshare.