The 2012 Kyrgyz Republic Demographic and Health Survey (KgDHS) provides up-to-date information on the population and health situation in the Kyrgyz Republic. The 2012 KgDHS is the second national demographic and health survey conducted in the country.

The KgDHS interviewed women and men about adult health issues such as health insurance, tobacco and alcohol use, tuberculosis knowledge, and high blood pressure.

### Health Insurance Coverage

<table>
<thead>
<tr>
<th>Health Insurance Coverage</th>
<th>Percent of women and men 15–49</th>
</tr>
</thead>
<tbody>
<tr>
<td>Social security</td>
<td>1</td>
</tr>
<tr>
<td>Employer based or privately purchased insurance</td>
<td>1</td>
</tr>
<tr>
<td>Mandatory health insurance</td>
<td>85</td>
</tr>
<tr>
<td>None</td>
<td>14</td>
</tr>
</tbody>
</table>

### Cigarette Smoking: Men

#### Percent of men 15–49

Among men who smoke cigarettes, number of cigarettes smoked in last day:

- Smokes cigarettes: 1-2: 3, 3-5: 11, 6-9: 9, 10+: 77

### Use of Alcohol: Men

#### Percent of men 15–49

Frequency of drinking in a month:

- Had at least one alcoholic drink in past month: 37%
- Every day or almost every day: 1%
- 1-2 times/week: 7%
- 2-3 times/month: 16%
- Once a month: 13%
- Less than once a month: 63%

### Men’s Tobacco Use by Age

Percentage of men who use tobacco:

- 15-19: 11%
- 20-24: 43%
- 25-29: 58%
- 30-34: 65%
- 35-39: 73%
- 40-44: 72%
- 44-49: 71%

### Men’s Alcohol Use by Age

Percentage of men who had at least one alcoholic drink in the past month:

- 15-19: 7%
- 20-24: 31%
- 25-29: 41%
- 30-34: 46%
- 35-39: 47%
- 40-44: 49%
- 44-49: 52%

### Hypertension

Percent of women and men 15–49 who had hypertension or high blood pressure:

- Told by a health professional they had hypertension or high blood pressure: Women: 5%, Men: 10%
- Have high blood pressure* according to 2012 KgDHS testing: Women: 2%, Men: 7%

* high blood pressure > 140/90 mmHg or currently taking antihypertensive medication

### TB Knowledge, Attitudes, and Misconceptions

Percent mong women and men 15–49 who have heard of tuberculosis:

- Report that TB is spread through the air when an infected person coughs or sneezes: Women: 82%, Men: 85%
- Believe that TB can be cured: Women: 80%, Men: 83%
- Would want a family member’s TB to be kept a secret: Women: 39%, Men: 14%

Percent who believe that TB is spread through:

- Sharing utensils: Women: 63%, Men: 44%
- Touching a person with TB: Women: 13%, Men: 9%
- Food: Women: 32%, Men: 39%
- Sexual contact: Women: 5%, Men: 8%
- Mosquito bites: Women: 2%, Men: 1%

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2012 Kyrgyz Republic Demographic and Health Survey

Hypertension by Age
Percentage of women and men age 15-49 who have elevated blood pressure or are taking antihypertensive medication

15-19: Women 2, Men 2
20-24: Women 4, Men 6
25-29: Women 6, Men 5
30-34: Women 5, Men 5
35-39: Women 9, Men 13
40-44: Women 9, Men 20
44-49: Women 28, Men 28

Awareness of High Blood Pressure and Treatment Status
Percent, among women and men with high blood pressure

Women
Unaware 55%
Aware, not treated 5%
Aware, treated, not controlled 18%
Aware, treated, controlled 22%

Men
Unaware 85%
Aware, not treated 2%
Aware, treated, not controlled 6%
Aware, treated, controlled 7%

* high blood pressure ≥ 140/90 mmHG or currently taking antihypertensive medication

For additional information on the results of the 2012 Kyrgyz Republic Demographic and Health Survey, please contact:

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